

**ALL ABOUT PARENTING****Z-4-OISNA/Cen.Cir/2023-24/42****12-07-2023**

Dear Parent,

Greetings of the Day!

Orchids The International School, Nevta, Jaipur, in conjunction with Children First, is pleased to invite you to join our first-ever webinar, '**Mindful Parenting**' by Dr. Shelja Sen, as part of our Parenting Webinar Series to learn about the skills adults and children need in order to succeed in the 21<sup>st</sup> Century. This webinar will be hosted live on the Zoom Platform at 11:00 am on 15<sup>th</sup> July 2023.

Dr. Shelja Sen (MPhil, D ClinPsych) is a Clinical Psychologist, a Narrative & Family Therapist, a writer, and the Co-founder of Children First. Dr. Sen began her professional life more than 30 years ago and has worked in different contexts in India and the UK. She is a TED speaker, a columnist with the Indian Express, and the author of critically acclaimed books like All You Need is Love, The Art of Mindful Parenting, Imagine, No Child Left Invisible, and Reclaim Your Life. She is a clinical tutor at the University of Melbourne, an international faculty member at the Dulwich Centre Foundation, Adelaide, Australia, and an editor-in-chief of the International Journal of Narrative Therapy & Community Work. She is also a curator of the unique skills, expertise, and know-how of the diverse children and youth she has the honour of working with. She is committed to building culturally aligned ethical practices, weaving in the intersectional lens, mental health advocacy, and innovation.

**The details of the live webinar are as follows:****Theme:** All about Parenting**Venue:** ZOOM Platform**Date:** Saturday, July 15, 2023**Time:** 11:00 A.M.

(Kindly log in 10 minutes before to ensure that you are able to log in without any challenges.)

Parents are requested to make the best of this opportunity and click [here](#) to duly fill out the consent form latest by Thursday, 13th July 2023. Only registered parents will receive the link for the session.

Kindly fill out this pre-webinar survey to ensure that your specific queries are incorporated into the session as per your availability. <https://forms.gle/m7WDNWeBu7VpqSEVA>

For any clarification, please contact –

Warm Regards,  
SD

MS. Aastha Bhardwaj

Principal

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