

Conferences:

1) International Conferences:

a) International Students Congress Of Medical Sciences, **ISCOMS 2010**, held at **Groningen, Netherlands** between 8th and 11th June 2010.

Presented a poster on: *Association of impaired glucose tolerance with breast cancer: A hospital based case control study.*

b) International Union of Microbiological societies Congress, **IUMS 2011 held at Sapporo, Hokkaido, Japan** between 4th and 10th September 2011.

Presented a poster on: *Nasal flora among female paramedical staff and medical students those who wear nose jewelry as compared to those who don't.*

2) National conferences:

a) **Paper presentation at All India Ophthalmological Conference 2017** held at Jaipur in February 2017 titled "A clinical study of various factors influencing intraocular pressure measurements using NCT and GAT".

b) **Poster presentation at All India Ophthalmological Conference 2017** held at Jaipur in February 2017 titled "A comparative study of IOP measurements using Non Contact and Goldmann Applanation Tonometry".

c) Second Asian And Third National Medical Students' Research Conference **MEDICON 2009**, held at Mangalore between 24th and 28th June 2009.

Presented a poster on: *Awareness of diabetes mellitus and its complications among known diabetics visiting teaching hospitals of Kasturba Medical College, Mangalore.*

d) Attended a continuing education Program **GLOBAL HEALTH INDIA 2009** "Globalization and Health" and

"Strategies for a Healthy Workforce" convened by University Of Minnesota, Academic Health Center, held from March 16th to March 20th, 2009 at **St. Johns Medical College, Bangalore.**

3) State Conferences:

- a) Presented a poster titled: " Ocular assault using Superglue: a rare case report" at **40th MP State Ophthalmic conference** held at Bhopal from 21st to 23rd October 2016.
- b) Presented a poster titled " Pierced nose: Potential source of infection?" at **60th annual conference of IMA, MP Chapter , IMA – MPCON** held on 21st – 22nd November 2015 at Rewa.
- c) Attended "**Convergence**" A conference on Paediatric Ophthalmology held at **Chitrakoot** on 7th and 8th December 2016.
- d) Attended a CME: "**Glaucoma- Basics and Beyond 2016**" organized jointly by MP State ophthalmic society and Glaucoma Society of India at Indore on 20th March 2016.
- e) Attended Pre conference CME Ophthalmology on 20th November 2015 at **60th IMA MPCON 2015** held in **Rewa.**
- f) Attended "Training of clinicians on rational use of blood under blood safety" on 29th March 2016 at Rewa.

Publications:

- 1) Abstract titled "**Awareness of diabetes mellitus and its complications among known diabetics visiting teaching hospitals of Kasturba Medical College, Mangalore**" published online in *Journal of Young investigators, abstract book Medicon 2009.*
- 2) Abstracts published in Souvenir/abstract books of various international, national and state conferences.

Services beyond duty:

- 1) Attended **Glaucoma awareness and Detection Program** on International Glaucoma weekend 12th March 2016 at Swagat Bhawan, Rewa Jointly organized by **SS Medical College and Red Cross Society, Rewa.**
- 2) Participated in “Disability camp” organized by Red Cross Society, Rewa.
- 3) Participated in Diabetic Retinopathy Screening camp on occasion of World Diabetes Day 2016, jointly organized by Departments of Medicine and Ophthalmology and Red Cross Society, Rewa.
- 4) Participated in screening camp at “Kidz World” school, Rewa.

Organizational Capacity

- 1) Member of scientific committee for **Pre conference Ophthalmology CME** of IMA MPCON 2015: “Luminance: From Darkness to Light” held in Rewa.
- 2) Member of scientific committee for **CME** on “Updates in Strabismus” held in Rewa.

Extracurricular activities

- 1) Junior doctor representative in Legal cell of the college.
- 2) **Public Relations Officer:** Junior Doctors Association, Rewa 2015-16
- 3) **General Secretary:** Junior Doctors Association, Rewa 2016-17

- 4) Special prize in Slogan competition during Eye donation fortnight.
- 5) Have won many prizes in various events at national level cultural fests held at AIIMS (New Delhi), CMC (Vellore), VIT (Vellore), KMC (Mangalore and Manipal).

Miscellaneous:

- 1) Awarded with “**Shriyut Shri Krishna Dwivedi Gold Medal**” for ***Overall best PG in Ophthalmology-2016***, Shyam Shah Medical College, Rewa
- 2) Awarded with “**Dr. K.L. Agrawal Gold Medal**” for best student in DOMS-2017, Shyam Shah Medical College, Rewa
- 3) **Indian council of Medical Research** Short Term Studentship 2009. (Research grant of Rs. 5000 for a short term project)
- 4) **Indian council of Medical Research** Short Term Studentship 2010. (Research grant of Rs. 10000 for a short term project)
- 5) Among the 46 candidates selected for Orientation cum selection camp of Indian National Biology Olympiad 2006 held at **Homi Bhabha Centre for Science Education (Tata Institute of Fundamental Research)**
- 6) All India Rank 260 in 8th National Science Olympiad.
- 7) Attended **ICMR Sponsored “Foundation workshop on clinical and Laboratory Medicine Research”** Held at **Manipal** , Karnataka from 14th to 16th November 2010.

Registration with professional bodies

- 1) MP Medical Council

- 2) Karnataka Medical Council
- 3) MP State Ophthalmic Society
- 4) All India Ophthalmological Society