

**2009 GEORGIA GOLDEN OLYMPICS
VOLUNTEER REGISTRATION INFORMATION
September 23 – 26, 2009**

Dear Volunteer:

The dates for the 2009 Georgia Golden Olympics are fast approaching! We've spent months getting everything ready for this event and the seniors from all around have been training hard. This is a non-qualifying year, which means that the competition this year will set the bar, so to speak, for the competition in next year's games. The 2010 GGO will be the qualifying event for the National Senior Games in 2011 in Houston, TX.

The 2009 National competition was August 1 – 15, 2009 in the San Francisco Bay Area (www.nationalseniorgames.org), and Georgia had some 200+ competitors this year! This just shows that the mission of GGO is growing and going strong. We are living STRONG and living LONG! "We may have to get older, but we don't have to get old!"

Back in Georgia, the Georgia Golden Olympics Planning Committee, all volunteers ourselves, works with organizations throughout the state to promote an interest in lifetime sports, recreation and physical activity. From the most serious athlete to the determined participant, we offer a wide array of events that provide physical activity, fun and socialization. However, we cannot offer an event of this magnitude (for some 400 participants) without the support of local volunteers like you to carry out each of the events. Therefore, the success of this endeavor is GREATLY dependent on your help.

Munch & Mingle Volunteer Reception - Tuesday evening, September 22 from 7:00pm – 9:00pm at the Wellston Center, 155 Maple Street. We will give you your Volunteer T-shirts, Certificates of Appreciation, maps, details of your responsibilities and answer any questions you may have. I personally encourage everyone who submits a Volunteer Registration Form to attend. If you are unable to attend, please contact me (Lola Frost). We can arrange for someone else to pick up your package, or hold it for you to pick up at the Volunteer Desk at the GGO Registration Site, Senior Activity Center, 152 Maple Street any time throughout the events.

We have quite a variety of volunteer opportunities from which you may choose, indoor and outdoor, active and stationery. A folding/bag chair may come in handy for many events. For outdoor events, don't forget your sunscreen, sunglasses and bottled water! Listed below are the events and a brief description of what you might be doing as a volunteer. The commitment time listed on the volunteer schedule includes all of the events in that category (i.e. Track & Field, Cycling, 5K's) in that time period. You can check the website (page 6 of the registration form) to see each individual event (i.e. 100m Run, 200m Run) that will be taking place during that time.

We have not listed all events on the Volunteer Registration Form. You can easily access a complete list and rules for all events by going to www.georgiagoldenolympics.org. If you have any questions about events not listed, please do not hesitate to contact me.

Thank you so much for your time, your energy and most of all, your commitment to Georgia Golden Olympics.

Lola Frost, Volunteer Coordinator

Program Director, Warner Robins Recreation Department

W - 478-929-6945 / C – 478-256-5258 / fax – 478-929-6959 / LPFROST@warnerrobinsga.gov

VOLUNTEER JOB DESCRIPTIONS

Listed in the order of occurrence:

Horseshoe Tournament –scorekeeping; Bring folding/bag chair, need sunscreen. This is an all-day event.

Cycling – some will be posted along route as direction indicators and cheerleaders; some will be operating stopwatches. Bring folding/bag chair, bottled water and sunscreen. (Local church usually provides lunch – will advise.) This is an all-day event for 2 days.

Archery – scorekeeping; walking to targets to retrieve arrows. Need sunscreen. This event lasts all morning.

Shuffleboard – volunteers will retrieve and set up pucks, and help keep score. Indoors.

Track & Field Events – operating stop watches for track events (races), using measuring tapes to measure distances for field events (discus, shot put, running long jump, triple jump), retrieving discus and shot puts, and using rakes to smooth sand for running long jump. Bring folding/bag chair and sunscreen. This is an all-day event for 2 days.

Table Tennis – scorekeeping using flip scoreboard. Indoors. This is an all-day event.

5K Run, Race Walk, Walk – some will be posted along route as direction indicators and cheerleaders; some will be operating stop watches. Bring folding/bag chair, bottled water and sunscreen. This event is non-stop for about 3 hours.

Checkers – watching and resetting timers, and scorekeeping. Indoors.

Frisbee Throw - retrieving Frisbees and scorekeeping. Need sunscreen.

Football Throw - retrieving footballs and scorekeeping. Need sunscreen.

½ Mile Walk – some will be posted along course (a city block) as direction indicators and cheerleaders; some will operate stopwatches. Need sunscreen.

Clock Golf – retrieving golf balls; scorekeeping. Need sunscreen.

Softball Throw – using measuring tape to measure distance of throws; retrieving softballs. Need sunscreen.

Basketball Throw – rebounding (retrieving basketballs); scorekeeping. Indoors.

Horseshoe Toss – volunteers will retrieve horseshoes and help keep score. Need sunscreen.

Thank you so much for supporting the Georgia Golden Olympics. This event is the culmination of months of training for many of Georgia's senior athletes and one that is highly anticipated every year.

Questions? Call Lola Frost, WR Recreation Department, (478)929-6945-W or (478)256-5258-C.

Again, thank you!

2009 GEORGIA GOLDEN OLYMPICS
September 23 – 26, 2009
VOLUNTEER REGISTRATION FORM

"Registration Form" includes **three** pages: the first page is general information; the second page lists the events where volunteers are needed, the commitment times and event venues. You may choose from the list or offer your help where you are needed the most that day. Pages 1 and 2 may be returned via email. The third page is **the Volunteer Waiver and Release of Liability Form**. This form must have a **hand-written signature** (e-signatures cannot be accepted as legal signatures). Fax page 3 to me, Lola Frost, at 478-929-6959, or you may drop it off at the Warner Robins Recreation Dept., 800 Watson Blvd, or mail it to my attention at P O Box 1488, WR, 31099. **Upon receipt of all three forms**, you will receive confirmation of your assignment via phone or email no later than Wednesday, September 16, 2009. Thank you for your cooperation.

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

CONTACT INFO:

EMAIL ADDRESS: _____

PHONES: (H) _____ (W) _____ (C) _____

T-SHIRT SIZE **S**____ **M**____ **L**____ **XL**____ **XXL**____

(Please check/circle)

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****THE VOLUNTEER WAIVER AND RELEASE OF LIABILITY FORM MUST BE COMPLETED BEFORE PARTICIPATING IN ANY GGO VOLUNTEER ACTIVITY. SEE PAGE 3.****

****MUST BE 18 YEARS OLD OR HAVE PARENTAL CONSENT. SEE PAGE 3.****

RETURN TO LOLA FROST, GGO VOLUNTEER COORDINATOR
LPFROST@warnerrobinsga.gov (478-929-6945-W / 478-256-5258-C)
FAX (478)929-6959
P O Box 1488, Warner Robins, GA 31099
Drop off at WR Recreation Dept., 800 Watson Blvd.

PREFERRED DEADLINE: WEDNESDAY, SEPTEMBER 16, 2009 in order to guarantee written confirmation.

(BEST)

NAME _____ PHONE _____ T-SHIRT _____

Indicate below the event and/or time frame that you can help.
Please see letter of introduction for information on the duties of volunteers at each event.

YES! ✓	COMMITMENT TIME	EVENT TIME	NAME OF EVENT	LOCATION OF EVENT	EVENT DIRECTOR (CONTACT PERSON)
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Wednesday, September 23, 2009

_____ 8:30am – 4:00pm	9:00am	Horseshoe Tournament (M,F)	Tanner Park, WR	Dane Clark
_____ 8:30am – 4:00pm	9:30am	Cycling (40K, 5K)	Grovania (walking and standing)	Lisa Jones
_____ 9:30am – 12:00pm	10:00am	Archery	Town Center Area	Joyce Hutcherson
_____ 3:30pm – 9:00pm	4:00pm	Shuffleboard (Doubles)	McIntyre Room, Rec Dept.	Mary Ann Connelly

_____ Please assign me wherever you need me most on Wednesday. _____

Thursday, September 24, 2009

_____ 7:30am – 5:00pm	8:00am	Shuffleboard (M, F)	McIntyre Room, Rec Dept.	Mary Ann Connelly
_____ 7:30am – 2:00pm	8:30am	Cycling (20K, 10K)	Grovania (walking and standing)	Lisa Jones
_____ **7:30am – 3:00pm	**8:00am**	Track & Field**	MT Stadium (standing)	Jeni Hixon
_____ 12:30pm – 5:00pm	1:00pm	Billiards (M)	B & W Recreation	TBA
_____ 12:30pm – 4:00pm	1:00pm	Badminton	Rec Dept Gym	Lisa Jones

_____ Please assign me wherever you need me most on Thursday. _____

Friday, September 25, 2009

_____ **7:30am – 2:00pm	**8:00am**	Track & Field**	MT Stadium (standing)	Jeni Hixon
_____ 8:30am – 4:00pm	9:00am	Table Tennis (Dbl, Sgl)	McIntyre Room	TBA

_____ Please assign me wherever you need me most on Friday. _____

Saturday, September 26, 2009

_____ 7:30am – 10:00am	8:00am	5K Run, Race Walk, Walk	Town Center Area (standing entire time)	Joyce Hutcherson
_____ 9:30am – 11:00am	10:00am	½ Mile Walk	Senior Activity Center	Jackie Lunsford
_____ 9:30am – 12:00pm	10:00am	Checkers	McIntyre Room	Nell Simmons
_____ 9:30am – 2:00pm	10:00am	Football Throw	Perkins Park (retrieving)	Chris Williams
_____ 10:30am – 2:00pm	11:00am	Frisbee Throw	Perkins Park (retrieving)	TBA
_____ 10:30am – 2:00pm	11:00am	Clock Golf	Perkins Park (retrieving)	Jo Ellis
_____ 11:30am – 2:00pm	12:00am	Softball Throw	Perkins Park (retrieving, measuring)	Susan Morgan
_____ 12:30pm – 2:00pm	1:00pm	Basketball Throw	Perkins Park (rebounding)	Jackie Lunsford
_____ 12:30pm – 2:00pm	1:00pm	Horseshoe Toss	Perkins Park (retrieving)	Mary Ann Connelly

_____ Please assign me wherever you need me most on Saturday. _____

****MUST BE ABLE (OR LEARN) TO RUN A STOP WATCH FOR TRACK & FIELD EVENTS**

Other opportunities:

Tuesday, September 22, 2009

_____ (to be completed following consultation with GGO officials)

Friday, September 25, 2009

_____ (to be completed following consultation with GGO officials)

Saturday, September 26, 2009

_____ 1:00pm – 4:00pm Clean Wellston Center, Sr. Activity Center, load van, return equipment

⇒ YOUR **VOLUNTEER WAIVER AND RELEASE OF LIABILITY** FORM MUST BE COMPLETED IN ORDER TO PARTICIPATE IN ANY GGO VOLUNTEER ACTIVITIES.

**THE GGO COMMITTEE IS SO VERY GRATEFUL FOR YOUR COMMITMENT TO VOLUNTEER.
WE COULD NOT UNDERTAKE THIS EVENT WITHOUT YOU!**

2009 GEORGIA GOLDEN OLYMPICS VOLUNTEER WAIVER AND RELEASE OF LIABILITY

****THIS FORM MUST BE COMPLETED BEFORE PARTICIPATING IN ANY GGO VOLUNTEER ACTIVITY****

I, (print name) _____, acknowledge and fully understand that I will be engaging in activities that may involve risk or injury. Further, there may be other risks not known or not reasonably foreseeable at this time.

I, (print name) _____, hereby release the Georgia Golden Olympics (Georgia Golden Games, Inc.), its administrators, coordinating agencies, other participants, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereafter referred to as "releasers," from any and all liability to myself, my heirs and next of kin for any and all claims, demands losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releaser.

Further, I, (print name) _____, hereby grant full permission to the Georgia Golden Olympics (Georgia Golden Games, Inc.) to use my photograph/likeness in any medium or any record of this event for any legitimate promotional purpose.

The undersigned has read the above **WAIVER AND RELEASE OF LIABILITY**, and has signed it voluntarily.

(Printed name)

(Signature)

A HAND-WRITTEN SIGNATURE IS REQUIRED FOR VALIDITY.

(MUST BE 18 YEARS OLD OR HAVE PARENTAL CONSENT)

(Date)

Address _____

City _____ **State** _____ **Zip** _____

Phones (h) _____ **(w)** _____ **(c)** _____

****THIS FORM MUST BE COMPLETED BEFORE PARTICIPATING IN ANY GGO VOLUNTEER ACTIVITY****

Fax to: 478-929-6959, Attn: Lola

Mail to: Lola Frost, P O Box 1488, Warner Robins, GA 31099

Drop off at Warner Robins Recreation Dept, 800 Watson Blvd, Attn: Lola

THANK YOU FOR VOLUNTEERING!