

2010 GEORGIA GOLDEN OLYMPICS
VOLUNTEER REGISTRATION INFORMATION
September 22 - 25, 2010

Dear Volunteer:

The dates for the 2010 Georgia Golden Olympics are fast approaching! We've spent months getting everything ready for this event and the seniors from all around have been training hard. This is a qualifying year, for the National Senior Games in June 16-30, 2011 in Houston, TX. For more information on the 2011 National games go to www.georgiagoldenolympics.org.

Back in Georgia, the Georgia Golden Olympics Planning Committee, all volunteers ourselves, works with organizations throughout the state to promote an interest in lifetime sports, recreation and physical activity. From the most serious athlete to the determined participant, we offer a wide array of events that provide physical activity, fun and socialization. However, we cannot offer an event of this magnitude (for some 600 participants) without the support of local volunteers like you to carry out each of the events. Therefore, the success of this endeavor is GREATLY dependent on your help.

Munch & Mingle Volunteer Reception - Tuesday evening, September 21 from 7:00pm – 9:00pm at the Wellston Center, 155 Maple Street. We will give you your Volunteer T-shirts, Certificates of Appreciation, maps, details of your responsibilities and answer any questions you may have. I personally encourage everyone who submits a Volunteer Registration Form to attend. If you are unable to attend, please contact me (Lola Frost). We can arrange for someone else to pick up your package, or hold it for you to pick up at the Volunteer Desk at the GGO Registration sight, Senior Activity Center, 152 Maple Street any time throughout the events.

We have quite a variety of volunteer opportunities from which you may choose, indoor and outdoor, active and stationery. A folding/bag chair may come in handy for many events. For outdoor events, don't forget your sunscreen, sunglasses and bottled water! Listed below are the events and a brief description of what you might be doing as a volunteer. The commitment time listed on the volunteer schedule includes all of the events in that category (i.e. Track & Field, Cycling, 5K's) in that time period. You can check the website (page 6 of the participant's registration form) to see each individual event (i.e. 100m Run, 200m Run) that will be taking place during that time.

We have not listed all events on the Volunteer Registration Form. You can easily access a complete list of events and the Rule Book by going to www.georgiagoldenolympics.org. If you have any questions about events not listed on the Volunteer Registration Form, please do not hesitate to contact me.

Thank you so much for your time, your energy and most of all, your commitment to Georgia Golden Olympics.

Lola Frost, Volunteer Coordinator
Program Director, Warner Robins Recreation Department
W - 478-929-6945 / C – 478-256-5258 / fax – 478-929-6959 / LPFROST@warnerrobinsga.gov

VOLUNTEER JOB DESCRIPTIONS

Listed in the order of occurrence:

Horseshoe Tournament –scorekeeping; Bring folding/bag chair, need sunscreen. This is an all-day event.

Cycling – some will be posted along route as direction indicators and cheerleaders; some will be operating stopwatches. Bring folding/bag chair, bottled water and sunscreen. (Local church usually provides lunch – will advise.) This is an all-day event for 2 days.

Archery – scorekeeping; walking to targets to retrieve arrows. Need sunscreen. This event lasts all morning.

Shuffleboard – volunteers will retrieve and set up pucks, and help keep score. Indoors.

Track & Field Events – operating stop watches for track events (races), using measuring tapes to measure distances for field events (discus, shot put, running long jump, triple jump), retrieving discus and shot puts, and using rakes to smooth sand for running long jump. Bring folding/bag chair and sunscreen. This is an all-day event for 2 days.

Table Tennis – scorekeeping using flip scoreboard. Indoors. This is an all-day event.

5K Run, Race Walk, Walk – some will be posted along route as direction indicators and cheerleaders; some will be operating stop watches. Bring folding/bag chair, bottled water and sunscreen. This event is non-stop for about 3 hours.

Checkers – watching and resetting timers, and scorekeeping. Indoors.

Frisbee Throw - retrieving Frisbees and scorekeeping. Need sunscreen.

Football Throw - retrieving footballs and scorekeeping. Need sunscreen.

½ Mile Walk – some will be posted along course (a city block) as direction indicators and cheerleaders; some will operate stopwatches. Need sunscreen.

Clock Golf – retrieving golf balls; scorekeeping. Need sunscreen.

Softball Throw – using measuring tape to measure distance of throws; retrieving softballs. Need sunscreen.

Basketball Throw – rebounding (retrieving basketballs); scorekeeping. Indoors.

Horseshoe Toss – volunteers will retrieve horseshoes and help keep score. Need sunscreen.

Thank you so much for supporting the Georgia Golden Olympics. This event is the culmination of months of training for many of Georgia's senior athletes and one that is highly anticipated every year.

Questions? Call Lola Frost, WR Recreation Department, **(478)929-6945-W** or **(478)256-5258-C**.

Again, thank you!

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2010 GEORGIA GOLDEN OLYMPICS
September 22 - 25, 2010
VOLUNTEER REGISTRATION FORM

"Registration Form" includes **three** pages: the first page is general information; the second page lists the events where volunteers are needed, the commitment times and event venues. You may check an event(s) from the list or check to offer your help where you are needed the most that day. Pages 1 and 2 may be returned via email. The third page is **the Volunteer Waiver and Release of Liability Form**. This form must have a **hand-written signature** (e-signatures cannot be accepted as legal signatures). Fax page 3 to me, Lola Frost, at 478-929-6959, or you may drop it off at the Warner Robins Recreation Dept., 800 Watson Blvd, or mail it to my attention at P O Box 1488, WR, 31099. **Upon receipt of all three forms**, you will receive confirmation of your assignment via phone or email no later than Wednesday, September 15, 2010. Thank you for your cooperation.

NAME (& RANK IF APPLICABLE): []

ADDRESS: []

CITY: [] STATE: [] ZIP: []

CONTACT INFO:

EMAIL ADDRESS: []

PHONES: (H) [] (W) [] (C) []

T-SHIRT SIZE S [] M [] L [] XL [] XXL []

(Please check/circle) (Quantities are limited)

FOR RAFB MIL/CIV PERSONNEL

COMMANDER'S NAME, RANK: []

COMMANDER'S ADDRESS []

[]

****THE VOLUNTEER WAIVER AND RELEASE OF LIABILITY FORM MUST BE COMPLETED BEFORE PARTICIPATING IN ANY GGO VOLUNTEER ACTIVITY. SEE PAGE 3.****

****MUST BE 18 YEARS OLD OR HAVE PARENTAL CONSENT. SEE PAGE 3.****

RETURN TO LOLA FROST, GGO VOLUNTEER COORDINATOR

LPFROST@warnerrobinsga.gov (478-929-6945-W / 478-256-5258-C)

FAX (478)929-6959

P O Box 1488, Warner Robins, GA 31099

Drop off at WR Recreation Dept., 800 Watson Blvd.

PREFERRED DEADLINE: WEDNESDAY, SEPTEMBER 15, 2010 in order to guarantee written confirmation. Applications received after that date will be accepted but may not receive written confirmation. Drop-in Volunteers are welcome, but will be assigned as needed.

CERTIFICATE	NAME TAG	** BOXES ARE FOR OFFICIAL USE ONLY**			REC'D WAIVER	CONFIRMATION	NUMBER
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

(BEST)

NAME PHONE T-SHIRT

Check below the event and/or time frame that you can help.
Please see letter of introduction for information on the duties of volunteers at each event.

YES! ✓	COMMITMENT TIME	EVENT TIME	NAME OF EVENT	LOCATION OF EVENT	EVENT DIRECTOR (CONTACT PERSON)
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Wednesday, September 22, 2010

<input type="checkbox"/>	8:30am – 4:00pm	9:00am	Horseshoe Tournament (M,F)	Tanner Park, WR	Dane Clark
<input type="checkbox"/>	8:30am – 4:00pm	9:30am (need more!)	Cycling (40K, 5K)	Grovania (walking and standing)	Lisa Jones
<input type="checkbox"/>	9:30am – 12:00pm	10:00am	Archery	Town Center Area	Joyce Hutcherson
<input type="checkbox"/>	1:30pm – 7:00pm	2:00pm	Shuffleboard (Doubles)	McIntyre Room, Rec Dept.	Mary Ann Connelly

☐ Please assign me wherever you need me most on Wednesday.

Thursday, September 23, 2010

<input type="checkbox"/>	7:30am – 5:00pm	8:00am	Shuffleboard (M, F)	McIntyre Room, Rec Dept.	Mary Ann Connelly
<input type="checkbox"/>	7:30am – 2:00pm	8:30am	Cycling (20K, 10K)	Grovania (walking and standing)	Lisa Jones
<input type="checkbox"/>	**7:30am – 5:00pm	**8:00am**	Track & Field**	MT Stadium (standing)	Jeni Hixon
<input type="checkbox"/>	12:30pm – 5:00pm	1:00pm	Billiards (M)	B & W Recreation	TBA
<input type="checkbox"/>	12:30pm – 4:00pm	1:00pm	Badminton	Rec Dept Gym	Lisa Jones

☐ Please assign me wherever you need me most on Thursday.

Friday, September 24, 2010

<input type="checkbox"/>	**7:30am – 1:00pm)	**8:00am**	Track & Field**	MT Stadium (standing)	Jeni Hixon
<input type="checkbox"/>	8:30am – 4:00pm	9:00am	Table Tennis (Dbl, Sgl)	McIntyre Room	TBA

☐ Please assign me wherever you need me most on Friday.

Saturday, September 25, 2010

<input type="checkbox"/>	7:00am – 10:00am	8:00am	5K Run, Race Walk, Walk	Maple St Water Tower(all standing)	Joyce Hutcherson
<input type="checkbox"/>	9:30am – 11:00am	10:00am	½ Mile Walk	Senior Activity Center	Jackie Lunsford
<input type="checkbox"/>	9:30am – 12:00pm	10:00am	Checkers	McIntyre Room	Nell Simmons
<input type="checkbox"/>	9:30am – 2:00pm	10:00am	Football Throw	Perkins Park (retrieving)	Chris Williams
<input type="checkbox"/>	10:30am – 2:00pm	11:00am	Frisbee Throw	Perkins Park (retrieving)	TBA
<input type="checkbox"/>	10:30am – 2:00pm	11:00am	Clock Golf	Perkins Park (retrieving)	Jo Ellis
<input type="checkbox"/>	11:30am – 2:00pm	12:00am	Softball Throw	Perkins Park (retrieving, measuring)	Susan Morgan
<input type="checkbox"/>	12:30pm – 2:00pm	1:00pm	Basketball Throw	Rec Dept Gym (rebounding)	Jackie Lunsford
<input type="checkbox"/>	12:30pm – 2:00pm	1:00pm	Horseshoe Toss	Perkins Park (retrieving)	Mary Ann Connelly

☐ Please assign me wherever you need me most on Saturday.

****MUST BE ABLE (OR LEARN) TO RUN A STOP WATCH FOR TRACK & FIELD EVENTS**

Other opportunities:

Tuesday, September 21, 2010

☐ (to be completed following consultation with GGO officials)

Friday, September 24, 2010

☐ (to be completed following consultation with GGO officials)

Saturday, September 25, 2010

☐ 1:00pm – 4:00pm Clean Wellston Center, Sr. Activity Center, load van, return equipment

YOUR VOLUNTEER WAIVER AND RELEASE OF LIABILITY FORM MUST BE COMPLETED IN ORDER TO PARTICIPATE IN ANY GGO VOLUNTEER ACTIVITIES.

**THE GGO COMMITTEE IS SO VERY GRATEFUL FOR YOUR COMMITMENT TO VOLUNTEER.
WE COULD NOT UNDERTAKE THIS EVENT WITHOUT YOU!**

**2010 GEORGIA GOLDEN OLYMPICS
VOLUNTEER WAIVER AND RELEASE OF LIABILITY**

****THIS FORM MUST BE COMPLETED BEFORE PARTICIPATING IN ANY GGO VOLUNTEER ACTIVITY****

I, (print name) _____, acknowledge and fully understand that I will be engaging in activities that may involve risk or injury. Further, there may be other risks not known or not reasonably foreseeable at this time.

I, (print name) _____, hereby release the Georgia Golden Olympics (Georgia Golden Games, Inc.), its administrators, coordinating agencies, other participants, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereafter referred to as "releasers," from any and all liability to myself, my heirs and next of kin for any and all claims, demands losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releaser.

Further, I, (print name) _____, hereby grant full permission to the Georgia Golden Olympics (Georgia Golden Games, Inc.) to use my photograph/likeness in any medium or any record of this event for any legitimate promotional purpose.

The undersigned has read the above **WAIVER AND RELEASE OF LIABILITY**, and has signed it voluntarily.

(Printed name)

(Signature)

A HAND-WRITTEN SIGNATURE IS REQUIRED FOR VALIDITY.

(PARENT'S SIGNATURE IF UNDER 18 YEARS OF AGE)

(Date)

Address _____

City _____ **State** _____ **Zip** _____

Phones (h) _____ **(w)** _____ **(c)** _____

****THIS FORM MUST BE COMPLETED BEFORE PARTICIPATING IN ANY GGO VOLUNTEER ACTIVITY****

Fax to: 478-929-6959, Attn: Lola

Mail to: Lola Frost, P O Box 1488, Warner Robins, GA 31099

Drop off at Warner Robins Recreation Dept, 800 Watson Blvd, Attn: Lola

THANK YOU FOR VOLUNTEERING!