# Do What You Are® Report Exclusively for Keegan Neal

# DOWHAT YOU ARE



#### Introduction

Of the many factors that contribute to a successful education and subsequent career, an understanding of personality type is among the most useful.

While interests and skills change during the course of a person's life, the one thing that does remain constant is an individual's personality type — the innate way in which each person naturally prefers to see the world and make decisions. All individuals are unique, but people of the same type share large similarities in the kinds of academic subjects and careers they find interesting, and the kind of work they find satisfying.

By understanding the role personality type plays, people can gain important insights into their educational, career and relationship needs. And because people of different types often communicate in very different ways, counselors and advisors can learn which strategies work most effectively with each individual student.

## Understanding you, Keegan

People like you are gentle, caring and sensitive. To those who don't really know you, you may appear cool and reserved. But inside, you feel things very deeply. Your close friends know you are loyal and affectionate, expressive and eager to please. And you are thoughtful, considerate and supportive of your friends and family. While you love to be included in social activities, you also need time alone to relax or pursue your interests.

Because you have such a big heart, you often take even the most constructive criticism personally and may frequently feel disappointed or hurt. You have to force yourself to deal with conflicts directly and to speak your mind honestly, even when you know it might hurt someone's feelings.

You are also a practical and realistic person. You probably have a keen sense of aesthetics and may love a variety of artistic expressions or activities. Since you are so observant, you usually give your full attention to whatever you are doing at the moment, and are often able to tell amazingly accurate stories.

You are easygoing and playful, but may not be especially adventurous. You struggle to remain organized and may find large or complicated projects are overwhelming and draining. Since you naturally want to follow your curiosity wherever it leads you, you may have trouble making decisions, following through and finishing all of the projects you start. You hate to disappoint anyone, but are usually quick to forgive others who disappoint you.

Note: Based on our assessment, your personality type is "ISFP."

### **Your Strengths and Blindspots**

*Everyone* has strengths and weaknesses. The key to finding the best path for all people is by using their natural strengths and becoming aware of their natural blindspots.

#### Your strengths may include:

- Collecting lots of information
- Developing a good rapport with people
- Being responsive to questions by providing thoughtful, detailed answers
- Being able to make a realistic assessment of the information gathered
- Having a good instinct for what would make you happy

#### Your blindspots may include:

- Not being assertive enough in selling your strengths and talents
- Not considering new possibilities you may not yet have thought of
- Not being objective enough; relying too heavily on your immediate feelings and impressions
- Not prioritizing your goals well
- Focusing only on your current needs and ignoring potential *future* needs

#### Your College Satisfiers

- A friendly, nurturing, supportive faculty and staff. It's particularly important for you to have a close relationship with people you interact with often, such as advisors and counselors
- A peaceful, congenial living situation with a minimum of conflict and tension
- The chance to develop friendships with other gentle people like yourself
- The opportunity to work independently or collaborate with other students in small groups if you choose
- A course of study that stresses the development of practical skills

#### **Your Career Satisfiers**

- Be consistent with your strong inner values and be something you care deeply about
- Involve helping people in real and practical ways
- Take place in a supportive, friendly and tension-free environment
- Make good use of your ability and desire to pay attention to facts and details
- Let you work somewhat independently, but also have contact with other people
- Not have too structured an environment, or too many rules and policies
- Allow you to work away from public scrutiny and not require heavy public speaking
- Preferably let you spend time outdoors, and get some physical exercise

## **Your Preferred Learning Style**

While ALL individuals are unique, people of the same type often learn best in similar ways. The following summarizes what you need in order to maximize learning:

- A friendly, non-competitive, supportive learning environment
- The ability to work alone or in small groups when you prefer
- Demonstration of how the learning relates to something you care deeply about
- Plenty of time to absorb and apply information at your own pace

- A focus on the practical and realistic, rather than the abstract and theoretical
- Reward for your gentle and cooperative nature

### **Your Interpersonal Negotiating Style**

People negotiate with each other all the time, whether it's arranging to borrow the car, requesting more time to finish a project, or even deciding which restaurant to visit with friends. In school and at work, the ability to negotiate effectively is especially important. Following are some strengths and blindspots that have the potential to influence your negotiations with others:

#### **Possible Strengths**

- Ability to make people feel comfortable and valued
- Practical and realistic; good common sense
- Good knowledge of the details that are important to people
- Flexibility and willingness to take calculated risks
- Strong sense of loyalty to your ideals and organizations

#### **Possible Blindspots**

- May lack assertiveness due to your strong desire to avoid conflict
- May become defensive and take harmless comments personally
- May have difficulty juggling more than one complex idea at a time
- May fail to see the effect on the future of actions taken in the present
- May not bother to adequately prepare

#### **Potential Careers and Majors**

The careers listed below are all linked to your personality type and are organized by career cluster, from "most interested" to "least interested", based on what you have indicated. While there is never a guarantee, people of your type have indicated job satisfaction with these careers.

#### **Business Management and Administration**

(Very Interested)

Career Title	Field of Study/Major
Patient Representatives	Administrative Support
Stock Clerks- Stockroom, Warehouse, or Storage Yard	Administrative Support

# Arts, Audio/Video Technology and Communications

(Pretty Interested)

Career Title	Field of Study/Major
Choreographers	• Performing Arts
Telecommunications Equipment Installers and Repairers, Except Line Installers	• Telecommunications
Camera Operators, Television, Video, and Motion Picture	Journalism and Broadcasting
Set and Exhibit Designers	Visual Arts
Broadcast Technicians	Journalism and Broadcasting
Sound Engineering Technicians	Journalism and Broadcasting
Makeup Artists, Theatrical and Performance	Performing Arts
Technical Writers	Journalism and Broadcasting
Multimedia Artists and Animators	Visual Arts
Telecommunications Line Installers and Repairers	• Telecommunications
Audio and Video Equipment Technicians	Journalism and Broadcasting
Radio Operators	Journalism and Broadcasting
Graphic Designers	Visual Arts
Dancers	Performing Arts

# **Architecture and Construction**

Career Title	Field of Study/Major
Structural Metal Fabricators and Fitters	• Construction
Boilermakers	Maintenance/Operations
Segmental Pavers	• Construction
Crane and Tower Operators	• Construction
Millwrights	Maintenance/Operations
Roofers	• Construction
Refrigeration Mechanics and Installers	Maintenance/Operations
Electrical Power-Line Installers and Repairers	Maintenance/Operations
Control and Valve Installers and Repairers, Except Mechanical Door	Maintenance/Operations
Pipe Fitters and Steamfitters	Construction
Construction Carpenters	• Construction
Mechanical Door Repairers	Maintenance/Operations
Conveyor Operators and Tenders	• Construction
HelpersElectricians	• Construction
HelpersBrickmasons, Blockmasons, Stonemasons, and Tile and Marble Setters	• Construction

# **Government and Public Administration**

Career Title	Field of Study/Major
Freight and Cargo Inspectors	• Governance
Agricultural Inspectors	• Regulation
Construction and Building Inspectors	• Regulation
Transportation Vehicle, Equipment and Systems Inspectors, Except Aviation	Governance
Aviation Inspectors	• Governance

## **Health Science**

Career Title	Field of Study/Major
Art Therapists	Therapeutic Services
Radiologic Technologists	Diagnostic Services
Dental Hygienists	Therapeutic Services
Low Vision Therapists, Orientation and Mobility Specialists, and Vision Rehabilitation Therapists	Therapeutic Services
Physical Therapists	Therapeutic Services
Acupuncturists	Therapeutic Services
Music Therapists	Therapeutic Services
Nurse Midwives	Therapeutic Services
Veterinary Technologists and Technicians	Diagnostic Services
Radiologic Technicians	Diagnostic Services
Physical Therapist Assistants	Therapeutic Services
Occupational Therapy Assistants	Therapeutic Services
Home Health Aides	Therapeutic Services
Orthotists and Prosthetists	Therapeutic Services
Speech-Language Pathologists	Therapeutic Services

# Science, Technology, Engineering and Mathematics

Career Title	Field of Study/Major
Park Naturalists	Science and Mathematics
Historians	Science and Mathematics
Remote Sensing Scientists and Technologists	Science and Mathematics
Range Managers	Science and Mathematics
Cartographers and Photogrammetrists	Science and Mathematics
Automotive Engineers	Engineering and Technology
Fuel Cell Engineers	Engineering and Technology

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