Local Help & Support Information for Those in Need in Medway **HOUSING / HOT MEALS / ADVICE**



GILLINGHAM STREET ANGELS 07437 657 982 info@thestreet-angels.org



Foodbanks

Cafe



Soup Kitchens

Activities



Volunteering



Health & Wellbeing Services



Charity Stores



Community Hubs

HOUSING SUPPORT

TAMA

10 Chelmar Road | Chatham | Kent | ME4 4PB 0800 698 1000 | amatuk.org

Homeless hostel offering accommodation, support, help with personal benefits, and help with housing benefits.

Medway Council - Kingsley House

37-39 Balmoral Road | Gillingham | Kent | ME7 4NT 01634 306000 (Turn to us) | housing@medway.gov.uk Open Monday to Friday 9am - 5pm

Help with homelessness, housing, support for housing, social housing & council tax.

Housing Self Referral & Social Services

- Adult Social Services: 01634 333 333 9am 5pm or 01634 304 400 after 5pm
- Porchlight: 01227 760 078
- Shelter: 0345 151 740

Rough Sleeper Reporting (Medway Council)

Call to report a rough sleepers for help 01634 334 008.

Scan the OR codes to visit the websites

Medway Council Foodbank **Timetable**



Council Debt & inancial Nelfare



Gillingham Street Angels Foodbank Locations

Chatham Foodbank

Unit A Jenkins Dale, Chatham, ME4 5RD

Gillingham Foodbank

43 Skinner Street Gillingham, ME7 1LG

Open Saturdays 8am - 11am

Open Mon to Fri 9am - 1pm (Closed Wednesdays)

LOCAL SOUP KITCHENS

Gillingham Street Angels

Gillingham High Street - Every Wednesday from 3.30pm One Big Family

Every Sunday from 6pm at Clover Street Car Park, Chatham

Medway Street Angels

Every Wednesday & Thursday from 7pm at Clover Street Car Pk **Time for the Homeless**

Every Monday from 7pm Military Road, Chatham

Every Thursday from 8.30pm Rochester, Opposite City Walls Pub

Caring Hands in the Community

Monday to Friday 9am - 4pm, New Road, Chatham

Open House Project

2pm to 4pm at Quaker Meeting House, 3 Northgate, Rochester

OTHER HEALTH & WELLBEING SUPPORT

Ex-Armed Forces Services

- Armed Forces Network: 01273 403 693
- Combat Stress: 0800 138 1619

Mental Health Support

- Samaritans: 116 123
- Mental Health Matters: 0800 107 0160
- Mental Health Crisis Support: 24hrs: 0300 222 0123
- Aspirations: 01322 291 380
- Medway Hospital: 01634 830 000

Emergency Services

- Any Emergency: 999
- Non Emergency Crimes: 101
- Medical Advice: 111

Alcohol & Substance Misuse

- Alcoholics Anonymous: 0800 917 7650
- Turning Point Medway: 0300 1231 560

Other Services

- Medway Domestic Abuse (Oasis) 07392 741 309
- Nirvana Support Hub 01634 404 441
- Job Centre Plus 0800 169 0310 (existing claim)
- Job Centre Plus 0800 055 6688 (new claim)
- Second Chance Support Medway 01634 408 840

www.thestreet-angels.org | Charity No: 1184311

Medway Foodbanks Timetable

Please note the information below was taken from the Medway Council Food Support website. We strongly recommend before you set off to any of them that you contact them first to check details such as locations, times etc are still the same.

Day	Location	Times	Address
Monday			
Gillingham Street Angels Foodbank	Gillingham	9am to 1pm	43 Skinner Street, Gillingham, ME7 1LG
Gillingham Salvation Army	Gillingham	9am to 3.30pm	50 Green Street, Gillingham, ME7 1XA
All Saints Foodbank Centre	Chatham	10am to 1pm	The Magpie Centre, 33 Magpie Hall Road, ME4
Hands of Hope Foundation	Gillingham	10am to 4pm	143 Watling Street, Gillingham, ME7 2YY
Chatham Salvation Army	Chatham	10.30am to 1pm	Church St, Chatham, ME4 4BT
The Hope Centre Foodbank	Rochester	12.30pm to 1.30pm	336-338 High Street, Rochester, ME1
Tuesday			
Gillingham Street Angels Foodbank	Gillingham	9am to 1pm	43 Skinner Street, Gillingham, ME7 1LG
Gillingham Salvation Army	Gillingham	9am to 3.30pm	50 Green Street, Gillingham, ME7 1XA
Medway Foodbank	Various	9.30am to 3.30pm	Visit their website as it changes
Christ Church Luton	Luton	10am to 12pm	Church Hall at Christ Church, Luton Road
St Justus	Rochester	10.30am to 12.30pm	The Fairway, Rochester
Strood Foodbank Centre	Strood	11.30am to 1.30pm	The Lower Hall, St Nicholas Church, High Street, Strood
The Hope Centre Foodbank	Rochester	12.30pm to 1.30pm	336-338 High Street, Rochester, ME1
Twydall Foodbank	Twydall	12.30pm to 2.30pm	Twydall Evangelical Church, Goudhurst Road
Wednesday			
Gillingham Salvation Army	Gillingham	9am to 3.30pm	50 Green Street, Gillingham, ME7 1XA
Mid-Kent College Gillingham	Gillingham	9.30am to 11.30am	Gillingham Campus, Medway Road
Medway Foodbank	Various	9.30am to 3.30pm	Visit their website as it changes
Chatham Salvation Army	Chatham	10am to 12pm	Church St, Chatham, ME4 4BT
Open Doors Cafe	Chatham	10.30am to 3.45pm	Chatham Evangelical Church
The Hope Centre Foodbank	Rochester	12.30pm to 1.30pm	336-338 High Street, Rochester, ME1
Thursday			
Gillingham Street Angels Foodbank	Gillingham	9am to 1pm	43 Skinner Street, Gillingham, ME7 1LG
Gillingham Salvation Army	Gillingham	9am to 3.30pm	50 Green Street, Gillingham, ME7 1XA
Medway Foodbank	Various	9.30am to 3.30pm	Visit their website as it changes
Hands of Hope Foundation	Gillingham	10am to 4pm	143 Watling Street, Gillingham, ME7 2YY
The Hope Centre Foodbank	Rochester	12.30pm to 1.30pm	336-338 High Street, Rochester, ME1
St Mark's Foodbank Centre	Gillingham	1pm to 3pm	St Mark's Church, Canterbury Street, ME7
Friday			
Gillingham Street Angels Foodbank	Gillingham	9am to 1pm	43 Skinner Street, Gillingham, ME7 1LG
Gillingham Salvation Army	Gillingham	9am to 12.30pm	50 Green Street, Gillingham, ME7 1XA
All Saints Foodbank Centre	Chatham	10am to 1pm	The Magpie Centre, 33 Magpie Hall Road, ME4
Hands of Hope Foundation	Gillingham	10am to 2pm	143 Watling Street, Gillingham, ME7 2YY
Chatham Salvation Army	Chatham	10.30am to 1pm	Church St, Chatham, ME4 4BT
Strood Foodbank Centre	Strood	11.30am to 1.30pm	The Lower Hall, St Nicholas Church, High Street, Strood
The Hope Centre Foodbank	Rochester	12.30pm to 1.30pm	336-338 High Street, Rochester, ME1
Twydall Foodbank	Twydall	12.30pm to 2.30pm	Twydall Evangelical Church, Goudhurst Road
Nigerian Community Association	Rochester	6pm to 9pm	Medway Innovation Centre, Rochester
Medway Foodbank	Various	9.30am to 1.30pm	Visit their website as it changes
Magdalene Ministry	Walderslade	-	Mercy Lodge, Victoria Road, Walderslade, ME5 9EN (appt only)
Saturday	•		
Gillingham Street Angels Foodbank	Gillingham	8am to 11am	Unit A Jenkins Dale, Chatham, ME4 5RD
Nigerian Community Association	Rochester	10am to 5pm	Medway Innovation Centre, Rochester
St Mark's Foodbank Centre	Gillingham	10am to 12pm	St Mark's Church, Canterbury Street, ME7
Open House Project	Rochester	2pm to 4pm	Quaker Meeting House, 3 Northgate, Rochester
Sunday			
Gillingham Salvation Army	Gillingham	11.30am to 12pm	50 Green Street, Gillingham, ME7 1XA
Nigerian Community Association	Rochester	12pm to 5pm	Medway Innovation Centre, Rochester
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