March 14, 2024

**Re:**     Ms. Roshni Patel   
**DOB:**  02/10/2001   
**DOA:**  03/13/2024   
**Location:**   Bayside-Ortho

**INITIAL ORTHOPEDIC CONSULTATION**  
  
**CHIEF COMPLAINT:** Test,right and left Pain.

**HISTORY OF PRESENT ILLNESS:**

test

**PAST MEDICAL HISTORY:** Noncontributory.

**PAST SURGICAL HISTORY:** Noncontributory

**DRUG ALLERGIES:** No known drug allergies

**CURRENT MEDICATIONS*:***The patient is taking \_\_\_\_ pain medications p.r.n. The patient is not taking any medication at this time.

**SOCIAL HISTORY:**

**IMPAIRMENT RATING:**

**ADL CAPABILITIES:**

**REVIEW OF SYSTEMS:** test

**PHYSICAL EXAMINATION:** test

**DIAGNOSTIC STUDIES:** 03/05/2024 - X-Rays of the cervical spine cb,  
  
The above diagnostic studies were reviewed.

**FINAL DIAGNOSES:**

**PLAN:**

* Imaging studies and clinical examinations were reviewed with the patient.
* Cold compresses for \_\_\_\_\_right/left shoulder, right/left knee.
* Start home stretching and strengthening exercises as demonstrated and provided in the clinic
* to think about surgery.
* to consider surgery but first would like to discuss all options with family members. \_\_\_\_If surgery will be considered, the patient needs medical clearance.
* The patient verbally consents for the arthroscopy of \_\_\_\_\_right/left knee, right/left shoulder and the patient will be scheduled for right shoulder/left shoulder/right knee/left knee\_\_\_\_\_ surgery. On the day of the surgery, before the procedure, the surgeon will explain all related questions of the procedure. The patient will sign a written consent and be witnessed by the surgeon.
* The patient will follow up 1-2 weeks postop or in 2 months if surgery has not been performed yet.

1. **Physical therapy:** The patient is to start physical therapy 3 times a week for 4-6 weeks.

**CAUSALITY:**It is within a certain degree of medical certainty, that the history presented by Ms. Roshni Patel, the objective physical findings as well as the diagnosis rendered test,right,left is causally related to the injury the patient incurred on the 03/13/2024.  These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.