**PROCEDURE NOTE: Right Knee injection with sonographic guidance**

**PREPROCEDURE DIAGNOSIS**: Knee Pain (M25.569) and Sprain (S83.90)

**POSTPROCEDURE DIAGNOSIS**: Same as preoperative diagnosis.

**PROCEDURE:** Right knee intra-articular steroid injection with Sonographic Guidance.

**DESCRIPTION OF PROCEDURE:**

The patient was identified and was found to be stable. The patient was put in the appropriate position. The injection field was prepped and draped with usual sterile technique. The interspace between the distal femur and the proximal tibia was identified clinically and verified via sonographic guidance technique. Ultrasound was used to guide the needle into the intra-articular joint space and negative aspiration of blood was confirmed. Subsequently an intra-articular injection into the knee was performed using sterile technique. Under sonographic guidance, a 25-gauge needle was advanced to the knee joint atraumatically and a negative aspiration was confirmed. After repeated negative aspiration, a mixture of 4 ml of 1% Lidocaine and 4 mg of dexamethasone was injected in the joint.

The patient tolerated the procedure well without any apparent difficulties or complications. Instructions were given to the patient.