

DAMIAN FAMILY CARE CENTERS, INC.



THIRD AVE FAMILY HEALTH CENTER

2604 THIRD AVE., BRONX, NY 10454

PHONE: (718)292-0100

FAX: (718)684-8489

Fax

То:	elinda	madelaine	From:	Islam	n Ali	M.I
Fax: 929-333-7950			Pages: Including cover sheet			
Phone:			Date:	11-20	-2019	
Re:			cc:			
□ Urgent	☐ For Review	☐ Please Comment	□ P	lease Reply	☐ Please Recy	cle
Comments:	Goss	Maritza	7			
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GOSS, MARITZA

Progress Note: Ali Islam, MD

49 Y old Female, DOB: 02/19/1970 Account Number: 110635 409 E 120TH ST, APT 3N, NY, NY-10035-3679

Home: 347-984-3283

Damian Family Care Centers, Inc. Guarantor: GOSS, MARITZA Insurance: MEDICARE UGS

NY Paver ID: 12M35

Referring: Ali Islam Appointment Facility: Third Ave Family Health Center

11/08/2019

Current Medications Reason for Appointment

Taking

 Movantik 25 MG Tablet 1 tablet in the morning Orally Once a day PRN

 Neurontin 400 MG Capsule 1 capsule Orally Two times a day

- Flexeril 5 MG Tablet 1 tablet as needed Orally BID PRN
- Oxycodone HCl 10 MG Tablet 1 tablet as needed Orally every 12 hrs PRN Maximum 2
- Albuterol Sulfate (2.5 MG/3ML) 0.083% Nebulization Solution 3 ml Inhalation Three times a day
- CompAir Nebulizer 1 Miscellaneous as directed inhalation q 4-6 hours as needed
- Simvastatin 10 MG Tablet 1 tablet in the evening Orally Once a day
- Iron (Ferrous Gluconate) 325 MG Tablet as directed Orally bid
- Montelukast Sodium 10 MG Tablet 1 tablet in the evening Orally Once a day
- Ventolin HFA 90 MCG/ACT Aerosol Solution 2 puffs as needed Inhalation every 6 hrs
- Vitamin C 500 MG Tablet Chewable 1 tablet Orally bid
- Omeprazole 40 MG Capsule Delayed Release 1 capsule Orally Once a day
- Senna 8.6 MG Tablet 2 tablets at bedtime as needed Orally Once a day, stop date 11/10/2019

Not-Taking/PRN

- Lisinopril 5 MG Tablet 1 tablet Orally Once a day
- Crestor 40 MG Tablet 1 tablet Orally Once a day
- · Medication List reviewed and reconciled with the patient

Past Medical History

Prediabetes. Asthma. Hyperlipidemia. Former smoker. left renal Cyst.

herniated lumbar disc-Lumbar disc disease see MRI lumbosacral scanned to pt 1. PreOp physical

History of Present Illness

Health Maintenance:

Pt presents for PreOp clearance:

- 1. Elevated AST
- 2. Elevated INR: 1.3
- 3. HOLD Hmg CoA inhibitor.

Vital Signs

Ht/length 66, Wt 184.5, Wt Change -1.5 lb, BMI 29.78, Temp 97.6, HR 90, RR 18, BP L Arm:110/72, Oxygen sat % 98, Pain Scale 7/10.

Physical Examination

GENERAL:

General Appearance: well-developed, well-hydrated, wellnourished, no acute distress.

Hygiene: good.

Mental Status: alert and oriented X3.

Cognitive-Perception ability to understand normal.

CHEST/LUNGS:

Shape and expansion: normal shape w/o tenderness, normal diaphragmatic excursion.

Respiratory effort no distress.

Breath sounds: clear bilaterally, no adventitious sounds.

PMI: fifth intercostal space, mid-clavicular line.

Rate: normal. Rhythm: regular.

Heart sounds: normal S1&S2. Murmurs: no murmurs heard.

Assessments

1. Pre-operative clearance - Zo1.818 (Primary)

2. HTN (hypertension) - I10

3. High cholesterol - E78.0

4. GERD (gastroesophageal reflux disease) - K21.9

Treatment

Patient: GOSS, MARITZA DOB: 02/19/1970 Progress Note: Ali Islam, MD 11/08/2019 Note generated by eClinicalWorks EMR/PM Software (www eClinicalWorks com)

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700/200 ageq 64:2E:EI 61/0Z/II chart.

Fibroids.

lumbar disc disease--(severely degenerated L5-S1 with bilateral foraminal narrowing)--she will be getting surgery after July 26.

Formerly obese, lost weight after neck surgery, and could not eat well nor chew..

Dysphagia, of the esophagus. R breast abnormal Mammo @ Staten Island University hospital.

Surgical History

Neck 03/2016

L5-S1 Transforaminal Lumbar Interbody Fusion 9/6/18

lap hernia repair 08/2019

Family History

Father: deceased Mother: deceased 2 son(s), 3 daughter(s).

Social History

Tobacco Use:

Smoking

Are you a: current smoker

How often do you smoke ciggarettes?

every day

How many ciggarttes a day do you smoke? 5 or less

Are you interested in quitting? Thinking about quitting

Pt smokes 1 cigarette a day.

Allergies

latex: hives - Allergy

Hospitalization/Major

Diagnostic Procedure

ED visit for shortness of breath and she received 3 neb treatments and discharged with PO short course of Steroids 7/14/2016

Review of Systems CONSTITUTIONAL:

no Weight change.

1. Pre-operative clearance

LAB: PT/PTT/INR [Labcorp]

<u>LAB: Liver Function Tests [Labcorp]</u>
Notes: Pt is a 49 y/o female here for PreOp clearance.

Diagrand with Dr Cinha that this is minimally invasive and

Discussed with Dr Sinha that this is minimally invasive surgery. Able

: NEGATINE

to be cleared for surgery. Will need to HOLD Simvastatin.

Pregnancy Test

Procedure Codes

G0467 FQHC VISIT ESTABLISHED PATIENT

Follow Up

prn

E

Electronically signed by Ali Islam , MD on 11/08/2019 at

02:56 PM EST

Sign off status: Completed

Visit Status: CHK (Checkout)

Third Ave Family Health Center 2604 3RD AVE BRONX, NY 10454-1199 Tel: 718-292-0100 Fax: 718-866-0151

Patient: GOSS, MARITZA DOB: 02/19/1970 Progress Note: Ali Islam, MD 11/08/2019

Note generated by eClinicalWorks EMR/PM Software (www eClinicalWorks com)



Distinguished Diagnostic Imaging, P.C.

2598 Third Ave Bronx, NY, 10434

Tel: 718.828.6800 Fax: 718.828.6586

Examination Report

To: ALI ISLAM

2604 3RD AVE BRONX, NY 10454 Patient Name: GOSS, MARTIZA

DOB: 02/19/1970

Gender: F

Exam Date:11/07/2019 10:00 AM

Fax#: (718)684-8485

Exam#: 1271953 - XR CHEST - 2 VIEW

INDICATION: Pulmonary evaluation. Preoperative

COMPARISON: This examination is compared to prior chest x-ray of 8/30/18

TECHNIQUE: PA and left lateral

FINDINGS: There is no evidence of infiltration or consolidation in either lung field. Both costophrenic angles are sharp. Trachea is midline. Mediastinal contour and cardiac silhouettes are within normal limits. The osseous structures are intact. The soft tissues are unremarkable.

IMPRESSION:

There is no evidence of acute or chronic pulmonary disease.

Electronically Signed by: EARL KABNICK M.D. on 11/07/2019 11:00 AM

GOSS, MARITZA, F, 02/19/1970

Third Ave Family Health Center 2604 3RD AVE, BRONX, NY 10454-1199 718-292-0100

@ 347-984-3283 MRN: 0000093159

FINAL RESULT

Accession ID. 31528603620 Lab Ref ID: 2564673 Order Date 11/08/2019 Result Recd 11/12/2019 08:20:11 Coll Date 11/11/2019 10:16:00 Report 11/12/2019 08:05:00 Requesting Physician: Islam, Ali Ordering Physician: Islam, Ali

PT/PTT/INR [Labcorp]

NAME VALUE REFERENCE RANGE LAB F INR 1.0 0.8-1.2 RN

- Reference interval is for non-anticoagulated patients.
- Suggested INR therapeutic range for Vitamin K
- antagonist therapy:
- Standard Dose (moderate intensity
- therapeutic range): 2.0 3.0
- Higher intensity therapeutic range 2.5 3.5

F Prothrombin Time 10.4 9.1-12.0 (sec) RN F aPTT 24-33 (sec) RN

- This test has not been validated for monitoring unfractionated heparin
- therapy. aPTT-based therapeutic ranges for unfractionated heparin
- therapy have not been established. For general guidelines on
- Heparin monitoring, refer to the LabCorp Directory of Services. PERFORMING LAB: LabCorp Raritan, 69 First Avenue, Raritan, NJ 088691800, Phone - 8006315250, Director - MDReyes

GOSS MARITZA . F. 02/19/1970

Accession ID: 31528603620

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2 347-984-3283 **MRN:** 0000093159

FINAL RESULT

Accession ID 31528603620	Lab Ref ID 2564673		
Order Date 11/08/2019	Result Recd 11/12/2019 08:20:10		
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Requesting Physician: Islam, Ali	Ordering Physician: Islam, Ali		

Liver Function Tests [Labcorp]

NAME	VALUE	REFERENCE RANGE	LAB
F Protein, Total	6.8	6.0-8.5 (g/dL)	RN
F Albumin	4.6	3.5-5.5 (g/dL)	RN
F Bilirubin, Total	0.4	0.0-1.2 (mg/dL)	RN
F Bilirubin, Direct	0.09	0.00-0.40 (mg/dL)	RN
F Alkaline Phosphatase	95	39-117 (IU/L)	RN
F AST (SGOT)	17	0-40 (IU/L)	RN
F ALT (SGPT)	22	0-32 (IU/L)	RN

PERFORMING LAB: LabCorp Raritan, 69 First Avenue, Raritan, NJ 088691800, Phone - 8006315250, Director - MDReyes

GOSS MARITZA F 02/19/1970

Accession ID 31528603620

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Page 006/007 11/20/19 13:34:44

