

ANJANI SINHA MEDICAL P.C.

ORTHOPEDIC SURGEON

Tel: 917-300-5003 Fax: 929-333-7950

anjanisinhamedicalpc@gmail.com

ANJANI SINHA, M.D., M.S. (Ortho)

September 19, 2019

DOA: 05/18/2019

Aleksandr Kopach, PA-C
82-25 Queens Boulevard, Suite 1A
Elmhurst, NY 11373

Re: Bertha Lopez
DOB: 03/05/1967

Dear Mr. Kopach:

HISTORY:

The patient is a 52-year-old female, who was a restrained passenger of the vehicle that was involved in a motor vehicle accident on 05/18/2019. She sustained multiple skeletal injuries including injury to left shoulder. She is here for an orthopedic evaluation of her left shoulder.

PAST MEDICAL HISTORY:

Asthma.

PAST SURGICAL HISTORY:

Positive for gallbladder surgery.

CURRENT MEDICATIONS:

None.

ALLERGIES:

Penicillin.

PHYSICAL EXAMINATION:

Her height is 5 feet 5 inches. She weighs 210 pounds. Examination of the head, neck, chest and abdomen is benign. She is an alert, oriented, and cooperative woman. Gait – she has a normal gait.

LEFT SHOULDER: There is tenderness to palpation on the anterior superior aspect of the left shoulder. Impingement sign and Hawkins test are mildly positive. O'Brien test is negative. Range of motion is excellent. Forward flexion is 120 degrees, abduction 120 degrees, internal rotation 15 degrees and external rotation is 10 degrees.

MRI of the left shoulder is negative for any rotator cuff tear. Positive for tendinitis and bursitis.

FINAL DIAGNOSIS: Traumatic tendinitis and bursitis, left shoulder.

TREATMENT/PLAN:

She was advised to continue with physical therapy. If she has any problems in the future, she was advised to see me for a follow-up care.

I, Anjani Sinha, M.D., being duly licensed to practice medicine in the state of New York hereby affirm under the penalty of perjury that the statements contained herein are true and accurate to the best of my knowledge.

Sincerely yours,

A handwritten signature in black ink, appearing to read 'Anjani Sinha', written over a horizontal line.

ANJANI SINHA, M.D., M.S.