

Contact

Phone

778-952-2858

Email

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Address

1100 Harwood St. Vancouver

Education

2023

Full Stack Web Development

Online - Carleton University

2020

Peer Support Training

The Looking Glass Foundation

2010

English & Psychology Courses Langara College

Expertise

- Public Speaking
- Writing & Communication
- Learning new technologies & systems
- Conflict Resolution
- Interpersonal Skills

Language

English

French

Alexia Fast

I am motivated and dedicated to self improvement. I am always happy to receive constructive feedback. I am energetic and friendly with strong relationship building skills. I am adept at managing the public so as to create a great first impression and experience.

Experience

2021 - Current

Cactus Club Yaletown

Server

High volume turn over rate. Adept at communicating with and addressing concerns of the public.

2005 - Present

The Characters Talent Agency **Actor**

Performed in many critically acclaimed productions. Developed public speaking and leadership qualities. Delivered high quality under extreme pressures.

Peer Support - Volunteer

The Looking Glass Foundation

Participated in training and became a peer support for individuals recovering from eating disorders. Met with an individual to support and implement goals.

Social Media Video Editor - Remote

Lightbox Career Coaching

Worked remote with software technology such as Slack to deliver high quality social media ready videos of client. Edited large volumes of content.

Care Aide

Mujtaba Saloojee

Assited with daily activities. Provided positive social interaction and role modelled life skills.