

# Activity Report

**Activity ID:** 684e50b7f65a7f528f62d024

**User ID:** 11c92408-f0bb-46cb-b739-ff14df29c906

**Type:** RUNNING

**Duration:** 25 minutes

**Calories Burned:** 2000

**Distance:** 30

**Average Speed:** 25

**Max Heart Rate:** 500

**Start Time:** Invalid Date

Metric	Value
Heart Rate Zones	75%
Steps	10,000
Elevation Gain	150 m