

# 2024 年 1-4 月 口语换题季题库&解析

新东方 **终版** 国际教育  
XDF.CN

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## Part 1

### 新题

#### Celebrities

##### Question 1:

**Who is your favourite celebrity in your country?**

**Useful phrases:**

A-list athletes 顶尖运动员

broke the record 打破记录

go viral 快速传开

**Sample answer:**

It must be the famous runner Su Bingtian, who is one of the A-list athletes in my country. Actually, he broke the record Several years ago in Tokyo Olympic Games which made the glorious moment go viral immediately!

##### Question 2:

**What kind of famous people do you often see in the news?**

**Useful phrases:**

release movies 推出电影

reality shows 真人秀

influential 有影响力的

**Sample answer:**

let me see... it must be the singers or actors. They not only release movies or reality shows, but also donating money to the charity when there is earthquake or flood. I believe it is ncessarily influential.

##### Question 3:

**Do you pay attention to famous people in the news?**

**Useful phrases:**

intrigued 感兴趣的, 好奇的

titbits of gossip 八卦, 花边新闻

lip-sync 假唱, 对嘴

tax evasion 逃税

eye-catching 吸引人眼球的

**Sample answer:**

kind of. I would find myself intrigued by the titbits of gossip, especially the negative parts like lip-sync, tax evasion etc. honesty, it is truly eye-catching.

**Question 4:**

**Do you believe that the news about famous people in the media is true?**

**Useful phrases:**

frankly speaking 说实话

private lives 私人生活

brand endorsement 品牌代言

stay skeptical about 保持怀疑态度

**Sample answer:**

yes and no. frankly speaking, there are both true and fake stories about celebrities when it comes to private lives or brand endorsement. as a result, I would stay skeptical about that.



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## Collecting things

### Question 1:

Why do some people like to collect things?

#### Useful phrases:

a treasure hunt 淘宝

rare stuff 罕见的东西

sentimental value 情感价值

### Sample answer:

People just love collecting, you know? It's like a treasure hunt for them. Some do it for the thrill of finding rare stuff, while others collect things that have sentimental value. It's a bit like building a personal museum of memories and interests. Everyone's got their own reasons.

### Question 2:

Where do they collect things?

#### Useful phrases:

all sorts of places 所有地方

unearth hidden gems 发现隐藏的宝石

flea markets 跳蚤市场

### Sample answer:

Folks collect things from all sorts of places, mate. Some scour antique shops and flea markets, hoping to unearth hidden gems. Others turn to online platforms, like eBay or Etsy, for a broader hunt. It's like a never-ending treasure hunt, and the thrill is in the search as much as the find.

### Question 3:

Do you collect things?

#### Useful phrases:

not really into 不喜欢

a less-is-more kind of person 喜欢简约生活的人

Keeps the space chill and clutter-free 保持空间整洁, 没有垃圾

### Sample answer:

Nah, not really into hoarding stuff. I'm more of a less-is-more kind of person. I find joy in memories and experiences rather than drowning in possessions. It's just easier, you know? Keeps the space chill and clutter-free.

### Question 4:

Are there any things you keep from childhood?

#### Useful phrases:

a few relics 遗物

beat-up 破旧的

bits of nostalgia 怀旧

### Sample answer:

Oh sure, I've got a few relics from the good old days. Maybe an old skateboard or a beat-up baseball glove. They're like time machines, taking me back to simpler times. It's cool to have those bits of nostalgia lying around.

## Losing things

### Question 1:

**Do you often lose things?**

#### Useful phrases:

a serial loser 连续丢东西的人

misplacing keys 随意搁置钥匙

#### Sample answer:

Well, I wouldn't say I'm a serial loser, but, you know, it happens. Misplacing keys or forgetting where I put my phone is just part of the human experience. It keeps life interesting, I suppose!

### Question 2:

**What can we do to avoid losing things?**

#### Useful phrases:

goes a long way 需要很长时间

designate spots 分配地点

track your belongings 追踪你的物品

a touch of mindfulness 小心一些

#### Sample answer:

Avoiding the old disappearing act? Well, a bit of organization goes a long way. Designate spots for frequently used items, like keys or glasses. Technology helps too; there are apps that can track your belongings. And, of course, a touch of mindfulness – making a mental note of where you put things can do wonders

### Question 3:

**Why do some people tend to lose things more often than others?**

#### Useful phrases:

naturally more prone to 天生更加容易

a wandering mind 散漫心智

less likely to lose stuff 更加不容易丢东西

#### Sample answer:

Some folks are just naturally more prone to misplacing things; it's part of their personality. It could be due to a busy lifestyle or a wandering mind. Others might be more organized or have habits that make them less likely to lose stuff. It's a mix of habits, attention, and, well, a touch of luck!

### Question 4:

**What will you do if you find something lost by others?**

#### Useful phrases:

stumble upon 碰巧遇到

hand it over to 上交给

local authorities 当地部门

#### Sample answer:

If I stumble upon something lost by someone else, I'd try to do the right thing. If there's any identification, like a wallet or a phone, I'd contact the owner directly. Otherwise, if it's a more general item, I might hand it over to a nearby lost and found or report it to local authorities. It's about helping others out, you know?



## Feeling bored

### Question 1:

**Do you often feel bored?**

#### Useful phrases:

enjoy keeping myself busy 喜欢让自己保持忙碌

taking up a new hobby 尝试新爱好

#### Sample answer:

No, I don't often feel bored. I enjoy keeping myself busy with activities like reading, exercising, or learning new things and taking up new hobbies.

### Question 2:

**When would you feel bored?**

#### Useful phrases:

I might feel bored when.... 当...时, 我可能感到无聊

nothing interesting to do 没有什么有意思的事可做

capture my interest 引起我的兴趣

#### Sample answer:

I might feel bored when there's nothing interesting to do or when I'm not engaged in activities that capture my interest.

### Question 3:

**What do you do when you feel bored?**

#### Useful phrases:

when boredom strikes 当无聊袭来时

explore creative outlets 探索有创造性的活动

experiment with cooking 尝试做菜

alleviate boredom 缓解无聊

#### Sample answer:

When boredom strikes, I often explore creative outlets. I might write short stories, experiment with cooking, or learn a new instrument. Engaging in diverse activities not only alleviates boredom but also adds a sense of fulfillment to my free time.

### Question 4:

**Do you think childhood is boring or adulthood is boring?**

#### Useful phrases:

it depends on one's perspective 这取决于个人的视角

innocence and discovery 天真和发现

brings independence 带来独立

the opportunity to pursue personal passions 追求个人兴趣的机会

#### Sample answer:

It depends on one's perspective and how one chooses to approach life. Childhood offers innocence and discovery, while adulthood brings independence and the opportunity to pursue personal passions.

## Singing

### Question 1:

**Do you like singing? Why?**

#### Useful phrases:

express emotions 表达情感

unwind 放松

through shared musical experiences 通过共同的音乐体验

#### Sample answer:

Yes, I enjoy singing because it allows me to express emotions and unwind. Singing brings joy, and it's a great way to connect with others through shared musical experiences.

### Question 2:

**Have you ever learned how to sing?**

#### Useful phrases:

improve my vocal skills 提升我的声乐技能

learn proper techniques 学合适的技巧

enhance my ability to v.. 加强了我...的能力

#### Sample answer:

Yes, I've learned how to sing. I took singing lessons to improve my vocal skills and learn proper techniques. It's been a rewarding experience, enhancing my ability to express myself through music.

### Question 3:

**Who do you want to sing for?**

#### Useful phrases:

Sharing music with those close to me 和亲近的人分享音乐

creates a special connection 创造一种特殊的链接

brings joy 带来快乐

#### Sample answer:

I would love to sing for my friends and family. Sharing music with those close to me creates a special connection and brings joy to both the listener and me.

### Question 4:

**Do you think singing can bring happiness to people?**

#### Useful phrases:

can definitely v... 确实可以

a unique way of evoking emotions 一种独特的唤起感情的方式

foster joy 产生快乐

create a positive impact 带来积极影响

#### Sample answer:

es, singing can definitely bring happiness to people. Music has a unique way of evoking emotions, and singing allows individuals to express themselves, fostering joy and creating a positive impact on both the singer and the audience.

## Memory

### Question 1:

**Are you good at memorising things?**

#### Useful phrases:

mathematic formulas 数学公式

forgetful 健忘的

absent minded 健忘的, 心不在焉的

it is killing me 让我崩溃

#### Sample answer:

Unfortunately, no, especially when it comes to more complicated and challenging things such as vocabulary or mathematic formulae, I always got so forgetful and absent minded, it is killing me.

### Question 2:

**Have you ever forgotten something that is important?**

#### Useful phrases:

the 20th anniversary 20 年纪念日

terribly busy 特别忙

slip my mind 忘记, 从我脑海中溜走

#### Sample answer:

I'm afraid, yes.

Several months ago, it was The 20th anniversary of my parents while I was terribly busy preparing for the final exam, letting it slip my mind which made me so regretted.

### Question 3:

**What do you need to remember in your daily life?**

#### Useful phrases:

ton of 成吨的, 很多的

bear in mind 记住

most importantly 最最重要的是

deadline 截止日期

#### Sample answer:

There are tons of things I need to bear in mind like phone numbers, meetings and most importantly the deadlines.

### Question 4:

**How do you remember important things?**

#### Useful phrases:

list my errands 列出我的杂事

set alarms 设置闹钟

AI assistant 人工智能助手

reliable and trustworthy 靠谱、值得信赖的

#### Sample answer:

Sometimes I would list my errands on the phone and set alarms. Besides, recently I would turn to the AI assistants for help to let it do the job, which is more reliable and trustworthy.

## Music

### Question 1:

**Do a lot of people like music?**

**Useful phrases:**

a universal language 一种通用语言

resonates with 共鸣

all walks of life 各行各业的人

**Sample answer:**

Absolutely! Music is like a universal language. It resonates with people from all walks of life. Whether it's pop, rock, classical, or any other genre, you'll find folks who are passionate about it. It's a powerful way for people to connect and express themselves.

### Question 2:

**What kind of music do you listen to?**

**Useful phrases:**

a bit of a mix 有一点杂

the beats of electronic music 电子音乐的节奏

It really depends on the mood 真的取决于心情

**Sample answer:**

Well, my taste in music is a bit of a mix. I can groove to some classic rock, appreciate the storytelling in folk, and get into the beats of electronic music. It really depends on the mood and the moment, you know?

### Question 3:

**Is it easy to learn music?**

**Useful phrases:**

challenging and rewarding 有挑战性和有意义的

dedication 付出; 奉献

natural talent 先天天赋

unlocking a door to 打开通往某处的大门

**Sample answer:**

Learning music can be both challenging and rewarding. It depends on various factors like the instrument, your dedication, and the style of music you want to play. While some find it easier with natural talent, anyone can learn and enjoy music with enough practice and passion. It's like unlocking a door to a whole new world of expression.

### Question 4:

**Do you have music lessons at school?**

**Useful phrases:**

educational institutions 教育机构

fundamentals of music theory 音乐理论基础

a well-rounded education 全面教育

**Sample answer:**

For sure, and many educational institutions also offer music lessons. It's a fantastic way for students to explore their musical interests, learn to play instruments, and understand the fundamentals of music theory. These lessons can contribute to a well-rounded education and often foster a lifelong appreciation for music.

## Cakes

### Question 1:

**Do you like to eat cakes or other sweet foods?**

**Useful phrases:**

sweet treats 甜食

a delicate pastry 精美的糕点

a sweet tooth 喜欢甜食的人

a bit of indulgence 一点放纵

**Sample answer:**

Oh, absolutely! Who can resist a good cake or some sweet treats now and then? Whether it's a rich chocolate cake or a delicate pastry, I've got a sweet tooth that's always ready for a bit of indulgence.

### Question 2:

**Do you like to eat cakes as a child?**

**Useful phrases:**

a spectacular cake 华丽的蛋糕

blowing out candles 吹蜡烛

childhood festivities 童年庆祝活动

**Sample answer:**

Oh, definitely! As a kid, cakes were like a magical delight. Birthdays meant a spectacular cake, and any celebration was incomplete without it. From the excitement of blowing out candles to savoring every bite, cakes were a sweet part of childhood festivities.

### Question 3:

**Can you make cakes?**

**Useful phrases:**

whip up a mean cake 制作一个美味的蛋糕

a fancy red velvet 一个高级的红丝绒蛋糕

a few tricks 一些技巧

**Sample answer:**

Sure thing! Absolutely, I can whip up a mean cake. Baking is like a sweet science, you know? Whether it's a classic chocolate or a fancy red velvet, I've got a few tricks up my sleeve to make it just right.

### Question 4:

**Are there any traditional Chinese cakes?**

**Useful phrases:**

a sticky rice cake 年糕

Lunar New Year 农历新年

an integral part of Chinese culinary celebrations 中国烹饪庆祝不可或缺的部分

**Sample answer:**

Absolutely! Traditional Chinese cakes include "Nian Gao," a sticky rice cake for Lunar New Year, and "Mooncakes" during the Mid-Autumn Festival. These sweet delights are an integral part of Chinese culinary celebrations.

## Money

### Question 1:

#### Do you spend a lot of money?

##### Useful phrases:

try to be mindful 尝试小心一些

It's all about budgeting 全部关乎预算

splurge 挥霍

##### Sample answer:

Oh, you know, I try to be mindful of my spending. It's all about budgeting and making smart choices, especially for the things that matter. But, hey, the occasional treat or splurge is part of the game too, right? Gotta strike that balance.

### Question 2:

#### How do you save money?

##### Useful phrases:

savvy 精明的

keep an eye on 关注

tight-fisted 吝啬, 小气

##### Sample answer:

Saving money is all about being savvy, mate. I keep an eye on my spending, look for deals, and stash away a bit each month. Budgeting is the real MVP here — knowing where every dollar goes. It's not about being tight-fisted; it's about being smart.

### Question 3:

#### What do you think about payment apps or mobile payments?

##### Useful phrases:

game-changers 改变规则的人或事

security features 安全特质

transaction done 完成交易

##### Sample answer:

Oh, I reckon payment apps and mobile payments are game-changers. It's like having your wallet right in your phone. Quick, convenient, and often with extra security features. Just a few taps, and boom, transaction done. Makes life a tad simpler, don't you think?

### Question 4:

#### Do you use a credit card to buy things?

##### Useful phrases:

purchases 购买

reward points 奖励积分

cashback perks 返现福利

##### Sample answer:

Oh, absolutely. I use my credit card for most purchases. It's convenient, and you get those reward points or cashback perks. Just gotta stay on top of payments, you know, to avoid those pesky interest charges.

## Colour

### Question 1:

What is your favourite colour?

#### Useful phrases:

a rainbow of colors 各种颜色

a symbol of hope 希望的象征

can remind me of nature 让我想到大自然

#### Sample answer:

Well, actually I love a rainbow of colors, so it's hard to pick just one. But I think green is great, cuz it's a symbol of hope and it can remind me of nature.

### Question 2:

What colour car would you like to buy?

#### Useful phrases:

I've never thought about that before. 我以前从没想过。

a bright color 一种亮色

very conspicuous 很显眼

#### Sample answer:

Oh I've never thought about that before. Perhaps a yellow car would be a nice choice. You know, it's a bright color, very conspicuous, so maybe other drivers and passengers can see me easily while i'm driving, so it's safer.

### Question 3:

What colours do your friends like most?

#### Useful phrases:

diverse color preferences 不同的颜色喜好

vibrant hues 鲜艳的色彩

lean towards 倾向于

calm tones 平和的色调

mirror 反映

#### Sample answer:

My friends have diverse color preferences. Some favor vibrant hues like red and blue, expressing energy and confidence. Others lean towards calm tones such as green and pastels, reflecting a more relaxed and soothing taste. Overall, our collective color choices mirror our individual personalities and moods.

### Question 4:

What colour makes you uncomfortable in your room?

#### Useful phrases:

intense and bold colors 强烈而鲜艳的颜色

a sense of restlessness and agitation 不安和焦躁的感觉

contribute to a more serene and comfortable atmosphere 营造出更宁静舒适的氛围

align with 符合

#### Sample answer:

I find intense and bold colors unsettling in my room, particularly bright reds and yellows. These hues create a sense of restlessness and agitation. I prefer calming tones like blues and greens, as they contribute to a more serene and comfortable atmosphere, aligning with my need for tranquility in personal spaces.

## Social Media

### Question 1:

**When did you start using social media?**

**Useful phrases:**

It's been ages. 已经好久了

My memory is a little foggy. 我记忆有点模糊了

a part of my life already 已经是我生活的一部分了

**Sample answer:**

It's been ages, so my memory is a little foggy. Maybe 7 or 8 years ago? I'm not sure, but I know for a fact that it's been part of my life already. Basically I can't live without social media.

### Question 2:

**Do you think you spend too much time on social media?**

**Useful phrases:**

that's definitely true. 确实如此

a little addicted 有点沉迷

mindlessly 无脑地

I wish I could .... 我希望我能

**Sample answer:**

Yes, that's definitely true. Just like most people, I'm a little addicted, to be honest. Sometimes I watch tiktok videos for hours mindlessly. I wish I could stop wasting so much time on it.

### Question 3:

**Do your friends use social media?**

**Useful phrases:**

post pictures 上传照片

social media platforms 社交平台

a great way to connect with each other 很棒的联络方式

**Sample answer:**

Yes of course. We often post pictures and short videos on social media platforms like Wechat. It's really a great way for us to connect with each other. We're used to that.

### Question 4:

**What do people often do on social media?**

**Useful phrases:**

like I said 正如我所说

give each other likes and comments 给彼此点赞和评论

stay in touch 保持联络

**Sample answer:**

Like I said, people enjoy posting pictures and also giving each other likes and comments. That's how we stay in touch these days, you know. It's really convenient and efficient.



## Sunglasses

### Question 1:

**Do you often wear sunglasses?**

**Useful phrases:**

especially on sunny days 尤其在艳阳天

protect my eyes from the sun's glare 保护眼睛不受阳光直射

make it more comfortable to v.. 使得...更舒服

**Sample answer:**

Yes, I often wear sunglasses, especially on sunny days. They protect my eyes from the sun's glare and make it more comfortable to be outside.

### Question 2:

**Do you spend a lot of money on sunglasses?**

**Useful phrases:**

look for affordable options 寻找更便宜的选择

provide UV protection 提供紫外线保护

without breaking the bank 不花大价钱

**Sample answer:**

No, I don't spend a lot on sunglasses. I usually look for affordable options that still provide UV protection. I believe in finding good quality without breaking the bank.

### Question 3:

**Do you give sunglasses as gifts?**

**Useful phrases:**

prefer choosing ... 更喜欢选择...

based on the recipient's 根据接收者的..

go to the beach 去海滩

**Sample answer:**

No, I don't usually give sunglasses as gifts. I prefer choosing more personal items based on the recipient's interests or needs. Of course, if a friend is going to the beach, I might buy him sunglasses.

### Question 4:

**Have you ever lost your sunglasses?**

**Useful phrases:**

It was frustrating 那真是令人沮丧

be more careful 更小心

keep them in a case 把它们放在盒子里

**Sample answer:**

Yes, I have lost my sunglasses before. It was frustrating, but I learned to be more careful. Now, I try to keep them in a case when not in use.

## Advertisement

### Question 1:

Is there an advertisement that made an impression on you when you were a child?

#### Useful phrases:

tonic 营养品, 保健品,

moscots 吉祥物

slogan 口号, 广告词

nonsense 无意义的话

brainwashing 洗脑的

### Sample answer:

let me see... it must be the one of Nao Baijin, a type of mysterious tonic in my country. There were just 2 moscots repeating the slogan. I believe it was nonsense but brainwashing indeed.

### Question 2:

Do you see a lot of advertising on trains or other transport?

#### Useful phrases:

literally 确实

cosmetics 化妆品

tonics 营养品

marketing strategy 营销策略

### Sample answer:

Yeah, they are literally everywhere. There are commercials related to cosmetics, snacks as well as tonics, Which is truly a successful marketing strategy.

### Question 3:

Do you like advertisements?

#### Useful phrases:

engaged 沉浸在

in the middle of an episode 一集中间

a pop-out 弹窗广告

out of nowhere 不知从何而来

be cut off from the plot 出戏

kill the vibe 破坏气氛

### Sample answer:

Unfortunately no.

For example, when you are 100% engaged in the middle of an episode of TV series, suddenly, a pop-out just jumps in out of nowhere, you would easily be cut off from the plot, which totally kills the vibe!

**Question 4:**

**What kind of advertising do you like?**

**Useful phrases:**

close-up shots 特写镜头

a piece of art 一件艺术品

vivid colors 鲜活的颜色

special rhythm 特别的节奏

**Sample answer:**

I have to say some commercials about food with perfect close-up shots are just like a piece of art! The vivid colors, the special rhythm in the background music are so fantastic!



## Video games

### Question 1:

Do you play video games?

#### Useful phrases:

a huge fan of 忠实粉丝

top-notch 顶尖的

time-consuming 消耗时间的

outsiders 局外人, 外行

intriguing and entertaining 有意思, 娱乐性强

### Sample answer:

Sure, why not? Actually I'm such a huge fan of Nintendo which often comes up with top-notch video games such as Super Mario, Zelda etc. Although it seems time-consuming and boring to some outsiders, I really find it intriguing and entertaining.

### Question 2:

Would you watch others play video games?

#### Useful phrases:

ace player 游戏高手

subscribe 订阅

skilled and mature 熟练的, 有技巧的

have an itch to ... 觉得手痒, 迫不及待做某事

### Sample answer:

Absolutely!

for example, I always subscribe the ace players' channels on Tiktok. They are so skilled and mature that I would almost have an itch to be a part of it !

### Question 3:

Do you think people spend too much time playing video games?

#### Useful phrases:

get addicted to 对... 上瘾

therefore 因此

sit in front of screens 坐在屏幕前

lead to 造成

poor eyesight 视力下降

distraction 注意力分散

a big concern 一个问题, 令人担忧

### Sample answer:

I'm afraid yes.

sometimes there might be news stories that kids getting addicted to games, therefore sitting in front of screens for hours a day, that could lead to poor eyesight or distraction, which is a big concern to parents.

**Question 4:**

**Do you prefer playing video games alone or with others?**

**Useful phrases:**

a rookie or a greenhorn 新手

strike a balance 找到平衡

demanding and stressful 难度高，压力大

pointless 无意义的

**Sample answer:**

Maybe by myself, I guess. I mean, sometimes if your partner is a rookie or a greenhorn, you will have to strike a balance, compared with playing alone, it could be more demanding and stressful. I mean, that would be pointless, right?



## Crowded place

### Question 1:

Is the city where you live crowded?

#### Useful phrases:

peak season 旺季

flock to 蜂拥而至

picturesque 风景如画的

bumper-to-bumper congestion [汽车首尾相接的]拥堵

#### Sample answer:

Let me guess... Sure. Especially during the peak season, tourists and visitors would flock to my city to admire the picturesque views, which causes bumper-to-bumper congestion.

### Question 2:

Is there a crowded place near where you live?

#### Useful phrases:

1 or 2 blocks away 一两个社区以外

May-4th Square 五四广场 (可以换成任意地标)

be shocked 被震惊

nose-to-tail jam 摩肩接踵的拥堵

#### Sample answer:

Absolutely, there is the well-known tourist attraction called May-4th Square 1 or 2 blocks away, a must-see in my city. If you go there, you must be shocked by the nose-to-tail jam.

### Question 3:

Do you like crowded places?

#### Useful phrases:

terribly jam-packed 极度拥堵

drive me nuts 让我发疯

#### Sample answer:

I'm afraid not. It could be terribly jam-packed on the roads and waiting in lines will definitely drive me nuts.

### Question 4:

Do most people like crowded places?

#### Useful phrases:

reckon 猜测、思考

Universal Studio 环球影城

vibe 气氛, 氛围

in spite of 不顾, 不管

#### Sample answer:

I reckon probably yes. For example, people just love to go to the newly-opened Universal Studio or superstar's concerts just to enjoy the vibe in spite of inconvenience.

## 必考题

### Work and Study

#### Question 1:

**Are you a student or are you working right now?**

##### Useful phrases

major in 学习...专业

marketing 市场营销

junior student 三年级学生

senior student 四年级学生

#### Sample answer

I'm a junior student in university, and now I am having an internship in a local company. I study advertising because I am interested in both designing and publicity.

#### Question 2:

**What's your favourite subject?**

##### Useful phrases

engineering 工程学

physics 物理

chemistry 化学

literature 文学

a constant reader 经常读书的人

#### Sample answer

My favourite subject would definitely be literature. Being a literature buff and constant reader, I really want to be an editor in the future and perhaps publish my own books someday. I've been practicing my writing skills for a couple of years.

#### Question 3:

**Why did you choose this major? Who helped you to choose this major?**

##### Useful phrases

by accident 意外地

not have a clue about 一无所知

unrealistic 不切实际的

expectation 期待

get off to a good / poor / bad start 有良好的/糟糕的开端

#### Sample answer

Actually, it's kind of an accident. I had a lot of misunderstanding and unrealistic expectation about the major. And my parents totally trusted my choice. If I hadn't judged it by its name, I could've ended up studying something else.

**Question 4:****What was your first day at school like?****Useful phrases**

curious 好奇的

orientation 入学培训

lost my way 迷路

dormitory 宿舍

cafeteria 餐厅

**Sample answer**

I remember the weather that day was so lovely, sunny but not very hot. My mom and I went to the dormitory first to organize my stuff, and then we went to the library to attend the orientation. The campus was quite big, so we lost our way a couple of times that day.

**Question 5:****How much time do you spend on studying every day?****Useful phrases**

stay up late 熬夜

night owl 喜欢熬夜的人, 夜猫子

early bird 早起的人

take a break 休息

relaxation 放松

**Sample answer**

It's really hard to say. So basically, I spend my whole day and night studying on weekdays. I am really a night owl, so I usually study until around 11 o'clock or later. I study on weekends as well, but I always take a longer break on Sunday, you know, just to build in some relaxation time.

**Question 6:****What do you like most about your study?****Useful phrases**

fascinating 迷人的

satisfactory 令人满意的

inspiring 鼓舞人心的

enlightening 有启发性的

experiment 实验

**Sample answer**

What I like the most about my study is how it shapes the way I think. I get to read a lot of news and think about things from different perspectives, which is quite enlightening.



**Question 7:**

**Does your major/study live up to your expectation?**

**Useful phrases**

disappointing 令人失望的

satisfied 感到满意的

misconception 错误观念

surprising 令人吃惊的

unexpected 出乎意料的

**Sample answer**

Yes, definitely. Some people say that some courses are disappointing, but I think all of them are amazing. I am quite satisfied and have learnt a lot. All the professors are knowledgeable and what they teach is practical.

**Question 8:**

**Which do you prefer, studying in the morning or in the afternoon?**

**Useful phrases**

sleepy 困乏的

doze off 打瞌睡

concentrate on 集中注意力于

burn the midnight oil 通宵达旦地学习或工作

clear-minded 头脑清醒的

**Sample answer**

I would absolutely choose to study at night. I constantly get distracted by others in the daytime, especially in the morning. But nobody would disturb me at night, so I can concentrate on my study better.

**Question 9:**

**Which do you prefer, studying alone or with others?**

**Useful phrases**

teamwork 协同工作

boost your efficiency 提高效率

drag on 拖延太久

decision-making 做决策

aid 帮助

**Sample answer**

I do like the aid you can get when you work in a team, but I prefer to study alone. When a group of people work together, say, for a project, the decision-making could drag on and on, which is quite annoying. I like to get things done quickly.

**Question 10:****What kind of subjects are often considered as challenging?****Useful phrases**

physics 物理

abstract 抽象的

theoretical 理论的

comprehend 理解

demanding 难的

**Sample answer**

I think subjects like physics, astronomy or math are often considered as demanding, because they are very abstract and theoretical. This might just be me, but I think mastering subjects like that definitely requires more intelligence.

**Question 11:****Do you like your job?****Useful phrases**

inspiration 启发

overtime 加班

slave driver 苛刻的上司

career path 职业道路

rewarding 有利的, 有益的

**Sample answer**

Yes, I do. Actually, I love my job. Unlike the slave drivers that you hear about from your friends, my boss is nice and helpful. Even though I need to do overtime sometimes, I can see a clear career path and get inspiration constantly.

**Question 12:****What do you find most interesting about your work/job?****Useful phrases**

deal with 应对, 处理

various 多种多样的

characteristics 特点

personality 性格特点

predictable 可预测的

**Sample answer**

What I find most interesting about my job is how I need to deal with various people, like my colleagues and clients. It's quite fun to observe people and try to analyze their behavior. Some people are really predictable, and some others might surprise you. It's kind of like a game that never gets old.

**Question 13:**

**What is the most important quality of a co-worker/colleague?**

**Useful phrases**

efficient 效率高的

empathy 同感, 同理心

a team player 善于团队合作的成员

trustworthy 值得信任的

professional 职业的

**Sample answer**

I would say being a team player is the most essential quality of a colleague. There are hardly any jobs that don't require teamwork, so the awareness and ability to function as a good team player is important.

**Question 14:**

**Which matters to you more, the job itself or the people you work with?**

**Useful phrases**

colleague 同事

troublemaker 惹是生非者

equally important 一样重要

miserable 痛苦的

crucial 至关重要的

**Sample answer**

This is impossible to choose, I mean they are equally important. I need a good job to make enough money, and I need to work with people who that at least I don't hate. Otherwise, it's gonna be just miserable.

**Question 15:**

**Have you ever changed your work before?**

**Useful phrases**

headhunter 猎头

recruit 招聘

resign 辞职

get fired 被辞退

unsuitable 不合适的

**Sample answer**

Yes, I have. This is my second job and I have been doing this for a couple of years. Before this, I worked in an international company, a much bigger one. One day a headhunter contacted me and showed me some possibilities that I could not resist. That's why I changed my job.

**Question 16:**

**Do you think you will change your job in the future?**

**Useful phrases**

constantly 不停地

state-owned enterprise 国企

stable 稳定的

guarantee 保证

roll with it 随机而动

**Sample answer**

I would say so, yes. It's not that I don't like the job I am doing now, it's just the world is changing constantly, and who knows what's gonna happen in the future? Things change, people change, and you just got to roll with it.

**Question 17:**

**What was your first day at work like?**

**Useful phrases**

confused 疑惑的

orientation 入职培训

headquarters 总部

contract 合同

cubicle 小隔间 (工位)

**Sample answer**

I felt a little bit confused because there was too much information to take in. I had a short orientation and got to know the company, the people I needed to work with and what the business was all about. Then I was taken to my cubicle and read some materials.

**Question 18:**

**What do you want your company to improve?**

**Useful phrases**

pantry 茶水间

restroom 卫生间

parking lots 停车位

unreasonable 不合理的

inefficient 效率低的

**Sample answer**

We definitely need more than one restroom for female in my company. There are like over two hundred people sharing two restrooms—one for male and one for female. There's always a long queue and that's simply a waste of time.

**Question 19:**

**What kind of jobs are popular in China?**

**Useful phrases**

engineer 工程师

decent 体面的

well accepted 被广泛接受的

Internet celebrity 网红

vanity 虚荣

**Sample answer**

Jobs like engineer, doctor or teacher are especially popular among middle-aged people and the elderly. They are decent and stable. A lot of young people like to become Internet celebrities for the money and vanity.

**Question 20:**

**Would you like to go to another country to work?**

**Useful phrases**

challenging 有挑战性的

intriguing 引起兴趣的

for a change 换换口味, 变个花样

unforgettable 难忘的

acquaintance 熟人

**Sample answer**

It sounds nice to work in another city, just for a change. It's both challenging and intriguing. I mean, I need to work for decades in my life, so why not find the most interesting place to do that?

## Home and Accommodation

### Question 1:

Do you live in an apartment or house?

#### Useful phrases

a 3-bedroom apartment 一个三室的房子

on the first floor 在一楼

be happy with...对...很满意

### Sample answer

I live in a 3-bedroom apartment with my parents. It's on the first floor. It's not very big but I'm very happy with where I live.

### Question 2:

Do you like your apartment or house?

#### Useful phrases

enjoy living there 喜欢住那里

close to all the shops and services 离所有商店和设施很近

food stalls 小吃摊

a wide range of options 广泛的选择

### Sample answer

Yes. I really enjoy living there. It's close to all the shops and services in the area. There are many great restaurants and food stalls nearby, so you always have a wide range of options for food.

### Question 3:

What is your house or apartment like?

#### Useful phrases

a nice patio 一个很好的露台

spacious 宽敞的

invite friends over 请朋友到家里

play cards 打牌

### Sample answer

It's a first floor 3-bedroom apartment with a nice patio. The living room and dining room are spacious. I often invite friends over to have dinner or play cards.

### Question 4:

What views can you see through the windows?

#### Useful phrases

main street 主街道

right next to my apartment 就在我家旁边

on the other side 在另一边

### Sample answer

I live in the first building in the south of our community, so the main street is right next to my apartment. I can see the shopping centre through the windows in the study. There is also a park on the other side, which can be seen from the bedrooms.

**Question 5:**

**What kind of apartment or house do you want to have in the future?**

**Useful phrases**

a beach house 一个海景房

live by the sea 住在海边

do water sports 做水上运动

feel close to nature 感到贴近大自然

good for your mental health 对心理健康有好处

**Sample answer**

I would like to have a beach house in the future. I think living by the sea is amazing coz you can go swimming and do water sports at any time. You feel close to nature and it's good for your mental health.

**Question 6:**

**Which part of your country are you from?**

**Useful phrases**

eastern-central coastal area 东海岸中部地区

a historical city 历史古城

**Sample answer**

I'm from Suzhou. It's in the eastern-central coastal area of China. It's a beautiful historical city.

**Question 7:**

**Are you proud of your home country?**

**Useful phrases**

food culture 饮食文化

a long, rich history 一个悠长丰富的历史

learn so much from it 从它学习到很多

**Sample answer**

Yes. It's the safest country in the world and we have the best food culture. China has a long, rich history and we can learn so much from it.

**Question 8:**

**Can you recommend a place which is suitable for living?**

**Useful phrases**

be famous for...因为...而有名

pleasant weather 宜人的天气

fresh air 新鲜的空气

calming and soothing 令人平静和舒缓的

mental health 心理健康

**Sample answer**

I think Yunnan province is the best place for living. It's famous for its pleasant weather and fresh air. The environment is very calming and soothing, which is good for mental health.

## Hometown

### Question 1:

Where are you from?

#### Useful phrases

The capital of ...的省会/首都

Coastal province 海边省份

Sit in the middle of 坐落在...当中

With the Yellow River flowing through 黄河从中流过

Be known for 以...著名

Spring parks 泉水公园

### Sample answer

My hometown is Jinan, the capital of Shandong, a coastal province. It sits almost in the middle of the province, with the Yellow River flowing through. It is well known for the spring parks, so we also call it the Spring City.

### Question 2:

How long have you been living there?

#### Useful phrases

Witness my growth 见证我的成长

Have deep feelings 很爱

Student apartments 学生公寓

Frequently 频繁地

### Sample answer

Our family moved there when I was 5, and since then I've been living there. Jinan witnessed my growth from a child to a student and then to a young man. I have deep feelings for it, so even though my university has student apartments, I still go home frequently, usually every other week.

### Question 3:

Is your hometown a big city or a small city?

#### Useful phrases

Distinguish 辨别

Night view 夜景

Search for the exact figures 搜索确切数据

Approximately 大约

### Sample answer

It is a rather big city, not as big as Shanghai or Beijing, but easy enough to distinguish on a provincial map or a night view from the sky. I haven't searched for the exact figures yet, but I guess it has a similar size as Chicago, and approximately the population of New York.



**Question 4:****Do you like your hometown?****Useful phrases**

Gorgeous lakes 风光旖旎的湖泊

Scrumptious food 非常好吃的食物

Hospitable 热情好客的

Appealing 吸引人的

Social status 社会地位

**Sample answer**

I love my hometown a lot. I like its natural views, such as the gorgeous lakes and mountains. I also like its food, its scrumptious fried-fish and crab cakes. But on top of all that, I think the hospitable people are the most appealing characteristic. The local citizens are willing to offer a helping hand to their neighbours as well as immigrants, regardless of your social status. I love them, and the land beneath their feet.

**Question 5:****Are there anything you dislike about your hometown?****Useful phrases**

Notorious 恶名昭著的

Urban design 城市规划

Traffic jams 交通拥堵

Off-peak time 非高峰期

Celsius degrees 摄氏度

**Sample answer**

Yeah, every city has its problems. First of all, Jinan has a notorious traffic system. Because of a failure in urban design, traffic jams do not just happen in rush hours, but also in off-peak time, such as 4 o'clock in the afternoon. Besides, I think the summer there is too hot, with many days reaching almost 38 Celsius degrees.

**Question 6:****Has your hometown changed over the years? What are the changes?****Useful phrases**

The only solution 唯一方案

Relevant educational policies 相关的教育政策

Set up a business 创业

PDF converters PDF 转换器

Make profits 挣钱

**Sample answer**

I think it has changed a lot, especially on education and work opportunities. There used to be more farmers when agriculture was the only solution for a student with lower scores at school. But in recent years, the development of internet and relevant educational policies have allowed many people to set up a business on Taobao. By providing technical services, such as selling PDF converters, they are making more profits than before.

**Question 7:**

**Do you think you will continue living there for a long time?**

**Useful phrases**

better option 更好的选择

job opportunities 工作机会

be no compare 无法比拟

finance worker 金融工作者

career 职业

**Sample answer**

I would love to, but it is not the better option anymore. Even though my hometown has provided more jobs than ever, it is still no compare with metropolitans, like Shanghai. Especially for me, a finance worker, Shanghai has more international banks than any other city in mainland China. So, I may have to move for my career.



国际教育

## 保留题

### Event (事件)

#### Chatting

##### Question 1:

Do you like chatting with friends?

##### Useful phrases:

a good old chat 叙旧

it's catching up over a cuppa 边喝茶边聊天

having a natter 闲聊

##### Sample answer:

Oh, absolutely! Having a good old chat with friends is one of life's pleasures, isn't it? Whether it's catching up over a cuppa or having a natter during a walk, it's a fantastic way to connect and share stories. So yes, I do enjoy a good chat with friends very much.

##### Question 2:

What do you usually chat about with friends?

##### Useful phrases:

quite diverse 特别多样化

funny anecdotes 有趣的事情

deeper conversations 更加深入的对话

##### Sample answer:

You know, the topics of our chats can be quite diverse. We might discuss recent movies or books we've enjoyed, share funny anecdotes from our lives, talk about travel plans or places we'd like to visit, or even dive into deeper conversations about personal goals and experiences. It really depends on the mood and the moment, but that's what makes chatting with friends so enjoyable—it can go in all sorts of directions.

##### Question 3:

Do you prefer to chat with a group of people or with only one friend?

##### Useful phrases:

lively and energetic 热闹

social gatherings 聚会

depending on the context 取决于语境

##### Sample answer:

It really depends on the situation. Chatting with a group of friends can be lively and energetic, perfect for social gatherings or celebrations. On the other hand, chatting one-on-one with a close friend allows for deeper, more personal conversations. Both have their merits, and I enjoy both group and one-on-one chats depending on the context and the company.

**Question 4:**

**Do you prefer to communicate face-to-face or via social media?**

**Useful phrases:**

staying in touch 保持联系

see a friend's expressions 看到朋友的表情

keeping us connected 使我们保持联系

**Sample answer:**

I must say, while social media has its conveniences for staying in touch, there's something special about face-to-face communication. Being able to see a friend's expressions, hear their voice, and share the same physical space creates a deeper connection. So, if given the choice, I'd opt for face-to-face communication, but I do appreciate the role that social media plays in keeping us connected in this modern world.



## Transport

### Question 1:

How do you go to work/school?

#### Useful phrases:

walk to school 走路上学

if i'm running late 如果我要迟到了

hop on a bus 上公交

easy to get there 容易到达

#### Sample answer:

I usually walk to school, or, if I'm running late, I'll hop on a bus. My school is not that far from where I live, so it's quite easy to get there.

### Question 2:

What's the most popular means of transport in your hometown?

#### Useful phrases:

mega cities 大都市

the most widely used form of transport 最广泛使用的交通方式

the metro system 地铁系统

convenient and economical 方便的, 经济划算的

#### Sample answer:

Well, just like most mega cities in China, the most widely used form of transport is the metro system. It's a convenient and economical option for both residents and visitors.

### Question 3:

How far is it from your home to school/work?

#### Useful phrases:

within walking distance 步行距离就可以到达

a rented apartment 出租公寓

the campus 校园

i'm pretty happy with the location 我对这个位置挺满意的

#### Sample answer:

Well, it's within walking distance, like 10 or 15 minutes. Currently I'm living in a rented apartment just a few miles outside the campus. So yeah I'm pretty happy with the location.

**Question 4:**

**Do you think people will drive more in the future?**

**Useful phrases:**

getting more mobile 变得更加有移动性

traffic jams 交通堵塞

not eco-friendly 不环保

driverless electric cars 无人驾驶电车

the new normal 新常态

**Sample answer:**

Well, I'm not so sure about that. On the one hand, our society is getting more mobile, and driving seems to be a basic skill in the modern world. But on the other hand, traffic jams can be a huge problem, and driving is not the most eco-friendly way of getting around. So it's hard to make the prediction. Maybe driverless electric cars will be the new normal one day..

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国际教育

## Noise

### Question 1:

Do you like to stay in a place with a lot of noise?

#### Useful phrases:

it depends on the circumstances 看情况

a lively pub 热闹的酒吧

a music gig 音乐会

### Sample answer:

Well, it depends on the circumstances, really. If I'm out for a bit of fun, say at a lively pub with mates or a music gig, a bit of noise is expected and part of the experience. But for a quiet evening at home or when I need to concentrate, I do prefer some peace and quiet.

### Question 2:

Do you think there is too much noise in today's world?

#### Useful phrases:

you're spot on there 你是肯定是对的

too much racket 太吵了

constant notifications 不间断的通知

A touch more tranquility 多一点的宁静

### Sample answer:

Oh, you're spot on there! These days, it often feels like there's a bit too much racket, doesn't it? Between the traffic, constant notifications from gadgets, and all, it can be a bit overwhelming. A touch more tranquility wouldn't go amiss, I reckon.

### Question 3:

Is making noise one of people's rights?

#### Useful phrases:

treasure our right 珍惜我们的权利

trample on others' right 践踏其他人的权利

serenity 宁静

### Sample answer:

Well, we Chinese do treasure our right to express ourselves, but it's also vital to respect others' right to some peace and quiet. So, while making a bit of noise now and then is alright, it shouldn't trample on others' right to a bit of serenity, should it? It's all about striking a balance.

## Run

### Question 1:

Do you go running a lot?

**Useful phrases:**

a regular runner 经常跑步的人

clear the mind 放空

**Sample answer:**

Well, I wouldn't say I'm a regular runner, but I do try to get out for a jog now and then to keep the old legs moving. It's a fine way to clear the mind.

### Question 2:

Where do you usually go running?

**Useful phrases:**

head to 去某地

a nice trail 漂亮的小路

greenery 绿化带

**Sample answer:**

I typically head to the local park for a run. There's a nice trail there surrounded by greenery, which makes for a rather pleasant jog.

### Question 3:

What do you think of running as a form of exercise?

**Useful phrases:**

a cracking way to stay in shape 好的方式去保持身材

gear 装备

enjoy a bit of solitude 享受独处

a running buddy 跑友

top-notch 顶尖的

**Sample answer:**

I think running's a cracking way to stay in shape. It's simple, doesn't require much gear, and you can do it nearly anywhere. Plus, it's a grand way to get some fresh air and enjoy a bit of solitude or even some good company if you've got a running buddy. All in all, I reckon it's a top-notch form of exercise.



## Film

### Question 1:

What films do you like?

**Useful phrases:**

I've always had a soft spot for 一直很喜欢

a real treat 享受

a variety of genres 不同类型

**Sample answer:**

I've always had a soft spot for a good British comedy. Films by the likes of Monty Python or classic Ealing comedies, they're a real treat. But, to be honest, I enjoy a variety of genres from action to drama, depending on my mood.

### Question 2:

Did you often watch films when you were a child?

**Useful phrases:**

a common pastime 常见的消遣时光

a jolly good way to spend time together 共度时光的好方式

**Sample answer:**

Oh, absolutely! Watching films was a common pastime during my childhood. I'd often have movie nights with family and friends. It was a jolly good way to spend time together.

### Question 3:

Did you ever go to the cinema alone as a child?

**Useful phrases:**

a social thing 社交的事情

going solo 独自去

on occasion 偶尔

**Sample answer:**

Well, not quite as a child, you see. Going to the cinema was usually a social thing back then. But as I grew older, I did start going solo on occasion, especially when there was a film I really wanted to see, and none of my pals were up for it.

### Question 4:

Do you often go to the cinema with your friends?

**Useful phrases:**

now and then 偶尔

catch up 叙旧

an occasional treat 偶尔的享受

**Sample answer:**

I do enjoy a good trip to the cinema with my mates now and then. It's a great way to catch up, share some popcorn, and enjoy a film together. However, it's not an everyday thing, more of an occasional treat when there's a movie we're all excited to see.

## Helping others

### Question 1:

**Do you usually help people around you?**

#### Useful phrases:

be as helpful as I can 尽可能乐于助人

give back to our community 回归社区

do volunteering work 做志愿工作

whenever I'm available 每当我有空的时候

#### Sample answer:

Yes I try to be as helpful as I can. Helping others is a great way to give back to our community. So I do volunteering work whenever I'm available.

### Question 2:

**How do you usually help people around you, such as neighbors, family, and friends?**

#### Useful phrases:

do community service 做社区服务

once in a while 偶尔

tutor sb 为 sb 补习

struggle with a subject 某科成绩不好

show up for sb 为...他们现身

be supportive 支持他人的

#### Sample answer:

Well, honestly, I don't know my neighbors that well, but I would do community service once in a while. Regarding my family and friends, I help them fix things, or sometimes tutor them if they struggle with a subject at school. To me, it's important to show up for them, be useful and supportive whenever they need me.

### Question 3:

**Do your parents teach you to help others?**

#### Useful phrases:

teach by example 言传身教

in my upbringing 在我的成长背景中

lend a helping hand 帮助他人

deeply influence the way I interact with others 深深影响了我和他人互动的方式

#### Sample answer:

Yes they'd often teach by example. In my upbringing, they lend a helping hand whenever there's a need, you know, to family and friends, and to strangers as well. This has deeply influenced the way I interact with others.

**Question 4:**

**Did your parents help you a lot when you were young?**

**Useful phrases:**

in every aspect of my life 在我生活的方方面面

feed me and change my diapers 喂养我并给我换尿片

give me emotional support 给我情感支持

I couldn't live without them 没有他们我无法生存

**Sample answer:**

Wow they helped me in every aspect of my life. When I was a baby, they'd feed me, change my diapers, offering love, comfort, and security. When I started school, they'd give me emotional support, encouraging me to be the best I could. So yeah I can say I couldn't live without them.



国际教育

## Fishing

### Question 1:

Is fishing popular in your country?

**Useful phrases:**

getting more popular 变得越来越受欢迎

especially 尤其是

bring them some peace and quiet 给他们带来平和安宁

**Sample answer:**

Yes it's getting more popular these days. Lots of men, especially elder men, enjoy fishing at a riverside. It's a very relaxing activity that brings them some peace and quiet.

### Question 2:

Do you like eating fish?

**Useful phrases:**

not so fond of ... 不太喜欢

can't stand the fishy smell 受不了鱼腥味

fish bones 鱼骨

get stuck in my throat 卡在喉咙里

**Sample answer:**

No I'm not so fond of fish. I can't stand the fishy smell, and plus the fish bones may get stuck in my throat. It's a little scary, you know.

### Question 3:

Have you ever been to a place where there were lots of fish around you?

**Useful phrases:**

a fishpond 鱼塘

identify grass carp 识别草鱼

catfish 鲶鱼

have whiskers 长胡须

**Sample answer:**

Yes I have been to a fishpond. It belongs to one of my uncles who lives in the countryside. There I learned to identify grass carp, which is usually very big in size, and catfish, which have whiskers to help them navigate in the water.

### Question 4:

Have you seen any movies with lots of fish?

**Useful phrases:**

Little Mermaid 小美人鱼

Finding Nemo 寻找尼莫

a clown fish 小丑鱼

about sharks attacking people 关于鲨鱼攻击人类

animation films 动漫片

**Sample answer:**

That's an interesting question. Let me see... I've seen Little Mermaid, you know, the famous Disney animation film. And besides, there's another one called Finding Nemo, which is about a lost clown fish. There are also quite a few movies about sharks attacking people in the sea. They can be much scarier than animation films.

## 物品 (Object)

### Clothes

#### Question 1:

What kind of clothes do you like to wear?

##### Useful phrases:

comfy attire 舒服的衣服

a cozy jumper 舒适的套头衫

special occasions 特殊的场合

#### Sample answer:

Well, you'll often find me in comfy attire, like jeans and a cozy jumper, especially for a casual day out. But for special occasions, I do like to dress up a bit, maybe with a smart shirt and trousers or a nice dress. It all depends on the mood and the setting, you see.

#### Question 2:

Do you prefer to wear comfortable and casual clothes or smart clothes?

##### Useful phrases:

day-to-day wear 日常穿着

dressing up 打扮

a stylish dress 时尚的裙子

#### Sample answer:

I tend to lean towards comfortable and casual clothes for day-to-day wear, you know, like jeans and a jumper. But when there's a special occasion or a fancy night out, I don't mind dressing up a bit with smart attire, like a nice suit or a stylish dress. It really depends on the situation and how I'm feeling at the time.

#### Question 3:

Do you like wearing T-shirts?

##### Useful phrases:

a wardrobe staple 衣柜里一定会有的东西

comfy and versatile 舒适的和多功能的

a more laid-back smart look 更加随意的穿着

#### Sample answer:

Oh, absolutely! T-shirts are a wardrobe staple. They're comfy and versatile. You can't go wrong with a good old T-shirt, whether it's for a casual day out or even under a jacket for a more laid-back smart look.

#### Question 4:

Do you spend a lot of time choosing clothes?

##### Useful phrases:

a grab-and-go sort of person 抓手边衣服就出门的人

keep it simple and fuss-free 保持简单，且不麻烦

#### Sample answer:

Nah, not really. I'm more of a grab-and-go sort of person when it comes to choosing clothes. I like to keep it simple and fuss-free. Unless it's a special occasion, I don't spend too much time pondering over what to wear. Life's too short for that, you know!

## Map

### Question 1:

Do you often use maps?

#### Useful phrases:

electronic/digital maps 电子地图

a terrible sense of direction 糟糕的方向感

rely heavily on them to help me navigate 非常依赖它们导航

#### Sample answer:

Yes I use electronic/digital maps on my phone, like Apple maps, Baidu maps. The thing is, I've got a terrible sense of direction, so I rely very heavily on them to help me navigate. And I found them very helpful!

### Question 2:

Do you use paper maps?

#### Useful phrases:

kind of obsolete 有些过时

used as decorations 用于装饰

in many households 在很多家庭里

functional and powerful 功能强大的

#### Sample answer:

No, not any more. I think paper maps are not that useful these days, kind of obsolete. They are more often used as decorations. I mean in many households, they hang paper maps, like the world map on the wall. But when they visit a new place, all they need is their phones, which are so functional and powerful that paper maps become unnecessary.

### Question 3:

How often do you use maps on your phone?

#### Useful phrases:

especially when .....尤其当...时

As I've mentioned 正如之前所说

good spatial memories 好的空间记忆力

send me voice instructions 给我语音提示

#### Sample answer:

Very often, especially when I'm in a new town or new part of my city. As I've mentioned, I don't have very good spatial memories, so I need maps on my phone to send me voice instructions, giving me directions and telling me where to go.

**Question 4:**

**Do you have maps at home?**

**Useful phrases:**

as a souvenir 作为纪念品

elaborately drawn 绘制得非常详细

a world map 世界地图

identify the location of different countries 识别不同国家的位置

**Sample answer:**

Yes I bought a map as a souvenir while visiting the Palace Museum in Beijing. It's elaborately drawn, and I still keep it in my study. There's also a world map my father bought for me when i was a kid. He thought it's necessary for me to identify the location of different countries.



## Musical instruments

### Question 1:

Have you ever learned to play a musical instrument?

#### Useful phrases:

a kind of string instrument 一种弦乐器  
a musical person 一个爱音乐的人  
not musically talented at all 音乐方面毫无天赋

#### Sample answer:

Yes, I have. My dad sent me to a piano class and an erhu class before. You know erhu? it's a kind of Chinese traditional string instrument. He is a musical person so he kinda wanted me to be the same. But sadly I'm not musically talented at all.

### Question 2:

What musical instrument do you enjoy listening to the most?

#### Useful phrases:

feature beautiful melodies and harmonies 以每秒的旋律和和弦为特征  
evoke strong emotions in listeners 在听众心里唤起强烈的感情

#### Sample answer:

It's definitely the piano. It can make the most beautiful sounds in the world. The music often features beautiful melodies and harmonies that can evoke strong emotions in listeners like me. So yeah, it's really nice.

### Question 3:

Do you think children should learn to play an instrument at school?

#### Useful phrases:

not only helps ... but also improves ... 不仅帮助...而且可以培养...  
develop musical skills 培养音乐技能  
discipline and patience 纪律感和耐心  
a creative outlet 一种有创造性的情感宣泄  
even if they don't become the next Mozart 即使成为不了下一个莫扎特

#### Sample answer:

Yeah, I think it's a great idea for kids to learn to play an instrument at school. It not only helps them develop musical skills but also improves their discipline and patience. Plus, it's a creative outlet that can bring a lot of joy and confidence, even if they don't become the next Mozart.



**Question 4:**

**Do you think music education is important to children?**

**Useful phrases:**

Absolutely 当然如此

helps with their overall development 有助于整体发展

boost creativity 增强创意

improve concentration 改善专注度

just plain fun 纯粹的有趣

**Sample answer:**

Absolutely, music education is super important for kids. It's not just about learning to play an instrument or sing; it helps with their overall development. It boosts creativity, and improves concentration. Plus, making music is just plain fun!



国际教育

## Tea and Coffee

### Question 1:

**Do people like tea and coffee nowadays?**

**Useful phrases:**

are still jolly well loved 特别受欢迎

A good cuppa 一杯茶

a staple of our daily routine 日常生活的重要部分

**Sample answer:**

Well, you see, tea and coffee are still jolly well loved here in China. A good cuppa is a staple of our daily routine. But I reckon tastes vary, and some folks might prefer one over the other.

### Question 2:

**Do you prefer to use tea or coffee to serve your guests?**

**Useful phrases:**

It's a bit of a tradition 有些像传统

a steaming mug of tea 一杯热气腾腾的茶

**Sample answer:**

Oh, when I have guests 'round, I usually offer them a nice cup of tea. It's a bit of a tradition, you know, and there's nothing like a chat over a steaming mug of tea.

### Question 3:

**When was the last time you had a cup of coffee?**

**Useful phrases:**

now and then 偶尔

extra pep in my step 提神

Can't recall exactly 想不起具体地

**Sample answer:**

Well, I do enjoy a cup of coffee now and then, especially when I need a bit of extra pep in my step. Can't recall exactly when the last one was, but it must've been at the local café.

### Question 4:

**Do you usually buy your coffee in a coffee shop?**

**Useful phrases:**

fancy a coffee 想喝咖啡

pop down to 快速去

a change of scenery 场景的变化

sipping 小口喝

**Sample answer:**

Yes, indeed. When I fancy a coffee, I often pop down to the café on the corner. They do a lovely cappuccino, and it's nice to have a change of scenery while sipping your brew.

## Robot

### Question 1:

Are robots important?

#### Useful phrases:

play a bigger role in our society 在社会中扮演更重要的角色

do domestic tasks 做家务

robotics 机器人技术

develop by leaps and bounds 大幅发展

#### Sample answer:

Yes I think so. Robots are playing a bigger role in our society now. For example, they can do domestic tasks for us, drive for us, and even teach us new things. Yeah, robotics is developing by leaps and bounds, so we can't ignore them.

### Question 2:

Would robots affect people's lives?

#### Useful phrases:

like I said 如我所说

do tons of things for us 为我们做很多事

replace jobs 替代工作

automation 自动化

#### Sample answer:

Yes, like I said, robots are becoming part of our lives now. I mean they do tons of things for us, which means efficiency can be improved. But many people worry that robots will replace jobs and make us lose jobs, so automation can be both good and bad.

### Question 3:

Have you ever watched a movie about robots?

#### Useful phrases:

sci-fi movies 科幻片

exciting to watch 好看

give us a glimpse of what's gonna happen 大致了解未来会发生什么

futuristic 有未来感的

#### Sample answer:

Yes I have. You know, there're a lot of sci-fi movies that center around robots. Such films can be very exciting to watch cuz they give us a glimpse of what's gonna happen in the future. It's all very futuristic, you know.

**Question 4:**

**Should we let a robot drive for us for long journeys?**

**Useful phrases:**

it depends on how much we trust this technology 取决于我们有多信任这个科技

driverless cars 无人驾驶汽车

navigate 导航

save our energy 节约体力

**Sample answer:**

Well, it depends on how much we trust this technology. But personally speaking, driverless cars are pretty safe, maybe even safer than human drivers. If we let them navigate during long journeys, this can save our energy. So yeah, why not?



## Gifts

### Question 1:

**Have you ever sent handmade gifts to others?**

**Useful phrases:**

put in the effort to v... 努力做某事

for our loved ones 为了我们爱的人

over the moon about sth 为..感到特别开心

**Sample answer:**

Yep, I've definitely have. There's something special about putting in the effort to create something unique for our loved ones. Last year, i baked a birthday cake for one of my friends and she was over the moon about it ! Tasted so good, you know!

### Question 2:

**Have you ever received a great gift?**

**Useful phrases:**

hard to pick one particular gift 难以挑选一个特定的礼物

off the top of my head 随口说说

full of emotions 充满感情

i've been keeping it 我一直保留着它

**Sample answer:**

Well, it's hard to pick one particular gift. Off the top of my head, there's this letter that my boyfriend once wrote. It was very genuine, full of emotions, very touching. So yeah, that's definitely one of the best gifts i've ever had, so i've been keeping it in my drawer.

### Question 3:

**How do you usually choose a gift?**

**Useful phrases:**

ask directly 直接问

buy things accordingly 相应地买东西

want a surprise 想要惊喜

pick sth within my budget 在预算范围内挑一个

**Sample answer:**

Usually, I ask directly what they would like, and buy things accordingly. If they want a surprise, then I'd pick something within my budget on the internet. It's convenient that way, you know.

### Question 4:

**Do you think you're good at choosing gifts?**

**Useful phrases:**

can be a bit tricky sometimes 有时有些麻烦

not that sensitive about .. 对什么不太敏感

the key is ving.. 关键在于

**Sample answer:**

Well, not really. Choosing a gift can be a bit tricky sometimes. I'm not that sensitive about people's needs and wants. But I guess the key is knowing the person you're giving it to, their interests, and what would make them happy.

## Geography

### Question 1:

How do you like geography?

#### Useful phrases:

interesting to learn 学起来挺有趣

have got a sense of adventure 有冒险精神

exam-centered 以考试为中心的

quite stressful 让人压力挺大的

#### Sample answer:

I think it's quite interesting to learn. You see, I've got a sense of adventure, geography can be a way to discover new places and experiences. But on the other hand, I'm not a big fan of the way geography is taught in my school. It's so exam-centered so things can be quite stressful for me.

### Question 2:

Do you think geography is useful?

#### Useful phrases:

learn about different countries, landscapes, and cultures. 了解不同国家，风景和文化。

help travelers plan their trips 帮助游客计划行程

understand local geography 了解本地地貌

appreciate the beauty and uniqueness of...欣赏...的美丽和独特

#### Sample answer:

Absolutely. Geography allows people to explore the world and learn about different countries, landscapes, and cultures. And I think it helps travelers plan their trips, understand local geography, and appreciate the beauty and uniqueness of each location they visit.

### Question 3:

Have you learned geography ?

#### Useful phrases:

a compulsory subject 一门必修课

natural documentaries 自然纪录片

geography museums 地质博物馆

entertaining and educational 好玩又有教育性

#### Sample answer:

Yes I have. It's a compulsory subject in middle school. Every child in China must have geography courses. And there're other ways of learning geography as well, like through natural documentaries or visiting geography museums. They can be both entertaining and educational.

**Question 4:**

**Do you want to be a geography teacher?**

**Useful phrases:**

the last thing I want 最不想要的

for one thing.... for another... 一个原因是...另一个原因是...

deal with naughty kids 和调皮的孩子打交道

grade piles of papers 改很多试卷

an ideal job 一份理想的职业

**Sample answer:**

No that's the last thing I want. For one thing, I'm not particularly good at geography. For another, being a teacher means dealing with naughty kids, grading piles of papers, so I don't see it as an ideal job.



## Part 2&3

### 新题

### 给力队友

Describe a great team member you worked with  
You should say:  
Who this person is  
When you worked together  
What team project you worked on  
And explain why you think he/she was a great team member

#### Plan your talk:

Who this person is:  
What this person looks like:  
When you worked together:  
Where you met this person:  
How you met this person:  
What team project you worked on:  
Why you worked together:  
Why you think he/she was a great team member:  
What characteristics this person had:

#### 教师的解析:

给力队友通常可以从以下几个纬度来回答：给力队友的基本信息，如何认识这个人，和这个的一起的工作内容，以及为什么认为这个人给力。首先，我们可以简单描述这个人是谁以及他的基本信息。然后，我们可以接着描述的事如何认识这个人的，可以包括认识这个人的时间，地点，以及认真这个人的契机是怎样的，例如被分到了同一个小组，又或者通过另外一个朋友认识的等等。最后，在通过这个人性格特质去说明这个队友为什么很优秀，当然也可以拿具体一个细节来说明这个队友很优秀。

6 分段参考	
背景描述	an outstanding team member 一位杰出的团队成员 at a previous job 在之前的工作 collaborated on 合作
扣题描述	aimed at launching a new product 目标发布新产品 dedication and work ethic 付出和职业道德规范 consistently met deadlines 始终如一地按时完成任务 kept the team informed about his progress 和小组同步他的进度
原因&感受	contributed valuable ideas 贡献有价值的想法 challenges arose 挑战发生 commitment 投入 foster a positive team environment 培养一种积极的团队氛围



**Sample Answer 1 (6 分段参考):**

I had the pleasure of working with an outstanding team member during my time at a previous job. His name was Alex, and we collaborated on a marketing project together.

We worked together for about six months on a campaign aimed at launching a new product. Alex's dedication and work ethic stood out during this time. He consistently met deadlines and went above and beyond to ensure the success of the project. His communication skills were excellent, and he always kept the team informed about his progress.

What made Alex a great team member was his willingness to collaborate and his positive attitude. He was open to feedback, contributed valuable ideas during brainstorming sessions, and supported team members when challenges arose. Overall, Alex's commitment to the project and his ability to foster a positive team environment made him a truly exceptional team member.

7 分段参考	
背景描述	I had the privilege of working with 有幸和...一起工作 a span of a year 一年中的一段时间 a critical software development project 一个重要的软件研发项目
扣题描述	undertook 承担 expertise in coding 专长于编码 her ability to grasp complex technical details 她能抓住复杂技术细节的能力 from conceptualization to testing and implementation 从形成概念到测试再到执行 collaborative spirit 合作精神 effective communication and problem-solving skills 有效沟通和问题解决能力
原因&感受	technical prowess 技术能力 She created a collaborative and supportive atmosphere 她创造了一种合作和乐于助人的氛围 technical competence 技术能力 fostering a sense of unity and shared purpose 培养团结感和共同目的

**Sample Answer 2 (7 分段参考):**

One standout team member I had the privilege of working with was Sarah, a colleague at my previous job. We collaborated intensively over a span of a year on a critical software development project.

Our teamwork began when the company undertook a major software upgrade. Sarah's expertise in coding and her ability to grasp complex technical details were truly impressive. We worked closely during the entire development life cycle, from conceptualization to testing and implementation.

What set Sarah apart was not only her technical proficiency but also her collaborative spirit. She was always willing to share her knowledge, offer assistance to team members, and troubleshoot issues collectively. Her effective communication and problem-solving skills significantly contributed to the success of our project.

In addition to her technical prowess, Sarah's positive attitude and ability to motivate the team during challenging phases were invaluable. She created a collaborative and supportive atmosphere, fostering a sense of unity and shared purpose among team members. Sarah's dedication, technical competence, and interpersonal skills made her an exceptional team member, and working with her was a truly enriching experience.

### Part 3

#### Question 1: What qualities should a leader have?

**解题思路：**这是一道列举类型的题目。优秀的领导者就像航行在汹涌海域中的船长。他们需具备魅力，能在风浪汹涌时激励船员。沟通技巧至关重要，能够生动描述目标。灵活性是关键，需要适应不可预测的潮汐。同理心是必备的，理解船员的困境。果断决策力用于面对艰难选择，当然，正直是坚定道德指引。领导不仅仅是发布命令，更是激发全体船员共同渡过任何风暴。

#### Sample Answer:

A good leader? They're like the captain of a ship navigating stormy seas. First off, they've got charisma – the kind that rallies the crew even when the waves get rough. Communication skills are a must; a leader should paint a vivid picture of the destination. Flexibility is key, adapting to the unpredictable tides. Oh, and empathy – understanding the crew's struggles. A dash of decisiveness for those tough choices and, of course, integrity to steer with an unwavering moral compass. It's not just about giving orders; it's about inspiring a crew to weather any storm together.

#### Question 2: What should people do without a good team leader?

**解题思路：**这是一道建议类型的题目。在没有坚实领导的情况下，就像在没有船长的情况下航行 - 面临混乱的海域。但不用担心，船员可以挺身而出！协作成为锚；每个人贡献想法，并在需要时主动承担责任。沟通成为生命线；不断更新确保没有人在海上迷失。适应性是捕捉风的帆；每个成员都调整到波浪。这是一种集体努力 - 分担责任，应对挑战，将本可能成为混乱的情况转变为团队团结引导的旅程。因此，即使没有船长，顽强的船员仍然能找到自己的道路。

#### Sample Answer:

Without a solid leader, it's like sailing without a captain – chaotic seas ahead. But fear not, a crew can step up! Collaboration becomes the anchor; everyone pitches in ideas and takes charge when needed. Communication becomes a lifeline; constant updates ensure no one's lost at sea. Adaptability is the sail that catches the wind; each member adjusts to the waves. It's a collective effort – sharing responsibilities, navigating challenges, and turning what could be chaos into a journey charted by the team's unity. So, even without a captain, a resilient crew can still find their way.

#### Question 3: Why do some people dislike teamwork?

**解题思路：**这是一道原因类型的题目。团队合作就像合作的晚宴一样 - 并非每个人都喜欢分享厨房。有些人更喜欢独自努力，就像大厨精心烹制自己的招牌菜。他们重视自主性，认为这有助于个人创新和效率。团队合作，类似于团队烹饪，可能引发冲突或淡化独特的风味。个人偏好和工作风格也起着一定作用 - 有些人在独立中茁壮成长，在自己的厨房领域找到慰藉。这并不是对合作的蔑视，而是对独自烹饪旅程的偏好，在那里厨师统治着他们的创意酿造。

#### Sample Answer:

Teamwork is like a potluck dinner – not everyone enjoys sharing the kitchen. Some individuals prefer solo endeavors, like master chefs crafting their signature dish. They value autonomy, believing it allows for personal innovation and efficiency. Teamwork, akin to group cooking, may stir up conflicts or dilute their unique flavor. Personal preferences and work styles also play a role – some thrive independently, finding solace in their kitchen domain. It's not a disdain for collaboration but a preference for a solo culinary journey, where the chef reigns supreme over their creative concoctions.

#### Question 4: Do you think young people are good team players?

**解题思路：**这是一道观点类型的题目。年轻人如同充满活力的足球队，每位球员在球场上展现独特技能。他们在合作环境中常常蓬勃发展。年轻人的活力激发了协同作用，培养了创造力和团结精神。这就像一个活跃的音乐团队，各种才华协调一致，共同创造出悠扬的杰作。青春的热情推动着团队合作，将挑战转化为共同的胜利。无论是应对学校项目还是社区倡议，年轻人经常展现出令人钦佩的团队精神，体现了整体大于部分的理念。

#### Sample Answer:

Absolutely! Picture a vibrant soccer team, each player bringing unique skills to the field. Youngsters, like these athletes, often thrive in collaborative environments. Their energy sparks synergy, fostering creativity and camaraderie. It's like a lively music band, where diverse talents harmonize to create a melodious masterpiece. The zest of youth fuels teamwork, transforming challenges into shared victories. Whether tackling school projects or community initiatives, young individuals often showcase a commendable team spirit, embodying the idea that the whole is greater than the sum of its parts.

#### Question 5: Do you think young people are good team players?

**解题思路：**这是一道观点类型的题目。年轻人通常为团队带来热情、创造力和适应性。他们通常愿意接受新的观念和技术，因此成为协作努力中宝贵的贡献者。他们新颖的观点和愿意接受变化的态度有助于提升团队内的问题解决能力。虽然个体经验可能有所不同，但年轻团队成员带来的活力和创新思维可以积极影响团队凝聚力和生产力。

#### Sample Answer:

Absolutely! Picture a vibrant soccer team, each player bringing unique skills to the field. Youngsters, like these athletes, often thrive in collaborative environments. Their energy sparks synergy, fostering creativity and camaraderie. It's like a lively music band, where diverse talents harmonize to create a melodious masterpiece. The zest of youth fuels teamwork, transforming challenges into shared victories. Whether tackling school projects or community initiatives, young individuals often showcase a commendable team spirit, embodying the idea that the whole is greater than the sum of its parts.

#### Question 6: What are the advantages of working as part of a team?

**解题思路：**这是一道列举类型的题目。团队参与带来多方面优势。首先，它促进协作，鼓励分享不同的观点，从而实现更好的决策。团队合作促使任务分工，使个体能专注于符合其优势的工作。它还通过汇集各种想法和方法来增强创造力。此外，团队工作提供情感支持，减轻工作压力，建立起团队合作的情感。总体而言，团队的共同努力通常导致更高效的工作和实现共同目标的成功。

#### Sample Answer:

Being part of a team offers several advantages. Firstly, it fosters collaboration and encourages the sharing of diverse perspectives, leading to better decision-making. Teamwork promotes a division of labor, allowing individuals to focus on tasks that align with their strengths. It also enhances creativity by bringing together a variety of ideas and approaches. Additionally, working in a team provides emotional support, reduces workload pressure, and builds a sense of camaraderie. Overall, the combined efforts of a team often lead to increased efficiency and success in achieving common goals.

## 能说会道的人

Describe a person you know who likes to talk a lot  
You should say:  
Who this person is  
How you knew this person  
What he/she usually talks about  
And explain how you felt about him/her

### Plan your talk:

Who this person is:  
What this person does:  
How you knew this person:  
Where you knew this person:  
What he/she usually talks about:  
Whether you enjoy listening to him  
How you felt about him/her:  
Whether you admired him/her:

### 教师的解析:

能说会道的人包括以下几个维度：这个人是谁，你如何认知这个人的，他通常都会谈论一些什么样的话题，以及你对他的感受是如何的。首先，我们可以聊聊人物身份，介绍这个人是谁。可以是同学、朋友、同事，或者是家人。确定与这个人的关系，让回答更具体。我们还可以补充认识途径，解释你是如何认识这个人的。是在学校、工作场所，还是其他社交场合？这有助于补充背景信息。之后，我们可以聊话题内容，描述这个人通常喜欢谈论什么。是关于日常生活、工作、兴趣爱好，还是其他特定主题？详细说明他们的交流内容。最后，表达感受，探讨你对这个人的感受。是因为他们的谈话而感到愉悦和有趣，还是可能有时候感到压力或困扰？可以展示你对这个人的情感态度。

6 分段参考	
背景描述	<p>is known for her talkative nature 因为她的健谈而出名</p> <p>a college orientation event 大学迎新活动</p> <p>our friendship has continued ever since 我们的友谊从那时开始一直延续</p>
扣题描述	<p>chat for hours about almost anything 对任何事情都能聊几个小时</p> <p>the latest movies 最新的电影</p> <p>upcoming fashion trends 即将到来的时尚潮流</p> <p>a vibrant personality 活泼的新歌</p> <p>a genuine enthusiasm 真挚的热情</p>
原因&感受	<p>endless chatter 喋喋不休</p> <p>gatherings 聚会</p> <p>get a word in edgewise 插嘴</p> <p>engaging and entertaining 参与感和娱乐性</p> <p>vivacious personality 活泼的性格</p> <p>match her pace in conversations 跟上她说话的节奏</p>

**Sample Answer 1 (6 分段参考):**

I have a friend named Lisa who is known for her talkative nature. We met during a college orientation event, and our friendship has continued ever since.

Lisa is the type of person who can chat for hours about almost anything. Whether it's the latest movies, upcoming fashion trends, or her recent travel experiences, she always has something to say. I knew her as someone with a vibrant personality and a genuine enthusiasm for sharing stories and opinions.

Her endless chatter often brought a lively atmosphere to our gatherings. While it was sometimes challenging to get a word in edgewise, I appreciated her energy and the way she effortlessly kept conversations flowing. Lisa's talkative nature created an inclusive environment, making social events more engaging and entertaining.

Overall, I felt that her vivacious personality added a positive dynamic to our group, even if I occasionally struggled to match her pace in conversations.

7 分段参考	
背景描述	A person I'm acquainted with 一个我相识的人 stands out 使不同 in the same department 在同一个部门
扣题描述	epitome 缩影 the latest industry trends 最新的工业趋势 personal anecdotes 个人的奇闻异事 lengthy discussions 长时间讨论 an exceptional ability 不同寻常的能力 turn even mundane office updates into engaging conversations 把无聊的办公室信息更新变成有趣的对话
原因&感受	appreciate the depth and variety 欣赏深度和多样性 foster a sense of camaraderie among colleagues 培养同事间的情谊 keep conversations interesting and inclusive 保持对话有趣且有包容性

**Sample Answer 2 (7 分段参考):**

A person I'm acquainted with who truly stands out for their talkative nature is my colleague, Jake. I got to know him when we started working in the same department about two years ago.

Jake is the epitome of someone who loves to talk – be it about the latest industry trends, personal anecdotes, or even his interests outside of work. Our interactions usually involve lengthy discussions covering a wide range of topics. He has an exceptional ability to turn even mundane office updates into engaging conversations.

My feelings about Jake's talkative nature are quite positive. While it can be challenging to focus on work during some conversations, I appreciate the depth and variety he brings to our interactions. Jake's talkativeness not only makes our work environment more lively but also helps foster a sense of camaraderie among colleagues.

Despite the occasional distraction, I find his ability to keep conversations interesting and inclusive quite impressive.



### Part 3

#### Question 1: What communication skills does a talkative person have?

**解题思路：**这是一道列举类型的题目。健谈者善于用清晰的表达、生动的叙述和幽默感进行交流。他们擅长倾听，能够与他人建立积极互动，创造愉快的谈话氛围。通过灵活运用交际技能，他们在对话中保持活力，使沟通成为一种愉悦的艺术

#### Sample Answer:

A talkative person often possesses a myriad of communication skills that make conversations lively and engaging. They excel in articulation, effortlessly expressing thoughts with clarity. Their knack for storytelling captivates listeners, infusing anecdotes with enthusiasm. Active listening is a forte, as they respond thoughtfully to others. Wit and humor are woven into their dialogue, fostering a relaxed atmosphere. Moreover, they adeptly gauge social cues, ensuring the conversation remains a dynamic exchange rather than a monologue. In essence, talkative individuals master the art of connecting through expressive and responsive communication

#### Question 2: Is it good to be talkative?

**解题思路：**这是一道观点类型的题目。健谈有其优势，促进社交连接，使互动更愉悦。健谈者通常在交流方面表现出色，为氛围增色。然而，适度也很重要；在某些情境下，过分健谈可能被视为不专业。平衡自我表达和情境意识是关键。

#### Sample Answer:

Being talkative has its advantages, fostering social connections and making interactions enjoyable. Talkative individuals often excel in communication, contributing to vibrant atmospheres. However, appropriateness is crucial; excessive talkativeness may be viewed as unprofessional in certain contexts. Balancing self-expression with situational awareness is key.

#### Question 3: How should parents encourage their children to talk more?

**解题思路：**这是一道建议类型的题目。鼓励孩子多说话涉及营造一个开放支持的环境。父母可以积极倾听，提出开放性问题，并参与共同的活动以引发对话。称赞他们的交流努力并避免打断有助于提高自信心。此外，专门留出家庭时间有助于促进沟通并加强亲子关系。

#### Sample Answer:

Encouraging children to talk more involves creating an open and supportive environment. Parents can actively listen, ask open-ended questions, and engage in shared activities to spark conversations. Praising their communication efforts and avoiding interruptions helps boost confidence. Additionally, setting aside dedicated family time fosters communication and strengthens bonds.

#### Question 4: How should people encourage children to express themselves when being asked questions that they are afraid to answer?

**解题思路：**这是一道建议类型的题目。鼓励孩子在面对具有挑战性的问题时表达自己涉及营造一个安全和非批判的氛围。首先要承认他们的感受，并向他们保证坦诚是可以接受的。使用开放性问题，让他们在自己的舒适水平上分享。避免施加压力或批评，而是对他们的努力进行积极的强化。随着时间的推移建立信任有助于孩子更加安全地表达他们的想法和感受。

#### Sample Answer:

Encouraging children to express themselves when faced with challenging questions involves creating a safe and non-judgmental atmosphere. Start by acknowledging their feelings and assuring them it's okay to be honest. Use open-ended questions that allow them to share at their comfort level. Avoid pressuring or criticizing, and instead, provide positive reinforcement for their efforts. Building trust over time helps children feel more secure in expressing their thoughts and feelings.

**Question 5: On what occasions do you think a child should should talk less than usual?**

**解题思路：**这是一道列举类型的题目。在一些场合，孩子减少交谈可能是合适的，比如在庄重的仪式、正式的活动中，或者当有人在说话时。教导孩子情境意识，帮助他们理解何时采取更为保守的态度是适当的，培养社交礼仪和对他人的尊重。

**Sample Answer:**

Encouraging children to express themselves when faced with challenging questions involves creating a safe and non-judgmental atmosphere. Start by acknowledging their feelings and assuring them it's okay to be honest. Use open-ended questions that allow them to share at their comfort level. Avoid pressuring or criticizing, and instead, provide positive reinforcement for their efforts. Building trust over time helps children feel more secure in expressing their thoughts and feelings.

**Question 6: What jobs need employees to be talkative?**

**解题思路：**这是一道列举类型的题目。需要强大沟通技巧的职业通常受益于健谈的员工。销售代表、客户服务代理、公关专员和教师就是一些例子。在这些角色中，有效的沟通、说服力和清晰传递信息的能力至关重要，这使得健谈的个体很适合这些职位。

**Sample Answer:**

Professions that require strong communication skills often benefit from talkative employees. Sales representatives, customer service agents, public relations specialists, and teachers are examples. In these roles, effective communication, persuasion, and the ability to convey information clearly are crucial, making talkative individuals well-suited for such positions.

新东方 XDF.CN 国际教育

## 客至如归

Describe a person who is good at making people feel welcome in his/her home  
 You should say:  
 Who this person is  
 How you knew him/her  
 How he/she makes you feel welcome  
 And explain why you think he/she is good at welcoming guests/visitors

### Plan your talk:

Who this person is  
 What relationship you have with this person  
 When was the last time you met this person  
 What this person does to make you feel welcome  
 The reason why you think he/she is like this

### 教师的解析:

这是一道人物类的题目，需要我们描述一个【让他人感受宾至如归的人】，限定条件是【宾至如归】，我们可以选择一个我们熟悉的人，可以是我们的亲戚、朋友、邻居等。然后，我们需要解释我们是如何认识他/她的，可以描述一下我们的关系以及我们是如何建立这种关系的。接着，我们要描述这个人是如何让我们在他/她的家中感到欢迎的。可以从他/她的行为、言辞以及环境布置等方面来描述。例如，他/她可能会热情地欢迎我们，提供我们喜欢的食物和饮料，或者他/她可能会确保房间的温馨舒适，甚至在精神层面让我们觉得很舒适、无压力，使我们感到宾至如归。最后，我们需要解释为什么我们认为他/她擅长欢迎客人。这可以从他/她的性格特点、他/她的待人接物方式以及我们与他/她的互动经验等方面进行解释。我们可以强调他/她的热情好客、细心周到和善于交际等特点。总的来说，我们需要以一个具体的人物为例，通过描述我们与他/她的互动经验和他/她的待人接物方式，来展现他/她让人在家中感到受欢迎的能力。

6 分段参考	
人物背景	absolutely 绝对地 hospitable people 好客的人 close to each other 亲近对方
扣题描述	in her 70's 她 70 多岁 silvery hair 银白色的头发 round face 圆脸 feel really welcome 感觉非常受欢迎 have a good mood 有好心情 pretty kind and hospitable 非常善良和好客 taken good care of 得到很好的照顾 open-minded and thoughtful 心胸开阔和体贴 full support to your ambition 对你的雄心壮志的全力支持 respect to your privacy 对你的隐私的尊重
具体事件经历	craving for cookies 馋饼干 tried her best 尽了她的最大努力 touching and impressive 感人和令人印象深刻 best of the best 好上加好，优中选优



**Sample Answer 1 (6 分段参考):**

okie, the special person I'd like to talk about is absolutely my grandmother who is one of the most hospitable people in my mind. Actually we have been close to each other for my whole life since I was born.

Grandma is in her 70's with silvery hair and a round face, looking so nice and warm with her big smile. When you saw her, you may feel really welcome and have a good mood for she always serves snacks and fabulous tea.

I guess the reason why people always feel relaxed at grandma's home is because of the following reasons: first of all, I think she is pretty kind and hospitable as I mentioned before, so you can easily be taken good care of when you step into grandma's. Secondly, I guess this is because she is so open-minded and thoughtful, for example, you will never have to worry about being judged or offended at all, unlike other annoying relatives, grandmother often shows full support to your ambition and respect to your privacy.

I still remember that when I was a little kid, I was craving for cookies, guess what, granny put on her apron and tried her best to make cookies for me. That was so touching and impressive!

This is why I'd like to talk about grandmother, she is the best of the best.

7 分段参考	
背景关系描述	immediately comes to mind 立刻想到 maintained a close friendship 保持了紧密的友谊
扣题描述	epitome of a gracious host 体贴主人的典范 open to friends and family 对朋友和家人开放 feel at home 感到宾至如归 genuine enthusiasm 真正的热情 attentive eye for details 对细节的专注眼光 a considerate heart 一个体贴的心 dietary restriction 饮食限制 suitable options available 有合适的选择 neat and cozy 整洁舒适 comfortable and inviting 舒适并且吸引人 meaningful conversations 有意义的对话 genuine interest in their stories 对他们的故事有真正的兴趣
原因和感受	empathetic nature and genuine care 共情的本质和真正的关心 feel valued, comfortable, and at ease 感到有价值, 舒适和自在 puts thought and effort into every detail 对每个细节都投入了思考和努力 warm, fuzzy feeling 温暖, 模糊的感觉 kind and generous spirit 善良和慷慨的精神.

### Sample Answer 2 (7 分段参考):

The person who immediately comes to mind when I think about someone who makes others feel welcome in their home is my friend, Sara. I've known her since high school, and we've maintained a close friendship ever since.

Sara is the epitome of a gracious host. Her house is always open to friends and family, and she has a unique talent for making everyone feel at home. Her hospitality starts right from the door, greeting everyone with a warm smile and genuine enthusiasm.

Sara has an attentive eye for details and a considerate heart. She always prepares for the visit by making sure she has everyone's favorite snacks and drinks. If someone has a dietary restriction, she ensures there are suitable options available. Her house is always neat and cozy, and she sets an ambiance that is both comfortable and inviting. One of the things that make Sara's house feel especially welcoming is the way she interacts with her guests. She engages in meaningful conversations, asks about their well-being, and shows genuine interest in their stories. She has the ability to make everyone feel important and heard, creating a pleasant and friendly atmosphere.

I believe Sara's secret to being a great host lies in her empathetic nature and genuine care for others. She understands that making someone feel welcome involves more than just offering a place to sit. It's about creating an environment where they feel valued, comfortable, and at ease. She puts thought and effort into every detail, and that's what makes her guests feel truly welcomed.

Visiting Sara's house always leaves me with a warm, fuzzy feeling, and I believe all her guests would say the same. Her hospitality is a reflection of her kind and generous spirit, and I think that's what makes her exceptional at welcoming guests.

### Part 3

#### Question 1: Do people in your country often invite others to their homes? Why?

**解题思路：**这个题目是一道询问现象的题目，你们国家的人是否邀请他人来家里做客。关于你的国家的社会习俗和文化的问题。回答这个问题时，你可以从以下几个方面来构思你的答案：

**社会习俗：**首先，你可以从你国家的社会习俗来回答这个问题。在一些国家，人们可能会经常邀请他人到家里做客，而在另一些国家，这可能并不常见。你可以解释一下你国家的具体情况，以及可能的原因。

**文化背景：**其次，你也可以从文化背景的角度来看这个问题。在一些文化中，家庭和个人空间可能被视为非常私人的，因此人们可能不太愿意邀请他人进入。而在另一些文化中，邀请他人到家是表示友好和热情的一种方式。

**生活方式：**最后，你还可以从生活方式的角度来回答。在一些城市或地区，由于生活节奏快，人们可能更倾向于在外面的餐厅或咖啡馆见面，而不是在家里。而在另一些地方，人们可能更倾向于在家里招待客人，因为这样更加亲切和舒适。

#### Sample Answer:

not really, I guess. and here is the reason why : Practically speaking, especially in major cities like Beijing or Shanghai, many people live in apartments which may not be large enough to comfortably accommodate many guests.

However, these norms are slowly changing, especially among the younger generation and in more cosmopolitan cities. As living spaces are becoming bigger and lifestyles more westernized, it's becoming more common for people to invite friends over for casual gatherings or parties. Despite the preference for meeting in public, Chinese people are known for their warm hospitality and will make guests feel very welcome when they do invite them to their homes

**Question 2: What kind of people do you think are more likely to invite others to their homes?**

**解题思路：**这是一道列举类的题目，询问什么样的人可能会邀请他人回家做客。可以从个人的性格以及它对应的行为和表现。进行分析例如性格上较为热情能力上能够照顾好每一个人，甚至物质条件或客观条件上能够容纳以及招待多人的情况都可以作为例证

**Sample Answer:**

well, that may depend on various factors such as personality traits, cultural values, and personal comfort. People who are extroverted or socially outgoing often enjoy hosting gatherings and are more likely to invite others to their homes. They thrive on social interactions and find joy in bringing people together. Those with a strong sense of hospitality or love for cooking also tend to invite people over more frequently. They take pride in creating a warm, welcoming environment and serving their home-cooked meals. People with a large social circle or those who enjoy a bustling atmosphere often invite guests over to their homes. They feel comfortable managing big groups and enjoy the lively vibe.

**Question 3: Who are more likely to invite others to their homes, people in the countryside or people in the city?**

**解题思路：**这是一道对比比较类的题目，询问在城市中或乡村中的人哪一类更倾向于邀请他人回家做客，在解答这道题目时，需要特别关注比较级等对比比较类功能性语言的使用。同时需要关注原因的解釋以及细节的支持和补充，例如客观条件上，家中面积更大或者邀请他人做客，并不影响邻居的休息等都可以作为纳入考量的特征。

**Sample Answer:**

In most cases, people in the countryside are more likely to invite others to their homes than those in the city. This is largely due to cultural and social reasons. In rural areas or the countryside, communities are often tightly knit and have a strong sense of mutual support. Homes in these areas tend to be larger, with more open space, making it easier to host gatherings. Inviting neighbors and friends over for meals, celebrations, or just a casual chat is a common practice and an integral part of rural life. On the other hand, city life is often characterized by a faster pace and high levels of individualism. People in cities live in smaller apartments or condos, which might not be conducive to hosting large gatherings. Additionally, with busy schedules and a wide variety of entertainment options available outside, city dwellers often prefer meeting in restaurants, cafes, or public places.

**Question 4: Are tourist attractions in the countryside more welcome than those in the city?**

**解题思路：**这是一道对比比较类的题目，询问乡村的景点是否比城市中的景点更受欢迎。在进行作答时考生可以思考 1】哪一种的确更受欢迎且进行原因的解釋和论据的列举，2】两者同样受到欢迎。以及从景色、历史、设施及宣传手段等角度进行解釋和例证。具体操作时需要关注，while as 比较级等进行对比比较时，可使用的功能性语言表达。

**Sample Answer:**

The welcome received by tourist attractions in the countryside versus the city is subjective and depends on individual preferences. Countryside attractions often offer tranquility, natural beauty, and a break from urban hustle, appealing to those seeking relaxation. On the other hand, city attractions may attract individuals interested in vibrant culture, diverse entertainment, and historical landmarks. Both settings cater to different tastes, and the level of welcome depends on the visitor's interests. The reception of tourist attractions is not inherently determined by the location but rather by the unique experiences each destination offers.

**Question 5: What facilities are there in the tourist attractions in your country?**

**解题思路：**这是一道列举类的题目，询问在景点中都有哪些基础设施，在解答这道题目时考生不妨从自己所观察到的实际情况出发列举实际所需如交通休息餐饮，甚至购物娱乐等方面进行描述且注意补充这类设施能够带来的功能及对游客产生的影响。

**Sample Answer:**

The welcome received by tourist attractions in the countryside versus the city is subjective and depends on individual preferences. Countryside attractions often offer tranquility, natural beauty, and a break from urban hustle, appealing to those seeking relaxation. On the other hand, city attractions may attract individuals interested in vibrant culture, diverse entertainment, and historical landmarks. Both settings cater to different tastes, and the level of welcome depends on the visitor's interests. The reception of tourist attractions is not inherently determined by the location but rather by the unique experiences each destination offers.

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国际教育

## 小学活动

Describe an interesting activity that you remember enjoying most in your primary school

You should say:

What the activity was

How often you did the activity

Who you did it with

And explain why you enjoyed doing it

### Plan your talk:

What the activity was:

How you felt about it:

How often you did the activity:

When you usually did the activity:

Who you did it with:

Why you did it with this person:

Why you enjoyed doing it:

Whether you won more or lost more:

### 教师的解析:

小学活动包括以下几个维度：活动内容，参加这个互动的频率，和谁一起参加的的这个活动，以及为什么喜欢参加这个活动。首先，我们可以开门见山的点出活动，仔细回忆一下在小学时参与的各类活动，包括但不限于体育、艺术、学术、社交等。选择一项你最喜欢的活动。之后，描述它的性质以及你参与的频率，这有助于构建答案的基础。另外我们还可以聊聊参与者：考虑你在这个活动中是和谁一起参与的。是和同学、老师还是家人一起？活动的参与者对于活动的体验和记忆往往有着深远的影响。最后，我们可以聊聊个人成长，思考一下这个活动如何帮助你在学业、个性或技能方面有所成长。是否提高了某项技能，培养了团队协作精神，还是锻炼了自己的领导才能？

6 分段参考	
背景描述	weekly calligraphy class 每周的书法课 a regular occurrence 有规律的事情 a cherished routine 宝贵的习惯
扣题描述	learning to wield the brush 学习如何使用笔刷 artistic expression and cultural connection 艺术表达和文化连接 calm and focused 冷静而专注 the soothing sound of brushes against paper 笔刷接触纸发出令人放松的声音
原因&感受	improve our brushstrokes 提升笔触技巧 unique styles 特别的风格 a cultural journey 文化之旅

**Sample Answer 1 (6 分段参考):**

In my primary school, one activity that I truly enjoyed was the weekly calligraphy class. It was a regular occurrence every Friday, and it became a cherished routine for me and my classmates.

During these sessions, we practiced traditional Chinese calligraphy, learning to wield the brush and create beautiful characters. It wasn't just about writing; it was a moment of artistic expression and cultural connection. The atmosphere in the classroom was always calm and focused, with the soothing sound of brushes against paper.

I did this activity with my classmates, and it was a shared experience that brought us closer. We encouraged each other to improve our brushstrokes and appreciated the unique styles each of us developed. Calligraphy class wasn't just a school subject; it was a cultural journey that made my primary school days richer and more meaningful.

7 分段参考	
背景描述	the annual Sports Day event 每年的运动会 grand celebration 盛大的庆祝 a day filled with sports and camaraderie 充满了运动和情谊的一天
扣题描述	featured 以...为特质的 a variety of sports competitions 各种各样的运动比赛 practicing and strategizing with our classmates 和同学练习并且制定策略 buzzed with excitement and energy 充满了兴奋和能量
原因&感受	a strong sense of teamwork 一种强烈的合作感 lasting memories 令人印象深刻的回忆 cheering each other on 互相加油 truly unforgettable 特别难忘

**Sample Answer 2 (7 分段参考):**

One activity that holds a special place in my heart from my primary school years in China is the annual Sports Day event. This grand celebration occurred once a year, bringing together students, teachers, and even parents for a day filled with sports and camaraderie.

The event featured a variety of sports competitions, from traditional races to more creative team challenges. We prepared for it for weeks, practicing and strategizing with our classmates. On the actual day, the entire school grounds buzzed with excitement and energy.

Participating in Sports Day fostered a strong sense of teamwork as we competed alongside our classmates. Whether we won or not, the experience of cheering each other on and celebrating small victories together created lasting memories. Sports Day wasn't just a physical activity; it was a vibrant celebration of unity, competition, and school spirit that made my primary school experience truly unforgettable.



### Part 3

#### Question 1: What activities do children in your country often do?

**解题思路：**这是一道列举类型的题目。在我的国家，孩子们参与丰富多彩的活动，就像一幅色彩斑斓的调色板描绘着他们的日常生活。从像追逐游戏和捉迷藏这样的户外冒险，反映出欢笑如蜂巢般嗡鸣，到充满魅力的艺术和手工艺的世界，创造力无限。像足球和篮球这样的体育运动回荡着他们年轻能量的有节奏的心跳。通过讲故事和桌游探索想象力的领域，这些活动是珍贵的童年回忆的基石。在数字化的地平线上，传统游戏和现代追求交融在一起，塑造出多样化的童年体验。

#### Sample Answer:

Kids in my country engage in a vibrant spectrum of activities, akin to a colorful palette painting their daily lives. From playful outdoor adventures like tag and hide-and-seek, mirroring a buzzing beehive of laughter, to the enchanting world of arts and crafts, where creativity knows no bounds. Sports like soccer and basketball echo the rhythmic heartbeat of their youthful energy. Exploring realms of imagination through storytelling and board games, these activities are the building blocks of cherished childhood memories. Amidst digital horizons, traditional games and modern pursuits coalesce, shaping a diverse tapestry of childhood experiences.

#### Question 2: At what time do children often have activities?

**解题思路：**这是一道列举类型的题目。孩子们的活动在一天中呈现出丰富多彩的瞬间，犹如欢快的笑声和探索构成的交响乐。清晨充满了教室里的喧哗声，年轻的心灵开始教育性的冒险。下午回荡着游戏的回声，无论是在校园还是社区公园。傍晚把家庭团聚在一起，将家庭作业与共享的故事和娱乐活动融为一体。随着太阳落山，他们的一天变成了睡前仪式，梦想的故事在翅膀上等待。在这有节奏的舞蹈中，每个瞬间都成为他们充满活力的青春生活旋律中的一个音符。

#### Sample Answer:

Children's activities unfold in a kaleidoscope of moments throughout the day, resembling a lively symphony of laughter and discovery. Mornings burst with the chatter of classrooms, where young minds embark on educational adventures. Afternoons resonate with the echoes of play, whether in schoolyards or neighborhood parks. Evenings bring families together, blending homework with shared stories and recreational endeavors. As the sun sets, the canvas of their day transforms into bedtime rituals, with tales of dreams awaiting in the wings. In this rhythmic dance, each moment becomes a note in the melody of their vibrant, youthful lives.

#### Question 3: What are the differences between activities at home and at school?

**解题思路：**这是一道对比类型的题目。家庭和学校的活动为孩子的成长旅程创造了独特的风景。在学校，氛围是结构化学习的，课程和活动被设计成推动智力成长。在这里，重点是学术发展、团体互动和技能习得。相反，在家里的活动通常围绕更个性化的环境展开。家庭动态、悠闲的追求和共同的责任描绘出温暖和熟悉的画卷。这两种环境都发挥着关键作用，塑造了一个全面的发展叙事，学校培养智力，家庭培养情感纽带和实际生活技能。

#### Sample Answer:

Activities at home and school create distinct landscapes in a child's journey. At school, the atmosphere is one of structured learning, where lessons and activities are orchestrated to fuel intellectual growth. Here, the emphasis is on academic development, group interactions, and skill acquisition. Conversely, activities at home often revolve around a more personalized setting. Family dynamics, leisurely pursuits, and shared responsibilities paint a canvas of warmth and familiarity. Both environments play pivotal roles, crafting a holistic developmental narrative, with school nurturing the intellect and home fostering emotional bonds and practical life skills.

#### Question 4: Why do some people like to participate in activities?

**解题思路：**这是一道原因类型的题目。人们参与活动有各种各样的原因，每个个体编织着独特的动机画卷。有些人追求挑战的刺激，竞争的肾上腺素，或者成就的喜悦。对其他人来说，活动提供了自我表达和创造力的平台，是释放压力的途径，或者建立社交联系的平台。无论是出于对追求本身的激情还是对个人成长的渴望，参与活动成为一个多层次的旅程，塑造性格，培养友谊，并为生活的画布增添了丰富的色彩。

#### Sample Answer:

People participate in activities for myriad reasons, each individual weaving their unique tapestry of motivations. Some seek the thrill of challenge, the adrenaline of competition, or the joy of accomplishment. For others, activities offer a canvas for self-expression and creativity, an outlet for stress relief, or a platform to forge social connections. Whether driven by a passion for the pursuit itself or the desire for personal growth, engaging in activities becomes a multifaceted journey, shaping character, fostering camaraderie, and adding vibrant hues to the canvas of life.

#### Question 5: What activities do people do in their free time?

**解题思路：**这是一道对比类型的题目。人们拥抱多样的活动。有些人在阅读中找到慰藉，通过书页导航虚构的世界。其他人享受户外追求的刺激——徒步、骑行，或者沐浴在大自然的怀抱中。数字领域以游戏和流媒体为诱惑，而厨房成为烹饪冒险的画布。社交蝴蝶可能会飘向聚会，促进人际关系。最终，空闲时间成为一块调色板，每一种活动的涂抹都为个人休闲的独特杰作添砖加瓦，反映了个人的激情、兴趣和生活不断变化的色彩。

#### Sample Answer:

People participate in activities for myriad reasons, each individual weaving their unique tapestry of motivations. Some seek the thrill of challenge, the adrenaline of competition, or the joy of accomplishment. For others, activities offer a canvas for self-expression and creativity, an outlet for stress relief, or a platform to forge social connections. Whether driven by a passion for the pursuit itself or the desire for personal growth, engaging in activities becomes a multifaceted journey, shaping character, fostering camaraderie, and adding vibrant hues to the canvas of life.

#### Question 6: Does technology affect children's activities? If so, how?

**解题思路：**这是一道观点类型的题目。毫无疑问，技术已经将其纳入儿童活动的结构，改变了游戏的面貌。屏幕时间已成为普遍存在的陪伴，影响着儿童如何与这个世界互动。数字游戏将他们带到虚拟的领域，培养创造力和战略思维。教育应用塑造学习体验，使课程互动而引人入胜。然而，人们对潜在替代传统活动的担忧也随之而来，比如户外游戏。保持平衡至关重要——技术驱动和传统追求的和谐融合可以塑造一代全面发展、通晓数字的年轻人，游走于现实和虚拟领域之间。

#### Sample Answer:

Undoubtedly, technology has woven its threads into the fabric of children's activities, altering the landscape of play. Screen time has become a ubiquitous companion, influencing how children engage with the world. Digital games transport them to virtual realms, fostering creativity and strategic thinking. Educational apps shape learning experiences, making lessons interactive and engaging. Yet, concerns arise about the potential displacement of traditional activities, like outdoor play. Striking a balance is crucial—a harmonious blend of tech-driven and conventional pursuits can sculpt a well-rounded, digitally literate generation, navigating both the physical and virtual domains.



## 噪音

Describe a time when some people near you made a lot of noise  
You should say:  
When and where it happened  
Who made the noise  
How you reacted to the noise  
And explain how you felt about the noise

### Plan your talk:

When and where it happened:  
Who you were with:  
Who made the noise:  
Why this person made the noise:  
How you reacted to the noise:  
Whether you talked to the person who made noise  
How you felt about the noise:  
How you solved the problem:

### 教师的解析:

你听到噪音的时候包括以下几个维度：你在哪里，什么时候听到噪音的，是谁制造的噪音，你对这个噪音的反映如何，以及你对这个噪音的感受。首先，我们可以回答发生时间与地点，先说明这个事件发生的时间和地点。是在白天还是夜晚？是在家里、学校、还是其他公共场所？其次，继续回答制造噪音的人，描述是谁在制造噪音。是附近的邻居、同学、还是其他群体？可能是他们正在进行某种活动，或者是意外引起的噪音。之后，回答对噪音的反应，讲述你当时是如何对这些噪音做出反应的。是采取行动去制止还是选择忍耐？你是否尝试与制造噪音的人交流。最后，感受体验，解释在噪音环境中的感受。是因为打扰而感到烦躁，还是因为事件的突发性而感到意外？噪音是否对你的情绪或工作产生了影响。

6 分段参考	
背景描述	A memorable instance 一个记忆深刻的例子 encountered a significant amount of noise 遭遇大量噪音 It took place in a large park 在一个大公园举行
扣题描述	was primarily generated by 主要由...产生 concertgoers 去演唱会的人 lively atmosphere 热闹的氛围 festival vibe 节日氛围 a slightly more secluded area 一个更加僻静的区域 more tranquility 更多静谧
原因&感受	appreciation for the lively energy of the crowd 对热闹人群的赞赏和向往 personal preference 个人喜好 a small adjustment 小调整

**Sample Answer 1 (6 分段参考):**

A memorable instance when I encountered a significant amount of noise was during a music festival I attended last summer. It took place in a large park on a sunny weekend afternoon.

The noise was primarily generated by a group of enthusiastic concertgoers who were close to where I was standing. They were cheering, singing along to the music, and occasionally shouting to their friends. While the lively atmosphere added to the festival vibe, it became a bit overwhelming for me as I preferred a quieter experience.

In response to the noise, I decided to move to a slightly more secluded area of the park where I could still enjoy the music but with a bit more tranquility. Although the noise persisted, finding a quieter spot allowed me to strike a balance between enjoying the festival and having a more peaceful experience.

Overall, I felt a mix of appreciation for the lively energy of the crowd and a desire for a more relaxed environment. The noise, in this case, was a sign of people having a great time, but my personal preference for a quieter setting led me to make a small adjustment to enhance my overall enjoyment of the event.

7 分段参考	
背景描述	A particularly memorable incident 一个特别难忘的事件 during a neighborhood celebration 在一个当地的社区庆祝中 a community festival 一个社区节日
扣题描述	mainly emanated from 主要从...发出 a group of enthusiastic youngsters 一群有活力的年轻人 echoed throughout the park 在公园内回荡 a vibrant yet loud atmosphere 一个热闹但是有些吵的氛围 the community spirit was heartening 社区精神是令人振奋的 join the festivities 参加庆祝活动 The initial annoyance transformed into a sense of community engagement and joy 最开始的厌烦变成了一个社区参与感和快乐
原因&感受	a disturbance 打扰 ended up 以...状态结束 community bonding 社区情感纽带 It highlighted the positive aspects of communal gatherings 强调了社区聚会的积极面 embracing such moments 拥抱这样的瞬间

**Sample Answer 2 (7 分段参考):**

A particularly memorable incident involving a significant amount of noise occurred during a neighborhood celebration last year. It was a community festival held in a local park during the evening.

The noise mainly emanated from a group of enthusiastic youngsters who were engaged in a variety of games and activities. Their laughter, music, and energetic conversations echoed throughout the park, creating a vibrant yet loud atmosphere. While the community spirit was heartening, the noise level became quite high, especially since my apartment was located nearby.

In response to the noise, I decided to join the festivities rather than resist them. Instead of finding it bothersome, I embraced the lively atmosphere, mingled with neighbors, and participated in some of the activities. The initial annoyance transformed into a sense of community engagement and joy, making me appreciate the noise as a testament to the shared spirit of celebration.

Overall, the noise, once perceived as a disturbance, ended up contributing to a memorable evening of community bonding and festivities. It highlighted the positive aspects of communal gatherings and reminded me of the importance of embracing such moments rather than resisting them.

### Part 3

#### Question 1: What kind of places should be noise-free?

**解题思路：**这是一道列举类型的题目。某些地方理应无噪音，以确保宁静的环境，促进集中注意力。图书馆、学习区域、冥想中心和医院是需要最小噪音的地方。在这些空间中，安静的氛围有助于专注的工作、学习、放松和康复。在需要宁静至上的情境中，无噪音的环境有助于更好的心理健康、集中注意力和整体幸福感。

#### Sample Answer:

Certain places should ideally be noise-free to ensure a peaceful environment and promote concentration. Libraries, study areas, meditation centers, and hospitals are examples of places where minimal noise is essential. In these spaces, a quiet atmosphere is conducive to focused work, learning, relaxation, and healing. Noise-free environments contribute to better mental health, concentration, and overall well-being in situations where tranquility is paramount.

#### Question 2: Can people bring children to these noise-free places?

**解题思路：**这是一道观点类型的题目。尽管这取决于每个无噪音场所的具体规定和政策，但一般来说，不建议带儿童到这些地方。图书馆、学习区域和冥想中心等无噪音场所专注于为工作、学习或冥想提供安静的环境。尤其是年幼的儿童可能难以保持无噪音的氛围。建议查看每个场所的规定，以确保为每个人提供尊重和体贴的环境。一些地方可能会有专门为带有儿童的家庭提供的区域或时间。

#### Sample Answer:

While it depends on the specific rules and policies of each noise-free place, generally, bringing children to such locations may be discouraged. Noise-free places like libraries, study areas, and meditation centers prioritize quiet environments for focused work, learning, or meditation. Children, especially young ones, may find it challenging to maintain a noise-free atmosphere. It's advisable to check the rules of each venue to ensure a respectful and considerate environment for everyone. Some places may have designated areas or times suitable for families with children.

#### Question 3: Why can't people make noise in a church?

**解题思路：**这是一道原因类型的题目。人们被期望在教堂中保持宁静和恭敬的氛围，因为教堂被认为是一片神圣和灵性的空间。在教堂中保持沉默的做法源于宗教传统，旨在营造一个有利于祈祷、沉思和崇拜的环境。噪音可能会对寻求与信仰建立平静联系的人产生干扰。尊重教堂中的沉默是教徒表达对在进行宗教活动的其他人的尊敬和体贴之道。

#### Sample Answer:

People are expected to maintain a quiet and reverent atmosphere in a church as it is considered a sacred and spiritual space. The practice of silence in churches stems from religious traditions and the desire to create an environment conducive to prayer, reflection, and worship. Noise can be disruptive to individuals seeking a peaceful connection with their faith. Respecting the silence in a church is a way for worshippers to show reverence and consideration for others engaging in religious activities.

#### Question 4: What public morals should people follow in your country?

**解题思路：**这是一道列举类型的题目。在中国，人们被鼓励遵守多项公共道德规范，包括尊重个人权利和自由、平等、诚实和公民责任。以善良和体贴的态度对待他人，遵循法治，以及促进多样性和包容性也是公共道德的重要方面。此外，公民参与，如投票和参与社区活动，也备受重视。遵循这些道德规范有助于构建和谐而民主的社会。

#### Sample Answer:

In China, people are encouraged to adhere to several public morals, including respect for individual rights and freedoms, equality, honesty, and civic responsibility. Treating others with kindness and consideration, following the rule of law, and promoting diversity and inclusivity are also important aspects of public morals. Additionally, civic engagement, such as voting and participating in community activities, is valued. Upholding these morals contributes to a harmonious and democratic society.

## 不寻常假期

Describe an unusual holiday you had  
You should say:  
When and where you went  
Who you went with  
What you did  
And explain why it was unusual

### Plan your talk:

When and where you went:  
How you went there:  
Who you went with:  
Why you went with this person:  
What you did:  
What impressed you the most:  
Why it was unusual:  
What other feeling you had about this holiday:

### 教师的解析:

不寻常假期包括以下几个维度：什么时候度假的，度假地点在哪里，你和谁去度假的，在度假的时候做了什么，以及解释为什么这是一趟不同寻常的旅行。首先，我们可以回答时间与地点，指明这次假期发生的具体时间和地点。是在特殊的季节、偏远的地区，还是在一个非典型的度假胜地？其次，接着回答同行者：描述你是和谁一起度过这个假期的。是家人、朋友、还是独自旅行？同行者对于假期体验的独特性有何影响。之后，活动内容，说明你在这个假期中做了什么。是尝试了新的冒险活动、参与了当地的传统庆祝活动，还是在异国他乡体验了特别的文化？最后，解释为什么这次假期是不寻常的。是因为选择了一个少有人去的地方，还是因为体验到了特殊的文化习俗？这次假期有没有让你对生活、文化或自己有新的认识。

6 分段参考	
背景描述	a sudden trip 突然的旅行 a lesser-known island 小众的岛屿 last winter during our break 去年冬天休息的时候
扣题描述	a spur-of-the-moment 一时冲动 a less touristy island 小众的岛屿 spontaneity 自发性 we didn't plan much ahead 我们没有提前计划 exploring hidden beaches 探索隐藏的沙滩 snorkeling and kayaking 浮潜和皮划艇
原因&感受	the absence of meticulous planning 没有具体的计划 a unique and memorable holiday 一个特别和难忘的假期 organized trips 有条不紊的旅行

**Sample Answer 1 (6 分段参考):**

An unusual vacation for me was a sudden trip to a lesser-known island in Thailand with my college friends. It happened last winter during our break.

Instead of our usual family gatherings, a few friends and I decided on a spur-of-the-moment adventure to Koh Kood, a less touristy island known for its beautiful beaches. The spontaneity made it unusual because we didn't plan much ahead.

I went with three close friends, and our days were spent exploring hidden beaches, trying local food, and doing water activities like snorkeling and kayaking. What made it truly unusual was the lack of a detailed plan. We decided what to do day by day, allowing us to fully enjoy the freedom of the moment.

The unusual part came from the spontaneity and the absence of meticulous planning, making it a unique and memorable holiday that was different from our usual, more organized trips.

7 分段参考	
背景描述	in the North Atlantic 在北大西洋 took place 发生
扣题描述	embark on this adventure alone 独自开始这次旅行 seeking a unique and offbeat destination 寻找特别的以及不寻常的目的地 dramatic landscapes 令人激动的风景 sparse population 稀少的人口 fit the bill perfectly 完美契合 a cultural exchange program 文化交流项目 immersing myself in 让我自己沉浸在...
原因&感受	a distinct and less-traveled experience 一个不同且小众的经历 embrace the unfamiliarity of the destination 拥抱目的地的陌生感 local customs 当地顾客 an exceptionally memorable and unusual holiday 一个额外难忘且不同寻常的假期

**Sample Answer 2 (7 分段参考):**

One of the most unusual holidays I ever experienced was a solo trip to the Faroe Islands in the North Atlantic. It took place in the summer of 2019.

I decided to embark on this adventure alone, seeking a unique and offbeat destination. The Faroe Islands, with their dramatic landscapes and sparse population, fit the bill perfectly. What made it even more unusual was the decision to stay with local families through a cultural exchange program, immersing myself in the authentic Faroese way of life.

During my stay, I participated in traditional fishing practices, learned about local folklore, and even joined a community celebration. The combination of the remote location, solo travel, and cultural immersion made this holiday truly unconventional.

The Faroe Islands offered a distinct and less-traveled experience, and the decision to embrace the unfamiliarity of the destination and local customs contributed to an exceptionally memorable and unusual holiday.

### Part 3

#### Question 1: Do you think people in your country have long enough holidays?

**解题思路：**这是一道观点类型的题目。关于假期长度的观点各异，但许多美国人认为他们需要更多的休息时间。平衡工作和个人生活是一个普遍的挑战。有些人认为更长的假期有助于提高幸福感和工作与生活的平衡，当人们回到工作岗位时，能够促进更高的工作效率。然而，也有人认为当前的假期结构符合经济的需求。总的来说，这是一个存在多种观点的话题。

#### Sample Answer:

Opinions about the length of holidays vary, but many people in the United States feel that they could use more time off. Balancing work and personal life is a common challenge. Some believe longer holidays could contribute to improved well-being and work-life balance, fostering increased productivity when individuals return to work. However, others argue that the current holiday structure aligns with the demands of the economy. Overall, it's a topic with diverse perspectives.

#### Question 2: Which holidays are popular in your country?

**解题思路：**这是一道列举类型的题目。在中国，有一些假期具有重要的文化和传统意义。其中之一是春节，通常被称为中国新年，庆祝日期为农历新年的第一天。这个节日让家人团聚，共度欢乐的除夕晚餐。另一个值得注意的庆祝活动是中秋节，庆祝日期在农历八月十五日。它强调家庭团圆，包括赏月 and 分享月饼等活动。

#### Sample Answer:

In China, several holidays hold significant cultural and traditional importance. One such occasion is the Spring Festival, commonly known as Chinese New Year, celebrated on the first day of the lunar new year. This festivity brings families together for a joyous reunion and a sumptuous New Year's Eve dinner. Another notable celebration is the Mid-Autumn Festival, observed on the 15th day of the eighth lunar month. It emphasizes family reunion, with activities like moon-gazing and sharing mooncakes.

#### Question 3: Are there any popular places for holidays in your country?

**解题思路：**这是一道观点类型的题目。当然！在中国，有许多受欢迎的度假胜地。许多人涌向像北京这样的城市，那里有着长城、故宫和天坛等标志性地标。上海以其现代的天际线和历史悠久的外滩地区也备受喜爱。对于自然之美，张家界的阿凡达山或桂林的漓江吸引了许多旅行者。在中国新年等传统节日期间，成都以其热闹的氛围和川菜成为受欢迎的选择。中国丰富的历史和多样化的地貌为各种度假体验提供了广阔的选择。

#### Sample Answer:

Absolutely! In China, there are numerous popular holiday destinations. Many people flock to cities like Beijing, home to iconic landmarks such as the Great Wall, Forbidden City, and the Temple of Heaven. Shanghai, with its modern skyline and historic Bund area, is also a favorite. For natural beauty, places like Zhangjiajie's Avatar Mountains or the Li River in Guilin captivate travelers. During traditional festivals like the Chinese New Year, cities such as Chengdu with its lively atmosphere and Sichuan cuisine become popular choices. China's rich history and diverse landscapes offer a wide range of holiday experiences.



**Question 4: What are the differences between old and young people when spending their holidays?**

**解题思路：**这是一道对比类型的题目。当然！老年人和年轻人在度假方式上的差异可能非常显著。年轻人通常寻求更富冒险性和活力的活动，如前往充满活力的城市，参加户外运动或参加音乐节。他们可能更注重探索和社交。另一方面，老年人可能更倾向于更为轻松的活动，比如参观历史遗迹，享受文化活动，或与家人共度美好时光。度假期间的步调和偏好通常反映了不同年龄组之间不同的生活方式和兴趣。

**Sample Answer:**

Certainly! The differences in how old and young people spend their holidays can be quite distinct. Younger individuals often seek more adventurous and dynamic activities, such as traveling to vibrant cities, engaging in outdoor sports, or attending music festivals. They may prioritize exploration and socializing. On the other hand, older individuals might lean towards more relaxed activities like visiting historical sites, enjoying cultural events, or spending quality time with family. The pace and preferences often reflect the varying lifestyles and interests across different age groups during holiday periods

**Question 5: Do you think having holidays help people learn other countries' cultures?**

**解题思路：**这是一道观点类型的题目。当然！假期为个人提供了一个绝佳的机会，让他们沉浸在其他国家的文化中。当人们在假期旅行或参加文化活动时，他们可以第一手体验到不同的传统、美食、语言和风俗。这种暴露有助于更深入地理解和欣赏文化差异。这就像是一个实践性的学习经历，超越了教科书，让个人能够拓宽他们的视野，培养更具包容性的世界观。从根本上说，假期为文化探索和学习提供了丰富的时刻。

**Sample Answer:**

Certainly! The differences in how old and young people spend their holidays can be quite distinct. Younger individuals often seek more adventurous and dynamic activities, such as traveling to vibrant cities, engaging in outdoor sports, or attending music festivals. They may prioritize exploration and socializing. On the other hand, older individuals might lean towards more relaxed activities like visiting historical sites, enjoying cultural events, or spending quality time with family. The pace and preferences often reflect the varying lifestyles and interests across different age groups during holiday periods

**Question 6: Why do some people dislike holidays?**

**解题思路：**这是一道原因类型的题目。并非每个人都喜欢假期，原因各异。有些人可能因为家庭义务、旅行麻烦或与赠送礼物有关的经济压力而觉得假期很有压力。对于其他人，假期可能引发孤独感，或让他们想起曾经的困境。有些人简单地更喜欢日常的规律，而认为假期等干扰让他们感到不安。此外，围绕假期的商业化和社会期望可能会产生压力感，使它们对某些人而言变得不那么愉快。基本上，个人偏好、过去的经历和个人情况都是一些人可能对假期不太热衷的原因。

**Sample Answer:**

Well, not everyone is a fan of holidays for various reasons. Some people may find holidays stressful due to family obligations, travel hassles, or financial pressures associated with gift-giving. For others, holidays might bring up feelings of loneliness or remind them of challenging times. Some individuals simply prefer routine and find disruptions, like holidays, unsettling. Additionally, the commercialization and societal expectations surrounding holidays can create a sense of pressure, making them less enjoyable for some. In essence, personal preferences, past experiences, and individual circumstances contribute to why some people may not be enthusiastic about holidays

## 投诉

Describe an occasion when you heard someone complaining about something in a restaurant/store or other business places  
 You should say:  
 When and where it happened  
 What he/she complained about  
 What the result was  
 And explain how you felt about the experience

### Plan your talk:

When and where it happened:  
 Who you were with:  
 What he/she complained about:  
 Why he/she complained about this store:  
 What the result was:  
 How the person felt about the result:  
 How you felt about the experience::  
 Whether you would make a complaint

### 教师的解析:

投诉题卡包括以下几个维度：什么时候，在哪里听到这个投诉的，投诉的原因，投诉结果，以及你对这个经历的感受。首先，回答时间和店，指明这个事件发生的具体时间和地点。是在就餐时、购物时，还是在其他商业环境中？。然后，回答抱怨的内容，描述那个人抱怨的具体内容。是关于服务、产品质量、价格，还是其他方面？抱怨的内容往往可以反映出顾客的期望和商家的表现。其次，讲述这个抱怨的结果。商家是否采取了措施来解决问题？顾客是否得到了满意的解决方案？这反映出商家对顾客反馈的态度。最后，回答个人感受，解释你在经历这个抱怨事件时的感受。是对商家或顾客的理解，还是因为事件的处理方式而产生的共鸣？这也可以包括你对商业服务质量的期望和态度。

6 分段参考	
背景描述	vividly recall an incident 清晰的回忆某件事情 overheard someone 无意中听到某人 during the lunch rush 在午餐高峰期
扣题描述	the delayed service 延迟的服务 the incorrect order they received 他们收到不正确服务顺序 mix-up 弄错 address the issue 解决问题 The customer seemed appeased 顾客看来已经平息了怒火
原因&感受	sympathy 同情 proactive approach in resolving the issue 在解决问题方面积极主动的处理方式 effective customer service 有效果的客户服务 a prompt response 快速响应



**Sample Answer 1 (6 分段参考):**

I vividly recall an incident where I overheard someone complaining in a coffee shop last month. It took place in a popular café in the city center during the lunch rush.

The person was upset about the delayed service and the incorrect order they received. They complained about the mix-up with their lunch and expressed frustration about the time it took for the staff to address the issue.

The result was that the staff immediately apologized and offered to replace the order promptly. The customer seemed appeased after the staff's quick response and the corrected order.

Personally, I felt a mix of sympathy for the customer and appreciation for the restaurant's proactive approach in resolving the issue. It reminded me of the importance of effective customer service and how a prompt response can turn a negative experience into a positive one.

7 分段参考	
背景描述	a lasting impression 一个深刻的印象 a high-end restaurant 一个高级的餐厅 exquisite cuisine 精致的菜肴 elegant ambiance 优雅的氛围
扣题描述	was dissatisfied with 不满意 expressed their disappointment with the taste 表达对味道的不满 presentation of the food 事物的呈现 approached the table promptly 快速接近餐桌 sincerely apologized for the inconvenience 为造成的不便诚挚的道歉
原因&感受	a sense of admiration 崇拜感 customer satisfaction 客户满意度 showcased their dedication 展示他们的付出 preserving a business's reputation and customer loyalty 维持企业声誉和客户忠诚度

**Sample Answer 2 (7 分段参考):**

An occasion that left a lasting impression was when I witnessed someone complaining in a high-end restaurant downtown about two months ago. The restaurant was known for its exquisite cuisine and elegant ambiance.

The customer was dissatisfied with the quality of the dish they had ordered, claiming it did not meet the expected standard. They expressed their disappointment with the taste and presentation of the food.

The result was that the restaurant's manager approached the table promptly, sincerely apologized for the inconvenience, and offered to replace the dish with an alternative of the customer's choice. The customer appreciated the gesture and decided to try another option from the menu.

Observing this, I felt a sense of admiration for the restaurant's commitment to customer satisfaction. The way they handled the complaint professionally and promptly showcased their dedication to maintaining a high level of service. It emphasized the importance of effective complaint resolution in preserving a business's reputation and customer loyalty.

**Part 3****Question 1: How do companies train their staff to deal with complaints?**

**解题思路:** 这是一道建议类型的题目。公司通过全面的培训计划, 使员工具备处理投诉的技能。初期的培训注重沟通技巧和解决冲突策略。通过持续的研讨会和角色扮演, 模拟真实情景, 提高员工解决问题的能力。清晰的协议和指南以及持续的反馈和评估确保员工在处理 and 解决投诉方面能够持续提升。

**Sample Answer:**

Companies train staff to handle complaints through thorough orientation programs covering communication skills and conflict resolution. Ongoing workshops and role-playing exercises simulate real scenarios, improving problem-solving skills. Clear protocols and guidelines, along with continuous feedback and evaluations, ensure consistent improvement.

**Question 2: What do people usually complain about?**

**解题思路：**这是一道列举类型的题目。人们常常对与客户服务、产品质量、账单错误和交货延迟相关的问题提出投诉。沟通问题、员工不礼貌和未达到期望是常见的引起不满的原因。此外，对政策、定价和整体客户体验的关切也是投诉的多样来源。

**Sample Answer:**

People commonly complain about issues related to customer service, product quality, billing errors, and delivery delays. Communication problems, rude staff, and unmet expectations are frequent sources of frustration. Additionally, concerns about policies, pricing, and the overall customer experience contribute to the variety of complaints.

**Question 3: How do most people complain, in writing or by other methods?**

**解题思路：**这是一道观点类型的题目。现代人们通常选择通过各种渠道提出投诉，其中在线平台日益受欢迎。许多人更喜欢使用电子邮件、社交媒体或专门的客户服务网站来表达他们的关切。这为迅速而便捷地表达不满并寻求解决方案提供了途径。然而，根据投诉性质和个人偏好，电话和亲自访问等传统方法仍然很常见。

**Sample Answer:**

People nowadays often choose to complain through various channels, with online platforms being increasingly popular. Many prefer using emails, social media, or dedicated customer service websites to voice their concerns. This allows for a quick and accessible way to express dissatisfaction and seek resolution. Traditional methods like phone calls and in-person visits, however, remain common depending on the nature of the complaint and personal preferences.

**Question 4: How do people often respond to poor customer service?**

**解题思路：**这是一道建议类型的题目。面对糟糕的客户服务，人们通常会感到沮丧、不满和失望。许多人可能通过在线评论、社交媒体或直接向公司提供负面反馈来表达他们的不满。有些人可能选择通过联系客户服务代表解决问题来升级问题。在极端情况下，不满意的客户可能选择将业务转移到其他地方，影响公司的声誉和经济状况。总体而言，与客户服务的负面经历通常导致客户产生一系列负面情绪和行为。

**Sample Answer:**

When faced with poor customer service, people typically respond with frustration, dissatisfaction, and disappointment. Many may express their displeasure by providing negative feedback, either through online reviews, social media, or directly to the company. Some individuals may choose to escalate the issue by contacting customer service representatives for resolution. In extreme cases, dissatisfied customers might opt to take their business elsewhere, impacting the company's reputation and bottom line. Overall, negative experiences with customer service often result in a range of negative emotions and actions from customers.

**Question 5: How would you react if you received a poor service at a restaurant?**

**解题思路：**这是一道建议类型的题目。在餐厅遭遇糟糕服务，我可能以礼貌的方式表达我的不满。我可能会找服务员或经理分享我的顾虑，解释我遇到的具体问题。重要的是要清晰而建设性地沟通，给他们一个解决和纠正问题的机会。如果问题持续存在，我可能会选择在在线评论平台上留下反馈，与他人分享我的经历。最终，我的目标是提供改进建议，同时在用餐过程中寻求解决方案。

**Sample Answer:**

When faced with poor customer service, people typically respond with frustration, dissatisfaction, and disappointment. Many may express their displeasure by providing negative feedback, either through online reviews, social media, or directly to the company. Some individuals may choose to escalate the issue by contacting customer service representatives for resolution. In extreme cases, dissatisfied customers might opt to take their business elsewhere, impacting the company's reputation and bottom line. Overall, negative experiences with customer service often result in a range of negative emotions and actions from customers.

**Question 6: Who are more likely to make complaints, older or younger people?**

**解题思路：**这是一道对比类型的题目。投诉不同于年龄，年轻人和年长者都可能提出投诉，但原因和方式可能不同。年轻人可能更愿意通过社交媒体或在线平台表达不满。而年长者可能更倾向于直接沟通或当面提出反馈。提出投诉的可能性可能取决于个性、沟通偏好和期望等因素。

**Sample Answer:**

There isn't a clear-cut answer as both older and younger people can make complaints, but the reasons and approaches may vary. Younger individuals might be more vocal about their dissatisfaction, using social media or online platforms to express grievances. On the other hand, older individuals may prefer direct communication or providing feedback in person. The likelihood to make complaints could depend on factors like personality, communication preferences, and expectations.

新东方 国际教育  
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## 街市购物

Describe a time you bought something from a street market  
 You should say:  
 When it was  
 Where the market was  
 What you bought  
 And explain how you felt about the experience

### Plan your talk:

When it was:  
 Who you were with:  
 Where the market was:  
 How you went there:  
 What you bought:  
 Why you bought it:  
 How you felt about the experience:  
 Whether you will visit this street market in the future

### 教师的解析:

街市购物提高包括以下几个维度：什么时候去购物的，这个的街市的地理位置，你买了什么东西，以及你对这次购物的感受如何。首先，回答购物时间与地点，指明你进行街头市场购物的具体时间和地点。是在周末、假日，还是在旅行中的某个城市？其次，描述这个街头市场的位置。是在城市的繁忙市中心，还是在传统的老城区？市场的环境和氛围如何？然后，你购买了什么物品，说明你购买了什么。是当地特色的手工艺品、小吃、还是服装饰品？物品的选择往往反映了市场的特色和文化。最后，感受体验：讲述你在这次街头市场购物时的感受。是因为物品的独特性而感到兴奋，还是因为与商贩的互动而产生愉悦的体验？你对购物结果是否满意。

6 分段参考	
背景描述	a delightful experience 一个令人愉快的经历 a weekend trip 一个周末旅行 a coastal town 一个海边小镇
扣题描述	along the waterfront 沿着滨水区 filled with colorful stalls 充满了五彩斑斓的摊位 handmade crafts 手工制品 a vendor who specialized in unique jewelry 一个专门卖特别珠宝的摊贩 seashells and beads 贝壳和珠子
原因&感受	enjoyable 令人愉快的 I got to interact with the artisan 我和一个工匠交流 vibrant atmosphere 热闹的氛围 sea breeze and the sound of waves 海风和浪的声音 a sense of satisfaction 满足感 a one-of-a-kind souvenir 独一无二的纪念品

**Sample Answer 1 (6 分段参考):**

I remember a delightful experience of buying something from a street market last summer. It happened during a weekend trip to a coastal town in Portugal.

The market was set up along the waterfront, filled with colorful stalls offering a variety of handmade crafts and local products. I bought a beautiful handcrafted necklace from a vendor who specialized in unique jewelry made from seashells and beads.

The experience was enjoyable as I got to interact with the artisan and learn about the inspiration behind the pieces. The vibrant atmosphere of the market, with the sea breeze and the sound of waves, added to the overall charm. I felt a sense of satisfaction supporting local craftsmanship and taking home a one-of-a-kind souvenir that would always remind me of that seaside town.

7 分段参考	
背景描述	souk 露天市场 a bustling maze 一个热闹的迷宫 filled with vibrant stalls 充满了热闹的摊位 aromatic spices 芬芳的香料
扣题描述	purchased an intricately designed rug 购买了一条精美的毯子 a local vendor 本地小商贩 Negotiating the price 讨价还价 experiencing the rich cultural exchange 体验丰富的文化交流
原因&感受	The bustling energy of the market 市场热闹的能量 the lively interactions 热闹的交流 the rich cultural heritage 丰富的文化遗产 cultural exploration 文化探索

**Sample Answer 2 (7 分段参考):**

An exceptional time I bought something from a street market was in Marrakech, Morocco, last year. The market, or souk, was a bustling maze of narrow alleys filled with vibrant stalls and aromatic spices.

I purchased an intricately designed rug from a local vendor who skillfully explained the traditional techniques used in its creation. Negotiating the price and experiencing the rich cultural exchange made the buying process even more memorable.

The bustling energy of the market, the vibrant colors, and the lively interactions with the locals created a unique and immersive experience. I left with not only a beautiful rug but also a deeper appreciation for the rich cultural heritage reflected in the market. The experience was truly enriching, blending commerce with cultural exploration.

**Part 3****Question 1: What kinds of markets are there in China?**

**解题思路:** 这是一道列举类型的题目。在中国, 有各种迎合不同需求和喜好的市场。传统的街头市场上, 本地小贩售卖新鲜食材、肉类和日用品。此外, 还有一些专业市场, 如电子市场, 你可以购买到各种小工具和科技产品, 还有专为收藏家设计的古董市场。此外, 中国还有现代化的购物中心和在线市场, 提供多样化的商品。中国市场的景观反映了传统与现代购物体验的融合。

**Sample Answer:**

In China, you can find a variety of markets catering to different needs and preferences. There are traditional street markets, where local vendors sell fresh produce, meats, and daily necessities. Additionally, you'll find specialized markets such as electronics markets, where you can buy gadgets and tech products, and antique markets for collectors. Furthermore, China boasts modern shopping malls and online markets for a diverse range of goods. The market landscape in China reflects a blend of traditional and contemporary shopping experiences.

**Question 2: Do you think small markets will disappear in the future?**

**解题思路：**这是一道观点类型的题目。尽管未来充满不确定性，某些地区的小市场可能面临城市化、消费者偏好变化和在线购物兴起等因素的挑战。然而，这些市场通常提供独特的本地体验和社区感。一些小市场可能通过整合科技或专注于利基产品来适应，从而有望生存下来。传统市场与现代购物选择的共存是不断演变的消费景观的动态方面。

**Sample Answer:**

While the future is uncertain, small markets in some areas may face challenges due to factors like urbanization, changing consumer preferences, and the rise of online shopping. However, these markets often provide a unique local experience and a sense of community. Some small markets may adapt by integrating technology or focusing on niche products, potentially enabling their survival. The coexistence of traditional markets and modern shopping options is a dynamic aspect of evolving consumer landscapes.

**Question 3: Have people's shopping habits changed in recent years?**

**解题思路：**这是一道观点&对比类型的题目。绝对正确！近年来，购物习惯发生了显著变化。电子商务的兴起导致在线购物激增，提供便利和丰富的产品选择。移动购物应用、个性化推荐和快速配送服务已成为现代购物体验的重要组成部分。传统实体店正在通过提升店内体验、整合科技和提供独特产品来适应这一变化。朝着可持续性和有意识的消费主义的转变也影响购物决策，反映了社会价值的变化。总体而言，技术和不断变化的偏好已经重新塑造了人们的购物方式。

**Sample Answer:**

Absolutely! Shopping habits have significantly evolved in recent years. The advent of e-commerce has led to a surge in online shopping, offering convenience and a vast array of products. Mobile shopping apps, personalized recommendations, and fast delivery services have become integral to modern shopping experiences. Traditional brick-and-mortar stores are adapting by enhancing the in-store experience, incorporating technology, and offering unique products. The shift towards sustainability and conscious consumerism also influences purchasing decisions, reflecting changing societal values. Overall, technology and changing preferences have reshaped the way people shop.

**Question 4: What are the differences between shopping in small shops and in big shopping malls?**

**解题思路：**这是一道对比类型的题目。购物在小商店和大型购物商场的体验各具特色。小商店通常提供更个性化的服务，与店员建立熟悉感。顾客可能得到个别关注和根据他们喜好的建议。另一方面，大型购物商场在一个屋檐下提供了多种选择，有多个品牌和产品可供选择。它们通常还包括娱乐选项，如电影院或美食广场，营造出更为宽敞热闹的环境。选择取决于个人喜好和购物需求。

**Sample Answer:**

Shopping in small shops and big shopping malls offer distinct experiences. Small shops often provide a more personalized touch, fostering a sense of familiarity with the staff. Customers may receive individual attention and recommendations tailored to their preferences. On the other hand, big shopping malls offer a wide variety of choices under one roof, with multiple brands and products available. They often incorporate entertainment options, such as cinemas or food courts, creating a more expansive and bustling environment. The decision between the two depends on individual preferences and shopping needs.



**Question 5: Do you think the goods sold at discount stores do not have values or qualities?**

**解题思路：**这是一道观点类型的题目。完全不是！认为折扣店销售的商品缺乏价值或质量是一个普遍的误解。折扣店通常通过各种因素，如大宗采购、精简运营或不同的营销策略，以较低的价格提供产品。这并不一定意味着产品质量较差。许多折扣店销售知名品牌，物有所值。精明的购物者可以以折扣价格找到高质量的商品，使这些店铺成为注重预算的消费者受欢迎的选择，而不会在产品质量上妥协。

**Sample Answer:**

Shopping in small shops and big shopping malls offer distinct experiences. Small shops often provide a more personalized touch, fostering a sense of familiarity with the staff. Customers may receive individual attention and recommendations tailored to their preferences. On the other hand, big shopping malls offer a wide variety of choices under one roof, with multiple brands and products available. They often incorporate entertainment options, such as cinemas or food courts, creating a more expansive and bustling environment. The decision between the two depends on individual preferences and shopping needs.

**Question 6: Why do some people like to buy expensive goods?**

**解题思路：**这是一道原因类型的题目。有些人喜欢购买昂贵的商品，原因各异。首先，他们可能认为高价商品是优质或精湛工艺的象征。奢侈品通常带有一定的声望或地位，个体可能希望通过这些购买来展示他们的成功或品味。此外，一些人喜欢拥有独特或限量版的通常更昂贵的物品。这也可以是一种自我放纵的方式，或是奖励自己取得成就的方式。最终，原因各异，个人偏好、价值观和生活方式选择在塑造个体购买行为方面起着重要作用。

**Sample Answer:**

Some people enjoy buying expensive goods for various reasons. Firstly, they might perceive higher-priced items as indicative of superior quality or craftsmanship. Luxury goods often come with a certain prestige or status, and individuals may want to showcase their success or taste through such purchases. Additionally, some people find satisfaction in owning unique or limited-edition items that are typically more expensive. It can also be a form of self-indulgence or a way to reward oneself for achievements. Ultimately, the reasons vary, and personal preferences, values, and lifestyle choices play a significant role in shaping individual purchasing behavior.

## 长久目标

Describe a a long-term goal you would like to achieve  
You should say:  
How long you have had this goal  
What the goal is  
How you will achieve it  
And explain why you set this goal

### Plan your talk:

What goal it is:  
What the main idea or purpose:  
How you plan to make this happen:  
Why you have this goal or dream:  
Whether you think it is difficult:  
How determined you are about achieving this goal:

### 教师的解析:

审题方面：本题目要求你描述一个长期目标，强调了时间、目标内容、实现途径和设定目标原因。在回答时要确保每个方面都有充分的回应。思路方面：

考虑一个深刻影响你的目标，可能是职业、个人成长或社会责任等方面。思考这个目标如何在你的生活中扮演角色，以及你为何认为它是值得追求的。结构方面：在回答时，可以采用引言-主体-结论的三段式结构。在引言中，简要介绍你的目标；主体段落展开讨论，包括目标的时间背景、具体内容、实现途径以及设定目标的原因；最后，在结论中进行总结，强调你对这个目标的执着和动机。

6 分段参考	
背景信息	dream about starting my own business 梦想着创业 introduce chinese products to international markets 把中国产品引入国际市场 discover and enjoy the great stuff China has to offer 发现并享受中国的很棒的东西
实现方式	do some research on what people abroad really like 做一些外国人喜好调查 team up with local businesses 和本地商家合作 use online platforms to showcase chinese products 使用线上平台展示中国商品
目标意义	promote popular chinese products abroad 把受欢迎的中国产品推广出国 deserve a bigger stage 值得更大的舞台

### Sample Answer 1 (6 分段参考):

For the last two years, I've been dreaming about starting my own business to introduce popular Chinese products to international markets. The main idea is to help more people around the world discover and enjoy the great stuff China has to offer. To make this happen, I'm planning to do some research on what people abroad really like, team up with local businesses, and use online platforms to showcase Chinese products globally. The reason behind this dream comes from seeing how much people in other countries are interested in Chinese products. I want to be part of that excitement and share the unique and cool things China creates. It's not just about selling things; it's about creating connections between different cultures and making it easy for people to access awesome products they might not find otherwise. In the beginning, I'll start small, maybe focusing on one or two types of products that I think would do well internationally. As the business grows, I'll expand the range and work on making sure everything gets to customers smoothly. What keeps me going is the belief that Chinese products deserve a bigger stage, and I want to be the one helping them step into the spotlight worldwide. To sum up, my goal of starting a business to promote popular Chinese products abroad is all about sharing the fantastic things China makes with the rest of the world. Over the past two years, my excitement and passion for this idea have been growing, and I'm looking forward to making it a reality.



7 分段参考	
背景信息	has been brewing for quite some time 已经酝酿了相当长的时间了 Approximately since my undergraduate days 自从我的本科时代 The goal that I'm fervently aiming for is to 我热切追求的目标是
实现方式	To achieve this, I'm planning to 为了实现这个目标, 我计划 diving deep into my specific area of interest 深入研究我特定的兴趣领域 apply for a Ph.D. program 申请博士项目 during this journey, I'll be collaborating with experts 在这个过程中, 我将与专家合作 participating in conferences 参加会议 conducting extensive research 进行深入的研究
目标意义	The reason behind this is twofold 制定这个目标背后有两个原因 not just about academic achievement 不仅仅是关于学术成就 but about making a lasting contribution 关乎作出持久

### Sample Answer 2 (7 分段参考):

Well, this long-term goal of mine has been brewing for quite some time now, approximately since my undergraduate days, so that's about eight years. The goal that I'm fervently aiming for is to earn a Ph.D. degree in environmental science.

To achieve this, I'm planning to pursue a master's degree first, diving deep into my specific area of interest. Following that, I'll apply for a Ph.D. program, ideally in a university renowned for its environmental science research. During this journey, I'll be collaborating with experts, participating in conferences, and conducting extensive research.

The reason behind this ambitious goal is twofold. Firstly, I have an unquenchable thirst for knowledge in environmental science, and a Ph.D. would allow me to contribute meaningfully to this field. Secondly, I am passionate about addressing environmental challenges, and obtaining a Ph.D. will equip me with the necessary expertise to make a tangible impact.

In essence, my goal is to earn a Ph.D. in environmental science, a dream I've nurtured for the past eight years. It's not just about academic achievement but about making a lasting contribution to our understanding and preservation of the environment.

### Part 3

#### Question 1: What goals should a society have?

**解题思路:** 该题属于例举类题型, 内容较为抽象, 需要考生从更高维度去思考, 例如经济就业、医疗教育、社会安定、民主平等、环境等。这些目标有助于建立一个平衡繁荣的社区, 确保其成员和地球的福祉。

#### Sample Answer:

A society should prioritize goals that foster equality, environmental sustainability, education accessibility, and social harmony. These objectives contribute to a balanced and prosperous community, ensuring the well-being of its members and the planet.

#### Question 2: Do people need to have goals?

**解题思路:** 此题为观点类题型, 适合进行正面回答。设定目标提供了方向、动力和目的感。目标帮助个人集中精力, 做出明智的决策, 并衡量进展, 促进个人成长和满足感。

#### Sample Answer:

Yes, having goals provides direction, motivation, and a sense of purpose. Goals help individuals focus their efforts, make informed decisions, and measure progress, contributing to personal growth and fulfillment.

**Question 3: What goals do people at your age have?**

**解题思路：**此题为例举类题型，要注意听题中的关键词“your age”。整体而言，许多人通常追求职业发展、财务稳定、个人幸福以及建立有意义的人际关系。这些目标反映了在职业和个人愿望之间寻求平衡的态度。

**Sample Answer:**

Individuals at my age often aim for career progression, financial stability, personal well-being, and building meaningful connections. These goals reflect a balance between professional and personal aspirations.

**Question 4: Is it necessary to give advice to children?**

**解题思路：**此题为观点类题型，适合给出正面答案。为孩子提供建议对他们的成长至关重要，帮助他们发展关键的生活技能，做出明智的决策，并成功应对挑战。

**Sample Answer:**

Providing advice to children is essential for their growth, helping them develop crucial life skills, make informed decisions, and navigate challenges successfully.

**Question 5: What goals do young people usually have?**

**解题思路：**此题为例举类题型。年轻人通常渴望在学业上取得成功、职业发展、个人成长以及建立有意义的关系。这些目标通常围绕着教育、职业成长和构建充实的个人生活展开。

**Sample Answer:**

Providing advice to children is essential for their growth, helping them develop crucial life skills, make informed decisions, and navigate challenges successfully.

**Question 6: What should people do to achieve their goals?**

**解题思路：**此题为建议类题型。为了实现目标，个体应该明确定义清晰的目标，制定详细的计划，保持组织性，采取一致的行动，并保持灵活性。在设定目标的过程中，寻求支持、保持动力并从挫折中学习是至关重要的元素。

**Sample Answer:**

To achieve goals, individuals should define clear objectives, create detailed plans, stay organized, take consistent actions, and remain adaptable. Seeking support, staying motivated, and learning from setbacks are crucial elements in the goal-setting process.

## 一次非常忙碌的经历

Describe a time you were very busy  
You should say:  
When it happened  
Where you were  
What you did  
And explain why you were busy

### Plan your talk:

When it happened:  
Where you were:  
What you did:  
How challenging it was:  
Whether you felt stressed out:  
What you've learned from it:

### 教师的解析:

审题方面：确保回答话题卡中的提示问题“何时发生、你在何处、你做了什么，以及为何你当时很忙”。  
思路方面：选择有意义的经历，建议选择一个真实而有意义的经历，同时反映出你的应对能力和决心。思考忙碌的重要性：鼓励思考为何那时很忙的重要性，以及这段经历如何影响了你个人或职业生活。结构方面：建议以简短的引言开始，清晰交代你忙碌的时刻，引导听众进入主题然后详细展开主体部分，包括具体的时间点、所在地点、你所做的事情，以及那时为何如此忙碌。最后解释忙碌原因及重要性，在结尾巧妙总结，解释为何当时很忙，以及这段经历对你的成长或职业发展的影响。语言方面：运用生动的词汇和句式，使回答更具吸引力。提醒保持回答的逻辑顺序，确保听众能够清晰地理解，强调在回答中展示个人成长和应对挑战的能力，使整个故事更具深度。

6 分段参考	
背景信息	extreme busyness occurred last year 极度繁忙发生在去年 final semester at university 大学最后一个学期 Overwhelmed with... 因...而不堪重负 spent most of my time in the university library 大部分时间都在大学图书馆度过
忙碌原因	rushing between research, writing, and preparing for exams 在研究、写作和备考之间匆忙 managing multiple courses: 管理多门课程 Moved between the library and various classrooms: 在图书馆和各个教室之间穿梭
忙碌意义	period particularly challenging: 特别具有挑战性的时期 a time of personal growth 一个自我成长期 showcasing my ability to handle multiple tasks: 展示我处理多项任务的能力

### Sample Answer 1 (6 分段参考):

One instance of extreme busyness occurred last year during my final semester at university. It was close to the end of the academic year, and I found myself overwhelmed with exams, assignments, and project deadlines. I spent most of my time in the university library, rushing between research, writing, and preparing for exams. Managing multiple courses required careful time planning, and I often moved between the library and various classrooms. The pressure of completing assignments, studying for exams, and participating in group projects made this period particularly challenging. Despite the stress, it was a time of personal growth, showcasing my ability to handle multiple tasks even though it was demanding.

7 分段参考	
背景信息	a particularly busy time 一段尤为忙碌的时光 final exams week 期末考试周 juggling between sp. and sp. 在...和...中寻求平衡
忙碌原因	a chaotic phase 混乱的阶段 the finals were crucial for academic progress 期末考试对学业进步很重要 couldn't neglect sb. 无法忽视某人
忙碌意义	managed to navigate through this demanding period 设法度过了这艰难的时光 taught me about prioritizing and managing my responsibilities 教会了我如何优先考虑和管理不同职责

### Sample Answer 2 (7 分段参考):

One particularly busy time occurred last year during the final exams week at my university. It was a challenging period because not only did I have to focus on my studies, but my mom also fell sick. I found myself juggling between being at the hospital with her and preparing for my finals.

This chaotic phase unfolded mainly at the hospital and my home. I spent hours by my mom's side, making sure she was comfortable and assisting her with whatever she needed. Meanwhile, I was also buried in my textbooks and notes, trying to grasp every bit of information for the upcoming exams.

The reason for my busyness was twofold. Firstly, the finals were crucial for my academic progress, and I wanted to perform well. Secondly, my mom needed my support, and I couldn't neglect her during such a tough time. Balancing these responsibilities was overwhelming, but it was essential for both my education and my mom's well-being.

I remember shuttling between the hospital and the university, carrying my textbooks and laptop everywhere. Late nights were spent studying, and early mornings began with checking on my mom before heading to the exam hall. It was a tough journey, but looking back, I'm grateful for the experience and the lessons it taught me about prioritizing and managing my responsibilities.

### Part 3

#### Question 1: Are you often busy?

**解题思路:** 此题为个人类题型，结合个人情况回答即可。可以进行正反拓展：尽管可能会很忙碌很有挑战性，但保持忙碌通常会带来一种成就感和高效率。

#### Sample Answer:

Yes, I am frequently occupied with various responsibilities. Balancing work, personal commitments, and other obligations keeps me consistently engaged. While it can be demanding, staying busy often leads to a sense of accomplishment and productivity. However, managing time effectively is crucial to prevent overwhelming stress and ensure a healthy work-life balance. Overall, I find that being occupied with meaningful tasks contributes to my personal and professional growth.

#### Question 2: What are the advantages and disadvantages when people keep busy?

**解题思路:** 此题为利弊类题型。保持繁忙具有诸如提高生产力、发展技能和获得成就感等优势。参与各种任务促进了个人和职业的成长。然而，持续的繁忙可能导致压力、疲劳和潜在的忽视自身健康

#### Sample Answer:

Staying busy has advantages such as heightened productivity, skill development, and a sense of achievement. Engaging in various tasks fosters personal and professional growth. However, constant busyness can lead to stress, burnout, and potential neglect of one's well-being. Balancing a busy schedule requires effective time management to mitigate the negative impacts. While staying occupied contributes to a fulfilling life, it is essential to find a harmonious balance to prevent exhaustion and ensure overall well-being.

### Question 3: Do you think children should learn through playing games or under pressure?

**解题思路：**此题为观点类，选择类题型。可以结合两者进行回答：儿童最好通过游戏和结构化活动的结合学习。游戏能够增强创造力、社交技能和情感智力，培养对学习的乐趣。然而，适度的结构，一定的压力对引入学术概念和认知发展至关重要。

#### Sample Answer:

Children learn best through a combination of playing games and structured activities. Play enhances creativity, social skills, and emotional intelligence, fostering a joy for learning. However, a moderate level of structure is essential to introduce academic concepts and cognitive development. Striking a balance between play and a controlled learning environment ensures a holistic education. Too much pressure can hinder a child's natural curiosity and hinder their overall development. Therefore, a blend of both playful exploration and guided learning creates an ideal educational foundation for children.

### Question 4: What kind of pressure people may experience at work?

**解题思路：**此题为例举类提问，需要注意关键词为“工作”。工作中的人常常面临各种压力，如紧迫的截止日期、高期望的绩效要求以及达到目标的需要。在追求卓越和取得成果的压力下，可能导致工作环境紧张和苛刻。此外，人际关系动态、竞争以及对职业成长的持续追求也增加了个体所面临的挑战。

#### Sample Answer:

People at work often face various pressures, such as tight deadlines, high performance expectations, and the need to meet targets. The pressure to excel and deliver results can lead to stress and a demanding work environment. Additionally, interpersonal dynamics, competition, and the constant pursuit of professional growth contribute to the challenges individuals encounter. Managing and coping with these pressures is crucial for maintaining mental well-being and ensuring sustained productivity in the workplace.

### Question 5: How does technology help with time management?

**解题思路：**此题为方式类题型，可以例举科技带来的不同功能，然后进行感受拓展。例如：科技通过提供日历、提醒和生产力应用等工具来帮助时间管理。数字平台帮助个体高效组织任务、设定截止日期并优先考虑活动。它可以成为时间管理的有力助手，为个体提供所需工具，来应对快节奏和动态世界的需求。

#### Sample Answer:

People at work often face various pressures, such as tight deadlines, high performance expectations, and the need to meet targets. The pressure to excel and deliver results can lead to stress and a demanding work environment. Additionally, interpersonal dynamics, competition, and the constant pursuit of professional growth contribute to the challenges individuals encounter. Managing and coping with these pressures is crucial for maintaining mental well-being and ensuring sustained productivity in the workplace.

### Question 6: Does technology distract people?

**解题思路：**此题为事实类提问，建议给出肯定回答，再进行让步和建议拓展。持续的通知、社交媒体和娱乐的诱惑都可能使注意力偏离任务。然而，分心的程度因人而异，有纪律的使用可以缓解这些影响。在充分利用其优势而不陷入分心的情况下，找到平衡并养成注意科技使用习惯是至关重要的。

#### Sample Answer:

While technology offers numerous benefits, it can indeed be a source of distraction for many. Constant notifications, social media, and the allure of entertainment can divert attention from tasks. However, the extent of distraction varies among individuals, and disciplined use can mitigate these effects. Striking a balance and adopting mindful technology habits are essential to harness its advantages without succumbing to distractions. Ultimately, how people manage and engage with technology determines whether it acts as a productive tool or a disruptive force in their lives.

## 年少学艺

Describe a useful skill that you learned as a teenager  
 You should say:  
 What the skill is  
 When and how you learned it  
 Who you learned it from  
 Why you learned it  
 And explain how you felt about learning it

### Plan your talk:

When it was :  
 What skill you learned:  
 Who you learned from:  
 Why you learned from him/her:  
 how he/she taught you:  
 how you felt about it :  
 what benefits it brought about:

### 教师的解析:

思路方面：年少时期学到的有用技能可以和学习相关，例如如何做笔记画思维导图；也可以和娱乐生活相关，如弹钢琴，学游泳，学做菜等。内容方面：建议按照话题卡顺序，先讲事实，再拓展感受。语言方面：需要注意过去时的使用，并恰当使用衔接词体现逻辑。

6 分段参考	
背景信息	during my teenage years 在青少年时期 the skill of time management 时间管理能力 when I faced more academic tasks 当我面临更多学习任务 and extracurricular activities 和课外活动
习得方式	gave me some practical tips 给了我一些实用的建议 making schedules 做日程表 prioritizing tasks 优先处理事务
习得感受	felt a bit overwhelming 感觉有些压力山大 gave me a sense of control 给我一种控制感 made my teenage years more manageable 让我的青少年时期更可控了

### Sample Answer 1 (6 分段参考):

During my teenage years, I learned the skill of time management. It happened in high school when I faced more academic tasks and extracurricular activities. I picked up this skill by observing my older sister, who seemed to handle her responsibilities well.

She gave me some practical tips, like making schedules and prioritizing tasks. I learned it because I saw the need to balance my studies, social life, and personal interests. At first, it felt a bit overwhelming, but I realized it was important for doing well in school and managing my time effectively.

Learning time management gave me a sense of control over my busy schedule. As a teenager, dealing with various commitments, it became a helpful skill. It not only helped with school but also laid the groundwork for being more organized in general. Overall, it was a useful skill, making my teenage years more manageable.



7 分段参考	
背景信息	picked up skill of cooking 培养了烹饪这个珍贵的技能 started dabbling in the kitchen 开始在厨房学艺 a kitchen wizard 大厨
学习目的和过程	mesmerized by the delicious smells 对美味着迷 made me want to give it a shot 让我想要试一把 chopping vegetables 切菜 playing with spices 尝试不同香料
学习感受	like keeping a family tradition alive 就像是激活了家庭传统 brought out my creative side 让我更具创造性

### Sample Answer 2 (7 分段参考):

As a teenager, I picked up the awesome skill of cooking, and it's been a game-changer for me. I started dabbling in the kitchen when I was around 16, learning the ropes from my mom, who's like a kitchen wizard. Cooking just felt like the next logical step as I hung around our family kitchen, mesmerized by the delicious smells. I wanted to cook because I love food, and I thought it would be cool to help out at family dinners. Watching my mom whip up tasty dishes from basic ingredients made me want to give it a shot. Learning to cook was a mix of fun and figuring things out. From chopping veggies to playing with spices, every bit was like unlocking a new level. There's something special about cooking a meal from scratch and sharing it with folks. This skill isn't just about making meals; it's like keeping a family tradition alive and showing some love. Cooking taught me more than recipes; it brought out my creative side and made me feel more independent.

### Part 3

#### Question 1: Where do children learn skills in your country?

**解题思路:** 此题为例举类话题, 重点是特殊疑问词 where。在中国, 儿童主要通过正规学校教育、课外活动和家庭影响相结合来学习技能。

#### Sample Answer:

In my country, children primarily learn skills through a combination of formal education, extracurricular activities, and family influence. Schools play a pivotal role in imparting academic and interpersonal skills, while extracurricular programs, such as sports and arts, contribute to a holistic development. Additionally, families instill values, social norms, and practical life skills, creating a well-rounded learning environment. The collaborative efforts of educational institutions and families ensure that children receive a comprehensive education that encompasses both academic and practical skills essential for their personal and professional growth.

#### Question 2: What are the differences between learning skills on your own and from others?

**解题思路:** 此题为对比类题型, 考试中要注意听考官的对比重读信息, 回答时需要给出两方面的内容, 并使用对比词衔接。独立学习需要自律、动力和独立探索。它赋予个体设定自己的学习步伐, 并专注于个人兴趣的能力。相反, 从他人那里学习涉及到指导、导师的帮助和共享经验, 提供宝贵的见解和更快的进步。虽然自主学习培养了自主性, 但向他人学习增强了社交和协作技能。

#### Sample Answer:

Learning skills on your own requires self-discipline, motivation, and independent exploration. It empowers individuals to set their pace and focus on personal interests. Conversely, learning from others involves guidance, mentorship, and shared experiences, providing valuable insights and faster progress. While self-learning fosters autonomy, learning from others enhances social and collaborative skills. Both approaches contribute to a well-rounded skill set, and the ideal learning strategy often combines self-directed efforts with the wisdom and support gained from interacting with experienced individuals. The choice between self-learning and guided learning depends on individual preferences and the nature of the skill.

**Question 3: What important skills should a child learn?**

**解题思路：**此题为例举类题型。一个孩子应该获得学术能力、沟通、批判性思维和情商等基本技能。答案中也可以提及生活技能，劳动技能等。

**Sample Answer:**

A child should acquire fundamental skills encompassing academic proficiency, communication, critical thinking, and emotional intelligence. Academic skills form the foundation for intellectual growth, while effective communication promotes interpersonal relationships. Critical thinking and problem-solving skills are vital for navigating life's challenges. Equally important is developing emotional intelligence, fostering empathy and resilience. Creativity and adaptability round out a child's skill set, preparing them for a rapidly changing world. These essential skills provide a well-rounded foundation for personal development, academic success, and future success in various aspects of life.

**Question 4: What skills do you think teenagers should have?**

**解题思路：**此题为例举类题型。青少年应该具备决策、时间管理、适应能力和现代数字化能力等关键技能。这些技能可以帮助他们过渡到成年期，在学业、社交和职业方面取得成功。

**Sample Answer:**

Teenagers should possess crucial skills like decision-making, time management, adaptability, and digital literacy. Decision-making skills empower them to navigate complex choices in academics, relationships, and personal growth. Time management ensures effective use of their schedules amid academic and extracurricular activities. Adaptability prepares teenagers for the dynamic challenges of adolescence and adulthood. Digital literacy is essential for navigating the modern world, from online research to responsible social media use. These skills collectively equip teenagers with the tools to thrive academically, socially, and professionally as they transition into adulthood.

**Question 5: Who should teach teenagers skills?**

**解题思路：**此题为观点类题型。父母、老师、导师和社区形成一个支持网络，帮助培养全面发展的个体。

**Sample Answer:**

Teenagers should possess crucial skills like decision-making, time management, adaptability, and digital literacy. Decision-making skills empower them to navigate complex choices in academics, relationships, and personal growth. Time management ensures effective use of their schedules amid academic and extracurricular activities. Adaptability prepares teenagers for the dynamic challenges of adolescence and adulthood. Digital literacy is essential for navigating the modern world, from online research to responsible social media use. These skills collectively equip teenagers with the tools to thrive academically, socially, and professionally as they transition into adulthood.

**Question 6: What are the differences between children learning skills and adults learning skills?**

**解题思路：**此题为对比类题型。儿童学习技能通常采用基于游戏的方法，培养创造力和探索精神。另一方面，成年人通常寻求具体目的的技能，需要更有结构和目标导向的方法。动机也有所不同，成年人通常受个人或职业目标的驱动。此外，成年人可能面临时间限制，影响其学习的强度和速度。

**Sample Answer:**

Children learning skills often involves play-based methods, fostering creativity and exploration. Their learning is facilitated by guidance and repetition. Adults, on the other hand, often seek skills for specific purposes, requiring more structured and goal-oriented approaches. Adults may draw on past experiences, utilizing prior knowledge to grasp new concepts. Motivation also differs, with adults often driven by personal or career goals. Furthermore, adults may face time constraints, impacting the intensity and pace of their learning. Overall, while foundational principles remain consistent, the methods and motivations for acquiring skills differ between children and adults.



## 捡到失物

Please describe a time when you picked up an item that someone else lost  
You should say:  
What the item was  
When and where you found it  
What you did after finding it  
How you felt about the experience

### Plan your talk:

When it was:  
What the item was:  
Where you found it:  
Who the owner was:  
Where exactly you found it:  
Whether it was an important item:  
Whether you looked for the owner:  
Whether you contacted the owner:  
How you felt about this:  
How the owner felt about this:

### 教师的解析:

思路方面：可以说捡到了钱包、ipad、雨伞等某个日常用品；先介绍背景信息如时间、地点、具体发现该物品的位置、是否能够联系到失主等。最后再介绍自己和对方的感受。

6 分段参考	
背景信息	at a local park 在一个本地公园 belonged to 属于 discovered it near a park bench 在一个公园长凳旁边发现它的
寻找失主的过程	decided to look for her contact information 决定寻找她的联系方式 arranged to meet at the park 安排在公园碰面
感受描述	returning...was a straightforward task 返还..是一件简洁明了的事情 I felt i did the right thing 我觉得我做得对 simple actions can make a positive impact 简单的行动也可以有积极的影响

### Sample Answer 1 (6 分段参考):

I remember a time last summer when I found a lost wallet at a local park. The wallet belonged to a young woman, and I discovered it near a park bench. Inside, there were some identification cards, credit cards, and a good amount of cash. I decided to look for her contact information and, fortunately, found it on one of the cards. I contacted her, and we arranged to meet at the park.

Returning the wallet was a straightforward task, and she seemed relieved and thankful. The experience was okay, and I felt I did the right thing. It reminded me that simple actions, like returning a lost item, can make a positive impact on someone's day.

7 分段参考	
背景信息	one memorable incident took place 一次难忘的经历发生了 during the hectic midterm exam week 在忙碌的期中考试周 bustling with students immersed in their studies 有很多沉浸在学业中的学生 noticed an ipad left unattended 发现了一个无人看管的 ipad
寻找失主	feeling a sense of responsibility 感到一种责任感 approached the librarian 找到图书管理员 examined the ipad for information 检查 ipad 找寻信息 the screensaver displayed the owner's name and contact details 屏保显示了失主的名字和联系细节
感受描述	expressed heartfelt gratitude 表到了由衷的感谢 it wasn't a big deal 不是什么大事 underscored the importance of communal care 强调了社区关怀的重要性 remain vigilant 保持警惕

### Sample Answer 2 (7 分段参考):

One memorable incident took place in our school library during the hectic midterm exam week. The library was bustling with students immersed in their studies. As I was looking for an available spot, I noticed an iPad left unattended on one of the tables. Feeling a sense of responsibility, I quickly approached the librarian to report the found device. Together, we examined the iPad for any information about the owner. Fortunately, the screensaver displayed the owner's name and contact details. Without hesitation, I sent a message to the owner, suggesting we meet at the library entrance for the safe return of their iPad. When they arrived, the relief on their face was palpable, and they expressed heartfelt gratitude. To me, it wasn't a big deal, but this experience underscored the importance of communal care and honesty. It was reassuring to witness the positive impact a small act could have on someone's day, especially during the stressful exam period. It served as a reminder for all of us to remain vigilant and considerate in shared spaces.

### Part 3

#### Question 1: What kind of people tend to lose things more often than others?

**解题思路:** 此题为例举类题型。总体而言, 那些日程繁忙、心不在焉、头脑富有创意、或正经历高压的人更容易健忘, 因此更容易丢失东西。

#### Sample Answer:

Individuals who lead hectic lifestyles or exhibit absent-minded tendencies are more prone to losing items. Those constantly multitasking or preoccupied with numerous responsibilities may misplace belongings due to a lack of focused attention. Forgetfulness, often associated with creative or highly imaginative individuals, can also contribute to frequent losses. Additionally, people undergoing significant life changes or experiencing high stress levels may exhibit absentmindedness. Overall, those with busy schedules, creative minds, or undergoing stress are more likely to be forgetful and, consequently, prone to losing things more often than others.

#### Question 2: What kind of things do people often lose?

**解题思路:** 此题为例举类题型。人们通常会因为钥匙、钱包和手机等日常物品体积小且频繁使用而容易丢失。此外, 太阳镜和雨伞等配饰也经常被放错地方。在旅行过程中, 护照或身份证等重要文件也可能丢失。使用电子设备时, 很多人也经常遗失密码或电子文件

#### Sample Answer:

People commonly lose everyday items like keys, wallets, and mobile phones due to their small size and frequent use. Additionally, accessories like sunglasses and umbrellas are often misplaced. Important documents, such as passports or IDs, may also be lost during travel. Forgetfulness in public places can lead to the loss of bags or personal belongings. In digital spaces, misplacing passwords or electronic files is not uncommon. Overall, the things people most frequently lose are typically those regularly used, easily overlooked, or associated with daily routines and travels.

**Question 3: Why do some people find lost things easier than others?**

**解题思路：**此题为原因类题型。对细节敏感，采用系统性组织方法的人，具有强大空间记忆或有系统方法记忆物品放置位置的个体可能更容易找到丢失的物品。

**Sample Answer:**

The ability to find lost items varies among individuals due to differences in observational skills and organizational habits. Those with keen attention to detail and systematic organizational methods tend to locate misplaced items more efficiently. Memory recall also plays a crucial role; individuals with strong spatial memory or a systematic approach to remembering the placement of items may find lost things easier. Additionally, mindfulness and a focused mindset contribute to successful retrieval. Overall, the capacity to find lost items is influenced by a combination of cognitive abilities, organizational strategies, and individual habits.

**Question 4: What do you think are the reasons why some people pick up lost things and don't give them back?**

**解题思路：**此题为原因类题型。缺乏意识，感到不方便，物品价值较小，缺乏同情心，繁忙的日程可能阻止人们及时归还物品。

**Sample Answer:**

Some individuals may not return lost items due to a lack of awareness or a sense of inconvenience. Others might perceive the found object as having minimal value, assuming the owner won't be greatly affected. A lack of empathy or a busy schedule may deter people from making the effort to return items promptly. Additionally, fear of potential conflicts or suspicions about the item's ownership can hinder the return process. Overall, the reasons vary, ranging from indifference to logistical challenges, shaping the decision to not return lost possessions.

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## 延期旅行

Describe a travel you were looking forward to but was delayed  
You should say:  
Where you planned to travel to  
Why you were looking forward to it  
Why it had to be delayed  
And explain how you felt about the experience

### Plan your talk:

where you planned to travel to:  
how you felt about this trip:  
why you wanted to go there:  
why it got delayed:  
how you felt about the delay:  
what you learned from this experience:

### 教师的解析:

思路方面：可以结合地点题或旅游类话题，强调对旅游的向往和原因；结构方面：先介绍背景信息如时间、目的地、期待成行的原因等，接着介绍延误理由，最后再介绍自己正面/负面的感受。

6 分段参考	
背景信息	I had a trip to Kyoto, Japan, in mind 我计划去日本京都旅行 excited about exploring its cultural richness 对探索其文化丰富性感到兴奋。 beautiful landscapes 美丽的风景 visiting historic sites 参观历史遗迹
延迟原因	Unfortunately, the trip got delayed 不幸的是，旅行被推迟了 Due to an unexpected family emergency -由于意外的家庭紧急情况 Requiring my immediate attention 需要我立即关注。
延迟感受	Despite feeling a bit frustrated 尽管感到有些沮丧。 I understood the unavoidable circumstances 我理解了无法避免的情况。 life's unpredictable twists and turns -生活中的不可预测的曲折 remain hopeful 保持希望

### Sample Answer 1 (6 分段参考):

I had a trip to Kyoto, Japan, in mind, excited about exploring its cultural richness and beautiful landscapes. The prospect of visiting historic sites and the renowned Arashiyama Bamboo Grove was something I looked forward to. Unfortunately, the trip got delayed due to an unexpected family emergency, requiring my immediate attention.

The delay was disappointing, considering the excitement and planning invested in the journey. The family emergency became a priority, leading to the postponement of my travel plans. Despite feeling a bit frustrated, I understood the unavoidable circumstances. life's full of unpredictable twists and turns, so yeah, i guess it's just part of life. But I remain hopeful about future travels.

7 分段参考	
背景信息	eagerly anticipated a trip - 怀着热切期待的心情准备旅行。 a destination renowned for its rich cultural heritage - 一个以丰富文化遗产而闻名的目的地 filled me with excitement - 让我充满了兴奋
延迟原因	faced an unexpected delay - 遇到了意外的延误 due to a sudden family emergency 由于突然的家庭意外事件 required my immediate attention 需要我立刻关注
感受描述	disheartening 让人失望的 unavoidable 无法避免的 priorities naturally shifted 优先安排自然转变了 taught me to appreciate the unpredictable nature of life 教会我享受不可预知的生活本质

### Sample Answer 2 (7 分段参考):

I had eagerly anticipated a trip to Kyoto, Japan, a destination renowned for its rich cultural heritage and stunning landscapes. The prospect of exploring historic temples, traditional tea houses, and the picturesque Arashiyama Bamboo Grove filled me with excitement. Unfortunately, the trip faced an unexpected delay due to a sudden family emergency that required my immediate attention.

The delay was disheartening, especially considering the meticulous planning and anticipation invested in the journey. The family emergency was unavoidable, and my priorities naturally shifted. Despite the initial disappointment, the delay offered a chance for reflection and reinforced the importance of flexibility in travel plans.

While I felt a tinge of frustration, the understanding that family obligations took precedence tempered my disappointment. The delayed trip to Kyoto remains a deferred aspiration, and the experience taught me to appreciate the unpredictable nature of life, urging a more resilient approach to travel expectations.

### Part 3

#### Question 1: What are the main means of transport in your country?

**解题思路：**此题为例举类题型，我国交通方式多种多样：庞大的铁路网络，公共汽车和私家车，地铁系统和公共汽车，国内航班，自行车等。不同的地区、路程会有不同的交通需求。

#### Sample Answer:

In my country, China, the primary means of transport are diverse. The extensive railway network is a major mode, connecting cities and villages alike. Additionally, road transport, including buses and private vehicles, is widespread. Metro systems and buses cater to urban areas. Domestic flights are common for long-distance travel, linking major cities. Traditional modes like bicycles and scooters are prevalent for short distances. The variety in transportation options reflects the country's vast landscape and the need for efficient connectivity across diverse terrains, making it a well-integrated and multifaceted transportation system.

#### Question 2: What can the government do to improve transport in your country?

**解题思路：**此题为建议类话题。为了提升我国的交通，政府可以投资于现代化和扩建现有的基础设施。优先考虑可持续的交通方式，如高效的公共交通、自行车道和行人友好的路径，可以缓解交通拥堵，减少环境影响。

#### Sample Answer:

To enhance transportation in my country, the government could invest in modernizing and expanding existing infrastructure. Prioritizing sustainable modes such as efficient public transit, cycling lanes, and pedestrian-friendly pathways would alleviate traffic congestion and reduce environmental impact. Strategic urban planning and the integration of smart technologies can further optimize transportation systems. Additionally, promoting electric vehicles and implementing stringent traffic regulations would contribute to a cleaner and more efficient transport network. Overall, a comprehensive approach, combining infrastructure development, sustainability, and technological advancements, can significantly improve transportation in my country.

**Question 3: Do you think travelling was better in the past than it is now?**

**解题思路：**此题为对比类题型。尽管过去的旅行充满了怀旧的魅力，但当代提供了无与伦比的便利。先进的技术简化了预订、导航和沟通，使旅途更加顺畅。

**Sample Answer:**

While travel in the past had a nostalgic charm, the contemporary era offers unparalleled conveniences. Advanced technology has streamlined bookings, navigation, and communication, making journeys smoother. Increased accessibility to diverse destinations, faster modes of transportation, and a broader range of accommodations enrich the modern travel experience. However, the past held a certain romanticism with slower-paced journeys and a focus on cultural immersion. It ultimately depends on personal preferences, but the modern era's efficiency, accessibility, and diverse travel options make it arguably more convenient and exciting.

**Question 4: Do you think that tourist attractions help people learn about new cultures?**

**解题思路：**此题为观点类题型，可以进行辨证拓展。毫无疑问，旅游景点在促进文化理解方面发挥着关键作用。参观标志性的场所为人们提供了与一个国家的历史、传统和生活方式建立有形联系的机会。博物馆、历史地标和文化节庆提供了沉浸式体验，促使人们在超越教科书的学习中获益。对各种美食、艺术和风俗的接触丰富了文化意识。然而，对文化的理解深度取决于旅行者的的好奇心和参与度。实质上，尽管旅游景点充当了教育中心的角色，但个体要真正学习和欣赏新文化，积极的参与和开放的心态至关重要。

**Sample Answer:**

Undoubtedly, tourist attractions play a pivotal role in fostering cultural understanding. Visiting iconic sites provides a tangible connection to a country's history, traditions, and lifestyle. Museums, historical landmarks, and cultural festivals offer immersive experiences, facilitating learning beyond textbooks. Exposure to diverse cuisines, art, and customs enriches cultural awareness. However, the depth of understanding depends on the traveler's curiosity and engagement. In essence, while tourist attractions serve as educational hubs, active participation and open-mindedness are key for individuals to truly learn and appreciate new cultures during their travels.

**Question 5: What difficulties do people often face when travelling?**

**解题思路：**此题为例举类题型。常见的旅行困难包括语言障碍，交通挑战，食物相关的问题，文化差异，行李丢失和住宿问题，天气干扰或紧急情况等可能会干扰旅行计划。

**Sample Answer:**

Undoubtedly, tourist attractions play a pivotal role in fostering cultural understanding. Visiting iconic sites provides a tangible connection to a country's history, traditions, and lifestyle. Museums, historical landmarks, and cultural festivals offer immersive experiences, facilitating learning beyond textbooks. Exposure to diverse cuisines, art, and customs enriches cultural awareness. However, the depth of understanding depends on the traveler's curiosity and engagement. In essence, while tourist attractions serve as educational hubs, active participation and open-mindedness are key for individuals to truly learn and appreciate new cultures during their travels.

**Question 6: Do you think technology makes travelling more difficult?**

**解题思路：**此题为观点类题型。一方面，技术在许多方面促进了旅行，但也可能引入复杂性。依赖导航应用可能会导致意想不到的绕道。语言翻译应用虽然有帮助，但可能无法准确捕捉文化细微差别。在线预订提高了便利性，但可能导致信息过载。此外，通过智能手机保持持续连接可能会分散对沉浸式体验的注意力。

**Sample Answer:**

Yes, of course. While technology facilitates travel in many ways, it can introduce complexities. Reliance on navigation apps might lead to unforeseen detours. Language translation apps, while helpful, may not capture cultural nuances accurately. Online bookings enhance convenience but can result in information overload. Moreover, constant connectivity through smartphones may distract from immersive experiences. However, technology's role in providing real-time information, facilitating communication, and streamlining logistics outweighs these challenges. Ultimately, judicious use of technology enhances rather than hinders travel, offering efficiency and convenience to navigate the intricacies of the modern journey.

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## 感受浓烈的电影

Describe a movie that you felt strongly about and touching  
You should say:  
What it is about  
When you watched it  
Where you watched it  
And explain why you felt strongly about it

### Plan your talk:

what is the name of the movie:  
who are the main actors:  
what's the story about:  
why it's meaningful to you:  
how you felt about the performance:  
how you felt about the music/score:

### 教师的解析:

思路方面：可以结合看过的令你深有感触的电影来作答，例如《当幸福来敲门》，《你好李焕英》，《肖生克的救赎》，《海上钢琴师》等。先介绍背景信息，如名字、卡司演员阵容、电影类型、观看时间和场地等；然后再接要介绍电影的内容和故事，强调该故事给你的震撼或感触。

6 分段参考	
背景信息	an emotionally touching movie 一个让我动情的电影 starring... 由...主演 is about perseverance 关于坚持不懈 the bond between a father and son 父子间的情谊
故事特征	a struggling salesman 一个挣扎谋生的销售员 faces homelessness 面临无家可归 with his young son 和他年轻的儿子
观影感受	sb's acting is good.演技好 the story is emotional 故事很动情 relatable 让人有共鸣的 the performances made it worth watching 演技让它值得一看

### Sample Answer 1 (6 分段参考):

An emotionally touching movie that left an impact on me is "The Pursuit of Happyness." Starring Will Smith, it tells the true story of Chris Gardner, a struggling salesman who faces homelessness with his young son. I watched it a few years ago at home.

The movie is about perseverance and the bond between a father and son during challenging times. Will Smith's acting is good, and the story is emotional. The struggles depicted feel real, making it relatable. However, it's a bit predictable and relies heavily on emotional moments. While it's not groundbreaking, the film has its touching moments, and the performances make it worth watching, even though the storyline is somewhat straightforward.



7 分段参考	
背景信息	<p>this amazing chinese movie 一部超棒的中国电影</p> <p>that really got to me 真正打动我</p> <p>go back in time 回到过去</p> <p>about love, sacrifice, and the connection between a mom and her child 关乎爱、牺牲、以及母女情深</p>
影片特点	<p>a mix of funny, emotional, and magical moments 一些搞笑动情和神奇的时刻</p> <p>the special effects were great 特效很不错</p>
观影感受	<p>makes you think about your own family and relationships 让你想到你自己的家庭和人际关系</p> <p>makes you reflect on life 让你思考人生</p> <p>it was nostalgic 它是令人怀旧的</p> <p>one of the movies that stick with you 让你不会忘记的电影</p>

### Sample Answer 2 (7 分段参考):

"Hello Mom" is this amazing Chinese movie I watched that really got to me. It's about this person who figures out a way to go back in time after losing her mom when she was born. The story is all about love, sacrifice, and how strong the connection is between a mom and her child.

I saw "Hello Mom" last summer with my friends at this cool local cinema we like. The movie was a mix of funny, emotional, and kind of magical moments. The way they filmed it and the special effects were great, making it a visually impressive experience.

What hit me hard about this movie is how it made me feel. It's not just about the story; it's about how it captures these deep emotions. The main character trying to connect with his mom reaches everyone, no matter where you're from. The movie makes you think about your own family and relationships. And with the time-travel thing, it adds this extra layer that makes you reflect on life.

"Hello Mom" gave me this mix of feelings – it was nostalgic, made me grateful, and left me thinking about the power of love and family. It's one of those movies that stick with you, making you appreciate the people you care about.

### Part 3

#### Question 1: Do most people prefer to watch movies at home or in a cinema?

**解题思路:** 此题为选择类题型, 可以给出辩证答案。喜好因人而异, 但有很多人更喜欢在家观看电影, 因为这样做更为方便舒适。能够掌控环境、选择观影时间, 并在流媒体平台上获取各种电影资源, 这些因素促使了这一趋势。然而, 电影院的电影体验, 以其沉浸式的视听效果, 对于喜欢在影院共同欣赏电影的人仍具有吸引力。

#### Sample Answer:

Preferences vary, but a significant number of people prefer watching movies at home for the convenience and comfort it offers. The ability to control the environment, choose viewing times, and have access to a wide range of films on streaming platforms contributes to this trend. However, the cinematic experience, with its immersive audio-visual quality, remains appealing to many who enjoy the communal aspect of watching films in theaters. Ultimately, individual preferences hinge on factors like personal comfort, social dynamics, and the desire for a specific viewing atmosphere.

**Question 2: What are the advantages of going to the cinema with friends?**

**解题思路：**此题为利弊类型考题，但是只需回答好处即可。总体而言，电影院是一个共享娱乐的社交空间，与朋友一起分享使体验更加充满活力和愉悦。

**Sample Answer:**

Watching movies at the cinema with friends offers a social and immersive experience. Shared laughter, reactions, and discussions enhance the enjoyment. It fosters a sense of camaraderie, creating shared memories. The cinematic ambiance, with its large screen and surround sound, amplifies the viewing pleasure. Additionally, group outings to the cinema provide an opportunity for socializing before and after the movie, strengthening friendships. Overall, the cinema becomes a communal space for shared entertainment, making the experience more vibrant and enjoyable when shared with friends.

**Question 3: Is going to the cinema still popular?**

**解题思路：**该题是事实类题型。可以结合生活实际，一方面提及流媒体对传统观影的冲击，以及疫情给消费习惯带来的影响，另一方面可以强调影院的沉浸式体验。

**Sample Answer:**

Despite the rise of streaming services and home entertainment systems, many people still enjoy the cinematic experience for its immersive qualities, large screens, and high-quality sound systems. However, the industry has faced challenges, particularly with the impact of the COVID-19 pandemic, which led to temporary closures and changes in consumer behavior.

**Question 4: What kind of movies do you think need to be seen in the cinema to be fully appreciated?**

**解题思路：**该题为例举类题型。具有壮观视觉效果、宏伟摄影和身临其境音效的电影，比如史诗大片、动作片和视觉效果出色的戏剧片，在电影院里更能得到充分的欣赏。巨大的银幕和环绕音响增强了观影体验，使这些类型的电影在大屏幕上更具冲击力和乐趣。

**Sample Answer:**

Movies with spectacular visuals, grand cinematography, and immersive soundscapes, such as epic blockbusters, action films, and visually stunning dramas, are best appreciated in the cinema. The larger-than-life screen and surround sound enhance the viewing experience, making these genres more impactful and enjoyable on the big screen.

## 和老人的有趣谈话

Describe an interesting conversation you had with a very old person  
You should say:  
Who this person is  
Where you had this conversation  
What you talked about  
And explain how you felt about the experience

### Plan your talk:

Who this person is  
What relationship you have with this person  
When and where you had this conversation  
Why you had this conversation  
What this conversation was about  
What you learnt from this conversation

### 教师的解析:

这是一道事件经历类的，要求我们描述一次与一个年纪很大的人进行的有趣的对话。需要关注：1) 动词时态的准确性；2) 限定条件【有趣；有意思】3) 【有趣】不一定和【搞笑】完全一致，因此同学们可以考虑其他方向的论证如【有收获、学到很多知识或技能、有惊喜等】具体来讲：

首先，我们需要确定这个人是谁。这个人可以是我们的亲戚，如祖父母，或者是我们的邻居、朋友的亲戚等。重点是这个人需要是我们认识的，并且年纪较大。

其次，我们需要描述一下我们进行对话的地点。这个地点可以是在他们的家中，或者是在公园、聚会上等地方。

接着，我们需要详细描述我们谈论的话题。这个话题应该是对我们自己和听众都感兴趣的。比如我们可以描述一下他/她分享的过去的生活经历，或者是他/她对于生活的独特见解等。

最后，我们需要描述一下这次经历给我们带来的感受。我们可以从这次对话中学到了什么，或者这次对话是否改变了我们的某些观念等方面进行描述。

总的来说，我们需要描绘出一次生动、有深度的对话，让听众能够感受到这次对话的有趣之处以及我们从中得到的感触。

6 分段参考	
描述背景	fascinating conversation 迷人的对话 next-door neighbor 隔壁邻居 sprightly 75-year-old man 活泼的 75 岁老人 sharp mind 敏锐的头脑 heart full of stories 充满故事的心 retired history professor 退休的历史教授 wealth of knowledge 丰富的知识 travels around the globe 环球旅行
描述过程	adventures in Egypt 在埃及的冒险 verbal tour 口头导游 romantic streets of Paris 巴黎的浪漫街道 bustling city life of Tokyo 繁忙的东京城市生活 gorgeous landscapes of New Zealand 新西兰的美丽风景 deeper meaning of his travels 他旅行的更深层次的含义 beauty of diversity 多样性的美丽 importance of understanding different cultures 理解不同文化的重要性 shared humanity that binds us all 将我们所有人绑在一起的共享人性 expanding his perspective 扩大他的视野
描述感受或评价	incredibly enlightening 非常启发人心 deep sense of respect 深深的尊重感 intense desire to explore the world 强烈的探索世界的欲望 life-changing experience 改变生活的经历 broadened my outlook 扩大了我的视野 fueled my passion for travel 激发了我对旅行的热情。

### Sample Answer 1 (6 分段参考):

The most fascinating conversation I ever had with an elderly person was with my next-door neighbor, Mr. Lee. He was a sprightly 75-year-old man with a sharp mind and a heart full of stories. The conversation took place on a sunny afternoon in the garden that separated our houses.

Actually, Mr. Lee was a retired history professor and had a wealth of knowledge about the world. We often chatted about various topics, but this particular conversation was about his travels around the globe. He had visited more than 30 countries and had special stories about each of them.

He began with his adventures in Egypt, exploring the pyramids and learning about the ancient civilization. He then took me on a verbal tour through the romantic streets of Paris, the bustling city life of Tokyo, the gorgeous landscapes of New Zealand. He described his experiences with such vivid details that it felt as if I was traveling with him.

But what made the conversation truly special was when he mentioned the deeper meaning of his travels. He spoke about how his journeys taught him the beauty of diversity, the importance of understanding different cultures, and the shared humanity that binds us all. He pointed that travel, for him, was not just about seeing new places but about expanding his perspective and understanding of the world.

The conversation was incredibly enlightening. I was captivated by his stories and deeply moved by the wisdom he shared. It made me appreciate the richness of its various cultures. I felt a sense of awe for the life following experiences he had gathered.

After the conversation, I was filled with a deep sense of respect for Mr. Peterson and an intense desire to explore the world myself. It was not just an interesting conversation, but a life-changing experience that broadened my outlook and fueled my passion for travel.

7 分段参考	
描述背景	interesting conversations 有趣的对话 intriguing character 吸引人的角色 lived through several historical events 经历过几次历史事件
描述过程	countless stories to tell 无数的故事要讲 reminiscing about her youth 回忆她的青春 impact it had on her personal life 它对她个人生活的影响 struggles they faced 他们面临的挣扎 scarcity of food and basic necessities 食物和基本生活用品的稀缺 resilience of people 人的韧性 strength of human spirit 人类精神的力量 keep hope alive 保持希望活着 shaped her into the strong, independent woman 塑造她成为坚强，独立的女性 involvement in the resistance movement 参与到抵抗运动中 bravery and courage 勇敢和勇气
描述感受与评价	profound impact on me 对我产生深远影响 mixture of emotions 混合的情绪 appreciate the peace and comfort 欣赏和平和舒适 humbling experience 使人谦卑的经历 strength and resilience 强度和韧性 deeper understanding of history 对历史的深入理解 through the eyes of someone who lived it 通过生活过的人的眼睛 experi

### Sample Answer 2 (7 分段参考):

One of the most interesting conversations I ever had with an elderly person was with my grandmother, who was around 90 years old at the time. This conversation took place at her home during one of my visits over a summer holiday.

My grandmother has always been an intriguing character. She has lived through several historical events and has countless stories to tell. This particular conversation started with her reminiscing about her youth during World War II. She shared her experiences of the war, how life was during that time, and the impact it had on her personal life and the community around her.

She spoke about the struggles they faced, the scarcity of food and basic necessities, and the fear they lived with every day. But she also spoke about the resilience of people during such tough times, the strength of human spirit, and how they managed to keep hope alive. She shared how the experience shaped her into the strong, independent woman she is.

One of the most fascinating parts of our conversation was when she told me about her involvement in the resistance movement. She would secretly deliver messages and supplies for the resistance fighters. The bravery and courage she displayed during such a dangerous time was truly inspiring.

The conversation left a profound impact on me. I felt a mixture of emotions - pride, admiration, sadness, and awe. It made me appreciate the peace and comfort that we often take for granted. It was a humbling experience, and it made me realize the strength and resilience that resides within every one of us. I felt incredibly fortunate to have such a strong and inspiring woman in my life.

This conversation with my grandmother gave me a deeper understanding of history, not just from the pages of a history book, but through the eyes of someone who lived it. It was an experience that I will always cherish.

### Part 3

#### Question 1: How do people have a conversation with an elderly person?

**解题思路：**这是一道解决建议类的题目，询问如何与老年人展开对话。解答这道题目不妨从考生的实际经验或观察到的现象出发，例如秉持尊重友好的态度来进行对话，以及可以考虑老年人的生理特征，例如可能需要。仔细倾听，保持大声以及保持耐心等方面，详细描述场景和具体原因。

#### Sample Answer:

Conversations with elderly individuals involve respect, active listening, and empathy. It's crucial to show genuine interest in their experiences and perspectives. Using polite language and maintaining eye contact conveys respect. Asking open-ended questions encourages them to share stories and wisdom. Patience is key, allowing them time to express themselves. Offering assistance or engaging in activities they enjoy fosters a positive connection. Non-verbal cues, such as nodding and smiling, convey attentiveness. Ultimately, a compassionate and considerate approach ensures meaningful and enjoyable conversations with elderly individuals, creating a bridge between generations and fostering mutual understanding.

#### Question 2: What can young people learn from old people?

**解题思路：**这是一道列举类的题目，询问青年人可以从老年人那里学到什么。解答时可以考虑一下几个方面，包括：

智慧：随着年龄的增长，智慧也随之增长。老年人经历过许多生活中的事情，因此他们对生活有更深入的理解。他们可以与年轻人分享他们的智慧和见解，帮助他们更好地理解世界。

耐心：老年人多年来学会了耐心这个美德。他们明白好事需要时间，生活中需要耐心。这对于年轻人来说是一个宝贵的教训，他们常常希望事情能快速发生。

历史：老年人经历过许多历史事件和变迁。他们可以分享他们的个人经历和对历史的了解，帮助年轻人理解过去，以及过去

#### Sample Answer:

Young people can learn a variety of valuable lessons from older people, including: first of all, life Experience, by that I mean, older people have lived through many experiences and situations that younger people have yet to encounter. They can provide advice and insight based on these experiences. Secondly, Patience, for example, Older people tend to have more patience. They understand that good things often take time. Younger people can learn the importance of patience and perseverance. Apart from that, skills and Knowledge could also be delivered through generations, I mean, older people may have specialized skills and knowledge in certain areas due to their longer lives and diverse experiences. Young people can learn these skills and gain knowledge from them. In essence, older people can provide younger people with a different perspective on life, which can be incredibly valuable in helping them navigate their own lives.



### Question 3: Do you think old people can work better than young people?

**解题思路：**这是一道对比比较类的题目，询问老年人是否能比年轻人工作得更好，这往往取决于上下文环境和工作性质。以下是一些需要考虑的因素：

**经验：**老年人通常有更多的经验。他们在职场上的多年经历可能让他们有更广阔的视野，更多的技能，以及对他们所在行业更深入的理解。

**智慧：**随着年龄的增长，智慧也随之增长。老年人可能有更好的决策能力，因为他们见得更多，经历的多。然而，也有一些领域年轻人可能更出色：

**精力：**年轻工作者通常有更多的身体精力和耐力，这对于需要体力劳动或长时间工作的工作来说是关键的。

**创新：**年轻人通常能带来新鲜的观点和创

#### Sample Answer:

It's not really a matter of better or worse, but more about the different strengths that both old and young people bring to the workplace.

Older people usually have a wealth of experience and wisdom gained over many years of working in different situations. They often have a deep understanding of their job and can bring valuable insights and problem-solving skills. They are also typically more patient, disciplined, and have stronger work ethics.

On the other hand, younger people tend to be more adaptable to new technologies and methods, which is crucial in today's fast-paced, tech-driven world. They often bring fresh perspectives, innovative ideas, and a high level of enthusiasm and energy.

So, both older and younger people have their unique strengths and can contribute significantly to the workplace. The key is to create a balanced team that combines the experience and wisdom of older employees with the innovation and energy of younger ones.

### Question 4: What are the advantages of having people of different ages living in the same house?

**解题思路：**这是一道观点类的题目，询问不同年龄的人住在同一所房子中的优点是什么？考生可以思考以下几个方面，例如不同年龄层互相照顾，带来的温暖温馨，不同年龄的人，可能存在经济状况不一样的情况，因此可能带来资源。共享优化配置的效果。最后还可以考虑不同生活经验，不同生理特征可能带来的互相帮助形成社会社区状态的效果。

#### Sample Answer:

Having people of different ages living in the same house can have several advantages:

firstly, there might be more earning Opportunities: Younger generations can learn a lot from the older ones, such as life experiences, traditions, and values. In contrast, older generations can learn about new technology, trends, and modern perspectives from the younger ones.

also, people living together may have mutual emotional Support: Different generations can provide emotional support to each other. For example, grandparents can provide wisdom and comfort to their grandchildren, while children can bring joy and vitality to their grandparents' lives.

More importantly, shared Responsibilities could also be accessed In a household with different ages, responsibilities can be shared according to age and ability. Older family members can supervise and provide guidance, while younger ones can help with more physically demanding tasks.

In summary, having people of different ages living in the same house can create a dynamic and enriching environment that benefits everyone.

**Question 5: Has old people's life quality improved when compared to the past?**

**解题思路：**这是一道观点类的题目，询问老年人的生活质量较过去相比是否有所提升，同时也是一道对比比较类的题目是现在和过去之间的对比，同学们在解答时尤其要注意不同时间阶段的对比。所造成的时态不同和变化，包括现在时，过去时及完成时等。

观点上可以考虑一方面物质条件、医疗条件，另一方面精神条件以及科技所带来的一些变化等。

**Sample Answer:**

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In summary, having people of different ages living in the same house can create a dynamic and enriching environment that benefits everyone.

**Question 6: Do old people share the same interest with young people?**

**解题思路：**这看似是一道观点类的题目，询问老年人和年轻人是否喜欢同样的兴趣，但实际上也是一道对比比较类的题目，既有相同之处，也有不同之处。说到二者的共同点，不妨从以下几个角度进行考虑：影视作品，体育活动。及其他休闲娱乐等。与此同时,也需要关注这种不同的原因不仅限于年龄。

**Sample Answer:**

While there are certainly differences in interests between different generations, there are also many common interests shared by old and young people alike.

For example, both old and young people might enjoy activities such as reading, gardening, cooking, playing games, watching movies, or listening to music. They might also share interests in broader topics like travel, history, art, or nature.

However, the specific manifestations of these interests might differ. For instance, while younger people might prefer to read e-books or listen to music online, older people might prefer physical books or vinyl records.

Additionally, young people might be more engaged with technology, social media, and contemporary popular culture, while older people might have a greater interest in traditional hobbies and pastimes.

In general, though, it's important to remember that interests are highly individual and can vary greatly within any age group. It's entirely possible for an older person to be interested in the latest technology or for a young person to be fascinated by history or classical music.



## 有助学习工作的事

Describe something you do regularly to help you work or study  
You should say:  
What it is  
When and where you do it  
How you do it  
And explain how you feel about it

### Plan your talk:

What you do  
What tool or equipment you need  
When and where you do this thing  
What results or impact it brings  
The last time you did it  
How you felt about this thing

### 教师的解析:

这个题目要求描述你为了帮助自己工作或学习而经常做的事情。可以参考的描述对象--制定计划、听音乐、带耳机、喝咖啡等，解答这个问题可以从以下几个方面构思：

你做什么：首先，你需要描述你经常做的事情是什么。这可能是一个习惯、一种技巧、一个工具或者方法等。比如，你可能会说你经常制定日程计划，或者使用特定的学习工具，或者进行某种放松活动等。

何时何地：其次，你需要解释你何时何地做这件事。这可以帮助听众更好地理解你的习惯是如何融入你的生活的。比如，你可能每天早晨在家里制定你的日程计划，或者在图书馆使用学习工具，或者在工作或学习之后进行放松活动等。

如何做：然后，你需要描述你是如何做这件事的。这部分可以提供一些具体的细节，让听众更好地理解你的习惯。比如，你可能会解释你是如何制定日程计划的，或者如何使用学习工具，或者如何进行放松活动等。

感受：最后，你需要解释你对此有什么感受。这部分可以帮助听众理解这个习惯对你的工作或学习有什么影响，以及你为何会坚持这个习惯。比如，你可能会说制定日程计划让你感觉更有组织，使用学习工具让你学习更高效，进行放松活动让你能够更好地放松和恢复精力等。

6 分段参考	
描述开头, 引出对象	developed and maintained 发展并保持 create a detailed schedule 制定详细的计划
描述细节	large desk calendar 大桌历 note down all the tasks 记下所有任务 meetings and deadlines 会议和截止日期 personal chores and study time 个人杂务和学习时间 set reminders on my phone 在手机上设置提醒 follow a simple method 遵循一个简单的方法 divide my day into blocks of time 将我的一天划分为时间块 assign tasks to each block 分配任务给每个块 prioritize my tasks 优先处理我的任务 include breaks in my schedule 在我的计划中包含休息时间 prevent burnout 预防疲劳 stay organized and manage my time 保持组织和管理我的时间 reduced stress 减少压力 sense of accomplishment 成就感 checked off my list 从我的列表中检查
描述评价和 感受	improved my productivity and efficiency 提高了我的生产力和效率 clear picture of what my day looks like 我的一天看起来是什么样的清晰图片 stay focused on my tasks 专注于我的任务 recommend this practice 推荐这种做法 improve their time management skills 提高他们的时间管理技巧.

### Sample Answer 1 (6 分段参考):

One habit that I have developed and maintained to help me with my work and study is to create a detailed schedule or plan for each day. I usually do this every morning, right after breakfast, in my study room at home. I have a large desk calendar on which I note down all the tasks that I need to accomplish for the day. I list everything from meetings and deadlines at work to personal chores and study time. I also set reminders on my phone for important tasks or deadlines to ensure I don't forget them.

I follow a simple method while creating my daily schedule. I divide my day into blocks of time and assign tasks to each block. I prioritize my tasks based on their urgency and importance. I also make sure to include breaks in my schedule to prevent burnout.

Creating and following a daily schedule has helped me stay organized and manage my time effectively. It has also reduced stress as I no longer have to worry about forgetting tasks or missing deadlines. I feel a sense of accomplishment at the end of each day when I see all tasks checked off my list.

Overall, I feel that this practice has greatly improved my productivity and efficiency at work and in my studies. It gives me a clear picture of what my day looks like and helps me stay focused on my tasks. I would definitely recommend this practice to anyone looking to improve their time management skills.

7 分段参考	
描述对象	aid my work and study 帮助我的工作和学习 practicing yoga 练习瑜伽
描述细节	physical postures 身体姿势 breathing exercises 呼吸练习 guided yoga routine 指导性瑜伽常规 increase flexibility, strength, and mindfulness 增加灵活性, 力量和正念 roll out my yoga mat 摊开我的瑜伽垫 clear my mind and set my intentions 清空我的思绪并设定我的意图 reduce stress, increase focus 减少压力, 增加专注力 improve my overall mental well-being 提高我整体的心理健康 approach my work and study with a clear mind and a positive attitude 以清晰的思绪和积极的态度面对我的工作和学习
描述评价	incorporating yoga into my daily routine 将瑜伽融入我的日常生活 more balanced 更加平衡 tackle the challenges 应对挑战 holistic approach to improving their productivity 整体方法提高他们的生产力

#### Sample Answer 2 (7 分段参考):

One activity I do regularly to aid my work and study is practicing yoga. Actually, I usually do this early in the morning in my living room before I start my day.

Well, yoga is a mind-body practice that combines physical postures, breathing exercises, meditation, and a distinct philosophy. I usually follow a guided yoga routine on a fitness app. The routine typically lasts about 20 minutes and includes a variety of yoga poses designed to increase flexibility, strength, and mindfulness. To do it, I usually roll out my yoga mat in a quiet, open space in my living room. I then follow along with the instructor on the app, performing each pose to the best of my ability. After the physical aspect of the practice, I spend a few minutes meditating, focusing on my breath to clear my mind and set my intentions for the day. Practicing yoga regularly has had a positive impact on both my work and study. It helps me reduce stress, increase focus, and improve my overall mental well-being. I feel more calm and centered after each session, which helps me approach my work and study with a clear mind and a positive attitude.

Overall, incorporating yoga into my daily routine has been incredibly beneficial. I feel healthier, more balanced, and more prepared to tackle the challenges of the day. It's a practice I truly enjoy and would highly recommend to anyone looking for a holistic approach to improving their productivity.

### Part 3

#### Question 1: Do you think everyone's routine is different?

**解题思路:** 这是一道观点和对比比较相结合的题目, 询问每个人的日常行为是否有所不同, 考生在作答时可能会容易缺乏观点原因是确实每个人的情况都不尽相同这里我们可以尝试寻找共性以及个性, 例如某些高三学生的日程基本是比较一致的以及上班族的日常工作及生活流程也往往比较相似, 注意在列举的时候进行有效的衔接。

#### Sample Answer:

Certainly, individual routines are inherently diverse. Factors such as profession, personal preferences, and lifestyle contribute to the uniqueness of each person's daily regimen. While some thrive on structured schedules, others prefer flexibility. Career demands, familial responsibilities, and personal priorities further differentiate routines. Cultural influences and societal norms also play a role in shaping daily habits. Recognizing and respecting these variations fosters an understanding that what works for one may not suit another.

Embracing diversity in routines enhances appreciation for individuality, reflecting the multifaceted nature of human lifestyles and priorities.

### Question 2: Which jobs need a morning routine?

**解题思路：**这是一道列举类的题目，询问什么样的工作，需要有晨间的例行习惯。考生可以结合日常的生活习惯及观察，例如清洁工公共交通的司机，早餐店或咖啡厅等工作人员都有可能参与这样的工作，注意典型事例的补充。如具体工作内容、对应时间等。

#### Sample Answer:

Professions demanding a morning routine are often those requiring early starts and structured schedules. Jobs in healthcare, where staff must attend to patients' needs promptly, exemplify this. Similarly, the hospitality industry, particularly in breakfast service or front desk roles, necessitates a morning routine. Additionally, teaching professions thrive on early preparation for classes. Emergency responders and law enforcement also adhere to morning routines for shift changes and briefings. These roles benefit from a disciplined start to the day, ensuring readiness and efficiency in responding to the demands of their respective fields.

### Question 3: Is a daily routine important?

**解题思路：**这道题目是优点的题目询问日程流程的重要性，考生可以结合万能理由进行作答，如效率的提升带来的便利，给人们带来的安全感及稳定性，值得注意的是具体细节的补充，例如所花费的时间、具体参与的人群和行为等。

#### Sample Answer:

Undoubtedly, a daily routine holds paramount importance in fostering discipline and productivity. Establishing a structured routine contributes to time management, ensuring tasks are completed efficiently. It provides a sense of stability and reduces stress by offering predictability. A well-organized daily routine promotes healthy habits, both mental and physical, contributing to overall well-being. Furthermore, it instills a sense of accomplishment, boosting self-esteem. While flexibility is essential, a consistent daily routine serves as a foundational tool for personal growth and success, offering a structured framework for individuals to navigate the demands of their professional and personal lives.

### Question 4: How do people organize their routines after getting up in the morning and after work?

**解题思路：**这道题目询问人们如何在起床和下班后安排自己的日程。可以尝试列举一般行程如晨练、早餐、晚餐、其他晚间活动及对应带来的影响即可，注意连接词的使用。

#### Sample Answer:

Well, that's a great question. Establishing a routine, both in the morning and after work, can vary greatly from person to person. But let's dive into some common practices, shall we? Now, in the morning, many people like to start their day by freshening up and indulging in some form of physical activity. You see, this could be anything from a brisk walk, a quick run, yoga, or even a full-blown workout session. The aim here is to get the blood flowing and kickstart the day on a high note. Let's move on to the part of after a long day of work, people have different ways of unwinding. For some, it might involve hitting the gym or going for a run, you know, to let off some steam. For others, it could be as simple as changing into comfortable clothes and relaxing on the couch with a good book or a favorite TV show. Finally, before hitting the sack, many people have a bedtime routine, which could include anything from skincare to reading, meditation, or simply preparing for the next day. So you see, routines can be quite diverse, reflecting the individual's personal preferences, lifestyle, and commitments. But the key is consistency. It's about finding a routine that works for you and sticking to it, day in, day out. This not only helps maintain a sense of order but also enhances productivity and overall well-being.

**Question 5: Do you think children need to have a routine too?**

**解题思路：**这是一道观点类的题目，询问孩子们是否【也】需要常规流程。作答时可以结合自身的情况和生活经验，例如比较固定的日程，可能会给环境带来安全感；以及固定的生活安排如饮食锻炼等方面的好处，对于孩子的身心发展有着较为积极的作用和影响。

**Sample Answer:**

Well, that's a great question. Establishing a routine, both in the morning and after work, can vary greatly from person to person. But let's dive into some common practices, shall we?

Now, in the morning, many people like to start their day by freshening up and indulging in some form of physical activity. You see, this could be anything from a brisk walk, a quick run, yoga, or even a full-blown workout session. The aim here is to get the blood flowing and kickstart the day on a high note.

Let's move on to the part of after a long day of work, people have different ways of unwinding. For some, it might involve hitting the gym or going for a run, you know, to let off some steam. For others, it could be as simple as changing into comfortable clothes and relaxing on the couch with a good book or a favorite TV show. Finally, before hitting the sack, many people have a bedtime routine, which could include anything from skincare to reading, meditation, or simply preparing for the next day.

So you see, routines can be quite diverse, reflecting the individual's personal preferences, lifestyle, and commitments. But the key is consistency. It's about finding a routine that works for you and sticking to it, day in, day out. This not only helps maintain a sense of order but also enhances productivity and overall well-being.

**Question 6: Do you think routine is important for companies?**

**解题思路：**这是一道观点类的题目询问对于公司来说常规流程是否重要，有的考生会由于缺乏职场经验，因此觉得该问题较难以开启思路其实不妨可以从以下观点进行分析，如公司运转的效率给客户提供服务或产品质量以及在面临重大变故时，常规流程能够起到对稳定性方面的影响

**Sample Answer:**

let me see ... honestly, I haven't thought about this question before. maybe yes, routine is important for companies for several reasons:

firstly, efficiency, I mean, routine creates a pattern of operations that allows employees to perform tasks more efficiently because they know what to expect and what is expected of them.

the second importance must be related to productivity: I mean, when everyone follows a routine, it reduces the amount of time spent on deciding what needs to be done next, leading to increased productivity.

However, it's also important to balance routine with flexibility and innovation. Too much routine can lead to complacency and hinder creativity and adaptability. Companies need to strike a balance between maintaining productive routines and encouraging new ideas and approaches.

## 帮助他人

Describe a time when you helped someone  
You should say:  
Who you helped  
Why you helped him/her  
How you helped him/her  
And explain how you felt about the experience

### Plan your talk:

When and where this incident took place  
Who were involved  
What relationship you had with this person/ these people  
Why this person needed help  
What you did to help him/her  
What the result was  
How you felt about this incident

### 教师的解析:

这是一道事件经历类的题目，要求描述你帮助他人的一次经历。可以从以下方面作答：

你帮助了谁：首先，你需要描述你帮助的那个人是谁，他/她和你的关系是什么。这个人可以是你的朋友，家人，同事，邻居，甚至陌生人。

你为什么帮助他/她：接下来，你需要解释你为什么会帮助他/她。这可能是因为他/她正面临一些困难或挑战，需要你的帮助。也可能是你看到他/她需要帮助，所以主动提出帮忙。

你如何帮助他/她：然后，你需要详细描述你是如何帮助他/她的。这可能涉及到你的一些具体行动，比如你提供了什么样的帮助，你是如何解决问题的，你投入了多少时间和精力等。

你对这次经历的感受：最后，你需要解释你对这次帮助他人的经历有什么感受。你可能会感到满足，因为你帮助了他人，或者你可能会感到开心，因为你的帮助被他人接受和欣赏。你也可能会谈到这次经历对你的影响，比如它是否让你学到了什么，或者它是否改变了你的一些观点和态度。另外，还要特别提醒注意过去时态的准确使用及对应衔接。



6 分段参考	
描述背景	Memorable incident 难忘的事件 Grocery store 杂货店
描述过程和结果	Elderly gentleman 老年绅士 Having difficulty reaching items 达到物品有困难 Stacked high 堆积如山 In the same aisle 在同一通道 Happened to notice 碰巧注意到 Relatively tall 相对较高 Offered my assistance 提供我的帮助 Accepted my offer 接受了我的提议 A small act 一个小行动 Grocery shopping 杂货购物 Left me with a warm feeling 给我留下了温暖的感觉 Grateful smile 感激的微笑
描述感受和收获	Made my day 让我一天都很开心 Simplest acts 最简单的行动 Significant difference 显著差异 Importance of kindness and consideration 善良和考虑的重要性 Even strangers 甚至陌生人 Small acts of kindness 小善行

**Sample Answer 1 (6 分段参考):**

A memorable incident when I helped a stranger was when I was at the grocery store about a year ago. The person I helped was an elderly gentleman who was having difficulty reaching items from the top shelf. He was trying to buy some canned goods, but they were stacked high, and he was struggling to reach them. I was in the same aisle and happened to notice his struggle. I'm relatively tall, so reaching high shelves isn't a problem for me. Seeing his difficulty, I immediately decided to help. I approached him and kindly offered my assistance. The gentleman was grateful and accepted my offer. I helped him get the items he needed from the top shelf. It was a small act, but it made his grocery shopping a little bit easier.

The experience left me with a warm feeling. It was a small gesture, but the gentleman's grateful smile made my day. It was a reminder that sometimes the simplest acts can make a significant difference to someone. It also reinforced my belief in the importance of kindness and consideration towards others, even strangers. It's a moment that I often recall when I think about the impact of small acts of kindness.

7 分段参考	
描述背景	vividly recall 生动地回忆 stranded elderly woman 滞留的老年女性 unexpected heavy rainstorm 意外的大暴雨
描述过程和结果	Observing her predicament 观察到她的困境 offered assistance 提供帮助 driven by empathy and a sense of community responsibility 由同情心和社区责任感驱动 deep sense of satisfaction 深深的满足感 alleviate someone's immediate burden 减轻某人的直接负担 immensely rewarding 非常有回报
描述感受和反思	reinforced the importance of compassion and helping others 加强了同情心和帮助他人的重要性 fostering a stronger sense of unity within the community 在社区内培养更强的团结感 inherent goodness 内在的善良 extend a helping hand 伸出援助之手 without expecting anything in return 不期待任何回报 small acts o

#### Sample Answer 2 (7 分段参考):

I vividly recall a time when I assisted a stranded elderly woman in my neighborhood. During an unexpected heavy rainstorm, she was struggling to carry her groceries while managing an umbrella. Observing her predicament, I immediately offered assistance. I walked her home, shielding her from the rain with my umbrella and carrying her bags. The act of helping her was driven by empathy and a sense of community responsibility.

I felt a deep sense of satisfaction from providing assistance, knowing that a simple gesture could alleviate someone's immediate burden. Witnessing her gratitude and relief was immensely rewarding.

The experience reinforced the importance of compassion and helping others, fostering a stronger sense of unity within the community. It also reminded me of the inherent goodness that exists when individuals extend a helping hand without expecting anything in return. Overall, the episode left me with a warm feeling, reinforcing the belief that small acts of kindness can have a profound impact on both the giver and the receiver.

#### Part 3

##### Question 1: Should people be very kind when they help others?

**解题思路：**这是一个观点类的问题，询问当人们帮助他人时是否应当非常友好。作答时可以考虑友好带来的好处或积极影响，例如展示善意，能够更快地获得信任；能够共情他人。同时也可以列举具体事例，例如校园、邻里关系或者在处理时下广受关注的家暴、霸凌等问题时的功能。

##### Sample Answer:

Certainly, kindness is integral when assisting others. A compassionate approach not only meets immediate needs but also fosters a positive and supportive environment. Genuine kindness enhances the overall impact of help, creating a connection between individuals. It promotes a sense of empathy, making the recipient feel valued and understood. Moreover, kindness contributes to building a harmonious society by cultivating a culture of mutual respect and understanding. While practical assistance is vital, the emotional support derived from genuine kindness adds a profound dimension to helping others, creating a ripple effect that extends beyond the immediate act of assistance.



### Question 2: Should children be taught to be kind to others?

**解题思路：**这是一道观点类的题目，询问孩子们是否应该被教育对他人友好。这里考生可以分情况作答，一般情况下被培养孩子的善良当然可以给出肯定的答复和例证，但与此同时也需要关注善良和理性思考的共同作用，避免盲目善良带来的对孩子自身利益，甚至安全的侵害等。

#### Sample Answer:

Absolutely, teaching children kindness is fundamental for their holistic development. It instills empathy, compassion, and the importance of considering others' feelings. This early education shapes positive social behaviors, fostering cooperation and harmony.

Kindness is a foundational value that contributes to a child's emotional intelligence, promoting healthy relationships. It also cultivates a sense of responsibility towards the well-being of others, laying the groundwork for a more empathetic and caring society. The lessons learned in childhood about kindness have a lasting impact, shaping individuals who contribute positively to their communities and, eventually, to the broader world.

### Question 3: Should parents help their kids with their homework?

**解题思路：**这是一道观点类的题目，询问父母是否应该帮助孩子完成他们的作业答案是显而易见的其积极的影响包括帮助孩子思考建立亲子关系，以及让孩子更有安全感，等等与此同时也可以提出有效的建议，例如帮助的方式程度频率等都应做进一步考量，避免越俎代庖的情况的发生，以避免副作用如过度溺爱、作弊现象等

#### Sample Answer:

The role of parents in assisting with homework can indeed be a balancing act.

Now, on one hand, it can be beneficial for parents to help their kids with homework. It provides an opportunity for parents to understand what their kids are learning, and it allows them to be involved in their educational journey. It's about support and engagement.

Furthermore, parents can provide guidance when children struggle with certain concepts or tasks. They can help explain things in a different way, or provide additional resources for learning. It's about offering a helping hand, don't you think?

Moreover, working on homework together can also help children develop good study habits and organizational skills. Parents can guide their kids on how to manage their time, prioritize tasks, and work efficiently. It's actually about instilling valuable skills.

However, on the flip side, there's a fine line between helping and doing the work for them. It's crucial for kids to do their own homework to reinforce what they've learned in class, develop problem-solving skills, and foster independence. After all, homework is meant to be a learning tool, I suppose.

### Question 4: What kind of advice should parents give to their children?

**解题思路：**这是一道列举类的题目，询问父母应该给予孩子什么样的建议亲子类的题目对高中大学生来说可能会有一定难度，因为缺乏相关的教育他人的经验，但作为家庭的一员，考生们可以尝试从自己的需求出发，从以下几个方面进行思考，例如金钱方面的建议择校择业方面的建议，甚至在人生面临重大转折时给出的建议。

#### Sample Answer:

Indeed, parents often find themselves in a position where they need to give advice to their children. Shall we dive into why that might be?

Firstly, parents generally have more life experience and wisdom than their children. They've encountered various situations, faced different challenges, and learned valuable lessons along the way. Sharing this wisdom with their children can help guide them through life's ups and downs. It's like passing on a roadmap, isn't it?

Moreover, providing advice is one way parents can teach their children important values and principles. Whether it's about honesty, respect, kindness, or perseverance, advice from parents can shape a child's character and worldview. It's about imparting values, don't you think?

In addition, parents' advice can help children make informed decisions. From choosing a school subject to dealing with a difficult friend, parents can offer different perspectives and options that children might not have considered. It's about broadening horizons, right?

#### Question 5: Should parents give children advice? why?

**解题思路：**这是一道询问重要性的问题，询问父母是否应该给予孩子建议在作答时可以结合前一道题目给出的事例进行论证，例如在孩子面临重要选择时，给出建议，对于个人发展、社交技能及升学工作等都有所帮助。另外，建议的来源除了家长个人，也可以来自咨询专业人士之后的整合，如医生、导师等

#### Sample Answer:

Indeed, parents often find themselves in a position where they need to give advice to their children. Shall we dive into why that might be?

Firstly, parents generally have more life experience and wisdom than their children. They've encountered various situations, faced different challenges, and learned valuable lessons along the way. Sharing this wisdom with their children can help guide them through life's ups and downs. It's like passing on a roadmap, isn't it? Moreover, providing advice is one way parents can teach their children important values and principles. Whether it's about honesty, respect, kindness, or perseverance, advice from parents can shape a child's character and worldview. It's about imparting values, don't you think?

In addition, parents' advice can help children make informed decisions. From choosing a school subject to dealing with a difficult friend, parents can offer different perspectives and options that children might not have considered. It's about broadening horizons, right?

#### Question 6: Can kids provide any help to parents?

**解题思路：**这是一道观点和解决建议相结合的题目，询问孩子是否可以给父母给予帮助在作答时，可以结合孩子不同时期的自身特点，如童年幼年时期的观察力、体力；成年期的体力、财力及对科技等新兴事物的理解力等。

#### Sample Answer:

Well, that's true. Indeed, kids can definitely provide help to parents in various ways.

Firstly, let's consider household chores. Even from a young age, children can help with simple tasks around the house. This might include tidying up their toys, setting the table, or helping to water plants. It's not just about reducing the workload for parents, but also teaching kids responsibility and independence, isn't it?

Moving on, as kids grow older, they can take on more complex tasks. This could include preparing simple meals, doing laundry, or helping with grocery shopping. It's all about growing up and learning life skills, don't you think?

Additionally, kids can also provide emotional support to parents. Their energy, enthusiasm, and unconditional love can often bring joy and relief to parents, especially after a long, stressful day. It's amazing how a simple hug or a heartfelt "I love you" can lift one's spirits, isn't it?

Moreover, kids can sometimes provide a fresh perspective on things. Their curiosity and inquisitive nature can inspire parents to see the world differently and appreciate the simple things in life.

Lastly, in this digital age, kids, especially teenagers, often help their parents navigate technology. Be it setting up a new smartphone, using a new app, or troubleshooting a computer problem, kids can often be quite the tech gurus

## 户外活动

Describe an outdoor activity you did  
You should say:  
What the activity was  
When and where you did it  
Who you did it with  
And explain why you enjoyed it

### Plan your talk:

What the activity is  
What tool or equipment you need  
When and where you do this thing  
What results or impacts it brings  
The last time you did it  
Why you enjoy this activity

### 教师的解析:

这是一道抽象物品/活动类描述的题目，要求描述户外活动，可以从以下几个方面思考：

首先，你需要描述你参与的这个户外活动是什么。这可能是徒步旅行，野营，烧烤，野餐，滑雪，游泳，钓鱼等。你需要详细解释这个活动的内容，例如，如果你去野营，你可能需要提到你在哪里搭建帐篷，你做了什么，比如烧烤或者观星。

其次，何时何地进行的：接下来，你需要描述你是什么时候、哪里进行这个活动的。你可以提到具体的日期，地点，以及当时的天气情况。

另外，你和谁一起做的：然后，你需要描述你和谁一起进行这个活动。这可能是你的朋友，家人，同事，甚至是你自己。你可以描述你们在活动中的互动，以及他们对活动的反应和感受。

最后：你为什么喜欢它：最后，你需要解释你为什么喜欢这个活动。这可能是因为你喜欢户外的新鲜空气，喜欢与大自然亲近，或者喜欢这个活动带来的挑战和刺激。你也可以谈谈这个活动带给你的乐趣和满足感，以及它对你的身心健康的好处。

6 分段参考	
描述背景	beach clean-up drive 海滩清理行动 organized by a local environmental club 由当地环保俱乐部组织
描述过程	pleasant weather 气候宜人 enthusiastic about making a difference 热衷于做出改变 picking up trash and waste materials 捡垃圾和废物 segregating them into recyclable and non-recyclable waste 将它们分为可回收和不可回收的废物
描述结果和感受	sense of satisfaction and fulfillment 满足感和成就感 maintaining cleanliness in public spaces 保持公共空间的清洁 impact of littering on our environment 乱扔垃圾对我们环境的影响 work collectively to make a positive change 集体工作以做出积极的改变 raised my awareness about environmental conservat

**Sample Answer 1 (6 分段参考):**

The outdoor activity that I really enjoyed was a beach clean-up drive that took place about six months ago. The activity was organized by a local environmental club in my city at a popular public beach.

It was on a Sunday morning and the weather was quite pleasant, making it a perfect day for such an activity. I participated in the event along with my two best friends and a group of about 50 other volunteers, all of whom were enthusiastic about making a difference.

The activity involved picking up trash and waste materials from the beach, segregating them into recyclable and non-recyclable waste, and properly disposing of them. We were provided with gloves, trash bags, and pickers for the cleanup process.

What I really enjoyed about this activity was the sense of satisfaction and fulfillment it provided. Seeing the beach transform from a litter-filled area to a clean and beautiful spot was incredibly rewarding. In addition, it was a great learning experience about the importance of maintaining cleanliness in public spaces and the impact of littering on our environment.

Overall, it was a meaningful and enjoyable outdoor activity that not only allowed me to do something productive but also raised my awareness about environmental conservation.

7 分段参考	
描述开头	Outdoor activity 户外活动 Picturesque Blue Ridge Mountains 风景如画的蓝岭山脉
描述过程细节	Undertook this adventure 开始这次冒险 Challenging trail 具有挑战性的小径 Perfect escape from the mundane routine 完美逃脱日常生活 Physical exertion 身体劳累 Awe-inspiring natural beauty 令人敬畏的自然美景 Element of tranquility 宁静的元素 Camaraderie fostered a sense of unity 友情培养了团结感
描述感受	Holistic connection with nature 与大自然的整体联系 Profound sense of accomplishment 深深的成就感 Rejuvenating experience 恢复活力的体验 Immerse myself in the beauty of nature 沉浸在大自然的美景中

**Sample Answer 2 (7 分段参考):**

One enjoyable outdoor activity I recently participated in was a hiking trip to the picturesque Blue Ridge Mountains.

I remember that I undertook this adventure last summer with a group of close friends. We embarked on a challenging trail that led us through lush forests, serene meadows, and culminated in breathtaking panoramic views from the mountain peak.

The activity provided a perfect escape from the mundane routine, offering a blend of physical exertion and awe-inspiring natural beauty. The timing was ideal, with the sun casting a warm glow over the landscape, and the location, nestled in the Blue Ridge Mountains, added an element of tranquility to the experience.

Hiking with friends made the journey even more enjoyable. We shared laughter, encouraged each other during steep ascents, and celebrated our achievement at the summit. The camaraderie fostered a sense of unity and made the entire trek more memorable.

What made the experience particularly enjoyable was the holistic connection with nature and the physical challenge. Breathing in the crisp mountain air, witnessing the vibrant flora, and reaching the summit filled me with a profound sense of accomplishment and appreciation for the great outdoors. It was a rejuvenating experience that allowed me to unwind, bond with friends, and immerse myself in the beauty of nature.

### Part 3

#### Question 1: Do people go outdoors more or less now?

**解题思路：**这是一道对比比较类的题目，询问人们现在更多或更少的参与户外活动，隐藏了一个条件就是和过去对比，因此作答时需要关注事态的正确使用除此之外还需要结合原因和栗子进行进一步论证，例如人们的生活节奏越来越快，压力越来越大，因此导致更省时间参与户外活动。

#### Sample Answer:

I believe that it depends on individuals' lifestyles. Generally, with the increased prevalence of technology and indoor entertainment options, some individuals may spend more time indoors. However, outdoor activities like sports, hiking, and nature exploration remain popular for many. The balance between outdoor and indoor activities often depends on personal preferences, cultural influences, and the availability of outdoor spaces. While some may engage in outdoor activities regularly, others might opt for indoor pursuits, contributing to a diverse range of preferences in modern society.

#### Question 2: What can people do outdoors besides exercising?

**解题思路：**这是一道列举了一个题目询问除了运动以外，人们还会做哪些户外活动考生可以结合自身经验进行作答，例如散步野餐，甚至近年来非常流行的露营钓鱼等户外活动常常以家庭为单位进行，其特征是轻松愉快的氛围，同时也带动了这一类消费产品的销量的上升。

#### Sample Answer:

Beyond exercising, people can engage in various outdoor activities. Nature enthusiasts may opt for hiking, camping, or birdwatching to connect with the environment. Photography provides an artistic outdoor pursuit. Socializing in parks or having picnics fosters community bonds. Cultural events in open spaces, like outdoor concerts or festivals, offer entertainment. Sports enthusiasts can play recreational games. Relaxing activities like reading or enjoying a meal at outdoor cafes are popular. Ultimately, the outdoors offer a diverse range of experiences, catering to individuals' interests, whether they seek adventure, relaxation, or social interactions.

#### Question 3: When do people usually go outdoors to get close to nature?

**解题思路：**这是移动细节类的题目询问人何时走出门外接触大自然作答时可以从以下方面进行参考，例如时间上可能会选择闲暇时期多，例如假期、考完试后。从频率上也可以进行总结归纳，另外还可以从一年中的某个时段进行分析，比如季节上人们往往会选择更加舒适或更有特点的时间，例如冬季适合户外的滑雪滑冰等项目，而春秋则更加适合野餐露营等项目

#### Sample Answer:

People typically go outdoors to get close to nature during weekends and holidays when they have more free time. Additionally, spring and summer seasons tend to attract individuals seeking outdoor experiences due to pleasant weather and blooming landscapes. Natural events such as flower blooms, fall foliage, or wildlife migrations can also draw people outdoors. Outdoor activities like hiking, picnics, and nature walks are commonly pursued during daylight hours. The desire to escape urban environments and enjoy the tranquility of nature often motivates individuals to venture outdoors, providing a refreshing break from their daily routines.

#### Question 4: What can people do to get close to nature?

**解题思路：**这是一道细节类的题目，询问人们在户外接触自然时可以做哪些事情本身难度较低，可以从以下方面进行作答，例如休闲娱乐类体育运动类文艺表演类等，需要注意逻辑的衔接。

#### Sample Answer:

People can immerse themselves in nature through various activities. Hiking in scenic areas or exploring nature trails allows for direct interaction with the environment. Camping provides an opportunity to live amidst nature, fostering a deeper connection. Engaging in outdoor sports like kayaking, cycling, or rock climbing integrates recreation with natural settings. Birdwatching and photography encourage mindful observation of wildlife and landscapes. Gardening, whether in personal spaces or community projects, brings nature closer to home. Simply taking leisurely walks in parks or practicing outdoor yoga promotes well-being while connecting with the natural world. These activities enhance appreciation and awareness of the environment.



**Question 5: Is having outdoor activities important to people?**

**解题思路：**这是一道观点类的题目，询问户外活动对人们是否重要。可以直接从健康心情环境等方面进行作答，如有困难也可以从不同人群的特点及需求进行作答，例如老年人和年轻人对于健康的需求即为不错的选择。

**Sample Answer:**

People can immerse themselves in nature through various activities. Hiking in scenic areas or exploring nature trails allows for direct interaction with the environment. Camping provides an opportunity to live amidst nature, fostering a deeper connection. Engaging in outdoor sports like kayaking, cycling, or rock climbing integrates recreation with natural settings. Birdwatching and photography encourage mindful observation of wildlife and landscapes. Gardening, whether in personal spaces or community projects, brings nature closer to home. Simply taking leisurely walks in parks or practicing outdoor yoga promotes well-being while connecting with the natural world. These activities enhance appreciation and awareness of the environment.

**Question 6: Do people like doing outdoor activities in the winter time?**

**解题思路：**这是一道观点类的题目，询问人们是否喜欢在冬季参与户外活动，考生可以结合前几年北京冬奥会的经历进行作答，例如一些冬季户外运动项目的普及及蜂蜜能够体现出人们的态度颇为积极，与此同时也可以考虑人们出于对极限运动的好奇和尝试，也是冬季户外项目逐渐更加受欢迎的一个原因。

**Sample Answer:**

let me see... for some people, winter presents a whole new realm of outdoor activities that they absolutely love. Think about sports like skiing, snowboarding, ice skating, or even just building a snowman. These activities are unique to the season and can be quite exhilarating. It's all about embracing the cold and enjoying the snow, isn't it?

Moreover, winter landscapes can be breathtakingly beautiful. The snow-covered trees, the serene silence, the crisp winter air - all of these can make outdoor activities like winter hiking or photography quite appealing to many. It's a different kind of charm, wouldn't you agree?

However, on the flip side, there are those who might not be as enthusiastic about outdoor activities in winter. The cold temperatures, shorter daylight hours, and potential safety concerns such as slippery surfaces can deter some people. For them, winter might be a time for indoor activities, like reading by the fireplace, cooking, or indoor workouts. It's about comfort and warmth, isn't it?

## 匆忙做事

Describe an occasion when you had to do something in a hurry  
You should say:  
What it was  
When it happened  
Why you had to do it quickly  
And explain how you felt about it

### Plan your talk:

When and where this incident took place  
Who were involved  
Why you were in a hurry  
What happened exactly  
What the result was  
How you felt about this incident

### 教师的解析:

这是一道事件经历类的题目，要求描述一个你必须匆忙做某事的场合。除了过去时态的正确使用和【匆忙】的限定条件，还可以考虑以下几点：

这是什么事情：描述你必须匆忙做的事情是什么，例如完成一份报告，赶火车，准备一次突然的演讲等。

什么时候发生的：说明这件事情发生的时间，可以是具体的日期，也可以是在你生活的某个阶段。

为什么你必须快速做：解释为什么你必须匆忙做这件事情，可能是因为你有着紧迫的截止日期，或者你需要在特定的时间内完成任务等。

你对此有何感受：描述你对这个事件的感受，可能是紧张，焦虑，还是振奋，兴奋等。你可以谈谈你是否成功地完成了任务，以及这个经历是否给你带来了任何启示或教训。

6 分段参考	
描述背景	act swiftly 快速行动，迅速采取行动 limited time left 剩余时间有限
描述过程	decide on and acquire 决定并获取 the urgency stemmed from 紧急情况源于 got sidetracked by 被...分心 rush to a nearby bookstore 匆忙赶往附近的书店 a mix of regret and determination 混合了遗憾和决心 time constraints 时间限制 resonated with my friend's interests 与我的朋友兴趣相吻合
描述结果和感受	planning ahead 提前计划 avoid such last-minute rushes 避免这样的最后一分钟的急促

**Sample Answer 1 (6 分段参考):**

A memorable instance when I had to act swiftly occurred last month when I realized I had forgotten to purchase a birthday gift for my best friend. The realization struck on the day of his birthday, and with limited time left, I had to quickly decide on and acquire a meaningful present. The urgency stemmed from my oversight and a busy schedule leading up to the celebration. I had initially planned to buy the gift earlier but got sidetracked by work commitments. Realizing my mistake on the day of the birthday party, I had to rush to a nearby bookstore during my lunch break to pick out a thoughtful book, as my friend was an avid reader. The hurried experience left me feeling a mix of regret and determination. Regretful for not managing my time better, but determined to find a meaningful gift despite the time constraints. While the process was stressful, I managed to select a book that resonated with my friend's interests. Fortunately, in the end, he appreciated the gesture, and it taught me the importance of planning ahead to avoid such last-minute rushes in the future.

7 分段参考	
描述背景	in a rush 快速地, 赶紧 counts for a significant part 占据重要部分
描述过程和感受	a misunderstanding about the deadline 对截止日期的误解 final draft 最后草稿 high-stakes situation 高风险的情况 get to work immediately 立即开始工作 overwhelmed and panicked 感到不知所措和惊慌 a surge of adrenaline and focus 肾上腺素的激增和专注 cut out all distractions 消除所有干扰 worked tirelessly 不知疲倦地工作
描述反思	capabilities under pressure 在压力下的能力 well-received 受到好评 double-checking deadlines 仔细核对截止日期 not leaving substantial work until the last minute 不要把大量的工作留到最后一分钟.

**Sample Answer 2 (7 分段参考):**

One particular instance that comes to mind when I had to do something in a rush was during my final year of university. I was working on my dissertation, a massive project that counts for a significant part of the final grade.

It was somewhere in the middle of the academic year, around February. I had been working on my dissertation for months, researching, gathering data, and writing. However, one day, my advisor informed me that there had been a misunderstanding about the deadline. Instead of having two weeks left to finish, as I had thought, the final draft was actually due in three days. This meant I had to complete, proofread and finalize a significant portion of my work in a very short time.

The reason I had to do it quickly was quite simple: if I didn't submit my dissertation on time, I would fail the project, which could have potentially led me to repeat the entire year. It was a high-stakes situation, and I had no choice but to get to work immediately and use every available minute productively.

As for how I felt about it, initially, I was overwhelmed and panicked, I must admit. The amount of work I had left seemed insurmountable at the moment. However, once the initial shock had passed, I felt a surge of adrenaline and focus. I made a detailed plan, cut out all distractions, and worked tirelessly for the next three days.

Looking back, it was a stressful experience, but it also taught me a lot about my capabilities under pressure. I managed to meet the deadline, and my dissertation was well-received. Despite the stress and anxiety, it was a satisfying feeling to overcome such a challenge. But it's definitely not a situation I would like to find myself in again. I learned the hard way about the importance of double-checking deadlines and not leaving substantial work until the last minute.



### Part 3

#### Question 1: On what occasions do people have to do things in a hurry?

**解题思路：**这是一道练习的题目，询问人们在什么样的场景下需要匆忙地做事，考生可以结合生活中所看所听进行列入，往往时间不够导致匆忙，而时间不够的原因可能是信息差、遗忘、客观条件不允许等原因，均可以列入考量的范围。

#### Sample Answer:

People often find themselves in a hurry during various occasions, such as tight work deadlines, last-minute preparations for important events, or catching public transportation. Emergencies, unexpected situations, or sudden changes in plans can also prompt a need for quick actions. Additionally, individuals might experience time constraints when facing urgent responsibilities, like attending to immediate family needs or addressing critical matters. In essence, the need to act swiftly arises in situations demanding prompt decision-making or when external factors impose time pressures on individuals' routines and schedules.

#### Question 2: Why do some people spend a long time on having a meal?

**解题思路：**这是一道原因类的题目询问为什么人们花很长的时间吃一顿饭可以结合主观及客观原因，例如主观上，有的人希望通过用餐达到社交放松及犒劳自己的目的，而客观上有时某些就餐环境或烹饪工艺的繁琐复杂的流程等都有可能造成用餐时长长达几个小时的结果。

#### Sample Answer:

Some people prefer spending a significant amount of time on meals due to cultural, social, or personal reasons. In certain cultures, meals are viewed as communal experiences, fostering social connections and conversation. Others may prioritize savoring flavors, embracing the ritual of dining as a sensory experience. Extended meals can also serve as a break from hectic schedules, allowing individuals to unwind and enjoy leisure. Additionally, those passionate about culinary arts may invest time in preparing and relishing elaborate dishes. The reasons vary, but the act of spending time on meals often revolves around enjoyment, connection, and appreciation of food.

#### Question 3: Would people feel more satisfied if they finished doing something quickly?

**解题思路：**这是一道优缺点类的题目，在虚拟的场景下进行询问人们在快速完成某些事情的时候是否会觉得更加满足在解答时可以结合不同的事件，例如往往负面的事情结束的越快，人们会更加开心和获得成就感，例如艰难的任务、挫折等；但如果是较为快乐的体验，常常更希望他进行的慢一些，例如一段旅程，家人朋友的聚会等。

#### Sample Answer:

The satisfaction derived from completing a task quickly varies among individuals. Some may find quick accomplishment gratifying, signaling efficiency and productivity. However, others may prioritize the quality of their work over speed, deriving satisfaction from a thorough and meticulous approach. The sense of accomplishment is subjective, influenced by personal values and the nature of the task. While prompt completion can bring a swift sense of achievement, long-term satisfaction often lies in the balance between efficiency and the overall excellence of the finished product.

#### Question 4: What kinds of jobs need to be done quickly?

**解题思路：**这是一道列举事例的题目，询问哪些工作需要被快速完成，涉及到时间解答时可以考虑一些需要速度的工作，例如日常生活中快递、外卖的工作往往与时间相关。另外也可以考虑与【时间就是生命】的出发点，医生护士或金融行业也都是可以考量的范围。

##### Sample Answer:

Ah, that's quite an interesting question. There are indeed certain professions where speed is of the essence. Let's delve into a few of them.

First and foremost, we have emergency services, such as paramedics, firefighters, and police officers. In these roles, quick action can literally mean the difference between life and death. It's all about responding swiftly and efficiently to emergencies to save lives or prevent further harm.

Then, we must consider healthcare professionals, including doctors and nurses. Particularly in emergency or critical care settings, they often need to make rapid diagnoses and decisions to provide timely care to their patients. It's a high-pressure environment, isn't it?

Moving on, let's think about the world of journalism. Speed is key in this industry, especially when it comes to breaking news. Reporters need to gather information, verify it, and deliver it to the public as quickly as possible to stay ahead in the competitive news cycle.

#### Question 5: What are some examples of work that needs to be done quickly?

**解题思路：**这是一道列举事例的题目，询问哪些工作需要被快速完成，结合上一题考生需要提供时间相关的具体细节如时间要求、可能造成的结果【工作本身及可能面临的威胁、处罚或严重后果】已达到扩展答案长度，详尽论证的效果。

##### Sample Answer:

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Moving on, let's think about the world of journalism. Speed is key in this industry, especially when it comes to breaking news. Reporters need to gather information, verify it, and deliver it to the public as quickly as possible to stay ahead in the competitive news cycle.

#### Question 6: What might make some people more productive than others in completing tasks?

**解题思路：**这是一道解决建议类的题目询问什么方式能够让人们比其他工作更高效高产。可以从科技角度进行作答，例如 AI、大数据、机器人等工具及软件都可以起到作用；除此之外也可以考虑专业的培训和时间管理等技能的作用。

##### Sample Answer:

Well, that's a fascinating question. The productivity of individuals can indeed vary quite a bit, and there are several factors that might contribute to this.

First and foremost, let's consider the role of focus. Some people have an innate ability or have cultivated the skill to concentrate intensely on the task at hand. They can block out distractions, which, as you can imagine, significantly boosts their productivity.

Then, we have the factor of organization. Individuals who are well-organized generally tend to be more productive. They plan their tasks, set clear goals, and prioritize well. It's like having a roadmap for their work, and it keeps them from feeling overwhelmed or wasting time on deciding what to do next.

In addition, the ability to manage stress effectively can also influence productivity levels. Those who can keep their stress levels in check are often better able to maintain their focus and performance, even in challenging situations.

So, as we can see, productivity isn't just about working hard. It's also about working smart, maintaining good health, staying motivated, and continually striving for personal growth. Each of these elements, in its own unique way, contributes to making some people more productive than others.

## 地图

Describe a occasion when you used a map  
 You should say:  
 When you used the map  
 Where you were  
 Why you used a map  
 And explain how you felt about the experience

### Plan your talk:

When you used the map:  
 Who you were with:  
 Where you were:  
 How you felt when you got lost:  
 Why you used a map:  
 Whether you were good at reading maps:  
 How you felt about the experience:  
 What you learned from the experience:

### 教师的解析:

使用地图这道题卡包括以下几个维度：什么时候使用的这张地图，你在哪里使用的地图，你使用地图的原因，以及你对使用地图的经历是怎样的。首先，我们可以聊聊使用时间，指明你使用地图的具体时间。是在旅行中、户外探险、还是在日常生活中的某个特殊时刻？其次是地点，描述你当时所处的地点。是在城市、乡村、山区、还是其他地理环境？地点会影响到地图的使用方式和必要性。之后，我们继续说明使用原因，是为了找到特定位置、规划路线、还是了解周围环境？不同的使用原因会反映出地图在生活中的多样性。最后，感受体验，讲述你在使用地图时的感受。是因为遇到挑战而感到兴奋，还是因为成功找到目的地而感到满足？地图使用体验可以涉及到导航技能、解决问题的能力等方面。

6 分段参考	
背景描述	a solo trip 单独旅游 a historical city 历史悠久的城市 utilized the map 使用地图 exploring its ancient streets 探索古老的街道
扣题描述	surrounded by narrow cobblestone alleys 被狭窄的鹅卵石小巷所包围 centuries-old architecture 几个世纪的老建筑 indispensable 不可或缺的 I navigated through the maze of streets 我导航穿过迷宫一般的街道 intricate layout 错综复杂的结构 iconic landmarks 标志性建筑
原因&感受	a sense of independence 独立的感觉 a bit disoriented 有一点混乱 labyrinthine streets 错综复杂的街道 added a layer of excitement 加了一层兴奋感 a sense of accomplishment 成就感

**Sample Answer 1 (6 分段参考):**

I vividly remember using a map during a solo trip to a historical city last summer. It was my first time visiting the city, and I utilized the map while exploring its ancient streets and landmarks.

I was in the heart of the city, surrounded by narrow cobblestone alleys and centuries-old architecture. The map became indispensable as I navigated through the maze of streets, trying to locate key attractions and historical sites. Given the city's intricate layout, the map was a valuable tool in ensuring I didn't miss any of the iconic landmarks.

Using the map provided me with a sense of independence and adventure. While I occasionally felt a bit disoriented in the labyrinthine streets, consulting the map became an enjoyable part of the exploration process. It added a layer of excitement, and with each successful navigation, I felt a growing confidence in my ability to navigate an unfamiliar place. Overall, the experience of using a map during my solo adventure added a sense of accomplishment to my exploration of this historically rich city.

7 分段参考	
背景描述	a less-traveled region 一个小众的地方 a detailed topographic map 一个细致的地形地图 navigate the challenging terrain 探索这个有挑战性地带
扣题描述	surrounded by towering peaks 被高楼所包围 dense forests 茂密的森林 far from any established trails 远离任何确定的小路 The map was crucial in determining my location 地图对我决定方位来说很重要 identifying key landmarks 识别重要地标 in the vast wilderness 在辽阔的荒野
原因&感受	a rugged environment 崎岖的环境 both challenging and exhilarating 有挑战性同时又令人兴奋 Each contour on the map 地图上的每一个轮廓 a potential obstacle 潜在的障碍 breathtaking vista 绝美的风景 a thrilling and immersive adventure 一次令人兴奋且沉浸式的冒险

**Sample Answer 2 (7 分段参考):**

A notable instance when I relied on a map was during a hiking trip in the remote mountains last winter. The adventure took place in a less-traveled region, and I used a detailed topographic map to navigate the challenging terrain.

I found myself surrounded by towering peaks and dense forests, far from any established trails. The map was crucial in determining my location, planning the route, and identifying key landmarks. Without it, I could have easily lost my way in the vast wilderness.

The experience of using the map in such a rugged environment was both challenging and exhilarating. It heightened my connection to the natural surroundings and the importance of careful navigation. Each contour on the map represented a potential obstacle or breathtaking vista, making the journey a thrilling and immersive adventure. Overall, relying on the map during this remote hiking expedition added a layer of excitement and achievement to the entire outdoor experience.

### Part 3

#### Question 1: What do people usually do when they get lost?

**解题思路：**这是一道列举类型的题目。当人们发现自己迷路时，常见的反应各不相同。有些人可能会试图原路返回、查看地图或使用 GPS，并寻求指引。其他人可能会寻求当地居民的帮助，或使用智能手机上的导航应用。在陌生的环境中，保持冷静并向当地人寻求帮助是找到正确方向的实际方法。

#### Sample Answer:

When people find themselves lost, the common reactions vary. Some may try to retrace their steps, consult a map or GPS, and ask for directions. Others might seek help from authorities or use navigation apps on their smartphones. In unfamiliar surroundings, staying calm and asking locals for guidance are practical approaches to finding one's way.

#### Question 2: What are the differences between paper and digital maps?

**解题思路：**这是一道对比类型的题目。纸质地图和数字地图具有各自独特的特点。纸质地图以有形的物理格式呈现，提供了对区域的广泛概览。它们不需要电子设备或电池，在偏远地区更为可靠。然而，纸质地图缺乏实时更新和交互功能。

另一方面，数字地图通常通过智能手机或 GPS 设备访问，提供动态的、实时的信息。它们具有实时导航、交通更新和兴趣点等功能。数字地图更方便实时规划路线，但依赖于电池寿命和信号可用性。

#### Sample Answer:

Paper maps and digital maps have distinct characteristics. Paper maps offer a tangible, physical format, providing a broad overview of an area. They don't require electronic devices or batteries, making them reliable in remote locations. However, paper maps lack real-time updates and interactive features.

On the other hand, digital maps, often accessed through smartphones or GPS devices, provide dynamic, up-to-date information. They offer features like live navigation, traffic updates, and points of interest. Digital maps are more convenient for real-time route planning but rely on battery life and signal availability.

#### Question 3: What do you think of in-car GPS navigation system?

**解题思路：**这是一道观点类型的题目。车载 GPS 导航系统非常便利，已经成为现代驾驶的重要组成部分。它们提供实时导航、逐步引导，通常还包括交通更新和兴趣点等功能。这项技术通过帮助驾驶员专注于道路而不是查看地图，提高了安全性。然而，需要保持警觉，不仅仅依赖 GPS，因为偶尔可能会出现错误或过时信息。总体而言，车载 GPS 系统在提供更顺畅、更高效的驾驶体验方面起到了重要作用。

#### Sample Answer:

In-car GPS navigation systems are incredibly convenient and have become an integral part of modern driving. They provide real-time directions, turn-by-turn guidance, and often include features like traffic updates and points of interest. This technology enhances safety by helping drivers stay focused on the road rather than consulting maps. However, it's important to stay attentive and not solely rely on GPS, as occasional errors or outdated information may occur. Overall, in-car GPS systems significantly contribute to a smoother and more efficient driving experience.



#### Question 4: What do people often do with a map?

**解题思路：**这是一道列举类型的题目。人们通常使用地图进行导航，无论是找到前往特定位置的方向，规划旅程路线，还是探索陌生区域。地图是理解地理位置、识别地标以及在物理空间中定位自己的有价值的工具。此外，地图可以用于教育目的，展示地理特征、历史信息等。随着数字地图应用的出现，人们现在可以在智能手机和设备上方便地访问地图，提高了导航的便利性和效率。

#### Sample Answer:

People often use maps for navigation, whether it's finding directions to a specific location, planning a route for a journey, or exploring unfamiliar areas. Maps are valuable tools for understanding geography, identifying landmarks, and orienting oneself in a physical space. Additionally, maps can be used for educational purposes, illustrating geographical features, historical information, and more. With the advent of digital mapping applications, people can now access maps conveniently on their smartphones and devices, enhancing the ease and efficiency of navigation.

#### Question 5: Why do most people prefer to use a paper map?

**解题思路：**这是一道原因类型的题目。尽管数字地图提供了便利性，但一些人出于各种原因仍然更喜欢使用纸质地图。首先，纸质地图提供了实际而触感的体验，使个体能够与地图进行实际互动，追踪路线并标记感兴趣的点。此外，纸质地图不需要电池或互联网连接，在信号较差的地区或户外活动期间更加可靠。一些人认为纸质地图一次可以提供更广泛的区域视图，有助于更好地感知空间方向。怀旧情感和个人偏好也是纸质地图在某些人中持续受欢迎的原因。

#### Sample Answer:

People often use maps for navigation, whether it's finding directions to a specific location, planning a route for a journey, or exploring unfamiliar areas. Maps are valuable tools for understanding geography, identifying landmarks, and orienting oneself in a physical space. Additionally, maps can be used for educational purposes, illustrating geographical features, historical information, and more. With the advent of digital mapping applications, people can now access maps conveniently on their smartphones and devices, enhancing the ease and efficiency of navigation.

#### Question 6: How does learning to read a map help you learn more about your country?

**解题思路：**这是一道建议类型的题目。学会阅读地图是一项有价值的技能，它增强了个体对自己国家的理解。它通过教授个体解释符号、理解比例尺并使用坐标进行导航来培养地理素养。阅读地图帮助人们把握国家的地形、地理特征和布局。它使他们能够可视化城市、地标和自然资源的分布。此外，阅读地图有助于理解空间关系，促进与国家地理的更深层次连接，并推动对地方和身份的认同感。

#### Sample Answer:

Learning to read a map is a valuable skill that enhances one's understanding of their country. It fosters geographic literacy by teaching individuals to interpret symbols, understand scales, and navigate using coordinates. Reading maps helps people grasp the topography, geographical features, and layout of their country. It allows them to visualize the distribution of cities, landmarks, and natural resources. Moreover, map reading aids in understanding spatial relationships, fostering a deeper connection to the country's geography, and promoting a sense of place and identity.

## 家中重要物品

Describe a useful object in your home that you cannot live without  
You should say:  
What it is  
How long you have had it  
What you can do with it  
How often you use it  
And explain why you cannot live without it

### Plan your talk:

what it is  
how long you have had it  
what you can do with it  
how often you use it  
whether it has become a habit  
why you can't live without it  
whether it has made things more convenient

### 教师的解析:

思路方面：家中有用的物品可以是电子设备，也可以是家用电器等。内容方面：建议按照话题卡顺序，先讲事实，再拓展感受。语言方面：可以尝试不同的时态运用，例如“何时买的”使用过去时，强调影响时可用现在完成时；并罗列其功能特性，强调其用处。

6 分段参考	
背景信息	a vital object 重要的物品 rely on 依赖 plays a crucial role in my daily life 在我的日常生活中起重要作用
物品功能	use it for communication 用于沟通 access information 获取信息 manage my schedule 管理日程安排
依赖原因	has become a habit 已经成为了习惯 given convenience 带来了便利 aiding in different tasks 辅助不同的任务

### Sample Answer 1 (6 分段参考):

A vital object in my home that I rely on is my smartphone, which I've had for about three years now. It plays a crucial role in my daily life, serving multiple purposes. I use it for communication through calls and messaging apps, access information like news and weather, manage my schedule with its calendar, and capture moments with its camera.

I use the smartphone every day, from morning alarms to checking messages before bedtime. Its regular use has become a habit, given its convenience in various aspects of my routine. I cannot imagine living without it due to the ease it brings to staying connected, informed, and organized. It has become an essential part of my daily life, aiding in different tasks and making things more convenient.

7 分段参考	
背景信息	in my cozy abode 在我舒适的住所里 a gadget that's practically a member of the family 几乎是成为了家人的小设备 tech marvel 科技奇迹
物品功能	the little wizard does it all.这个神奇的东西什么都能做 waking me up with my favorite tunes 用我最爱的歌叫我起床 answering random questions that pop into my head 回答我脑子里闹出来的随意的提问 a multi-tasking maestro 多任务处理大师
依赖原因	Why is it indispensable?为什么它不可或缺呢? it's about the vibe it brings 这是因为它带来的氛围 the tech-savvy friend 精通科技的朋友

### Sample Answer 2 (7 分段参考):

In my cozy abode, there's a gadget that's practically a member of the family – my trusty smart speaker. I've had this tech marvel for about three years now, and let me tell you, life without it feels like something's missing. This little wizard does it all. From waking me up with my favorite tunes to answering random questions that pop into my head, it's a multitasking maestro. Need a recipe while cooking? Just ask the smart speaker. Curious about the weather? It's got the answer. And let's not forget the late-night dance parties it hosts, turning my living room into a private disco.

I use it daily, if not hourly. It's my morning briefing buddy, my DJ during workouts, and even my bedtime storyteller. Honestly, I've lost count of how many times it saved me from burning dinner – timer-setting pro, right there.

Why is it indispensable? It's not just about the convenience; it's about the vibe it brings. This little gadget turns my space into a lively, responsive environment. It's the tech-savvy friend I didn't know I needed – always there, always helpful.

### Part 3

#### Question 1: What equipment do you find difficult to use?

**解题思路:** 此题为列举类话题，问哪种器具比较难用。可以从自己不熟悉的电子类产品出发，比如VR,AR 设备或者非常新颖的无人机等等。着重从这类电子产品的复杂的操控方式出发，说一说如何难以使用。

#### Sample Answer:

I find complex electronic devices, like advanced audiovisual equipment, challenging to use. The multitude of features and intricate interfaces often pose difficulties in navigation. For instance, high-end cameras or professional sound systems with various settings can be overwhelming. The technical specifications and manual controls require a deeper understanding, making them less user-friendly for someone without specialized knowledge. While these devices offer advanced capabilities, their complexity can be a barrier for individuals not well-versed in their operation.



**Question 2: What can you do with a laptop?**

**解题思路：**此题为列举类题型。笔记本的作用功能有很多，可以分别从学习、工作和娱乐的功能上，分别列举 2-3 个使用的方面。

**Sample Answer:**

A laptop is a versatile tool offering a myriad of functionalities. Primarily, it facilitates communication through emails, video calls, and social media. It serves as a platform for research, enabling access to a vast pool of information. Productivity is enhanced through word processing, spreadsheet software, and presentation tools. Creatively, a laptop supports graphic design, video editing, and content creation. Additionally, it entertains with gaming, streaming, and multimedia playback. Its portability allows work or leisure from any location. In essence, a laptop is an indispensable device for communication, work, education, entertainment, and creative pursuits.

**Question 3: What are the benefits of using technology in the work place?**

**解题思路：**此题可以从工作上需要做什么，有哪些地方可以用技术来完成来说一说。比如商业数据的统计、人员绩效的管理、商业分析等方面。

**Sample Answer:**

Integrating technology in the workplace enhances efficiency and productivity. Automation streamlines repetitive tasks, reducing human error and optimizing processes. Communication is expedited through email, messaging apps, and video conferencing, fostering collaboration. Project management tools ensure organized workflows, and data analytics provide valuable insights for strategic decision-making. Remote work becomes feasible, promoting flexibility. Overall, technology in the workplace not only accelerates tasks but also enables a more dynamic, adaptable, and connected work environment, leading to improved outcomes and a competitive edge in today's fast-paced business landscape.

**Question 4: Why do some people in the work place dislike technology?**

**解题思路：**这是一道观点类题型。可以从使用技术手段的复杂性以及人物性格出发，可能是由于技术会出错，或者比较死板呆板。也可能是由于传统的方法更让人放心等。

**Sample Answer:**

Some individuals in the workplace may dislike technology due to unfamiliarity, fear of job displacement, or resistance to change. Those less accustomed to technological advancements may find the learning curve daunting, leading to discomfort. The fear of automation rendering certain tasks obsolete can create job insecurity. Additionally, resistance to change is common, as some may prefer traditional methods. It is essential for organizations to address these concerns through proper training, highlighting the benefits of technology, and fostering a culture that embraces innovation, thus alleviating apprehensions and promoting a positive attitude toward technological integration.

**Question 5: Why do people buy a lot of household appliances?**

**解题思路：**此题是原因类型题目。人们买家电的原因有很多，大多是为了减轻家务的负担。当然也有一部分是为了给家里增添装饰等。

**Sample Answer:**

Some individuals in the workplace may dislike technology due to unfamiliarity, fear of job displacement, or resistance to change. Those less accustomed to technological advancements may find the learning curve daunting, leading to discomfort. The fear of automation rendering certain tasks obsolete can create job insecurity. Additionally, resistance to change is common, as some may prefer traditional methods. It is essential for organizations to address these concerns through proper training, highlighting the benefits of technology, and fostering a culture that embraces innovation, thus alleviating apprehensions and promoting a positive attitude toward technological integration.

**Question 6: What do people often do with electronic devices?**

**解题思路：**这是一道列举类题目。平时能够接触到的电子产品非常多，比如手机、手表、电脑等等，可以每种列举一两个功能即可。

**Sample Answer:**

People frequently engage with electronic devices for communication, entertainment, and information. Communication is facilitated through messaging apps, emails, and social media. Entertainment encompasses activities like streaming movies, playing games, and listening to music. Electronic devices are vital for information retrieval, with users relying on the internet for news, research, and educational content. Additionally, these devices support productivity through applications for work, organization, and creative pursuits. The versatile nature of electronic devices makes them indispensable in modern life, serving as tools for connection, leisure, and accessing a vast array of information and services.



国际教育

## 制服

Describe a uniform you wear (e.g. at school, at work)

You should say:

Where you wear the uniform

How long you need to wear it

What it looks like

Who bought it for you

And explain how you feel about it

### Plan your talk:

where you wear it :

when you wear it :

why you need to wear it :

what it consists of:

what design it has:

whether it's functional:

how you feel about it :

### 教师的解析:

思路方面：可以说校服或工作服。内容方面，可以说一说得到这件衣服的过程，它的样式，已经穿的感受。可以既包括正面积极的信息，也可以包括不太满意的点。语言方面：注意使用和穿着相关的词汇，给出恰当的衔接。

6 分段参考	
背景信息	at my workplace 在我工作的地方 i'm required to v. 我被要求 provided by my employer 雇主提供的
制服特点	consists of ..包括 paired with 配有 doesn't have a sophisticated design 没有复杂的设计 quite generic 挺常见的 it's functional, though 但是它挺有用的
穿着感受	it doesn't reflect my personal style 不能反映我的个人风格 lacks the profesional look 缺少正式的感觉 a work necessity 是工作必备

### Sample Answer 1 (6 分段参考):

I wear a uniform at my workplace, a local retail store. I'm required to wear it during my shifts, typically lasting around 8 hours. The uniform consists of a simple polo shirt with the store logo, paired with khaki pants. It was provided by the employer.

The uniform doesn't have a sophisticated design, and it feels quite generic. It's functional, though, as it helps customers identify me as a staff member. While it doesn't reflect my personal style, I understand its practicality for the job. Wearing it gives a sense of belonging to the team, even though it lacks the professional look of more formal uniforms. Overall, I see it as a work necessity rather than something I feel strongly about, and I wear it without much thought during my shifts.

7 分段参考	
背景信息	the daily dress code 日常穿着要求 it's been part of my life 已经是我生活的一部分
校服特点	a symbol of student solidarity 是学生团结的象征 classic pairing of a white collared shirt and a plaid skirt 经典的白色带领子的衬衣和格子衫的结合 quintessential high school ensemble 经典高中装扮
穿着感受	it's a love-hate relationship 爱恨交织 takes the stress out of morning wardrobe decisions 没有压力思考早上穿什么 can't wait to graduate and set my wardrobe free 迫不及待毕业，穿任何想穿的衣服

### Sample Answer 2 (7 分段参考):

Let's talk about my high school uniform – the daily dress code that's been a part of my life for a whopping six years. Yep, six years of plaid skirts and polo shirts; you'd think I'd have earned a fashion medal by now. Every weekday, you'll spot me strolling through the halls of academia in this symbol of student solidarity. The uniform is your classic pairing of a white collared shirt and a plaid skirt that looks like it could double as a picnic blanket. Add in knee-high socks and sensible shoes, and you've got the quintessential high school ensemble. Now, who's the fashion-forward brain behind this masterpiece? It's not some glamorous designer; it's the school administration. They're the ones who dictate our sartorial fate. The uniform, which's given by the institution, is as much a part of high school life as cafeteria mystery meat. How do I feel about it? Well, it's a love-hate relationship. On one hand, it takes the stress out of morning wardrobe decisions, and there's a strange sense of unity among us students. As I study at an international high school, this uniform looks much more fashionable than traditional ones in my country. On the flip side, I can't wait to graduate and set my wardrobe free from the monotony of plaid.

### Part 3

#### Question 1: Why should students wear uniforms?

**解题思路：**此题为原因类题型。穿制服的学生在教育机构内培养了平等和共同体意识。制服减少了学生之间的社会经济差异，减轻了追求时尚潮流的压力。它们创造了一个专注的学习环境，消除了与服装有关的干扰。制服还通过在校内轻松识别学生来增强安全性。此外，它们灌输了对自己所在机构的纪律和自豪感。总体而言，制服有助于营造一种有利的学习氛围，强调学生之间的团结、纪律和平等。

#### Sample Answer:

Students wearing uniforms fosters a sense of equality and community within educational institutions. Uniforms minimize socio-economic distinctions among students, reducing the pressure to conform to fashion trends. They create a focused learning environment, removing distractions related to attire. Uniforms also enhance safety by easily identifying students within the school premises. Additionally, they instill discipline and pride in one's institution. Overall, uniforms contribute to a conducive learning atmosphere, emphasizing unity, discipline, and equality among students.

### Question 2: Why should people at work wear uniforms?

**解题思路：**此题为原因类题型。职场制服促进了一个紧密而专业的形象，培养了员工之间的团结感，增强了品牌的可见性，简化了着装规定，节省了时间和精力。

#### Sample Answer:

Workplace uniforms promote a cohesive and professional image, fostering a sense of unity among employees. They eliminate clothing-related biases, ensuring a level playing field and reducing distractions. Uniforms also enhance brand visibility, making employees easily recognizable to clients and customers. Additionally, they simplify the dress code, saving time and effort in daily wardrobe decisions. By projecting a consistent appearance, uniforms contribute to a positive corporate identity. Ultimately, the practice of wearing uniforms at work reinforces team spirit, professionalism, and a collective commitment to the organization's values and image.

### Question 3: What are the advantages and disadvantages of wearing a uniform?

**解题思路：**此题为利弊类题型。可以先分别论述，再表达倾向性的看法。

穿制服促进平等和团结感，简化了着装规定，节省时间和精力增强了团队精神和职业精神，有助于塑造积极的组织形象。然而，个体可能感到在表达自己的风格上受到了约束。尽管如此，穿制服可以促进平等、团结和职业形象。

#### Sample Answer:

Wearing a uniform promotes a sense of equality and unity, minimizing socio-economic distinctions and reducing distractions. It simplifies dress codes, saving time and effort. Uniforms enhance team spirit and professionalism, contributing to a positive organizational image. However, a potential disadvantage is the limitation of personal expression, as individuals may feel constrained in expressing their style. Additionally, enforcing uniformity may lead to resistance or a lack of enthusiasm among employees or students. Despite this, the overall advantages of promoting equality, unity, and a professional image make uniforms beneficial in various settings.

### Question 4: Can people tell a person's personality by his or her clothes?

**解题思路：**衣服可以微妙透露出一个人的个性，但并不能提供完整的内容。风格、颜色和梳妆选择可能传达出一个人的一些身份特征，比如自信、创造力或职业素养。然而，至关重要的是不要仅仅依赖外表，因为个人喜好和文化影响起着重要作用。

#### Sample Answer:

Clothes can offer subtle hints about a person's personality, but they don't provide a complete picture. Styles, colors, and grooming choices may convey aspects of one's identity, such as confidence, creativity, or professionalism. However, it's crucial not to rely solely on appearances, as personal preferences and cultural influences play significant roles.

## 改善的公共设施

Describe a public facility that has been renovated and improved  
You should say:  
What the facility is  
When it was renovated and improved  
What has been renovated and improved  
And explain how you feel about it

### Plan your talk:

What the facility is  
Why you think it should be improved  
When it was renovated and improved  
What has been renovated and improved  
What benefit the facility has brought to you  
How you feel about it  
Whether it is good or not

### 教师的解析:

这是一道地点类的题目，要求我们描述一个已经被【翻新和改善】的公共设施。以下是

首先，我们需要确定这个公共设施是什么。这个设施可以是公园、图书馆、体育场馆、公交站等我们日常生活中常见的公共设施。

其次，我们需要描述这个设施是何时被翻新和改善的。可以提供具体的时间，如去年夏天，或者描述一下这个过程，如持续了几个月。

然后，我们需要详细描述这个设施是如何被翻新和改善的。可以从外观装修、设施更新、服务质量提升等方面进行描述。比如，图书馆增加了阅读区域，更新了电脑设备，提供了更多的图书资源等。

以及，需要关注动词形式如【过去时、现在完成时】的准确运用；

最后，我们需要描述我们对此翻新和改善的感受。我们可以从设施使用体验、对生活质量的影

响等方面进行描述。如果这个设施的改善给我们的生活带来了便利，我们可以表达出我们的满意和感激。

这样一步步回答下来，我们就可以全面、详细地描述一个被翻新和改善的公共设施了。

6 分段参考	
描述背景和来历	recently redesigned 最近重新设计 most popular places 最受欢迎的地方 childhood photo 童年照片 standing there for over decades 站在那里超过几十年
描述特征和改进	amusement facilities 娱乐设施 roller coasters 过山车 giant ferris wheel 巨大的摩天轮 admire the night view 欣赏夜景 arrangement of parades 游行的安排 special events 特殊事件 enjoy the vibe 享受氛围 cafeterias 食堂 rest our feet 休息我们的脚 home-made sandwiches 自制的三明治 in the mood of a cup of warm tea or hot chocolate 想喝一杯热茶或热巧克力的心情 accessible 可接近的
描述感受和评价	important part of my childhood memory 我童年记忆的重要部分 must-go 必去的地方 at present 现在

### Sample Answer 1 (6 分段参考):

Well, speaking of this special facility, I'd like to talk about the Renmin Park which has been recently redesigned. Actually, it is one of the most popular places in my city, I mean almost everyone has a childhood photo there as far as I know. However, honestly, it would be a bit old after standing there for over decades.

Like many of other facilities, Renmin park still stands where it used to, but there are quite several changes. To be more specific, the first one is that there are more plants adopted from foreign countries and amusement facilities now such as roller coasters and a giant ferris wheel. As a result, you can easily admire the night view from the highest point. Also, there are arrangement of parades. If you go there on special events like Mid-autumn Festival or Children's day, you can enjoy the vibe with tons of people, that sounds really cool, right? My favourite part of the improvement in this park is that there are 1 or 2 cafeterias now. Unfortunately in the past, we could only rest our feet on the limited benches and rely on the home-made sandwiches we brought. But now, if you are in the mood of a cup of warm tea or hot chocolate, that would be accessible. Obviously, someone are doing their jobs, huh?

In a word, this park is not only an important part of my childhood memory, but also still a must-go at present. This is why I'd like to share something about it with you.



7 分段参考	
描述背景和来历	popular landmarks 热门地标 colonial period 殖民时期 city center 城市中心 old town 老城区 the coastal park 海滨公园 Tiffany blue water 蒂芙尼蓝水
描述细节与功能	refurbished 翻新 elevators 电梯 benefit the seniors 有利于老人 passengers with canes or strollers 拿拐杖或推车的乘客 expanded within the new underground part 扩展到新的地下部分 directly connected to the nearest metro station 直接连接到最近的地铁站 accommodate more passengers 容纳更多乘客 timesaving for everyone 为每个人节省时间 re-paved 重新铺设 cutting-edge high speed rail technology 尖端的高速铁路技术 travel faster 旅行更快 exterior design 外观设计 interior part 内部部分
描述评价	freshened up to a new outlook 焕然一新 very nostalgic 非常怀旧 big step forward 向前一大步

#### Sample Answer 2 (7 分段参考):

Okay the facility I'd like to talk about today is probably the Qingdao railway station which is one of the most popular landmarks in my city. Actually it has been there for almost over a century since it was firstly built during the colonial period.

As far as I know, the railway station is located in the city center of the old town, only 10 minute walk from the coastal park. I mean when you step out of the railway station, the first thing you can see is the Tiffany blue water right in front of your eyes. This is why this railway station has been refurbished, instead of being moved to other locations.

The first improvement was the elevators Which totally benefit The seniors and passengers with canes or strollers. This is really consider it, right?

Secondly, it has been expanded within the new underground part directly connected to the nearest metro station, which can accommodate more passengers and is more timesaving for everyone. More importantly I think the tracks have been re-paved in order to level up with the cutting-edge high speed rail technology, therefore making it possible to travel faster.

By and large, the exterior design basically remains the same, but the interior part has already been freshened up to a new outlook!

I still remember I went to the train station like a couple of days ago. Honestly, it was still very nostalgic from the outside but totally much younger now. This is why i'd like to talk about this facility, it is truly a big step forward in my city.



### Part 3

#### Question 1: What are the benefits of public facilities?

**解题思路：**这是一道优点类的题目询问公共设施带来的便利考生可以从自身的需求出发来进行解答，注意需要添加好处以及具体事例细节，包括时间上的便利，舒适度的提升效率的提升等，以及在进行作答时，特别需要关注连接词的使用，以达到评分标准关于流利度和连贯性的要求。

#### Sample Answer:

Public facilities offer numerous benefits, enhancing community life and well-being. They provide accessible spaces for recreational activities, promoting physical health. Educational facilities contribute to collective learning and skill development. Parks and green spaces offer relaxation, fostering mental well-being. Public transportation facilities facilitate efficient mobility, reducing traffic congestion and environmental impact. Additionally, communal facilities like libraries and community centers promote social cohesion. The accessibility and shared use of these amenities create inclusive environments, addressing diverse needs within society. Overall, public facilities enrich communities by promoting health, education, recreation, and social interaction, contributing to a higher quality of life.

#### Question 2: Why are some public transport methods popular, such as the subway?

**解题思路：**这是一道原因类的题目询问某些公共设施为何受欢迎再作答时考生除了可以提供原因，例如时间上的便利速度和效率上的提升，还需要特别关注细节的补充，例如人数、频率、运力等。注意补充细节，不妨列举一些典型例子，如旅游旺季、特殊人群等丰富答案。

#### Sample Answer:

Popular public transport methods like the subway offer efficiency, speed, and convenience, particularly in densely populated urban areas. The subway's ability to navigate traffic and bypass congestion ensures timely arrivals. Cost-effectiveness and environmental benefits attract environmentally conscious commuters. Extensive network coverage enhances accessibility, connecting various parts of the city. Additionally, subway systems often operate with high frequency, reducing wait times. Commuters appreciate the reliability and predictability, making subways a preferred choice for daily transportation. The combination of speed, reliability, and accessibility contributes to the popularity of subway systems in addressing the transportation needs of urban populations.

#### Question 3: Why are some public transport methods unpopular?

**解题思路：**和上一道题目类似这道题目询问的是为什么某些公共的交通设施并不受欢迎不妨将本题和缺点类的论证进行结合包括便利性不足，监管不当，科技手段不够先进等，以及补充可能造成的负面影响如耽误时间、浪费资源等。

#### Sample Answer:

Certain public transport methods may be unpopular due to factors like unreliability, discomfort, and inconvenience. Irregular schedules or delays can create uncertainty, discouraging potential users. Uncomfortable seating, overcrowding, and inadequate facilities contribute to a negative experience. Limited coverage or inconvenient routes may render certain systems less accessible, reducing their appeal. Additionally, safety concerns or cleanliness issues can impact public perception. Addressing these factors, improving infrastructure, and enhancing the overall user experience are crucial for making public transport methods more attractive and encouraging wider usage among commuters.

**Question 4: What kind of transport do young people and old people prefer?**

**解题思路：**这是一道观点及对比类题目相融合的题目询问老年人和年轻人喜欢的交通方式，考生可以从自身角度以及其他所观察到的中老年人的角度出发结合不同年龄段的生理和心理特点及需求，例如年轻人倾向于快速便利科技含量高的方式，而老年人则倾向于安全稳妥以及费用经济实惠等方面的选择。

**Sample Answer:**

Preferences in transport often vary between young and old individuals. Young people typically favor modes offering flexibility and speed, such as bicycles, scooters, or ride-sharing services, aligning with their dynamic lifestyles. Older individuals often lean towards more traditional options like buses or private cars for comfort and familiarity. Safety and ease of use become significant considerations for the elderly. Ultimately, personal preferences and lifestyle needs influence the transport choices of different age groups, creating a diverse landscape of preferred modes among young and older individuals.

**Question 5: Do you think people would feel happier when they are in a park or a coffee shop? Why?**

**解题思路：**这是一道对比类的题目，询问人们在公园或咖啡厅哪个地方会更开心幸福，在作答时，不妨结合不同人群的爱好和选择，言之成理即可。例如：有的人更加热爱自然、清新的空气；反之，咖啡厅能带来的舒适感、科技上的便利以及在寒冷或者炎热天气状况下带来更好的客观感受等。

**Sample Answer:**

Preferences in transport often vary between young and old individuals. Young people typically favor modes offering flexibility and speed, such as bicycles, scooters, or ride-sharing services, aligning with their dynamic lifestyles. Older individuals often lean towards more traditional options like buses or private cars for comfort and familiarity. Safety and ease of use become significant considerations for the elderly. Ultimately, personal preferences and lifestyle needs influence the transport choices of different age groups, creating a diverse landscape of preferred modes among young and older individuals.

**Question 6: Is a public park necessary in every area? why?**

**解题思路：**这是一道观点类的题目，询问是否在每个区域公园都是必要的。解答这道题目时不妨从公园带来的正面影响及便利方面谈起，例如对环境的积极影响，以及营造良好的城市氛围等方面的好处。如果在猎取便利方面存在一定的局限性，可以从不同人群的角度进行作答，例如对年轻人、老年人及不同职业的人的影响也可以有所突破。

**Sample Answer:**

Yes, having a public park in every area is beneficial for several reasons:

The first thing comes to my mind is the physical health. To be more specific, parks provide spaces for physical activities like walking, running, or playing sports and regular physical activity can help prevent obesity, heart disease, high blood pressure, and improve overall health.

also, the second benefit comes to the environmental benefits. Parks help improve air and water quality, reduce noise pollution, and provide habitats for wildlife. They also help in reducing the urban heat island effect.

Therefore, while it may not always be feasible to have a park in every area due to space or budget constraints, it is certainly beneficial and should be a priority in urban planning.

## 不喜欢做的工作

Describe a job that you would not like to do in the future  
You should say:  
What it is  
How you know about the job  
Whether the job is difficult or not  
And explain why you would not like to do it

### Plan your talk:

What the job is  
What is your role in the team  
What skill do you need to do this job  
What's the difficulty in the job  
How did you take the challenge  
Why you dislike it

### 教师的解析:

本题目是一道抽象物品话题，要求描述一个你未来不想从事的工作。限定条件是【不想从事】。可以从以下几个方面思考：

这是什么工作：描述你不想从事的职业是什么，例如销售员，医生，建筑师等。

你是如何知道这个工作的：说明你是通过什么方式了解到这个工作的，可能是通过朋友，家人，工作广告，或者你自己的亲身经历。

这个工作困难【扣题】：分享你对这个职业的难度的看法。这可能涉及到这个工作的技能要求，工作环境，工作压力等，注意偏负面的语言应用。

解释为什么你不想做这个工作：详细解释你为什么不想从事这个职业。这可能是因为你对于这个职业的兴趣缺乏，或者你觉得这个职业与你的个性或技能不符。

6 分段参考	
描述对象	being a salesperson 成为一个销售员 (指的是从事销售这个职业) came to know about 了解到
描述细节	excellent communication skills 出色的沟通技巧 a great deal of patience 大量的耐心 a knack for persuasion 说服的本领 maintain their enthusiasm and positivity 保持他们的热情和积极性 high targets to meet 高目标要达成 under constant pressure to perform 面临持续的执行压力
解释不喜欢的原因	direct, persuasive communication 直接、有说服力的沟通 introverted person 内向的人 work independently 独立工作 a certain personality type and skill set 特定的性格类型和技能集 high-pressure environment 高压环境 stable income 稳定的收入 focus more on the quality of my work rather than the quantity 更注重工作的质量而不是数量

**Sample Answer 1 (6 分段参考):**

One job that I would not like to do in the future is being a salesperson. Actually, I came to know about this job through various sources - through friends who have worked in sales, through job advertisements, and even through direct experience as I have been approached by salespeople in different scenarios.

In my opinion, the job of a salesperson is quite difficult. It requires excellent communication skills, a great deal of patience, and a knack for persuasion. Salespeople often have to deal with rejections and still maintain their enthusiasm and positivity. Moreover, they usually have high targets to meet and are often under constant pressure to perform.

The main reason I would not like to do this job is that it involves a lot of direct, persuasive communication. I'm more of an introverted person and I prefer jobs that allow me to work independently and in a more quiet setting. The idea of constantly having to approach people and convince them to buy a product or service does not appeal to me. I think it's a job that requires a certain personality type and skill set, which I don't possess. Also, the high-pressure environment and the fact that your income often depends on the number of sales you make is something I would not enjoy. I prefer a stable income and a job where I can focus more on the quality of my work rather than the quantity. Therefore, being a salesperson is not a job that I see myself doing in the future.

7 分段参考	
描述背景	being a surgeon 成为一名外科医生 learnt about this profession 了解这个职业
描述扣题细节	most challenging jobs 最具挑战性的工作 requires extensive education and training 需要广泛的教育和培训 precision 精确性 strong decision-making skills 强大的决策能力 work under high pressure 在高压下工作 work long hours 长时间工作 be on call 值班 life and death situations 生死攸关的情况 immense pressure that comes with the job 工作带来的巨大压力 daunting 令人生畏 not well suited to handle high-stress situations 不适合处理高压情况 physical demands of the job 工作的身体需求 emotional toll 情绪负担 extensive years of education and training 长期的教育和培训 deterrent 威慑 passion and dedication to pursue this profession 热情和奉献追求这个职业 committing to such a long and demanding educational journey 承诺如此长期且要求严格的教育之旅
描述总体感受	utmost respect for surgeons 对外科医生的最大尊重 career path 职业道路 like to pursue in the future 希望在未来追求

### Sample Answer 2 (7 分段参考):

Well, the job that I would not like to do in the future is being a surgeon. Actually, I have learnt about this profession through various means such as television, books and also from people who are in the medical field. As far as I know, being a surgeon is arguably one of the most challenging jobs out there. It requires extensive education and training, precision, strong decision-making skills, and the ability to work under high pressure. Surgeons often have to work long hours, be on call and can be faced with life and death situations on a daily basis.

The main reason why I would not like to be a surgeon is because of the immense pressure that comes with the job. The thought of having someone's life in my hands is daunting. I feel that I'm not well suited to handle such high-stress situations. It's not just about the physical demands of the job, but the emotional toll it can take is also something I do not think I can handle.

Additionally, the extensive years of education and training required to become a surgeon is another deterrent for me. I admire those who have the passion and dedication to pursue this profession, but I personally do not see myself committing to such a long and demanding educational journey.

Therefore, while I have the utmost respect for surgeons and what they do, it is not a career path that I would like to pursue in the future.

### Part 3

#### Question 1: What kind of jobs do Chinese young people like to do?

**解题思路：**是的题目难度较低，是列举类的题目询问中国的年轻人喜欢做什么样的工作，除了可以直接列举常见的工作类型，还可以结合一部分工作的独特特征，例如工作时长、工作地点、待遇收入及体验等。

#### Sample Answer:

Chinese young people display a diverse interest in careers, often gravitating towards technology-driven roles, such as software development and IT, given the country's thriving tech sector. Finance and entrepreneurship also appeal due to China's rapid economic growth. Creative professions like design and media attract individuals seeking self-expression and innovation. E-commerce and digital marketing jobs are popular in the era of online platforms. Despite these trends, individual preferences vary, reflecting a broader shift towards pursuing careers aligned with personal passions and values. The evolving job market allows Chinese youth to explore a range of professional opportunities.

#### Question 2: Do Chinese young people prefer to choose an interesting job or a job with a high salary?

**解题思路：**这是一道对比比较的题目，询问中国的年轻人更倾向于选择有趣的工作还是高收入的工作。考生可以进行直接作答，但与此同时也可以关注两者并不绝对矛盾。重要的是给出原因和对比类语言的使用如比较级和细节的补充。

#### Sample Answer:

Chinese young people often face a dilemma between choosing an interesting job or one with a high salary. While financial stability is crucial, there's a growing inclination towards interesting and fulfilling careers. Many prioritize job satisfaction, seeking roles aligned with their passions and values. This shift is influenced by a desire for a balanced and meaningful life, as opposed to a sole focus on monetary gains. However, the choice varies individually, with some prioritizing financial security, reflecting a nuanced perspective among Chinese youth regarding the balance between personal fulfillment and economic stability.

**Question 3: Do you think it is easier to get job now than in the past?**

**解题思路：**这是一道典型的对比，那题目询问现在是否比以前更容易找到工作，注意再作答时需要关注比较级的使用，以及现在和过去对比带来的时态变化，考生可以结合现在和过去客观条件的不同，如网络科技、社交媒体的发展带来的便利。

**Sample Answer:**

Securing a job today may be perceived as both easier and more challenging than in the past. On one hand, technological advancements have expanded job opportunities, and online platforms simplify the application process. On the other hand, increased competition and evolving skill requirements make the job market more competitive. The accessibility of information and networking tools might aid job seekers, yet the demand for specialized skills has intensified. Overall, the dynamic nature of the job market suggests a nuanced view, where certain aspects are easier, but the overall landscape presents new challenges for employment seekers compared to the past.

**Question 4: Is it important to be successful in a job?**

**解题思路：**这是一道观点类的题目，询问工作上的成功是否重要，显然本题目没有标准答案，言之成理即可。首先可以从成功的必要性作答进入工作上的成功可以带来极大的成就感，升职加薪的个人发展的可能以及自我价值的实现等；其次也可以通过论证成功不是唯一要素，而关注过程本身的角度进行论证。

**Sample Answer:**

Certainly, success in a job holds paramount importance. Beyond financial gains, professional success fosters personal growth, boosts self-esteem, and enhances one's contribution to society. Achieving goals within a job creates a sense of fulfillment and purpose, motivating individuals to excel. Success in the workplace often correlates with job satisfaction and overall well-being. Additionally, it facilitates career progression, providing opportunities for learning and development. Moreover, a successful career allows individuals to make meaningful contributions to their communities and establishes a positive influence on personal relationships. Overall, job success is integral to holistic fulfillment and societal impact.

**Question 5: Do you think AI will take over many jobs?**

**解题思路：**这是一道观点类的题目询问人工智能是否可以替代许多工作作答时可以从以下几个方面进行思考，首先某些工种和重复度高的工作内容有可能被取代；其次可以考虑哪些工作或者特征则不容易被取代，例如需要创意、原创性及专业技术经验等条件的工种。

**Sample Answer:**

Certainly, success in a job holds paramount importance. Beyond financial gains, professional success fosters personal growth, boosts self-esteem, and enhances one's contribution to society. Achieving goals within a job creates a sense of fulfillment and purpose, motivating individuals to excel. Success in the workplace often correlates with job satisfaction and overall well-being. Additionally, it facilitates career progression, providing opportunities for learning and development. Moreover, a successful career allows individuals to make meaningful contributions to their communities and establishes a positive influence on personal relationships. Overall, job success is integral to holistic fulfillment and societal impact.



**Question 6: Can AI improve people's lives? If so, how?**

**解题思路：**这是一道观点的题目，询问人工智能是否会提升人们的生活难度较低，可以从以下几个方面进行考虑，例如健康方面可以实行及时的监测效率和效能方面有可能进一步得到提升；更重要的是，提供安全方面的提升等。

**Sample Answer:**

Certainly, AI has the potential to significantly enhance people's lives. In healthcare, AI can expedite diagnosis, improve treatment plans, and personalize patient care. In daily tasks, smart devices powered by AI can streamline routines, boosting efficiency. Educational platforms leverage AI for personalized learning experiences. Moreover, AI contributes to enhanced safety in autonomous vehicles and predictive analytics for disaster management. Its data processing capabilities aid scientific research and innovation. While challenges exist, AI, when ethically deployed, can revolutionize industries, making processes more efficient and improving overall quality of life through innovation and automation.





### 想去的放松之地

Describe a place you would like to go to relax  
You should say:  
Where it is  
When you would like to go there  
What you would do there  
And explain why you would like to go to this place to relax

#### Plan your talk:

Where it is:  
What is it famous for:  
Who you would like to go with:  
When you would like to go there:  
How you heard of this place:  
What you would do there:  
Why you would like to go there to relax:

#### 教师的解析:

审题方面，要注意时态。例如本题是将来时，需要使用意愿性表达 I hope to v...; I'd love to v...; i've always dreamed of v...或将来时表达：I think i'll probably v...; i'm going to v...等；思路方面，可以说一说大都市例如上海、东京、北京、纽约等；也可以说一说风景之都例如丽江、洱海、三亚等；还可以说一个小地方，例如一个游乐园，动物园，水族馆等。结构方面，建议先给出背景信息，如在哪里、何时去、和谁去、为何去，然后再具体说一说去干嘛，以及为什么想去。解释的理由可以结合当地的特色来答，强调能够让自己放松，从而扣题。

6 分段参考	
背景信息	I'd really love to visit... 我真的很想去... during a vacation 在度假时 when work gets a bit too much 当工作压力大的时候 Perhaps in the springtime 也许在春天
放松活动	walk around the colorful streets 在五彩斑斓的街道上漫步 get on the fun rides 玩一些有趣的游乐设施 definitely try some yummy Disney snacks 品尝一些美味的迪士尼小吃
放松原因	it's like stepping into a world of joy and wonder 像是踏入一个充满欢乐和奇迹的世界 would let me forget about any stress or worries 会让我忘记任何压力或担忧 brings back those carefree moments from childhood 让我回忆起童年那些无忧无虑的时光

#### Sample Answer 1 (6 分段参考):

I'd really love to visit Disneyland in Shanghai when I need to relax. It's in China, you know, and I think it would be awesome to go there maybe during a vacation or when work gets a bit too much, perhaps in the springtime when the weather is just right. I hope to go with my friends, not with my parents, because i think going with friends is much more fun and there would be so many things to do together.

I think i'll of course walk around the colorful streets, get on the fun rides, and definitely try some yummy Disney snacks. I heard the turkey leg is really good. Basically, the idea is to be surrounded by all the excitement, laughter, and, of course, those famous Disney characters. I would like to take photos with them and post them on social media. That's really a popular thing to do these days.

The reason I find Disneyland in Shanghai perfect for relaxing is because it's like stepping into a world of joy and wonder. I think being in a place that's all about happiness and fantasy would let me forget about any stress or

worries. It's like a break from reality, you know? Just the thought of the magical atmosphere and being around characters like Mickey Mouse brings back those carefree moments from childhood. So, for me, Disneyland is not just a theme park; it's a magical escape where I can unwind and let go of everyday pressures.

7 分段参考	
背景信息	when I need to unwind 当我需要放松时 is up in the northern part of China 在中国北部 it would be great to go there .... 去那里会很棒
放松活动	experience the amazing ice and snow festival 体验那令人惊叹的冰雪节 stroll through the ice sculptures 漫步在冰雕中 check out the illuminated ice buildings 欣赏被照亮的冰建筑 try some ice skating 尝试溜冰
放松理由	being surrounded by all that beauty would be so calming 被美景所包围会很宁静 it's a different kind of tranquility 这是一种不同的宁静 it's about embracing the chilly beauty of winter 拥抱寒冷的冬日美景 the perfect way to relax and escape from the routine 完美的放松和逃离常规的方式

### Sample Answer 2 (7 分段参考):

I'd really like to visit Harbin in China when I need to unwind. Harbin is up in the northern part of China, you know, and I think it would be great to go there during the winter, maybe in January or February. What I imagine doing there is experiencing the amazing ice and snow festival. I'd stroll through the ice sculptures, check out the illuminated ice buildings, and maybe even try some ice skating. The whole city turns into this magical winter wonderland, and I think being surrounded by all that beauty would be so calming. The reason I find Harbin perfect for relaxation is because it's a different kind of tranquility. It's not about warm beaches or tropical vibes; it's about embracing the chilly beauty of winter. I feel like the crisp air and the serene white landscapes would be a unique way to take a break from the usual hustle and bustle. It's like stepping into a peaceful, icy retreat.

In the beginning, I'd start small – maybe a cozy café, sipping hot drinks and watching the snowfall. Then, as the day goes on, I'd explore more of the festival, taking in the intricate ice sculptures and enjoying the festive atmosphere. The thought of being in Harbin during winter, surrounded by this chilly beauty, just feels like the perfect way to relax and escape from the routine.

### Part 3

#### Question 1: Do people have enough places to relax in your country?

**解题思路：**此题为事实类提问。听题时要注意关键词 enough places to relax, 所以重点要讨论放松的“地点”，而非放松活动。例如，城市里有公园，按摩中心，海边有海滩，郊区有树林等；

#### Sample Answer:

Yes, my country offers ample places for relaxation. Parks, recreational areas, and cultural sites provide peaceful retreats. Urban centers boast cafes and green spaces, while coastal regions feature serene beaches. Additionally, wellness centers and spas cater to those seeking tranquility. The diverse options ensure people have abundant places to unwind and rejuvenate, contributing to a balanced lifestyle.

#### Question 2: What do people usually do when they are relaxed?

**解题思路：**此题为事实类例句型问题。考生应该尽可能给出多样的思路。建议举例拓展：放松行活动、社交活动、兴趣爱好相关活动等。

#### Sample Answer:

People commonly engage in calming activities when relaxed, such as reading, listening to music, or enjoying nature walks. Some prefer meditation or practicing mindfulness to unwind. Socializing with friends or spending quality time with family is another common way to relax. Ultimately, individuals choose activities that align with their interests, promoting a sense of peace and rejuvenation.

**Question 3: Is physical activity good for relaxation?**

**解题思路：**此题为观点类题型。先给出观点，再进行举例、原因、解释拓展。例如身体锻炼有助于睡眠，有助于身心健康，有利于平衡生活和工作/学习。

**Sample Answer:**

Yes, physical activity is excellent for relaxation. Engaging in activities like walking, jogging, or yoga releases endorphins, reducing stress and promoting a sense of well-being. It helps alleviate tension, improves mood, and enhances overall mental health. The physical exertion also aids in better sleep, contributing to a more relaxed and rejuvenated state. Regular exercise is widely recognized for its positive impact on both physical and mental relaxation, making it a beneficial component of a balanced and healthy lifestyle.

**Question 4: Do you think that spending time in front of a screen helps people to relax?**

**解题思路：**此题为观点类题型。可以给出辩证思路。例如看电影或在平板上阅读这样的活动可以提供一种逃避和休闲的方式，但过度的屏幕时间，特别是在发出蓝光的设备上，可能会扰乱睡眠模式并增加压力

**Sample Answer:**

Spending time in front of a screen can have mixed effects on relaxation. While activities like watching a movie or reading on a tablet can provide a form of escapism and leisure, excessive screen time, especially on devices emitting blue light, may disrupt sleep patterns and contribute to stress. Moderation and conscious choices about screen use are crucial. Engaging in mindful activities, such as reading a physical book or practicing relaxation techniques, might offer more effective relaxation without the potential negative impacts associated with prolonged screen exposure.

**Question 5: Do people have to spend a lot of money to relax?**

**解题思路：**此题为观点题。可以先给出观点并进行让步拓展，如放松并不总是需要显著的经济投入。许多放松活动是经济实惠甚至免费的。像在公园散步、听音乐或阅读书籍这样的简单活动是无需花费的。大自然提供了没有价格标签的宁静环境。虽然一些人可能会选择更昂贵的选择，比如水疗或度假，但有许多方便和预算友好的方式可以让人放松。

**Sample Answer:**

Spending time in front of a screen can have mixed effects on relaxation. While activities like watching a movie or reading on a tablet can provide a form of escapism and leisure, excessive screen time, especially on devices emitting blue light, may disrupt sleep patterns and contribute to stress. Moderation and conscious choices about screen use are crucial. Engaging in mindful activities, such as reading a physical book or practicing relaxation techniques, might offer more effective relaxation without the potential negative impacts associated with prolonged screen exposure.

**Question 6: Do people nowadays have more ways to relax than in the past?**

**解题思路：**此题为今昔对比题，需注意比较句型的使用。如今人们有比过去更多样化和便捷的方式来放松。技术的进步引入了各种形式的娱乐，如流媒体服务、视频游戏和社交媒体，为休闲提供了多样选择。此外，对心理健康的增强意识导致了正念、瑜伽和冥想等活动的流行

**Sample Answer:**

Yes, people today have more diverse and accessible ways to relax than in the past. Technological advancements have introduced various forms of entertainment, such as streaming services, video games, and social media, providing a range of options for leisure. Additionally, the increased awareness of mental well-being has led to the popularity of activities like mindfulness, yoga, and meditation. While traditional relaxation methods like reading or outdoor activities persist, the contemporary era offers an expanded array of choices, reflecting societal changes and advancements in technology and well-being practices.

保留题

People (人物)

## 成功的商人

Describe a successful businessperson you know (e.g. running a family business)

You should say:

Who this person is

How you knew him/her

What business he/she does

And explain why he/she is successful

### Plan your talk:

who this person is

(optional) what he looks like

how you knew him / her

(optional) where you knew him / her

What business he/she does

(optional) How you feel about it

And explain why he/she is successful

(optional) Whether he will be successful in the future

### 教师的解析:

这是一道典型的人物类型的话题。各位同学注意审题，一名成功的商人可以是名人可以是自己身边的人。介绍一个商人，我们可以从他从事的行业，商业成就，社会贡献等方面去描述。最后谈谈这个人优秀品质。例如：我想分享一下我的邻居约翰逊先生，我们认识已经好几年了。他是一位杂货店老板，经营着一家家族企业。通过我的父母，我有幸认识了他。约翰逊先生之所以成功，是因为他的强烈职业道德和对顾客满意度的承诺。约翰逊先生的成功表明，即使在竞争激烈的市场上，一个家族企业也可以通过专注、客户关注和个人化服务而蓬勃发展。

6 分段参考	
描述背景	a family-owned grocery store 家庭杂货铺 got to know him through my parents 通过父母认识他 regular customers 老顾客
描述过程	serving our community 服务社区 What sets him apart 让他脱颖而出的是 dedication 奉献精神 high-quality products 高质量商品 exceptional customer service 额外好的客户服务 a sense of belonging 归属感
描述感受	strong work ethic 优秀的职业道德 commitment to customer satisfaction 对克服满意度的责任感 online ordering and delivery services 线上订单和送货服务 a competitive market 激烈的市场

**Sample Answer 1 (6 分段参考):**

I'd like to talk about my neighbor, Mr. Johnson, who I've known for several years. Mr. Johnson is a successful businessperson who runs a family-owned grocery store in our neighborhood. I got to know him through my parents, who are regular customers at his store.

Mr. Johnson's grocery store is a small, local business that has been serving our community for over two decades. What sets him apart is his dedication to providing high-quality products, exceptional customer service, and a warm, welcoming atmosphere in the store. He personally knows many of his customers by name and takes the time to chat with them, creating a sense of belonging.

The key to Mr. Johnson's success is his strong work ethic and his commitment to customer satisfaction. He has built a loyal customer base over the years because people trust him and appreciate the personalized service he offers. His store has become a hub for the neighborhood, and he has managed to adapt to changing times by introducing online ordering and delivery services. Mr. Johnson's success shows that even in a competitive market, a family business can thrive with dedication, customer focus, and a personal touch.

7 分段参考	
描述背景	a remarkable businessperson 杰出的商人 have the privilege of 有幸 became acquainted with 变得了解 a successful tech startup 成功的科技创业公司
描述过程	specializes in 善于 to streamline their operations 简化操作 Under her guidance 在她的带领下 earning a reputation for 赢得声望 be attributed to 归因于 stay ahead of the curve 保持领先
描述感受	stems from 源自于 client satisfaction 顾客满意度 aspiring entrepreneurs 有理想的企业家 a client-centric approach 顾客为中心的方法

**Sample Answer 2 (7 分段参考):**

I'd like to share the story of a remarkable businessperson I have the privilege of knowing – Ms. Anderson. I became acquainted with her through a local business networking event a few years ago. Ms. Anderson is the founder and CEO of a successful tech startup called "InnoTech Solutions."

InnoTech Solutions specializes in developing innovative software solutions for businesses looking to streamline their operations. What makes Ms. Anderson stand out is her visionary leadership and her ability to anticipate industry trends. Under her guidance, InnoTech Solutions has grown exponentially, securing contracts with major corporations and earning a reputation for cutting-edge software development.

Ms. Anderson's success can be attributed to several factors. Firstly, her deep expertise in the tech industry and her willingness to stay ahead of the curve in terms of technology trends give her company a competitive edge. Secondly, she is an excellent communicator and team builder, fostering a culture of creativity and collaboration among her employees. Lastly, her unwavering dedication to providing value to her clients ensures that InnoTech Solutions consistently delivers top-notch solutions.

In conclusion, Ms. Anderson's success as a businessperson stems from her industry knowledge, leadership skills, and commitment to client satisfaction. Her journey from a startup founder to a prominent player in the tech industry serves as an inspiration to aspiring entrepreneurs like me, showcasing the rewards of hard work, innovation, and a client-centric approach.



### Part 3

#### Question 1: What factors lead to success?

**解题思路：**这是一道列举类型的问题。成功就像是各种因素的混合。首先，你有辛勤工作，那就是你的努力和奋斗。天赋，那就像是主要演员，你的天赋。建立人际关系和抓住机会，他们是幕后团队，让事情发生。而运气，嗯，那就像是惊喜的特邀明星。把它们都放在一起，你就有了成功的制胜之道，你懂的吧？

**Sample Answer:**

Success, my friend, it's like a mixtape of factors. First off, you've got hard work in the spotlight – that's your hustle and grind. Talent, that's like the main act, your natural gifts. Networking and seizing opportunities, they're the backstage crew making things happen. And luck, well, that's like the surprise guest star. Put 'em all together, and you've got the winning track for success, ya know?

#### Question 2: What do people need to sacrifice for success?

**解题思路：**这是一道列举类型的问题。成功通常需要牺牲。这可能包括放弃休闲时间、社交活动，甚至在教育或创业上做出财务上的牺牲。关键在于树立优先次序。这些牺牲可能在长期内带来巨大回报，将您更接近成功的定义。

**Sample Answer:**

Success often demands sacrifices, no doubt about it. You might have to give up some leisure time and late-night Netflix binges for focused work. Social outings might take a back seat to career goals. Financial sacrifices, like investing in education or a business, can be necessary. It's about priorities, really. But remember, these sacrifices can pay off big-time in the long run, bringing you closer to your definition of success.

#### Question 3: Which is more likely to be successful, family business or large corporations?

**解题思路：**这是一道观点类型的问题。成功没有固定模式，取决于个人目标。家族企业注重个性化和承诺，但在扩展方面受限。大公司有资源但缺乏灵活性，追求全球影响力。成功路上关键在于如何适应和追求目标。

**Sample Answer:**

Success isn't one-size-fits-all, buddy. Family businesses and large corporations each have their shot. Family businesses offer a personal touch and deep commitment, but face challenges in scaling. Large corporations have resources but can struggle with agility. It boils down to how you define success. Family businesses can thrive with niche markets, while corporations aim for global impact. So, it's about your goals and how you navigate the path.

#### Question 4: Is it easy for a business to be successful without affecting the environment?

**解题思路：**这是一道观点类型的问题。在追求商业成功和环境保护之间取得平衡并不容易。这就像走钢丝一样。要在注重环保的同时取得成功，通常需要额外的努力、创新，甚至更高的成本。但是这是可行的。公司可以投资于可持续实践，减少浪费，使用可再生资源。消费者也可以通过支持绿色企业来发挥作用。这是一项具有挑战性的任务，但许多人认为，为了更健康的地球，这是值得的。

**Sample Answer:**

Balancing business success and environmental impact isn't a cakewalk, my friend. It's like walking a tightrope. Achieving success while being eco-friendly often requires extra effort, innovation, and sometimes even higher costs. But it's doable. Companies can invest in sustainable practices, reduce waste, and use renewable resources. Consumers also play a role by supporting green businesses. It's a challenging act, but many believe it's worth it for a healthier planet in the long run.

**Question 5: Can you provide some examples of family business in your country?**

**解题思路：**这是一道列举类型的问题。当然！在中国，有一些知名的家族企业。例如，阿里巴巴集团由马云及其家族共同创立，已成为全球电子商务巨头。还有海尔集团，一家主要的家电和电子公司，由张家领导。另一个值得注意的例子是万达集团，由王健林及其家族领导，涉足房地产、娱乐等多个领域。这些家族企业在中国乃至国际上都产生了重要影响。

**Sample Answer:**

Balancing business success and environmental impact isn't a cakewalk, my friend. It's like walking a tightrope. Achieving success while being eco-friendly often requires extra effort, innovation, and sometimes even higher costs. But it's doable. Companies can invest in sustainable practices, reduce waste, and use renewable resources. Consumers also play a role by supporting green businesses. It's a challenging act, but many believe it's worth it for a healthier planet in the long run.

**Question 6: What qualities should be considered when recruiting employees?**

**解题思路：**这是一道列举类型的问题。招聘员工就像组建一支成功的体育队伍。你需要一系列相互补充的技能和个性。要寻找具有相关经验、良好沟通技巧和强烈职业道德的人。适应能力和学习意愿在当今不断变化的世界中至关重要。不要忽视文化适应性 - 你需要与公司的价值观和使命相契合的员工。因此，就像找到适合的拼图块一样，使团队完美运转！

**Sample Answer:**

When you're hiring folks, it's like putting together a winning sports team. You want a mix of skills and personalities that complement each other. Look for qualities like relevant experience, good communication skills, and a strong work ethic. Adaptability and a willingness to learn are crucial in today's ever-changing world. And don't forget cultural fit – you want employees who vibe with your company's values and mission. So, it's like finding the right puzzle pieces to make the team work like a charm!

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## 钦佩的运动员

Describe a sportsperson you admire  
You should say:  
Who this person is  
What you know about him/her  
What he/she is like in real life  
What achievement he/she has made  
And explain why you admire him/her

### Plan your talk:

who this person is  
(optional) what this person looks like  
What you know about him/her  
(optional) How you know about him  
What he/she is like in real life  
(optional) What achievement he/she has made  
And explain why you admire him/her  
(optional) What impresses you the most

### 教师的解析:

这是一道典型人物类型的话题。有名的运动员我们可以说国内的，也可以说国外的。各位同学注意，这里的运动员不一定要是明星，只要这个人有你欣赏的特质即可。另外，每一个特质加上一些例子和解释。例如：Serena Williams 是我非常钦佩的传奇网球运动员。主要通过电视观看她的比赛和阅读运动杂志。Serena Williams 之所以与众不同，不仅仅因为她出色的运动能力，还有在现实生活中，她显得非常接地气和平易近人，这并不是人们经常从一位全球网球巨星身上所期望的。她以强烈的职业道德和对自己事业的奉献精神而闻名。我钦佩 Serena Williams，因为她永不言弃的态度和克服逆境的能力，不仅仅激励了网球爱好者，还激励着任何努力实现自己目标的人。

6 分段参考	
描述背景	the legendary tennis player 传奇性的网球运动员 Primarily through 主要通过 followed her career 关注她的职业发展
描述过程	a remarkable athlete 杰出的运动员 resilience 韧性 down-to-earth 务实的 approachable 平易近人的 dedication to her craft 磨炼技艺的付出 titles 头衔
描述感受	a trailblazer 先驱者 breaking barriers 突破障碍 never-give-up attitude 永不言弃的精神 overcome adversity 征服对手

**Sample Answer 1 (6 分段参考):**

One sports personality I truly admire is Serena Williams, the legendary tennis player. I've followed her career for quite some time, primarily through watching her matches on television and reading about her in sports magazines.

Serena Williams is not just a remarkable athlete; she's an incredible human being as well. In real life, she comes across as down-to-earth and approachable, which is something you might not expect from a global tennis superstar. She's known for her strong work ethic and dedication to her craft.

One of Serena's most significant achievements is her numerous Grand Slam titles, which make her one of the greatest tennis players of all time. Her determination, resilience, and ability to perform under pressure have earned her a place in tennis history.

I admire Serena Williams because she's a trailblazer in her sport, breaking barriers and setting new standards for women's tennis. Her never-give-up attitude and her ability to overcome adversity inspire not just tennis enthusiasts but anyone striving to achieve their goals. Plus, she's a role model for young athletes, showing that with hard work and determination, anything is possible.

7 分段参考	
描述背景	is none other than 正是 the iconic tennis sensation 标志性的网球明星 autobiography 自传 subscribing to her social media updates 订阅了她社交媒体的动态
描述过程	her incredible athleticism 卓越的运动天赋 immense success 巨大的成功 personal struggles and triumphs 个人的困难和胜利 astounding 令人惊讶的 one of the most decorated tennis players 获得奖项最多的网球运动员之一 unmatched competitiveness 不可比拟的好胜心
描述感受	undeniable talent 不可否认的天赋 her unwavering commitment 坚定的付出 unyielding determination 不动摇的决心 achieve greatness 成就伟大

**Sample Answer 2 (7 分段参考):**

One sports figure I deeply admire is none other than Serena Williams, the iconic tennis sensation. I've been an avid follower of her career since I was a teenager, keeping up with her matches on TV, reading her autobiography, and even subscribing to her social media updates.

What sets Serena Williams apart is not just her incredible athleticism, but also her remarkable character in real life. Despite her immense success, she remains grounded and approachable, often sharing her personal struggles and triumphs. She's known for her affable personality and willingness to give back to her community. Serena's list of achievements is nothing short of astounding. With 23 Grand Slam singles titles, she's one of the most decorated tennis players in history. Her relentless work ethic, unmatched competitiveness, and ability to perform at the highest level have solidified her legacy as an all-time great in the sport.

I admire Serena Williams for her undeniable talent and her unwavering commitment to breaking barriers in women's tennis. Her resilience in the face of adversity, both on and off the court, is truly inspirational. She serves as a powerful symbol of empowerment for women and a testament to the idea that with passion, dedication, and unyielding determination, one can overcome any obstacle to achieve greatness.

### Part 3

#### Question 1: Should students have physical education and do sports at school?

**解题思路：**这是一道建议类型的问题。在学校开设体育课和体育运动绝对是一项胜利之举。它保持学生积极参与，教导团队合作，促进健康的生活方式。而且，这是一个摆脱课本的机会，双赢之举。通过体育保持健康，学到生活技能？这是毫无疑问的，我的朋友！

#### Sample Answer:

Absolutely! Having physical education and sports in schools is a slam dunk. It keeps students active, teaches teamwork, and promotes a healthy lifestyle. Plus, it's a break from hitting the books, which is a win-win. Staying fit and learning life skills through sports? That's a no-brainer, my friend!

#### Question 2: What qualities should an athlete have?

**解题思路：**这是一道列举类型的问题。要成为顶级运动员，不仅仅需要肌肉。它关乎坚韧不拔，即在困难时坚持不懈的决心。你必须守纪律，坚持你的训练计划。团队精神是必不可少的，因为大多数体育运动涉及与他人合作。还有不可忽视的心理韧性；像冠军一样应对压力和挫折。因此，体育运动员之所以出色，是因为他们兼具身体素质和这些心理素质。

#### Sample Answer:

Being a top-notch athlete takes more than just muscle. It's about having grit, the determination to keep pushing when things get tough. You've got to be disciplined, sticking to your training regimen. Team spirit is a must, 'cause most sports involve working with others. And let's not forget mental toughness; handling pressure and setbacks like a champ. So, it's a mix of physical prowess and these mental qualities that make a stellar athlete.

#### Question 3: Is talent important in sports?

**解题思路：**这是一道观点类型的问题。在体育中拥有天赋就好比在比赛中起步领先。它可以让你自然占据优势，但它并不是整个游戏。努力、奉献和训练通常可以弥补最初天赋的不足。从长远来看，它是二者结合在一起才能让你登上领奖台。因此，虽然天赋有所帮助，但真正计算的是你在场上或球场上付出的努力。

#### Sample Answer:

Sure thing! Talent in sports is like having a head start in a race. It can give you a natural advantage, but it's not the whole game. Hard work, dedication, and training can often make up for a lack of initial talent. In the long run, it's the combination of both that takes you to the podium. So, while talent helps, it's the effort you put in that truly counts on the field or court.

#### Question 4: Is it easy to identify children's talents?

**解题思路：**这是一道观点类型的问题。发现孩子的才能有点像寻找隐藏的宝藏。有些才能在年幼时就显而易见，比如在音乐或体育方面表现出色的孩子。然而，其他才能可能要到后来才会显现出来。通常需要耐心、鼓励和接触各种活动来发现孩子真正的才能。因此，这并不总是容易的，但在正确的支持和探索下，这些才能可以得以展现出来。

#### Sample Answer:

Identifying children's talents can be a bit like searching for hidden treasures. Some talents are obvious from a young age, like a child who excels in music or sports. However, others might not surface until later in life. It often takes patience, encouragement, and exposure to various activities to discover a child's true talents. So, it's not always easy, but with the right support and exploration, those talents can shine through.

**Question 5: What is the most popular sport in your country?**

**解题思路：**这是一道观点类型的问题。篮球在中国正变得越来越受欢迎，这要归功于姚明等明星以及NBA的影响力。但最传统和受人喜爱的体育仍然是乒乓球，通常被称为“乒乓球”。这是一项全民娱乐活动，中国甚至凭借它赢得了众多奥运会金牌。因此，虽然篮球正在崭露头角，但乒乓球仍然是中国最受欢迎的运动。

**Sample Answer:**

Identifying children's talents can be a bit like searching for hidden treasures. Some talents are obvious from a young age, like a child who excels in music or sports. However, others might not surface until later in life. It often takes patience, encouragement, and exposure to various activities to discover a child's true talents. So, it's not always easy, but with the right support and exploration, those talents can shine through.

**Question 6: Why are there so few top athletes?**

**解题思路：**这是一道原因类型的问题。要成为顶级运动员，就像追逐流星一样，非常罕见。这归结于多种因素的综合作用。首先，基因起着一定作用；有些人天生具备天赋优势。然后需要不懈的奉献和辛勤工作，通常需要做出牺牲。竞争激烈，受伤可能会让梦想搁浅。此外，像获得培训和资源的机会等因素也很重要。因此，成为顶级运动员需要多种因素的完美结合，使他们成为稀有的存在。

**Sample Answer:**

Becoming a top athlete is like chasing a shooting star – it's rare. It boils down to a combination of factors. First, genetics play a role; some folks are born with a natural edge. Then there's the relentless dedication and hard work required, often involving sacrifices. Competition is fierce, and injuries can sideline dreams. Plus, factors like access to training and resources matter. So, it's like a perfect storm of factors that make top athletes a rare breed.

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## 擅长说中文的外国人

Describe a foreigner who speaks Chinese well  
You should say:  
Who this person is  
Where he/she is from  
How he/she learns Chinese  
And explain why he can speak Chinese well

### Plan your talk:

Who this person is  
(optional) what this person does for a living  
(optional) what this person looks like  
Where he/she is from  
(optional) How you knew this person  
How he/she learns Chinese  
(optional) Where he learns Chinese  
And explain why he can speak Chinese well  
(optional) How you feel about this person

### 教师的解析:

本题是一道人物类题目。我们可以创造一个人物，她来自美国，精通中文的故事等等。这道题目的重点是解释这个人是如何学习中文的，常见的学习语言方式有旅游，报名语言课程，看电影，看书等等。我们在解释的语言学习方式的时候添加一些细节即可，例如：时间，地点，感受等等。我们可以说她的中文学习之旅始于美国的语言学校，但真正提高她的流利度的是她在中国生活的一年。在中国，她积极融入当地文化，与当地人日常对话，观看中文电视节目和电影，并且通过使用中文在繁忙的街头市场上生活。最后，我们可以说说对这个人的感受，例如：她的坚定执着，她不害怕犯错误，反而从中吸取教训，并积极寻找机会进行实践，无论是点外卖还是与邻居聊天。

6 分段参考	
描述背景	a real language whiz 擅长语言的人 majored in 专业是 seriously intense language programs 高强度的语言课程 set the stage for 打下基础
描述过程	stand out 脱颖而出 never-ending dedication 永不枯竭的投入 jumped into 加入 an immersive program 沉浸式的计划 a local family 当地家庭 diving into 深入了解 devoured Chinese books 如饥似渴地读中文书籍
描述感受	day in and day out 一天又一天 pretty darn good 非常好 formal education 正式教育 a Chinese pro 中文专家

**Sample Answer 1 (6 分段参考):**

Let me introduce you to John, a real language whiz from Australia. You wouldn't believe how good his Chinese is, considering how far Australia is from China. John started learning Chinese back in uni where he majored in it. His uni had some seriously intense language programs that really set the stage for his skills. But what makes John stand out is his never-ending dedication. After he graduated, he took his language game to the next level. He jumped into an immersive program in Beijing, living with a local family. It was like diving into the deep end. Plus, he joined Chinese discussion groups, went to lectures, and devoured Chinese books. John's Chinese isn't just good; it's almost like he was born speaking it. His secret? Keeping at it, day in and day out. He never stopped learning, even when he got pretty darn good. His mix of formal education and real-life experience is why he's a Chinese pro.

7 分段参考	
描述背景	impressed everyone 惊讶所有人 laid her language foundation 打下语言基础 propelled her fluency 加强流利度 a bold decision 大胆的决定
描述过程	embraced every opportunity to learn 拥抱每一次学习的机会 engaged in 加入 tuned into 理解 unyielding dedication 不屈的投入 ordering street food 点外卖 chatting with neighbors 和邻居闲聊
描述感受	proficiency in Chinese 中文水平 immersive experiences 沉浸式的经历 Her commitment to mastering the language 她读掌握语言的投入 perseverance 毅力

**Sample Answer 2 (7 分段参考):**

Allow me to introduce Sarah, a friend from the United States, who has impressed everyone with her Chinese language skills. Sarah's journey into Chinese began at a local language school, where she laid her language foundation. However, what truly propelled her fluency was a bold decision to spend a year living in China. During her time in China, Sarah embraced every opportunity to learn. She engaged in daily conversations with locals, tuned into Chinese TV shows and movies, and navigated bustling street markets using her language skills. What sets her apart is her unyielding dedication; she learned from every mistake and actively sought opportunities to practice, whether ordering street food or chatting with neighbors. Sarah's proficiency in Chinese is a testament to her combined approach of structured education and immersive experiences. Her commitment to mastering the language shines through, making her a remarkable example of language proficiency achieved through perseverance and real-world application.



### Part 3

#### Question 1: What foreign languages do Chinese children learn?

**解题思路：**这是一道列举类型的话题。中国儿童通常从小学早期开始学习英语作为主要外语，这在中国的教育体系中占有重要地位。随着升入更高的教育阶段，他们也有机会学习其他外语，如西班牙语、法语、德语或日语，这取决于学生的兴趣和学术需求。尽管英语保持着主导地位，但额外外语的选择因个人偏好和教育机会而有所不同。这种教育灵活性使学生能够在掌握英语的基础上探索其他语言，拓宽语言技能和跨文化理解，为他们的终身学习和职业发展提供更多机会。

#### Sample Answer:

Chinese children typically learn English as their primary foreign language, with education starting early in elementary school. Additional languages like Spanish, French, German, or Japanese may also be offered at higher education levels, depending on students' interests and academic needs. While English remains the primary foreign language, the choice of additional languages can vary based on individual preferences and educational opportunities.

#### Question 2: Why do Chinese children learn English?

**解题思路：**这是一道原因类型的话题。中国儿童学习英语有多重原因。首先，家长常说“学英语打开了大门”，因为它增强了职业机会，促进国际交流，提高了出国留学的机会。英语被视为连接他们与世界的“通用语言”。此外，观看英语电影和唱英语歌曲也受欢迎，因此，对中国儿童来说，“学英语就像学会了一项超能力”。

#### Sample Answer:

Chinese children learn English for various reasons. "Learning English opens doors," as many parents say. It enhances career opportunities, helps in international communication, and boosts chances of studying abroad. English is like a "universal language" that connects them to the world. Plus, it's cool to watch English movies and sing English songs. So, "learning English is like learning a superpower" for Chinese kids.

#### Question 3: Why are so many people learning English?

**解题思路：**这是一道原因类型的话题。许多人学习英语是因为它具有全球重要性。英语在国际商务、外交、科学和文化领域充当着共同语言的角色。精通英语打开了就业机会的大门，也为在这个互联世界中获取丰富信息提供了便捷。其全球性意义使英语成为一个被广泛学习的语言。

#### Sample Answer:

English is learned by many due to its global significance. It serves as a common language for international business, diplomacy, science, and culture. Proficiency in English opens doors to job opportunities and access to a wealth of information in this interconnected world.

#### Question 4: How can you help children learn English?

**解题思路：**这是一道建议类型的话题。帮助儿童学习英语需要营造沉浸式环境。鼓励英语阅读、观看英语内容和使用互动学习应用。质量高的语言课程和熟练的教师可以带来益处。积极参与英语对话和故事讲解等活动有助于培养语言技能。这些方法可以有效促进儿童的英语学习。

#### Sample Answer:

Assisting children in learning English involves creating an immersive environment. Encourage English reading, watching English-language content, and interactive learning apps. Quality language programs with skilled instructors can be beneficial. Engaging in English conversations and activities like storytelling fosters language skills.



**Question 5: Do you think the way people learn English today is the same as in the past?**

**解题思路：**这是一道观点类型的话题。学习英语已经发生了显著变化。与过去主要依赖教科书和传统教室不同，今天的方法包括在线资源、语言应用和虚拟课堂。技术提供了灵活性和互动性学习，使语言习得更具吸引力和可访问性。这种演变使英语学习更为多样化和现代化。

**Sample Answer:**

Assisting children in learning English involves creating an immersive environment. Encourage English reading, watching English-language content, and interactive learning apps. Quality language programs with skilled instructors can be beneficial. Engaging in English conversations and activities like storytelling fosters language skills.

**Question 6: What are the benefits of the Internet for people's learning?**

**解题思路：**这是一道列举类型的话题。互联网为学习带来了诸多好处。它是信息的宝库，使研究和自学变得轻而易举。像 Coursera 和 Khan Academy 这样的平台提供了灵活的学习方式，让你按照自己的节奏获得新技能。此外，你可以通过协作工具和论坛与全球的人们建立联系，创造多元化的学习经验。视频和互动内容提升了理解力，让你保持参与。总的来说，互联网就像一个为所有人提供的教育游乐场，使学习对每个人都变得更加可及，鼓励终身学习，不论你的学习风格或需求如何。

**Sample Answer:**

The Internet has tons of benefits for learning. It's a treasure trove of information, making research and self-education a breeze. Platforms like Coursera and Khan Academy offer flexible learning, letting you pick up new skills at your own pace. Plus, you can connect with folks worldwide through collaboration tools and forums, creating diverse learning experiences. Videos and interactive content jazz up understanding and keep you engaged. Overall, it's like an education playground for all, making learning accessible to everyone and encouraging lifelong learning, no matter your style or needs.

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国际教育

## 想见的有趣的人

Describe an interesting person that you haven't met in person but would like to know more about  
You should say:  
Who this person is  
How you knew him/her  
What interesting things he/she has done  
And explain why you want to know more about him or her

### Plan your talk:

Who this person is  
(optional) What this person looks like  
How you knew him/her  
(optional) where & when you knew this person  
What interesting things he/she has done  
(optional) Why you think these things are interesting  
And explain why you want to know more about him or her  
(optional) Why you like this person

### 教师的解析:

这是一个人物类型的话题。这道题目需要我们回答一个有趣的人，我们可以说身边的人，也可以说名人。根据这道题目的限定没有见过的，我们回答名人会更加合理一些。例如：埃隆·马斯克。然后，可以说我是通过新闻文章和纪录片了解到他的。之后可以介绍埃隆·马斯克是多家公司的首席执行官，包括特斯拉、SpaceX 和 Neuralink。最后聊到感受，我们可以说他是一位有远见的人。他的工作有潜力改变我们的未来，从可持续交通到太空探索，甚至是神经科学的进步，等等。

6 分段参考	
描述背景	really intriguing 很有趣 through news articles and documentaries 通过文章和纪录片 the CEO of multiple companies 多个公司的 CEO sustainable electric vehicles 可持续的电车
描述人物	ambitious goals and achievement 远大的目标和成就 launching missions to Mars 火星发射任务 What sets him apart are 让他脱颖而出的是 developing brain-computer interfaces 发展大脑和电脑的结合点
描述感受	a successful entrepreneur 成功的企业家 a visionary 有远见的人 reshape our future 重新定义未来 balance innovation with practicality 平衡创新和实际情况

**Sample Answer 1 (6 分段参考):**

One person I find really intriguing, though I've never met them in person, is Elon Musk. I first learned about him through news articles and documentaries. Elon Musk is the CEO of multiple companies, including Tesla, SpaceX, and Neuralink. What sets him apart are his ambitious goals and achievements. For instance, he's been working on creating sustainable electric vehicles, launching missions to Mars, and developing brain-computer interfaces.

I'd love to know more about Elon Musk because he's not just a successful entrepreneur; he's a visionary. His work has the potential to reshape our future, from sustainable transportation to space exploration and even advancements in neuroscience. Understanding his thought process, the challenges he's faced, and how he balances innovation with practicality would be incredibly insightful. Plus, his ability to think beyond the norm and drive change in various industries is truly inspiring.

7 分段参考	
描述背景	had the privilege of 有幸能 I'm profoundly interested in 浓厚的兴趣 a renowned naturalist 有名的博物学家 I initially came across 最开始的了解到
描述人物	dedicated his life to 一生致力于 documenting the Earth's biodiversity 记录地球的多样性 educate the public 教育大众 the importance of conservation 保护区的重要性 multiple awards 多种奖项 raising awareness about environmental issues 提高对环保问题的意识
描述感受	remarkable commitment 伟大的奉献 convey complex scientific concepts 讲解复杂的科学概念 in a way that's accessible to a broad audience 以一种大众能接受的方式 enlightening and inspirational 有启发意义的和鼓舞人心的

**Sample Answer 2 (7 分段参考):**

There's a person I've never had the privilege of meeting in person, but I'm profoundly interested in learning more about him. That person is Sir David Attenborough, a renowned naturalist and broadcaster. I initially came across his work while watching a documentary series he narrated about the wonders of the natural world. Sir David Attenborough has dedicated his life to exploring and documenting the Earth's biodiversity. He has produced numerous documentaries that educate the public about the importance of conservation and the beauty of our planet. His work, including the "Planet Earth" series, has won multiple awards and has been instrumental in raising awareness about environmental issues.

I'm eager to know more about Sir David Attenborough because of his remarkable commitment to environmental conservation and his ability to convey complex scientific concepts in a way that's accessible to a broad audience. I admire his passion for nature and his tireless efforts to protect our planet. Learning more about his experiences and insights would undoubtedly be enlightening and inspirational, motivating me to contribute more to environmental causes.

### Part 3

**Question 1: Are there any differences in the relationship between you and your friends and between you and other people?**

**解题思路：**这是一道对比类型的话题。我和朋友以及其他人之之间的关系确实存在差异。与朋友相处时，有一种特殊的纽带；我们分享秘密，有独特的笑话，无论顺境逆境都互相支持。这就像拥有一个第二个家庭。另一方面，与其他人的互动往往更加正式。我们有礼貌，但连接不如深入，对话通常停留在表面。然而，对于新的联系来说，保持开放和友好是至关重要的，因为你永远不知道陌生人何时会在未来成为朋友。

**Sample Answer:**

Certainly! There are indeed differences in the relationships I have with my friends and with other people. With friends, there's a special bond; we share secrets, have inside jokes, and support each other through thick and thin. It's like having a second family. On the other hand, with other people, interactions tend to be more formal. We're polite, but the connection isn't as deep, and conversations often stay on the surface. However, it's essential to be open and friendly to new connections because you never know when a stranger could become a friend in the future.

**Question 2: Do people feel lonely in crowded cities?**

**解题思路：**这是一道观点类型的话题。我们可以先肯定回答，这是一种常见的经历。在拥挤的城市中，尽管周围繁忙，人们经常感到孤独。快节奏的城市生活可能会阻碍深刻的连接，使人们感觉自己像是“人群中的陌生人”。当缺乏社区或每个人都太忙时，孤独感就会产生。然而，在城市的混乱中，积极寻求联系、建立关系和创造归属感是至关重要的，以应对这种孤独感并促进人际关系。

**Sample Answer:**

Absolutely, it's a common experience. In crowded cities, despite the bustling surroundings, people often feel lonely. The fast-paced urban life can hinder deep connections, making them feel like "strangers in a crowd." Loneliness sets in when there's a lack of community or when everyone's too busy. Nevertheless, it's crucial to reach out, build relationships, and create a sense of belonging amidst urban chaos to combat this loneliness and foster connections.

**Question 3: Where and how can people get to know new people?**

**解题思路：**这个问题有两问，我们可以分开回答。结交新朋友可以发生在不同的地方和方式。社交活动如派对或聚会非常适合社交和交朋友。加入具有共同兴趣的俱乐部、课程或运动团队是连接的好方法。在线平台如社交媒体、论坛或约会应用程序也提供了结识人的机会。志愿工作或参加社区活动是另一种途径。最终，保持开放、可亲，以及在日常情境中开始交谈也可以导致有意义的联系。所以，有很多结交新朋友的选择。

**Sample Answer:**

Meeting new people can happen in various places and ways. Social events like parties or gatherings are excellent for mingling and making friends. Joining clubs, classes, or sports teams with shared interests is a great way to connect. Online platforms like social media, forums, or dating apps also provide opportunities to meet people. Volunteering or participating in community activities is another avenue. Ultimately, being open, approachable, and striking up conversations in everyday situations can lead to meaningful connections too. So, there are plenty of options for getting to know new people.

#### Question 4: Can clothing tell and reveal a person's personality?

**解题思路：**这是一道观点类型的问题。服装可以在一定程度上传达一个人的个性。某人选择的风格、颜色和配饰可以暗示他们的品味、价值观，甚至他们的自信心。然而，重要的是要记住，服装只是一个人身份的一部分，它并不能揭示他们个性的全部。人是复杂的，尽管服装可以提供一些线索，但它不是他们整个人格的全面反映。所以，它是拼图的一部分，但不是整个图景

#### Sample Answer:

Absolutely, clothing can convey a person's personality to some extent. The style, colors, and accessories someone chooses can hint at their tastes, values, and even their confidence. However, it's important to remember that clothing is just one aspect of a person's identity, and it doesn't reveal everything about their personality. People are complex, and while clothing can provide insights, it's not a comprehensive reflection of who they are. So, it's one piece of the puzzle, but not the entire picture.

#### Question 5: Why do the individuals from the same family have different personalities?

**解题思路：**这是一道观点类型的问题。是的，这相当有趣，但同一个家庭中的个体往往因为遗传和环境因素的综合作用而具有不同的个性。基因在塑造我们的特征方面发挥了一定作用，但即使是有着相同父母的兄弟姐妹也可能继承不同的基因组合。此外，在同一个家庭中长大，每个人都有独特的经历和影响，这有助于塑造他们的个性发展。所以，正是这种自然和培养的融合使兄弟姐妹在个性上有所不同。

#### Sample Answer:

Absolutely, clothing can convey a person's personality to some extent. The style, colors, and accessories someone chooses can hint at their tastes, values, and even their confidence. However, it's important to remember that clothing is just one aspect of a person's identity, and it doesn't reveal everything about their personality. People are complex, and while clothing can provide insights, it's not a comprehensive reflection of who they are. So, it's one piece of the puzzle, but not the entire picture.

#### Question 6: How does society influence a person's personality?

**解题思路：**这是一道建议类型的问题。社会对个体的个性有重要影响。社会规范、价值观和期望塑造了个体的行为和思维方式。文化因素，包括家庭、教育和媒体，也在塑造个体的信仰和态度方面发挥作用。同龄群体和社群也可以通过影响社交互动和行为来塑造个性。总之，社会为个体的个性发展提供了框架，外部因素影响了他们的价值观、兴趣和行为。

#### Sample Answer:

Society has a significant impact on a person's personality. Social norms, values, and expectations shape how individuals behave and think. Cultural influences, including family, education, and media, play a role in shaping one's beliefs and attitudes. Peer groups and communities can also shape personality by influencing social interactions and behaviors. In essence, society provides the framework within which individuals develop their personalities, with external factors contributing to their values, interests, and behaviors.

## 喜欢烹饪的人

Describe a person who likes to cook for others  
You should say:  
Who this person is  
What he/she likes to cook  
Who he/she cooks for  
And explain why he/she enjoys cooking

### Plan your talk:

Who this person is  
(optional) What she looks like  
What he/she likes to cook  
(optional) Whether it is delicious  
Who he/she cooks for  
(optional) Why he/she cooks for the person  
(optional) How he/she learns cooking  
And explain why he/she enjoys cooking  
(optional) How you feel about his/ her cooking

### 教师的解析:

这是一道人类型的话题。既然是喜欢烹饪的人，我们的回答中最好具体列举一些事物的下义词，不要泛泛而谈，最好可以具体到的菜名。然后可以回答具体他是如何学习的，最后可以聊聊她喜欢烹饪的原因。例如：回答她发现当人们品尝她的菜肴时脸上的喜悦带给她真正的快乐。还有，烹饪是一种创建彼此亲近感、与亲人建立联系并留下持久记忆的方式。这是她爱的美丽表达方式，也是她为她关心的人带来幸福的方式。

6 分段参考	
描述背景	She absolutely loves cooking 她酷爱烹饪 lasagna and homemade pasta 千层面和家里做的意大利面食 showcase her culinary skills 展现厨艺 a wide variety of dishes 多样的菜肴
描述人物	hosts dinner parties 举行晚餐派对 to volunteer for potlucks 自发参加百味餐 to bring people together 让人们团结 create lasting memories 留下美好回忆
描述原因	express her creativity 表达创造力 She finds joy in 她在...中发现快乐 to nurture and connect with others 和其他人维持联系



**Sample Answer 1 (6 分段参考):**

I'd like to talk about my friend Sarah, who absolutely loves cooking for others. Sarah is a fantastic cook, and she takes every opportunity to showcase her culinary skills. She enjoys preparing a wide variety of dishes, but her specialty is Italian cuisine. Her lasagna and homemade pasta are particularly famous among our group of friends.

Sarah loves to cook for her family and friends. She often hosts dinner parties and gatherings at her place, and she's the first to volunteer for potlucks or any event where food is involved. She believes that food has the power to bring people together and create lasting memories.

The reason Sarah enjoys cooking for others is that it allows her to express her creativity and show her love and care. She finds joy in seeing the smiles on people's faces when they taste her dishes. It's a way for her to nurture and connect with others, and it's her love language, so to speak.

7 分段参考	
描述背景	a true passion 真正的热情 an extraordinary cook 一名优秀的厨师 derives immense pleasure from 获得巨大的快乐 culinary repertoire 厨艺表演
描述人物	appetizers, mains, and decadent desserts 开胃菜, 主食, 放纵的甜品 whip up 激发 a gesture of love 爱的象征 transcends language and cultural barrier 超越语言和文化障碍
描述原因	multifaceted 包含多方面的 relishes the opportunity 期待机会 genuine joy 真正的快乐 a sense of togetherness 团聚的感觉

**Sample Answer 2 (7 分段参考):**

Allow me to introduce you to someone who has a true passion for cooking for others - my cousin, Emily. Emily is an extraordinary cook, and she derives immense pleasure from sharing her culinary creations with family and friends. Her culinary repertoire is diverse, but what she truly loves to cook are elaborate three-course meals, complete with appetizers, mains, and decadent desserts.

Emily's culinary skills are not limited to just one group; she loves cooking for anyone who appreciates a delicious meal. Whether it's her family, close friends, or even colleagues, she's always ready to whip up something extraordinary. She believes that the act of cooking and sharing food is a gesture of love and care that transcends language and cultural barriers.

The reason behind Emily's love for cooking for others is multifaceted. Firstly, she relishes the opportunity to be creative in the kitchen, experimenting with flavors and techniques. Secondly, she finds genuine joy in seeing the delight on people's faces when they savor her dishes. Lastly, for Emily, cooking is a way to create a sense of togetherness, to bond with loved ones, and to make lasting memories. It's a beautiful expression of her love and a way for her to bring happiness to the people she cares about.



### Part 3

#### Question 1: Are there any differences between cooking today and in the past?

**解题思路：**这是一道对比类型的问题。当然，烹饪已经在漫长的历史中发生了巨大变化。现代技术，如微波炉和电炉，使烹饪变得更快捷、更便利。由于全球化，人们可以获得更多种类的食材，扩大了烹饪的可能性。此外，文化交流和在线食谱的可用性丰富了烹饪风格。然而，一些传统的烹饪方法和食谱仍然备受珍视，保持着与过去的联系。因此，虽然有很多不同之处，但在今天的烹饪世界中也有新与旧的融合。

#### Sample Answer:

Absolutely, cooking has evolved significantly over time. Modern technology, like microwave ovens and electric stoves, has made cooking faster and more convenient. Access to a wider variety of ingredients due to globalization has expanded culinary possibilities. Additionally, cultural exchange and the availability of recipes online have diversified cooking styles. However, some traditional cooking methods and recipes continue to be cherished, maintaining a connection to the past. So, while there are many differences, there's also a blend of old and new in the world of cooking today.

#### Question 2: What do we need to prepare when we need to cook?

**解题思路：**这是一道建议类型的问题。烹饪中，准备工作至关重要。首先，你需要一份食谱或至少对想要烹饪的内容有清晰的想法。接下来，制定购物清单，确保你备齐了所有必要的食材。在开始烹饪之前，收集厨房工具和器具，如锅、平底锅、刀具和砧板。提前清洗和切好食材也是至关重要的。一旦一切准备就绪，你可以按照食谱逐步操作，所有的食材和工具都在手边会使烹饪过程更加流畅和愉悦。

#### Sample Answer:

Well, when it comes to cooking, preparation is key. Firstly, you'll need a recipe or at least a clear idea of what you want to cook. Next, make a shopping list to ensure you have all the necessary ingredients. Before you start cooking, gather your kitchen tools and utensils, like pots, pans, knives, and cutting boards. It's also crucial to wash and chop your ingredients ahead of time. Once everything is ready, you can follow the recipe step by step, and having all your ingredients and tools at hand will make the cooking process smoother and more enjoyable.

#### Question 3: Do you agree that food is an important part of Chinese festivals?

**解题思路：**这是一道观点类型的问题。我们可以先肯定回答，食物是中国传统节日的重要组成部分。它不仅仅是为了满足饥饿，更是文化和社交体验。在如春节或中秋节等活动中，家人聚集一起准备并享用具有象征意义的菜肴。例如，饺子象征着财富，而月饼代表着团圆。这些传统强化了文化传承和团结感，强调了食物在中国文化中的重要性。与亲人分享这些美食加强了情感纽带，创造了持久的回忆，使食物成为庆祝中国传统节日不可或缺的一部分。

#### Sample Answer:

Absolutely, food is a vital aspect of Chinese festivals. It goes beyond mere nourishment; it's a cultural and social experience. During events like Lunar New Year or Mid-Autumn Festival, families come together to prepare and enjoy symbolic dishes. For example, dumplings signify wealth, while mooncakes represent reunion. These traditions foster a sense of heritage and togetherness, emphasizing food's significance in Chinese culture. Sharing these meals with loved ones strengthens bonds and creates lasting memories, making food an integral part of celebrating Chinese festivals.

**Question 4: Which dishes are a must at festivals?**

**解题思路：**这是一道类型类型的问题。中国节庆期间，一些特定的菜肴是必不可少的。饺子以其各种馅料而闻名，象征着财富和好运。此外，鱼菜肴也是必不可少的，因为在普通话中，鱼的发音“鱼”听起来像“余”，象征着富裕。粽子在端午节期间受欢迎，内有甜或咸的馅料。最后，月饼，通常填充有莲蓉或红豆馅，是中秋节的标志，代表着团圆。这些菜肴是珍贵的传统，为节庆增添了浓厚的文化氛围。

**Sample Answer:**

During Chinese festivals, certain dishes are absolute must-haves. Dumplings, with their various fillings, are a favorite, symbolizing wealth and good fortune. Also, fish dishes are essential, as the word for fish, "yu," sounds like "surplus" in Mandarin, representing abundance. Sticky rice dumplings (zongzi) are enjoyed during the Dragon Boat Festival, filled with sweet or savory ingredients. Finally, mooncakes, often filled with lotus seed paste or red bean paste, are a hallmark of the Mid-Autumn Festival, representing reunion. These dishes are cherished traditions that add a rich cultural flavor to the festivities.

**Question 5: Should students learn to cook at school?**

**解题思路：**这是一道观点类型的问题。我们先给出肯定观点，在学校教学生如何烹饪是有价值的。这使他们掌握了必要的生活技能，促进了更健康的饮食习惯。烹饪还培养了创造力、解决问题的能力，以及对多元化美食的欣赏。甚至可以是学习营养学的实际方式。因此，将烹饪融入课程不仅为学生独立生活做好了准备，还促进了整体健康和烹饪的享受。

**Sample Answer:**

During Chinese festivals, certain dishes are absolute must-haves. Dumplings, with their various fillings, are a favorite, symbolizing wealth and good fortune. Also, fish dishes are essential, as the word for fish, "yu," sounds like "surplus" in Mandarin, representing abundance. Sticky rice dumplings (zongzi) are enjoyed during the Dragon Boat Festival, filled with sweet or savory ingredients. Finally, mooncakes, often filled with lotus seed paste or red bean paste, are a hallmark of the Mid-Autumn Festival, representing reunion. These dishes are cherished traditions that add a rich cultural flavor to the festivities.

**Question 6: Do you think cooking should be a compulsory or an elective course? Why?**

**解题思路：**这是一道观点类型的问题。我认为学校应该将烹饪课程既作为必修课程又作为选修课程提供。将其设为必修课可以确保所有学生获得基本的烹饪技能，这对独立生活至关重要。然而，将其作为选修课程提供可以让那些对烹饪艺术更感兴趣的人进一步探索。这种方法在为每个人提供有价值的生活技能的同时，也满足了个人的兴趣和才能，取得了平衡。

**Sample Answer:**

I believe cooking should be offered as both a compulsory and an elective course in schools. Making it compulsory ensures that all students gain basic cooking skills, which are essential for independent living. However, offering it as an elective allows those with a deeper interest in culinary arts to explore it further. This approach strikes a balance, providing valuable life skills to everyone while catering to individual preferences and aptitudes.

## 想法有趣的人

Describe a person who always has interesting ideas or opinions  
 You should say:  
 Who this person is  
 What this person does  
 How you knew him/her  
 And explain why you think his/her ideas or opinions are interesting

### Plan your talk:

who this person is  
 (optional) what this person looks like  
 What this person does  
 (optional) How this person does it  
 How you knew him/her  
 (optional) How you feel you about him/her  
 And explain why you think his/her ideas or opinions are interesting  
 (optional) What other characteristics this person has

### 教师的解析:

这是一道典型人物类型的话题。关于想法有趣的人，我们可以的描述一个自己身边的人，题目的限定主要在于“有趣”，我们可以说这个人非常幽默，总能够提出一些新想法，习惯打破成规等等。例如：我的同事 Sarah 总是有着有趣想法和见解。Sarah 具备创造力和独特的观点。我觉得 Sarah 的想法有趣，因为它们经常挑战现状，突破传统思维的界限。她的创新方法帮助我们的团队提出了有益于公司的创造性解决方案。另外，Sarah 能够打破思维定式，提供发人深省的观点，使她成为我们团队无价的财富。

6 分段参考	
描述背景	fascinating ideas 有趣的想法 a marketing manager 市场营销经理 got to know her 认识她 were assigned to the same project team 被分到同一个项目小组
描述过程	creativity 创造力 unique perspective 独特的视角 innovative strategies 创新策略 unconventional thinking 不传统的思维方式 rebranding our products 重塑我们的产品 consistently 持续的
描述感受	challenge the status quo 挑战现状 push the boundaries 超越边界 conventional thinking 传统的想法 thought-provoking opinions 发人深省的观点

**Sample Answer 1 (6 分段参考):**

One person I know who always has fascinating ideas and opinions is my colleague, Sarah. She works as a marketing manager in our company, and I got to know her when we were assigned to the same project team. Sarah's ideas and opinions stand out because of her creativity and unique perspective. She approaches marketing challenges with innovative strategies and unconventional thinking. Whether it's brainstorming new ad campaigns or rebranding our products, she consistently offers fresh and engaging ideas. I find Sarah's ideas interesting because they often challenge the status quo and push the boundaries of conventional thinking. Her innovative approach has helped our team come up with creative solutions that have improved our company's marketing efforts. Sarah's ability to think outside the box and offer thought-provoking opinions makes her an invaluable asset to our team.

7 分段参考	
描述背景	never cease to amaze me 从未停止让我惊讶 intriguing ideas 有趣的想法 a technology consultant 科技顾问 I first crossed paths with 最开始和...有交集
描述过程	knack 本领, 诀窍 encounter complex problems a staunch believer 坚定地拥护者 come up with ideas 提出想法 out-of-the-box thinking 创新思维 groundbreaking solutions 革新的解决方案
描述感受	challenge the norm 挑战规则 intellectual curiosity 聪明的好奇心 explore uncharted territory 探索不熟悉的区域 adventurous 冒险性的

**Sample Answer 2 (7 分段参考):**

There's someone I've had the pleasure of knowing, and they never cease to amaze me with their intriguing ideas and opinions. Meet Alex, a close friend of mine who works as a technology consultant in a prominent firm. I first crossed paths with Alex during our college years, and we've remained good friends ever since. What sets Alex apart is their knack for thinking differently. As a technology consultant, they encounter complex problems daily, and their ideas often challenge conventional thinking. Alex is a staunch believer in disruptive innovation and consistently comes up with ideas that are both cutting-edge and practical. I'm constantly fascinated by Alex's ideas because they have a unique ability to see opportunities where others might see roadblocks. Their out-of-the-box thinking has not only led to groundbreaking solutions in their professional life but has also enriched our personal discussions. We often engage in thought-provoking conversations that delve into various topics, from emerging technologies to social issues. I admire Alex's ideas and opinions because they remind me that innovation and progress come from daring to challenge the norm. Alex's intellectual curiosity and willingness to explore uncharted territory make them a source of inspiration for me, motivating me to be more open-minded and adventurous in my own thinking.

### Part 3

#### Question 1: When do you think children start to have their own opinions?

**解题思路：**这是一道观点类型的问题。随着孩子的成长和生活经历的增多，他们开始形成自己的意见和想法。这不是一夜之间的事情，而且在不同的孩子之间差异很大。有些孩子可能会很早就开始表达自己，而其他孩子可能需要更多的时间来找到自己的声音。这都是他们通向独立和形成独特身份的过程的一部分。

##### Sample Answer:

Well, you know, kids start developing their own opinions and ideas as they grow and gain more life experiences. It's not an overnight thing, and it can vary greatly from child to child. Some might start expressing themselves quite early, while others might take a bit more time to find their voice. It's all part of their journey towards independence and forming their unique identities.

#### Question 2: Are children's opinions influenced by their parents?

**解题思路：**这是一道观点类型的问题。孩子们通常把父母视为榜样，受到他们的价值观、信仰和观点的影响。这是成长和了解世界的自然过程。然而，随着孩子的成熟，他们也开始形成自己的观点，受到朋友、教育和个人经历等各种因素的影响。因此，尽管父母的影响很重要，但孩子们在生活中的航行过程中最终会形成独立的观点。

##### Sample Answer:

Absolutely, kids often look up to their parents as role models and are influenced by their values, beliefs, and opinions. It's a natural part of growing up and learning about the world. However, as children mature, they also start to form their own perspectives, influenced by various factors like friends, education, and personal experiences. So, while parental influence is significant, children eventually develop their independent viewpoints as they navigate through life.

#### Question 3: Who are the smart children likely to be influenced by?

**解题思路：**这是一道观点类型的问题。聪明的孩子可以受到各种各样的人和因素的影响。他们经常从老师、导师，甚至书籍和媒体中寻找知识和灵感。他们充满好奇心的大脑就像海绵，吸收来自不同来源的信息和思想。虽然父母起着重要作用，但聪明的孩子往往会探索和参与更广泛的世界，从与他们对知识渴望相一致的各种人和经历中获得影响。

##### Sample Answer:

Smart children can be influenced by a wide range of individuals and factors. They often seek knowledge and inspiration from teachers, mentors, and even books and media. Their curious minds are like sponges, absorbing information and ideas from diverse sources. While parents play a significant role, smart kids tend to explore and engage with a broader world, drawing influence from a variety of people and experiences that align with their thirst for knowledge.

#### Question 4: How do inventors or philosophers come up with new ideas?

**解题思路：**这是一道建议类型的问题。发明家和哲学家就像思想探险家一样。他们经常从观察周围的世界开始，发现问题，并提出问题。好奇心是他们的动力。然后，他们进行研究、进行头脑风暴和实验。有时候，那些“啊哈”时刻会在他们最不经意的时候出现——比如在淋浴时！这是知识、创造力和毅力的结合。但有一点是肯定的，新的想法很少会凭空出现；它们是通过深思熟虑的探索而塑造出来的。

##### Sample Answer:

Well, you see, inventors and philosophers are like idea explorers. They often start by observing the world around them, identifying problems, and asking questions. Curiosity is their driving force. Then, they research, brainstorm, and experiment. Sometimes, those "aha" moments come when they least expect it—like in the shower! It's a mix of knowledge, creativity, and persistence. But one thing's for sure, new ideas rarely pop out of thin air; they're crafted through thoughtful exploration.

**Question 5: Are there only old ideas from books or previous writers?**

**解题思路：**这是一道观点类型的问题。当然不是！尽管许多想法是基于之前思想家的智慧，但新的概念和创新不断涌现。今天的思考者汲取了过去的启发，同时也应对了我们这个时代独特的新挑战。这就像代代传承的对话，旧的观念为新观念提供了基石。因此，知识领域是新旧交织的动态组合，不断演变并塑造着我们的世界。

**Sample Answer:**

Well, you see, inventors and philosophers are like idea explorers. They often start by observing the world around them, identifying problems, and asking questions. Curiosity is their driving force. Then, they research, brainstorm, and experiment. Sometimes, those "aha" moments come when they least expect it—like in the shower! It's a mix of knowledge, creativity, and persistence. But one thing's for sure, new ideas rarely pop out of thin air; they're crafted through thoughtful exploration.

**Question 6: What kind of people have lots of great ideas in your country?**

**解题思路：**这是一道列举类型的问题。伟大的创意可以从各种各样的中国人的头脑中涌现，不局限于特定群体。创业家、科学家、艺术家和普通人都可能有创新的见解。中国多元的社会在各个领域培养了创造力。无论是在科技、商业还是艺术领域，独特经历和观点的融合通常导致突破性的想法。因此，中国社会的多样性和活力才是伟大创意的真正滋生地

**Sample Answer:**

Great ideas can sprout from the minds of all kinds of people in China. It's not limited to a specific group. Entrepreneurs, scientists, artists, and everyday folks can have innovative insights. China's diverse society fosters creativity across various fields. Whether in tech, business, or the arts, it's the fusion of unique experiences and perspectives that often leads to groundbreaking ideas. So, it's the diversity and dynamism of Chinese society that's the real breeding ground for great ideas.

新东方  
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国际教育



## Event (事件)

### 好的人生变化

Describe a time that something changed your life in a good way.

You should say:

When and where it happened

What happened

How you felt about it

And explain how it changed your life in a good way

#### Plan your talk:

When and where it happened

What was not good at that time

(optional) Who you were with

(optional) What other people's opinions are

What your feeling was before the change happened

What your feeling was when the change was taking place

What your feeling was after the change happened

What the differences are after the change happened

#### 教师的解析:

本题是一道事件类题目。面对这个题目很多同学没有思路，感觉生活中没有什么太多变化，其实我们可以从小事出发，挖掘其给自己的人生带来的诸多变化，哪怕只是一次小小的旅行，也是增长阅历开阔眼界的好事。当然我们还可以描述一次重要的职业机会，说明它如何改变了职业道路，提高了自信心，并在经济上带来了好处。或者，可以分享一次参与的聚会或者活动，讲述它如何增加了对其他人的价值观的理解，并在人际关系方面产生了积极影响。无论选择哪种经历，重要的是详细描述，并清楚表达它如何带来积极的生活变化。

6 分段参考	
背景信息	a pivotal moment 一个关键时刻 the bustling city 繁忙的城市 leadership workshop 领导力研讨会 effective communication 有效沟通
事件信息	somewhat apprehensive 有些担忧的 as the days went by 随着日子的流逝 active listening 积极倾听 newfound understanding 新获得的理解 boosted my self-esteem 提升了我的自尊心 enhanced my interpersonal relationships 增强了我的人际关系
个人感受	equip sb with essential life skills 使某人掌握必要的生活技能 excel in one's studies 在学业中表现出色 foster better teamwork, effective communication, and leadership abilities 培养更好的团队合作、有效沟通和领导能力 turning point 转折点



**Sample Answer 1 (6 分段参考):**

A pivotal moment in my life occurred during my college years. It happened in the bustling city of New York, where I had the opportunity to attend a life-changing leadership workshop. During the workshop, I was introduced to effective communication, teamwork, and leadership skills.

At first, I was somewhat apprehensive, but as the days went by, I found myself growing more confident and enthusiastic about the activities. I realized the importance of active listening, empathy, and collaboration in achieving common goals. This newfound understanding not only boosted my self-esteem but also enhanced my interpersonal relationships.

This experience ultimately changed my life for the better by equipping me with essential life skills. It helped me excel in my studies and later in my career by fostering better teamwork, effective communication, and leadership abilities. It was a turning point that made me a more capable and confident individual, and I am forever grateful for that workshop.

7 分段参考	
背景信息	immerse oneself in 沉浸在...中` extensive media coverage 广泛的媒体报道 significant contributions 重要贡献 professional footballer 职业足球运动员
事件信息	relentless work ethic 不懈的职业道德 charismatic personality 魅力十足的个性 marketability 市场价值 endorsement deals 代言合约 philanthropic efforts 慈善行动
个人感受	admiration 钦佩 captivated 迷住 outstanding performances 杰出的表现 strive to improve 努力改进 global icon 全球偶像 make a positive impact 产生积极影响 earned him 使他赢得 global admiration and support 全球的钦佩和支持

**Sample Answer 2 (7 分段参考):**

A significant turning point in my life occurred during my undergraduate years at university. It happened in the charming town of Oxford, where I had the opportunity to participate in a semester-long exchange program. During this time, I immersed myself in a completely different culture, met people from diverse backgrounds, and expanded my horizons in ways I couldn't have imagined.

Initially, I felt a mix of excitement and apprehension, being in an unfamiliar environment far from home.

However, as the weeks passed, I started to embrace the experience with open arms. I learned to adapt, communicate effectively with people from various cultures, and navigate the challenges of independent living.

This life-changing experience significantly broadened my perspective and boosted my self-confidence. It helped me become more adaptable, culturally sensitive, and self-reliant. These qualities not only positively impacted my personal growth but also influenced my career prospects. I became more open to new opportunities and more resilient in the face of challenges. In essence, this adventure in Oxford served as a catalyst for my personal and professional development, making it a pivotal moment that changed my life for the better.

### Part 3

#### Question 1: Do you like new things or changes in life?

**解题思路：**回答此问题时，可以先表明自己的性格偏好，是更喜欢新鲜事物还是比较怀旧保守，偏向稳定。然后解释原因，可以谈论新事物和变化带来的刺激、新奇感、机会，或者讨论对稳定和不变的依赖、舒适感、可预测性。当然也可以举个例子来说明哪些新鲜事物带来了何种好处或者坏处。

##### Sample Answer:

I embrace new things and changes in life. They bring excitement and opportunities for personal growth. New experiences provide a chance to learn and adapt, fostering resilience and creativity. Change keeps life dynamic and prevents monotony. While stability has its merits, I believe that welcoming change adds vibrancy and depth to one's journey, making life more fulfilling and adventurous.

#### Question 2: Why do some people quit and change jobs?

**解题思路：**这是一个很实际的问题，有工作经验的同学可能会想到诸如职业发展、追求更高的薪资等原因。其实我们还可以从追求兴趣、地理位置（家庭搬迁等原因）和自我提升这几点出发，去谈论人们换工作的原因。

##### Sample Answer:

People quit and change jobs for various reasons. One common reason is the pursuit of better career opportunities. Individuals may seek higher salaries, more challenging roles, or improved career prospects elsewhere. Dissatisfaction with their current job, stemming from factors like workplace environment, management, or company culture, can also drive people to change jobs. Additionally, personal factors such as relocation, lifestyle changes, or a desire to pursue different interests can lead to job changes. Ultimately, people quit and change jobs to align their careers with their evolving needs, aspirations, and circumstances.

#### Question 3: How can we adapt to changes in life?

**解题思路：**对于生活中的变化，我们需要尝试着去接受、适应并从变化中学习。因为不管是我们主动发生还是被动发生的变化，接受它都是不可避免的。而且我们还需要保持灵活的思维和积极的心态，学会调整自己的思维方式，将变化视为机会而不是威胁，以应对这种挑战。最后，每次变化都是一个学习机会。从经验中汲取教训，增长知识和技能，以便更好地应对未来的变化。

##### Sample Answer:

Adapting to life's changes is crucial for personal growth and well-being. Firstly, accepting change as a natural part of life is essential. It helps us embrace new opportunities and challenges. Flexibility is also key; it allows us to adjust our plans and mindset when facing unexpected situations. Maintaining a positive attitude can turn change into a chance for innovation and progress. Planning and preparation can ease the transition, whether it's financial planning, career development, or adjusting to a new environment. Seeking support from friends, family, or professionals can provide emotional assistance. Lastly, viewing change as a learning opportunity fosters resilience and skill development, aiding in future adaptations.

#### Question 4: Who can adapt better to changes, children or adults?

**解题思路：**这是一道小孩和成人之间的对比题。我们可以从灵活性和适应力、经验和知识和情感反应等方面去衡量成人与孩子之间的区别以应对题目。当然我们还可以举一些例子来说明儿童和成年人如何在不同情境下适应变化，例如学校环境、职业生涯、社会关系等。

##### Sample Answer:

The ability to adapt to change varies between children and adults and largely depends on the nature of the change. Children often exhibit a natural flexibility and openness to new experiences, which can make them more adaptable to certain types of changes, especially in familiar environments. However, adults typically have the advantage of accumulated life experience, problem-solving skills, and emotional maturity. They may adapt better to complex or career-related changes. Ultimately, adaptability varies from person to person, and both children and adults have unique strengths in coping with different aspects of change.

**Question 5: When things like getting married or moving home happen, what kinds of things would you consider?**

**解题思路：**不管是结婚还是搬家，都可以说是生活当中非常大的变化。因为这意味着你的生活模式、生活节奏和周围环境以及人都会与以往的生活有很大不同。对于这个题目，我们可以从新生活的位置与环境、社交、个人需求与目标、生活节奏等方面去思考，这些都是我们在新变化中需要考虑的方面。

**Sample Answer:**

The ability to adapt to change varies between children and adults and largely depends on the nature of the change. Children often exhibit a natural flexibility and openness to new experiences, which can make them more adaptable to certain types of changes, especially in familiar environments. However, adults typically have the advantage of accumulated life experience, problem-solving skills, and emotional maturity. They may adapt better to complex or career-related changes. Ultimately, adaptability varies from person to person, and both children and adults have unique strengths in coping with different aspects of change.

**Question 6: What are the disadvantages when people keep making changes?**

**解题思路：**显而易见，不停变化所带来的最大坏处就是生活的不稳定性，包括工作、生活居住地、社交圈等。其次，还需要消耗精力来让自己不断适应，这会让自己和周围的人都产生疲倦感。最后，还会在经济和健康等方面会带来一些影响。这些方面都可以选择自己比较熟悉的内容进行举例说明。

**Sample Answer:**

Continuous change can have several disadvantages. It often leads to instability in one's life, impacting emotional security due to frequent alterations in work, residence, and social circles. The constant adaptation required with each change can be tiring and anxiety-inducing. Socially, it may hinder the development of deep friendships or a stable social network. Career-wise, it can affect job stability, as employers may prefer candidates with consistent work histories. Financially, the costs associated with frequent moves or job changes can strain one's finances. Additionally, the stress from ongoing changes can lead to health issues and reduced life satisfaction. Therefore, careful consideration of the impacts and a balance between change and stability are essential.

### 感觉累的活动

Describe an activity that made you feel tired.  
You should say:  
When it happened  
Where it took place  
What the activity was  
And explain why it made you feel tired

### Plan your talk:

When and where it happened  
(optional) Who else took part in the activity  
What activity it was  
What the rules of the activity are  
What your feeling was during the activity  
What your feeling was after the activity  
(optional) What you learned from the activity

### 教师的解析:

本题是一道事件类题目。一般来说，感到疲惫的活动应该都是需要消耗大量体力或者精力的活动，因此我们的选择范围可以是户外冒险、体育运动、学习经历等。在描述的过程中，我们需要较为详细地描述这个活动的一些具体规则，以便让听者明白为什么这个活动会让人感到疲惫。在最后，总结这个经历，强调它对你的影响和重要性。这可以是一个简短但强有力的结论。

6 分段参考	
背景信息	recall 回忆起 a mountain hiking trip 登山之旅 covering a distance of 覆盖了一段距离
活动信息	steep ascents and descents 陡峭的上坡和下坡 physical strain 身体的负荷 relentless uphill climbs 不间断的上坡攀登 uneven terrain 不平坦的地形
个人感受	a grueling experience 一次艰难的经历 the elevation gain 海拔的上升 take a toll 付出代价 physical and mental exhaustion 身体和心理的疲惫

### Sample Answer 1 (6 分段参考):

When I think about an activity that left me feeling tired, I immediately recall a mountain hiking trip I took a couple of years ago. It happened during the summer of 2019, in the stunning Appalachian Mountains in the eastern United States. The activity was a challenging hike along the Appalachian Trail, covering a distance of around 15 miles.

The trail was characterized by steep ascents and descents, rocky terrain, and unpredictable weather conditions. Carrying a heavy backpack with camping gear and supplies only added to the physical strain. The relentless uphill climbs and the uneven terrain made it a grueling experience.

What made me particularly tired was the continuous uphill trek, and the elevation gain took a toll on my leg muscles. The ever-changing weather, from scorching sun to sudden downpours, also added to the physical and mental exhaustion. Despite the fatigue, the breathtaking views from the mountaintop and the sense of accomplishment at the end of the journey made it all worthwhile.

7 分段参考	
背景信息	profoundly exhausted 深感疲惫 embark on 着手进行 commence in 茂密的杜鹃花林 lush rhododendron forests 职业足球运动员
活动信息	roundtrip 往返 high altitudes 高海拔地区 thin air 稀薄的空气 altitude sickness 高原反应
个人感受	awe-inspiring views 令人敬畏的景色 towering 巍峨的 cultural interactions with the local 与当地人的文化交流 making the exhaustion worth every step 使疲惫感值得每一步 physical endurance 身体耐力 cultural diversity 文化多样性

### Sample Answer 2 (7 分段参考):

One activity that left me profoundly exhausted was a challenging trek to the Annapurna Base Camp in Nepal, which I embarked on last spring. The journey commenced in the quaint village of Nayapul, and the trail wound through lush rhododendron forests and terraced fields before reaching the base camp.

The trek covered approximately 60 kilometers roundtrip, involving steep ascents, rocky paths, and variable weather conditions. What made it exceptionally tiring were the high altitudes and thin air, which caused altitude sickness and shortness of breath. Carrying a heavy backpack compounded the physical strain.

However, the awe-inspiring views of the towering Annapurna peaks, the camaraderie with fellow trekkers, and the cultural interactions with the local Gurung community were all deeply rewarding, making the exhaustion worth every step. The experience not only tested my physical endurance but also enriched my understanding of the natural beauty and cultural diversity of Nepal.

### Part 3

#### Question 1: Does learning make people feel tired today?

**解题思路:** 当今社会如此之卷, 诸如学校课程、考试、作业等等, 都会让学习压力非常大, 当然会让人感到非常疲惫。这里的疲惫可以是生理的, 也可以是心理上的。另外一方面, 我们也需要看到, 一些新兴的教育方式和工具能够让人们从一定程度上消除这种疲惫感, 比如网课、各种学习 app 等等。最后还可以举一些例子来说明自己经历过哪些疲惫感, 是如何应对的。

#### Sample Answer:

Yes, learning can indeed make people feel tired in today's fast-paced world. Modern educational demands, including rigorous school curricula, frequent exams, and substantial homework, often create time constraints and psychological stress for students. Furthermore, changes in learning methods due to the internet and technology, such as online classes and digital resources, while convenient, require students to develop more self-management and self-directed learning skills. Additionally, societal and career pressures can add to the exhaustion, as students juggle work, family, and social commitments alongside their studies. However, effective time management, rest, and exercise can help mitigate this fatigue, emphasizing the importance of maintaining physical and mental well-being in the face of the challenges of contemporary learning environments. Personal experiences may also yield unique strategies for coping with learning-induced fatigue.

### Question 2: When do people usually feel tired?

**解题思路：**对于这个题目，我们可以从日常工作和学习、生活压力、人们的不良生活习惯和个人不同的心理因素等方面进行思考。通过考虑这些因素，可以为问题提供全面的回答，涵盖了人们在不同方面可能感到疲惫的多个原因。

#### Sample Answer:

People typically feel tired at various points in their lives due to a range of factors. Daily work and study commitments often lead to fatigue, with long hours at the office or intense exam preparation sapping energy. Life stresses, including family responsibilities, social pressures, and financial concerns, can also contribute to exhaustion. Unhealthy lifestyle habits such as inadequate sleep, irregular eating patterns, and a lack of exercise further compound fatigue. Additionally, psychological factors such as anxiety, depression, and stress play a significant role in draining one's energy. To combat tiredness, individuals often resort to strategies like getting adequate rest, engaging in physical activity, adjusting their lifestyles, and seeking emotional support.

### Question 3: What do you think about striving for learning and striving for sports?

**解题思路：**关于追求学习和追求体育的看法可以从多个角度来思考。比如教育价值：学习和体育都有其重要的教育价值。学习有助于知识和技能的积累，促进智力发展，提高综合素质。而体育锻炼则有助于身体健康，培养纪律性和合作能力。追求两者可以使个体在不同领域都得到全面的教育。又如平衡生活：追求学习和体育可以帮助个体实现生活的平衡。学习通常需要花费大量时间，但体育活动可以提供机会休息和放松，有助于减轻压力。这种平衡可以提高生活质量。还可以从对于学习和体育的目标设置以及个人的兴趣和天赋等方面出发进行分析

#### Sample Answer:

I believe that striving for both learning and sports is crucial for personal development and a well-rounded life. Learning provides knowledge, skills, and intellectual growth, which are essential for career success and personal fulfillment. On the other hand, engaging in sports promotes physical health, teamwork, discipline, and mental resilience. Striking a balance between the two is ideal, as they complement each other, fostering a healthy mind in a healthy body. Together, they contribute to a more fulfilling and enriched life, allowing individuals to achieve their potential in both intellectual and physical domains.

### Question 4: Do people have fewer holidays now than in the past?

**解题思路：**本题可以结合实际生活中的现象进行分析。当代人们的假期确实要比之前少一些了。可以从现代社会的节奏加快、科技发展对于生活和工作边界的打破、人们面临的经济压力增加等多种方面进行分析。

#### Sample Answer:

Yes, it's evident that people have fewer holidays now compared to the past. Modern lifestyles often prioritize work and productivity, leading to longer working hours and reduced leisure time. The rise of technology has blurred the boundaries between work and personal life, making it challenging to disconnect. Economic pressures and the need to stay competitive in the job market also encourage people to take fewer vacations. In contrast, in the past, there was often a more distinct demarcation between work and leisure, allowing for longer and more frequent holidays. This shift has significant implications for work-life balance and overall well-being.



**Question 5: What are the differences between feeling tired after studying and after exercising?**

**解题思路：**学习后的疲劳通常是精神疲劳，由大脑长时间思考引起；而锻炼后的疲劳主要是身体疲劳，由肌肉使用和体力活动引起。两者不同之处在于一是脑力活动，一是体力活动。

**Sample Answer:**

Yes, it's evident that people have fewer holidays now compared to the past. Modern lifestyles often prioritize work and productivity, leading to longer working hours and reduced leisure time. The rise of technology has blurred the boundaries between work and personal life, making it challenging to disconnect. Economic pressures and the need to stay competitive in the job market also encourage people to take fewer vacations. In contrast, in the past, there was often a more distinct demarcation between work and leisure, allowing for longer and more frequent holidays. This shift has significant implications for work-life balance and overall well-being.

**Question 6: How can people solve the problem of old people easily getting tired?**

**解题思路：**解决老年人容易疲劳的问题需要综合考虑。首先，定期进行轻度锻炼，如散步，以提高身体素质。保持均衡饮食和充足睡眠也至关重要。社交活动和心理健康同样重要，可以减轻压力和提高整体幸福感。定期体检并与医生讨论健康问题，确保及时发现和处理潜在的医疗问题。通过这些方法，可以促进老年人的身体健康和精神健康，减轻疲劳感。

**Sample Answer:**

Addressing the issue of elderly individuals easily getting tired involves a holistic approach. Firstly, regular physical activity tailored to their capabilities can help improve stamina and energy levels. A balanced diet rich in nutrients and hydration is essential to maintain vitality. Adequate sleep and rest are crucial for their overall well-being. Social engagement and mental stimulation can combat fatigue by promoting mental and emotional health. Lastly, healthcare professionals should monitor their health and prescribe appropriate medications or treatments when necessary. By combining these strategies, we can enhance the quality of life for the elderly and reduce fatigue-related issues.



## 等待美好事物发生

Describe an occasion when you waited a long time for a nice thing  
You should say:  
When it happened  
What the nice thing was  
Why you waited for a long time  
And explain how you felt about the experience

### Plan your talk:

When it happened  
(optional) who you were with  
What the nice thing was  
(optional) where you waited  
Why you waited for a long time  
(optional) How long you waited for  
And explain how you felt about the experience  
(optional) Why you had these feelings

### 教师的解析:

这是一道典型的事件类型的话题，同学们在回答的时候需要注意过去时态的使用。值得等待的事情有很多，例如：演唱会，婚礼，节日，生日，发售会等等。整个事情我们可以分成三个部分，背景，故事发展和感受。拿演唱会来举例，我们可以描述乐队的风格，描述等待的原因，以及自己在等待过程中的感受变化。例如：我们可以说，在这段时间里，我经历了情感上的过山车。有过怀疑和沮丧的时刻，我以为我可能永远无法得到这张票。然而，当我最终获得它的那一天，既是兴奋又是如释重负。音乐会本身是一个难以忘怀的经历，而所有的等待使它变得更加珍贵。它教会了我坚持不懈的价值，以及当你为真正珍视的东西等待时，奖励是多么甜美。

6 分段参考	
描述背景	wait quite a while for something 等待了很久 was eagerly waiting for 渴望地等待 the latest model 最新的型号 had just been released 刚刚发售
描述过程	I had been eyeing this phone for months 我一直关注这个手机好几个月了 high demand 高需求 limited supply 限量发售 it finally became available for purchase 终于有货可以买
描述感受	pretty anxious and excited 特别焦虑和兴奋 constantly checked for updates, 一直在看最新信息 had been worth it 很值得 couldn't stop 情不自禁

**Sample Answer 1 (6 分段参考):**

Well, let me tell you about a time when I had to wait quite a while for something special. This happened a few years ago, in 2019, during the holiday season. The nice thing I was eagerly waiting for was a brand-new smartphone – the latest model that had just been released.

I had been eyeing this phone for months because of its amazing camera and features. However, due to its high demand and limited supply, I had to join a waiting list. I waited for nearly two months before it finally became available for purchase.

During those weeks of waiting, I was pretty anxious and excited. I constantly checked for updates, read reviews, and even watched unboxing videos online to pass the time. When I finally got my hands on the phone, it was such a satisfying feeling, like all the waiting had been worth it. It made me appreciate the device even more, and I couldn't stop showing it off to my friends and family.

7 分段参考	
描述背景	<p>paid off 奏效, 获得回报</p> <p>for a once-in-a-lifetime opportunity 一生一次的机会</p> <p>see my favorite band perform live in concert 看我最喜欢的乐队表演</p>
描述过程	<p>a renowned band 有名的乐队</p> <p>I had been a fan of 我一直是粉丝</p> <p>they announced their tour dates 他们宣布了他们巡演的日期</p> <p>The catch was that 困难是...</p> <p>sold out 售罄</p> <p>was determined not to 决心不做某事</p> <p>scoured online forums 在论坛上四处搜索</p> <p>spare tickets 备用票</p>
描述感受	<p>I was on an emotional rollercoaster 我的心情像坐过山车</p> <p>doubt and frustration 怀疑和沮丧</p> <p>a mixture of elation and relief 掺杂着高兴和如释重负</p> <p>the value of persistence 坚持的价值</p>

**Sample Answer 2 (7 分段参考):**

Let me share an experience when patience really paid off. It was last year, in the fall of 2022, when I had been waiting for a long time for a once-in-a-lifetime opportunity – a chance to see my favorite band perform live in concert.

The nice thing, in this case, was attending a concert by a renowned band I had been a fan of since my teenage years. They rarely toured, and when they announced their tour dates, I knew I had to be there. The catch was that the tickets sold out within minutes of going on sale, and I couldn't secure one.

I was determined not to miss this chance, so I scoured online forums and social media groups for fans who might have spare tickets. After weeks of searching, I finally found someone willing to sell their extra ticket. It took nearly three months from the initial announcement until the concert day arrived.

During this time, I was on an emotional rollercoaster. There were moments of doubt and frustration when I thought I might never get the ticket. However, the day I finally secured it was a mixture of elation and relief.

The concert itself was an unforgettable experience, and all the waiting made it even more precious. It taught me the value of persistence and how sweet the reward can be when you wait for something you truly cherish.

### Part 3

#### Question 1: On what occasions do people have to wait for a long time?

**解题思路：**这是一道列举类型的问题。人们在各种场合经常不得不忍受长时间的等待。一个常见的情景是在医生的诊所，患者可能要坐很长时间才能就诊。同样，在机场，飞行延误或安检点排队也常见。此外，在繁忙的餐厅或游乐园的高峰时段，等待时间可能会很长。这些情况可能令人沮丧，但有阅读材料或智能手机可以消磨时间，使等待更加容忍。

##### Sample Answer:

People often have to endure long waits on various occasions. One common scenario is at the doctor's office, where patients may sit for extended periods before being seen. Similarly, at airports, there are often delays for flights or long lines at security checkpoints. Additionally, during peak hours at popular restaurants or amusement parks, waiting times can be quite lengthy. These situations can be frustrating, but having something to read or a smartphone to pass the time can make the waits more bearable.

#### Question 2: What do people do while waiting?

**解题思路：**这是一道列举类型的问题。人们在等待时会参与各种活动，以充分利用他们的时间。他们可能会查看手机、阅读书籍、听音乐或播客，或者只是观察周围的人。与处于相同情况的其他人闲聊是常见的，可以建立联系。有些人利用等待时间来进行正念或深思熟虑。其他人可能会利用这个机会来计划、组织或记下想法。总之，人们会找到方法来保持自己忙碌，使等待时间既充实又愉快。

##### Sample Answer:

People engage in various activities while waiting to make the most of their time. They might check their smartphones, read books, listen to music or podcasts, or simply people-watch. Small talk with others in the same situation is common, making connections. Some use waiting periods for mindfulness or deep thinking. Others might use the opportunity to plan, organize, or jot down ideas. In essence, people find ways to stay occupied and make waiting time productive or enjoyable.

#### Question 3: Are most people patient while waiting?

**解题思路：**这是一道观点类型的问题。这真的因人而异。有些人对等待比较悠闲，而其他人可能会变得很焦虑。我想这取决于你在等待什么以及你等待了多长时间。正如人们所说，耐心是一种美德，但在当今快节奏的世界中，要保持耐心并不总是容易的。所以，回答你的问题，我会说这是个复杂的情况 - 有些人有耐心，而有些人则没有那么多。

##### Sample Answer:

Well, it really varies from person to person. Some folks are pretty chill about waiting, while others can get quite antsy. I guess it depends on what you're waiting for and how long you've been waiting. Patience is a virtue, as they say, but in today's fast-paced world, it's not always easy to come by. So, to answer your question, I'd say it's a mixed bag – some are patient, and some are not so much.

#### Question 4: Do you like to wait for a long time? Why?

**解题思路：**这是一道观点类型的问题。我们可以先否定，没有人真的喜欢长时间等待，对吧？这可能会令人非常沮丧，感觉像是浪费宝贵的时间。但有时候，你别无选择，比如在交通或政府机构等待。所以，更多的是关于你如何应对。我通常会带一本书或听音乐来打发时间，让等待变得不那么烦人。但老实说，如果有选择的话，我宁愿不要长时间等待。

##### Sample Answer:

Well, no one really likes waiting for a long time, right? It can be pretty frustrating and feel like a waste of precious time. But sometimes, you don't have a choice, like waiting in traffic or at the DMV. So, it's more about how you deal with it. I usually bring a book or listen to music to pass the time and make it less annoying. But honestly, if I had the option, I'd prefer not to wait for ages.

**Question 5: Why do most children have difficulties waiting for a long time?**

**解题思路：**这是一道原因类型的问题。大多数儿童难以长时间等待的原因有几个方面。首先，儿童通常缺乏耐心，因为他们的大脑发展尚未完全成熟，控制冲动和延迟满足的能力有限。此外，儿童对时间的概念相对较弱，难以理解长时间的等待。他们更倾向于追求即时满足感，长时间等待可能引发焦虑或不满。因此，教育和训练耐心对于帮助儿童发展这一技能至关重要。

**Sample Answer:**

Well, no one really likes waiting for a long time, right? It can be pretty frustrating and feel like a waste of precious time. But sometimes, you don't have a choice, like waiting in traffic or at the DMV. So, it's more about how you deal with it. I usually bring a book or listen to music to pass the time and make it less annoying. But honestly, if I had the option, I'd prefer not to wait for ages.

**Question 6: Do people queue consciously while waiting for the subway train?**

**解题思路：**这是一道观点类型的问题。在等地铁列车时，大多数情况下，人们会有意识地排队。通常情况下，特别是在高峰时段，站在有序的队伍中被认为是良好的礼仪，这有助于实现高效的上车过程。但是，偶尔你可能会遇到一些匆忙或不太考虑他人的人，导致排队不太有条理。但总的来说，有意识地排队是常规做法，因为它有助于维护秩序，使每个人的通勤体验更加顺畅。

**Sample Answer:**

In most cases, people do queue consciously while waiting for the subway train. It's generally considered good etiquette to stand in an orderly line, especially during rush hours, to allow for an efficient boarding process. However, you might occasionally encounter some individuals who are in a hurry or less considerate, leading to less organized queues. But overall, conscious queuing is the norm as it helps maintain order and makes the commuting experience smoother for everyone.

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国际教育

## 克服困难而自豪

Describe a difficult task that you completed at work/study that you felt proud of  
 You should say:  
 What the task was  
 How you completed it  
 Why the task was difficult  
 And explain why you were proud of the completion of the task

### Plan your talk:

What the task was  
 (optional) when you did this task  
 How you completed it  
 (optional) Who you completed it with  
 (optional) How long it took you to complete it  
 Why the task was difficult  
 (optional) How you felt  
 And explain why you were proud of the completion of the task  
 (optional) What reflection you had out of this task

### 教师的解析:

这是一道抽象物品类型的话题。首先，各位同学在描述这个任务的时候需要使用到过去时态。其次，这道题目主要部位在于描述如何完成以及这个任务的难度在哪里。在描述难度的时候，我们需要添加举例的例子，自己克服了什么样的心里障碍等等。例如：在我的学习过程中，我遇到的一项具有挑战性的任务是在我大四的学期中进行的研究项目。这个任务要求我分析一个复杂的数据集。为了完成这项任务，我首先对这个主题进行了彻底的研究，并收集了相关的数据。然后，我使用统计软件清理和处理数据，接着进行了各种分析。这是一个耗时且需要高度集中精力的过程。任务的困难源于数据集的复杂性以及对精确分析技巧的需求。完成这个项目让我感到非常自豪，因为它把我推出了舒适区，考验了我的分析能力。

6 分段参考	
描述背景	One challenging task 一个有挑战性的工作 encountered 遭遇 analyze a complex dataset 分析复杂的数据库 draw meaningful conclusions 给出有意义结论
描述过程	conducting thorough research 做全面调查 gathering relevant data 收集相关信息 time-consuming 费时的 mentally demanding 费力的 precise analytical skills 准确的分析技能 a keen eye for 善于发现...的眼镜
描述感受	a tremendous sense of pride 巨大的骄傲感 pushed me beyond my comfort zone 让我跨出舒适区 accomplishment 成就 boosted my confidence 加强自信

**Sample Answer 1 (6 分段参考):**

One challenging task I encountered during my studies was a research project in my final semester. The assignment required me to analyze a complex dataset and draw meaningful conclusions from it. To complete the task, I started by conducting thorough research on the topic and gathering relevant data. I then used statistical software to clean and process the data, followed by running various analyses. It was a time-consuming and mentally demanding process.

The difficulty of the task stemmed from the complexity of the dataset and the need for precise analytical skills. It required a deep understanding of statistical methods and a keen eye for detail.

I felt a tremendous sense of pride upon completing the project because it pushed me beyond my comfort zone and tested my analytical abilities. It was a significant accomplishment, and it not only contributed to my academic success but also boosted my confidence in handling complex tasks in the future.

7 分段参考	
描述背景	One particularly demanding task 一个要求特别高的任务 high expectations 高期待 was crucial for 对...特别重要 reputation and revenue 声望和营业额
描述过程	assembled a team 组建队伍 extensive market research 广泛的市场调查 thoroughly 全面的 emerging trends 出现的趋势 multi-faceted 多面的 in-depth 有深度的
描述感受	exceeded their expectations 超越期待 a long-term partnership 长期合作关系 substantial financial gains 巨大的经济收益 complex and high-stakes tasks 复杂而又利益重大的任务

**Sample Answer 2 (7 分段参考):**

One particularly demanding task I encountered at work was the development of a comprehensive marketing strategy for a major client in our advertising agency. The client had high expectations, and the project was crucial for our company's reputation and revenue.

To tackle this challenge, I assembled a team of skilled marketers and conducted extensive market research to understand the client's industry thoroughly. We analyzed consumer behavior, conducted competitor analysis, and identified emerging trends. Next, we devised a multi-faceted marketing strategy that included digital, print, and social media campaigns.

The task was difficult because it required in-depth research, creative thinking, and the ability to manage a diverse team. We needed to come up with a strategy that not only met the client's objectives but also exceeded their expectations.

I felt an immense sense of pride upon successful completion of the project because it showcased our team's capabilities and solidified our reputation in the industry. Not only did we meet the client's expectations, but we also exceeded their key performance indicators, leading to a long-term partnership and substantial financial gains for our agency. The project demonstrated our ability to handle complex and high-stakes tasks, which was a source of great pride and accomplishment for me personally.



### Part 3

#### Question 1: What are the things that make people feel proud of?

**解题思路：**这是一道列举类型的问题。人们以生活的各个方面为荣。实现个人目标，无论大小，都可以成为自豪感的来源。许多人为自己的职业、人际关系或对社会的贡献感到骄傲。文化或国家的成就也能激发骄傲感。最终，这取决于个人的价值观以及和个人信仰的一致性。骄傲通常源于成就感、身份感或对生活产生积极影响，为生活赋予了有意义的满足感。

**Sample Answer:**

People take pride in various aspects of life. Achieving personal goals, whether big or small, can be a source of pride. Many find pride in their careers, relationships, or contributions to society. Cultural or national accomplishments also stir a sense of pride. Ultimately, it's about personal values and what aligns with one's beliefs. Pride often stems from a sense of accomplishment, identity, or making a positive impact, giving life a meaningful sense of fulfillment.

#### Question 2: Do people often feel proud of themselves when they complete a difficult task?

**解题思路：**这是一道观点类型的问题。绝对正确！当人们应对并成功完成一项具有挑战性的任务时，就像是个人胜利。这种成就感会让他们充满自豪感，并提高他们的自信心。这就是那种“我做到了！”的时刻，提醒他们自己的能力，并激励他们迎接更多的挑战。因此，完成困难的任务通常伴随着健康的自豪感。

**Sample Answer:**

Absolutely! When people tackle and successfully complete a challenging task, it's like a personal victory. That feeling of accomplishment can fill them with a sense of pride and boost their self-confidence. It's that "I did it!" moment that reminds them of their capabilities and motivates them to take on even more challenges. So, completing difficult tasks often comes with a healthy dose of self-pride.

#### Question 3: What challenges do young people face today?

**解题思路：**这是一道列举类型的问题。年轻人面临着多种挑战。在这个快节奏的数字时代，他们面临着学业压力、职业不确定性以及社交媒体的不断影响。像焦虑和抑郁这样的心理健康问题也在上升。此外，气候变化和经济不平等社会问题也让他们感到沉重。尽管面临这些挑战，许多年轻人表现出了令人难以置信的韧性，倡导变革，塑造更加光明的未来。

**Sample Answer:**

Young people today face a myriad of challenges. In this fast-paced digital age, they grapple with academic pressures, career uncertainties, and the ever-present influence of social media. Mental health issues, like anxiety and depression, are also on the rise. Additionally, societal issues like climate change and economic inequality weigh heavily on their minds. Despite these challenges, many young people show incredible resilience, advocating for change and shaping a brighter future.

#### Question 4: How do young people handle difficult or challenging tasks?

**解题思路：**这是一道建议类型的问题。年轻人处理困难任务时充满了决心和机智。他们通常会寻求导师或同龄人的指导，并利用互联网进行研究和学习。许多人还注重时间管理，将任务分解为可管理的步骤。支持网络和自我关怀也至关重要，因为他们应对现代世界的挑战。最终，他们接受了面对困难是成长、学习和建设更美好未来的一部分的理念。

**Sample Answer:**

Young people approach difficult tasks with a mix of determination and resourcefulness. They often seek guidance from mentors or peers, leveraging the power of the internet for research and learning. Many also focus on time management, breaking tasks into manageable steps. Support networks and self-care are crucial too, as they navigate the challenges of the modern world. Ultimately, they embrace the idea that facing difficulties is a part of growth, learning, and building a better future.



**Question 5: What kinds of rewards do people receive from work?**

**解题思路：**这是一道列举类型的问题。工作除了财务补偿外，还提供了各种回报。许多人在工作中找到满足感和目标感，有助于个人满足感。与同事建立关系培养了一种归属感。职业成长和技能发展也是有价值的回报。此外，工作还可以带来成就感，因为完成任务和实现目标会带来自豪感。最终，工作的回报不仅限于薪水，还包括个人和职业成长。

**Sample Answer:**

Young people approach difficult tasks with a mix of determination and resourcefulness. They often seek guidance from mentors or peers, leveraging the power of the internet for research and learning. Many also focus on time management, breaking tasks into manageable steps. Support networks and self-care are crucial too, as they navigate the challenges of the modern world. Ultimately, they embrace the idea that facing difficulties is a part of growth, learning, and building a better future.

**Question 6: What are the most difficult jobs that people do?**

**解题思路：**这是一道列举类型的问题。最困难的工作通常涉及身体或心理的负荷。像消防员这样的职业，他们冒着生命危险拯救生命，或者医护人员，处理生死关头的情况，都是非常具有挑战性的。同样，军队中的工作需要心理上的坚韧和牺牲。金融或航空领域的高压工作要求精确和责任心。最终，使一份工作困难的因素因人而异，但通常包括重大的身体或心理负担，以及潜在的风险。

**Sample Answer:**

The most difficult jobs often involve physical or mental strain. Professions like firefighters, who face danger to save lives, or healthcare workers, dealing with life and death situations, are incredibly challenging. Similarly, jobs in the military require mental toughness and sacrifice. High-pressure roles in finance or aviation demand precision and responsibility. Ultimately, what makes a job difficult can vary from person to person, but it typically involves significant physical or mental demands, along with potential risks.

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## 电脑罢工

Describe a time when you had a problem with using the computer  
You should say:  
When it happened  
Where it happened  
What the problem was  
And explain how you solved the problem at last

### Plan your talk:

when it happened  
where you were  
what you were doing at that time  
what the problem was  
how you solved the problem  
how you felt about this experience  
what you've learned from this

### 教师的解析:

本题可以先从熟悉的场景开始描述，如正在书房赶作业，或正在床上追剧，突然电脑死机了。然后再展开解决办法。最常见的解决方案即是：先长按关机键-重启-系统恢复。如果还不成功，我们会送到修理店。最后谈一谈感受和经验教训：务必提前备份！

6 分段参考	
描述背景	at my home office 在家庭办公区 work on my laptop 在笔记本电脑上工作 my laptop suddenly froze 电脑突然卡住 in the middle of an important project 正在做重要的项目
描述过程	tried the usual tricks 尝试了通常的办法 it didn't work 这没用 decided to force a shutdown 决定强行关机 by holding down the power button for several seconds 按住电源键几秒钟
描述感受	Thankfully, 幸运地是 I was relieved 感到宽心 a simple but effective solution 简单但有效的方法

### Sample Answer 1 (6 分段参考):

I had a computer problem a few months ago. It happened at my home office, where I usually work on my laptop. The issue was that my laptop suddenly froze while I was in the middle of an important project. At first, I tried the usual tricks like restarting the computer, but it didn't work. The screen remained frozen, and I couldn't access any of my files or applications. I was worried because I had not saved my work in a while, and I didn't want to lose all my progress.

To solve the problem, I decided to force a shutdown by holding down the power button for several seconds until the laptop turned off completely. After waiting for a minute, I turned it back on. Thankfully, it booted up without any issues, and I was relieved to find that my work had been auto-saved by the software I was using. To prevent this from happening again, I started saving my work more frequently and set up an automatic backup system to ensure I wouldn't lose any important data in the future. It was a simple but effective solution that gave me peace of mind when working on my computer.

### 7 分段参考

描述背景	I was chilling in my bedroom 在卧室休息 binge-watching some dramas online 疯狂网上追剧 couldn't move the cursor 移不了光标 giving me the silent treatment. 没反应了
描述过程	tech-savvy person 擅长使用科技的人 hold the power button for a few seconds 按下电源键几秒钟 powered down 关机了 send my computer to the repair shop 把电脑送到修理店 got fixed all right 修得挺好的 no files were damaged 没有文件被损坏
描述感受	Hardly can you imagine how relieved I felt 你很难想象我当时有多宽心 set up an auto-backup thing 设置自动备份 saved me from frustration 让我不那么沮丧 leave sb. feeling helpless 让某人感到无助

### Sample Answer 2 (7 分段参考):

So, not too long ago, I was chilling in my bedroom, you know, just binge-watching some dramas online. All of a sudden, my computer screen went dark. And I was in the middle of my favorite show but couldn't even move the cursor. It was like my computer was giving me the silent treatment.

To fix this mess, I did what any tech-savvy person would do - I tried the old "hold-the-power-button-for-a-few-seconds" treatment, and then it finally powered down.

However, the problem was, after waiting a bit, I hit the power button but still nothing happened. So eventually I had to send my computer to the repair shop. The good news was that after a couple of days, it got fixed all right and no files were damaged. Hardly can you imagine how relieved I felt at that moment.

To make sure this didn't ruin my future experience, I learned my lesson and started saving more often. Plus, I set up an auto-backup thing so I wouldn't lose any of my important files. It was a pretty simple solution, but it saved me from some serious frustration, you know what I mean? I guess when a computer crashes, it can leave the person feeling helpless and unsure of how to fix the problem, especially if they are not tech-savvy.

### Part 3

#### Question 1: What do people use computers for?

**解题思路:** 这是一道例举题, 需要我们例举电脑的各种功能, 如工作学习方面、娱乐方面、研究方面等。

#### Sample Answer:

People use computers for all sorts of stuff! You got your work stuff, like writing reports, sending emails, and doing spreadsheets. Then, there's the fun side – watching Netflix, playing video games, and scrolling through social media. And don't forget the learning and research gig, where you Google everything from cooking recipes to astrophysics. We can't live without computers!

### Question 2: Should students be allowed to use computers at school?

**解题思路：**这是一道观点态度题。中国传统课堂中教师不鼓励学生使用电脑，但西方普遍的观点是允许使用电脑。因为它们可以通过提供教育资源和数字工具来极大增强学习体验。然而，确保计算机的使用受到监督是至关重要的。适当的指导和监控可以帮助在课堂上使用计算机的好处和潜在问题之间取得平衡。

#### Sample Answer:

Although in Chinese traditional classes, students are not encouraged to use computers in class, I personally think this is wrong. If you ask me, they should totally be allowed to use computers at school. It's like having a superpower for learning. You can research stuff faster, type up assignments neatly, and hey, it's 2023, so it's how the real world works, right? Just gotta make sure they're not secretly gaming during math class! We need to strike a balance, so monitoring matters.

### Question 3: What do you think of people addicted to playing on computers?

**解题思路：**这是一道观点态度题。当人们沉迷于玩电脑游戏时是令人担忧的，因为它可能对他们的整体健康产生负面影响。过度游戏可能导致社交孤立、忽视责任，甚至引发身体健康问题。重要的是，个人和他们的亲人要认识到成瘾的迹象，并在需要时寻求帮助或支持。

#### Sample Answer:

I think it's concerning when people become addicted to playing computer games because it can have negative impacts on their overall well-being. Excessive gaming can lead to issues like social isolation, neglect of responsibilities, and even physical health problems. So yeah, it's important for individuals and their loved ones to recognize the signs of addiction and seek help or support when needed.

### Question 4: Do you think computers make our life simpler or more complex?

**解题思路：**这是一道选择类题型，可以进行双边拓展。计算机有潜力通过自动化任务、提供快速访问信息和实现高效沟通来简化我们的生活。然而，当我们过分依赖它们时，它们也可能使生活变得更加复杂，导致信息过载、隐私问题和不断需要技术更新等问题。因此，计算机是简化还是复杂化我们生活的问题取决于我们如何使用和管理它们。

#### Sample Answer:

Well, that's a tricky question. Computers have the potential to make our lives simpler by automating tasks, providing quick access to information, and enabling efficient communication. However, they can also make life more complex when we become overly reliant on them, leading to issues like information overload, privacy concerns, and the need for constant tech updates. So, whether computers simplify or complicate our lives depends on how we use and manage them.

### Question 5: Why do people often have problems when using new products?

**解题思路：**这是一道原因分析题。人们在使用新产品时常常遇到问题，因为他们可能不熟悉产品的特性或如何有效操作它。此外，产品手册或说明书有时可能不够清晰或全面，导致使用产品时感到困惑和困难。

#### Sample Answer:

Well, that's a tricky question. Computers have the potential to make our lives simpler by automating tasks, providing quick access to information, and enabling efficient communication. However, they can also make life more complex when we become overly reliant on them, leading to issues like information overload, privacy concerns, and the need for constant tech updates. So, whether computers simplify or complicate our lives depends on how we use and manage them.

## 糟糕服务

Describe a bad service you received in a restaurant/shop  
You should say:  
When and where it happened  
What happened  
How it was solved  
And explain how you felt about the experience

### Plan your talk:

When it happened:  
Where you went:  
Who you were with:  
what happened:  
how it was solved:  
were you happy with the way they handled the situation:  
how you felt about the experience:  
whether you would go back to the place again:

### 教师的解析:

本题为事件类题型，建议先描述事情发生的背景，包括事件、地点、人物等。然后再描述事件的经过和结果，最后在谈谈个人的用餐体验，以及未来的期许等。餐厅的常见不良服务体验包括：等太久食物，餐品上错/变质/有异物等。商店常见不良服务体验包括：服务员态度不佳，货物不齐全/找不到，商家乱收费等。

6 分段参考	
描述背景	at a cafe 在一家咖啡厅 it happened on a Saturday afternoon 发生在一个周六下午 recommended this place 推荐了这个地方 disappointing 让人失望的
描述过程	ordered coffee and some pastries 点了咖啡和一些点心 it took them a really long time 花了他们好久时间 the pastries were stale 点心都走味了 tried to get the server's attention 尝试得到服务员的关注 busy chatting with coworkers 忙着和同事聊天 decided to speak to the manager 决定和经理聊一聊
描述感受	pretty disappointed with the service 对服务挺失望的 made the outing less enjoyable 让出行没那么愉快了 might think twice before going back 再去可能会犹豫

**Sample Answer 1 (6 分段参考):**

I had a bad service experience at a café a few weeks ago. It happened on a Saturday afternoon when I went to have some coffee with a friend. He recommended this place, but the whole experience was a bit disappointing, actually.

Here's what happened: We ordered coffee and some pastries, but it took them a really long time to bring them to our table. When they finally arrived, the coffee was cold, and the pastries were stale. We tried to get the server's attention to fix it, but he was busy chatting with coworkers.

We decided to speak to the manager about the problem. The manager apologized and got us fresh coffee and pastries, but it took quite a while. We felt a bit better after getting our fresh order, but the whole experience was frustrating.

I was pretty disappointed with the service. I understand that mistakes can happen, but it seemed like they didn't care much about our satisfaction. Waiting for so long for something as simple as a coffee and pastry made the outing less enjoyable. I hope they improve their service because I like the café's ambiance, but I might think twice before going back.

7 分段参考	
描述背景	had a disappointing service experience 体验过一次令人失望的服务 it occurred during... 发生在...期间 a well-known establishment 一家出名的餐厅
描述过程	here's what went down 事情就是这么变糟的 waited for what felt like forever 感到等了好久好久 messed up my order big time 严重搞错了我的单 a lack of communication 缺少沟通 regarding the delay 就延时这个问题而言 flagged down another service 示意其他服务员
描述感受	left feeling disappointed and annoyed 离开时感觉失望恼怒 felt pretty frustrated 感觉挺沮丧的 really put a damper on your day 真的扫了一天的兴 left a sour taste in my mouth 给我留下了不愉快的印象

**Sample Answer 2 (7 分段参考):**

I had a disappointing service experience at a local restaurant last week. It occurred during a dinner visit to a well-known establishment in my neighborhood.

So, here's what went down: I ordered a sandwich and waited for what felt like forever, while other tables got their food quickly. When my sandwich finally arrived, it was wrong – they messed up my order big time. I tried to get the server's attention to fix it, but they seemed too busy, and I had to wait even longer.

Eventually, I flagged down another server who was more helpful and got my order corrected. But by then, I had wasted a lot of time and felt pretty frustrated. They didn't even apologize for the mistake or the long wait.

I left feeling disappointed and annoyed. Bad service can really put a damper on your day, you know? I don't mind it when mistakes happen, cuz you know, we're all human, but it's the way they handle it that counts. In this case, it wasn't handled well at all, and it left a sour taste in my mouth, both figuratively and literally.

### Part 3

#### Question 1: How do most people respond to bad service?

**解题思路：**这是一道事实类提问。面对糟糕的服务，大多数人通常会表达他们的不满，通常是通过与经理交谈或在网上留下负面评论。许多人可能还选择不再光顾该店，并与亲朋好友分享他们的不愉快经历，这可能会影响该商家的声誉。

#### Sample Answer:

When faced with bad service, most people typically express their dissatisfaction, often by speaking to a manager or leaving a negative review online. Many may also opt not to return to the establishment and share their negative experience with friends and family, which can influence the reputation of the business.

#### Question 2: Do you think services are better now than in the past?

**解题思路：**这是一道观点类型的话题。建议先给观点再进行原因/转折拓展。总的来说，由于技术的进步、竞争的加剧以及更大的客户满意度重视，服务质量通常有所改善。但是，服务质量的感知可以根据个体经历和期望而异。

#### Sample Answer:

yeah, Services have generally improved over time due to advancements in technology, increased competition, and a greater emphasis on customer satisfaction. However, the perception of service quality can vary depending on individual experiences and expectations.

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## 聚会

Describe a party you enjoyed.  
You should say:  
When and where the party was held  
Who attended the party  
What kind of party it was  
What you did in the party  
And explain why you enjoyed the party

### Plan your talk:

When it took place  
(Optional) Where it took place  
(Optional) Who held the party  
(Optional) Were there many people  
(Optional) What people did there  
What you did there  
(Optional) Was there anything fun  
(Optional) How fun was it  
How you felt about the party  
(Optional) How others people felt

### 教师的解析:

这是一道事件题，考生需要描述自己一次派对经历。派对内容可以包含很多，比如去生日派对，毕业派对，圣诞派对，各种节日派对。考生可以先设定一个场景，即派对场景，什么时候，在哪里，有哪一些人。其次，可以思考，在派对上自己做了什么，发生了什么事情。最后可以谈论，本次派对给自己带来整体的感受，有趣的？难忘的？有多有趣，有多难忘，都可以作为描述的总结词。

6 分段参考	
背景信息	a good way to socialize 很好地社交方式 make new friends 交新朋友
场景设定	a holiday ritual 假日仪式 get together for drinks and a heart-to-heart talk 相聚喝酒并坦诚交谈 a cozy, warm and festive one 一个温馨、温暖和欢乐的派对
活动&感受	choose it with our eyes closed and at random 闭着眼睛随机选择 get my eyes welling up with tears 让我的眼眶湿润起来 expressed a lot of thoughts close to heart 表达了很多内心深处的思想 an absolute blessing 绝对的幸福

**Sample Answer 1 (6 分段参考):**

Well, this is quite an interesting topic because I personally love partying with people and think it's really a good way to socialize and make new friends. Here, I'd like to say something about the party I went to last Christmas. Me and my friends had a holiday ritual on this festival, which was that we'd exchange gifts and get together for drinks and a heart-to-heart talk. So, as you could imagine, this party was not the type of party where people would drink and dance to the loud music and there'd be a DJ playing music and the stuff. Rather, it was a cozy, warm and festive one where close friends met and brought drinks and sat down to talk and everything. That day was quite beautiful and unforgettable. First, we exchanged gifts we prepared for each other and we didn't know who was going to get which gift, we decided to choose it with our eyes closed and at random, which made it more fun. Then, to everyone's delight, we all wrote a letter this time around without each other's knowledge in which we expressed a lot of thoughts close to heart and the letters I got, well, got my eyes welling up with tears for sure. Well, as you could imagine, we then started drinking and playing games. Without doubt, we all ended up being hammered, well, 'deliciously' hammered. For this party, I couldn't really be happier because it was an absolute blessing that you got to be around with people you loved on such a special day and knowing they cared about you as much as you did was literally the best feeling ever in the world.

7 分段参考	
背景信息	be held at a spacious backyard 在一个宽敞的后院举行 decorated with fairy lights and colorful balloons 用童话般的灯和五颜六色的气球装饰 a perfect atmosphere for a gathering 一个完美的聚会氛围
场景设定	The guest list included a mix of ... 宾客名单包括了各种不同的... a diverse group 一个多元化的群体 a fantastic array of 一系列精彩的...
活动&感受	bring out the hidden talents of sb 展现出隐藏的才华 dance the night away 跳舞到深夜 add to its charm 增添了它的魅力

**Sample Answer 2 (7 分段参考):**

I'd like to describe a memorable party I attended a couple of years ago. It was a birthday party for one of my closest friends, Sarah. The party was held at her spacious backyard, which was beautifully decorated with fairy lights and colorful balloons. It was a warm summer evening, and the atmosphere was absolutely perfect for a gathering.

The guest list included a mix of Sarah's family, friends, and some colleagues. It was a diverse group, which made the party even more enjoyable. There were about 30 people in total, and everyone was in high spirits. The party had a barbecue theme, and we had a fantastic array of grilled food, from burgers and hot dogs to vegetarian options. The highlight of the evening was the delicious homemade birthday cake, which was a surprise for Sarah. We also had a variety of drinks and snacks to enjoy throughout the night.

As for the activities, we played lawn games like badminton and had a karaoke session that brought out the hidden talents of some guests. The music was great, and there was a dance floor where we danced the night away.

What made this party so enjoyable was the relaxed and welcoming atmosphere. It was a perfect blend of good food, great company, and fun activities. The fact that it was held outdoors under the starry sky added to its charm. Plus, seeing Sarah so happy on her birthday made it even more special. It was a night filled with laughter, heartfelt conversations, and memorable moments, and that's why I enjoyed it so much.

### Part 3

#### Question 1: Why do people like parties?

**解题思路：**此题为原因类型题，人们喜欢聚会的原因非常多样，如社交互动：人们可以与朋友、家人和同事聚在一起，享受彼此的陪伴，交流心情和经历。又如为了放松和娱乐：人们可以参与各种有趣的游戏、跳舞、听音乐、观看表演或享用美食，使人们从日常压力中解脱出来，放松心情。也有可能是类似生日、婚礼等特殊场合。总的来说，人们喜欢派对是因为它们提供了社交、娱乐、庆祝和文化交流的机会，让人们感到快乐、放松和连接。

#### Sample Answer:

People enjoy parties for various reasons. Firstly, parties offer an opportunity for social interaction and bonding. They allow individuals to gather with friends, family, and colleagues, fostering stronger connections and a sense of belonging. Secondly, parties provide a form of relaxation and entertainment. They often feature fun activities, music, dancing, and delicious food and drinks, offering an escape from daily routines and a chance to unwind.

Additionally, parties serve as a means to celebrate special occasions. Whether it's a birthday, wedding, graduation, or cultural event, parties enable people to come together and share in the joy and significance of such moments. Lastly, parties can be a way to meet new people and expand one's social circle, making them not only enjoyable but also conducive to forming new friendships and connections. In summary, people like parties because they fulfill our social, recreational, celebratory, and networking needs.

#### Question 2: Why do some people not like going to parties?

**解题思路：**此题为原因类型题，和第一题相反，本题需要找出聚会的缺点。如产生社交焦虑：很多社恐的人可能因为社交焦虑或害羞而不喜欢参加派对，他们通常会感到不自在或紧张。也有可能因为某些“i”型人更喜好独处，他们可能更倾向于深入的一对一交流，而不是与大量人群互动。总的来说，不喜欢参加派对的原因因人而异，涉及到个人性格、偏好和生活情境。

#### Sample Answer:

Some individuals are averse to attending parties for various reasons. Social anxiety plays a significant role, as large gatherings can induce discomfort and stress in those who struggle with it. Additionally, introverted personalities may find the noise and crowds at parties overwhelming, preferring quieter and more intimate settings. Sensory sensitivities to factors like loud music and crowded spaces can also deter people from enjoying parties. Cultural or religious beliefs, personal interests, or health concerns may further influence one's reluctance to participate in gatherings that do not align with their values or comfort levels. Ultimately, the aversion to parties is a subjective matter shaped by individual preferences and circumstances.

**Question 3: Do you think those who tend to stay at home are less healthy than those who often attend parties?**

**解题思路：**此题为观点类型题。很明显本题不能直接给出一个绝对一边倒的观点，更需要从不同维度评价“宅男宅女”与“party 一族”在健康方面的优劣势。可以思考的维度如下：1. 生活方式和健康习惯，那些在家里保持健康习惯，如健康饮食和锻炼，可能会更健康，而不一定需要参加派对。2. 社交互动，参加派对可以提供社交机会，减轻孤独感，有益于心理健康。然而，这并不意味着不参加派对的人就一定心理不健康。3. 平衡，宅在家里和参加派对与健康之间存在复杂的关系，取决于个人的生活方式、需求和习惯。关键是寻找适合自己的平衡，以保持身体和心理的健康。

**Sample Answer:**

I believe that the relationship between staying at home and attending parties and one's overall health is multifaceted. Health is influenced by various factors, including lifestyle choices and social interactions. While staying at home can allow for healthier habits like balanced diets and regular exercise, it may also lead to social isolation, potentially impacting mental health negatively. Conversely, frequent party attendance can provide valuable social interactions but might involve unhealthy behaviors like excessive drinking or poor dietary choices. Therefore, the key lies in striking a balance between both, tailored to individual needs, to maintain a healthy lifestyle that encompasses physical and mental well-being. Ultimately, the connection between home-stayers and party-goers and their health varies from person to person.

**Question 4: Do you think music and dancing are a must at a party?**

**解题思路：**此题为观点类型题。结合实际场景中的聚会我们不难判断，并不是所有的聚会都包含音乐和舞蹈，这取决于多种因素，如派对的性质和目的，轻松换了的派对这两个要素必不可少，但如果是更注重社交和沟通的正式场合，如商务派对或者晚宴，就不会有太多音乐和舞蹈。当然也可以结合参与者的个人喜好或者当地的文化习惯来思考。

**Sample Answer:**

Well, I suppose that whether music and dancing are a must at a party depends on the nature and purpose of the event, as well as the preferences of the attendees. For celebratory gatherings like birthdays or weddings, music and dancing can enhance the festive atmosphere and provide entertainment. However, for formal events or business functions, the focus may be more on networking and conversation, making music and dancing optional. Ultimately, it's essential to consider the party's theme, the cultural context, and the expectations of the guests. While music and dancing can undoubtedly elevate a party, they are not universally required and should be tailored to suit the occasion and the audience's desires.

**Question 5: What would you do if you were disturbed by a neighbour's party?**

**解题思路：**此题为“假设场景”题。对于这种类型的题目，我们可以提出多种可能采取的方案并假设其结果，来充分展示我们思维的全面性和语法多样性。比如，我们可以采取直接交流的方式与邻居协调。然后假设如果没有取得效果，再采取下一步如“调节”、“报警”等等措施。另外要注意的是，回答此类题目时要使用虚拟语气和对应的情态动词。

**Sample Answer:**

Well, I suppose that whether music and dancing are a must at a party depends on the nature and purpose of the event, as well as the preferences of the attendees. For celebratory gatherings like birthdays or weddings, music and dancing can enhance the festive atmosphere and provide entertainment. However, for formal events or business functions, the focus may be more on networking and conversation, making music and dancing optional. Ultimately, it's essential to consider the party's theme, the cultural context, and the expectations of the guests. While music and dancing can undoubtedly elevate a party, they are not universally required and should be tailored to suit the occasion and the audience's desires.

**Question 6: What are the differences between holding a party at home and in a public place?**

**解题思路：**此题为列举题。我们可以从“便捷性”、“隐私性”、“舒适度”、“重要性（正式程度）”、“花费成本”或者是根据聚会的主题与氛围不同从而选择不同地方举办这几个角度出发，分别比较在家举办和公共场所举办的优劣势。

**Sample Answer:**

Holding a party at home and in a public place comes with several notable differences. Firstly, privacy and comfort are generally higher when hosting at home, as you have control over the atmosphere, noise level, and decorations, creating a cozy and personalized environment. Conversely, public venues offer less privacy but can accommodate larger crowds and often provide facilities like sound systems and professional kitchens. Cost-wise, home parties tend to be more economical, as you can prepare food and drinks yourself, whereas public places often involve rental fees. The choice depends on factors like party size, budget, convenience, and the desired ambiance.



国际教育

## Place (地点)

### 城里的公园或花园

Describe a park or a garden in your city

You should say:

Where it is

When you often go there

Who you often go there with

And explain why you like to visit it

#### Plan your talk:

Where it is

(optional) Whether it is far away from you

When you often go there

(optional) What you do there

Who you often go there with

(optional) Why you often go there with these people

(optional) What it is like

And explain why you like to visit it

#### 教师的解析:

这是一道地点类型的话题，各位同学首先可以描述定位，其次可以说这里有什么，最后说说在这里能够做什么。需要注意在回答这类话题时候，我们可以通过具体化让我们的描述更加详尽。例如：列举不同的活动，享受野餐、游戏和轻松的时光，等等。最后，说说自己喜欢这个地方原因。我之所以如此喜欢绿洲公园，是因为它在城市喧嚣中提供了一片宁静之地。郁郁葱葱的草坪非常适合休息，高大的树提供了凉爽的荫蔽，而充满鸭子的池塘则为体验增添了一丝野生动物的趣味。无论是漫步、友好的足球比赛还是简单地享受阳光，这个公园提供了一个理想的避世之地，让我在这座喧嚣的城市中得以恢复活力，与亲人创造珍贵的回忆，并真正欣赏大自然的美丽。

6 分段参考	
描述背景	be situated right in 正好坐落于 the heart of the city 市中心 a short walk from my home 离家不远 during the weekends 在周末
描述公园&活动	It's a great place to hang out 出游的好地方 have a picnic 野餐 play frisbee 玩飞盘 loungue on the grass 在草坪上休息 chatting and enjoying the fresh air 聊天和家人享受新鲜空气
描述感受	a breath of fresh air 呼气新鲜空气 lush greenery 茂密的绿化带 the serene pond 静谧的小塘 to unwind 放松



### Sample Answer 1 (6 分段参考):

Well, there's this lovely park in my city called Green Oasis Park. It's situated right in the heart of the city, just a short walk from my home. I find myself going there quite often, especially during the weekends. I usually visit the park with my friends and sometimes with my family. It's a great place to hang out, relax, and have a picnic. My friends and I often play frisbee or just lounge on the grass, chatting and enjoying the fresh air. I really love going to Green Oasis Park because it's like a breath of fresh air in the midst of the bustling city. The lush greenery, the colorful flowers, and the serene pond with ducks make it a peaceful escape from the daily grind. It's a perfect place to unwind, connect with nature, and spend quality time with loved ones.

7 分段参考	
描述背景	this fantastic park 极好的公园 smack dab 恰好 our bustling city 熙熙攘攘的城市 my hectic routine 忙附的日常
描述公园&活动	seeking solitude amidst the greenery 在绿化带中独处 my close-knit group of friends 亲密的朋友 Occasionally 偶尔 enjoy some quality family time outdoors 享受和家人的高质量时光 with a mix of company 和不同的人
描述感受	a slice of tranquility 一缕平静 provide a cool canopy 提供乘凉的地方 a leisurely stroll 悠闲的散步 my sanctuary where I can rejuvenate 让我更加有活力的庇护所

### Sample Answer 2 (7 分段参考):

I'd like to talk about this fantastic park called Green Haven Park located smack dab in the center of our bustling city. It's my go-to place, and I'm there pretty regularly, mostly on weekends when I need a break from my hectic routine.

I typically head to the park with a mix of company. Sometimes it's just me, seeking solitude amidst the greenery, but more often, I go with my close-knit group of friends. We've made it a tradition to meet up there for picnics, games, and general relaxation. Occasionally, I visit with my family too, especially when we want to enjoy some quality family time outdoors.

The reason I'm so drawn to Green Oasis Park is that it offers a slice of tranquillity in the midst of urban chaos. The lush lawns are perfect for lounging, the towering trees provide a cool canopy, and the pond teeming with ducks adds a touch of wildlife to the experience. Whether it's a leisurely stroll, a friendly game of soccer, or simply basking in the sun, this park offers an idyllic escape from the concrete jungle. It's my sanctuary where I can rejuvenate, make cherished memories with loved ones, and truly appreciate the beauty of nature in an otherwise bustling city.

## Part 3

### Question 1: Do young people like to go to parks?

**解题思路:** 这是一道观点类型的问题。我们需要首先直接回答问题, 没错, 许多年轻人喜欢去公园。这是与朋友聚会、呼吸新鲜空气, 甚至可能参加体育活动或野餐的好地方。公园为人们提供了远离日常繁忙的机会, 非常适合放松或在户外度过美好时光。无论是随意漫步、锻炼, 还是简单地与朋友共度时光, 公园都是年轻人在放松和娱乐方面的热门选择。

### Sample Answer:

Oh yeah, a lot of young people enjoy going to parks. It's a great way to hang out with friends, get some fresh air, and maybe even play some sports or have a picnic. Parks offer a break from the daily grind, and they're perfect for relaxation or just having a good time outdoors. Whether it's for a casual stroll, a workout, or simply chilling with friends, parks are a popular choice among young folks for unwinding and having fun.



### Question 2: What do old people like to do in parks?

**解题思路：**这是一道列举类型的问题。年长者也喜欢公园，但他们的偏好可能有些不同。许多老年人喜欢在公园里悠闲散步，以保持活跃并享受大自然。有些人可能坐在长凳上阅读、与朋友聊天，或者只是享受宁静的氛围。公园也可以是太极或瑜伽练习的好地方，这些活动在老年人中很受欢迎，有助于保持健康。从某种意义上说，公园提供了一个宁静和社交的环境，老年人可以在其中放松、锻炼身体并与他人建立联系。

#### Sample Answer:

Well, older folks also find parks appealing, but their preferences might differ a bit. Many seniors enjoy leisurely walks in the park as a way to stay active and enjoy nature. Some might sit on benches to read, chat with friends, or simply soak in the peaceful atmosphere. Parks can also be great spots for tai chi or yoga sessions, which are popular among older adults for staying healthy. In a way, parks provide a serene and social setting where seniors can relax, exercise, and connect with others.

### Question 3: What benefits can parks bring to a city?

**解题思路：**这是一道列举类型的问题。公园为城市提供了许多重要好处。首先，它们提供了一个绿色的绿洲，供人们逃离喧嚣，放松和恢复精力。它们也对身体健康非常有益，是慢跑、骑自行车或进行体育运动的好地方。此外，公园营造了社区感，人们聚集在一起参加活动、野餐和户外活动。还不能忽视环境的好处——它们有助于改善空气质量，并为野生动植物提供栖息地。因此，公园不仅仅是美丽的空间，它们对城市的福祉和凝聚力至关重要。

#### Sample Answer:

Parks offer a bunch of great benefits to a city. Firstly, they provide a green oasis where folks can escape the hustle and bustle, relax, and recharge. They're also fantastic for physical health – a place to jog, bike, or play sports. Plus, parks create a sense of community. People come together for events, picnics, and outdoor activities. And don't forget about the environmental perks – they help improve air quality and provide habitats for wildlife. So, parks aren't just pretty spaces; they're vital for the well-being and cohesion of a city.

### Question 4: What are the benefits of going to the park for young people and old people?

**解题思路：**这是一道列举类型的问题。对于年轻人和老年人来说，去公园都有各种好处。年轻人可以享受体育活动，如打球或慢跑，促进健康和幸福感。公园也提供了社交场所，可以与朋友一起休闲放松。对于老年人来说，公园提供了一个宁静的环境，适合悠闲漫步、太极或阅读，有益于身体健康和心灵放松。此外，公园还充当着不同年龄群体互动的共享空间，培养了社区感，提高了整体生活质量。

#### Sample Answer:

For both young and old, going to the park offers a range of benefits. Young people can enjoy physical activity, like playing sports or going for a run, promoting fitness and well-being. Parks also provide a social setting, a place to hang out with friends and unwind. For older individuals, parks offer a serene environment for leisurely walks, tai chi, or reading, which contributes to physical health and mental relaxation. Moreover, parks serve as a shared space where generations can interact, fostering a sense of community and enhancing the overall quality of life.

**Question 5: Why do some people like planting flowers?**

**解题思路：**这是一道原因类型的问题。有些人真的很喜欢种花，原因有很多。首先，这是一项有助于减轻压力的治疗性放松活动。此外，它让人们能够与大自然建立联系，在繁忙的生活中获得清新。养育植物并看着它们绽放也带来成就感。当然，花朵为花园增添了美丽和色彩，使其具有视觉吸引力。因此，它既包含了放松、与自然建立联系，又包括创造美丽事物的喜悦，这些因素吸引着人们从事园艺。

**Sample Answer:**

For both young and old, going to the park offers a range of benefits. Young people can enjoy physical activity, like playing sports or going for a run, promoting fitness and well-being. Parks also provide a social setting, a place to hang out with friends and unwind. For older individuals, parks offer a serene environment for leisurely walks, tai chi, or reading, which contributes to physical health and mental relaxation. Moreover, parks serve as a shared space where generations can interact, fostering a sense of community and enhancing the overall quality of life.

**Question 6: Would you say people should help maintain public parks and gardens?**

**解题思路：**这是一道观点类型的问题。我们需要先给出观点，完全赞同，我认为人们应该帮助维护公共公园和花园。这些空间通过提供娱乐机会、绿化区域和与大自然建立联系的地方，惠及整个社区。当个人参与维护这些地方，无论是通过志愿活动还是简单地自行清理，都可以确保这些空间保持愉悦且对每个人都有可访问性。这是回馈社区并为当前和未来的世代保护这些宝贵资源的方式。因此，照顾公共公园和花园是我们都应该分享的责任。

**Sample Answer:**

Absolutely, I'd say people should help maintain public parks and gardens. These spaces benefit the entire community by providing recreational opportunities, green areas, and places to connect with nature. When individuals pitch in to maintain them, whether through volunteering or simply cleaning up after themselves, it ensures these spaces remain enjoyable and accessible for everyone. It's a way to give back to the community and preserve these valuable resources for current and future generations. So, yes, taking care of public parks and gardens is a responsibility we should all share.

## 感兴趣的地方

Describe a place in your country that you think is interesting  
 You should say:  
 Where it is  
 How you knew it  
 What special features it has  
 And explain why you think it is interesting

## Plan your talk:

Where it is  
 (optional) Whether it is far away from you  
 How you knew it  
 (optional) Where and when you know it  
 What special features it has  
 (optional) How you felt about it  
 And explain why you think it is interesting  
 (optional) Whether you'd like to recommend it to your friends and why

## 教师的解析:

这是一道地点类型的话题，我们可以补充定位，有什么，能做什么。这道题目的限定很宽泛，可以说一个旅游景点，一个城市，一个小镇，甚至一个城市设施都是可以的。例如：我国一个引人入胜的地方是位于北部的小镇，这是一个历史古镇。我第一次得知这个地方是通过一篇我在研究独特旅游目的地时偶然发现的文章。我之所以觉得这个地方如此迷人，是因为它提供了历史、文化和美学的完美融合。它本质上是一个活着的博物馆，你可以在其中探索过去，同时享受现在。建筑之美令人惊叹，这个小镇的氛围极具沉浸感。此外，还有许多博物馆、艺术画廊和迷人的咖啡馆，为整体体验增色不少。老敦斯维尔是历史和建筑的宝库，对于那些欣赏过去魅力的人来说，它是一个绝对必去的地方。

6 分段参考	
描述背景	the historic town 有历史意义的小镇 in the northern part of the country 在这个国家的北部 I learned about it through a friend 我通过一个朋友知道的 fascinating stories 有趣的故事
描述地点&活动	well-preserved 保存完好的 colonial architecture 殖民风格建筑 charming cobblestone streets 漂亮的鹅卵石街道 centuries-old buildings 好几个世纪的建筑 the early days of colonization 殖民时期早期 stepping back in time to experience 回到过去取体验
描述感受	a unique blend of history, culture, and beauty 一个独特的历史，文化，美的融合 The architecture is stunning 建筑很惊艳 incredibly captivating. 特别有趣 a must-visit destination 必去的地点

**Sample Answer 1 (6 分段参考):**

One place in my country that I find quite interesting is the historic town of Old Townsville. It's located in the northern part of the country, and I learned about it through a friend who had visited and shared fascinating stories.

What makes Old Townsville special is its well-preserved colonial architecture. The town has charming cobblestone streets, centuries-old buildings, and a rich history dating back to the early days of colonization. It's like stepping back in time to experience the culture and architecture of yesteryears.

I find Old Townsville interesting because it offers a unique blend of history, culture, and beauty. It's a living museum where you can explore the past while enjoying the present. The architecture is stunning, and the town's atmosphere is incredibly captivating. Plus, there are museums, art galleries, and quaint cafes to explore. It's a must-visit destination for anyone interested in history and architecture.

7 分段参考	
描述背景	utterly fascinating 特别有趣 through an article I stumbled upon 通过一本我偶尔看到的书籍 unique travel destinations 独一无二的旅行目的地
描述地点&活动	remarkable features 非凡的特质 exceptionally well-preserved colonial architectural 保存额外完好的殖民建筑 being transported back in time 被传送回过去 immersing yourself in the rich history of the region 沉浸在这个区域丰富的历史中 encounter centuries-old buildings 遇见历史悠久的建筑
描述感受	so intriguing 很有趣 the perfect harmony 完美的和谐 aesthetics 美学 appreciates the allure of the past 欣赏过去的魅力

**Sample Answer 2 (7 分段参考):**

One place in my country that I find utterly fascinating is Old Townsville, a historical town situated in the northern part of our country. I first came to know about this place through an article I stumbled upon while researching unique travel destinations.

What sets Old Townsville apart are its remarkable features, primarily its exceptionally well-preserved colonial architecture. Wandering through the cobblestone streets, you'll encounter centuries-old buildings, each with its own captivating story from the early days of colonization. It's like being transported back in time, immersing yourself in the rich history of the region.

The reason I find Old Townsville so intriguing is the perfect harmony of history, culture, and aesthetics it offers. It's essentially a living museum, where you can explore the past while enjoying the present. The architectural beauty is awe-inspiring, and the town's ambiance is incredibly immersive. Moreover, there are numerous museums, art galleries, and charming cafes that add to the overall experience. Old Townsville is a treasure trove of history and architecture, making it an absolute must-visit for anyone who appreciates the allure of the past.

### Part 3

#### Question 1: How can people access travel information?

**解题思路：**这是一道建议类型的问题。获取旅行信息比以往任何时候都更容易。最常见的方式是通过互联网，使用旅行网站和应用程序，如 TripAdvisor 或 Google 地图，可以找到目的地、评论和建议。社交媒体平台通常有旅行群组，人们在其中分享经验。旅行社和旅行指南仍然提供印刷资源。此外，亲朋好友可以根据他们的旅行提供建议。因此，无论是在线研究、寻求建议还是查阅旅行指南，如今都有很多获取旅行信息的方式

#### Sample Answer:

Getting travel information is easier than ever. The most common way is through the internet. You can use travel websites and apps like TripAdvisor or Google Maps to find destinations, reviews, and tips. Social media platforms often have travel groups where people share experiences. Travel agencies and guidebooks are still around, offering printed resources. Additionally, friends and family can provide recommendations based on their trips. So, whether it's online research, asking for advice, or checking out guidebooks, there are plenty of ways to access travel information these days.

#### Question 2: Do people have different personalities in different regions of your country?

**解题思路：**这个问题涉及到文化地理学和社会心理学领域的研究，可以分析不同地区的文化和社会因素对个体个性的影响。比如地域文化差异：不同地区通常有不同的文化、价值观和习惯。这些文化差异可能会影响人们的个性特征。例如，某些地区可能更加传统，强调家庭价值，而其他地区可能更加开放和多元化，强调个人自由。这些文化特征可以塑造人们的性格。又如社会因素：社会因素如经济状况、教育水平、就业机会等也会对人们的个性产生影响。不同地区的经济状况和机会差异可能导致人们在性格特征上存在差异。例如，富裕地区的人们可能更有可能追求个人发展和自由，而贫困地区的人们可能更加侧重家庭和社区。还可以结合历史传统或移民与多样性方面出发进行分析。

#### Sample Answer:

Yes, people often exhibit varying personalities in different regions of my country. This divergence can be attributed to the distinct cultural, historical, and social influences that each region experiences. For instance, urban areas may foster more outgoing and ambitious individuals due to the competitive nature of city life, while rural regions might promote a more traditional and community-oriented approach. Moreover, historical events and traditions can leave lasting imprints on the collective personality traits of an area. To determine the extent of such differences, research and surveys would be valuable in providing empirical evidence regarding the diverse personalities found across the various regions of my country.

#### Question 3: What causes the differences between different regions of your country?

**解题思路：**这是一道对比类型的问题。当然！中国是一个广阔多样的国家，不同地区的人有不同的个性特点。例如，南部的人通常以友好和好客而闻名，而在东北部，他们可能显得更加快节奏和直接。西海岸倾向于拥抱悠闲、开放思维的氛围，而中西部则以脚踏实地和亲近邻居的方式闻名。这都是美国文化丰富多彩的一部分，这些地区性格上的差异是使这个国家如此有趣和多样化的一部分。

#### Sample Answer:

Well, there are a bunch of factors that contribute to the differences between regions in China. One major factor is historical settlement patterns. Different regions attracted diverse groups of immigrants, and their cultural influences shaped local customs and attitudes. Geography plays a role too, with climate and landscape impacting lifestyle and activities. Economic factors, like industries and job opportunities, can also influence the character of a region. So, it's this mix of history, geography, and economics that leads to the unique personalities and cultures you find across the country.



**Question 4: Is it just youngsters who like to try new things, or do people of your parents' age also like to try new things?**

**解题思路：**这是一道观点类型的问题。不仅年轻人喜欢尝试新事物。我父母这个年龄段的人通常也很愿意接受新体验。事实上，他们中的许多人把退休看作是探索他们之前生活中没有时间尝试的爱好或旅行的机会。尝试新事物可以在任何年龄带来兴奋和满足感，因此不局限于特定的一代人。

**Sample Answer:**

It's not just youngsters who like trying new things. People of my parents' age are often quite open to new experiences too. In fact, many of them embrace retirement as an opportunity to explore hobbies or travel they didn't have time for earlier in life. Trying new things can bring excitement and fulfillment at any age, so it's not limited to any particular generation.

**Question 5: Is a great tourist destination also a good place to live?**

**解题思路：**这是一道观点类型的问题。未必如此。虽然一个出色的旅游目的地可能吸引人参观，但它不一定总是一个理想的居住地。旅游热点地区通常生活成本更高，人口拥挤，就业季节性波动。此外，吸引游客的因素，如繁华的夜生活或历史古迹，可能与一个长期居住地所追求的特质不符，比如工作机会、教育或宁静的生活环境。因此，虽然一个地方可能很棒探索，但它可能不符合一个舒适的日常生活的所有要求。

**Sample Answer:**

It's not just youngsters who like trying new things. People of my parents' age are often quite open to new experiences too. In fact, many of them embrace retirement as an opportunity to explore hobbies or travel they didn't have time for earlier in life. Trying new things can bring excitement and fulfillment at any age, so it's not limited to any particular generation.

**Question 6: Why do people who go to live in small towns think these towns are more interesting than the big cities?**

**解题思路：**这是一道原因类型的问题。那些选择生活在小镇的人通常会因为几个原因而发现它们比大城市更有趣。小镇通常提供更慢的生活节奏、更强烈的社区感和更亲近自然的联系。他们可能欣赏小镇生活的简单和魅力，人们互相熟知，有一种归属感。此外，小镇的生活成本较低，交通拥挤较少，因此对于那些寻求远离大城市喧嚣的更宁静、更放松的生活方式的人来说，它们非常吸引人。

**Sample Answer:**

Well, people who choose to live in small towns often find them more interesting than big cities for several reasons. Small towns typically offer a slower pace of life, a strong sense of community, and a closer connection to nature. They may appreciate the simplicity and charm of small-town living, where people know each other by name and where there's a sense of belonging. Additionally, smaller towns can have a lower cost of living and less congestion, making them appealing for those seeking a quieter and more relaxed lifestyle away from the hustle and bustle of big cities.

## 美丽城市

Describe a beautiful city  
You should say:  
Where the city is  
How you knew the city  
What buildings the city has  
What it is famous for  
And explain why you think this city is beautiful

### Plan your talk:

Where it is:  
how big it is:  
whether it's the capital or not:  
how you knew the city:  
whether you've visited the city:  
what it's famous for:  
what landmarks the city has:  
why you think it is beautiful:

### 教师的解析:

此题为典型的地点类题型。可以从地理环境、建筑风格、文化和艺术、自然美景、活力和繁华等角度来诠释它的魅力。

6 分段参考	
描述背景	the beautiful city of Hangzhou 美丽之城杭州 through friends and travel websites 通过朋友和旅行网站 I've always wanted to visit it 我一直以来都想去拜访此地
描述特色	is famous/known for its West Lake 以西湖闻名 small temples and old-style buildings 小寺庙和古建筑 Leifeng Pagoda 雷峰塔 a tall tower with great views 带有超棒景色的高塔
描述感受	a peaceful and pretty place to visit 一个宁静漂亮的旅游之地 its perfect blend of nature and history 自然与历史的完美融合 a sense of tranquility and elegance 一种宁静幽雅的感觉

### Sample Answer 1 (6 分段参考):

I'd like to talk about the beautiful city of Hangzhou in China. I got to know about this city through friends and travel websites, and I've always wanted to visit it one day.

The city is famous for its West Lake, which is really pretty with lots of trees, small temples, and old-style buildings. One of the famous buildings there is the Leifeng Pagoda, you know, a tall tower with great views. And, Hangzhou is also known for its nice landscapes, old stuff, and yummy tea. The calm lake, cool buildings, and green trees make it a peaceful and pretty place to visit.

So yeah, to sum up, I find Hangzhou beautiful because of its perfect blend of nature and history. The calm waters of West Lake, the striking pagodas, and the vibrant greenery all create a great environment. Whether you're strolling by the lake or exploring the historic streets, there's a sense of tranquility and elegance that makes Hangzhou a truly beautiful city to visit.



7 分段参考	
描述背景	the awesome city of Budapest 超赞的城市布达佩斯 often called the "Paris of the East" 有东方巴黎之称 grand architecture and rich cultural scene 宏大的建筑和丰富的文化景观
描述特色	jaw-dropping buildings 令人叹为观止的建筑 looks like something out of a fairy tale 看上去像是童话里出来的 it's an Instagram favorite 打卡胜地 you can't miss the thermal bath 千万不能错过那里的热温泉
描述感受	What makes Budapest really cool is 让布达佩斯真正赞的地方是 history and party vibe 历史感和派对氛围 It's like stepping into a time machine with a party hat on 就像是带着派对帽子走进了时光机

### Sample Answer 2 (7 分段参考):

Alright, so let's talk about the awesome city of Budapest in Europe. It's the capital of Hungary and often called the "Paris of the East" because of its grand architecture and rich cultural scene. I got to know Budapest from travel websites and hearing stories from friends who've been there.

Budapest is famous for its jaw-dropping buildings, like that huge Hungarian Parliament Building that looks like something out of a fairy tale. Then there's the Chain Bridge— it's an Instagram favorite. It connects the Buda and Pest sides of the city, offers stunning views of the river and the cityscape. And you can't miss the Thermal Bath there, where you can chill in hot springs.

What makes Budapest really cool is how it mixes old and new. You've got these fancy old buildings and grand streets, but then you can hit up ruin bars for a night out – they're bars set in abandoned buildings, and they're wild. Budapest's got that mix of history and party vibe, which makes it a unique and beautiful European city. It's like stepping into a time machine with a party hat on!

### Part 3

#### Question 1: What are the differences between modern towns and modern cities ?

**解题思路：**这是一道对比类题型，语言方面通常会使用比较级和转折词。现代城市通常比现代小镇更大更密集地居住。城市提供更广泛的设施、服务和就业机会，而现代小镇通常有更安静、更轻松的氛围，较少的城市便利设施和更小的人口。

#### Sample Answer:

Well, from what I know, Modern cities are typically larger and more densely populated than modern towns. They offer a wider range of amenities, services, and job opportunities, while modern towns tend to have a quieter, more relaxed atmosphere with fewer urban conveniences and a smaller population.

#### Question 2: Why do some people like to visit historical sites?

**解题思路：**这是一道原因类题型。有些人喜欢参观历史遗迹，因为这使他们能够与过去建立联系，了解不同的文化和传统，并更深刻地欣赏塑造了世界的历史。探索这些地方为我们提供了与影响了我们现代社会的故事和事件建立实际联系的机会。

#### Sample Answer:

Hmmm this is mainly because it allows them to connect with the past, learn about different cultures and traditions, and gain a deeper appreciation for the history that has shaped the world. I mean exploring these places offers a tangible link to the stories and events that have influenced our present-day society.

**Question 3: How can people preserve historical buildings?**

**解题思路：**这是一道措施类题型。人们可以通过定期维护和修复工作来保护历史建筑，以确保它们的结构完整性和外观。此外，建立文化遗产保护法律和组织可以帮助保护这些建筑，以免被拆除或不适当改建。

**Sample Answer:**

People can preserve historical buildings by implementing regular maintenance and restoration efforts to ensure their structural integrity and appearance. Additionally, establishing heritage preservation laws and organizations can help protect these buildings from demolition or inappropriate modifications.



## Object (物品)

### 一幅画

Describe a painting that you like.  
You should say:  
When you first saw this painting  
What the painting is about  
Who the painter is  
And explain how you feel about this painting

#### Plan your talk:

When and where you saw the painting  
(optional) Who you went with  
(optional) What the place was like  
What's the name of the painting  
What you know about the painter  
What the painter want to express in the painting  
(optional) How others you know feel about the painting  
How you feel about the painting  
What you would like to do after seeing the painting

#### 教师的解析:

这是一道物品类型的话题。可以按照小标题的顺序，先介绍这幅画的背景，然后描述画的内容，包括画中的主题、物体、人物、颜色、构图和细节。尝试使用一些生动的形容词来传达画的外观和氛围，以给人具体的画面感。接下来比较重要的就是这幅画所传达的主题。这点可以结合画家生平、艺术风格、时代背景等信息来进行表达。最后，分享你对这幅画的个人感受。描述它如何触发了你的情感，让你感到什么样的情绪或思考。解释为什么你喜欢这幅画，它对你有何特殊之处等。同学们在准备的过程中需要多多查阅一些世界名画的背景信息，以作充足准备。

6 分段参考	
描述背景	encounter the painting 遇到这幅画 during a visit to an art exhibition 在参观一次艺术展览期间 a masterpiece by ..., titled ... 一个旋转的夜空，布满了明亮的星星和一轮明亮的新月
画作内容&画家介绍	this work of art depicts a tranquil village 这件艺术作品描绘了一个宁静的村庄 a swirling night sky filled with luminous stars and a radiant crescent moon 一个旋转的夜空，布满了明亮的星星和一轮明亮的新月 post-impressionist painter 后印象派画家 captivating artwork 引人注目的艺术作品 a sense of motion and emotion 一种动感和情感的感觉
描述感受	profound and deeply appreciative 深刻而由衷的欣赏 evoke a powerful sense of wonder and transcendence 唤起强烈的惊叹和超越感 transports me to that serene village 将我带到了那个宁静的村庄 a sublime expression of art 一种崇高的艺术表达

**Sample Answer 1 (6 分段参考):**

I first encountered the painting that I truly admire during a visit to an art exhibition at a local museum a couple of years ago. The painting in question is a masterpiece by Vincent van Gogh, titled "Starry Night." This renowned work of art depicts a tranquil village with a church steeple and houses under a swirling night sky filled with luminous stars and a radiant crescent moon.

Vincent van Gogh, a Dutch post-impressionist painter, is the creative genius behind this captivating artwork. He is celebrated for his innovative use of color and bold, swirling brushstrokes that convey a sense of motion and emotion.

My feelings toward "Starry Night" are profound and deeply appreciative. The painting's rich and vibrant colors, along with the swirling patterns in the sky, evoke a powerful sense of wonder and transcendence. It's as if the painting transports me to that serene village under a magical night sky. The use of vivid blues, contrasting with warm yellows and whites, creates a visually striking composition that's both calming and enchanting. The painting resonates with me on a profound level, reminding me of the beauty and mystery of the universe. In essence, "Starry Night" is not just a painting; it's a sublime expression of art that stirs my soul every time I gaze upon it.

7 分段参考	
描述背景	have the privilege of beholding this remarkable painting 有幸欣赏到这幅卓越的画作 leave an indelible mark on sb 在某人心中留下难以磨灭的印记
画作内容&画家介绍	a timeless portrayal of 一幅永存的关于.....的画卷 an enigmatic smile 一个神秘的微笑 encapsulate the essence of 概括了...的精髓 meticulous attention to detail 对细节的一丝不苟的关注 subtle interplay of light and shadow 光与影的微妙交织 make his creations all the more intriguing 使他的创作变得更加耐人寻味
描述感受	reverential 虔诚的, 敬畏的 enigma and timeless beauty 谜一般的和永恒的美丽 unmatched skill and artistry 无与伦比的技巧和艺术才华 embody the pinnacle of human creativity and artistic expression 体现了人类创造力和艺术表达的顶峰

**Sample Answer 2 (7 分段参考):**

I first had the privilege of beholding this remarkable painting during a visit to the renowned Louvre Museum in Paris a few years back. The painting that left an indelible mark on me is none other than Leonardo da Vinci's masterpiece, the "Mona Lisa."

The "Mona Lisa" is a timeless portrayal of a woman with an enigmatic smile set against a distant landscape. It encapsulates the essence of the Renaissance period with its meticulous attention to detail, the use of sfumato technique to create soft transitions, and the subtle interplay of light and shadow. Leonardo da Vinci, the genius artist behind this iconic work, was not only a painter but also a scientist and inventor, making his creations all the more intriguing.

My feelings towards the "Mona Lisa" are profound and reverential. Every time I stand before this painting, I am struck by its sheer enigma and timeless beauty. The way Leonardo captured the ethereal smile and the depth of her eyes is a testament to his unmatched skill and artistry. It fills me with a sense of wonder and deep appreciation for the capacity of art to transcend time and communicate emotions across centuries. In essence, the "Mona Lisa" is not just a painting; it's a masterpiece that embodies the pinnacle of human creativity and artistic expression.

### Part 3

#### Question 1: What are the differences between painting and drawing?

**解题思路：**这是一个比较类的题目。很多同学对于 painting 和 drawing 这两个单词本身的区别其实就不太清楚，所以可能比较难以回答。其实 painting 可以被翻译为“绘画”，相对更加专业和有难度，而 drawing 可以被翻译为“画图”，可以是一些涂鸦或者是小孩子的“画画”，因此相对随意和简单。而正式回答时，除了以上比较笼统的区别以外，还可以从使用工具、风格和用途几个方面入手进行比较。

#### Sample Answer:

Painting and drawing are distinct forms of visual art, differing in several aspects. Firstly, the media and tools used set them apart. Painting employs liquid media like paints and inks, while drawing relies on dry media such as pencils and pens. Secondly, techniques and styles differ, with painting encompassing a wide range like oil, watercolor, and acrylic, emphasizing fluidity, while drawing includes techniques like sketching and line drawing, emphasizing lines and contours. Thirdly, their purposes vary; painting leans towards artistic expression and can result in oil or watercolor artworks, while drawing often serves practical functions in illustrations, designs, or architectural plans. Additionally, painting often demands more time and complexity, making it intricate and detailed, while drawing can be quick and straightforward, prioritizing rapid capturing of ideas. Finally, the historical and cultural contexts differ as various cultures and periods may prefer one form over the other, or employ them for distinct purposes.

#### Question 2: Why do some people keep a painting for a long time?

**解题思路：**这是一个原因类题目。保存画作的原因比较多样，我们可以从多方面考虑：1. 可能某些画作与特殊的情感经历或人际关系相关联；2. 某些已故大作家的遗作有非常高的艺术价值；3. 可能代表了某些家族的传承 4. 可能具有一些投资价值。

#### Sample Answer:

Some individuals hold onto a painting for an extended period due to emotional connections. Paintings often evoke memories, symbolize relationships, or serve as reminders of special moments in one's life. Art can become a cherished memento, preserving the sentiment attached to it. Additionally, paintings with significant artistic or historical value are retained for their aesthetic and cultural significance. They contribute to a sense of heritage and may be passed down through generations. Furthermore, for collectors, paintings are seen as investments, potentially appreciating in value over time. These various reasons make keeping a painting for an extended duration a meaningful and sometimes practical choice.

#### Question 3: How does building style affect people's lives?

**解题思路：**建筑风格如何影响人们的生活是一个复杂而有趣的问题，可以从多个角度进行思考。比如生活环境，建筑风格决定了人们的生活环境。不同的风格可以创造不同的氛围和氛围，从传统到现代，从城市到乡村，都会对居民的生活方式和体验产生深远影响。再如功能性，建筑风格可以反映建筑物的用途。住宅、商业建筑、文化场所等通常具有不同的风格，以满足不同的功能需求。这影响到人们在这些场所中的行为和活动。另外还有建筑风格还会反映出当地人们的文化和历史传统。

#### Sample Answer:

Building style significantly influences people's lives in various ways. Firstly, it shapes the physical environment where we reside, work, and interact. Traditional, modern, or minimalist styles create distinct atmospheres that impact our daily experiences and preferences. Functionally, building style caters to different needs. Residential, commercial, and cultural spaces each have unique styles that affect how we behave within them. Additionally, building design can foster social interactions; open and communal architectural styles encourage community engagement, while more private designs promote solitude. Culturally, building style reflects local traditions and values, contributing to a sense of identity and belonging. Emotionally, it can evoke feelings of comfort, satisfaction, or discomfort, influencing our psychological well-being. In sum, building style plays a multifaceted role in shaping our lives.

#### Question 4: Should children learn to draw and paint? Why?

**解题思路：**很显然这个题目的回答应该是肯定的，之后就要从学习绘画的各方面好处出发一一论证。比较容易联想出来的有创造力、审美和注意力这三个方面。绘画对于这三个方面能力的提升都是比较明显的。此外，绘画还是一种情感表达的方式，儿童可以通过画画来表达内心情感。最后绘画也是一种非常好的放松方式。

##### Sample Answer:

Yes, children should learn to draw and paint. It fosters their creativity and imagination, allowing them to express thoughts and feelings visually. Art education enhances their aesthetic awareness, enabling them to appreciate and understand art and culture. Drawing and painting also develop concentration, attention to detail, and patience. It offers an emotional outlet, helping children express and cope with emotions. Additionally, art education complements other subjects, promoting interdisciplinary learning. Overall, it's a fun and enriching activity that contributes to holistic child development.

#### Question 5: How do young people share arts with others?

**解题思路：**年轻人分享艺术的方式大致可以分为线上和线下两种。但如果本题仅仅如此回答，很显然长度会不太够。因此我们还可以把线上和线下分别进行细分。比如线上有抖音、youtube、ins 等各类社交媒体，也有一些专门的艺术博客或艺术网站。而线下有艺术展、市集和各类艺术活动。

##### Sample Answer:

Yes, children should learn to draw and paint. It fosters their creativity and imagination, allowing them to express thoughts and feelings visually. Art education enhances their aesthetic awareness, enabling them to appreciate and understand art and culture. Drawing and painting also develop concentration, attention to detail, and patience. It offers an emotional outlet, helping children express and cope with emotions. Additionally, art education complements other subjects, promoting interdisciplinary learning. Overall, it's a fun and enriching activity that contributes to holistic child development.

#### Question 6: Do you think the objects we use in our daily lives should be beautifully designed?

**解题思路：**本题为观点类题目。日常生活中的物品是否应该设计美观可以从其美学价值、功能性和创造创新几个方面思考。在回答时可以分别举例论证一个设计美观的物品在以上几个方面如何起到相应的作用。

##### Sample Answer:

Yes, I believe that the objects we use in our daily lives should be beautifully designed. Beautifully designed objects enhance our living environment by adding aesthetic value and creating a sense of delight in our daily routines. Moreover, well-designed items often exhibit better functionality, making them more user-friendly and efficient. They tend to be associated with higher quality and durability, reducing the need for frequent replacements and contributing to sustainability. Additionally, aesthetically pleasing objects can foster emotional connections and cultural identity. Overall, beautiful design not only enhances our daily experiences but also reflects our appreciation for art and craftsmanship.



## 让你开心的照片

Describe a photo that makes you happy  
You should say:  
When and where you took the photo  
What the photo is like  
How often you watch the photo  
And explain why it makes you feel happy

### Plan your talk:

When you took the photo:  
Where it was taken:  
Was it a landscape photo or a portrait:  
What you can see in this photo:  
How often you watch the photo:  
Whether it makes you feel peaceful or nostalgic:

### 教师的解析:

本题乍看之下似乎比较抽象，但实际上可以和其他题目进行串联。例如一次生日聚会上的照片，一次旅游风景照，高中/大学毕业照等，都可以进行意义上的延伸。

6 分段参考	
背景信息	a delightful photo 让人愉快的照片 took it a couple of years ago 几年前拍的
照片描述	standing among tall bamboo trees 我站在高高的竹林里 The sun is shining through the leaves 阳光穿过树叶 looks stunning 看上去特别美 brings back that sense of peace 带来一种宁静感
开心原因	appreciate nature's beauty 欣赏自然之美 reminds me of the importance of... 让我想起...的重要性 enjoy the simple things around us 享受周围的小事

### Sample Answer 1 (6 分段参考):

Okay, I want to talk about a delightful photo. I took it a couple of years ago when I visited Kyoto, Japan. It was a beautiful day, and I was at the Arashiyama Bamboo Grove.  
In the photo, I'm standing among tall bamboo trees. The sun is shining through the leaves, creating a play of light and shadows. The green of the bamboo against the blue sky looks stunning.  
Now I look at this photo quite often, especially when I feel stressed. It reminds me of that peaceful day in Kyoto, the sound of the bamboo swaying in the breeze, and the feeling of being in a calm, timeless place.  
What makes this photo special to me and why it makes me happy is because it brings back that sense of peace. In our busy lives, we often forget to appreciate nature's beauty. This picture reminds me of the importance of taking a moment to enjoy the stillness and the simple things around us. It's a small thing, but it brings me a lot of joy and helps me relax.

### 7 分段参考



背景信息	a photo that brings me immense joy 一张带给我无穷快乐的照片 It was a crisp autumn morning 那是秋天一个清爽的早晨 was surrounded by the beauty of... 被...的美景所环绕
照片描述	a striking landscape shot 一张令人惊艳的风景照 showcasing the unique karst formations 展示这独特的喀斯特地貌 the interplay of light and shadow 光影交错
开心原因	What makes this photo so special to me is.. 让这张照片如此特别的是... the sense of wonder and appreciation for the natural beauty of China 对中国自然美景的惊叹和欣赏 brings me back to this lovely trip with them 让我回忆起和他们一起的美好旅程

### Sample Answer 2 (7 分段参考):

I'd like to share a photo that brings me immense joy every time I look at it. I captured this picture during a memorable trip to the picturesque Zhangjiajie National Forest Park in Hunan Province, China. It was a crisp autumn morning, and I was surrounded by the beauty of the towering sandstone pillars.

The photo is a striking landscape shot, showcasing the unique karst formations that the park is famous for. Massive stone columns rise into the sky, you know, blanketed in lush green vegetation, and the interplay of light and shadow creates a mesmerizing contrast.

I often find myself scrolling through my photo album to admire this picture. It's become the wallpaper on my phone. Whenever I need a mental escape or a moment of tranquility, I simply gaze at it.

What makes this photo so special to me is the deep sense of wonder and appreciation for the natural beauty of China. It reminds me of the rich cultural and natural diversity that our country offers. As well as that, you see, I went on this trip with my grandparents, whom I don't live with but love very much, so this picture brings me back to this lovely trip with them, and I guess that's the other reason why it means so much to me.

### Part 3

#### Question 1: What kinds of photos do people like to take?

**解题思路:** 此题为例举类题型。人们喜欢拍摄各种各样的照片, 包括风景、家人和朋友、特殊场合如生日和度假, 还有食物和个人成就。选择的主题通常反映了他们的兴趣、回忆和渴望捕捉对他们有意义的时刻。

#### Sample Answer:

People like to take photos of a wide range of subjects, including landscapes, family and friends, special occasions like birthdays and vacations, as well as food and personal achievements. The choice of subjects often reflects their interests, memories, and desire to capture moments that are meaningful to them.

#### Question 2: Do you think people are taking too many photos these days?

**解题思路:** 此题为观点类题型, 可以从不同角度给出正(便利)反(过度)观点。许多人如今拍摄了大量的照片, 这得益于智能手机和数码相机的便利。尽管捕捉回忆和时刻很重要, 但一些人认为过度拍照可能会削弱完全体验当下的能力, 导致了常常被称为“过度文档化”的现象。

#### Sample Answer:

Many people do take a large number of photos these days, thanks to the convenience of smartphones and digital cameras. While capturing memories and moments is important, some argue that excessive photo-taking can detract from fully experiencing the present moment, leading to a phenomenon often referred to as "over-documentation."

**Question 3: Do you think people take more photos now than in the past?**

**解题思路：**此题为今夕对比题。随着智能手机的普及，拍照变得越来越普遍。在过去，需要带上相机，胶卷等，所以更麻烦。语言方面注意时态的转变。

**Sample Answer:**

Absolutely! People today are snapping photos left and right, thanks to our smartphones. It's like a reflex – see something cool, click a pic! Back in the day, you had to carry around a camera and film, so it was a whole process. Now, it's so easy that we often overshoot, hoping for that perfect Instagram-worthy shot. So, yeah, I'd say we're definitely in the era of "more photos than ever"!

**Question 4: Do you think equipment is important for photography?**

**解题思路：**此题为观点态度题，可以进行让步拓展。拥有一流的摄影设备确实可以提升你的摄影水平，但这并不是全部。你可以拥有世界上最顶级的相机，但如果不知道如何使用它，它也不会有太多帮助。如今，即使是智能手机在正确的技巧下也可以拍出令人惊叹的照片。所以，这是一个拥有不错设备和知道如何充分利用它的组合。但请记住，对构图和光线有敏锐的洞察力通常可以胜过昂贵的设备！

**Sample Answer:**

Well, it's like this: having top-notch equipment can definitely up your photography game, but it's not everything. You can have the fanciest camera in the world, but if you don't know how to use it, it won't help much. Nowadays, even smartphones can take stunning photos with the right skills. So, it's a mix of having decent gear and knowing how to make the most of it. But remember, a great eye for composition and lighting can often beat fancy equipment!

**Question 5: Why do many people like to share their photos on social media?**

**解题思路：**此题为原因分析题。在社交媒体分享照片，这是一种炫耀、保持联系，也可能有一点点虚荣心的综合体现。多点论证时注意使用衔接表达，如 Plus/ So。口语中可以多尝试使用“引用语”，展现对话或者内心独白，会使表达更生动。

**Sample Answer:**

Well, it's like this: having top-notch equipment can definitely up your photography game, but it's not everything. You can have the fanciest camera in the world, but if you don't know how to use it, it won't help much. Nowadays, even smartphones can take stunning photos with the right skills. So, it's a mix of having decent gear and knowing how to make the most of it. But remember, a great eye for composition and lighting can often beat fancy equipment!

**Question 6: Do you think being a professional photographer is a good job? Why?**

**解题思路：**此题为观点态度题，可以进行正反论证。成为专业摄影师意味着你可以捕捉美丽的瞬间，去有趣的地方旅行，甚至还能赚钱。但有一个问题 - 并非一帆风顺。要稳定地赚钱可能有点难，与客户打交道可能像坐过山车，而且竞争激烈。所以，虽然它可以令人惊叹，但也需要不少努力。

**Sample Answer:**

Being a pro photographer? Well, it sounds like a dream job for many, right? You get to capture beautiful moments, travel to cool places, and maybe even make money doing it. But here's the catch - it's not all sunshine and rainbows. It can be tough to make a steady income, dealing with clients can be a rollercoaster, and there's a lot of competition out there. So, while it can be amazing, it's also a bit of a hustle.

## 感兴趣的科学领域

Describe an area of science (biology, robotics, etc.) that you are interested in and would like to learn more about

You should say:

Which area it is

When and where you came to know this area

How you got information about this area

And explain why you are interested in this area

## Plan your talk:

Which area it is

(optional) What you know about this area

(optional) whether it is a popular area

When and where you came to know this area

(optional) How you felt about this area

How you got information about this area

(optional) What resources you used

And explain why you are interested in this area

(optional) Whether it can help you in your career

(optional) Whether it is a promising area

## 教师的解析:

这是一道物品类型的话题。在审题的时候各位同学需要注意，我们必须描述一个“science”相关领域。最近大火的就应该是 AI 了，当然还有航空航天领域，数据分析领域都可以。同学们挑选一个自己熟悉来描述即可。例如：我们可以说最近对人工智能领域产生了浓厚兴趣，特别是机器学习。关于如何知道这个学科，我们可以通过在线课程、播客和文章收集更多有关机器学习的信息等等。最后在说道自己感兴趣的原因时，可以说它有巨大的潜力来彻底改革医疗保健、金融和交通等行业。看到算法如何能够识别模式、进行预测，甚至解决复杂问题，令人着迷等等。

6 分段参考	
描述背景	a keen interest 浓厚的兴趣 artificial intelligence 人工智能 I first became aware of 最开始意识到 its applications in various industries 在不同领域里的运用
描述过程	gathering more information 收集信息 Platforms 平台 providing accessible resources 提供可使用的资源 I was captivated by 我被迷住 improve their performance 提升表现 mimicking human learning 模仿人类学习
描述原因	I'm drawn to machine learning 我对机器学习所吸引 immense potential to revolutionize industries 巨大潜力去颠覆行业 recognize patterns 识别规律 contribute to advancements in technology 为科技进步做贡献

**Sample Answer 1 (6 分段参考):**

I've recently developed a keen interest in the field of artificial intelligence, particularly in machine learning. I first became aware of this area a couple of years ago when I stumbled upon a documentary about the potential of AI and its applications in various industries.

I started gathering more information about machine learning through online courses, podcasts, and articles. Platforms like Coursera and YouTube were particularly helpful in providing accessible resources. I was captivated by how machines can learn from data and improve their performance over time, mimicking human learning but at a much faster pace.

The reason I'm drawn to machine learning is its immense potential to revolutionize industries like healthcare, finance, and transportation. It's fascinating to see how algorithms can recognize patterns, make predictions, and even solve complex problems. I believe that understanding machine learning can open up exciting career opportunities and allow me to contribute to advancements in technology.

7 分段参考	
描述背景	<p>piqued my curiosity 激发我的好奇心</p> <p>delve deeper into 深入探索</p> <p>attended a scientific conference 参加学术会议</p> <p>groundbreaking research 开创性的调查</p>
描述过程	<p>following prominent researchers 专注杰出学者</p> <p>subscribed to academic journals 订阅学术周刊</p> <p>bioinformatics 生物信息学</p> <p>enrolled in 报名</p> <p>introductory course 入门课程</p> <p>a better grasp of the fundamentals 更好的掌握基础</p>
描述原因	<p>The intersection of biology and computer science 生物和电脑的交叉学科</p> <p>gain insights 获得见解</p> <p>a rapidly evolving field 快速发展的学科</p> <p>benefit society as a whole 整体使社会收益</p>

**Sample Answer 2 (7 分段参考):**

One area of science that has piqued my curiosity and that I'm eager to delve deeper into is the realm of bioinformatics. My fascination with this field began a few years ago when I attended a scientific conference in my city, where I had the opportunity to listen to experts discuss their groundbreaking research in bioinformatics.

To gather more information, I started following prominent researchers on social media and subscribed to academic journals and blogs dedicated to bioinformatics. Additionally, I enrolled in an online introductory course to get a better grasp of the fundamentals.

Bioinformatics captivates me because it sits at the intersection of biology and computer science, utilizing data analysis and computational techniques to gain insights into complex biological processes. I'm particularly interested in its applications in genomics and personalized medicine, where it has the potential to revolutionize healthcare by tailoring treatments to individual genetic profiles. Moreover, it's a rapidly evolving field, and I believe that a deeper understanding of bioinformatics could open doors to exciting research opportunities and contribute to advancements in healthcare that benefit society as a whole.

### Part 3

#### Question 1: Why do some children not like learning science at school?

**解题思路：**这是一道原因类型的问题。有些孩子可能不喜欢在学校学习科学，原因有几个。首先，科学可能被视为太抽象或具有挑战性，这使得它对他们来说不够吸引人。此外，科学的教学方式有时可能缺乏动手体验或现实应用，使其似乎与他们的日常生活脱节。此外，个体学习偏好各不相同，因此有些孩子可能对其他科目更感兴趣。要使科学更具吸引力，通常有助于提供互动和实际的学习机会，以展示其相关性和令人兴奋之处。

#### Sample Answer:

Well, some kids might not enjoy learning science at school for a few reasons. First off, it can be seen as too abstract or challenging, making it less engaging for them. Additionally, the way it's taught can sometimes lack hands-on experiences or real-world applications, making it seem disconnected from their daily lives. Also, individual learning preferences vary, so some children might simply have a stronger interest in other subjects. To make science more appealing, it often helps to provide interactive and practical learning opportunities that show its relevance and excitement.

#### Question 2: Is it important to study science at school?

**解题思路：**这是一道观点类型的问题。在学校学习科学绝对至关重要。它帮助学生发展批判性思维、解决问题和分析技能。科学还培养了好奇心，更好地理解我们周围的世界。此外，在一个日益依赖技术的世界中，科学教育对未来的职业机会至关重要。它使个体能够就健康、环境和社会等问题做出明智的决策。因此，在学校学习科学不仅重要，而且有益于个人成长和对社会的贡献。

#### Sample Answer:

Absolutely, studying science at school is crucial. It helps students develop critical thinking, problem-solving, and analytical skills. Science also fosters curiosity and a better understanding of the world around us. Moreover, in an increasingly technology-driven world, science education is essential for future career opportunities. It empowers individuals to make informed decisions about their health, the environment, and society. So, yes, studying science at school is not only important but also beneficial for personal growth and contributing to society.

#### Question 3: Which science subject is the most important for children to learn?

**解题思路：**这是一道观点类型的问题。所有科学学科都具有重要性，但如果我必须选择其中一个对孩子学习最为重要的，那就是对基本科学原理和科学方法的广泛理解。这一基础使他们能够适应和探索生物学、化学、物理学和环境科学等各个领域。它鼓励批判性思维、解决问题和好奇心，这些都是在生活的各个方面都适用的关键技能

#### Sample Answer:

All science subjects have their significance, but if I had to pick one as the most important for children to learn, I'd say it's a broad understanding of basic scientific principles and the scientific method. This foundation allows them to adapt and explore various fields like biology, chemistry, physics, and environmental science. It encourages critical thinking, problem-solving, and curiosity, which are essential skills applicable in all aspects of life.



#### Question 4: Should people continue to study science after graduating from school?

**解题思路：**这是一道观点类型的问题。我们可以先肯定回答，继续在学校之外学习科学非常有价值。科学不断发展，保持更新对个人来说可以充实自我，对职业发展也有利。它帮助个体理解世界的复杂性，做出明智的决策，并为科学进步做出贡献。无论是通过阅读、课程还是实际经验，持续的科学探索都有益于个体和整个社会。因此，继续在毕业后学习科学是明智而有益的选择。

##### Sample Answer:

Absolutely, continuing to study science beyond school is valuable. Science evolves constantly, and staying updated can be personally enriching and professionally advantageous. It helps individuals understand the world's complexities, make informed decisions, and contribute to scientific advancements. Whether it's through reading, courses, or hands-on experiences, ongoing scientific exploration benefits individuals and society as a whole. So, yes, it's a smart and rewarding choice to keep learning about science after graduation.

#### Question 5: How do you get to know about scientific news?

**解题思路：**这是一道建议类型的问题。如今获取科学新闻更新非常容易。许多人通过可靠的新闻网站和应用程序保持了解。社交媒体平台也分享科学新闻，但核实信息源至关重要。订阅科学杂志或期刊可以提供深入的见解。最后，教育机构和组织经常举办讲座和研讨会，这是了解最新发展的绝佳方式。因此，有许多途径可以跟上科学的最新动态。

##### Sample Answer:

Absolutely, continuing to study science beyond school is valuable. Science evolves constantly, and staying updated can be personally enriching and professionally advantageous. It helps individuals understand the world's complexities, make informed decisions, and contribute to scientific advancements. Whether it's through reading, courses, or hands-on experiences, ongoing scientific exploration benefits individuals and society as a whole. So, yes, it's a smart and rewarding choice to keep learning about science after graduation.

#### Question 6: Should scientists explain the research progress to the public?

**解题思路：**这是一道观点类型的问题。我们可以首先回答绝对是的，科学家应该向公众解释他们的研究进展。这对于透明度和建立信任至关重要。科学影响着社会，公众的理解至关重要。通过以易理解的方式分享他们的发现，科学家可以帮助塑造公众的言论和决策。此外，这可以激发兴趣，激励下一代科学家。因此，科学家与公众之间的清晰沟通对于推进知识和促进科学素养是双赢的。

##### Sample Answer:

Absolutely, scientists should explain their research progress to the public. It's crucial for transparency and fostering trust. Science impacts society, and public understanding is vital. By sharing their findings in accessible ways, scientists can help inform public discourse and decision-making. Moreover, it can spark interest and inspire the next generation of scientists. So, clear communication between scientists and the public is a win-win for advancing knowledge and promoting scientific literacy.

### 学校/工作中的重要规则

Describe a rule that is important in your school or at work  
You should say:  
What the rule is about  
What happens when people break the rule  
Why you think it is an important rule  
And explain how you feel about the rule

#### Plan your talk:

What it is :  
how long the rule has existed :  
what happens when people break the rule:  
why it is important:  
whether you like or dislike it and why:  
whether it is a popular policy in your country:

#### 教师的解析:

本题审题时要注意题目关键词“an important rule”“at school or at work”,所以这条规则应具有一定的重要性。思路包括但不限于: 要求穿校服/制服(a uniform policy), 按时到校/到工作岗位 (be punctual) ,不准霸凌他人 (no bullying policy) , 不准作弊 (no cheating) , 不准携带手机 (not allowed to bring cellphones) 等。

6 分段参考	
背景信息	are required to wear the uniform 被要求穿校服 is been there for ages 已经存在很久了
惩罚方式	standing in the corner 罚站 the punishment isn't that harsh 这种惩罚不是那么严厉 has become part of our school life 已经成了校园生活的一部分
重要性&感受	promote a sense of equality 促进一种平等感 create a focused learning environment 创造一种专注的学习环境 enhance school security 加强校园安全 bring a sense of belonging 带来归属感

#### Sample Answer 1 (6 分段参考):

Okay, so I'd like to talk about a policy in our school, a quite important rule. That is, students are required to wear the uniform on school days. I believe this is a very common policy in most Chinese schools, and it's been there for ages.

If anyone breaks the rule, there will be some sort of punishment, like standing in the corner or something. But this is not a serious problem, I think, so the punishment usually isn't that harsh. However, from what I know, very few students in my school break the rule, because it has become part of our school life, i mean, we are all used to putting on the uniform first thing in the morning.

In my opinion, it is quite an important rule because, first of all, you know, uniforms promote a sense of equality among students, as everyone dresses the same way, reducing peer pressure to wear expensive or trendy clothes. Secondly, uniforms help create a focused learning environment where nobody gets distracted by what they wear. Moreover, they can enhance school security by making it easier to identify individuals on campus. Personally speaking, I love this rule, cuz our school uniform is well-designed and is comfortable to wear. I reckon that uniforms can bring a sense of belonging to our school community, which is great!



7 分段参考	
背景信息	about using electronic gadgets 有关使用电子设备 are not allowed to use personal tech gadgets 不准使用个人科技设备 not get sidetracked by vlog.. 不会因...偏离正轨
惩罚方式	get a warning 得到警告 have their devices confiscated 设备被没收 make sure everyone can learn without distractions 保证人人都能不分心注意力地学习
重要性&感受	it matters a lot 这很重要 about showing respect and minimizing distractions 涉及到展现尊重和减少分散事物 is somewhat outdated 多多少少有些过时

### Sample Answer 2 (7 分段参考):

You know, there's this one rule at my school that's pretty important, and it's all about using electronic gadgets. They're really strict about it to keep things focused and not let everyone get distracted. So, basically, the rule is like this: when we're in class, especially when the teacher's doing their thing, we're not allowed to use our phones, tablets, or any of those personal tech gadgets. They want us to pay attention to what's happening in class and not get sidetracked by texting, scrolling through social media, or whatever. It matters a lot cuz it's also about showing respect in the classroom, you know, to minimize distractions so there are no interruptions. However, you know how indispensable our phones are, so for those students who lack self-control and discipline, they'll use their phones under the teacher's nose. If the teacher finds out, they could get a warning or have their devices confiscated depending on how often they do it. It's all about making sure everyone can learn without any distractions. If you ask me, this rule is somewhat outdated. You know how it is. This generation is internet natives so not being able to use our phones can be quite frustrating. I do believe that the right way is to teach students to use their devices in a responsible way. In a nutshell, this rule about using electronic stuff is a big deal at my school. It's there to help us stay focused on our studies and keep things running smoothly in the classroom, but I don't think it's the best solution.

### Part 3

#### Question 1: What rules should children follow at home in your country?

**解题思路:** 此题为例举题, 需要给出多点论证, 如尊重老年人, 做家务, 努力学习, 用餐礼仪, 举止礼貌等。

#### Sample Answer:

Children in China are typically expected to follow rules that emphasize respect for elders, academic diligence, and responsibility. They should show respect through polite behavior, complete their assigned chores, and prioritize their studies. Mealtime etiquette, you know, good table manners, cleanliness, and time management are also emphasized to instill good habits. These rules help promote discipline, family harmony, and cultural values in Chinese households.

#### Question 2: On what occasions can children be forgiven if they don't follow some rules?

**解题思路:** 此题为例举题, 需要给出多点论证, 如特殊情况, 无心之失。可以给出举例拓展, 但尽量避免提及个人生活, 因为题目问的是 children (in general)。

#### Sample Answer:

Well, they can be forgiven when they make genuine mistakes, or when there are special circumstances. For instance, if they forget a chore because they were busy with schoolwork or had an unexpected event, parents might understand. Likewise, if they accidentally spill something or misbehave due to excitement or curiosity, parents often forgive as long as they learn from the experience. Flexibility and understanding from parents come into play when children show remorse and a willingness to improve.

**Question 3: What rules should people follow when using public transport?**

**解题思路：**此题为例举题，需要给出多点论证，如不要迟到、礼貌让座、避免制造噪音、不乱丢垃圾等。

**Sample Answer:**

When using public transport, I think there are some key rules to keep in mind for a smooth and respectful experience. First off, be punctual - nobody likes waiting for a latecomer. Second, give up your seat to someone in need, like elderly folks or pregnant women. Third, keep the noise down; nobody wants to hear your music blaring. And finally, keep it clean - don't leave your trash behind, be it on a bus or a train. Following these rules definitely helps make the ride better for everyone!

**Question 4: Do you think “rules are made to be broken”?**

**解题思路：**此题为观点态度题，可以进行正反论证。一方面，规则并非绝对，有时在特定情况下可以被忽视或弯曲。这意味着在某些情况下，可能有必要或正当理由来打破规则，尤其是如果这样做有助于实现更大的利益或更高的目标。另一方面，重要的是要认识到规则和法律通常制定是为了建立秩序、确保公平，并促进社会的安全，因此在大多数情况下应该予以尊重和遵守。

**Sample Answer:**

That's a very interesting question! It's fair to say that rules are not absolute and can sometimes be disregarded or bent under certain circumstances. It implies that there are situations where it might be necessary or justifiable to break a rule, especially if doing so serves a greater good or higher purpose. However, it's important to recognize that rules and laws are generally put in place to establish order, ensure fairness, and promote safety in society, and they should be respected and followed in most cases.

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## 好的建议

Describe a piece of good advice that you gave to someone  
You should say:  
Who you gave the advice to  
What the advice was  
Why you gave the advice  
And explain how he/she followed your advice

### Plan your talk:

When it was:  
where you were:  
who you gave the advice to:  
what the advice was:  
why you gave the advice:  
how he/she followed your advice:  
whether it was useful:  
how he/she and you felt about this:

### 教师的解析:

当描述一则给他人的好建议时，雅思口语第二部分需要清晰有条理地呈现以下几个要点：1. 提供建议的背景：开始时，介绍一下你给建议的人以及背景情境。例如，你可以提到你的朋友、同事或家庭成员，以及为什么他们需要建议，这有助于给听众一个上下文。2. 具体的建议：详细描述你给出的建议。这个建议可以涉及到健康、工作、学业、人际关系或任何其他方面。确保你的建议明确、实际可行。3. 为什么给出这个建议：解释为什么你选择了这个建议。这可能是因为你关心对方的幸福，或者因为你有相关的经验或专业知识，可以支持你的建议。4. 建议的结果：说明对方采纳你的建议后的结果。这可以是积极的变化、改善或者更好的生活质量。如果可能的话，可以分享一些具体的例子或经历。5. 你的感受或反思：最后，你可以分享一下你自己的感受或对整个建议过程的反思。这可以使你的描述更真实和有趣。

6 分段参考	
描述背景	share an experience from school life 分享一次学校生活的经历 gave some advice to my classmate 给了一些建议给同学 was struggling with his studies 学习正遇到阻碍 always seemed stressed out 总是很紧张的样子
建议和原因	advised him to manage his time better 建议他更好的管理时间 make a study schedule 做一个学习计划 get help from private tutors 请私教帮忙 take short breaks to stay fresh 短暂休息以保持清醒 he was overwhelmed and falling behind 他压力山大，跟不上 find a way to make things easier 找到一种
结果和感受	followed my advice 遵循了我的建议 seemed less stressed 似乎没那么压力大了 his grades improved 成绩提升了 I was happy to see Mike follow my advice 看到迈克听从了我的建议，我感到高兴

**Sample Answer 1 (6 分段参考):**

Sure, let me share an experience from school life. I gave some advice to my classmate, Mike, who was struggling with his studies and always seemed stressed out.

I advised him to manage his time better. I told him to make a study schedule, get help from private tutors, and take short breaks to stay fresh. I gave him this advice because I could see that he was overwhelmed and falling behind in his classes, and I wanted to help him find a way to make things easier.

Mike followed my advice by creating a study schedule and sticking to it. He also started asking questions when he didn't understand something, and he joined a study group for extra help. Over time, he seemed less stressed, and his grades improved.

I was happy to see Mike follow my advice, and I think it made our school life better because we could enjoy our time at school without constantly worrying about our grades. It reminded me that helping friends can make a big difference in their lives.

7 分段参考	
描述背景	So there was this time 有一次 gave a piece of advice to my close friend, Sarah 我给我的亲近朋友莎拉提了些建议 was going through a tough time at work 在工作中经历了一段困难时期 feeling overwhelmed with her responsibilities 感到工作职责压得她透不过气来
建议和原因	to prioritize self-care 优先关注自我护理 set boundaries 设定一些界限 delegate tasks when possible 在可能的情况下分派任务 not feel guilty about saying no to additional work 不要感到内疚地拒绝额外的工作 maintaining her mental and physical well-being 保持心理和身体健康 was on the verge of burning out 快要累垮自己了 genuinely cared about her health and happiness 真的很关心她的健康和幸福
结果和感受	politely decline some extra tasks 礼貌地拒绝了一些额外的任务 began to feel more in control of her workload 她开始感到对工作负担更有掌控感 even took up some hobbies 甚至尝试了一些爱好 I was really thrilled to witness all these positive changes 我真的为见证了这些积极的变化感到非常高兴

**Sample Answer 2 (7 分段参考):**

So there was this time, I gave a piece of advice to my close friend, Sarah. She was going through a tough time at work, feeling overwhelmed with her responsibilities and struggling to maintain a work-life balance.

The advice I gave her was to prioritize self-care and set boundaries. I told her that it's crucial to take breaks, delegate tasks when possible, and not feel guilty about saying no to additional work when she felt it was too much. I emphasized the importance of maintaining her mental and physical well-being.

I gave her this advice because I could see that she was on the verge of burning out, and I genuinely cared about her health and happiness. I wanted her to understand that taking care of herself was not selfish but necessary for long-term success and happiness.

So later, Sarah followed my advice, and she started to take short breaks during her workday, and politely decline some extra tasks. Over time, she began to feel more in control of her workload and noticed an improvement in her overall well-being. She even took up some hobbies she enjoyed outside of work. So yeah, I was really thrilled to witness all these positive changes.

### Part 3

#### Question 1: Should parents give their children advice?

**解题思路：**这是一道观点类题型。父母应该给他们的孩子建议。这是育儿的重要组成部分，因为它有助于孩子学习、做出明智的决策，并在生活中的各种挑战中提供指导和支持。

#### Sample Answer:

Certainly! Parents should give their children advice. It's an essential part of parenting as it helps children learn, make informed decisions, and navigate life's challenges with guidance and support.

#### Question 2: Should teachers give students advice?

**解题思路：**这是一道观点类题型。教师应该在适当的时候给学生提建议，因为这可以帮助学生在学业和个人生活方面做出更好的决策。然而，建议应该是建设性的、尊重的，并根据每个学生的个人需求和情况量身定制的。

#### Sample Answer:

Yes, teachers should give students advice when appropriate, as it can help students make better decisions, both academically and personally. However, the advice should be constructive, respectful, and tailored to the individual needs and circumstances of each student.

#### Question 3: Is it necessary for us to listen to friends' advice?

**解题思路：**此题为观点题。听取朋友的建议很重要，因为他们通常提供不同的观点和见解，有助于我们做出更好的决策。然而，同样重要的是要批判性地评估他们的建议，并做出与我们自己的价值观和情况相符的选择。

#### Sample Answer:

Yes of course, it's important to listen to friends' advice because they often offer different perspectives and insights that can help us make better decisions. However, it's also crucial to evaluate their advice critically and make choices that align with our own values and circumstances.

#### Question 4: How do people give young people and old people advice?

**解题思路：**这是一道对比类题型。人们通常通过提供指导、分享自己的经验和在年轻人面对生活挑战时提供支持，来给年轻人建议。另一方面，当向年长者提供建议时，人们可能会尊重他们的智慧，同时注意到他们独特的需求和情况。

#### Sample Answer:

Well, on the whole, people give advice to young people by offering guidance, sharing their own experiences, and providing support as they navigate life's challenges. On the other hand, when advising older individuals, people may offer insights based on their own life experiences and show respect for their wisdom, while also being mindful of their unique needs and circumstances.

#### Question 5: What are the areas in which people are more or less willing to accept advice?

**解题思路：**这是一道例举类题型。人们通常更愿意接受在他们缺乏专业知识或经验的领域提供的建议，并认识到指导的价值，比如职业决策、健康问题或财务规划等方面。然而，在他们感到自信和知识丰富的领域，比如个人信仰、爱好或个人风格等方面，他们可能不太愿意接受建议。

#### Sample Answer:

Well, on the whole, people give advice to young people by offering guidance, sharing their own experiences, and providing support as they navigate life's challenges. On the other hand, when advising older individuals, people may offer insights based on their own life experiences and show respect for their wisdom, while also being mindful of their unique needs and circumstances.

**Question 6: Have you received any advice from professional people, like a doctor, a lawyer, or a teacher?**

**解题思路：**这是一道针对个人情况的提问，在第三部分偶尔会出现。可以进行原因、举例、感受拓展。

**Sample Answer:**

Yes just like most people, I've sought advice from professionals, especially doctors and teachers, you know, doctors for healthcare guidance, and teachers for academic advice. However, I've never encountered any legal problems, so I haven't got any professional advice from a lawyer, and I hope I never need one!

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## 有用的广告

Describe a good advertisement that you think is useful  
You should say:  
Where you can see it  
What it shows  
Why you think it is useful  
And explain how you feel about it

### Plan your talk:

What it is for:  
When you first saw it :  
Where you can see it:  
What it shows:  
What does it highlight or feature:  
Why you think it is useful:  
how you feel about it:  
whether you'd buy the product after watching this ad:

### 教师的解析:

广告解析通常包括以下关键元素：广告内容、广告效果、以及你个人的看法和评价。首先，描述广告的内容。包括广告的媒体渠道（例如，电视、社交媒体、广告牌等），广告的主题和核心信息是什么，以及广告所展示的产品或服务是什么。

然后评估广告的效果。这可以涉及广告是否成功地传达了其信息，是否激发了观众的兴趣，以及是否促使观众采取行动（比如购买产品或了解更多信息）。最后，分享你个人对广告的看法和评价。你可以谈论你是否认为广告是有用的，是否吸引了你的注意力，以及是否达到了其目标。

6 分段参考	
描述背景	a good advertisement for an energy drink 关于功能饮料的不错的广告 on billboards in many places 在很多地方的广告牌上 quite eye-catching 挺抢眼的 really impressed with it 印象挺深刻的
广告内容	As far as I can recall 在我的记忆里 shows exciting and daring activities 展示了一些令人兴奋大胆的活动 It features athletes doing incredible things 以运动员做超厉害的活动为特色 highlights the tagline 凸显了口号 can boost your energy 能提升能量
有用原因	inspires people to pursue their passions 激发了人们追求自己的激情 overcome their limits 突破极限 about promoting a lifestyle full of adventures and possibilities 宣传一种充满冒险和可能性的生活方式



**Sample Answer 1 (6 分段参考):**

I'd like to talk about a good advertisement for an energy drink called Red Bull. You can see this advertisement on TV, on the internet, and even on billboards in many places. I remember first seeing it on TV and it was quite eye-catching. I was really impressed with it.

As far as I can recall, this ad shows exciting and daring activities like extreme sports and high-energy events. It features athletes doing incredible things, like jumping from airplanes or performing tricks on skateboards and motorcycles. It also highlights the tagline "Red Bull gives you wings," emphasizing the idea that drinking this energy drink can boost your energy and help you achieve amazing feats.

I believe this advertisement is useful because it inspires people to pursue their passions and overcome their limits. It's about promoting a lifestyle full of adventures and possibilities. That's why I think this Red Bull advertisement is really useful and impactful.

7 分段参考	
描述背景	a remarkable advertisement for a robot cleaner 非常有用的扫地机器人广告 come across this ad on various platforms 在各种平台上看到这个广告 particularly persuasive 尤为有说服力
广告内容	showcases a busy family's chaotic life 展示了一个忙碌的家庭 highlights the struggles they face 突显了他们（在保持家居清洁方面）所面临的困难 is portrayed as a game-changer 被描述为一款改变游戏规则的产品 elegantly glides across the floor 优雅地在地板上滑动 effortlessly picking up dirt 轻松地清理污垢
有用原因	taps into a common problem many households face 触及了许多家庭面临的共同问题 resonates with people 引起了人们的共鸣 can be a valuable addition to a busy household 成为忙碌家庭的宝贵助手

**Sample Answer 2 (7 分段参考):**

I'd like to share a remarkable advertisement for a robot cleaner that I find highly useful. You can come across this ad on various platforms such as TV, YouTube, and social media. Even though I'm not a big fan of commercials, I found this ad particularly persuasive.

This ad showcases a busy family's chaotic life with kids and pets, and it highlights the struggles they face in keeping their home clean. Then, it introduces the robot cleaner, which is portrayed as a game-changer. The robot elegantly glides across the floor, effortlessly picking up dirt and debris while the family enjoys quality time together.

I believe this advertisement is useful because it taps into a common problem many households face and it resonates with people, offering a solution that simplifies their lives.

So as you can imagine, this ad convinced me that the robot cleaner can be a valuable addition to a busy household, helping maintain a clean and tidy environment without sacrificing family time. It's a game-changer, as the ad suggests, and I appreciate how it addresses a real-life issue with a practical solution.

### Part 3

#### Question 1: What do you think of online advertising?

**解题思路：**这是一道观点类题型。现代人受到了在线广告的轰炸。比如，当我们打开一个应用程序时，会弹出广告试图吸引我们的注意。也许从经济角度来看，这是一个积极的发展，但个人而言，我认为这真是一大烦恼。

**Sample Answer:**

it's everywhere! I think modern people are bombarded with online commercials. Like, when we click open an application, there'd be pop-up ads trying to grab our attention. Maybe it's a positive development from an economic perspective, but personally I think it's a pain in the neck.

#### Question 2: Are there any great online advertisements?

**解题思路：**当然，有很棒的在线广告。我脑海中首先浮现出的是泰国的广告。这是一个以创意广告而闻名的国家。在我看来，使一则在线广告引人注目的是悬念，它制造了一种欲望，让消费者想要继续观看，直到他们弄清楚这则广告到底在讲什么。

**Sample Answer:**

Of course there are great online advertisements. The first thing coming to my mind is ads from Thailand. This is a country renowned for its creative advertising. The way I see it, what makes an online advert eye-catching is suspense, creating a desire for potential consumers to keep watching until they find out what this ad is all about.

#### Question 3: What do people usually buy?

**解题思路：**人们通常购买满足他们需求和欲望的产品和服务，从食品和服装等日常必需品到电子产品和娱乐等更专业的物品。

**Sample Answer:**

Wow that's basically everything. People usually buy products and services that fulfill their needs and desires, ranging from everyday necessities like food and clothing to more specialized items like electronics and entertainment.

#### Question 4: Why does buying new things make people happy?

**解题思路：**这是一道原因分析题。购买新东西会让人们感到快乐，因为它通常代表了新奇感和成就感。获得新物品可以满足欲望，提高自尊心，并提供短暂的满足感。

**Sample Answer:**

Why does it make people happy? Well obviously because it often represents a sense of novelty and accomplishment. In other words, acquiring something new can fulfill desires, boost self-esteem, and provide a temporary sense of satisfaction.

#### Question 5: Do people watch useless advertisements in this day and age?

**解题思路：**这是一道事实类题型。在今天，人们越来越有选择性地观看广告。许多人使用广告拦截器，跳过广告，或者简单地忽视不相关或侵入性的广告，更愿意关注对他们更有价值和相关性的内容。

**Sample Answer:**

Why does it make people happy? Well obviously because it often represents a sense of novelty and accomplishment. In other words, acquiring something new can fulfill desires, boost self-esteem, and provide a temporary sense of satisfaction.

**Question 6: Do you think there's too much advertising in our daily lives?**

**解题思路：**这是一道观点类题型。我们的日常生活中确实存在过多的广告。广告可以在电视、广播、社交媒体、广告牌，甚至公共场所找到，引发了关于信息过载和不断的商业信息轰炸的担忧。

**Sample Answer:**

Absolutely, there is indeed an excessive amount of advertising in our daily lives. Advertisements can be found on TV, radio, social media, billboards, and even in public spaces, leading to concerns about information overload and a constant barrage of commercial messages.

