

19 January 2024

January 2024

[1][1 Jan 24]

Yesterday was just fun lot of masti. I have done with friends and I am happy with it...
The speaker from sanket I took and just enjoyed in louder sound..

[19][19 Jan 24]

Chalo yar life toh kya chalati rahegi par isame maja tab hai jab tum strong dedicatedeli kaise banate ho. Apane sath logonko kaise leke chale jate ho.

Consistency n rahane ka karan toh sirf maja na milana hi ho sakata hai.

" Great Power comes with great Responsibility"

How can i Better from yesterday-

- Fijul ki chijon par focus na karo
- Har chij me updated raho , jaise exams.
- Mind - Body care...
- Humbleness Practice
- 100 goshtimadhe thoda thoda time invest karnyapeksha 1ka goshti madhe kela

[15] [15 Jan 24]



[20][20 Jan 24]

Iras pahije bhava.

Progress ka roda tum khud kyun banate ho.

JusMeaning ful things

[24][24 Jan 24]

Me sabse jyada kis chij me accha hun , Body and phisical asthetic Body.
Toh muze specifically me jin areas me achha hun usame muze khudako master karana hai.

Motivation from elon - what the man he works 120 hr a weak and amazing sense of humer and the Ability to see the future.

Previously what I got Bigger thing is

- **Streaks and daywise count of tasks**
- 😊 **Works For Me - Streaks - Count Daily and Plan the trajectory.....**

[25][25 Jan 24]

ka mahit ka pan goshti khup hard watayalyat ani. Je krayache ahe tyavar tar jevadha focus karu ichhito tevadha tar hotach nai ahe.

Something that what I need to bring something that monetize to money.

I think I need to create triggers that....

Trigger 1: Overthinking

	Hey man you are overthinking. Go outside Walk do another thing. You are harming yourself.
--	---

Trigger 2: Wasting time

Life is too short and You have very less time so utilize it very well.

Aisi kya chij muze implement karani chahiye.

- Focus on single thing at a Time\
- **Job Market and company Analysis.**

Goodthings - 1. today I have done well diet with calculated calories.

2. I organized my notes very well way.

[31][31 Jan 24]

Because of my brainly wrong patterns of work and workflow I am getting frustrating today. So affirmed myself I destroyed my Wrong beliefs.

**Mana ki bilkul bhi asan nahi hone wala hai Rasta
Lekin me bhi kacche rasto ka pakka khiladi hun.**

Agar rasta na mile to me khudaka rasta bana leta hun.

The biggest **Lesson** of management is **Discard the Unwanted Work** and Be sticky in love with the Actual work needed to be done. [It's hard to predict at first time but **You hav**

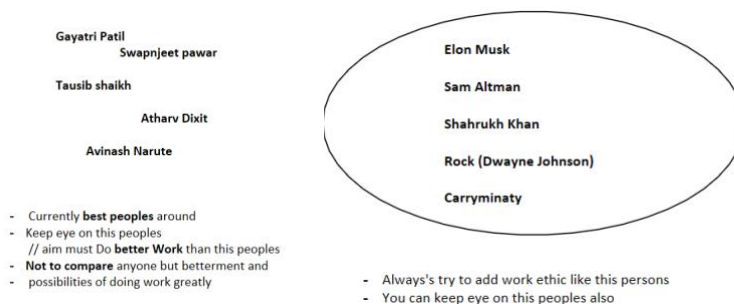
#My Mindset about the Work

- I destroy's myself everytime and make my new Better Version.
- I knew That for doing the great things requires the great mind and I know The first and Last competitor of myself is me.
- Mere jaisa koi kam nahi kar sakata kyunki me apne aap ko pahala aur akhri competitor samazata hun jise hara ke muze har bar , har ghante aage badhana hai.
- Apne commitments ko pura karake hi me dam leta hun, chahe jo ho jaye-chahe kitni bhi lalach mile me kabhi laksh se bhatakana pasand nahi karata.
- Me sabse accha kam karata hun aur mere kam karane ka tarika alag ho sakata hai lekin woh hamesha badhiya aur Efficient hi hota hai

- I knew numbers says everything and I always likes to stay ahead of required numbers in finance or exams or Adding value in peoples life
- Bilkun bhi asan nahi hota koi bhi goal set karo aur jab chahe achieve karo, It's hard but I never give up. I fight, I destroy, I bring new Empire
- I always's work for long run. I discard most of discard most of unnessesary things.

// Aaj me is tarikese kam karoonga, Is tarah se khudako train karoonga ki meri life ka best workday hoga.

Obsevation - Human tendency is to look people around you and behave like him
 -> **You are the avg of 5 peoples around you.**
 -> **Be always you but You must know the great works people doing around you (Rather fucking following to fucking shit's)...**



February 2024

[32][1 Feb 24]

Nothing to say just passing day after days and I am filling slave of the social Media and some platforms.
 Bro but I have to perform bro. thousands of time's I said this line to myself that " Me kisi kam ka nahi
 Bas din bite bite hi ja rahe hai bas ".but it's really time to get command of life. That some thing's handle
 Such that you will no more fill furstrating and anxieus.

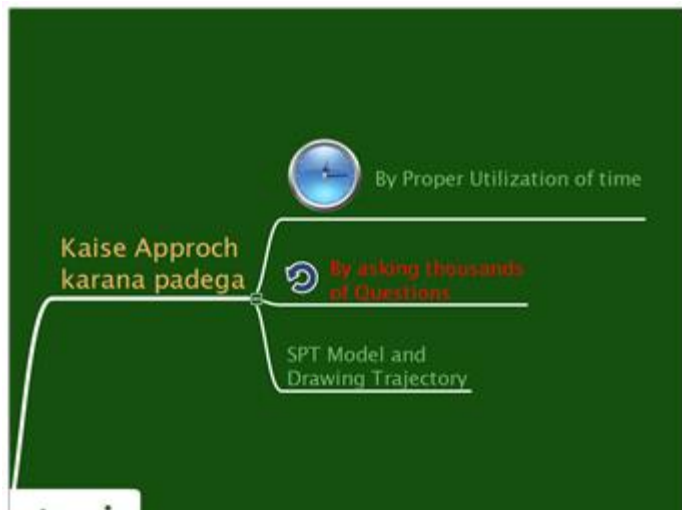
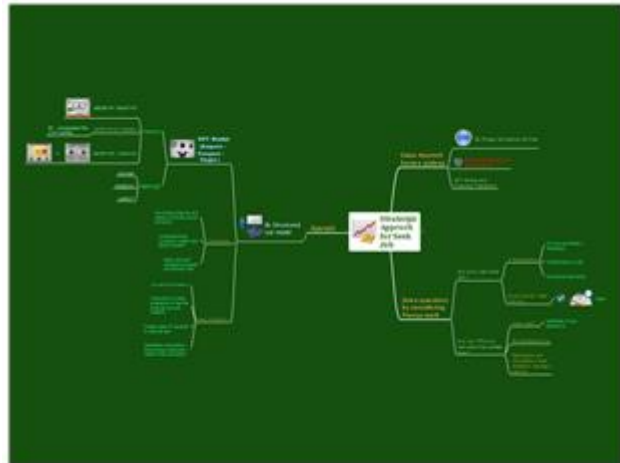
[33][2 Feb 24]

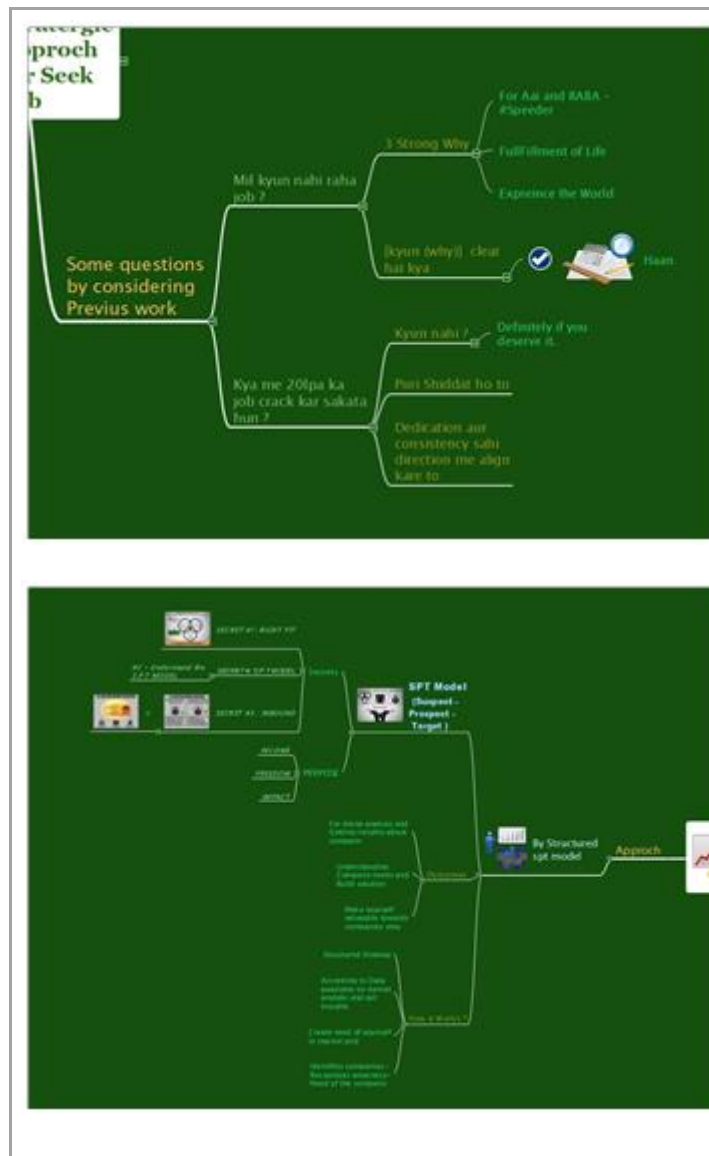
The biggest learning to learn anything Faster and store it well.
Durga sir - " Thoda sa hi content lo lekin uski 3-4 bar revision lo "...

Bhai ye aadmi yar concept ko jabtak clear na tabtak uski revision leta hai. Yar ye mere liye Naya hai dusare teachers se.

[34][6 Feb 24]

I decided to organize myself very well bring myself well structured..... I previusly always Have desire to organize better myself but some how I failed but yeah it's the great teacher again.





[41] [11 Feb 24]

Just amazing day today was. At start of day I was so much furstrating, so I just Mastrubuted. Today lived lot and I fill the word greatly as I wanted. Bas din jike maja aaya.

[Think]

I thought logically that I should think in terms of numbers. And morely Focus on creating wealth and Don't resist myself. Keep myself in trueth and In light. By thinking true, real may harsh or hard to accept but it's nessesary You have to think like that. Numbers, small details, peoples around, population Economy, states , ratio's, comapany count's , maps, turisom. Such thing's I littly explored.

[Purpose]

The real trueth is number's and For get command over the life and achieve Result's. You should have the great command over mind and Asking good and quality Question's. It give's the idea to do what you want. Confidence, Awareness and lot more. #Quality_Way_Of_Thinking. Measure mindly avg not so resistive lot detail.

[What you can Measure/Aakade/Numbers ?] :

Money, performance, productivity, Draw trajectory, Bheed, countries, existance, Clusters, Project track and infinite many more like politics, maths, economy, assets Liabilities, sources, profit's, loss, how to stay 1%, wealth, buiseness, needs, success rate Failure rate, calculated risk, possibility, right question ability, structured.... Overall I am 70% Productive and defitely grown 1% than yesterday...

[Practice s Today][Exercises Aakade]

1. Mene apane andar pucha ki tu kitana % abhi tak sahi/Safal tha. -> andar se avaj aayi 0%
2. Jo shuru kiya voh khatam kiya ?
--> andar se aaya 30% of time
3. How much you have confidence that you will get the things ?
--> upar se 100% tha lekin actual me 10% bhi nahi hai.

// 90% se jyada log toh aisehi definitely soch rahe hai. Toh kya hai tumhare pas + point

4. Bengaluru me kitani it companies hai ?// Search, curiosity. //Mumbai,pune//area comparison
-> 67k
5. Kya probability hai ki tu safal /wealthwise hoga purane approach se ?
--> 5% kyunki sach toh mene kabhi sahi se khudase kaha hi nahi

Tum jo ho usase khudako kam samazo tohi hazaro guna fayade hai. //Batane me bhi.

[3] Think in Numbers - [Real Trueth Akado me Bat]

[Description -

Need- Jabase aage bhadana mene chaha hai lagbhag 90% of time Sirf bakchodi ki hai. Koi saturation nahi, Real me Koi progress nahi (1% se bhi less). Happening just learn new and forget (5 se jyada chijo ke phiche me bhaga hun, apana pura kabhi 1 chij me bhi nahi laga paya) . 20 opportunities ko hath lagaya lekin got 0% achievement. Choosing the right people around me lagbhag 10% I am right.

Bro Believe me it's the just game of number's. Once you master the number's. No more time need to go in top 1%.

Han tuze reality jankar dard, dukh ho sakata hai lekin tu (~50% se jyada) sahi hone ke chances badh jayenge.

Purpose -

- Make the right decisions.
- Adapt Simplicity and things/life simple.
- Know yourself and Strongly stick to reality. Unaffected by society. Unaffet
- Know better world, Ability to learn anything Faster

What you write here :

- **Facts & figures**
- **Bigger picture thing's**
- **Reality vs Fictions**

Day [1] [11 Feb 24] :

As implimenting thinking in number's today itself got great command over mind. The Productivity is 70% more than last 7 day's. Opened surely 60% mind to see the world around I. Definitely 7% ahead as the lastly of 7 day before today. Greatness is not far I Have to just progress 1% daily. I am structured 40% and I have system 20% works automatically. I gone throung concepts financial IQ, and I have definitely low ie. 0%..😓😓.

Day [2] [12 Feb 24] :

95% result's of your live and thoughtprocess will depend on the thought's you hold on top of mind 90%. 100% surely you will get the outputs regarding what you hold in mind. 90% of engineer's are not getting the desired
Wanted Job. 40% + engineer's are unemployed. 90% of people think they have high potential and they better deserve it but they unable to devolope that 10% engineer's have.

Day [3] [13 Feb 24] :

100% surely I spent time with effective time management. Generating good results with Dedication.
Definitely there is huge positive reason because of what I didn't got job...

Day [4] [14 Feb 24] :

If the all india'n peoples urinates for 2 times It will bring 100km River.

Day [5] [15 Feb 24] :

India is 9 times larger in population than America. India have worlds most Yongest youth. Almost 3 times china is
Bigger than india. India is the worlds 4 highest economy.

Day [6] [16 Feb 24] :

If the all indian peoples urinates for 2 times It will bring 100km River. America has almost 7 times high economy
Than india. Clients of prodevance 28. including wipro and banks.

Day [7] [18 Feb 24] :

1700 millioners made in every single day. If you have the great command over the number you will predict the
World and shape the world. Wealth is mindset. And only the rich people know it. Great investment leads to top 1%.

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. .
. .
. .

Day [1] [27 feb 24]

There are 3 lakh chatbots worldwide available as of date.1.5 billion AI-enabled devices in use today.

[42] [12 Feb 24]

Man ke aadhe se jya galat thought's ka karan pet ka sahi tarise kam nahi karana bhi ho sakata hai

Mene aaj lagbhag 20% kam jo socha voh kiya.

Aise samay mme muze jab me 100% productive that jab me 100% kabil that apane man se 100%

Kisi bhi chij phodane me saksham tha aise movements ko yad kar lena chaiye. [jaise paisa double ho jaye]

Vaise result's double hone ki surely possibility badh hi jati hai.

[43] [13 Feb 24]

Me ab ke time me bahut confusion me hun ki aisi kya chije ki jaye jisase wealth banayi ja sake, aur

Atleast first priority survival ke liye me paise bana saku.

Survival ke liye money => [har mahine atleast 35000/- me ghar ko bheju + agar me city me rah raha hun

Toh 7000/- ho mess aur rahane ke liye + 4000/- diet ke liye ho + 5000/- other (including travel and all)

= 51000/- Rs. Tab tum decent sa lifestyle achive kar sakate ho dude.

Tum har subah uthate ho aur usi anxiety ko tumhe har bar deal karana padata hai kya iska koi solution

Nahi ban sakata permanent. Around 10 me se 8 bar atak mene galat decisions le liye hai jab bhi me Anxiety se safar kiya hun.

Ab ke time me aisi timeline me hun jaha par infinite possibilities hai. Aur shayad muzame itana Courage nahi hai ki me unako grab kar saku, ya to asthirta ke karan me unko dekhane me aksham hun.

Lekin muze khudape yakin hai ki jald hi phodunga.

Nothing this writing and anything matter it's matter is how long and deep dive into the thing's that

Really needy.

Aakhir iska bhi dhyan rakhana hoga. [Muze compitition me kitane log hai aur kon kon hai, Unki kya

Capabilities hai, how you are going to beat them]

Fucking thing is that why always's I downfall/drop my mindset / Action's by Comparison and when I get touch of peoples around me.

[44] [14 Feb 24]

At start of day day was so much furstrating I was so much tired because yesterday I slept at very let night 1.45PM.

Today I masturubuted to refresh myself no regrets 😊. But yeah I know there is drop of testosterone levels. Today I started new challenge that commits the less talk more do. " Do track and enjoy 4hours a day".

Effectively. And I am very happy to say 11 Hours today I tracked and enjoyed a lot with very very flexible way

With the quate actual consideration. **"Maja nahi aa raha to chod do, Kyunki chije karate vakt maja aana Jaruri bat hai".**

Previously I never thinked that how can I will get joy of doing tasks. Without dependent on any another

External motivation. I will be happy with the task's that I do in chunk's and Effective management strategies. "Talk less do more dude". ==> You must see only your goal and you must enjoy the journey

I you get it there. Be greatfull and happy if there is any situation. That's what the learning's of the day

Thank's saket your peaceful life and talk surely added huge value in my life and I will be always greatfull for that.

#completed_challenge

✅ Challenge completed --> [4 hr Productive [2day]]

[0] [2 Day] [#Joyful Work][4 hours spent][if there is not joy then Stop there 😊].

[Day 1][14 feb 23]

Goal -



2 Videos of RHCSA [Atleast 2 Clear deeply]

--> **Must cover today's content taught by rudra sir**



Spent 4 hour's of track

[day no][hour no][time][hour activity]

~~Enjoy the work Ethics and Visualize you~~

[1][12 PM to 1 PM][Joy hour]

- {1} { List 3 Song's and Listen one by one and Deep enjoy with it...}
// 1) Mera joota hai japani 2) kale shishe 3) han hun kamina par
- {2} { number addition subtraction } [50% sahi]
-> 10 additions, 10 subtractions // boostup brain // muscle exercise...
@
- {3} { Dive previus data of editing }
--> [song + editing] ==> songrun-> lofi for study

[2][1pm -2PM] { Intake good nutrition }

●



{ Bhojan }

●



3 news videos

// tech, political india, social media

[3][2pm -3PM] { Day 16_Perment_mount patition_overview }

// song-- lofi

●



Choose best one vid rudra / tausif

●



Adding the files of notes provide by rudra to single file

●



Fun with oneNote

[4][3PM - 4PM] [break, Enjoyable practice study hour]



Write complete plan for hour



Break 15 minutes without mobile and laptop //go deep think // extream peace fill



SLEEP FOR 45 MIN // 5PM

[5][4PM- 5PM] [fill form cet vid, starting learning the rhcsa]



Fresh



1 song vid --> Jindagi song //aliya bhatt ka gana



Clear 1 concept of RHCSA

- How to move and copy files

[6][5PM- 6PM] [Enhance speed with RHCSa learning]



One song --> Rama Rama



Timepass



Meal peanut

[7][6PM-7PM][Purchase and bring chicken]



Watch the video posted on group

[8][7PM-8PM]



Fun with directory structure linux



7.20 onwards ==>

- 20 minutes saket --> Explore push pull // today's day
- 30 minutes intense failure exercise.

[9][8PM-9PM]



Dinner



Calls

[10][9PM-10PM][Faster you work you will be able to get more and more results]



Rudra today's teaching ,

[11][10PM-11PM][Leetcode, chill and Peace, speed]



Nutrition yesterday and today



1 video song full see --> jindagi aliya bhatt



Solve leetcode



Leetle selftalk and sleep

[Day 2][15 feb 23]

Goal



2 videos by durga sir JDBC - 2 remaining

--> Explore why to do JDBC

--> Get job with Java , Draw roadmap and stick it to diary [today's date]

// go through



Solve today's Leetcode



Exceed the speed of brain

[1][7AM - 8AM]

{ Good morning start, Hard task's at morning to gain momentum}



Take Bath



1 Vid saket --> neutrition



Break Fast

[2][8Am - 9AM]

{ Create lvm, Learning lvd chap6, Rudra teaching's }



Complete yesterday incomplete videos



Fill bulkup record & add photo in streak bulkup



Solve following question

. Create a logical volume of name "wshare" from a volume group name "wgroup"
physical extents of 16M and logical volume should have size of 50extents. Formate with vfat filesystem and permanently mounted to /mnt/wshare.

[3][9AM - 10AM]

{ Do study}



RHCsa do concepts

- File zipping and extraction in redhat // book take reference and Remain - little unzip that file fname.tar.bz2 and see the result



Bring Oats @9.30AM

[4][11AM - 12AM] { joy, nutrition vids, practive rhcsa }



Enjoy the songs



10 min brake

[5][12PM - 1PM] {

Fun }



Short Story view



Mind speed challenge



Bring Specific Draft roadmap [What Very efficient activities you are going to this weak to bring Bring wealth]

[6][01- 2.00PM -] { Groom, out for office }



Meal at sharp 1PM



Dressup and groom	
<input checked="" type="checkbox"/>	Out and rich office
[7][4.0 - 5.00PM -] {	Deep Questioning }
<input checked="" type="checkbox"/>	2 songs rama rama, duniya banai insano
<input checked="" type="checkbox"/>	Sleep
[8][7-8 PM -] {	Eat chicken, Brain Exersise, leetcode }
<input type="checkbox"/>	
[9][8-9 PM -] {	Exersise }

[46][15 Feb 24]

Mene abtak diary me jitna likha hai. Vah agar technical hota toh me abhi good earning's definitely earn kar raha

Hota. Tum maja le rahe iska matlab yah nahi ki pain tumhare taraf nahi

[47] [16 Feb 24]

Ideas to improve 1% :

- Draw money earning graph till today.
 - saturation thought : aisa bhi ho sakata hai ki tum Dher sara paisa earn karane lge aur achanak se vah 0 ho jaye.
 - Toh ghabarana nahi hai aisa ho sakata hai aur dugani teji se tum earn kr sakate ho.
- Saperate diary like this for technical learning's.
- Speed booster challenge.

Weakest mens are who always stairs at womens and by this by shows animal rather good things.

"Belive You Can You will be There "

- Kabtak apame aap ko kamjor banate rahoge ladkiyon ko tadna band kro take control on yourself.

[49] [18 Feb 24]

Learnings from American millioners and billionaires

- In this era of 2024 you have to innovate with tech, surf the peoples more and more, invest in. Real estate.
- If you have the Mindset you can crack the game and be the top 1%

Steps to gate -

- Do the hard mental gym
- Fucking man you have to think (plan) for the 15 steps ahead of it.

(3) [Mental gym] [Risk Taker , Strong Mind] ==> [21 Day Challenge]

Day 1 :

[1][18 feb 24] [Build the foundation of strong mind]

Set 1: Foundation Building (15 minutes)

1. Visualization Practice (5 mins): Visualize achieving millionaire goals.
2. Goal Setting and Planning (5 mins): Set specific wealth creation goals.
3. Positive Affirmations (5 mins): Repeat success affirmations.

Set 2: Risk-Taking Mindset (20 minutes)

1. Decision-Making Simulation (10 mins): Analyze investment scenarios.
2. Risk Assessment Exercise (5 mins): Evaluate financial risks.
3. Mindfulness and Fear Management (5 mins): Practice confidence-building.

Set 3: Action and Implementation (15 minutes)

1. Action Planning (5 mins): Plan immediate steps towards goals.
2. Implementation Exercise (5 mins): Act on one task from plan.
3. Reflection and Adjustment (5 mins): Review outcomes and adjust.

Set 4: Growth and Expansion (10 minutes)

1. Continuous Learning (5 mins): Learn about wealth creation.
2. Networking and Collaboration (3 mins): Connect with peers.
3. Gratitude and Abundance Mindset (2 mins): Cultivate gratitude and abundance.

[2][20 feb 24] [Risk taker and Challenge the comfort zone]

[Morning 9AM- 10 AM] Highly Risk-Taker Mindset Set (60 minutes)

1. Visualization of Success (10 minutes): Imagine the outcome of a risky venture or decision.
2. Fear Management Practice (10 minutes): Acknowledge fears and practice techniques to manage them.
3. Decision-Making Simulation (15 minutes): Simulate a high-risk decision scenario and make a choice.
4. Reflection and Analysis (15 minutes): Reflect on past risky decisions and analyze outcomes.
5. Challenge Comfort Zones (10 minutes): Set small challenges outside your comfort zone.
6. Goal Setting for Risk-Taking (10 minutes): Set specific goals related to embracing risk.

Review - Great Experience with this technique that I am realizing and filling actual energy. The -ve thought Cycle where wholly vanished. I used triggers for brain activation such like washing hands and legs in shower. Mental energy looks like fully aligned but you have to don't stop keep visualizing power, wealth, health and mental strength.

[2][21 feb 24] [Gratitude, Risk management]

[3][22 feb 24] [Sharp Mindset]

- Set 1 : People giving respect and you are the deserving on

.

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.....

[1] [27 feb 24] [Strong mind]

- Set – 100 of people are in opposite to you and you are one and you have to keep yourself so much strong when they shouting you

[50] [19 Feb 24]

Today is the jayanti of chatrapati shivaji maharaj. I am grateful for his lessons.



Approach In Learning - Whenever you are going to learn Recall Previously done sessions, Content.

[51] [20 Feb 24]

Well practice and Visualization of risk taking, risk management. Just loved the session.

In this 15 day i am going take this steps.

1. Youtube Post 2 videos from Day 51 to day 57.
2. Complete the RHCSA and 1/5th Part of RHCSA

// I got Benifit by this mental gym in risk taking. & Fears.

Idea 💡 - Must do the same for Realization and strong command on talent.

Today I Started SIP investment and invested in HDFC nifty 50 equity index. I have to pay monthly 300 for this sip

Now the next date is 2 April 2023 for the Payout of the sip. I actually allowed to auto debate the money from account

Invested in upstox.

"If you wanted to be great people, stay with great people and be among with great people "

Also today I done mental gym for 60 minutes 4 set's of 15 minutes.

? What if - You have thousands of skills and you are able to learn quickly any skill with 80-100% accuracy and become the master of that skill.

[Step - As a technical engineer should I have the 10 Project's in my hand. [With Great Presentation, Great Grasph over the concepts]

"It's not matter how much you are the Hardworker and what you skill's have Your Approach is to Apply more and more and solving their problems keeping your uniqueness"

"If you index coming information well in brain then you will definitely allowed to be think and memorize bigger and

More context in past with expreinces and also Huge help in future making decisions

Goals Setted

- [51] [20 Feb 24] to [57] [20 Feb 24]
✗
- Youtube Post 2 videos from Day 51 to day 57
- [51] [20 Feb 24] to [62] [2 Mar 24]
✗
- Complete the RHCSA and 1/5th Part of RHCE

[52] [21Feb 24]

Mental energies are going well and good. Huge progress i have seen in recent few day's in mental state, By doing

The brain, Mind gym (visualization's).

I am also good in fullfilling the comments that i made with me. At the end i have to daily progress by 1%. I

Should everytime thank to small small thing's.

"Be gratefull for every small small thing's in your life".

[53] [22 Feb 24]

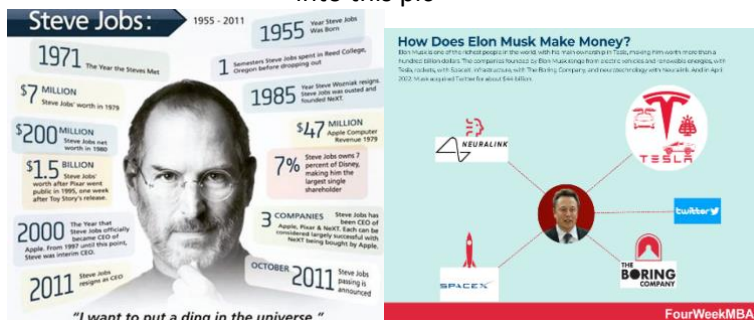
Today i fill little guilty about myself.

I am lacking in Prioritizing the tasks. [I must Prioritize the tasks which actually increase my value] rather

Just give Pleasure.

-> Direction is nessesary for achiving anything in life.

=> If you have doubt how much can anyone achive and limit's then just dive into this pic



[54] [23 feb 24]

"Most of the people leave in their mind thoug's "**Khayali pulav**" so you should have great command over your thoughts and mind.

Banifits of taking risk earlier :

- As you fail more you more you become more stronger

- Your learning's about life definitely higher than anyone else
- Your trajectory of moving goes towards the --> 1% People
- **"Fail more Gain More"**

If you not :

- **Regrets – surely regrets as the time passes**
- **MeaningLess Life**
- **Deadly leaving**
- **Expreincing the materialstic world is far away from you.**

[55] [24 Feb 24]

Today's experience of great visualization of being Elon Musk..

5 min : At start 5 minutes I practiced for gratitude for everything and every small thing around me God's all gifts in my life.

12 min : After that I act as myself as Elon Musk and visualized whole life of Elon by risk taking in finance to 3 launch failure reaction's to become more stronger.

and the thrilling feeling's of taking actions and also leading the huge number of people to work on mission.

[57] [26 Feb 24]

Dude awareness tumko khudame rakhani padegi, past two day's are gone in frustration its normal it happens.

"Remember You have to be more Stronger"

[57] [27 Feb 24]

" For Getting thing's more done, Forget what you have done. Tell the mind you have nothing done and the magic happens do the bulk of work"

[58] [28 Feb 24]

" The emotions and the thoughts are the Programming tools or Programmers of the Character/personality"

[59] [29 Feb 24]

At morning amazing selftalk for 30min I have done today. Great amazing affirmation's I talked and repeated in

Myself it was great experience with it.

Full charged for the day.

"Your Appearance is what your inside is running or your filling's inside"

I failed to fulfill my commitment for goal Creating and uploading the video. Fine let's move ahead realistically

[60] [1 Feb 24] { Redhat Deep Practice with Dedication } # focus, zone Redhat.

"Most Valuable thing in this era is Giving attention to things".

[61][2 Feb 24] { New Born - Forget all past thing's. Bas yanhase acchese start karate hai }

Brainstorm -

How to do anything Effectively and faster.

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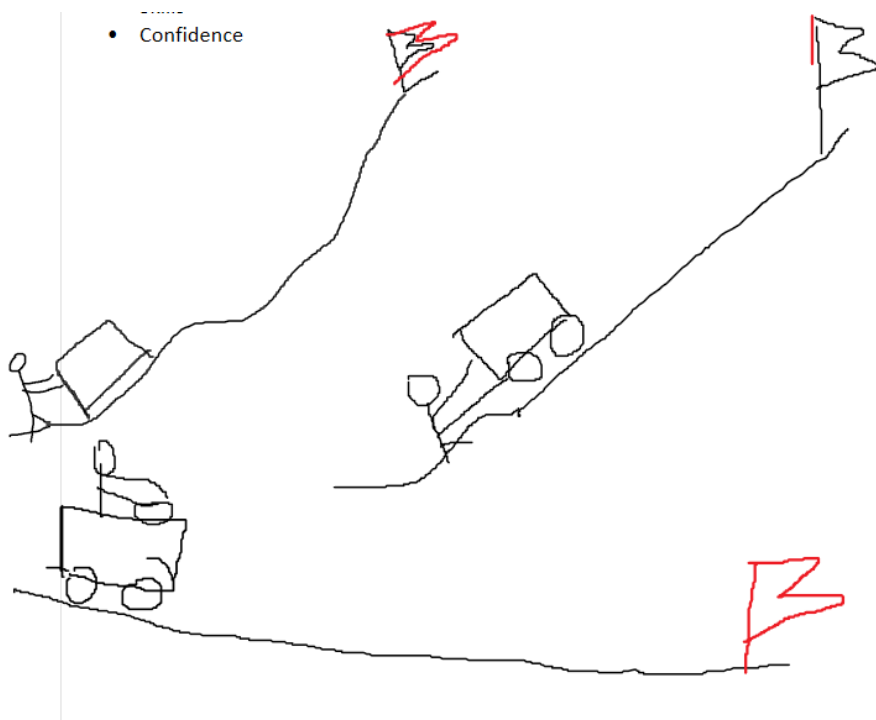
1. Whats the destination
2. Perpose strong why ?
3. Roadmap and conseus tracking
4. Tools to get there [walk, Ride bike, bus]
5. Focusing on details to memorize heading's
6. Impliment Above steps --> You arrived

Effective unforgettable study

1. Listout the headings, take overview of it
2. Think info in branches
3. information to go in detail to Stick information in brain
4. Revise, you have good learning ability

Why i am not earning money ?

- Mindset
- Skills
- Confidence
 - Clicked Hardwork vs Smartwork chart



March 2024

[61][1 Mar 24]

Write mistakes streak

- If you put yourself in burden a lot **"Results chi aai bhain ek hote"**

[Situation] -

Feb 22 la challenge mi set kele hote ki mi 29 feb paryant 2 videos upload karnar Youtube varti parantu Mi ek kshan parantu mi tyantar tya challenge purn karnyasathi ek

Veles hi prayatn kela nahi.

Ulat upload kele nahi karayache ahe mhanun fakt trast jhalo khup veles.

Effect's - yakarne self esteem drop zali mhanu shakto. Tasech manasik tras ani regret

Khup zale.

[Alter]

Yach jagi mi realistic gosht set karay pahije. Arthat hi hotich pan focus manage

Karun ya goshtila chunk madhe divide karun action's ghene garajeche aahe.

[Situation]

The Mindset

Gadhasarkhe kam karnara vyakti na tyala velechi kadar na real world madhe chalalelya kharya

Khurya goshtinche bhan. To swata apalya talat. Aplya duniyet, aply manamadhe bananarya khayali

Pulavamadhech rangat asto. Fajil goshtinchya mage marane. Na present madhe kahi priority set keli ahe clear

Cristal, Fakt monkey mind wishing reality jagane, mental masturbation all the time.

[Alter]

Never follow to anyone blindly. Always try to be calm and at peace. Think realistic and clearly design approach

To do it. Include Hardwork but avoid gadha work.

[Situation]

Swatala fasawane : fuck yourself

Today's incident that I seat just side of sanskruti and lot's of though's are in my mind about all the peoples there

Kedar, rutuja, akshay.

My mind is be like, chalo inse bate kar lete badhiya wali apun kitna smart hai inko dikhate hai. As I am seeing the situation

[Alter]

Tum yar unke group ka pahalese hissa nahi ho, so jahir si baat hai voh itna close nahi samazate. Agar bate karni hai

Toh bindast man me koi dusara gadho vala v4 leke mat karo. Maje ke liye friendship badhane ke liye kar sakate ho lekin ye bhi certain level par recommeded hai.

Instead apane kam par jyada se jyada focus karo. Agar tum apane kam me mahir ho apane kam ko like karate ho / chahe padhai ho toh log respect karenge hi karenge. Aur Dosti ka hath age badhayenge.

No one want's stay with looser. Ye duniya winner ke sath chalana pasand karti hai na ki un logo ke sath jo hare hai, unke man me kuch toh chal raha hai, voh bada change lana chahate hai, Lekin ye khudako hi nahi pahachante.

[Situation]

Reapeating the mistake with teacher

Eye contact with Manoj redhat

Mera pichale kahi dino se Bada hi rude sa behavier yanha najar aa raha hai.

Expectation of respect from manoj. Me apane aap ko achha

Aur badhiya toh dikhana chahata hun unko lekin asamarth hun. Lekin me e attention kyn chahata hun iska koi

Jawab nahi hai mere pas. Aur han tausif sir ke sath bhi aisi hi bakchodi ho rahi hai

Past me Ajit sir jo ki 11th-12th me padha rahe the unke sath bhi mera aisa behavier tha. So yanha jo Achhakhasa

Samay me vyatit kar sakata tha vo attitude aur wrong behavier ke karan voh nahi ho paya.

[Alter]

It's simple tum jo bhi tumhe crazy doubt's vagera man me hai unko rudra, tausif, manoj se pucho aur jyada se jyada pucho tumhari clarity badhegi. Unke sath dosti badhegi, Expreinces share karo. Chahe toh unke path ka, notes ka reference le sakate ho.

[Situation]

Value the time

[Situation]

[Prioritize the task and do it]

- .
- .
- .

[62][2 Mar 24] --> [ Completion of Redhat Theory]

[63][3 Mar 24] -->

Learn about Shambhavi mudra.

5 things you don't have to do

1. Logonke man me kya chal raha hai janane ki koshish mat karo
2. Log tumpar hasenge, unka dharm hai hasana
3. Samay ko katana

[63][4 Mar 24]

Exp

Itana dimag hota toh thodi idhar hote tum.

Tried trigger to enhance brain power by this line by triggering -ve energy to Working energy.

[63][5 Mar 24]

Choose time management

#time_management

goal - what you want is goal.

Goal - Time management crystal technique that suites me.

(do smartwork rather hardwork)

Objectives -

- > No burnout
- > Smooth and Joyfull investment of time
- > Deeper lvl of thinking must be enhanced
- > Productivity
- > Longer run and making it standerd

till worked thing's for me

- 1) pomorodo technique
- 2) write whatever you have done and going to do

Where the time should be spented -

- > 4 hour's of time spent in physical activity and diet and health
- > min 6 hour's focus a day => (1hr Stratergic think and do)

pomorodo-

Q. highly restricted -

Q. where put

Q. Burnout

solution -

MIT_first,

peakFocus_pomo-666_222(4pomo) ,

count by day's

channel :

-> schedule focus not time

-> timebound is imp, strict deadlines

Aman tips

- (Rule of inertia) --> jo kam karana chahate ho vo 5 minute ke liye krlo get momentum
- Focus on making system's and forget goals
- cue [Trigger], make it attractive, make it easy: Response, environment,
- i will study at this time and this location
- healthy competition
- Inertia--> wanted to be what his action's if he is at this time.

Book-when

Channel

Target/treat brain like different muscle group like biceps.

[smile] [Daily Non-negotiable] [Plan at the End]

[Time to Distraction] [Personal Deadlines] [Work in waves]

[64][7 Mar 24]

Today was wonderful day free from thinking peoples and other -ve thing's. I am free from doing Donkey work and I am aligning towards Smartwork and Efficient work.

I should focus on time bounded things doing specific achievable thing's. Think before doing The thing implement in mind first and then actual Implementation that's how the leader's think and work.

[65][8 Mar 24]

Start your willing character performing from your room, own space.

[Professionalism start's from your room, starts from your thinking in alone, what you Talk in Dark]

Ground se bahar ho toh khudako comfortable mat samazo. Tumhe ground me jane se pahale 2 gni training karani hai. Professionalism starts from your bed

[Professionalism not means just act like successful people but Doing everything very well and neat with positive and energetic selftalk.

//It's everything matter

[66][9 Mar 24]

Apne man ko tabtak dekhate raho jabtak vichar 0 na hoja

[67][10 Mar 24]

Lessons from maharshi movie :

Success ka koi full stop nahi hota, Success is an journey.

Harne ka dar ho to jit pakki hogi

" Tum Jo bhi beleive karate ho usapar date raho, Safalata tumhare kadam chumegi"

Dialogue - "Me pahalehi agar iska ans bata deta to muze kya milta boardpar photo aur tarif college me. Muze e nahi chaiye sir. "

--> Tumhari identity tumhare vichar karane ke tarikesi banati hai.

[Exp - 20min visual exercise hard done amazing experience.]

[68] [11 Mar 24]

Morning after bath and Brush.

[20 min as hard as exercise in mind]

Temprary vichar krna chod do, chote vichar man me mat lao. Thing longterm.
Investment of thoughts.

[70] [13 Mar 24]

Secrative --> [Gopiniy] --> Independent Thinking

- Tum jo karane ja rahe ho, Jo karana chahate ho kisi ko mat batao
- Khaskar kya kiya hai, kyun kiya
- Never trust and tell anybody anything your doings and steps towards doings. #desire. (Chahe vo kitana bhi apana ho may blood relational)

Na batane ka matlab yah nahi ki tum kuch chipa rahe ho. Chati thokake kahado ki yah bate me apane bare me bata nahi sakata.

What happens when you know to someone :

- He manuplate you on his own
- Uske liye tumhe switch on switch off karana bohot asan hoga

// Tumhe har bar, har pal lhudke bare me batane ka dil karega ki tumne kya kiya, kyun kiya, but Stop dont say its unusefull and you will get nothing.

// Sell that thing you know at higher prize but it should genuinely contain that much value

Success is not bought it it rent and we have to pay rent every single day.

[71] [14 Mar 24]

Chahe tum zuth hi kyun na bolo vah thidi der bad/immediately sach ho jata hai khudase bate karate samay . Bas thoda fill hona chaiye.

Jaise -

- Me apne andar asmita gaharai ka anubhav kar raha hun
- Ha kshan khup asa hava havasa aahe
- Me bramhand ke kai raj janane laga hun, bramhand muze khud bata raha hai.
- I have strongest will power, and Strong loving ability
- I am filling extreme love, wonderful.
- Me jis bhi jagah par hun woh bahot hi khubsurat aur encouraging hai
- Muze is sanskar ke har ek chote se chode aur bade se bade chiz se pyar hai
- I knew that the person who limiting myself is me.

// Kitni bhi unrealistic khamata just khudako kahado fill karo jaise tum already ho . Dont struggle to do that (kyun vah apne aap ho jata hai bas thodi siddhat honi chahiye bolane me).

Visualize small glimpse-fill good all is yours.

You are broken not poor.

" You will be treated like what you talk "

[75] [15 March 24]

- Thousands of time i reminded that " for reaching destiny you must have roadmap ".

[80] [20 March 24]

Afterwards this disciplinary things.

- Morning 🌅 - Consume 1 podcast in bed [1/2 hour timer]
- Bath - before 9.00Am
- Coding hour - 5-6 pm
- Sleep - Before 11.00 PM

Tomorrow i am going to consume podcast - How to think longterm,
How to see future.

[81] [21 March 24]

37% Americans even if you have job they do side hustle for more money.

[84][24 March 24]

• Jabtak pukhate sabut na ho tabtak apne parchai par bhi vishwas
Mat karo.

Experiment everything see how it really works functions everything you that learn. Know root, backstory....

[26 March 23]

- Great visualization practice. Fill the thing behave like or make movements hand guesures. What you do when you got actually. These really wonderfully shapes the reality.

•

->. Reality me koi bhi chij tabtak nahi ho sakati jabtak dimag me na hui ho.....

Day 1 : [25 March 24] // Prepration start [8]

Day 3 : 27 March 24 [6]

// Just prep starte

Day 5 : 29 March 24

 Day 8 [2 Mar 24]
Interview Day....

April 2024

[5 April 2024]

Agar chije na ho rahi ho toh iska mtlb approach, sochne ka tarika galat hai.

Aisa sochke dekho....

20 min madhe zopun, lolun, maja karun he task co

[Day 101/366] [11th April 2024]

Tip for 1% Enhance --> Use all your Strategys tricks to move forward.

Itana sara rayata dimag me hai. Jaise ki Khub sare subjects ka shayad aadha adhura gyan jiski vajah se muze **Disappoint** ke alava kuch nahi milata.

Agar karana hai kisi shetra me kam to top pe rahana padega aur Us shetra ki gaharai me chijonko explore karana padega.

Han me abhi broken hun lekin poor nahi.

Corrections-

- Ab Ek disciplined routine se kam karuga
- Jitane bhi me strategyc things abatak use ki thi aur usase jo badhiya results aaye the unako doharana aur habbit banane ja raha hun
- Calender me sabhi chije schedules honge

purushnaykude@gmail.com mail for " Goals and Main Events, deadlines "
purushottamnaykude081@gmail.com mails for " Reminders - Routine"

[Day 106/366] [16th April 2024]

Why ?

Its the basic/fundamental of thought process.

// This is the thing that you can't recognised till the time, unconsciously used but always forgoton

- Spend as much time on question till the question solves ?
- Jin batonka koi meaning nahi banata unko simply chodado, na unko jyada chedana hai na apni jyada maravani unke sath rahakar

Constraints -

1. Honesty
2. Perpose should **not be temporary pleasure // check are you seeking temporary pleasure**

[Day 110/366] [20 th April 2024]

Mera khudase jyada se jyada sawal karane ka perpose itana hi hai ki khudato mentaly powerfull banana, Har ek chij ke piche ka sach jan lena.

[Day 111/366] [21th April 2024]

I have implemented timely bounded questioning today and it worked wonderfully.

See asking questions to yourself may or may not get answers from inside. So Enjoy the wonderful process of asking needy wonderful questions.

- Ask question to question and more to firstly explore the question.

[Day 113/366] [23th April 2024]

Why to question?

- To get cristal Clarity.
- To get depth and go beyond.

Its not important that how many questions that you have asked it matter that the quality of the question and depth that you got.

Single question will be drive you in momentum, delta higher realm.

[Day 113/366] [23th April 2024]

Whats important is what value that i bring to the table. Higher the value that i will will put higher i will get paid/earn.

[25 April 24]

Mid of lines. The powerfull insight.

" If you want to be move ahead and get everything you want. Then add more and more value Free in your target customers, make them slave of you and then see the magic. "

// Yes honestly its for the good purpose and intention.

Interview Companies - Showcase them the positivity, Powerful talk great attitude. Stand in front of thoughts one.

- Tell them what they want. Not you want tell. // Relata

It should not be random it should be researched.

Consider yourself as recruiter and put 1000 students in front of your eyes.

[120/366] [30 April 24]

The problems that i am facing in using why are, 1) How to use accurately to thing's 2) Hosh me use karana

Problem Solving Approach :

Problem solve karane ka tarika hai ki Problem ko sabse pahal

Life is what not knowing whats coming.

Bound in time but approach it differently.