

Pediatric physical therapy assists in the management and treatment of conditions related to genetic, neurological, and orthopedic disorders for children ages 0-21.

At Allied Health Solutions, we are passionate about getting children back to play and enabling children to explore the world around them. Parents are an integral part of our therapy team. With thorough coaching and education, parents are empowered to implement therapeutic techniques during their child's daily routines.

We address gross motor, postural, and gait impairments that may result from the following pediatric conditions (this is not a comprehensive list):

- Developmental Delays
- Autism
- Torticollis
- Plagiocephaly
- Cerebral Palsy
- Muscle Weakness
- Balance/Coordination Difficulties
- Orthopedic Injuries/Sports Injuries
- Brachial Plexus Injuries
- Spina Bifida

At Allied Health Solutions, you can expect a family-centered, individualized, and hands-on approach.

- Our assessment and treatment sessions take place in a private treatment room to avoid excess stimulation or distractions for your child.

- At your child's initial assessment, your physical therapist will work with you and your child to determine meaningful goals to work toward as a team.
- Each treatment session will center around implementing strategies and techniques that can also be practiced at home to allow for maximum progress toward meeting your goals.
- Your physical therapist will use techniques to benefit the specific needs of your child, which may include: individualized therapeutic exercises, functional play, therapeutic positioning, myofascial release, soft tissue mobilization, gentle joint mobilization, inhibition of overactive muscles, and facilitation of underactive muscles.