

## Patricia Heimann, PT, DPT

Patricia has a Doctor of Physical Therapy degree from Saint Louis University. She also has a Master of Science in Physical Therapy degree and a Bachelor of Science in Exercise Science degree from Saint Louis University. She has been practicing physical therapy for over a decade. She has worked predominantly in outpatient orthopedic clinics, seeing patients ranging from newborns to geriatrics. Patricia especially loves working with the pediatric population. She is an Early Intervention Certified Provider and also holds direct access certification in the state of Virginia.

Patricia loves the science of physical therapy as a means of empowering individuals with strategies and techniques that will allow them to get back to work and play. For pediatric clients, Patricia is passionate about a parent's integral role in therapy sessions. As a key part of the therapy team, parents are then able to integrate therapeutic techniques into their child's every day activities to maximize improvements in movement and function.

Patricia loves spending time with her husband and four children, whether they are hiking, playing games, reading books, or just hanging out.

## Suggestions For Pediatric Section of Website:

### Pediatrics

Pediatric physical therapy assists in the management and treatment of conditions related to genetic, neurological, and orthopedic disorders for children ages 0-21.

At Allied Health Solutions, we are passionate about getting children back to play and enabling children to explore the world around them. Parents are an integral part of our therapy team. With thorough coaching and education, parents are empowered to implement therapeutic techniques during their child's daily routines.

Pediatric conditions we address include but are not limited to:

- Developmental Delays
- Torticollis
- Plagiocephaly
- Cerebral Palsy
- Muscle Weakness
- Balance/Coordination Difficulties
- Orthopedic Injuries/Sports Injuries
- Brachial Plexus Injuries
- Spina Bifida