

# Regression Analysis

## Regression Analysis in Practice

**Nicoleta Serban, Ph.D.**

*Professor*

Stewart School of Industrial and Systems Engineering

Emergency Department Healthcare  
Costs: Variable Selection

# About This Lesson



# Lasso Regression

```
predictors = as.matrix(dataAdult[, -c(1, 2, 3, 4, 5, 10, 13, 18)])
```

**# Set up indicator (dummy) variables for State and Urbanicity**  
**# Leave out one indicator (dummy) variable for each group**

```
#AL= rep(0, length(State))  
AR = rep(0, length(State))  
LA = rep(0, length(State))  
NC = rep(0, length(State))  
#AL[as.numeric(factor(State))==1] = 1  
AR[as.numeric(factor(State))==2] = 1  
LA[as.numeric(factor(State))==3] = 1  
NC[as.numeric(factor(State))==4] = 1
```

```
#rural = rep(0, length(Urbanicity))  
suburban = rep(0, length(Urbanicity))  
urban = rep(0, length(Urbanicity))  
# rural[as.numeric(factor(Urbanicity))==1] = 1  
suburban[as.numeric(factor(Urbanicity))==2] = 1  
urban[as.numeric(factor(Urbanicity))==3] = 1
```

```
predictors = cbind(predictors, AR, LA, NC, suburban, urban)
```

# Lasso Regression

**## 10-fold CV to find the optimal lambda**

```
lassomodel.cv = cv.glmnet(predictors, log(EDCost.pmpm), alpha=1, nfolds=10)
```

**## Fit lasso model with 100 values for lambda**

```
lassomodel = glmnet(predictors, log(EDCost.pmpm), alpha=1, nlambda=100)
```

**## Plot coefficient paths**

```
plot(lassomodel, xvar="lambda", label=TRUE, lwd=2)  
abline(v=log(lassomodel.cv$lambda.min), col='black', lty=2, lwd=2)
```

**## Extract coefficients at optimal lambda**

```
coef(lassomodel, lassomodel.cv$lambda.min)
```

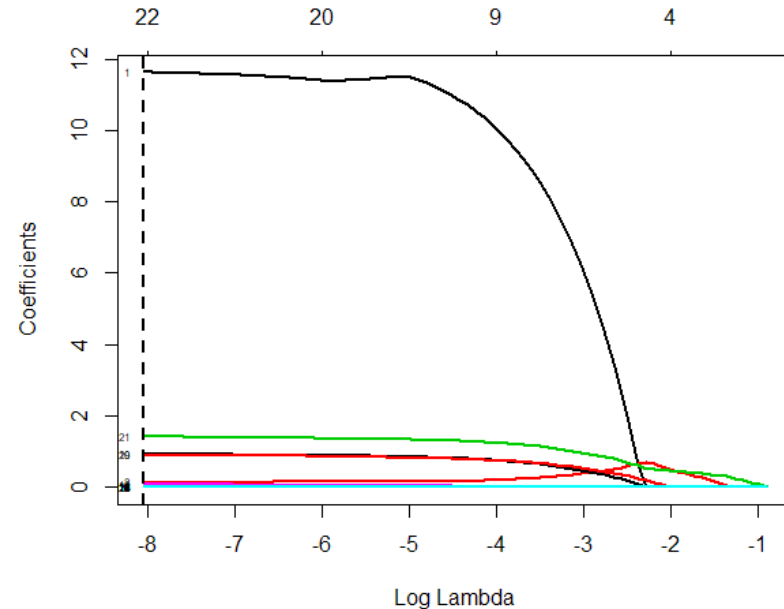
# Lasso Regression

(Intercept)	2.277008e+00
HO	1.162649e+01
PO	1.389343e-01
WhitePop	3.767074e-03
BlackPop	4.246413e-03
HealthyPop	-1.042170e-03
ChronicPop	-5.704991e-03
Unemployment	3.421637e-04
Income	-2.307290e-07
Poverty	-2.383079e-04
Education	-1.451700e-03
Accessibility	-1.831102e-03
Availability	7.664592e-02
RankingsPCP	7.194696e-04
RankingsFood	5.782113e-03
RankingsHousing	-4.587208e-03
RankingsExercise	3.969711e-04
RankingsSocial	.
ProvDensity	5.923880e-02
AR	9.183680e-01
LA	9.027530e-01
NC	1.410464e+00
suburban	-7.302043e-05

High-coefficient path corresponds to *HO* variable

*RankingsSocial* dummy variable is not selected

Other large-coefficient paths correspond to State dummy variables (*AR*, *LA*, *NC*)



# Elastic Net Regression

## ## 10-fold CV to find the optimal lambda

```
enetmodel.cv = cv.glmnet(predictors, log(EDCost.pmpm), alpha=0.5, nfolds=10)
```

## ## Fit lasso model with 100 values for lambda

```
enetmodel = glmnet(predictors, log(EDCost.pmpm), alpha=0.5, nlambda=100)
```

## ## Plot coefficient paths

```
plot(enetmodel, xvar="lambda", label=TRUE, lwd=2)  
abline(v=log(enetmodel.cv$lambda.min), col='black', lty=2, lwd=2)
```

## ## Extract coefficients at optimal lambda

```
coef(enetmodel, s=enetmodel.cv$lambda.min)
```

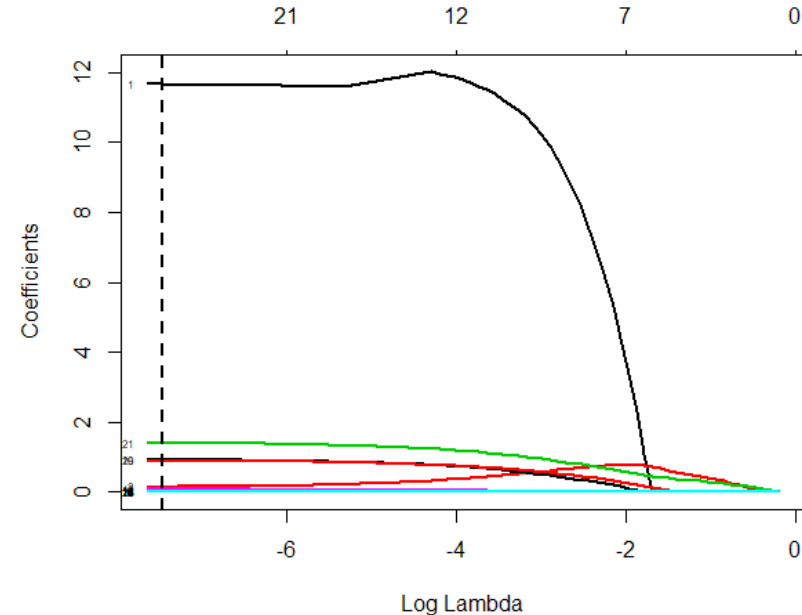
# Elastic Net Regression

(Intercept)	2.288092e+00
HO	1.165709e+01
PO	1.478576e-01
WhitePop	3.688873e-03
BlackPop	4.184739e-03
HealthyPop	-1.170339e-03
ChronicPop	-5.767968e-03
Unemployment	3.568585e-04
Income	-2.361412e-07
Poverty	-2.646852e-04
Education	-1.451879e-03
Accessibility	-1.859399e-03
Availability	7.703073e-02
RankingsPCP	7.168545e-04
RankingsFood	5.944554e-03
RankingsHousing	-4.569033e-03
RankingsExercise	4.221634e-04
RankingsSocial	.
ProvDensity	5.941349e-02
AR	9.140417e-01
LA	8.996673e-01
NC	1.404530e+00
suburban	-3.213212e-04

High-coefficient path corresponds to *HO* variable

*RankingsSocial* dummy variable is not selected

Other large-coefficient paths correspond to State dummy variables (*AR*, *LA*, *NC*)





# Stepwise Regression

```
full = lm(log(EDCost.pmpm) ~ HealthyPop + ChronicPop + State + Urbanicity + HO + PO +  
  BlackPop + WhitePop + Unemployment + Income + Poverty+ Education +  
  Accessibility + Availability + ProvDensity +  
  RankingsPCP + RankingsFood + RankingsExercise + RankingsSocial, data=dataAdult)  
minimum = lm(log(EDCost.pmpm) ~ HealthyPop + ChronicPop, data=dataAdult)
```

## # Forward Stepwise Regression

```
forward.model = step(minimum, scope=list(lower=minimum, upper=full), direction="forward")  
summary(forward.model)
```

## # Backward Stepwise Regression

```
backward.model = step(full, scope=list(lower=minimum, upper=full), direction = "backward")  
summary(backward.model)
```

## # Forward-Backward Stepwise Regression

```
both.min.model = step(minimum, scope=list(lower=minimum, upper=full), direction = "both")  
summary(both.min.model)
```



# Stepwise Regression

## Observations

- Variables not selected:
  - *Unemployment, Income, Poverty, RankingExercise, RankingsSocial*
- *Urbanicity* was not statistically significant
- Variables selected first by forward stepwise regression, in order
  - State dummy variables (*StateAR, StateLA, StateNC*)
  - Number of inpatient claims per-member-per-month

# Stepwise Regression Model

	Estimate	Std. Error	t value	Pr(> t )	
(Intercept)	2.0271089	0.0995378	20.365	< 2e-16	***
HealthyPop	-0.0005092	0.0007837	-0.650	0.515917	
ChronicPop	-0.0051250	0.0020252	-2.531	0.011418	*
StateAR	0.9324593	0.0155667	59.901	< 2e-16	***
StateLA	0.9003846	0.0118631	75.898	< 2e-16	***
StateNC	1.4268425	0.0157605	90.533	< 2e-16	***
HO	12.0476486	0.7237072	16.647	< 2e-16	***
Education	-0.0016689	0.0002312	-7.218	6.08e-13	***
ProvDensity	0.0605923	0.0156154	3.880	0.000106	***
RankingsPCP	0.0007885	0.0001577	5.000	5.94e-07	***
Availability	0.0756249	0.0191618	3.947	8.03e-05	***
Accessibility	-0.0019930	0.0007001	-2.847	0.004433	**
PO	0.1232428	0.0406869	3.029	0.002466	**
UrbanicitySuburban	-0.0017746	0.0136754	-0.130	0.896758	
UrbanicityUrban	0.0226383	0.0124409	1.820	0.068870	
BlackPop	0.0050790	0.0005596	9.076	< 2e-16	***
WhitePop	0.0046371	0.0005522	8.398	< 2e-16	***
RankingsFood	0.0158764	0.0040770	3.894	9.98e-05	***
---					
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1					

Residual standard error: 0.2322 on 5001 degrees of freedom  
 Multiple R-squared: 0.8483, Adjusted R-squared: 0.8478  
 F-statistic: 1645 on 17 and 5001 DF, p-value: < 2.2e-16

Both models explain the same amount of variance (about 84%). Prefer the smaller model.

*Urbanicity* is not statistically significant at  $\alpha = 0.05$ .

Access to primary care (*Accessibility* and *Availability*) is statistically significantly associated to ED cost.

# Stepwise Regression Vs Full Models

## ## Compare full model to selected model

```
reg.step = lm(log(EDCost.pmpm) ~ HealthyPop + ChronicPop + State + Urbanicity + HO  
+ PO + BlackPop + WhitePop + Education + Accessibility + Availability  
+ ProvDensity + RankingsPCP + RankingsFood, data=dataAdult)
```

```
anova(reg.step, full)
```

	Res.Df	RSS	Df	Sum of Sq	F	Pr(>F)
1	5001	269.56				
2	4996	269.46	5	0.10406	0.3859	0.8588

- P-value large
  - Do not reject the null hypothesis (reduced model)
- The reduced model is plausibly as good in terms of explanatory power as the full model

# Residual Analysis: Outliers & Normality

```
red.resid = rstandard(reg.step)
red.cook = cooks.distance(reg.step)
```

## ## Check outliers

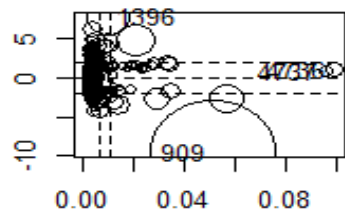
```
influencePlot(reg.step)
plot(red.cook, type="h", lwd=3, col="red", ylab = "Cook's Distance")
```

## ## Check normality

```
qqPlot(red.resid, ylab="Residuals", main = "")
qqline(red.resid, col="red", lwd=2)
hist(red.resid, xlab="Residuals", main = "", nclass=30, col="orange")
```

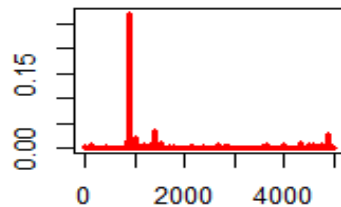
# Residual Analysis: Outliers & Normality

Studentized Residuals



Hat-Values

Cook's Distance

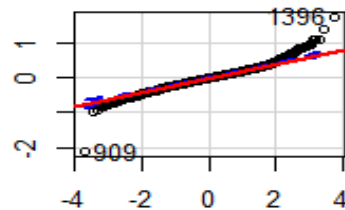


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## Outliers

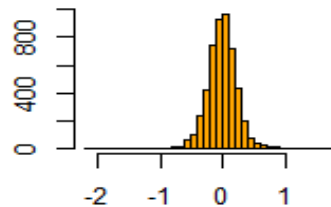
Observation 909 stands out

Residuals



norm quantiles

Frequency



Residuals

## Normality

Symmetric but with heavy tails



# Removing Outlier?

## Regression Output: With Outlier

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	2.0271089	0.0995378	20.365	< 2e-16
HealthyPop	-0.0005092	0.0007837	-0.650	0.515917
ChronicPop	-0.0051250	0.0020252	-2.531	0.011418
StateAR	0.9324593	0.0155667	59.901	< 2e-16
StateLA	0.9003846	0.0118631	75.898	< 2e-16
StateNC	1.4268425	0.0157605	90.533	< 2e-16
UrbanicitySuburban	-0.0017746	0.0136754	-0.130	0.896758
UrbanicityUrban	0.0226383	0.0124409	1.820	0.068870
HO	12.0476486	0.7237072	16.647	< 2e-16
PO	0.1232428	0.0406869	3.029	0.002466
BlackPop	0.0050790	0.0005596	9.076	< 2e-16
WhitePop	0.0046371	0.0005522	8.398	< 2e-16
Education	-0.0016689	0.0002312	-7.218	6.08e-13
Accessibility	-0.0019930	0.0007001	-2.847	0.004433
Availability	0.0756249	0.0191618	3.947	8.03e-05
ProvDensity	0.0605923	0.0156154	3.880	0.000106
RankingsPCP	0.0007885	0.0001577	5.000	5.94e-07
RankingsFood	0.0158764	0.0040770	3.894	9.98e-05

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1

Residual standard error: 0.2322 on 5001 degrees of freedom  
Multiple R-squared: 0.8483, Adjusted R-squared: 0.8478

## Regression Output: Without Outlier

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	1.9356344	0.0991296	19.526	< 2e-16
HealthyPop	0.0003798	0.0007824	0.485	0.627430
ChronicPop	-0.0010849	0.0020519	-0.529	0.597031
StateAR	0.9379139	0.0154403	60.745	< 2e-16
StateLA	0.8989533	0.0117596	76.444	< 2e-16
StateNC	1.4282364	0.0156224	91.422	< 2e-16
UrbanicitySuburban	-0.0006647	0.0135555	-0.049	0.960895
UrbanicityUrban	0.0222961	0.0123314	1.808	0.070654
HO	11.5397384	0.7193214	16.043	< 2e-16
PO	0.1338608	0.0403440	3.318	0.000913
BlackPop	0.0050502	0.0005547	9.105	< 2e-16
WhitePop	0.0044178	0.0005478	8.064	9.14e-16
Education	-0.0017147	0.0002292	-7.480	8.72e-14
Accessibility	-0.0018658	0.0006940	-2.688	0.007205
Availability	0.0755848	0.0189930	3.980	7.00e-05
ProvDensity	0.0654339	0.0154862	4.225	2.43e-05
RankingsPCP	0.0007560	0.0001564	4.835	1.37e-06
RankingsFood	0.0162198	0.0040412	4.014	6.07e-05

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1

Residual standard error: 0.2301 on 5000 degrees of freedom  
Multiple R-squared: 0.8504, Adjusted R-squared: 0.8499

# Model Interpretation: State Differences

## Comparing 2011 ED Costs by Location (AL, AR, LA, and NC)

- Controlling for utilization, access, and socioeconomics
  - In AR versus AL
    - ED cost PMPM is  $\exp(0.938) = \$2.55$  higher
    - ED cost per member per year is \$30.65 higher
  - In LA versus AL
    - ED cost PMPM is  $\exp(0.899) = \$2.46$  higher
    - ED cost per member per year is \$29.49 higher
  - In NC versus AL
    - ED cost PMPM is  $\exp(1.428) = \$4.17$  higher
    - ED cost per member per year is \$50.04 higher

**Overall Interpretation:** Controlling for many potential factors contributing to ED costs, North Carolina pays significantly more while Alabama pays significantly less per member on emergency care than do Louisiana and Arkansas.



# Model Interpretation: Utilization

## Healthcare Utilization

- *PO*
  - Proxy of regular care utilization
  - Number of claims reimbursed for care in a physician's office
- *HO*
  - Proxy of inpatient care utilization
  - Number of claims reimbursed for hospital care

## Interpretation

- An increase of 1 claim PMPM for regular care results in a 0.133 increase in log of ED cost PMPM, given all other predictors fixed
- An increase of 1 claim PMPM for inpatient care results in a 11.54 increase in log of ED cost PMPM, given all other predictors fixed

# Model Interpretation: Access to Care

## Access to primary care

- *Availability*
  - Proxy of wait times for appointment
  - Takes values between 0 (low wait time) and 1 (high wait time)
- *Accessibility*
  - Travel distance to primary care providers, measured in miles

## Interpretation

- An increase of 0.01 or 1% in lack of availability of primary care providers results in 0.000755 unit increase in log(ED cost PMPM) given all other predictors fixed
- A reduction of 1 mile in travel distance to primary care providers results in 0.002 unit increase in log(ED cost PMPM) given all other predictors fixed
- The correlation between the two measures is 0.696. If *Availability* is discarded from the model, *Accessibility* is not statistically significant.

# Summary

