



Lansdowne

Children's Centre Foundation

About Us

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We now offer Camp & Recreation (CARE)

WHAT IS CAMP AND RECREATION?

CARE provides multiple evening, Saturday, and P.A. Day programs each month from September through June, as well as one week of March Break camp. In July and August, CARE offers multiple weeks of Summer Camp. In all CARE programs, clients are paired with Support Workers who provide individualized support and encourage successful participation. Programs take place at Lansdowne Children's Centre and within the community.

CARE programs promote diverse and viable goals. These include independence and personal growth, development and discovery of new skills and interests, social opportunities with other program participants, and relationship building with Support Workers.

CARE provides a supportive, safe and inclusive environment where children and youth can participate in hands on, meaningful experiences. As a Recreation program, we provide engaging opportunities to explore and experiment with the world around us and participate in our community.



Therapeutic Recreation (TR)

WHAT IS THERAPEUTIC RECREATION?

Therapeutic Recreation (TR) services are thoughtfully designed to develop and facilitate individual goals, adding to a participant's capacity for enjoyment, through engagement in leisure activity.

TR SERVICES FOCUS ON OPPORTUNITIES TO:

- Strengthen skills necessary for participation
- Discover and build upon personal interests
- Increase social skills/opportunity
- Maximize independence
- Foster community involvement

“Lansdowne Children's Centre has made a huge difference for our son. We are so grateful for the dedicated staff and services he has received from the Centre for the past 5 years. Thank you for a job well done!”

-PARENT TESTIMONIAL

MEMBER PORTAL

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