|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Iteration number | Variable | Coefficient | P value | CI |  |
| 1 | Sex | 0,1761 | 0,681 | -0,676 | 1,028 |
|  | Age | -0,0009 | 0,45 | -0,003 | 0,001 |
|  | Efisiensi Kebiasaan Tidur | -0,1247 | 0,687 | 0,741 | 0,491 |
|  | Sleep Latency | -0,3027 | 0,194 | 0,764 | 0,158 |
|  | Sleep Duration | -0,0347 | 0,908 | 0,634 | 0,565 |
|  | Sleep Disorder | -0,2351 | 0,001 | -0,363 | -0,107 |
|  | Konsumsi Obat Tidur | 0,6173 | 0,342 | -0,671 | 1,905 |
|  | Gangguan Tidur pada Siang Hari | 0,1109 | 0,717 | -0,497 | 0,719 |
|  | Kualitas Tidur Subjektif | 0,0028 | 0,995 | -0,846 | 0,852 |
|  | Constant | 11,9055 | 0,196 | -6,278 | 30,089 |
| 2 | Sex | 0,1756 | 0,674 | -0,655 | 1,006 |
|  | Age | -0,0009 | 0,447 | -0,003 | 0,001 |
|  | Efisiensi Kebiasaan Tidur | -0,1252 | 0,674 | -0,716 | 0,466 |
|  | Sleep Latency | -0,3028 | 0,19 | -0,759 | 0,154 |
|  | Sleep Duration | -0,0337 | 0,899 | -0,561 | 0,494 |
|  | Sleep Disorder | -0,235 | 0 | -0,362 | -0,108 |
|  | Konsumsi Obat Tidur | 0,6175 | 0,337 | -0,658 | 1,893 |
|  | Gangguan Tidur pada Siang Hari | 0,115 | 0,703 | -0,471 | 0,694 |
|  | Constant | 11,9092 | 0,191 | -6,097 | 29,915 |
| 3 | Sex | 0,1704 | 0,68 | -0,65 | 0,991 |
|  | Age | -0,0009 | 0,441 | -0,003 | 0,001 |
|  | Efisiensi Kebiasaan Tidur | -0,146 | 0,554 | -0,636 | 0,344 |
|  | Sleep Latency | -0,3011 | 0,188 | -0,753 | 0,151 |
|  | Sleep Disorder | -0,2349 | 0 | -0,361 | -0,109 |
|  | Konsumsi Obat Tidur | 0,6175 | 0,334 | -0,648 | 1,883 |
|  | Gangguan Tidur pada Siang Hari | 0,1047 | 0,714 | -0,463 | 0,673 |
|  | Constant | 11,9135 | 0,188 | -5,955 | 29,782 |
| 4 | Sex | 0,1513 | 0,71 | -0,657 | 0,96 |
|  | Age | -0,0008 | 0,472 | -0,0003 | 0,001 |
|  | Efisiensi Kebiasaan Tidur | -0,1578 | 0,516 | -0,641 | 0,325 |
|  | Sleep Latency | -0,2847 | 0,201 | -0,752 | 0,156 |
|  | Sleep Disorder | -0,2292 | 0 | -0,351 | -0,108 |
|  | Konsumsi Obat Tidur | 0,6222 | 0,327 | -0,635 | 1,879 |
|  | Constant | 11,3662 | 0,199 | -6,137 | 28,869 |
| 5 | Age | -0,0008 | 0,477 | -0,003 | 0,001 |
|  | Efisiensi Kebiasaan Tidur | -0,1412 | 0,552 | -0,613 | 0,33 |
|  | Sleep Latency | -0,2926 | 0,185 | -0,728 | 0,143 |
|  | Sleep Disorder | -0,233 | 0 | -0,352 | -0,114 |
|  | Konsumsi Obat Tidur | 0,6778 | 0,269 | -0,536 | 1,891 |
|  | Constant | 11,3229 | 0,198 | -6,064 | 28,71 |
| 6 | Age | -0,0008 | 0,487 | -0,003 | 0,001 |
|  | Sleep Latency | -0,3119 | -1,451 | -0,74 | 0,117 |
|  | Sleep Disorder | -0,2292 | -3,885 | -0,347 | -0,112 |
|  | Konsumsi Obat Tidur | 0,7187 | 1,194 | -0,481 | 1,919 |
|  | Constant | 11,1075 | 0,204 | -6,18 | 28,395 |
| 7 | Sleep Latency | -0,337 | 0,115 | -0,758 | 0,084 |
|  | Sleep Disorder | -0,2352 | 0 | -0,351 | -0,119 |
|  | Konsumsi Obat Tidur | 0,7308 | 0,227 | -0,464 | 1,926 |
|  | Constant | 5,0516 | 0 | 4,353 | 5,75 |
| 8 | Sleep Latency | -0,2945 | 0,163 | -0,711 | 0,122 |
|  | Sleep Disorder | -0,2213 | 0 | -0,335 | -0,107 |
|  | Constant | 5,0021 | 0 | 4,306 | 5,698 |
| 9 | Sleep Disorder | -0,242 | 0 | -0,353 | -0,131 |
|  | Constant | 4,7245 | 0 | 4,146 | 5,303 |