



Essential Menu

Deliciously Yours, Everyday!

Essential	Flexitarian			Pro Flexitarian/ Vegetarian		
	22 Days	26 Days	30 Days	22 Days	26 Days	30 Days
BreakFast	110	130	150	154	182	210
Tiffin Lunch	176	208	240	176	208	240
Lunch	154	182	210	198	234	270
Dinner	154	182	210	198	234	270
Early Breakfast	154	182	210	198	234	270
BreakFast + Tiffin Lunch	220	260	300	330	390	450
Breakfast + Lunch	264	312	360	330	390	450
Breakfast + Dinner	264	312	360	330	390	450
Lunch + Dinner	286	338	390	374	442	510
Tiffin Lunch + Dinner	286	338	390	352	416	480
Dinner + Early Breakfast	286	338	390	352	416	480
BreakFast + Tiffin Lunch + Dinner	352	416	480	484	572	660
Breakfast + Lunch + Dinner	352	416	480	506	598	690

Corporate or Group with minimum 5 members

Halawh Alkhyrat Cafe L.L.C. Kitchen 13
MC2 Kitchen Park, Evershine Gardens,
Arjan, Dubai, UAE.

We are just, a call away!

056 9009 143

Essential FLEXITARIAN

DAYS	BREAKFAST	TIFFIN LUNCH	LUNCH	DINNER	EARLY BREAKFAST
MONDAY	EF BF001 • Idiyappam • Veg Stew	EF TL001 • Lemon Rice • Aloo Jeera • Gravy	EF L001 • Ghee Rice • Soya Chunks Curry • Vinegar Salad • Pickle	EF D001 • Chapati • Chicken Sukka	EF EBF001 • Idiyappam • Egg Curry
TUESDAY	EF BF002 • Porotta • Sabzi	EF TL002 • Chicken Pulao • Pickle • Raitha	EF L002/3 • Barik/Motta • Fish Curry • Side Curry • Papad • Pickle • Upperi	EF D002 • Porotta • Chicken Var-tharachath	EF EBF002 • Porotta • Sausage Roast
WEDNESDAY	EF BF003 • Uttappam • Sambar • Chutney	EF TL003 • Jeera Rice • Potato Dry Fry • Gravy	EF L004 • Egg Biryani • Vinegar Salad • Pickle	EF D003 • Porotta • Green Peas Kurma	EF EBF003 • Chapati • White Chick Peas Curry
THURSDAY	EF BF004 • Steamed Rice Cake (Puttu) • Black Chana Curry	EF TL004 • Chicken Fried Rice • Egg Slice • Chilli Vinegar	EF L002/3 • Barik/Motta • Fish Curry • Side Curry • Papad • Pickle • Upperi	EF D004 • Chapati • Sausage Roast	EF EBF004 • Wheat Porotta • Red Chicken Curry
FRIDAY	EF BF005 • Dosa • Sambar • Chutney	EF TL005 • Veg Maqluba • Fried Potato • Tomato Chutney	EF L005 • Chicken Biryani • Vinegar Salad • Pickle	EF D005 • Porotta • Chicken Chick Peas Curry	EF EBF005 • Aloo Paratha • Curd • Chilli
SATURDAY	EF BF006 • Upma • Sambar	EF TL006 • Chicken Biryani • Pickle • Raitha	EF L002/3 • Barik/Motta • Fish Curry • Side Curry • Papad • Pickle • Upperi	EF D006 • Ghee Rice • Beef Curry • Pickle	EF EBF006 • Upma • Banana • Sugar
SUNDAY	EF BF007 • Idli • Sambar • Chutney	EF TL007 • Vegetable Biryani • Pickle • Vinegar Salad	EF L006 • Chicken Mandi • Tomato Salsa • Pickle	EF D007 • Porotta • Egg Curry	EF EBF007 • Porotta • Chicken Masala Curry



Essential

PRO FLEXITARIAN

DAYS	BREAKFAST	TIFFIN LUNCH	LUNCH	DINNER	EARLY BREAKFAST
MONDAY	EPF BF001 <ul style="list-style-type: none">• Chapati• Veg Stew	EPF TL001 <ul style="list-style-type: none">• Lemon Rice• Aloo Jeera• Gravy	EPF L001 <ul style="list-style-type: none">• Ghee Rice• Soya Chunks Curry• Vinegar Salad• Pickle	EPF D001 <ul style="list-style-type: none">• Chapati• Chicken Sukka	EPF EBF001 <ul style="list-style-type: none">• Idiyappam• Egg Curry
TUESDAY	EPF BF002 <ul style="list-style-type: none">• Porotta• Sabzi	EPF TL002 <ul style="list-style-type: none">• Chicken Pulao• Pickle• Raitha	EPF L002/3/4 <ul style="list-style-type: none">• Barik/Motta/Chapati• Red Chicken Curry• Side Curry• Papad · Pickle• Upperi	EPF D002 <ul style="list-style-type: none">• Porotta• Soya Roast• Dal	EPF EBF002 <ul style="list-style-type: none">• Porotta• Sausage Roast
WEDNESDAY	EPF BF003 <ul style="list-style-type: none">• Chapati• Potato Bhaji	EPF TL003 <ul style="list-style-type: none">• Jeera Rice• Potato Dry Fry• Gravy	EPF L005 <ul style="list-style-type: none">• Egg Biryani• Vinegar Salad• Pickle	EPF D003 <ul style="list-style-type: none">• Wheat Porotta• Chicken Masala Curry	EPF EBF003 <ul style="list-style-type: none">• Chapati• White Chick Peas Curry
THURSDAY	EPF BF004 <ul style="list-style-type: none">• Wheat Porotta• Black Chana Curry	EPF TL004 <ul style="list-style-type: none">• Chicken Fried Rice• Egg Slice• Chilli Vinegar	EPF L006/7/8 <ul style="list-style-type: none">• Barik/Motta/Chapati• Veg Curry• Side Curry• Papad · Pickle• Upperi	EPF D004 <ul style="list-style-type: none">• Chapati• Veg Kadai	EPF EBF004 <ul style="list-style-type: none">• Wheat Porotta• Red Chicken Curry
FRIDAY	EPF BF005 <ul style="list-style-type: none">• Aloo Paratha• Curd• Pickle	EPF TL005 <ul style="list-style-type: none">• Veg Maqluba• Fried Potato• Tomato Chutney	EPF L009 <ul style="list-style-type: none">• Chicken Biryani• Vinegar Salad• Pickle	EPF D005 <ul style="list-style-type: none">• Porotta• Veg Kadai	EPF EBF005 <ul style="list-style-type: none">• Aloo Paratha• Curd• Chilli
SATURDAY	EPF BF006 <ul style="list-style-type: none">• Semiya Upma• Soya Roast	EPF TL006 <ul style="list-style-type: none">• Chicken Biryani• Pickle• Raitha	EPF L002/3/4 <ul style="list-style-type: none">• Barik/Motta/Chapati• Red Chicken Curry• Side Curry• Papad · Pickle• Upperi	EPF D006 <ul style="list-style-type: none">• Ghee Rice• Mushroom Masala• Pickle• Dal	EPF EBF006 <ul style="list-style-type: none">• Upma• Banana• Sugar
SUNDAY	EPF BF007 <ul style="list-style-type: none">• Porotta• Aloo Mutter	EPF TL007 <ul style="list-style-type: none">• Vegetable Biryani• Pickle• Vinegar Salad	EPF L010 <ul style="list-style-type: none">• Chicken Mandi• Tomato Salsa• Pickle	EPF D007 <ul style="list-style-type: none">• Chapati• Chicken Chettinad	EPF EBF007 <ul style="list-style-type: none">• Porotta• Chicken Masala Curry

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Essential

VEGETARIAN

DAYS	BREAKFAST	TIFFIN LUNCH	LUNCH	DINNER	EARLY BREAKFAST
MONDAY	EV BF001 • Chapati • Veg Stew	EV TL001 • Lemon Rice • Aloo Jeera • Gravy	EV L001 • Ghee Rice • Soya Chunks Curry • Vinegar Salad • Pickle	EV D001 • Chapati • Paneer Butter Masala	EV EBF001 • Idiyappam • Green Peas Curry
TUESDAY	EV BF002 • Porotta • Sabzi	EV TL002 • Veg Pulao • Potato Masala • Pickle • Raitha	EV L002/3/4 • Barik/Motta/Chapati • Veg Curry • Side Curry • Papad • Pickle • Upperi	EV D002 • Porotta • Soya Roast • Dal	EV EBF002 • Porotta • Sabzi
WEDNESDAY	EV BF003 • Chapati • Potato Bhaji	EV TL003 • Jeera Rice • Potato Dry Fry • Gravy	EV L005 • Veg Biryani • Vinegar Salad • Pickle	EV D003 • Wheat Porotta • Green Peas Kurma	EV EBF003 • Chapati • White Chick Peas Curry
THURSDAY	EV BF004 • Wheat Porotta • Black Chana Curry	EV TL004 • Veg Fried Rice • Chilli Vinegar	EV L002/3/4 • Barik/Motta/Chapati • Veg Curry • Side Curry • Papad • Pickle • Upperi	EV D004 • Porotta • Veg Kadai	EV EBF004 • Wheat Porotta • Veg Kadai
FRIDAY	EV BF005 • Aloo Paratha • Curd • Pickle	EV TL005 • Veg Maqluba • Fried Potato • Tomato Chutney	EV L006 • Aloo Gobi Biryani • Vinegar Salad • Pickle	EV D005 • Porotta • Gobi Fry • Dal	EV EBF005 • Aloo Paratha • Curd • Chilli
SATURDAY	EV BF006 • Semiya Upma • Soya Roast	EV TL006 • Veg Biryani • Pickle • Vinegar Salad	EV L002/3/4 • Barik/Motta/Chapati • Veg Curry • Side Curry • Papad • Pickle • Upperi	EV D006 • Ghee Rice • Mushroom Masala • Pickle • Dal	EV EBF006 • Upma • Banana • Sugar
SUNDAY	EV BF007 • Porotta • Aloo Mutter	EV TL007 • Vegetable Biryani • Pickle • Vinegar Salad	EV L007 • Veg Maqluba • Tomato Salsa • Pickle	EV D007 • Chapati • Bhindi Masala	EV EBF007 • Porotta • Aloo Mutter