

HRISHITAA PRASHOB

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EDUCATION

St. Teresa's College, Ernakulam
B.Sc Psychology *GPA: 7.33*

Ernakulam, Kerala
2021 - 2024

WORK EXPERIENCE

Lilorosh
Part-time Intern

Ernakulam, Kerala
July 2022 - August 2022

- Managed the packing and dispatch of both domestic and international orders, ensuring timely and accurate deliveries.
- Coordinated with courier services for pick-ups and maintained order documentation.
- Oversaw inventory, regularly updated stock levels, and ensured product availability on the company website, preventing stockouts.

PSYCHOLOGY RESEARCH PAPER

The Relationship between Attachment Style and Gender-role Ideologies *SPSS Statistics, Microsoft Excel, Microsoft Word*
https://drive.google.com/drive/folders/1bM4T5toMKegYptc1rqnqhWwF1bBCbjwx?usp=share_link

CERTIFICATES

Counselling Internship Certificate

Participated in discussions of client case histories and observed live therapy sessions alongside a licensed psychologist.

Santhwana Counselling and Psychotherapy Institute

July 2023

Value added course on Social Entrepreneurship Certificate

Developed an understanding of sustainable business models and the role of entrepreneurship in promoting community development.

Saintgits College of Engineering

November 2023

Japanese A1 course Certificate

Gained an understanding of basic grammar, vocabulary, and conversational phrases for everyday communication in Japanese.

eP Nihongo

February 2022

SKILLS & INTERESTS

Technical: Microsoft Office (Excel, PowerPoint, Word).
Language: Fluent in English and Malayalam, Basic knowledge in Hindi and Japanese.
Skills: Communication, Extremely organised, Adaptability, Time management, Works well under stress.
Interests: Learning & Organisational Development, Employee Well-being & Positive Work Environments.
Hobbies: Reading, Baking, Teaching myself to play new instruments.