



STANDARD Menu

**SOUTH
INDIAN**

S.NO	Standard	FLEXITARIAN/ NON VEG & VEG
1	BREAKFAST	450
2	TIFFIN LUNCH	480
3	LUNCH	660
4	DINNER	540
5	BREAKFAST & TIFFIN LUNCH	900
6	BREAKFAST + LUNCH	1020
7	BREAKFAST + DINNER	960
8	LUNCH + DINNER	1140
9	TIFFIN LUNCH + DINNER	960
10	BREAKFAST & TIFFIN LUNCH + DINNER	1440
11	BREAKFAST + LUNCH + DINNER	1530

All items include VAT and are in AED for 30 Days

DINECORE
MEAL SERVICE SOLUTION
DELIVERY PARTNER

FREE **DELIVERY**



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To Explore
All Our Menus!



STANDARD Flexitarian

SOUTH CUISINE INDIAN

BREAKFAST

(6.00 AM - 8.00 AM)

MON	APPAM + EGG STEW + GREEN TEA
TUE	POROTTA + SAUSAGE CURRY + FRUIT
WED	UTTAPAM + CHICKEN KURMA + POTATO BHAJI
THU	SEMIYA UPMA + EGG ROAST+ TEA BAG
FRI	PUTTU + CHICKEN CURRY + TEA BAG
SAT	WHEAT DOSA + ALOO GOBI + FRUIT
SUN	RAVA IDLI + SAMBAR + CHUTNEY + FRUIT

LUNCH

(11.00 AM - 1.00 PM)

MON	GHEE RICE + CHICKEN CURRY + CUMIN YOGURT + PICKLE + DAL + CRUNCH PACK + JUICE
TUE	BARIK RICE / MOTTA RICE + 1 CHAPATI + FISH CURRY + VEG CURRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + FISH FRY + YOGURT + JUICE
WED	BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + DRY CURD CHILLI + UPPERI + YOGURT + JUICE
THU	BARIK RICE / MOTTA RICE + 1 CHAPATI + VEG CURRY + VEG FRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE
FRI	CHICKEN BIRYANI + RAITHA + PICKLE + CRUNCH PACK + SWEET+ CHICKEN FRY + THICK CHUTNEY + JUICE
SAT	BARIK RICE / MOTTA RICE + 1 CHAPATI + CHICKEN CURRY + VEG FRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + FISH FRY + YOGURT + JUICE
SUN	CHICKEN MANDI + SALSA + YOGURT + PICKLE + SALAD + JUICE

TIFFIN LUNCH

(6.00 AM - 8.00 AM)

MON	GARLIC RICE + SOYA CHUNKS ROAST + DRY MOONG DAL CURRY + FRUIT + WATER
TUE	CHICKEN FRIED RICE + CHILLI GOBI + CHILLI VINEGAR + FRUIT + WATER
WED	WHITE RICE + RAJMA MASALA + DRY SUBZI + FRUIT + WATER
THU	LEMON HERB RICE + ALOO METHI FRY + TOMATO SALSA + FRUIT + WATER
FRI	CHICKEN BIRYANI + PICKLE + CRUNCH PACK + FRUIT + WATER
SAT	TOMATO RICE + MUSHROOM MASALA + CHUTNEY POWDER + FRUIT + WATER
SUN	CHICKEN SCHEZWAN RICE + CHILLI POTATO + SOY SAUCE + FRUIT + WATER

DINNER

(5.00 PM TO 7.00 PM)

MON	CHAPATI + PANEER BUTTER MASALA + FRUIT
TUE	CHICKEN KABSA + SALSA + SALAD + FRUIT
WED	WHEAT POROTTA + CHICKEN MASALA + SKILLET POTATO + FRUIT
THU	POROTTA + CHICKEN KADAI + BHINDI FRY + FRUIT
FRI	CHAPATI + SUBZI + DAL + FRUIT
SAT	GHEE RICE + BEEF CURRY + DAL FRY + PICKLE + FRUIT
SUN	POROTTA + CHICKEN ROGAN JOSH + SALAD + FRUIT

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STANDARD Non-Vegetarian

**SOUTH
CUISINE
INDIAN**

BREAKFAST

(6.00 AM - 8.00 AM)

MON	APPAM + EGG STEW + GREEN TEA
TUE	POROTTA + SAUSAGE CURRY + FRUIT
WED	UTTAPAM + CHICKEN KURMA + POTATO BHAJI
THU	SEMIYA UPMA + EGG ROAST+ TEA BAG
FRI	PUTTU + CHICKEN CURRY + TEA BAG
SAT	WHEAT DOSA + ALOO GOBI + FRUIT
SUN	RAVA IDLI + CHICKEN CURRY + FRUIT

LUNCH

(11.00 AM - 1.00 PM)

MON	GHEE RICE + CHICKEN CURRY + CUMIN YOGURT + PICKLE + DAL + CRUNCH PACK + JUICE
TUE	BARIK RICE / MOTTA RICE + 1 CHAPATI + FISH CURRY + VEG CURRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + FISH FRY + YOGURT + JUICE
WED	BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE
THU	BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE
FRI	CHICKEN BIRYANI + RAITHA + PICKLE + CRUNCH PACK + SWEET + THICK CHUTNEY + CHICKEN FRY + JUICE
SAT	BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE
SUN	CHICKEN MANDI + SALSA + YOGURT + PICKLE + SALAD + JUICE

TIFFIN LUNCH

(6.00 AM - 8.00 AM)

MON	GARLIC RICE + SOYA CHUNKS ROAST + DRY MOONG DAL CURRY + FRUIT + WATER
TUE	CHICKEN FRIED RICE + CHILLI GOBI + CHILLI VINEGAR + FRUIT + WATER
WED	WHITE RICE + RAJMA MASALA + DRY SUBZI + FRUIT + WATER
THU	LEMON HERB RICE + ALOO METHI FRY + TOMATO SALSA + FRUIT + WATER
FRI	CHICKEN BIRYANI + PICKLE + CRUNCH PACK + FRUIT + WATER
SAT	TOMATO RICE + MUSHROOM MASALA + CHUTNEY POWDER + FRUIT + WATER
SUN	CHICKEN SCHEZWAN RICE + CHILLI POTATO + SOY SAUCE + FRUIT + WATER

DINNER

(5.00 PM TO 7.00 PM)

MON	CHAPATI + CHICKEN KADAI + FRUIT
TUE	CHICKEN KABSA + SALSA + SALAD + FRUIT
WED	WHEAT POROTTA + CHICKEN MASALA + SKILLET POTATO + FRUIT
THU	POROTTA + CHICKEN KADAI + BHINDI FRY+ FRUIT
FRI	CHAPATI + SUBZI + DAL + FRUIT
SAT	GHEE RICE + BEEF CURRY + DAL FRY + PICKLE + FRUIT
SUN	POROTTA + CHICKEN ROGAN JOSH + SALAD

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STANDARD Vegetarian

SOUTH
INDIAN

BREAKFAST

(6.00 AM - 8.00 AM)

MON	APPAM + VEG STEW + GREEN TEA
TUE	POROTTA + SUBZI + FRUIT
WED	UTTAPAM + POTATO BHAJI + CHUTNEY
THU	SEMIYA UPMA + SOYA CHUNKS CURRY + TEA BAG
FRI	ALOO PARATHA + CURD + PICKLE + TEA BAG
SAT	WHEAT DOSA + ALOO GOBI + FRUIT
SUN	RAVA IDLI + SAMBAR + CHUTNEY + FRUIT

LUNCH

(11.00 AM - 1.00 PM)

MON	GHEE RICE + ALOO KARELA SUBZI + CUMIN YOGURT + MOONG DAL + PICKLE + CRUNCH PACK + JUICE
TUE	1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE
WED	1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE
THU	1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE
FRI	GOBI 65 BIRYANI + VINEGAR SALAD + PICKLE + CRUNCH PACK + SWEETS + THICK CHUTNEY + PANEER FRY + JUICE
SAT	1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE
SUN	VEG MAQLUBA + SALSA + YOGURT + PICKLE + SALAD + JUICE

TIFFIN LUNCH

(6.00 AM - 8.00 AM)

MON	GARLIC RICE + SOYA CHUNKS ROAST + DRY MOONG DAL CURRY + FRUIT + WATER
TUE	VEG FRIED RICE + CHILLI GOBI + CHILLI VINEGAR + FRUIT + WATER
WED	WHITE RICE + RAJMA MASALA + DRY SUBZI + FRUIT + WATER
THU	LEMON HERB RICE + ALOO METHI FRY + TOMATO SALSA + FRUIT + WATER
FRI	VEG BIRYANI + PICKLE + CRUNCH PACK + FRUIT + WATER
SAT	TOMATO RICE + MUSHROOM MASALA + CHUTNEY POWDER + FRUIT + WATER
SUN	VEG SCHEZWAN RICE + CHILLI POTATO + SOY SAUCE + FRUIT + WATER

DINNER

(5.00 PM TO 7.00 PM)

MON	CHAPATI + PANEER BUTTER MASALA + FRUIT
TUE	VEG KABSA + SALSA + FRUIT
WED	CHAPATI + VEG CURRY + SKILLET POTATO + FRUIT
THU	POROTTAZZZ + VEG KADAI + BHINDI FRY + FRUIT
FRI	CHAPATI + SUBZI + SALAD + FRUIT
SAT	GHEE RICE + MUSHROOM TIKKA MASALA + DAL FRY + PICKLE + FRUIT
SUN	POROTTA + SUBZI + SALAD + FRUIT

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