

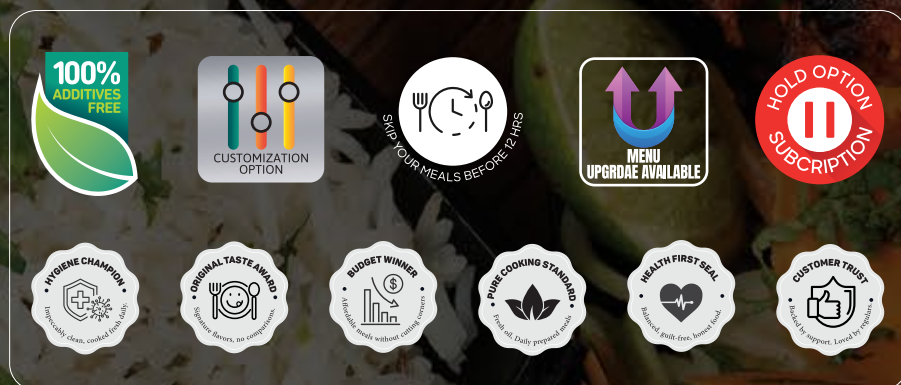


# STANDARD Menu



| S.NO | Standard                          | FLEXITARIAN/<br>NON VEG & VEG |
|------|-----------------------------------|-------------------------------|
| 1    | BREAKFAST                         | 450                           |
| 2    | TIFFIN LUNCH                      | 480                           |
| 3    | LUNCH                             | 660                           |
| 4    | DINNER                            | 540                           |
| 5    | BREAKFAST & TIFFIN LUNCH          | 900                           |
| 6    | BREAKFAST + LUNCH                 | 1020                          |
| 7    | BREAKFAST + DINNER                | 960                           |
| 8    | LUNCH + DINNER                    | 1140                          |
| 9    | TIFFIN LUNCH + DINNER             | 960                           |
| 10   | BREAKFAST & TIFFIN LUNCH + DINNER | 1440                          |
| 11   | BREAKFAST + LUNCH + DINNER        | 1530                          |

All items include VAT and are in AED for 30 Days



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To Explore  
All Our Menus!

Alot Kitchen, Halawh Alkhyrat Cafe L.L.C., L06 - Greece Cluster, Shop #01, International city, Dubai

## BREAKFAST

( 6.00 AM - 8.00 AM )

|     |                                        |
|-----|----------------------------------------|
| MON | APPAM + EGG STEW + GREEN TEA           |
| TUE | POROTTA + SAUSAGE CURRY + FRUIT        |
| WED | UTTAPAM + CHICKEN KURMA + POTATO BHAJI |
| THU | SEMIYA UPMA + EGG ROAST+ TEA BAG       |
| FRI | PUTTU + CHICKEN CURRY + TEA BAG        |
| SAT | WHEAT DOSA + ALOO GOBI + FRUIT         |
| SUN | RAVA IDLI + SAMBAR + CHUTNEY + FRUIT   |

## LUNCH

( 11.00 AM - 1.00 PM )

|     |                                                                                                                                                                                 |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON | GHEE RICE + CHICKEN CURRY + CUMIN YOGURT + PICKLE + DAL + CRUNCH PACK + JUICE                                                                                                   |
| TUE | BARIK RICE / MOTTA RICE + 1 CHAPATI + FISH CURRY + VEG CURRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + FISH FRY + YOGURT + JUICE                |
| WED | BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + DRY CURD CHILLI + UPPERI + YOGURT + JUICE |
| THU | BARIK RICE / MOTTA RICE + 1 CHAPATI + VEG CURRY + VEG FRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE                              |
| FRI | CHICKEN BIRIYANI + RAITHA + PICKLE + CRUNCH PACK + SWEET+ CHICKEN FRY + THICK CHUTNEY + JUICE                                                                                   |
| SAT | BARIK RICE / MOTTA RICE + 1 CHAPATI + CHICKEN CURRY + VEG FRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + FISH FRY + YOGURT + JUICE               |
| SUN | CHICKEN MANDI + SALSA + YOGURT + PICKLE + SALAD + JUICE                                                                                                                         |

## TIFFIN LUNCH

( 6.00 AM - 8.00 AM )

|     |                                                                       |
|-----|-----------------------------------------------------------------------|
| MON | GARLIC RICE + SOYA CHUNKS ROAST + DRY MOONG DAL CURRY + FRUIT + WATER |
| TUE | CHICKEN FRIED RICE + CHILLI GOBI + CHILLI VINEGAR + FRUIT + WATER     |
| WED | WHITE RICE + RAJMA MASALA + DRY SUBZI + FRUIT + WATER                 |
| THU | LEMON HERB RICE + ALOO METHI FRY + TOMATO SALSA + FRUIT + WATER       |
| FRI | CHICKEN BIRYANI + PICKLE + CRUNCH PACK + FRUIT + WATER                |
| SAT | TOMATO RICE + MUSHROOM MASALA + CHUTNEY POWDER + FRUIT + WATER        |
| SUN | CHICKEN SCHEZWAN RICE + CHILLI POTATO + SOY SAUCE + FRUIT + WATER     |

## DINNER

( 5.00 PM TO 7.00 PM )

|     |                                                         |
|-----|---------------------------------------------------------|
| MON | CHAPATI + PANEER BUTTER MASALA + FRUIT                  |
| TUE | CHICKEN KABSA + SALSA + SALAD + FRUIT                   |
| WED | WHEAT POROTTA + CHICKEN MASALA + SKILLET POTATO + FRUIT |
| THU | POROTTA + CHICKEN KADAI + BHINDI FRY + FRUIT            |
| FRI | CHAPATI + SUBZI + DAL + FRUIT                           |
| SAT | GHEE RICE + BEEF CURRY + DAL FRY + PICKLE + FRUIT       |
| SUN | POROTTA + CHICKEN ROGAN JOSH + SALAD + FRUIT            |

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# STANDARD Non-Vegetarian



## BREAKFAST

( 6.00 AM - 8.00 AM )

|     |                                        |
|-----|----------------------------------------|
| MON | APPAM + EGG STEW + GREEN TEA           |
| TUE | POROTTA + SAUSAGE CURRY + FRUIT        |
| WED | UTTAPAM + CHICKEN KURMA + POTATO BHAJI |
| THU | SEMIYA UPMA + EGG ROAST+ TEA BAG       |
| FRI | PUTTU + CHICKEN CURRY + TEA BAG        |
| SAT | WHEAT DOSA + ALOO GOBI + FRUIT         |
| SUN | RAVA IDLI + CHICKEN CURRY + FRUIT      |

## LUNCH

( 11.00 AM - 1.00 PM )

|     |                                                                                                                                                                  |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON | GHEE RICE + CHICKEN CURRY + CUMIN YOGURT + PICKLE + DAL + CRUNCH PACK + JUICE                                                                                    |
| TUE | BARIK RICE / MOTTA RICE + 1 CHAPATI + FISH CURRY + VEG CURRY + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + FISH FRY + YOGURT + JUICE |
| WED | BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE    |
| THU | BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE    |
| FRI | CHICKEN BIRIYANI + RAITHA + PICKLE + CRUNCH PACK + SWEET + THICK CHUTNEY + CHICKEN FRY + JUICE                                                                   |
| SAT | BARIK RICE / MOTTA RICE + 1 CHAPATI + RED CHICKEN CURRY + CHICKEN 65 + CHUTNEY POWDER + PICKLE + CRUNCH PACK + MASALA SCRAMBLED EGG + UPPERI + YOGURT + JUICE    |
| SUN | CHICKEN MANDI + SALSA + YOGURT + PICKLE + SALAD + JUICE                                                                                                          |

## TIFFIN LUNCH

( 6.00 AM - 8.00 AM )

|     |                                                                       |
|-----|-----------------------------------------------------------------------|
| MON | GARLIC RICE + SOYA CHUNKS ROAST + DRY MOONG DAL CURRY + FRUIT + WATER |
| TUE | CHICKEN FRIED RICE + CHILLI GOBI + CHILLI VINEGAR + FRUIT + WATER     |
| WED | WHITE RICE + RAJMA MASALA + DRY SUBZI + FRUIT + WATER                 |
| THU | LEMON HERB RICE + ALOO METHI FRY + TOMATO SALSA + FRUIT + WATER       |
| FRI | CHICKEN BIRYANI + PICKLE + CRUNCH PACK + FRUIT + WATER                |
| SAT | TOMATO RICE + MUSHROOM MASALA + CHUTNEY POWDER + FRUIT + WATER        |
| SUN | CHICKEN SCHEZWAN RICE + CHILLI POTATO + SOY SAUCE + FRUIT + WATER     |

## DINNER

( 5.00 PM TO 7.00 PM )

|     |                                                         |
|-----|---------------------------------------------------------|
| MON | CHAPATI + CHICKEN KADAI + FRUIT                         |
| TUE | CHICKEN KABSA + SALSA + SALAD + FRUIT                   |
| WED | WHEAT POROTTA + CHICKEN MASALA + SKILLET POTATO + FRUIT |
| THU | POROTTA + CHICKEN KADAI + BHINDI FRY+ FRUIT             |
| FRI | CHAPATI + SUBZI + DAL + FRUIT                           |
| SAT | GHEE RICE + BEEF CURRY + DAL FRY + PICKLE + FRUIT       |
| SUN | POROTTA + CHICKEN ROGAN JOSH + SALAD                    |

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# STANDARD Vegetarian



## BREAKFAST

( 6.00 AM - 8.00 AM )

|     |                                           |
|-----|-------------------------------------------|
| MON | APPAM + VEG STEW + GREEN TEA              |
| TUE | POROTTA + SUBZI + FRUIT                   |
| WED | UTTAPAM + POTATO BHAJI + CHUTNEY          |
| THU | SEMIYA UPMA + SOYA CHUNKS CURRY + TEA BAG |
| FRI | ALOO PARATHA + CURD + PICKLE + TEA BAG    |
| SAT | WHEAT DOSA + ALOO GOBI + FRUIT            |
| SUN | RAVA IDLI + SAMBAR + CHUTNEY + FRUIT      |

## LUNCH

( 11.00 AM - 1.00 PM )

|     |                                                                                                                                     |
|-----|-------------------------------------------------------------------------------------------------------------------------------------|
| MON | GHEE RICE + ALOO KARELA SUBZI + CUMIN YOGURT + MOONG DAL + PICKLE + CRUNCH PACK + JUICE                                             |
| TUE | 1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE |
| WED | 1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE |
| THU | 1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE |
| FRI | GOBI 65 BIRYANI + VINEGAR SALAD + PICKLE + CRUNCH PACK + SWEETS + THICK CHUTNEY + PANEER FRY + JUICE                                |
| SAT | 1 CHAPATI + BARIK / MOTTA RICE + VEG CURRY + SIDE CURRY + UPPERI + PICKLE + VEG FRY + CRUNCH PACK + CHUTNEY POWDER + YOGURT + JUICE |
| SUN | VEG MAQLUBA + SALSA + YOGURT + PICKLE + SALAD + JUICE                                                                               |

## TIFFIN LUNCH

( 6.00 AM - 8.00 AM )

|     |                                                                       |
|-----|-----------------------------------------------------------------------|
| MON | GARLIC RICE + SOYA CHUNKS ROAST + DRY MOONG DAL CURRY + FRUIT + WATER |
| TUE | VEG FRIED RICE + CHILLI GOBI + CHILLI VINEGAR + FRUIT + WATER         |
| WED | WHITE RICE + RAJMA MASALA + DRY SUBZI + FRUIT + WATER                 |
| THU | LEMON HERB RICE + ALOO METHI FRY + TOMATO SALSA + FRUIT + WATER       |
| FRI | VEG BIRYANI + PICKLE + CRUNCH PACK + FRUIT + WATER                    |
| SAT | TOMATO RICE + MUSHROOM MASALA + CHUTNEY POWDER + FRUIT + WATER        |
| SUN | VEG SCHEZWAN RICE + CHILLI POTATO + SOY SAUCE + FRUIT + WATER         |

## DINNER

( 5.00 PM TO 7.00 PM )

|     |                                                              |
|-----|--------------------------------------------------------------|
| MON | CHAPATI + PANEER BUTTER MASALA + FRUIT                       |
| TUE | VEG KABSA + SALSA + FRUIT                                    |
| WED | CHAPATI + VEG CURRY + SKILLET POTATO + FRUIT                 |
| THU | POROTTAzzz + VEG KADAI + BHINDI FRY + FRUIT                  |
| FRI | CHAPATI + SUBZI + SALAD + FRUIT                              |
| SAT | GHEE RICE + MUSHROOM TIKKA MASALA + DAL FRY + PICKLE + FRUIT |
| SUN | POROTTA + SUBZI + SALAD + FRUIT                              |

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