

# HRISHITAA PRASHOB

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## EDUCATION

**St. Teresa's College, Ernakulam**  
B.Sc Psychology GPA: 7.33

Ernakulam, Kerala  
2021 - 2024

## WORK EXPERIENCE

**Lilorosh**  
*Part-time Intern*

Ernakulam, Kerala  
July 2022 - August 2022

- Managed the packing and dispatch of both domestic and international orders, ensuring timely and accurate deliveries.
- Coordinated with courier services for pick-ups and maintained order documentation.
- Oversaw inventory, regularly updated stock levels, and ensured product availability on the company website, preventing stockouts.

## PSYCHOLOGY RESEARCH PAPER

**The Relationship between Attachment Style and Gender-role Ideologies** SPSS Statistics, Microsoft Excel, Microsoft Word  
[https://drive.google.com/drive/folders/1bM4T5toMKegYptc1rqnqhWwF1bBCbjwx?usp=share\\_link](https://drive.google.com/drive/folders/1bM4T5toMKegYptc1rqnqhWwF1bBCbjwx?usp=share_link)

## CERTIFICATES

**Counselling Internship Certificate** Santhwana Counselling and Psychotherapy Institute  
Participated in discussions of client case histories and observed live therapy sessions alongside a licensed psychologist. July 2023

**Value added course on Social Entrepreneurship Certificate** Saintgits College of Engineering  
Developed an understanding of sustainable business models and the role of entrepreneurship in promoting community development. November 2023

**Japanese A1 course Certificate** eP Nihongo  
Gained an understanding of basic grammar, vocabulary, and conversational phrases for everyday communication in Japanese. February 2022

## SKILLS & INTERESTS

- Technical: Microsoft Office (Excel, PowerPoint, Word).  
Language: Fluent in English and Malayalam, Basic knowledge in Hindi and Japanese.  
Skills: Communication, Extremely organised, Adaptability, Time management, Works well under stress.  
Interests: Learning & Organisational Development, Employee Well-being & Positive Work Environments.  
Hobbies: Reading, Baking, Teaching myself to play new instruments.