



Anu Thomas

Date of birth: 20/06/2000 | **Nationality:** Indian | **Phone:** (+91) 8156880227 (Mobile) | **Email:** thomasanu323@gmail.com |

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● ABOUT MYSELF

An aspiring MBA graduate, who wishes to see more knowledge in human resources and finance and investments. Passionate in understanding the process of procurement of talents through human resources. A quick learner who can take any challenging roles. I can utilize my skills and knowledge to contribute to the growth and success of the company

● WORK EXPERIENCE

05/07/2024 – CURRENT Kannur
HR INTERN BABY MEMORIAL HOSPITAL KANNUR

- maintenance of computers
- relations with suppliers
- coaching a junior Ice Hockey team (10 hours/week)

● EDUCATION AND TRAINING

27/10/2021 – 30/08/2023 Calicut, Kerala, India
MASTER OF BUSINESS ADMINISTRATION Farook Institute Of Management Studies, Calicut Kerala, India

01/07/2018 – 30/03/2021 Wayanad, India
BACHELOR IN COMMERCE Don Bosco College Sulthan Bathery Kerala

01/07/2016 – 30/03/2018 Wayanad, India
12TH St Joseph's English Higher Secondary School Sulthan Bathery

31/03/2016 The Nilgiris, India
10TH St Thomas ICSE High School Gudalur, The Nilgiris

● LANGUAGE SKILLS

Mother tongue(s): **MALAYALAM**
Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
HINDI	B1	B1	B1	B1	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

● DIGITAL SKILLS

Microsoft Powerpoint | Microsoft Excel | Microsoft Office | Microsoft Word | zoom | INTERNET AND SOCIAL MEDIA

● **PROJECTS**

01/05/2023 – 30/07/2023
Effectiveness of training and development of employees at MES Hospital Suthan Bathery

01/12/2021 – 31/12/2021
An Organization Study at Co-operative Milk society, Meenangadi

01/02/2021 – 31/03/2021
Impact Of E-commerce during pandemic, with special reference to Ambalavayal Panchayat

● **HOBBIES AND INTERESTS**

Gardening

Cooking

Writing

Travelling

Reading

I here by declare that the information provided in this curriculum vitae is true to the best of my knowledge and beliefs.

Ambalavayal