



# NAJIL SHAROOQ

CALICUT

KERALA INIDA 673611

PHONE :9562641482 EMAIL: NAJILSHAROOK5@GMAIL.COM

As a psychology postgraduate passionate about human resources is eager to apply their understanding of human behavior to improve workplace environments. They are skilled in employee selection, training, and development, as well as in enhancing job satisfaction and organizational culture. With strong communication and interpersonal skills, they aim to support effective HR practices that promote employee well-being and productivity.

## Educational Background Work Experience

**CENTRAL UNIVERSITY OF  
PUNJAB  
BATHINDA**

Master's Degree in MA  
PSYCHOLOGY  
2024

CALICUT UNIVERSITY  
**LISSAH COLLEGE  
KAITHAPOYIL**  
Bachelor's Degree in BSC  
PSYCHOLOGY  
2022

**HUMAN RESOURCE ASSISTANT  
MANJUSHREE TECHNOPACK BENGALURU**

. ASSISTING IN HUMAN RESOURCE RELATED JOBS

INTERNSHIP IN DE ADDICTION CENTER

D

*ASSISTED IN CLINICAL PSYCHOLOGY ASSESMENT*

WORKS IN IT DEPARTMENT  
IMAGE MOBILES CALICUT

.

## Skills & Proficiencies

- Social media marketing
- Interpersonal communication skills
- Fluent in English and manage conversational in hindi and tamil
- empathy and compassion
- conflict resolution
- active listening
- problem solving
- assessment and evaluation
- cultural sensitivity
- stress management

## Volunteer Work & Certification

**human resource intern completion certificate  
manjushree technopack limited bangalore**

f

*assisted in recruitment and assessing the new workers*

*completed psychology internship in ernakulam  
de addiction center thodupuzha*