

PHAN NGHE

Question 1 (File nghe 3474):

Two people are talking about meeting for dinner. What time does Ahmed meet Rose?

1. half past seven
2. quarter past seven
3. quarter to eight

Question 2 (File nghe 3473):

A person calls a friend about his new car. How much does the small car cost him?

1. 3250 pounds
2. 3550 pounds
3. 4250 pounds

Question 3 (File nghe 3475):

A man calls the teleshop. What is the teleshop number ?

1. 102030
2. 201030
3. 301020

Question 4 (File nghe 3477):

A man is talking to a shopping assistant. What color top is he going to buy?

1. Green
2. Blue
3. Black

Question 5 (File nghe 3478):

Anna is calling her brother Max. What does Anna do later in the afternoon ?

1. Stay late at the office
2. Pick up her kids
3. Hang out with friends

Question 6 (File nghe 3479):

Vincent is calling James. Why does Vincent call James ?

1. To say hello
2. To suggest a drink
3. To arrange meeting

Question 7 (File nghe 3480):

A man is talking about his trip. What did he enjoy last year ?

1. Go for a walk

2. Go picnic
3. Go cycling

Question 8 (File nghe 3481):

A woman is talking about her job. What encouraged her to become a scientist ?

1. Her mother
2. A large stone
3. The computer

Question 9 (File nghe 3482):

A man is talking about the city concert. How will the concert end?

1. The city's favorite group
2. Fireworks performance
3. Singing from orchestra

Question 10 (File nghe 3483):

A man is talking about his family trip. What does the man's wife enjoy?

1. walking
2. shopping
3. photography

Question 11 (File nghe 3484):

Jana is talking to her friend. What does Jana's sister look like?

1. Curly hair
2. Short
3. Thin

Question 12 (File nghe 3485):

A man is calling his sister. Where are they going to meet ?

1. At the university
2. At the station
3. At the park

Question 13 (File nghe 3486):

A woman is talking about her vacation. What is the relationship between the speaker and Lisa?

1. Best friends
2. Mother and daughter
3. Teacher and student

Description: Four people are talking about their exercise preferences.

Complete the sentence below.

Question 14

Speaker A enjoys _ (File nghe 3497)

1. Walking
2. Climbing
3. Going for a run
4. Mountain biking
5. Horse riding

Speaker B enjoys _ (File nghe 3499)

1. Walking
2. Climbing
3. Going for a run
4. Mountain biking
5. Horse riding

Speaker C enjoys _ (File nghe 3500)

1. Walking
2. Climbing
3. Going for a run
4. Mountain biking
5. Horse riding

Speaker D enjoys _ (File nghe 3502)

1. Walking
2. Climbing
3. Going for a run
4. Mountain biking
5. Horse riding

Description: Listen to two people discussing the Internet. Read the opinions below and decide whose opinion matches the statements, the man, the woman, or both the man and the woman. You can listen to the discussion twice.

Question 15 (File nghe 634)

There is too much information on the Internet

1. Both
2. Man
3. Woman

Finding information on the Internet requires skills

1. Man
2. Woman
3. Both

The use of internet affects the way we think

1. Both
2. Man
3. Woman

The internet makes young people less patient

1. Man
2. Woman
3. Both

Description: Listen to an announcer talking about a newly released novel and answer the questions below.

Question 16 (File nghe 635)

What does the announcer say about the new novel?

1. It is different from his earlier works
2. It is romantic and soft
3. It is less famous than his earlier works

What does the announcer say the writer should do in the future?

1. The writer should continue to write this genre
2. The writer should go back to his original genre
3. He should listen to critics before writing his next work

Description: Listen to an expert talking about professionalism and answer the questions below.

Question 17 (File nghe 636)

What does the expert say what being professional is all about?

1. To maintain positive attitude
2. To create good working environment
3. To make good impressions

What does the expert say about the definition of professionalism?

1. It is the same of 40 years ago
2. Our definition of it is changing
3. It will not change anymore

PHAN DOC

Question 18

Description: Read the email from Anna to her friend, Tom. Choose one word from the list for each gap. The first one is done for you. Dear Tom, I hope you are well (example)!

I've just come back from my trip and I really _ you.

1. miss
2. love
3. see

I _ you by phone yesterday but couldn't reach you.

1. send
2. emailing
3. called

Are you_ for the event tomorrow?

1. tired
2. ready
3. going

I can't wait to _ you soon and catch up.

1. meet
2. have
3. eat

Let's go out for _ tomorrow night when you're free.

1. dinner
2. morning
3. park

Question 19

Description: The sentences below are some instructions. Put the sentences in the right order. The first sentence of the story is an example. Assignment

submitting

0. To successfully finish the assignment, follow these instructions

1. First, it is a good idea for you to read your work and correct spelling mistakes.
2. When you have corrected all mistakes, print out your assignment.
3. Also, remember to print a separate cover sheet and attach it to your assignment.
4. You hand your assignment and attached document to the front desk in the library.
5. A staff will check and confirm that you complete.

Question 20

Description: Four people respond to the request from the neighborhood leader for volunteering to clean the local park. Read their answers and answer the questions below. **Person A** I just have too much work that I don't have much free time for myself. This tight schedule makes it impossible for me to join in the park cleaning. I work all week, and the only time I go out is on weekends with my family. We usually visit the park to play games and take a walk. I am relieved to hear that the park will be cleaned by the children volunteering from the school nearby. I believe these experiences will benefit them in the future, helping them sharpen skills needed for their future careers. **Person B** I adore the gorgeous scenery and fresh air at the park. Therefore, I always bring my family to the park to relax. My husband and I are always willing to do some volunteer work, so I will ask my husband to help out since he usually doesn't do much anyway. I will make specific plans for everyone in the neighborhood to follow so the park could be cleaned in no time. **Person C** The park plays an important role in teaching children about responsibility through volunteering. Cleaning the local park not only helps keep the environment clean but also teaches kids the value of teamwork and dedication. We admire their efforts to protect nature, whether it's picking up trash or planting flowers. Volunteering is a great way for children to improve their skills and mindset while making a positive impact on our community. **Person D** This is a reminder that not just the park, but other areas in our town also need regular cleaning. Keeping our neighborhoods clean is important for a healthy environment. The community should work together to organize cleaning events more often, as ignoring trash can harm wildlife and make the area unpleasant. By joining these efforts, residents can take pride in their surroundings and make sure everyone has a nice place to enjoy.

Who thinks the park is a beautiful place to relax?

1. Person A
2. Person B
3. Person C

Who can't help because of busy life?

1. Person A
2. Person B
3. Person C
4. Person D

Who will ask other people to help?

1. Person A
2. Person B
3. Person C
4. Person D

Who thinks cleaning should happen regularly?

1. Person A
2. Person B
3. Person C
4. Person D

Who thinks volunteering is important for children?

1. Person A
2. Person B
3. Person C
4. Person D

Who thinks other local areas need cleaning?

1. Person A
2. Person B
3. Person C
4. Person D

Who thinks volunteering can help with future employment?

1. Person A
2. Person B
3. Person C
4. Person D

Question 21

Description: The sentences below are from some instructions. Put the sentences in the right order. The first sentence is done for you. A school science textbook

0. To solve a problem scientifically, you should follow a series of steps.

1. The first step is to find out how much you know about the problem.
2. The next one is to form a hypothesis, or an idea, based on the information you have.
3. Then, you need to perform experiments to see if those ideas are true or not.
4. You can also compare your results with similar experiments in the past.
5. In this way, you add to the knowledge about the subject for future experiments.

Question 22

Description: Read the passage quickly. Choose a heading for each numbered paragraph (1–7) from the drop-down box. There is one more heading than you need. Children & Exercise

1._ In recent years, children have become increasingly inactive. While technology often receives blame for this trend, it is not the only factor at play. Urbanization has led to a lack of safe play spaces for kids. Many neighborhoods no longer have parks or playgrounds, forcing children to stay indoors. This combination of screen time and limited physical activity opportunities is contributing to a decline in children's overall fitness and health.

1. The Situation Has the Potential to Become Worse
2. Ways in Which Environment Can Influence Behaviour
3. The Success of a Simple Idea
4. Achieving the Right Balance
5. Factors Contributing to Inactivity
6. The Wider Effects of Regular Exercise
7. A Design for Exercise and for Study

2._ Currently, the issue of children not getting enough exercise is worsening, largely due to the time they spend staring at screens. The allure of laptops and smartphones is hard to resist, making it difficult for both parents and children to limit their use. As awareness grows about the importance of physical activity, it is essential for everyone to recognize the seriousness of this problem and work together to find effective solutions that encourage a

more active lifestyle.

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3._ One inspiring example comes from a teacher who implemented a program called the Daily Mile. Each day, students are encouraged to run at least one mile, and this simple idea quickly gained popularity. It has won awards for its effectiveness and has spread to over 3,500 schools in more than 30 countries, thanks to media coverage and positive testimonials. This initiative highlights how even small changes can have a significant impact on promoting physical activity among children.

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4._ The Daily Mile program not only enhances fitness levels among students but also has surprising benefits for their academic performance. Teachers have reported that students participating in this program are more focused and alert during lessons. Psychologists support this observation, suggesting that a healthy body leads to a healthy mind. The saying “a strong body, a strong mind” appears to hold true, as regular physical activity positively influences students' ability to learn and retain information.

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5._ The design of our environments can significantly impact how we behave. For instance, workplaces are often designed to enhance productivity, and homes are structured to encourage communication. Similarly, schools can be designed to promote physical activity. By creating spaces that encourage movement, such as open areas for play and exercise, educators can foster a more active lifestyle among students, helping to counteract the trend of inactivity.

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6._ One innovative architect from Japan has designed a kindergarten with a unique approach. The playground is structured like a running track, allowing children to run and play freely. This creative design has proven successful and has even received awards for its impact on children's activity levels. Such thoughtful architectural designs can inspire other schools to rethink how they create environments that promote both learning and physical activity.

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7._ The Daily Mile initiative and the Japanese architect's playground represent two ends of the economic spectrum. The Daily Mile is a cost-effective program that requires minimal investment, while the architect's design involves significant funding. Local authorities must consider various factors when striving for a balance between promoting physical activity and managing budgets. By exploring both affordable and innovative solutions, communities can create environments that support children's health and well-being.

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2. Ways in Which Environment Can Influence Behaviour

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PHAN NOI

Question 23 (File nghe 595)

Description: In this part, I'm going to show you a picture and ask you three questions. You will have one minute to think about your answers before you start speaking. You will have two minutes to answer all three questions. Begin speaking when you hear this sound. Look at the photograph.

Tell me about a time when you tried hard to achieve something How do you feel when you succeed? How can people be encouraged to achieve hard things?

File nghe: 3270

Suggest: Now, I am going to answer the 3 questions, which are: Tell me about a time when you tried hard to achieve something How do you feel when you succeed? How can people be encouraged to achieve hard things? Regarding the first question, today I am going to tell you about a time I tried hard to achieve something, that was when I saved enough money to (travel to / pay for the memorable trip) to Danang. Da nang is famous for its beaches, and for example one of them is My Khe, which is one of the most wonderful beaches in the world, so every year, there are many tourists going to the area to see the beauty of the beach. Therefore, going to this city was extremely expensive with me at that time. It was when I was a student in college. At that time, I didn't have a lot of money, I had a part-time job and the salary was very low. In order to pay for my dream, I had to give up many hobbies, such as playing games, hanging out with friends on weekends. I tried very hard and finally I could spend enough money to pay for this trip. Turning to the second question, I feel extremely happy when I finally succeed. As for the final question, there are many ways to encourage people to achieve their goals. For example, people can work with their friends. That's all I want to tell you. Thank you for your listening.

Question 23 (File nghe 594)

Description: In this part, I'm going to ask you to compare two pictures, and I will then ask you two questions about them. You will have 45 seconds for each response. Begin speaking when you hear this sound.

Describe 2 pictures

File nghe: 3266

Suggest: Both pictures show me about fruits. In the first picture, I can see a woman in the flea market. She is wearing a grey T-shirt, and she is going to buy bananas. In the second picture, there are 2 people, 1 one and 1 woman in the supermarket. They are buying oranges and apples.



I guess all of them are looking for something to eat. Regarding the difference, while the 1st picture is about an outside market, the second picture is about supermarkets. I prefer the first picture because I think buying in the open air markets is cheaper.

What are some benefits of shopping in these 2 places?

File nghe: 3267

Suggest: Each way of shopping has its own benefits. Regarding the first picture, I think buying in the open air market is cheaper, which helps people save a lot of money. Turning to the second picture, I guess the supermarket is cleaner and more convenient to find things. For me, I prefer buying in the outside market because I often choose a cheaper choice.

Where do you think people will shop in the future?

File nghe: 3268

Suggest: This is an interesting question, so let me answer it. I think people will shop online in the future for several reasons. First, it is faster and more convenient. Second, it can help people save money. Finally, online shopping saves time because products are delivered right to your home.

Question 23 (File nghe 592)

Description: In this part, I am going to ask you three short questions about yourself and your interests. You will have 30 seconds to reply to each question. Begin speaking when you hear this sound.

What did you do yesterday?

File nghe: 3256

Suggest: Version 1: Well, I'm eager to tell you that I played badminton with my friend yesterday, who is my classmate, at our school. After that we hung out at a coffee shop and we had a wonderful time together. That's all I want to share and thank you for listening. Version 2: Yesterday, I woke up early and had breakfast. I went to school in the morning, where I studied math and English. After school, I met my friends, and we played football in the park. In the evening, I helped my mom cook dinner. We ate together, then I watched TV for an hour before going to bed.

Please tell me about your friends.

File nghe: 3257

Suggest: Version 1: Well, I'm eager to introduce to you my best friend. Her name is Tu Anh, who I've known for 5 years. I feel so lucky that I met her, she has a good influence on me, which is her energy. We share the same interests and hang out a lot. That's all I want to share and thank you for listening. Version 2: I have a few close friends. We like to spend time together after school or on weekends. My best friend is kind and funny. We often play sports or watch movies together. I can always talk to my friends when I have a problem, and they help me feel better.

Please tell me about your favorite film.

File nghe: 3258

Suggest: Version 1: My favorite movie was released last month, Tom and Jerry special movie, so I went to the cinema to watch it with my friends. We didn't have popcorn or drinks because we were running out of budget so it made my experience less enjoyable. That's all I want to share and thank you for listening. Version 2: I will tell you about my favorite film. I often watch the film named Tom and Jerry. I usually watch it on Sunday evening. The movie is so interesting. I feel so excited because it helps me relax and reduce stress. That's my answer.

Question 23 (File nghe 593)

Description: In this part, I'm going to ask you to describe a picture. Then I will ask you two questions about it. You will have 45 seconds for each response. Begin speaking when you hear this sound.

Describe this picture



File nghe: 3260

Suggest: In this picture, I can see a man in the library. In the background, I can see hundreds of books on the bookshelves with various colors. In the front, there is a man in a yellow T-shirt and blue jeans. It is clear that he is reading a book. I guess that he is studying for the exam. The picture is so beautiful that I think it was taken by a professional.

What kind of things do you enjoy reading?**File nghe: 3262**

Suggest: Let me tell you about what kind of things I enjoy reading. First, I love reading news on the phone because it is a wonderful way to broaden my social knowledge and gain more experience. Second, I enjoy reading books because it allows me to make friends who have the same hobby. Besides, thanks to reading, I am able to relax and reduce stress after a long day at work.

Why do people enjoy reading books?**File nghe: 3265**

Suggest: People enjoy reading books for various reasons. First, reading books is a wonderful way to broaden the social knowledge and improve the imagination skills. Second, it enables people to enhance critical thinking skills and gain more experience. For me, I love reading books, especially history books because I can learn about the past.

WRITING

Description: You want to join a debate club. You have 5 messages from a member of the club. Write short answers (1–5 words) to each message. Recommended time: 3 minutes. Example: How are you? I'm fine, thanks.

What is your favorite time of the year?

Suggest: I like autumn.

What is your favorite sport?

Suggest: I love basketball.

Where do you wanna go on holiday?

Suggest: I like the beach.

What is the weather today?

Suggest: It is sunny today.

What do you like to do in the evening?

Suggest: I enjoy reading books.

Description: You are a new member of the debate club. Fill in the form. Write in sentences. Use 20–30 words. Recommended time: 7 minutes.

What do you usually talk about with your friends?

Suggest: I usually talk with my friends about various topics such as current events, movies, and sports. Moreover, we also enjoy discussing our hobbies and personal experiences, in which we can learn a lot from one another.

Description: You are communicating with other members of the debate club in the chat room. Reply to their questions. Write in sentences. Use 30–40 words per answer. Recommended time: 10 minutes.

Saged: Nowadays there are many ways to follow news. What do you do to know about world issues?

Suggest: Nowadays, there are many ways to follow news. I often follow world news issues through social media platforms (các trang mạng xã hội) such as TikTok and Facebook. Sometimes when I have free time, I read newspapers to update new news every day.

Jo: I am going to have a debate in front of 50 people. I am wondering about how to make a good impression, do you have any advice for me?

Suggest: In a debate in front of 50 people, making a good impression is very important. First, You need to prepare your presentation (bài thuyết trình) well to give your best presentation. Besides, you also need to give examples of the problem that you are talking about so that people can understand better.

Chris: Before making a decision, people should think about two sides of the argument. Do you agree? Why or why not?

Suggest: Yes, I agree. It's important to think about both sides before making a decision (đưa ra quyết định). It helps me understand the situation better and make a more balanced choice considering all possible outcomes (các kết quả khả thi).

Description: You are a member of the debate club. You received this email from the club's manager. Dear Member, I want more people to join our club. But many young people think that debating is not their thing. Do you have any ideas? What are the benefits of debating topical issues and public speaking? Can you give 2 most important benefits and tell me why they are important? I will publish your ideas on our website. Bests, Club Manager.

Write an email to your friend. Write about your feelings and what you think the club should do about the situation. Write about 50 words. Recommended time: 10 minutes.

Suggest: Dear Jane, I hope you're doing well! It said that our club wants to encourage young people to take up debating as their hobby. I'm really excited and wanted to share some ideas. First, I think many young people don't realize the benefits of debating. It helps improve critical thinking skills, which are important for making smart decisions. Additionally, public speaking boosts confidence, making it easier to express opinions in any situation. How about you? What are

your opinions? Write soon, Leo.

Write an email to the president of the club. Write about your feelings and what you think the club should do about the situation. Write 120–150 words. Recommended time: 20 minutes.

Suggest: Dear Club Manager, I hope that this email finds you well. I am Leo. I have been a member of this club for a year. I am writing this in response to your latest email. According to the news, our club wants to attract more people to join. All members are welcome to give their opinions on the benefits of debating topical issues. Firstly, debating helps improve critical thinking skills. This is essential for young people as it teaches them how to analyze different viewpoints and make informed decisions. Secondly, public speaking boosts confidence. This skill is valuable not only in debates but also in many aspects of life, including job interviews and presentations. Therefore, to encourage new members, we could organize fun workshops or events that highlight these benefits. I believe this would show them how engaging and rewarding debating can be. By implementing these changes, we can ensure better attendance and engagement of our club members, enhancing the overall experience for everyone involved. Thank you for considering my suggestions! Best regards, Leo