## INTEGRATED HEALTH ASSESSMENT

Patient Record #: 25-7823

Date of Assessment: 03/23/2025

### BIOMETRIC SCREENING RESULTS

BP: 120/80 mmHg

BMI: 22.5

Smoker: Non-Smoker

### LABORATORY TESTING RESULTS

#### GENERAL CHEMISTRY

- Fasting Glucose: 95 mg/dL

- A1C: 5.4%

#### LIPID EVALUATION

- Total Cholesterol: 180 mg/dL

- LDL: 100 mg/dL

- HDL: 50 mg/dL

#### LIVER FUNCTION

- ALT (Alanine Aminotransferase): 25 U/L

- AST (Aspartate Aminotransferase): 20 U/L

- Bilirubin: 0.9 mg/dL

#### KIDNEY FUNCTION

- Creatinine: 1.0 mg/dL

- BUN (Blood Urea Nitrogen): 15 mg/dL

- Estimated Glomerular Filtration Rate: 90 mL/min/1.73m²

#### HEMATOLOGY

- Hemoglobin: 13.5 g/dL

- Leukocytes: 6000 cells/μL

### RISK ASSESSMENT SUMMARY

Based on your current metrics, all values are within normal ranges, indicating optimal health status. Continue with your current healthy lifestyle habits.

### RECOMMENDATIONS

1. Maintain current diet and exercise regimen

2. Annual follow-up recommended

3. No additional testing required at this time

Attending Physician: Amanda Williams, MD

Medical Center: Wellness Plus Clinic

Contact: 555-123-4567