## How To Sniff Passwords With Cain And Abel

Download Cain and Abel Here: <a href="http://www.oxid.it/downloads/ca\_setup.exe">http://www.oxid.it/downloads/ca\_setup.exe</a>

Run Cain and Abel as administrator

Go to the tab that says sniffer

Go to the upper right corner under the Cain picture and enable the sniffer select your adapter (usually the one that has a listed Ip address)

Click of the blue Plus sign

Leave everything as is and press ok

Right click on each of ip addresses that come up

Resolve the host name for each one of them

Go to the bottom of the screen and hit the APR tab

Click on the top box

Click the blue plus sign

Hind the computer you want get passwords/information from in the left hand box Highlight everything that comes up in the righthand box

Go to the upper right hand corner, by the sniffer and enable the APR poisener To Find passwords, go to the bottem of the screen where it says passwords Here you will find all usernames and passwords of the person you have poisened (Most of the passwords will be in HTTP)

## If you didn't understand this look below









