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Specialist Musculoskeletal Service

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MG/MK/NHS NO - 628 197 5472

20 Jun 2024

(Clinic: 20 Jun 2024)

Mr Kieran Weledji
 Physiotherapist
 Outpatient Physiotherapy Department
 One Life
 Linthorpe Road
 Middlesbrough
 TS1 3QY

Dear Kieran,

Re: Mr Paul Van Schaik **D.O.B - 18 May 1959**
16 Kader Avenue Acklam Middlesbrough TS5 8NQ

Diagnosis: Right lateral knee pain

Mr Van Schaik attended the MSK Service today for a review regarding his right lateral knee pain. He informed me that he has been managing his exercises and experienced some soreness when doing the iliotibial band exercise but does manage the other exercises fine.

He is not aware of any redness, heat or swelling in the knee and there have been no episodes of locking or giving way.

Objectively, no changes.

I have advised him to modify the exercises which he is finding uncomfortable rather than stopping. I have also referred for MRI scan. I have arranged a telephoen call for 10 weeks time to disucss the imaging, if available, and any additional management interventions that may be indicated.

