

Private and confidential

PAUL VAN SCHAIK  
16 KADER AVENUE  
ACKLAM  
MIDDLESBROUGH  
TS5 8NQ

29 April 2025  
NHS number: 628 197 5472

## You need to choose your clinic

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You have been referred by ACKLAM  
MEDICAL CENTRE.

To choose your clinic, you will need to use  
the referral details shown here.

### Referral details

#### Booking reference number

0004 5293 4631

#### Access code

manager meadow

## How to choose your clinic

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You have a choice of 5 clinics:

### 1 DARLINGTON MEMORIAL HOSPITAL

Adult General ENT-Co Durham &  
Darlington NHS FT (Darlington)-RXP  
HOLLYHURST ROAD, DARLINGTON,  
COUNTY DURHAM, DL3 6HX



Choose this clinic online at

[www.nhs.uk/referrals](https://www.nhs.uk/referrals)

**2 FRIARAGE HOSPITAL SITE**

General ENT-South Tees Hospitals NHS  
FT (Friarage)-RTR  
FRIARAGE HOSPITAL,  
NORTHALLERTON, NORTH  
YORKSHIRE, DL6 1JG



Choose this clinic online at  
**[www.nhs.uk/referrals](http://www.nhs.uk/referrals)**

**3 THE JAMES COOK UNIVERSITY  
HOSPITAL**

Adult General Ear Disorders (Otology)-  
South Tees Hospitals NHS FT (James  
Cook)-RTR  
MARTON ROAD, MIDDLESBROUGH,  
CLEVELAND, TS4 3BW



Choose this clinic online at  
**[www.nhs.uk/referrals](http://www.nhs.uk/referrals)**

**4 UNIVERSITY HOSPITAL OF  
HARTLEPOOL**

General ENT-South Tees Hospitals NHS  
FT (Hartlepool)-RTR  
HOLDFORTH ROAD, HARTLEPOOL,  
CLEVELAND, TS24 9AH



Choose this clinic online at  
**[www.nhs.uk/referrals](http://www.nhs.uk/referrals)**

**5 UNIVERSITY HOSPITAL OF  
NORTH TEES**

General ENT-South Tees Hospitals NHS  
FT (North Tees)-RTR  
HARDWICK ROAD, STOCKTON-ON-  
TEES, CLEVELAND, TS19 8PE



Choose this clinic online at  
**[www.nhs.uk/referrals](http://www.nhs.uk/referrals)**

If you do not have internet access, you may phone the NHS Appointments Line on 0345 608 8888 (textphone 0345 850 2250) – Monday to Friday 8am to 8pm, weekends and bank holidays 8am to 4pm. Calls are charged at local rates. Please note, the same choice of clinics is available online.

## After you choose a clinic

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You can use this space to make a note of your clinic and appointment if appropriate.

The NHS constitution gives you the right to get some treatments within a set amount of time and get help to choose another clinic or hospital if you have to wait too long for some treatments.

To find out more visit [www.nhs.uk/nhsconstitution](http://www.nhs.uk/nhsconstitution), or contact the organisation that referred you.

### My chosen clinic

### My appointment

Date

Time