

# THE UNIFIED SELECTION FRAMEWORK

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*Iteration, Selection, and the Code of the  
World*

**Pedro Martinez**

Version 4 | December 2025

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# **The Unified Selection Framework**

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Version 4 - 2025-12-25

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# **Chapter 1: Does the World Feel More Extreme?**

## **Chapter 2: The Adaptation Equation**

## **Chapter 3: The Giraffe & The Tree**

## **Chapter 4: The Virus**



## **Chapter 5: The Arms Race (The Red Queen)**

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## **Chapter 17: The Micro-Lens (Personal Systems)**

## **Chapter 18: The Macro-Lens (Social Systems)**

# Chapter 19: The Toolkit

## The Debugging Process

Once you've answered these questions, you can begin the "Debugging Process":

1. **Identify the Bug:** What is the specific outcome you want to change? (e.g., "I am always tired.")
2. **Trace the Incentive:** What rule in your environment is selecting for that outcome? (e.g., "My phone is on my nightstand, and the algorithm is optimized to keep me awake.")
3. **Propose the Patch:** What is the smallest change you can make to the environment to change the selection pressure? (e.g., "Charge the phone in the kitchen.")

You don't need to be a genius to change the world. You just need to be a designer who knows how to patch the code.

But there is one final thing you must understand about being a System Designer. The work is never done.

## **Chapter 20: The Infinite Game**