

	Brooks	ASICS	HOKA	On	New Balance	Saucony	Nike	adidas	Mizuno	Altra	Topo
Max Cushion Neutral											
											
											
	Glycerin Max	GlideRide Max	Bondi	Cloudeclipse	Fresh Foam More	Triumph	Vomero	Ultra Boost 5X		FWD Via	Atmos
Max Cushion Stability											
	Glycerin GTS	Kayano	Gaviota	Cloudflyer	Fresh Foam Vongo	Hurricane					Aura
Mid Cushion Neutral											
	Ghost	Cumulus	Clifton								
				Cloudsurfer Next							
Mid Cushion Stability											
	Adrenaline GTS	GT-2000	Arahi	Cloudbreak	Fresh Foam 860	Guide	Air Zoom Structure			Paradigm	Ultrafly
											
	Beast/Ariel				990					Experience Form	

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Light&Fast Cushion Neutral											
	Launch	NovaBlast	Mach	Cloudflow		Kinvara		Adizero SL	Neo Zen	Escalante	Specter
											
				Cloudmonster Hyper	Rebel			Adizero Evo SL			
Speed/Racing Non-Plated											
			Skyward X		SuperComp Trainer	Endorphin Speed	Zoom Fly	Adizero Boston	Neo Vista		
Speed/Racing Plated											
						Endorphin Elite	AlphaFly	Adizero Adios Pro			
Speed/Racing Top Tier Plated											
						Endorphin Pro	Vaporfly				

Style	Feature	Benefit	Upper	Midsole	Outsole
Brooks Ghost 15	Updated cushioning	Softer and Lighter Weight for a plush feel		DNA Loft v2	
	Enhanced Upper	Provides comfort, breathability, and more structure	Engineered Air Mesh with 3D Fit Print		
	Smooth Transitions	The soft midsole and segmented crash pad team up for easy flow from landing to toe-off			Segmented Crash pad
Brooks Glycerin 20	Updated cushioning	Super soft cushioning that is lightweight, responsive, and durable (injected with nitrogen)		DNA Loft v3	
	Improved Fit	Plush, breathable, and secure fit	Engineered Air Mesh with 3D Fit Print		
	Wider platform	Smoother, easier transitions			
Brooks Glycerin GTS 20	GuideRails	Supports body in natural motion path and aids your feet, knees, and hips			
Brooks Adrenaline GTS 23	Updated cushioning	Softer and Lighter Weight for a plush feel		DNA Loft v2	
	Enhanced Upper	Provides comfort, breathability, and more structure	Engineered Air Mesh with 3D Fit Print		
	GuideRails	Supports body in natural motion path and aids your feet, knees, and hips			
ASICS GEL-Kayano 30	New Guidance System	Adaptive stability that guides your foot through every step and adapts as your running form changes over distance			
	More Cushioning	Increased 4mm in stack height of cushioning for a more comfortable and PureGEL under the heel is 65% softer than visible GEL	Engineered Stretch Knit Upper	FF Blast Plus ECO + PureGEL	
	Wider Basenet	Provides a more stable platform			
ASICS GEL-Nimbus 25	New Upper Fit	Soft, stretchy knit tongue and collar construction for an easy step-in and adaptive fit	Engineered Knit		
	More Cushioning	20% more cushioning underfoot for a more cushioned ride, and PureGEL under the heel is 65% softer than visible GEL		FF Blast Plus ECO + PureGEL	
	More ventilation	Soft knit upper provides advanced ventilation			
HOKA Clifton 9	New foam and cushioning	Added 3mm in stack height of midsole foam that is responsive, lighter, and more cushioned		Compression molded EVA	
	New upper	Overlays and hotspots removed, plushed heel and streamlined gusseted tongue	Breathable engineered knit		
	Reflective heel panel	Keeps you safe in twilight hours			
HOKA Bondi 8	New foam	Softer, lighter, and more resilient foam	Engineered mesh	Lightweight, resilient EVA	
	Extended Heel Geometry	Optimal heel to toe transition			
	Billowed Rear Crash Pad	Balanced ride from heel to toe			
HOKA Arahi 6	Stabilizing J-Frame	Combats overpronation without unneeded stiffness or weight		Compression molded EVA	
	Updated upper	With zones of breathability and a heel pull tab	Breathable mesh		
	Early Stage Meta Rocker	Smooth ride and forefoot support			
New Balance Fresh Foam X 1080v12	Updated midsole mapping	Applies more foam to wider areas of the midsole and increases flexibility at the narrower points		Fresh Foam X	
	Hypoknit Upper	Provides strategic areas of stretch and support	Hypoknit upper		
	Bootie Construction	Hugs foot for snug, supportive fit			Blown Rubber
Saucony Triumph 21	Plush Midsole	Luxurious underfoot feel, with secure support		PWRRUN+	
	New upper	Redesigned lacing system for comfort and security	Flat knit upper		
	360 degree fit and feel	Soft collar, new laces, padded tongue for support on long runs			