

# Math 1080 Class notes

## Fall 2021

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Table Of Contents

5.5: Substitution Rule . . . . . 1

6.1: Velocity and Net Change . . . . . 28

6.2: Regions Between Curves . . . . . 35

6.3: Volume by Slicing . . . . . 40

6.4: Volume by Shells . . . . . 46

## 5.5: Substitution Rule

### Theorem 5.6: Substitution Rule for Indefinite Integrals

Let  $u = g(x)$ , where  $g$  is differentiable on an interval, and let  $f$  be continuous on the corresponding range of  $g$ . On that interval,

$$\int f(g(x))g'(x) dx = \int f(u) du$$

**Example.** We know

$$\frac{d}{dx} \left[ \frac{(2x+1)^4}{4} \right] = 2(2x+1)^3$$

Thus, if  $f(x) = x^3$  and  $g(x) = 2x + 1$  then  $g'(x) = 2$ , so we let  $u = 2x + 1$ , then

$$\begin{aligned} \int 2(2x+1)^3 dx &= \int f(g(x))g'(x) dx \\ &= \int u^3 du \\ &= \frac{u^4}{4} + C \\ &= \frac{(2x+1)^4}{4} + C \end{aligned}$$

### Procedure: Substitution Rule (Change of Variables)

1. Given an indefinite integral involving a composite function  $f(g(x))$ , identify an inner function  $u = g(x)$  such that a constant multiple of  $g'(x)$  appears in the integrand.
2. Substitute  $u = g(x)$  and  $du = g'(x) dx$  in the integral.
3. Evaluate the new indefinite integral with respect to  $u$ .
4. Write the result in terms of  $x$  using  $u = g(x)$ .

**Example.** Evaluate the following integrals:

a)  $\int 2x(x^2 + 3)^4 dx$

b)  $\int (2x + 1)^3 dx$

c)  $\int x^2 \sqrt{x^3 + 1} dx$

d)  $\int \theta \sqrt[4]{1 - \theta^2} d\theta$

e)  $\int \sqrt{4 - t} dt$

f)  $\int (2 - x)^6 dx$

**Example.** Evaluate the following integrals:

a)  $\int \sec(2\theta) \tan(2\theta) d\theta$

b)  $\int \csc^2\left(\frac{t}{3}\right) dt$

c)  $\int \frac{\sin(x)}{1 + \cos^2(x)} dx$

d)  $\int \frac{\tan^{-1}(x)}{1 + x^2} dx$

The acceleration of a particle moving back and forth on a line is  $a(t) = \frac{d^2s}{dt^2} = \pi^2 \cos(\pi t) \text{ m/s}^2$  for all  $t$ . If  $s = 0$  and  $v = 8 \text{ m/s}$  when  $t = 0$ , find the value of  $s$  when  $t = 1$  sec.

**Example.** Evaluate the following integrals:

a)  $\int (6x^2 + 2) \sin(x^3 + x + 1) dx$

b)  $\int \frac{\sin(\theta)}{\cos^5(\theta)} d\theta$

c)  $\int \frac{e^{\sqrt{x}}}{\sqrt{x}} dx$

d)  $\int \frac{2^t}{2^t + 3} dt$

e)  $\int 6x^2 4^{x^3} dx$

f)  $\int \frac{dx}{\sqrt{36 - 4x^2}}$

g)  $\int \sin(t) \sec^2(\cos(t)) dt$

h)  $\int \frac{1}{\sqrt{x}(1 + \sqrt{x})^2} dx$

i)  $\int \frac{\sin(\sqrt{x})}{\sqrt{x}} dx$

j)  $\int 5 \cos(7x + 5) dx$

k)  $\int \frac{3}{\sqrt{1 - 25x^2}} dx$

l)  $\int \frac{dx}{\sqrt{1 - 9x^2}}$



**Example.** Evaluate the following integrals using the recommended substitution:

a)  $\int \sec^2(x) \tan(x) \, dx$   
where  $u = \tan(x)$ .

b)  $\int \sec^2(x) \tan(x) \, dx$   
where  $u = \sec(x)$ .

**Example.** Solve the initial value problem:  $\frac{dy}{dx} = 4x(x^2 + 8)^{-1/3}, y(0) = 0$ .

**Example.** Evaluate the following integrals:

a)  $\int x e^{-x^2} dx$

b)  $\int \frac{e^{1/x}}{x^2} dx$

c)  $\int \frac{dt}{8-3t}$

d)  $\int 5^t \sin(5^t) dt$

e)  $\int \frac{e^w}{36 + e^{2w}} dw$

**Theorem 5.7: Substitution Rule for Definite Integrals**

Let  $u = g(x)$ , where  $g'$  is continuous on  $[a, b]$ , and let  $f$  be continuous on the range of  $g$ . Then

$$\int_a^b f(g(x))g'(x) dx = \int_{g(a)}^{g(b)} f(u) du$$

**Example.** Evaluate the integrals:

a)  $\int_0^1 \frac{x^3}{\sqrt{x^4 + 9}} dx$

b)  $\int_1^3 \frac{dt}{(t - 4)^2}$

c)  $\int_0^3 \frac{v^2 + 1}{\sqrt{v^3 + 3v + 4}} dv$

d)  $\int_0^1 2x(4 - x^2) dx$

e)  $\int_2^3 \frac{x}{\sqrt[3]{x^2-1}} dx$

f)  $\int_0^{\frac{\pi}{2}} \frac{\sin(x)}{1+\cos(x)} dx$

g)  $\int_0^{\frac{\pi}{4}} \frac{\sin(x)}{\cos^2(x)} dx$

h)  $\int_{-\frac{\pi}{12}}^{\frac{\pi}{8}} \sec^2(2y) dy$

i)  $\int_0^1 (1 - 2x^9) dx$

j)  $\int_0^1 (1 - 2x)^9 dx$

k)  $\int_0^{\frac{1}{2}} \frac{1}{1 + 4x^2} dx$

l)  $\int_0^4 \frac{x}{x^2 + 1} dx$

m)  $\int_0^\pi 3 \cos^2(x) \sin(x) \, dx$

n)  $\int_0^{\frac{\pi}{8}} \sec(2\theta) \tan(2\theta) \, d\theta$

o)  $\int_0^1 (3t - 1)^{50} \, dt$

p)  $\int_0^3 \frac{1}{5x + 1} \, dx$

$$\text{q) } \int_0^1 x e^{-x^2} dx$$

$$\text{r) } \int_e^{e^4} \frac{1}{x \sqrt{\ln(x)}} dx$$

$$\text{s) } \int_0^{\frac{1}{2}} \frac{\sin^{-1}(x)}{\sqrt{1-x^2}} dx$$

$$\text{t) } \int_0^1 \frac{e^z + 1}{e^z + z} dz$$

$$\text{u) } \int_1^4 \frac{dy}{2\sqrt{y}(1+\sqrt{y})^2}$$

$$\text{v) } \int_{\ln(\frac{\pi}{4})}^{\ln(\frac{\pi}{2})} e^w \cos(e^w) dw$$

$$\text{w) } \int_0^{\frac{1}{8}} \frac{x}{\sqrt{1-16x^2}} dx$$

$$\text{x) } \int_1^{e^2} \frac{\ln(p)}{p} dp$$



$$\text{y) } \int_0^{\frac{\pi}{4}} e^{\sin^2(x)} \sin(2x) \, dx$$

$$\text{z) } \int_{-\pi}^{\pi} x^2 \sin(7x^3) \, dx$$

**Example. Average velocity:** An object moves in one dimension with a velocity in  $m/s$  given by  $v(t) = 8 \sin(\pi t) + 2t$ . Find its average velocity over the time interval from  $t = 0$  to  $t = 10$ , where  $t$  is measured in seconds.

**Example.** Prove  $\int \tan(x) \, dx = \ln |\sec(x)| + C$ .

**Example.** Evaluate the integrals:

a)  $\int \frac{x}{(x-2)^3} \, dx$

b)  $\int x\sqrt{x-1} \, dx$

c)  $\int x^3(1+x^2)^{\frac{3}{2}} dx$

d)  $\int \frac{y^2}{(y+1)^4} dy$

e)  $\int (z+1)\sqrt{3z+2} dz$

f)  $\int_0^1 \frac{x}{(x+2)^3} dx$

### Half-Angle Formulas

$$\cos^2(\theta) = \frac{1 + \cos(2\theta)}{2}$$

$$\sin^2(\theta) = \frac{1 - \cos(2\theta)}{2}$$

**Example.** Evaluate the integrals:

a)  $\int \cos^2(x) \, dx$

b)  $\int_0^{\frac{\pi}{2}} \cos^2(x) \, dx$

c)  $\int \frac{1}{x^2} \cos^2\left(\frac{1}{x}\right) dx$

d)  $\int x \sin^2(x^2) dx$

e)  $\int \sin^2\left(\theta + \frac{\pi}{6}\right) d\theta$

f)  $\int_0^{\frac{\pi}{4}} \cos^2(8\theta) d\theta$

**Example.** If  $f$  is continuous and  $\int_0^4 f(x) dx = 10$ , find  $\int_0^2 f(2x) dx$ .

**Example.** If  $f$  is continuous and  $\int_0^9 f(x) dx = 4$ , find  $\int_0^3 xf(x^2) dx$ .

**Example.** Suppose  $f$  is an even function with  $\int_0^8 f(x) dx = 9$ . Evaluate the following:

a)  $\int_{-1}^1 xf(x^2) dx$ .

b)  $\int_{-2}^2 x^2 f(x^3) dx$ .

**Example.** Evaluate the integrals:

a)  $\int \sec^2(10x) \, dx$

b)  $\int \tan^{10}(4x) \sec^2(4x) \, dx$

c)  $\int \left(x^{\frac{3}{2}} + 8\right)^5 \sqrt{x} \, dx$

d)  $\int \frac{2x}{\sqrt{3x+2}} \, dx$

e)  $\int \frac{7x^2 + 2x}{x} dx$

f)  $\int \frac{e^x - e^{-x}}{e^x + e^{-x}} dx$

g)  $\int_0^{\sqrt{3}} \frac{3}{9 + x^2} dx$

h)  $\int_0^{\frac{\pi}{6}} \frac{\sin(2y)}{\sin^2(y) + 2} dy$



i)  $\int \frac{\sec(z) \tan(z)}{\sqrt{\sec(z)}} dz$

j)  $\int \frac{1}{\sin^{-1}(x) \sqrt{1-x^2}} dx$

k)  $\int \frac{x}{\sqrt{4-9x^2}} dx$

l)  $\int \frac{x}{1+x^4} dx$

$$\text{m)} \int \frac{\cos \sqrt{\theta}}{\sqrt{\theta} \sin^2 \sqrt{\theta}} d\theta$$

$$\text{n)} \int x^2 \sqrt{2+x} dx$$

$$\text{o)} \int (\sin^5(x) + 3 \sin^3(x) - \sin(x)) \cos(x) dx$$

p)  $\int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} (x^3 + x^4 \tan(x)) \, dx$

q)  $\int_0^{\frac{\pi}{2}} \cos(x) \sin(\sin(x)) \, dx$

r)  $\int \frac{1+x}{1+x^2} \, dx$

**Example.** Evaluate these more challenging integrals:

a)  $\int \frac{dx}{\sqrt{1 + \sqrt{1 + x}}}$

b)  $\int x \sin^4(x^2) \cos(x^2) dx$

## 6.1: Velocity and Net Change

### Definition. (Position, Velocity, Displacement, and Distance)

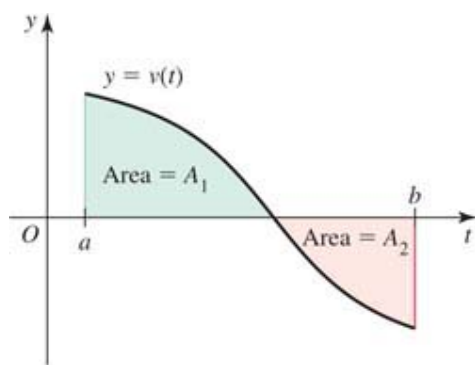
1. The **position** of an object moving along a line at time  $t$ , denoted  $s(t)$ , is the location of the object relative to the origin.
2. The **velocity** of an object at time  $t$  is  $v(t) = s'(t)$ .
3. The **displacement** of the object between  $t = a$  and  $t = b > a$  is

$$s(b) - s(a) = \int_a^b v(t) dt.$$

4. The **distance traveled** by the object between  $t = a$  and  $t = b > a$  is

$$\int_a^b |v(t)| dt$$

where  $|v(t)|$  is the **speed** of the object at time  $t$ .



$$\text{Displacement} = A_1 - A_2 = \int_a^b v(t) dt$$

(a)



$$\text{Distance traveled} = A_1 + A_2 = \int_a^b |v(t)| dt$$

(b)

**Example.** Suppose an object moves along a line with velocity (in ft/s)  $v(t) = 6 - 2t$ , for  $0 \leq t \leq 5$ , where  $t$  is measured in seconds.

- Find the displacement of the object on the interval  $0 \leq t \leq 5$ .

- Find the distance traveled by the object on the interval  $0 \leq t \leq 5$ .



**Example.** A cyclist rides down a long straight road at a velocity (in m/min) given by  $v(t) = 400 - 20t$ , for  $0 \leq t \leq 10$ .

- How far does the cyclists travel in the first 5 minutes?
- How far does the cyclists travel in the first 10 minutes?
- How far has the cyclist traveled when her velocity is 250 m/min?



**Example.** The population of a community of foxes is observed to fluctuate on a 10-year cycle due to variations in the availability of prey. When population measurements began ( $t = 0$ ), the population was 35 foxes. The growth rate in units of foxes/year was observed to be:

$$P'(t) = 5 + 10 \sin\left(\frac{\pi t}{5}\right)$$

- Find  $P(t)$ .
- Find the population of foxes after the first 5 years, rounded to the nearest whole number of foxes.

**Theorem 6.1: Position from Velocity**

Given the velocity  $v(t)$  of an object moving along a line and its initial position  $s(0)$ , the position function of the object for future times  $t \geq 0$  is

$$\underbrace{s(t)}_{\substack{\text{position} \\ \text{at } t}} = \underbrace{s(0)}_{\substack{\text{initial} \\ \text{position}}} + \underbrace{\int_0^t v(x) dx}_{\substack{\text{displacement} \\ \text{over } [0, t]}}.$$

**Theorem 6.2: Velocity from Acceleration**

Given the acceleration  $a(t)$  of an object moving along a line and its initial velocity  $v(0)$ , the velocity of the object for future times  $t \geq 0$  is

$$v(t) = v(0) + \int_0^t a(x) dx.$$

**Example.** At  $t = 0$ , a train approaching a station begins decelerating from a speed of 80 miles/hour according to the acceleration function  $a(t) = -1280(1 + 8t)^{-3}$ , where  $t \geq 0$  is measured in hours. The units of acceleration are  $\text{mi/hr}^2$ .

- Find the velocity of the train at  $t = 0.25$ .
- How far does the train travel in the first 15 minutes ( $1/4$  hour)?
- How long does it take the train to travel 9 miles?

**Theorem 6.3: Net Change and Future Value**

Suppose a quantity  $Q$  changes over time at a known rate  $Q'$ . Then the **net change** in  $Q$  between  $t = a$  and  $t = b > a$  is

$$\underbrace{Q(b) - Q(a)}_{\text{net change in } Q} = \int_a^b Q'(t) dt.$$

Given the initial value  $Q(0)$ , the **future value** of  $Q$  at time  $t \geq 0$  is

$$Q(t) = Q(0) + \int_0^t Q'(x) dx.$$

**Velocity-Displacement Problems**

Position  $s(t)$

Velocity:  $s'(t) = v(t)$

Displacement:  $s(b) - s(a) = \int_a^b v(t) dt$

Future position:  $s(t) = s(0) + \int_0^t v(x) dx$

**General Problems**

Quantity  $Q(t)$  (such as volume or population)

Rate of change:  $Q'(t)$

Net change:  $Q(b) - Q(a) = \int_a^b Q'(t) dt$

Future value of  $Q$ :  $Q(t) = Q(0) + \int_0^t Q'(x) dx$

## 6.2: Regions Between Curves

### Definition. (Area of a Region Between Two Curves)

Suppose  $f$  and  $g$  are continuous functions with  $f(x) \geq g(x)$  on the interval  $[a, b]$ . The area of the region bounded by the graphs of  $f$  and  $g$  on  $[a, b]$  is

$$A = \int_a^b (f(x) - g(x)) dx.$$



**Example.** Consider the region bounded by the curves  $y = \cos(x)$  and  $y = 1 - \cos(x)$ ,  $0 \leq x \leq \pi$ . Set up the integral(s) representing the area of this region.



**Example.** Find the area of the region by integrating with respect to  $x$ .



**Example.** Find the volume of the solid whose base is bounded by the graphs of  $y = x + 1$  and  $y = x^2 - 1$ , with the cross sections in the shape of rectangles of height 2 taken perpendicular to the  $x$ -axis.



**Definition. (Area of a Region Between Two Curves with Respect to  $y$ )**

Suppose  $f$  and  $g$  are continuous functions with  $f(y) \geq g(y)$  on the interval  $[c, d]$ . The area of the region bounded by the graphs  $x = f(y)$  and  $x = g(y)$  on  $[c, d]$  is

$$A = \int_c^d (f(y) - g(y)) dy.$$

**Example.** Find the area of the region bounded by  $x = 3y$ , and  $x = y^2 - 10$

by integrating with respect to  $x$

by integrating with respect to  $y$

**Example.** Find the area of the region bounded by  $y = x^3$ , and  $y = \sqrt{x}$   
by integrating with respect to  $x$

by integrating with respect to  $y$



**Example.** Find the area of the region bounded by  $y = 4\sqrt{2x}$ ,  $y = 2x^2$ , and  $y = -4x + 6$

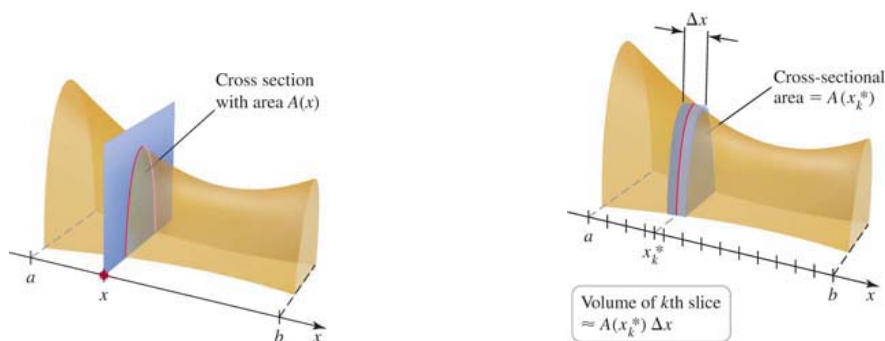


### 6.3: Volume by Slicing

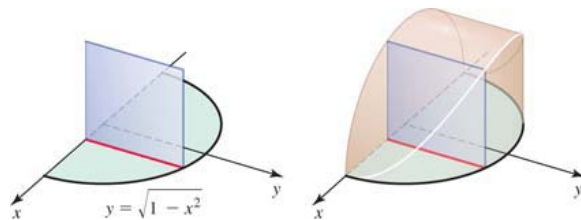
#### General Slicing Method

Suppose a solid object extends from  $x = a$  to  $x = b$ , and the cross section of the solid perpendicular to the  $x$ -axis has an area given by a function  $A$  that is integrable on  $[a, b]$ . The volume of the solid is

$$V = \int_a^b A(x) dx.$$



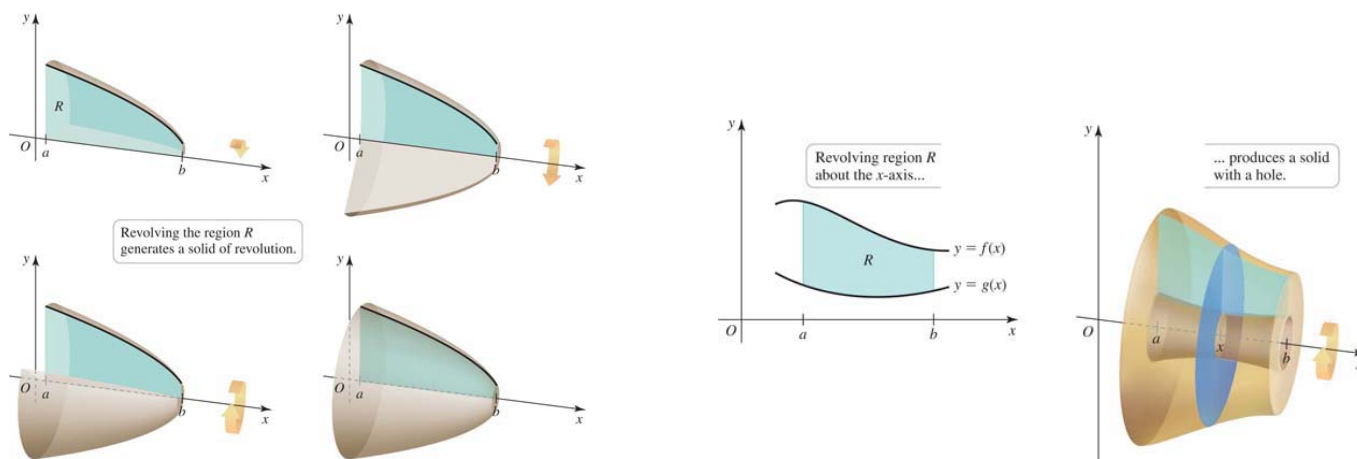
**Example.** Use the general slicing method to find the volume of the solid whose base is the region bounded by the semicircle  $y = \sqrt{1 - x^2}$  and the  $x$ -axis, and whose cross sections through the solid perpendicular to the  $x$ -axis are squares.



## Disk Method about the $x$ -Axis

Let  $f$  be continuous with  $f(x) \geq 0$  on the interval  $[a, b]$ . If the region  $R$  bounded by the graph of  $f$ , the  $x$ -axis, and the lines  $x = a$  and  $x = b$  is revolved about the  $x$ -axis, the volume of the resulting solid of revolution is

$$V = \int_a^b \underbrace{\pi f(x)^2}_{\text{disk radius}} dx.$$

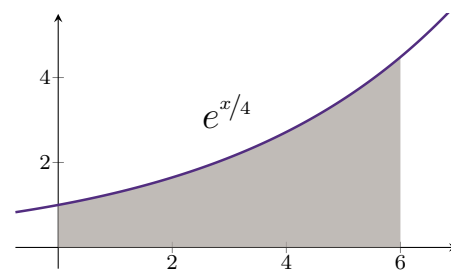


## Washer Method about the $x$ -Axis

Let  $f$  and  $g$  be continuous functions with  $f(x) \geq g(x) \geq 0$  on  $[a, b]$ . Let  $R$  be the region bounded by  $y = f(x)$ ,  $y = g(x)$ , and the lines  $x = a$  and  $x = b$ . When  $R$  is revolved about the  $x$ -axis, the volume of the resulting solid of revolution is

$$V = \int_a^b \pi \left( \underbrace{f(x)^2}_{\text{outer radius}} - \underbrace{g(x)^2}_{\text{inner radius}} \right) dx.$$

**Example.** Consider the region bounded by  $y = e^{x/4}$ ,  $y = 0$ ,  $x = 0$ , and  $x = 6$ . Find the volume of the solid generated by rotating the region about the  $x$ -axis.



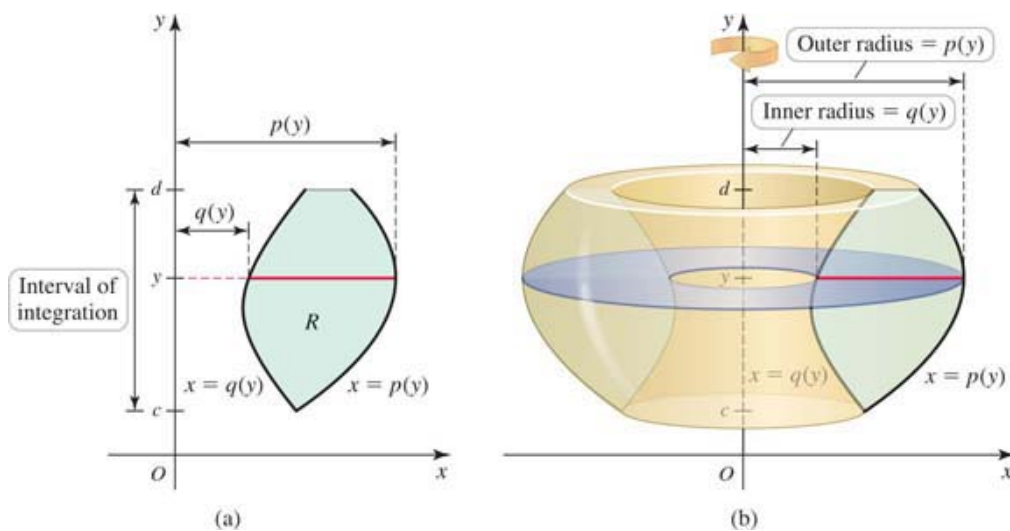
## Disk and Washer Methods about the $y$ -Axis

Let  $p$  and  $q$  be continuous functions with  $p(y) \geq q(y) \geq 0$  on  $[c, d]$ . Let  $R$  be the region bounded by  $x = p(y)$ ,  $x = q(y)$ , and the lines  $y = c$  and  $y = d$ . When  $R$  is revolved around the  $y$ -axis, the volume of the resulting solid of revolution is given by

$$V = \int_c^d \underbrace{(p(y)^2}_{\text{outer radius}} - \underbrace{q(y)^2}_{\text{inner radius}}) dy.$$

If  $q(y) = 0$ , the disk method results:

$$V = \int_c^d \underbrace{p(y)^2}_{\text{disk radius}} dy.$$



**Example.** Consider the region bounded between  $y = \sqrt[4]{x}$ ,  $y = 2$ , and  $x = 0$ .

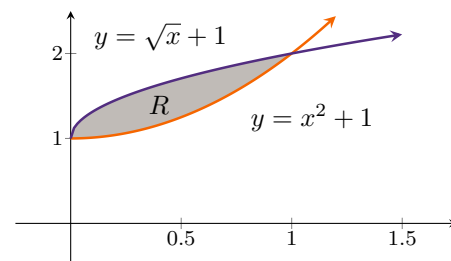


Setup the integral with respect to  $x$  that gives the area of the region.

Setup the integral with respect to  $y$  that gives the area of the region.

Use the disk/washer method to setup the that represents the volume of the solid generated by rotating the region about the  $x$ -axis.

**Example.** Consider the region  $R$  between  $y = \sqrt{x} + 1$  and  $y = x^2 + 1$ . Setup the integrals which find the volume of the solid obtained by rotating the region  $R$  as indicated below.



about the  $y$ -axis

about the  $x$ -axis

about the line  $x = 1$

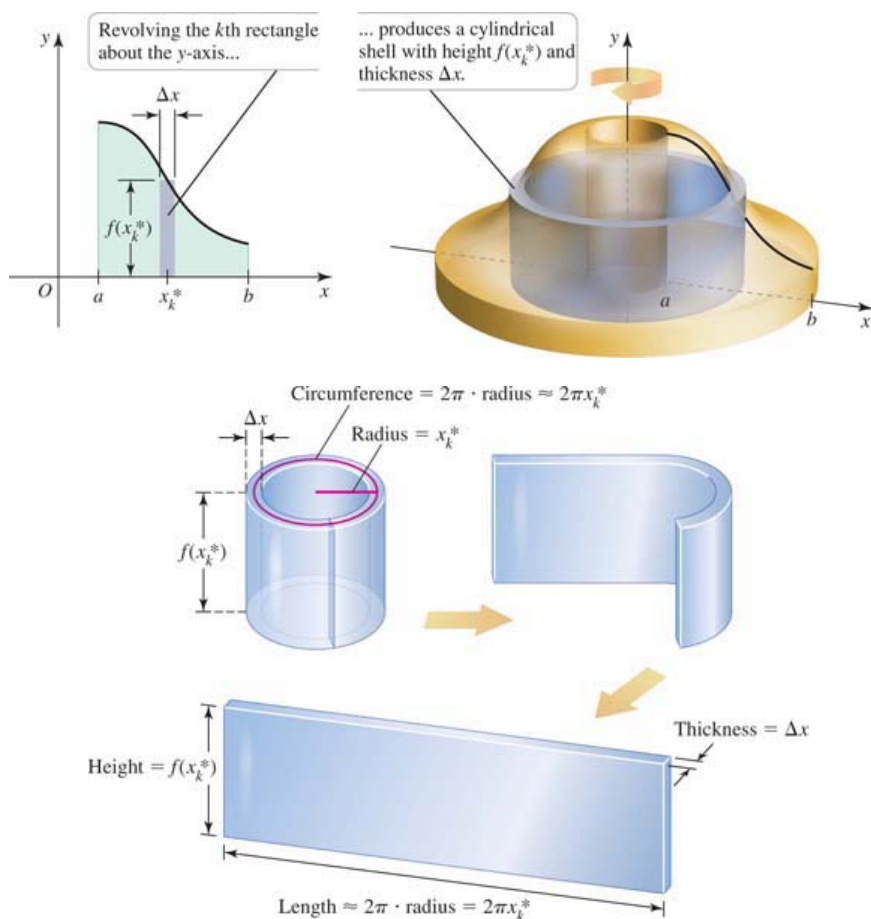
about the line  $y = -1$

## 6.4: Volume by Shells

### Volume by the Shell Method

Let  $f$  and  $g$  be continuous functions with  $f(x) \geq g(x)$  on  $[a, b]$ . If  $R$  is the region bounded by the curves  $y = f(x)$  and  $y = g(x)$  between the lines  $x = a$  and  $x = b$ , the volume of the solid generated when  $R$  is revolved about the  $y$ -axis is

$$V = \int_a^b \underbrace{2\pi x}_{\text{shell circumference}} \underbrace{(f(x) - g(x))}_{\text{shell height}} dx.$$





**Example.** Consider a general region  $R$  revolved around the  $y$ -axis.

When using the **disk/washer** method, we integrate with respect to \_\_\_\_\_

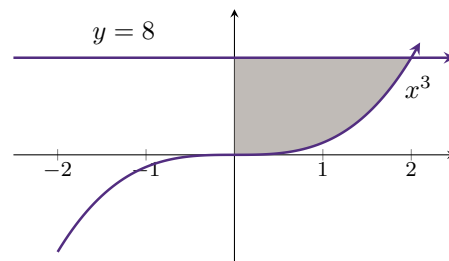
When using the **shell** method, we integrate with respect to \_\_\_\_\_

**Example.** Consider a general region  $R$  revolved around the  $x$ -axis.

When using the **disk/washer** method, we integrate with respect to \_\_\_\_\_

When using the **shell** method, we integrate with respect to \_\_\_\_\_

**Example.** Consider the region bounded between  $y = x^3$ ,  $y = 8$  and  $x = 0$ .



Use the disk/washer method to setup the integral that represents the volume of the solid generated by rotating the region about the  $x$ -axis.

about the  $y$ -axis.

Use the disk/washer method to setup the integral that represents the volume of the solid generated by rotating the region about the line  $x = -1$ .

about the line  $y = 8$ .

**Example.** Consider the region bounded by  $y = \frac{1}{x+1}$  and  $y = 1 - \frac{x}{3}$ . Use both the disk/washer method and shell method to find the volume of the solid generated when  $R$  is rotated about the  $x$ -axis.

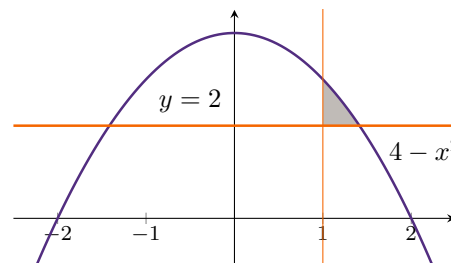
**Example.** Determine if the following statements are true.

When using the shell method, the axis of the cylindrical shells is parallel to the axis of revolution.

If a region is revolved about the  $y$ -axis, then the shell method must be used.

If a region is revolved about the  $x$ -axis, it is possible to use the disk/washer method and integrate with respect to  $x$ .

**Example.** Consider the region  $R$  bounded by  $y = 4 - x^2$ ,  $y = 2$ , and  $x = 1$ . Use the shell method to setup the integral that represents the volume of the solid generated by rotating the region  $R$  about the indicated axis of rotation.



about  $x$ -axis,

about  $y$ -axis,

about the line  $x = -2$ ,

about the line  $y = 2$ .