

Welcome to RML.  
This is the part of the RML document where your text is placed.  
It should be enclosed in <para> and </para> tags to turn it into paragraphs.  
You should now be able to see borders around the two frames on this page, because showBoundary="1" in the template section at the top. Set it to 0 and the black borders will disappear.  
This is an extra paragraph which is a bit longer. It is supposed to fill

up the rest of the current frame, and demonstrates what happens when a frame fills up with text. It should start flowing into the next frame. blah blah waffle waffle lorem ipsum etc etc