

Walking in the Spirit – What does walking in the Spirit mean?

We always hear people say those who believe in Christ walk in the spirit. They say Christians must walk in the spirit. What does this exactly mean? Some will say it means walking in the will of God, some will say it means walking in the ways of God, some will say not fulfilling the desires of the flesh, some will say other things. The three answers above are correct but they are very high level, because they still don't tell you what that is, what is the will of God or what it means not to fulfil the desires of the flesh. You are still left with more questions than answers. Like what does it mean to walk in the spirit? How do I know if I am walking in the spirit? Do you know what it means to walk to walk in the spirit? Is your definition of walking in the spirit testified by the Holy Scriptures? What does the bible say walking in the spirit mean? What it means to be led by the Spirit.

John 14:26

But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.

- ⇒ From the verse above, we see that the Holy Spirit will teach us all things and reminds us of the teachings of Christ
- ⇒ But what did Jesus teach?

Matthew 23:1–3

Then Jesus spoke to the multitudes and to His disciples, saying:

“The scribes and the Pharisees sit in Moses’ seat.

Therefore whatever they tell you to observe, that observe and do, but do not do according to their works; for they say, and do not do.”

- ⇒ From this passage we see that Jesus taught that people should listen to Moses (Torah) which is the word of God just as the Pharisees teach but not to be like them because they do not follow Moses.
- ⇒ Is the Holy Spirit going to remind us of this?

John 7:16

“Jesus answered them and said, “My doctrine is not Mine, but His who sent Me.”

- ⇒ Jesus taught that what he taught is from God, not him, it is the Word of God. Now what is the Word of God?
- ⇒ As already established in another document, the Torah is the Word of God.
- ⇒ Is the Holy Spirit going to remind us of this?

John 8:28

Then Jesus said to them, “When you lift up the Son of Man, then you will know that I am He, and that I do nothing of Myself; but as My Father taught Me, I speak these things.”

- ⇒ Jesus said he only teaches what the Father taught.
- ⇒ He only taught the Word of God, now the question is, what is the Word of God?
- ⇒ As already established in another document, the Torah is the Word of God.
- ⇒ Is the Holy Spirit going to remind us of this?

John 12:49–50

For I have not spoken on My own authority; but the Father who sent Me gave Me a command, what I should say and what I should speak.

And I know that His command is everlasting life. Therefore, whatever I speak, just as the Father has told Me, so I speak.

- ⇒ Again here Jesus says he taught what the Father taught. He says he speaks the commands of the Father.
- ⇒ He says the Commands of God are everlasting. We know the commands of God are the Torah.
- ⇒ As established in another document, the Torah is the Word of God, it is the Truth, and it stands forever.
- ⇒ Is the Holy Spirit going to remind us of this?

John 17:14

I have given them Your word; and the world has hated them because they are not of the world, just as I am not of the world.

- ⇒ Jesus says he gave them the Word of God.
- ⇒ And as already established in another document, the Word of God is Torah.
- ⇒ Is the Holy Spirit going to remind us of this?

Matthew 5:17–19

Do not think that I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill.

For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled.

Whoever therefore breaks one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but whoever does and teaches them, he shall be called great in the kingdom of heaven.

- ⇒ Jesus said with his own mouth that he did not come to abolish the Torah and the Prophets, but to fulfil them.
- ⇒ He said not even a single letter, even a dot will go away from them.
- ⇒ He said as long as the heavens and the earth are still here, even the law still stands.
- ⇒ Are the heavens and earth still here?
- ⇒ Is The Holy Spirit going to remind us of this?

The verses above show us exactly what Jesus taught and commanded. He was teaching the Word of God.

Romans 7:21–25

**I find then a law, that evil is present with me, the one who wills to do good.
For I delight in the law of God according to the inward man.
But I see another law in my members, warring against the law of my mind, and
bringing me into captivity to the law of sin which is in my members.
O wretched man that I am! Who will deliver me from this body of death?
I thank God—through Jesus Christ our Lord! So then, with the mind I myself serve the
law of God, but with the flesh the law of sin.**

- ⇒ We see that Paul is talking about two different laws here. The law of Sin and the Law of God (Torah)
- ⇒ He says he delights in the law of God but there's this law (law of Sin) that keeps fighting against the law of his mind (Law of God)
- ⇒ Through Jesus Christ, he is able to serve the law of his mind which is the law of God
- ⇒ But with the flesh he serves the law of Sin
- ⇒ Basically Paul is saying you are either obeying the law of God through Christ or you are a slave to the law of Sin.

Romans 8:5–8

**For those who live according to the flesh set their minds on the things of the flesh, but
those who live according to the Spirit, the things of the Spirit.
For to be carnally minded is death, but to be spiritually minded is life and peace.
Because the carnal mind is enmity against God; for it is not subject to the law of God,
nor indeed can be.
So then, those who are in the flesh cannot please God.**

- ⇒ This is a continuation of Romans 7:21-25
- ⇒ These verses say those who follow the Law of God are living according to the spirit.
- ⇒ Those who walk in the flesh do not follow the law of God and cannot do so. If you do not follow God's law then you are not walking in the Spirit, you are walking in the flesh.
- ⇒ Those who obey God's law are following and are led by the Spirit.
- ⇒ Paul in verse 6 says being controlled by the spirit is life and peace. Where does he get this? Read Proverbs 3:1-2, Psalm 119:165, Deuteronomy 30:15-16, Isaiah 48:18 below, he got this from reading the Holy Scriptures.

Proverbs 3:1–2

**My son, do not forget my law,
But let your heart keep my commands;
For length of days and long life
And peace they will add to you.**

Psalms 119:165

**Great peace have those who love Your law,
And nothing causes them to stumble.**

Deuteronomy 30:15–16

**See, I have set before you today life and good, death and evil,
in that I command you today to love the LORD your God, to walk in His ways, and to
keep His commandments, His statutes, and His judgments, that you may live and
multiply; and the LORD your God will bless you in the land which you go to possess.**

Isaiah 48:18

**Oh, that you had heeded My commandments!
Then your peace would have been like a river,
And your righteousness like the waves of the sea.**

Romans 8:9–10

**But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you.
Now if anyone does not have the Spirit of Christ, he is not His.
And if Christ is in you, the body is dead because of sin, but the Spirit is life because of
righteousness.**

- ⇒ Taking into consideration Romans 7:21-25 and Romans 8:5-8, if you follow the Law of God then you are led by the Spirit and the Spirit lives in you.

Romans 7:14

For we know that the law is spiritual, but I am carnal, sold under sin.

- ⇒ We are told that the law is spiritual, it is not of the flesh.
⇒ That is why following the law of God is being led by the Spirit, because the Spirit will only lead you to spiritual things and things of the flesh.

Galatians 5:16

I say then: Walk in the Spirit, and you shall not fulfil the lust of the flesh.

- ⇒ Walking in the spirit leads you not to fulfilling the desires of the Flesh.
- ⇒ The flesh is enmity against God, it cannot please, it does not submit to his instructions, it breaks his laws and thus Sin.

Ezekiel 36:26–27

I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.

I will put My Spirit within you and cause you to walk in My statutes, and you will keep My judgments and do them.

- ⇒ God said he will put a spirit in us and give us new hearts.
- ⇒ This Spirit is supposed to make us walk in the ways of God, in the statutes of God which is the Torah.
- ⇒ The Spirit causes us to follow the Word of God and we established that the Word of God is the Torah.
- ⇒ If the Spirit you have does not cause you to follow the Word of God then it is not from God because the one from God is supposed to make you obedient.

Romans 8:4

That the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

- ⇒ We fulfil the law when we walk in the Spirit, just as Christ fulfilled the law.
- ⇒ We do not break the law when we walk in the spirit and thus we stop sinning.
- ⇒ Jesus fulfilled the law because he did not break it, he was sinless, the righteous requirement of the law was fulfilled.
- ⇒ For example, if the law says do not pork, and I do not eat it, then I have fulfilled the righteous requirement of that law but if I eat it, then I break the law and the requirement is not met.

The New Covenant is literally God putting the law in our hearts and our minds for us to obey, just as it was intended when it was first given on Mount Sinai. We are given new hearts that will love God and obey his commands. The definition of the New Covenant and what it is supposed to do is given in the verses below. Hebrew 8:8-10 is quoting Jeremiah 31:31-34 directly. Walking in the Spirit means obeying the Law of God.

Jeremiah 31:31–34

Behold, the days are coming, says the LORD, when I will make a new covenant with the house of Israel and with the house of Judah—

not according to the covenant that I made with their fathers in the day that I took them by the hand to lead them out of the land of Egypt, My covenant which they broke, though I was a husband to them, says the LORD.

But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put My law in their minds, and write it on their hearts; and I will be their God, and they shall be My people.

No more shall every man teach his neighbor, and every man his brother, saying, ‘Know the LORD,’ for they all shall know Me, from the least of them to the greatest of them, says the LORD. For I will forgive their iniquity, and their sin I will remember no more.

Hebrews 8:8–10

Because finding fault with them, He says:

“Behold, the days are coming, says the LORD, when I will make a new covenant with the house of Israel and with the house of Judah—

not according to the covenant that I made with their fathers in the day when I took them by the hand to lead them out of the land of Egypt; because they did not continue in My covenant, and I disregarded them, says the LORD.

For this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put My laws in their mind and write them on their hearts; and I will be their God, and they shall be My people.”