

Your ViT is Secretly an Image Segmentation Model

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Abstract

Vision Transformers (ViTs) have shown remarkable performance and scalability across various computer vision tasks. To apply single-scale ViTs to image segmentation, existing methods adopt a convolutional adapter to generate multi-scale features, a pixel decoder to fuse these features, and a Transformer decoder that uses the fused features to make predictions. In this paper, we show that the inductive biases introduced by these task-specific components can instead be learned by the ViT itself, given sufficiently large models and extensive pre-training. Based on these findings, we introduce the Encoder-only Mask Transformer (EoMT), which repurposes the plain ViT architecture to conduct image segmentation. With large-scale models and pre-training, EoMT obtains a segmentation accuracy similar to state-of-the-art models that use task-specific components. At the same time, EoMT is significantly faster than these methods due to its architectural simplicity, e.g., up to 4× faster with ViT-L. Across a range of model sizes, EoMT demonstrates an optimal balance between segmentation accuracy and prediction speed, suggesting that compute resources are better spent on scaling the ViT itself rather than adding architectural complexity. Code: <https://www.tue-mps.org/eomt/>.

1. Introduction

The Vision Transformer (ViT) [21] has proven to be a strong, scalable, and generally applicable architecture for computer vision [1, 19, 47, 61]. Recently, research has shown that ViTs are very suitable for large-scale pre-training [5, 26, 47, 62], resulting in generalizable models that achieve high performance on many downstream tasks. A particularly well-researched task is image segmentation, e.g., semantic, instance, and panoptic segmentation [36]. To achieve state-of-the-art segmentation performance with ViTs, they are typically combined with several computationally intensive and task-specific components such as ViT-Adapter and Mask2Former (M2F) [12, 14]. In these meth-

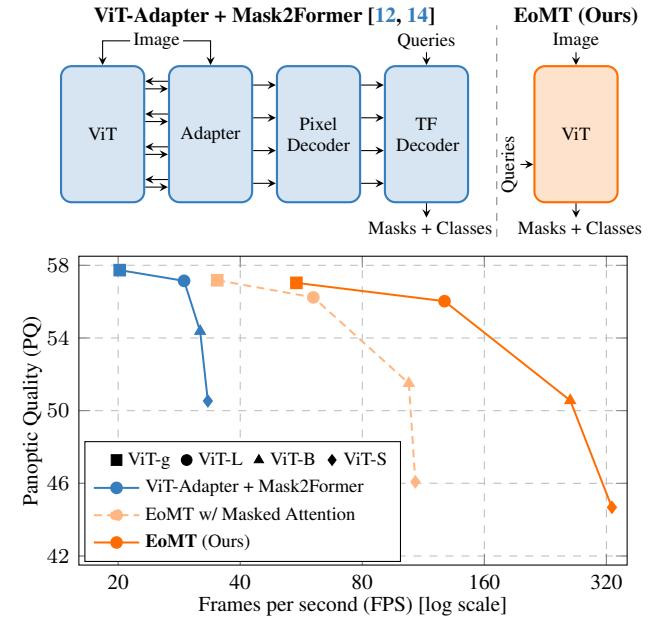


Figure 1. **ViT-Adapter + Mask2Former vs. EoMT (Ours).** EoMT demonstrates an optimal balance between Panoptic Quality (PQ) and FPS across different sizes of DINOv2 [47] pre-trained ViTs [21]. Evaluation on COCO val2017 [40], see Tab. 3.

ods, an *adapter* [12, 57] is first applied in parallel to the ViT, using convolutional layers and interacting with the ViT to extract multi-scale features. Second, these multi-scale features are fed to a Mask Transformer module [13, 14, 32, 60], consisting of a *pixel decoder* and a *Transformer decoder*. The pixel decoder fuses and enhances information across multiple feature scales. The Transformer decoder then introduces learnable object queries that attend to the multi-scale features via cross-attention. These queries are finally used to generate segmentation mask and class predictions.

In this paper, we explore whether these additional components, as visualized in Fig. 1 (top left), are truly necessary to obtain state-of-the-art performance. We hypothesize that with increasingly extensive pre-training and for larger ViTs, the positive effect of these additional components decreases, making them nearly irrelevant. There are two key reasons for this: (i) Large-scale pre-training, particularly

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when combined with objectives like masked image modeling (*e.g.*, DINOv2 [47]), teaches the ViT to extract dense, fine-grained semantic information essential for segmentation [33]. Therefore, we expect that additional components are no longer required to aid the ViT in extracting this information. *(ii)* Larger ViTs have more learnable parameters. We expect that this increased capacity allows large ViTs to accurately conduct image segmentation without additional components. If these hypotheses hold, the simplicity and efficiency of segmentation models could be significantly enhanced by removing these task-specific components, while only minimally affecting their segmentation accuracy.

To confirm these hypotheses, we experimentally assess the effect of gradually removing the aforementioned components, in combination with several types of pre-training and different model sizes. This process ultimately leads us to a conceptually simple model with an architecture that only minimally differs from the plain ViT. We call this model the *Encoder-only Mask Transformer* (EoMT). Crucially, EoMT repurposes the ViT blocks to not only extract image features, but also enable interaction between learnable object queries and image features, to finally predict a mask and class label for each of these queries. This highly simplified design is visualized in Fig. 1 (top right).

A key innovation of EoMT is that it does not require masked attention during inference, unlike existing Mask2Former-like architectures. Models use masked attention to constrain each query to cross-attend only within the intermediate segmentation mask predicted for that query. While this improves segmentation accuracy, it also harms efficiency as it requires additional operations. To overcome this, we present a novel *mask annealing* strategy, where masked attention is initially fully enabled during training, but then gradually phased out as training progresses, allowing for efficient, masked-attention-free inference.

Overall, EoMT offers several advantages: *(i)* By not requiring additional components and by enabling inference without masked attention, EoMT greatly reduces computational requirements and latency. *(ii)* Due to its architectural simplicity, EoMT is significantly easier to implement than existing approaches that use additional components. *(iii)* By relying purely on the Transformer architecture [53] of the ViT, EoMT can fully and directly leverage ongoing and future developments related to Transformers, without being bottlenecked by additional non-optimized modules. This applies not only to general improvements like FlashAttention [17, 18] and specialized hardware [15, 22], but also to vision-specific advances like token merging [6, 45, 46] and vision foundation models [26, 47].

Through our experimental analysis, we find that removing task-specific components has only a minimal impact on segmentation accuracy when using a large pre-trained model like DINOv2 [47], confirming our hypotheses. By

removing these components, EoMT achieves performance competitive with the state of the art, while being much faster. As shown in Fig. 1, EoMT obtains a considerably better balance between prediction speed and segmentation quality. To illustrate this: ViT-Adapter + M2F with ViT-B achieves a Panoptic Quality (PQ) of 54.4 at 32 frames per second (FPS). In contrast, despite using a larger model, EoMT runs significantly faster with ViT-L at 128 FPS while also achieving a higher PQ of 56.0.

In summary, we make the following contributions: **(1)** We assess the necessity of task-specific components of state-of-the-art image segmentation models and find that they become less relevant when scaling up model size and pre-training. **(2)** We present the *Encoder-only Mask Transformer* (EoMT), a simple and efficient model that repurposes the ViT blocks for segmentation and obtains state-of-the-art performance without requiring inefficient task-specific components. **(3)** We propose a *mask annealing* training strategy that enables significantly faster inference by removing the need for masked attention.

2. Related Work

Image segmentation. Image segmentation is a fundamental task in computer vision, for which the goal is to divide an image into pixel-level segments based on semantics, by providing a segmentation mask and class label for each segment. For semantic segmentation, the objective is to output a single segment for each class in the image. Instance segmentation, on the other hand, requires a segment for each individual object instance, but disregards uncountable entities like ‘road’ or ‘sky’. Finally, panoptic segmentation [36] combines these tasks and requires *(i)* segments per individual instance for countable classes called *things* (*e.g.*, ‘person’ or ‘car’), and *(ii)* a single segment per class for uncountable classes called *stuff* (*e.g.*, ‘road’ or ‘sky’).

Traditionally, segmentation methods had specialized architectures that were tailored for only one of these tasks [10, 30, 35, 51, 63]. Recently, however, the emergence of the *Mask Transformer* framework [7, 13, 55] has enabled the adoption of a unified architecture and training pipeline for all three segmentation tasks [3, 9, 13, 14, 32, 37, 38, 60]. The versatility of these models is enabled by learnable object queries, which adaptively learn to represent a single segment, whether it is a *stuff* class or a *thing* instance. In this work, we investigate state-of-the-art Mask Transformer models and propose a minimalist, efficient ViT-based model that is competitive with more complex architectures while being significantly more efficient.

Vision Transformers. The Transformer architecture [53] was originally developed for Natural Language Processing (NLP), where its ability to model long-range dependencies revolutionized the field. To harness the power of this

architecture for computer vision, the Vision Transformer (ViT) [21] was introduced. ViTs divide images into fixed-size patches, project them into an embedding space to form tokens, and then process these tokens using multiple Transformer blocks. By design, there are key differences between Convolutional Neural Networks (CNNs) and ViTs. (*i*) ViTs process images at a fixed resolution due to the fixed patch size. In contrast, CNNs (*e.g.*, ResNet [29]) typically contain various downscaling steps, allowing them to output feature maps of multiple resolutions [41]. (*ii*) ViTs process images globally leveraging self-attention, while CNNs process images locally by applying convolutional filters.

For tasks like image segmentation, multi-scale features and local processing are claimed to be beneficial for performance [12]. To introduce these properties into Transformers, some works propose alternative architectures [27, 28, 42, 58] that incorporate local attention and token down-sampling. However, as discussed later, these models deviate from the plain ViT architecture, preventing them from leveraging advancements in large-scale pre-training. An alternative approach extends ViTs with a CNN-based *adapter* to produce multi-scale features [12, 57]. In this work, however, we find that the necessity of these adapters and other task-specific components greatly diminishes when using extensively pre-trained large ViTs for image segmentation. This allows a much simpler and more efficient model while maintaining performance competitive with state-of-the-art approaches. Similar to our work, UViT [11] explores the use of single-scale features from the plain ViT for instance recognition tasks, but it still relies on complex task-specific decoders. Meanwhile, YOLOS [25] adopts an encoder-only ViT for instance recognition but is restricted exclusively to object detection. Moreover, neither method demonstrates that scaling up model size and pre-training enables a simple ViT-based model to be competitive with complex state-of-the-art architectures, which we do with EoMT.

Large-scale visual pre-training. For tasks like image segmentation, it is common practice to initialize a model’s backbone with pre-trained weights to improve downstream performance over random initialization. Initially, such pre-training relied on supervised image classification on ImageNet [20]. More recently, pre-training has been scaled up to massive datasets using weakly- [48] or self-supervised [8] learning. Currently, vision foundation models (VFM) that use masked image modeling, like DINOv2 [47] and EVA-02 [26], provide the best pre-training for image segmentation [33]. Notably, all these VFM use the ViT architecture for its scalability. This means that models with non-ViT backbones, such as Swin [42] and ConvNeXt [43], which are commonly used for image segmentation, cannot leverage VFM pre-training due to their incompatible architectures. In contrast, EoMT can benefit from VFM initialization, as it is fully ViT-based.

3. Towards Encoder-only Mask Transformer

3.1. Preliminaries

Vision Transformers. Vision Transformers first divide an image $\mathbf{I} \in \mathbb{R}^{3 \times H \times W}$ into N non-overlapping patches of shape $(p \times p)$, where H and W are the image height and width, and p is the pre-determined patch size. Subsequently, these patches are linearly projected into patch tokens $\mathbf{X}^0 \in \mathbb{R}^{D \times N}$ and processed by L Transformer blocks [53]. Each Transformer block applies multi-head self-attention (MHSA) and a two-layer multi-layer perceptron (MLP) with a non-linear activation function. Concretely, for each block i ,

$$\begin{aligned}\mathbf{Z}^i &= \mathbf{X}^i + \text{MHSA}(\text{Norm}(\mathbf{X}^i)); \\ \mathbf{X}^{i+1} &= \mathbf{Z}^i + \text{MLP}(\text{Norm}(\mathbf{Z}^i)),\end{aligned}\quad (1)$$

where Norm is Layer Normalization [4]. The result of this process is a set of final patch tokens \mathbf{X}^L . Reordering these tokens yields spatial features $\mathbf{F}^{\text{vit}} \in \mathbb{R}^{D \times \frac{H}{p} \times \frac{W}{p}}$, where the patch size p determines the resolution.

To achieve state-of-the-art image segmentation with ViTs, recent works have proposed several components that further process the resulting patch tokens and interact with the ViT at different levels.

Adapters. To introduce convolutional biases and enable multi-scale feature extraction, an *adapter* is applied in parallel to the ViT to inject and extract features [12, 57]. Concretely, the ViT-Adapter [12], which we study in this work, first applies a CNN to the input image to extract multi-scale features at resolutions $\frac{1}{4}, \frac{1}{8}, \frac{1}{16}$, and $\frac{1}{32}$. Subsequently, the ViT-Adapter repeatedly injects these CNN features into the ViT through multi-scale deformable attention [65], applies several ViT blocks, and extracts refined features from the ViT into the multi-scale CNN features. The output of the adapter is a set of multi-scale ViT- and CNN-based features, $\{\mathbf{F}_4, \mathbf{F}_8, \mathbf{F}_{16}, \mathbf{F}_{32}\}$, with $\mathbf{F}_i \in \mathbb{R}^{D \times \frac{H}{i} \times \frac{W}{i}}$.

Mask Transformers. To make segmentation predictions with these features, state-of-the-art models follow the *Mask Transformer* framework [7, 13, 55]. In this work, we study the state-of-the-art method Mask2Former (M2F) [14]. As a first step, to further enhance the features extracted by the ViT-Adapter, M2F applies a *pixel decoder*. This pixel decoder takes the features $\{\mathbf{F}_4, \mathbf{F}_8, \mathbf{F}_{16}, \mathbf{F}_{32}\}$ and applies a series of multi-scale deformable attention layers [65], outputting processed features $\{\widehat{\mathbf{F}}_4, \widehat{\mathbf{F}}_8, \widehat{\mathbf{F}}_{16}, \widehat{\mathbf{F}}_{32}\}$. In this process, multi-scale features from different backbone layers are processed into a consistent yet scale-specific representation.

The final component of M2F, the *Transformer decoder*, generates and outputs the actual segmentation predictions. As inputs, it takes not only the multi-scale features from the pixel decoder, but also a set of K learned queries $\mathcal{Q}^0 = \{\mathbf{q}_i^0 \in \mathbb{R}^D\}_{i=1}^K$. In the Transformer decoder, each of these queries learns to represent one individual segment per image (*i.e.*, a *stuff* class or a *thing* instance). To do so,

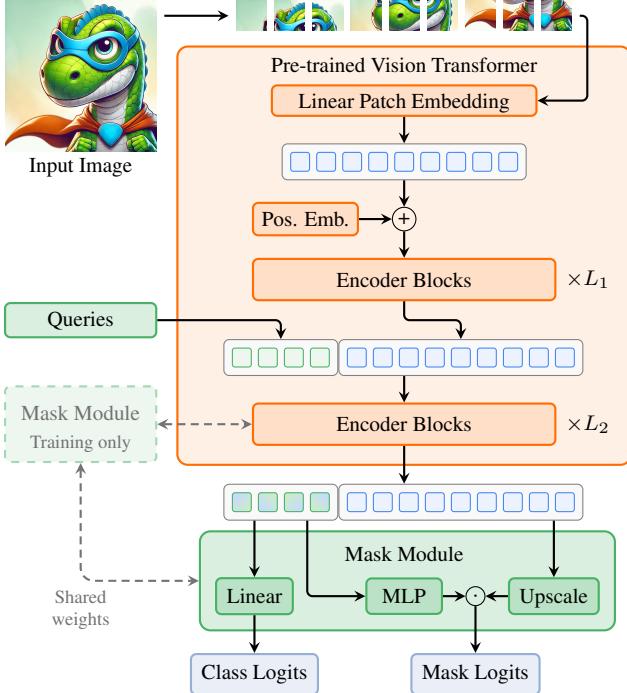


Figure 2. **EoMT architecture.** Learnable queries are concatenated to the patch tokens after the first L_1 ViT encoder blocks. These concatenated tokens are then jointly processed by the last L_2 blocks and used to predict class and mask logits.

these queries are subjected to J blocks with cross-attention to the multi-scale features and multi-head self-attention between queries, yielding processed queries \mathcal{Q}^J . The Transformer decoder then generates the segmentation predictions by predicting a class label and segmentation mask for each query q_i^J . Class logits $c_i^J \in \mathbb{R}^C$ are predicted by applying a linear layer to q_i^J . Mask logits $m_i^J \in \mathbb{R}^{\frac{H}{4} \times \frac{W}{4}}$ are obtained by first applying an MLP to yield mask embedding \hat{q}_i^J and subsequently taking the dot product between the features F_4 and \hat{q}_i^J . By assigning each ground-truth segment to a unique query and supervising both class and mask predictions, the model learns the segmentation task.

A key feature of the M2F Transformer decoder is the use of masked cross-attention. In each of the J blocks, prior to cross-attention between queries and image features, an intermediate segmentation mask and class label are predicted and supervised per query using the above procedure. The predicted masks are then used to mask the attention, allowing a query to only attend to the image region that corresponds to its predicted segmentation mask. This masked attention results in improved segmentation accuracy [14].

3.2. Removing Task-Specific Components

To study the importance of the aforementioned task-specific components, we gradually remove them while assessing the effect on segmentation accuracy. We continue until all task-

specific components are removed, ending up with our simple *Encoder-only Mask Transformer* (EoMT). The different configurations are described in this section and visualized in Fig. A, with the results reported in Sec. 4.2.

Removing the adapter. Removing the adapter eliminates the inductive biases and multi-resolution features provided by a CNN. However, we hypothesize that with sufficient pre-training, large ViTs can learn these features without requiring additional components. In the absence of an adapter, we construct a feature pyramid by upscaling the ViT output features $F^{\text{vit}} = F_{16}$ (patch size 16×16) to compute F_4 and F_8 , and downscaling them to compute F_{32} . We follow the approach of ViTDet [39] by using transposed convolutions for upscaling and normal convolutions for downscaling. For each scale of the feature pyramid, we independently up- or downscale F^{vit} with a sequence of operations. We repeat a (transposed) 2×2 convolution with stride 2×2 , GELU activation, depthwise 3×3 convolution, and final Norm, until the required scales are reached. This approach mimics the multi-scale feature extraction of the ViT-Adapter in a much simpler manner.

Removing the pixel decoder. Without the adapter, the resulting features no longer originate from different stages of a hierarchical backbone and thus should not need further consolidation. As such, the heavy pixel decoder should be obsolete, and we remove it by directly feeding the simplified feature pyramid to the Transformer decoder. Specifically, instead of $\{\hat{F}_4, \hat{F}_8, \hat{F}_{16}, \hat{F}_{32}\}$, we input $\{F_4, F_8, F_{16}, F_{32}\}$ to the Transformer decoder.

Removing multi-scale feature processing. To further simplify, we question the necessity of using features at multiple scales, since all features are derived from a shared single-scale feature map F^{vit} . Therefore, we do not generate multi-scale features F_8, F_{32} . In the Transformer decoder, instead, queries cross-attend exclusively to the ViT output $F^{\text{vit}} = F_{16}$. We only upscale F^{vit} to F_4 to compute the mask logits via dot product with the mask embeddings \hat{q}_i^J , to ensure high-resolution output masks.

3.3. Encoder-only Mask Transformer

By removing the previous task-specific components, the model is reduced to a ViT with a single-scale Transformer decoder. The next step is to completely remove the decoder. This requires minor modifications to the plain ViT architecture, such that it can perform image segmentation without a dedicated decoder. We call the resulting method the *Encoder-only Mask Transformer* (EoMT).

Querying the ViT for masks. Differently from standard Mask Transformers for image segmentation [13, 14, 31, 32, 37, 60], which adopt heavy and complex ad-hoc decoders, EoMT only uses the architecture of the plain ViT with a few extra learned queries and a small mask prediction module.

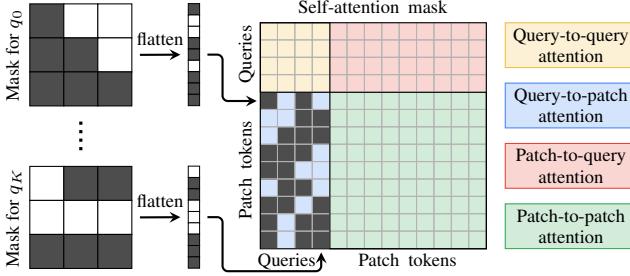


Figure 3. Masked self-attention during training. In the final L_2 blocks of EoMT, patch tokens and queries are jointly processed by self-attention. During training, the intermediate mask predictions are used to mask the query-to-patch portion of the attention operation, mimicking the masked cross-attention of M2F [14].

An overview of EoMT is provided in Fig. 2.

The first L_1 Transformer encoder blocks of the ViT are unchanged and only process the input image. After these encoder blocks, we introduce a set of K learnable queries that are concatenated to the patch tokens. These are then jointly processed by the remaining L_2 ViT encoder blocks, following Eq. (1). The final blocks thus have to process the patch tokens as before, but also replace the Transformer decoder that processes the queries.

A standard Mask Transformer introduces (i) interaction between individual queries through self-attention, enabling queries to coordinate the objects they should attend to, and (ii) transfer of information from visual tokens to object queries through query-to-patch cross-attention. Normally, these operations are performed sequentially. In contrast, by using the MHSA operation of the ViT, EoMT performs them jointly in a single layer (see Fig. 3).

In addition to the ViT, we introduce a small *mask module* to predict masks and corresponding classes for each query. Here, we follow the same design as M2F [14], passing the query tokens through a linear layer to predict class logits and using a three-layer MLP followed by a dot product with the upscaled image features F_4 to obtain mask logits.

To enable masked attention between queries and image features during training, as in the M2F Transformer decoder, we additionally apply the previously introduced mask module before each of the last L_2 ViT blocks, to predict intermediate segmentation masks for each query. In turn, these masks can be used to mask the query-to-patch attention in the plain self-attention block, constraining the attention of each query to the segmentation mask that is predicted for it. This is visualized in Fig. 3.

Mask annealing. While using masked attention during training improves performance, predicting intermediate masks and applying them to the self-attention operation for each block during inference is computationally expensive and inefficient. To address this, we propose a *mask annealing* scheme that gradually phases out masked attention over the course of training. Specifically, in each block

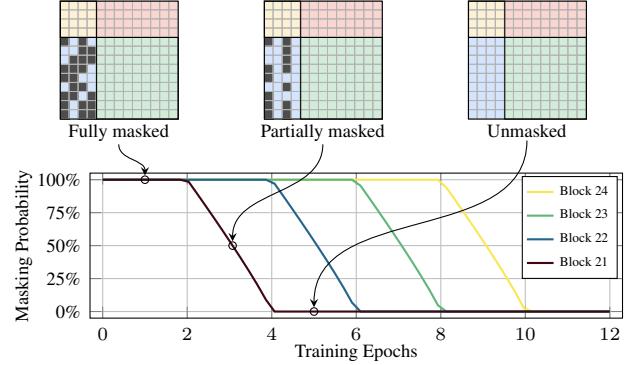


Figure 4. Mask annealing during training. Self-attention is initially masked in the final L_2 ($= 4$ for ViT-L) EoMT blocks. The masking probability is gradually annealed, starting from early blocks, until it is no longer needed at the end of training.

with masked attention, we apply the mask for each query with a probability P_{mask} , which starts at 1.0 and decays block by block to 0.0 throughout the training, as shown in Fig. 4. This strategy allows the model to initially benefit from masked attention to aid convergence, while gradually learning to operate without it, thus maintaining high performance. By eliminating the need for masked attention during inference, the final model leverages the highly optimized plain ViT architecture without additional intermediate modules or modified attention operations, ensuring optimal efficiency.

4. Experiments

4.1. Experimental Setup

Datasets. We use widely adopted benchmarks for image segmentation: COCO [40] and ADE20K [64] for panoptic, Cityscapes [16] and ADE20K for semantic, and COCO for instance segmentation.

Models and training. Unless specified otherwise, we use DINOv2-L [47] with a 640×640 input size and a 16×16 patch size. For EoMT with ViT-L, we use $L_2 = 4$, which provides optimal performance (see Appendix B and Tab. D). We train our models in mixed precision with the AdamW [44] optimizer (learning rate 10^{-4}), layer-wise learning rate decay (LLRD) [5] (factor 0.8), polynomial learning rate decay (factor 0.9), and polynomial mask annealing (factor 0.9). The number of epochs is set to 12 (1× schedule [56]) on COCO, 31 [33] on ADE20K, and 107 [33] on Cityscapes.

Evaluation. We use standard evaluation metrics: Panoptic Quality (PQ) for panoptic [36], mean Intersection over Union (mIoU) for semantic [24], and Average Precision (AP) for instance segmentation [40]. We evaluate model efficiency in terms of average inference speed in *frames per second* (FPS) and average number of *floating point operations* (FLOPs) over all images in the validation set, as well

Method	Params	GFLOPs	FPS	PQ
(0) ViT-Adapter + Mask2Former	349M	830	29	57.1
(1) ↳ w/o ViT-Adapter	342M	700	36 ^{↑7}	56.7 _{↓0.4}
(2) ↳ w/o Pixel decoder	337M	685	61 ^{↑25}	56.9 _{↑0.2}
(3) ↳ w/o Multi-scale	328M	673	64 ^{↑3}	56.7 _{↓0.2}
(4) ↳ w/o Transformer decoder	316M	828	61 _{↓3}	56.2 _{↓0.5}
(5) ↳ w/o Masking = EoMT	316M	669	128 ^{↑67}	56.0 _{↓0.2}

Table 1. **From ViT-Adapter + Mask2Former to EoMT.** Evaluated on COCO *val2017* [40].

as the number of model parameters. We use an NVIDIA H100 GPU, FlashAttention-2 [17], `torch.compile` [2], and a batch size of 1, unless otherwise specified. The FLOPs are obtained using *fycore* [49] and reported in terms of GFLOPs (FLOPs $\times 10^9$).

See Appendix A for additional implementation details.

4.2. Main Results

From ViT-Adapter + Mask2Former to EoMT. In Tab. 1, we evaluate the stepwise removal of task-specific components from ViT-Adapter + Mask2Former (M2F) [12, 14] to obtain our proposed EoMT model. We find that removing all task-specific components reduces the PQ only slightly, from 57.1 to 56.0, but increases the prediction speed by a substantial 4.4 \times . Interestingly, this FPS improvement is much larger than the FLOPs improvement. This is because EoMT relies solely on the plain ViT, allowing it to leverage the highly optimized Transformer architecture without being bottlenecked by custom components that contribute little to the segmentation accuracy. Looking at the intermediate steps, we find that removing the ViT-Adapter, pixel decoder, and multi-scale features in steps (1–3) reduce performance by just 0.4 PQ while making the model 2.2 \times faster. Step (4) temporarily increases FLOPs and reduces FPS, as the mask module is repeatedly applied to generate intermediate segmentation masks for masked attention, with upscaling being the most compute-intensive part. However, in step (5), we remove masked attention entirely, eliminating this overhead. The proposed mask annealing strategy enables masked-attention-free inference, further accelerating the model by 2.1 \times with minimal impact on the PQ. More detailed results on these steps are provided in Appendix B and Tab. B. Overall, the stepwise removal of task-specific components ultimately yields a model that is significantly faster, remarkably simpler, and nearly as accurate.

Impact of pre-training. Next, we explore the impact of pre-training. Specifically, we consider large-scale self- and weakly-supervised pre-training with DINOv2 [47] and EVA-02 [26], respectively, as well as supervised ImageNet-21K and ImageNet-1K pre-training with DeiT III [52], all with ViT-L. The results in Tab. 2 show that large-scale pre-training allows EoMT to obtain a similar PQ to ViT-Adapter + M2F. For DINOv2 and EVA-02, the overall PQ gap is

Model	Pre-train	Params	GFLOPs	FPS	PQ
ViT-Adapter + M2F	DINOv2	349M	830	29	57.1
EoMT w/ Masking		316M	828	61 ^{↑32}	56.2 _{↓0.9}
EoMT		316M	669	128 ^{↑99}	56.0 _{↓1.1}
ViT-Adapter + M2F	EVA-02	349M	829	25	56.7
EoMT w/ Masking		316M	826	52 ^{↑27}	56.0 _{↓0.7}
EoMT		316M	667	77 ^{↑52}	55.5 _{↓1.2}
ViT-Adapter + M2F	IN21K	349M	830	29	53.9
EoMT w/ Masking		316M	828	61 ^{↑32}	51.0 _{↓2.9}
EoMT		316M	669	128 ^{↑99}	50.0 _{↓3.9}
ViT-Adapter + M2F	IN1K	349M	830	29	50.4
EoMT w/ Masking		316M	828	61 ^{↑32}	45.9 _{↓4.5}
EoMT		316M	669	128 ^{↑99}	44.3 _{↓6.1}

Table 2. **Pre-training.** EoMT performs significantly better with advanced pre-training, *i.e.*, DINOv2 [47] or EVA-02 [26]. Evaluated on COCO *val2017* [40].

Model	Size	Params	GFLOPS	FPS	PQ
ViT-Adapter + M2F	g	1209M	2510	20	57.7
EoMT w/ Masking		1164M	2689	35 ^{↑15}	57.2 _{↓0.5}
EoMT		1164M	2261	55 ^{↑35}	57.0 _{↓0.7}
ViT-Adapter + M2F	L	349M	830	29	57.1
EoMT w/ Masking		316M	828	61 ^{↑32}	56.2 _{↓0.9}
EoMT		316M	669	128 ^{↑99}	56.0 _{↓1.1}
ViT-Adapter + M2F	B	121M	347	32	54.4
EoMT w/ Masking		93M	286	104 ^{↑72}	51.5 _{↓2.9}
EoMT		93M	216	261 ^{↑229}	50.6 _{↓3.8}
ViT-Adapter + M2F	S	47M	165	33	50.5
EoMT w/ Masking		24M	89	108 ^{↑75}	46.1 _{↓4.4}
EoMT		24M	68	330 ^{↑297}	44.7 _{↓5.8}

Table 3. **Model size.** EoMT performs significantly better as the ViT [21] model size increases. Evaluated on COCO *val2017* [40].

only 1.1 or 1.2, whereas it increases to 3.9 and 6.1 for ImageNet-21K [20] and ImageNet-1K [50], respectively. These results confirm our hypothesis that large-scale pre-training renders complex task-specific components increasingly redundant. We expect that the *masked image modeling* pre-training objectives of DINOv2 and EVA-02 contribute to this effect, as it enhances the semantic understanding of patches, which is essential for image segmentation [33].

Impact of model size. So far, we have only shown results for one model size, *i.e.*, ViT-L. In Tab. 3, we assess the impact of model size on the importance of task-specific components. The results show that the relative performance of EoMT compared to ViT-Adapter + M2F improves as the size of the model increases. While EoMT lags behind the more complex model by 5.8 PQ for ViT-S, the performance gap narrows significantly as the model scales up, becoming only 0.7 PQ for ViT-g. This shows that increasing the capacity of the ViT, combined with strong pre-training, allows EoMT to better solve the image segmentation task. This further confirms our hypothesis that the necessity for task-specific components decreases as the capacity of the model increases. At the same time, we also observe that replacing the complex ViT-Adapter + M2F model with EoMT significantly improves the prediction speed at all model sizes. Interestingly, this allows EoMT to use larger models and

Method	Backbone	Pre-training	Params	COCO val2017 [40]				ADE20K val [64]			
				Input size	GFLOPs	FPS	PQ	Input size	GFLOPs	FPS	PQ
Mask2Former [†] [14]	Swin-L [42]	IN21K	216M	800 ²	868	24	57.8	640 ²	–	33	48.1
kMaX-DeepLab [60]	ConvNext-L [43]	IN21K	232M	1281 ²	–	–	58.0	1281 ²	1302	–	50.9
OneFormer [†] [32]	DiNAT-L [27]	IN21K	223M	800 ²	736	20	58.0	1280 ²	1369	10	51.5
OneFormer [†] [32]	DiNAT-L [27]	IN21K	223M	–	–	–	–	1280 ²	1369	10	53.5 ^c
MaskDINO [†] [37]	Swin-L [42]	IN21K	223M	800 ²	1326	14	58.3	–	–	–	–
Mask2Former [‡] [14]	ViT-Adapter-L [‡] [12]	DINOv2	349M	640 ²	830	29	57.1	640 ²	830	29	51.8 ^c
Mask2Former [‡] [14]	ViT-Adapter-L [‡] [12]	DINOv2	354M	1280 ²	4817	10	59.7	1280 ²	4817	10	53.0 ^c
Mask2Former [‡] [14]	ViT-Adapter-g [‡] [12]	DINOv2	1209M	640 ²	2510	20	57.7	640 ²	2510	20	52.6 ^c
Mask2Former [‡] [14]	ViT-Adapter-g [‡] [12]	DINOv2	1216M	1280 ²	13790	6	59.9	1280 ²	13790	6	54.2 ^c
EoMT (Ours)	ViT-L [21]	DINOv2	316M	640 ²	669	128	56.0	640 ²	669	128	50.6 ^c
EoMT (Ours)	ViT-L [21]	DINOv2	322M	1280 ²	4146	30	58.3	1280 ²	4146	30	51.7 ^c
EoMT (Ours)	ViT-g [47]	DINOv2	1164M	640 ²	2261	55	57.0	640 ²	2261	55	51.3 ^c
EoMT (Ours)	ViT-g [47]	DINOv2	1171M	1280 ²	12712	12	59.2	1280 ²	12712	12	52.8 ^c

Table 4. **EoMT for panoptic segmentation.** [†]During inference, these models resize the shortest side of images to the indicated scale, while preserving the aspect ratio. [‡]Our re-implementation. ^cModels for these ADE20K results are pre-trained for COCO panoptic segmentation.

Method	Backbone	Pre-training	Params	Cityscapes val [16]				ADE20K val [64]			
				Input size	GFLOPs	FPS	mIoU	Input size	GFLOPs	FPS	mIoU
Mask2Former [†] [14]	Swin-L [42]	IN21K	216M	1024 × 2048	–	14	83.3	640 ²	–	33	56.1
MaskDINO [†] [37]	Swin-L [42]	IN21K	223M	–	–	–	–	640 ²	–	–	56.6
OneFormer [†] [32]	ConvNext-XL [43]	IN21K	373M	1024 × 2048	775	7	83.6	640 ²	607	21	57.4
OneFormer [†] [32]	DiNAT-L [27]	IN21K	223M	1024 × 2048	450	14	83.1	896 ²	678	19	58.1
kMaX-DeepLab [60]	ConvNext-L [43]	IN21K	232M	1025 × 2049	1673	–	83.5	–	–	–	–
Mask2Former [14]	ViT-L [21]	DINOv2 + DA	–	896 × 1792	–	–	84.8	896 ²	–	–	59.4
Mask2Former [‡] [14]	ViT-Adapter-L [‡] [12]	DINOv2	351M	1024 ²	5200	7	84.5	512 ²	910	21	58.9
EoMT (Ours)	ViT-L [21]	DINOv2	319M	1024 ²	4350	25	84.2	512 ²	721	92	58.4

Table 5. **EoMT for semantic segmentation.** [†]On ADE20K, these models resize the shortest side of images to the indicated scale during inference, while preserving the aspect ratio. [‡]Our re-implementation. ViT-Adapter + Mask2Former and EoMT use windowed inference, dividing each image into multiple crops, and the FLOPs and FPS results account for this. DA is Depth Anything [59].

obtain higher scores than ViT-Adapter + M2F, while being significantly faster. For example, EoMT with ViT-L obtains a PQ of 56.0 at 128 FPS, which is both significantly faster and more accurate than ViT-Adapter + M2F with ViT-B, at a PQ of 54.4 at 32 FPS. As shown in Fig. 1, EoMT obtains a better PQ vs. FPS trade-off across all model sizes that we tested. This shows the power of EoMT and its simplicity.

EoMT on different benchmarks. To demonstrate EoMT’s versatility across image segmentation tasks and datasets, we evaluate its performance on multiple benchmarks. For panoptic segmentation, as shown in Tab. 4, EoMT achieves a significantly better PQ vs. FPS trade-off than ViT-Adapter + M2F [12, 14] on COCO [40], and a similar trade-off on ADE20K [64], while being significantly simpler. Moreover, on COCO, EoMT achieves a PQ that is on par with existing state-of-the-art methods while being up to 2.1× faster, highlighting the strength of our simplified design.

For semantic segmentation on Cityscapes [16] and ADE20K, Tab. 5 shows that EoMT performs comparably to the more complex ViT-Adapter + M2F baseline in terms of mIoU, while being considerably faster, *i.e.*, up to 4.4×. Compared to other state-of-the-art methods, EoMT again obtains competitive performance, even though it is a much simpler and more efficient model. This shows that EoMT is also highly effective for semantic segmentation, providing

a strong balance between speed and accuracy.

For instance segmentation on COCO, we see similar positive results in Tab. 6. Although the overall accuracy drop is slightly higher than for the other tasks, EoMT still achieves a better AP vs. FPS trade-off than ViT-Adapter + M2F, *e.g.*, 48.8 AP at 30 FPS vs. 47.6 AP at 29 FPS. Overall, these results demonstrate the strength and general applicability of EoMT, as it performs effectively across a variety of segmentation tasks and datasets.

Importance of mask annealing. In Tab. 1, we observed that mask annealing allows EoMT to remove masked attention during inference to improve efficiency, while keeping the PQ roughly the same. In Tab. 7, we compare mask annealing to alternative strategies. The first alternative approach of training with masked attention and simply disabling it during inference causes a severe performance drop, showing that using a different strategy at training and inference time is ineffective. The second alternative approach of disabling masked attention during both training and inference does not fail catastrophically, but it results in a PQ that is still significantly lower than when using masked attention. In contrast, mask annealing enables EoMT to leverage masked attention during early training stages to improve convergence and roughly maintain the PQ, while eliminating the need for masking during inference, thereby more

Method	Backbone	PT	Params	Input	GFLOPs	FPS	AP
OneFormer [†] [32]	DiNAT-L [27]	I	223M	800 ²	736	20	49.2
Mask2Former [†] [14]	Swin-L [42]	I	216M	800 ²	868	24	50.1
MaskDINO [†] [37]	Swin-L [42]	I	223M	800 ²	1326	14	52.3
Mask2Former [‡] [14]	ViT-Adapter-L [‡] [12]	D	349M	640 ²	830	29	47.6
Mask2Former [‡] [14]	ViT-Adapter-L [‡] [12]	D	354M	1280 ²	4817	10	51.4
EoMT (Ours)	ViT-L [21]	D	316M	640 ²	669	128	45.2
EoMT (Ours)	ViT-L [21]	D	322M	1280 ²	4146	30	48.8

Table 6. **EoMT for instance segmentation.** Evaluated on COCO *val2017* [40]. [†]During inference, these models resize the shortest side of images to the indicated scale while preserving the aspect ratio. [‡]Our re-implementation. **PT** indicates pre-training (**I** for ImageNet-21K [20] and **D** for DINov2 [47]).

Training	Inference	GFLOPs	FPS	PQ
✓ Masking	✓ Masking	828	61	56.2
✓ Masking	✗ w/o Masking	669	128	27.4 ^{↓28.8}
✗ w/o Masking	✗ w/o Masking	669	128	53.2 ^{↓3.0}
✓ ➔ ✗ Mask annealing	✗ w/o Masking	669	128	56.0 ^{↓0.2}

Table 7. **Mask annealing.** Effectively removes masked attention during inference. When never masking, intermediate masks are not predicted or supervised. Evaluated on COCO *val2017* [40].

than doubling inference speed. As such, it is a key component of EoMT. More results on the general applicability of mask annealing are provided in Appendix B and Tab. C.

4.3. Further Experiments

Out-of-distribution generalization. Since EoMT is ViT-based, it supports initialization with vision foundation model (VFM) like DINov2 [47], which achieve state-of-the-art out-of-distribution (OOD) generalization [23, 34]. In contrast, prior segmentation models typically rely on ConvNeXt [43], Swin [42], or other non-plain ViT backbones, which cannot leverage VFM pre-training due to their incompatible architectures. We evaluate OOD generalization on the BRAVO [54] benchmark, by training on Cityscapes and evaluating on multiple OOD datasets. Tab. 8 shows that DINov2-based models demonstrate superior OOD generalization, outperforming the Swin-based model by more than 7.8 mIoU despite similar in-distribution performance on Cityscapes. Importantly, EoMT leverages the strong OOD performance of VFMs while being significantly more efficient than existing VFM-based methods, which is essential for real-world applications. Further analysis of OOD confidence estimation, showing that EoMT produces significantly more reliable confidence scores than ViT-Adapter + M2F, is provided in Appendix C.

Token merging. EoMT benefits from ongoing ViT advancements by using the plain ViT architecture. One such advancement is token merging [6, 45, 46], which improves efficiency by merging semantically redundant tokens while preserving segmentation accuracy. As shown in Tab. 9, EoMT is compatible with ALGM [46], the state-of-the-art token merging method for semantic segmentation. With ALGM, EoMT’s throughput increases by up to 31% with-

Method	Backbone	Pre-training	mIoU _{ID}	mIoU _{OOD}
M2F [14]	Swin-L [42]	IN21K	83.3	69.4
M2F [‡] [14]	ViT-Adapter-L [‡] [12]	DINOv2	84.5	78.0
EoMT (Ours)	ViT-L [21]	DINOv2	84.2	77.2

Table 8. **Out-of-distribution generalization.** Despite similar in-distribution performance on Cityscapes *val* (mIoU_{ID}), DINov2-based models generalize significantly better out-of-distribution (mIoU_{OOD}). Trained on Cityscapes *train* [16], evaluated on BRAVO [54]. [‡]Our re-implementation.

Method	Token merging	GFLOPs	Throughput	mIoU
ViT-Adapter + M2F	✗	5200	9	84.5
	✓	3031	9 ^{↑0%}	84.3
EoMT (Ours)	✗	4350	29	84.2
	✓	1183	38 ^{↑31%}	84.2

Table 9. **Token merging.** EoMT’s ViT-only design is no longer bottlenecked by additional task-specific components, enabling ViT optimizations like ALGM [46]. Throughput is in *images per second*, with a batch size of 32. Evaluated on Cityscapes *val* [16].

out affecting mIoU. In contrast, while ViT-Adapter + M2F reduces in FLOPs, it sees no throughput gain, as it is bottlenecked by its additional components and the overhead of ‘unmerging’ tokens for ViT-Adapter interaction. This highlights the benefit of keeping EoMT close to the plain ViT.

5. Conclusion

In this paper, we show that task-specific components for image segmentation with Vision Transformers (ViTs) become increasingly redundant as model size and pre-training are scaled up. By removing all such components, we introduce the Encoder-only Mask Transformer (EoMT), a segmentation model that purely uses a plain ViT, revealing that *your ViT is secretly an image segmentation model*. EoMT delivers both high accuracy and impressive speed, with a significantly simpler design than existing models. Our findings indicate that compute resources should not be spent on adding architectural complexity, but rather on scaling the ViT and pre-training, as we found that these factors are critical in improving performance. As a simple and scalable approach, EoMT provides a solid foundation for next-generation segmentation models that readily adapts to advances in the rapidly evolving fields of Transformers and foundation models.

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