

# Learn to be healthy Website

An online resource for people to learning how to maintain their healthy and loose weight

Introduction videos and other training content

Calls to Action

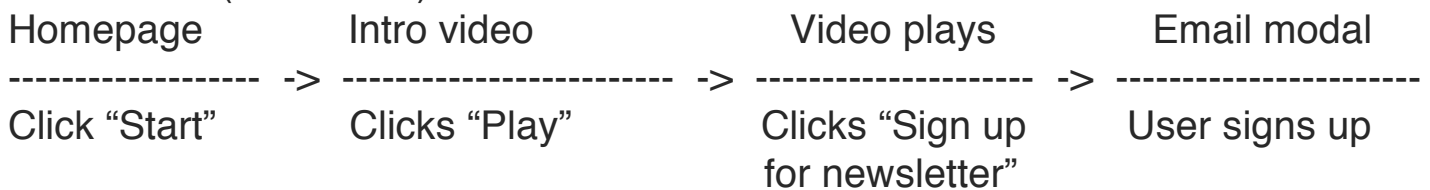
1.

Watch the introduction video

2.

Email list signup

User Flows (Shorthand)



*This particular user flow incorporates both calls to action. Here, we want the user to watch the intro video and then be intrigued enough to sign up for the email newsletter.*



*We could also give users the option to choose a video directly from the homepage.*

## Card Sort Examples

[Card]

[Intro video]

[healthy terms]

[healthy diagram]

[training video]

[member introduce video]

[Docking techniques video]

[Email list sign up]

[Lydia's bio]

[About our idea of workout and keep healthy]