

LEVELED BOOK • A

# Muscles



Written by Edie Evans

[www.readinga-z.com](http://www.readinga-z.com)

# Muscles



Written by Edie Evans

[www.readinga-z.com](http://www.readinga-z.com)

## Focus Question

What do muscles help you do?



Muscles help me run.





Muscles help me push.



Muscles help me jump.



Muscles help me lift.



Muscles help me stretch.





Muscles help me pull.





Muscles help me kick.



Muscles help me smile.

# Words to Know

jump

kick

lift

muscles

pull

push

run

smile

stretch

## Photo Credits:

Front cover: © Damon Yancy/iStock/Thinkstock; back cover: © ChamilleWhite/iStock/Thinkstock; title page: © SerrNovik/iStock/Thinkstock; page 3: © Polka Dot Images/Polka Dot/Thinkstock; page 4: © Ian Lishman/Juice Images/Corbis; page 5: © IPGGutenbergUKLtd/iStock/Thinkstock; page 6: © Ariel Skelley/Blend Images/Corbis; page 7: © NickNick\_ko/iStock/Thinkstock; page 8: © Valueline/Thinkstock; page 9: © tinna2727/123RF; page 10 (top left): © Jupiterimages/Pixland/Thinkstock; page 10 (top right): © Jupiterimages/Goodshoot/Thinkstock; page 10 (bottom left): © VikramRaghuvanshi/iStock/Thinkstock; page 10 (bottom right): © Don Mason/Blend Images/Thinkstock

## 网盘学习资源合集

最新版RAZ更新及最优、最全、  
最新学习资料网盘链接



## 扫码进英语牛娃群

不会英语启蒙? 进群和牛娃家长  
交流英语学习方法、学习资源等



Muscles

Level A Leveled Book

© Learning A-Z

Written by Edie Evans

All rights reserved.

www.readinga-z.com

## Correlation

LEVEL A	
Fountas & Pinnell	A
Reading Recovery	1
DRA	A-1

# Muscles

*A Reading A-Z Level A Leveled Book 58*

*Word Count: 32*



## Connections

### Writing and Art

Think of something else muscles help you do. Draw a picture and write about it.

### Science

Why is it important to use your muscles? Share your ideas with a partner.

Reading A-Z

Visit [www.readinga-z.com](http://www.readinga-z.com)

for thousands of books and materials.