



## Group Psychotherapy for Women with Breast Cancer (Hardback)

By James L. Spira, Geoffrey M. Reed

American Psychological Association, United States, 2003. Hardback. Book Condition: New. 263 x 183 mm. Language: English . Brand New Book. Containing information about the group therapy process, this title discusses the various experiences of breast cancer patients and supplies tools that both relatively new and seasoned therapists can rely upon when beginning new groups. While providing a clinical framework for health professionals who wish to offer group psychosocial support to breast cancer patients, the manual trains therapists to help group members adjust to the diagnosis of breast cancer, cope with treatment, and adjust to living with cancer through considering its impact on their lives. Used in concert with its companion book for group participants, *The Breast Cancer Notebook: The Healing Power of Reflection*, this clinician's guide offers a set of useful tools to help therapists create powerfully healing environments.



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