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Nutribullet: The Ultimate 2 in 1 Nutribullet Box Set for Beginners: Book 1: Nutribullet + Book 2: Nutribullet Recipes (Paperback)

By Sarah Paris

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Ultimate 2 in 1 Nutribullet BOX SET Crash Course Guide Improve your weight, health and life today through simply drinking healthy smoothies and more! In this book you will learn all that you need to know to improve your energy level, lose weight and improve your life through diet. By making excellent-tasting, high quality smoothies, soups and other drinks and dishes with NutriBullet that is how! Easy to use and taking seconds to whip up foods and drinks, the NutriBullet is an excellent product. Accordingly, this product offers benefits such as reducing or eliminating the occurrence of disease; weight loss; healthier and younger-looking skin and improving overall health. Through its exclusive nutrition extraction process, the NutriBullet releases the vitamins, minerals, fibers and other nutrients which are encapsulated within the fruits, vegetables and other foods. These nutrients include Vitamin A which supports eye and skin health, potassium for healthy blood pressure, and fiber which supports weight loss efforts by supporting a feeling of fullness with fewer calories. These nutrients are vital for optimal health, energy levels and weight loss. Further,...



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