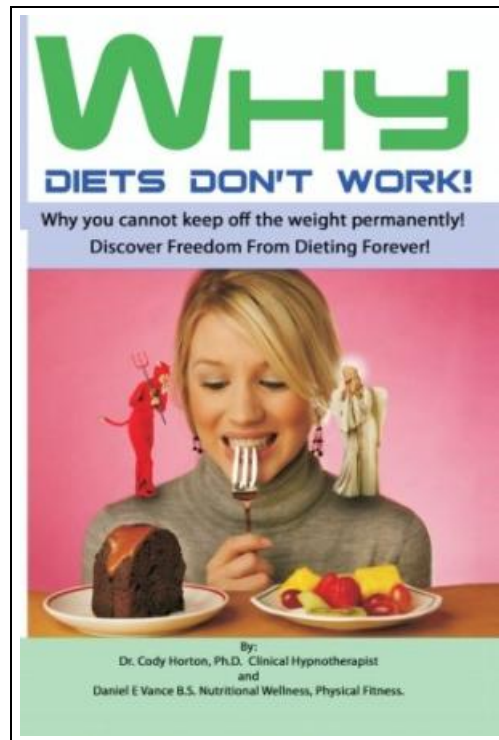


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(Prof. Ernestine Emard)

WHY DIETS DON T WORK: DISCOVER FREEDOM FROM DIETING FOREVER



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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A complete analysis of Why Diets Don t Work with solid How To tips on succeeding, goal setting and solutions for finding Freedom From Dieting Forever. Cody Horton, Ph.D. specializes in cognitive-behavioral, Subconscious-Dynamic Therapy, Therapeutic Imagery and Life Coaching for creative and successful solutions tailored to her clients specific goals resulting in dramatic transformation for personal and spiritual growth, career aspirations or breaking through personal and corporate obstacles. She teams up Dan Vance Physical Fitness and Nutritional Wellness expert to reveal the truth about diets and the secrets to weight loss success. They share their mutual passion about weight loss and provide you with solid, proven and permanent solutions to your struggle with weight loss. It is their belief that with the correct and most informed solutions you will succeed. Dr. Horton has also authored Affirmations for Weight Loss and complete information is available at Co-Author Dan Vance,



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