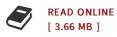


Life in Bite-Sized Morsels: Learning to Live Life on Life s Terms

By Kyczy Hawk

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand ******. Once the illusions about using drugs and alcohol have been smashed one faces the more subtle aspects of recovery and leading a recovered life. Addiction can be a teflon process sometimes slipping from one behavior to another: food, consumerism, sex, love, affection, internet activity and so on. How can one keep centered when falling out of balance in any of these areas? Life in Bite-Sized Morsels is a book about those challenges and finding solutions. Each piece is short, more like a share at a twelve step meeting rather than a chair. Taking personal experiences or awarenesses and noting them down, similar in manner to a journal entry, Hawk explores life s challenges, learning to accept life on life s terms.





Reviews

A must buy book if you need to adding benefit. it was actually writtern quite perfectly and beneficial. You wont really feel monotony at anytime of your time (that's what catalogs are for regarding in the event you question me).

-- Kian Jacobi

This created pdf is excellent. This is for anyone who statte that there had not been a really worth reading through. Your life span will probably be transform as soon as you total looking over this publication.

-- Prof. Esteban Wuckert