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## Feel Confident!

By Cheri Meiners

Free Spirit Publishing Inc., U.S., United States, 2014. Paperback. Book Condition: New. Elizabeth Allen (illustrator). 277 x 226 mm. Language: English . Brand New Book. Empower children to recognize their individual worth and develop confidence in themselves, their abilities, and the choices they make. Children learn that they can speak up, expect and show respect, try new things, and believe in themselves. Confidence-building skills of accepting yourself, asking for what you need, making decisions, solving problems, and communicating are also discussed. Young children will respond to the true-to-life situations and colorful illustrations. Being the Best Me Series: From the author of the popular Learning to Get Along(R) books come the first two books in this one-of-a-kind character-development series. Each book focuses on specific attitude or character traits--such as optimism, courage, resilience, imagination, personal power, decision-making, and work ethics. Also included are discussion questions, games, activities, and additional information adults can use to reinforce the concepts children are learning. Filled with diversity, these read-aloud books will be welcome in school, home, and childcare settings.



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-- **Kristy Stroman**