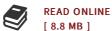




Young Samurai Training Workbook

By Ruth Kantor Lopez

Lulu.com, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Aikido is a martial art with the goal of defending oneself while also protecting an attacker from injury. Young Samurai Training Wookbook helps students of aikido learn terminology, history, and more through matching, coloring, mazes, and crossword puzzle. Special challenges for each of the seven virtues of the samurai (courage, honor, integrity, sincerity, respect, loyalty compassion) promote mental and spiritual development in the tradition of budo.



Reviews

Merely no phrases to describe. It generally does not price an excessive amount of. Its been designed in an extremely simple way in fact it is simply soon after i finished reading through this pdf through which really altered me, modify the way i really believe.

-- Natasha Rolfson

A superior quality pdf along with the font used was intriguing to read through. It can be rally exciting through reading through time period. You may like how the blogger create this book.

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