



Moving to Learn: Bouncing Gross Motor Lab

By Sheila Steele

Booksurge Publishing, United States, 2008. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.There are alternatives to improving brain/body function that DON T involve drugs. Make learning fun while gaining academic and physical benefits by BOUNCING! All ages can enjoy this stimulating program using a quality rebounder : mini-trampoline (suggested from Needak--a U.S.Company) This manual has definitions and diagrams; all practical movements to integrate the brain and body which lessens stress and behavior problems. Consider how Learning to Move is Moving to Learn by use of this manual. Recommended by teachers, therapists and parents.



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