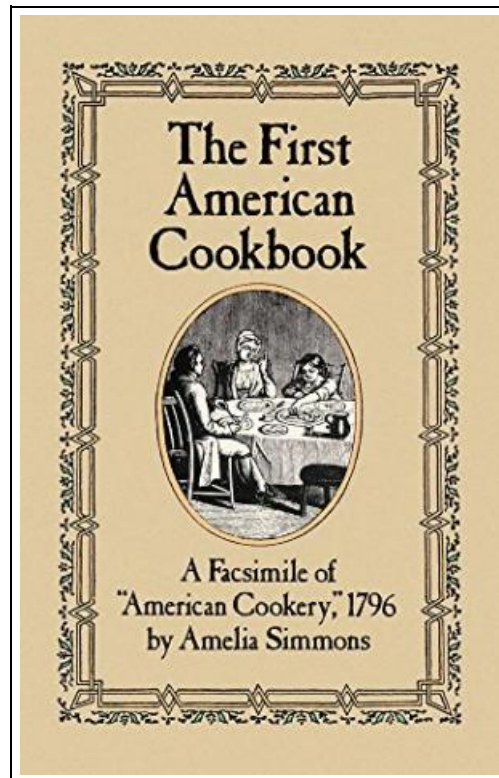


First American Cook Book



Filesize: 6.21 MB

Reviews

A whole new eBook with a brand new point of view. It is really simplistic but surprises in the fifty percent of the publication. I am just effortlessly can get a delight of looking at a written ebook.

(Mariano Gleichner)

FIRST AMERICAN COOK BOOK

[DOWNLOAD](#)

To save **First American Cook Book** PDF, please follow the web link listed below and save the document or have accessibility to other information that are have conjunction with FIRST AMERICAN COOK BOOK ebook.

Dover Publications Inc., United States, 1985. Paperback. Book Condition: New. Facsimile of 1796 ed. 211 x 135 mm. Language: English . Brand New Book. This facsimile of the first American-written cookbook published in the United States is not only a first in cookbook literature, but a historic document. It reveals the rich variety of food Colonial Americans enjoyed, their tastes, cooking and eating habits, even their colorful language. Author Amelia Simmons worked as a domestic in Colonial America and gathered her cookery expertise from firsthand experience. Her book points out the best ways of judging the quality of meats, poultry, fish, vegetables, etc., and presents the best methods of preparing and cooking them. In choosing fish, poultry, and other meats, the author wisely advises, "their smell denotes their goodness." Her sound suggestions for choosing the freshest and most tender onions, potatoes, parsnips, carrots, asparagus, lettuce, cabbage, beans, and other vegetables are as timely today as they were nearly 200 years ago. Here are the first uniquely American recipes using corn meal Indian pudding, "Johnny cake," and Indian slapjacks as well as the first recipes for pumpkin pudding, winter squash pudding, and for brewing spruce beer. The words "cookie" and "slaw" made their first published appearance in this book. You ll also find the first recommended use of pearlash (the forerunner of baking powder) to lighten dough, as well as recommendations for seasoning stuffing and roasting beef, mutton, veal, and lamb even how to dress a turtle. Along with authentic recipes for colonial favorites, a Glossary includes definitions of antiquated cooking terms: pannikin, wallop, frumenty, emptins, and more. And Mary Tolford Wilson s informative Introductory Essay provides the culinary historical background needed to appreciate this important book fully. Anyone who uses and collects cookbooks will want to have The First American...

[Read First American Cook Book Online](#)[Download PDF First American Cook Book](#)

You May Also Like

**[PDF] Jesus Loves Me More Than. (Let's Share a Story)**

Click the hyperlink below to download "Jesus Loves Me More Than. (Let's Share a Story)" document.

[Read eBook »](#)

**[PDF] My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests**

Click the hyperlink below to download "My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests" document.

[Read eBook »](#)

**[PDF] The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds**

Click the hyperlink below to download "The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds" document.

[Read eBook »](#)

**[PDF] Everything Ser The Everything Green Baby Book From Pregnancy to Babys First Year An Easy and Affordable Guide to Help Moms Care for Their Baby And for the Earth by Jenn Savedge 2009 Paperback**

Click the hyperlink below to download "Everything Ser The Everything Green Baby Book From Pregnancy to Babys First Year An Easy and Affordable Guide to Help Moms Care for Their Baby And for the Earth by Jenn Savedge 2009 Paperback" document.

[Read eBook »](#)

**[PDF] My First Gruffalo: Hello Gruffalo! Buggy Book (Illustrated edition)**

Click the hyperlink below to download "My First Gruffalo: Hello Gruffalo! Buggy Book (Illustrated edition)" document.

[Read eBook »](#)

**[PDF] Edgar Gets Ready for Bed: A BabyLit First Steps Picture Book**

Click the hyperlink below to download "Edgar Gets Ready for Bed: A BabyLit First Steps Picture Book" document.

[Read eBook »](#)