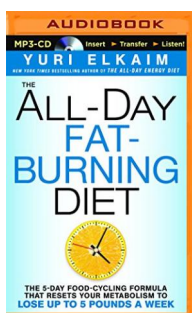


## The All-Day Fat-Burning Diet: The 5-Day Food Cycling Formula That Resets Your Metabolism to Lose Up to 5 Pounds a Week



### Book Review

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