



## When the Girls Came Out to Play: The Birth of American Sportswear (Paperback)

By Patricia Campbell Warner

University of Massachusetts Press, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book. A study of the evolution of American women's clothing, *When the Girls Came Out to Play* traces the history of modern sportswear as a universal style that broke down traditional gender roles. Patricia Warner shows how this profound cultural shift, which did not reach fruition until World War II, originated during the previous century with the gradual expansion of socially acceptable physical activity for women. Behind this development was a growing interest in sports and exercise that was further nurtured by the establishment of schools of higher education for women. The participation of women in athletic pursuits previously reserved for men began with the relatively genteel sports of croquet and tennis. With the founding of women's colleges, these ladylike games were supplemented by more vigorous activities and competitive team sports, from gymnastics to swimming to basketball. At first, Warner points out, women literally had nothing to wear for these activities. Whereas such fashionable attire as corsets, petticoats, hats, and gloves could be worn while playing outdoor lawn games, more strenuous athletic endeavours required less physically restrictive clothing. Even so, change came only...



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