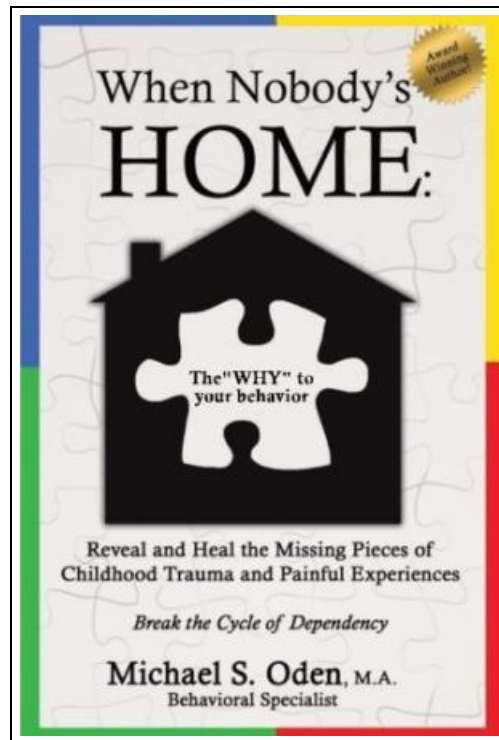


## When Nobody s Home the Why : The Why to Your Behavior (Paperback)



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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.When Nobody s Home is both book title and metaphor on the underlying contributing factors leading to addiction. As a title, this book presents information based on the author s thousands of interviews and statistics on the increasing incidence of single parent families and families in which the parents are absent, either due to the requirements of working to support the family or neglect in the role and responsibilities as caregiver in the home. As a metaphor, When Nobody s Home speaks to the unmet needs addicts experience during childhood that creates emotional suffering. Often, this underlying root cause is unrealized by the individual, and in an attempt to gain relief from this emotional suffering, individuals frequently find solace in drug or alcohol addiction. Michael Oden s book is clearly written and an easy read in plain language without psychological jargon. The author s compassion for those suffering from addiction and his desire to help them understand their addiction, and how they can turn their lives around, is evident in his effort to strive to understand them, not just their problems, but as feeling human beings. Spread throughout the book are client stories that reveal the family experiences of his clients, explaining how Oden helped them identify the unsatisfied needs of their childhood, and sharing the impact this had on their self-image and prospective outlook on life changes they needed to make. I especially appreciated the various diagrams and charts in the book that defined and demonstrated the concepts, methodology, development, and thinking processes relevant to helping addicts make a lasting change. In today s society, addiction can be seen everywhere: a family member, friend s family member, in certain neighborhoods, and...



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