



## Kew's Global Kitchen Cookbook

By Carolyn Fry

Royal Botanic Gardens. Paperback. Book Condition: new. BRAND NEW, Kew's Global Kitchen Cookbook, Carolyn Fry, Kew's Global Kitchen Cookbook is a visual celebration of the amazing variety of edible plants and how we can use them. The range of edible plants is far broader than we may suppose, with huge variety, from all corners of the world, and continually changing in how they are used and perceived. Some now regarded as familiar were once exotic, such as tea, grapes and chillies, and the source of fortunes for those who 'discovered' and transported them, such as the staples of the Dutch East Indies spice trade - nutmeg, cinnamon and black peppercorns. A narrative main introduction gives context to the plants that provide the ingredients for the book's 101 recipes featuring plants from around the world, including parsnip tart, truffle crepes, Cincinnati chilli, orange vacherin, Kashmiri curry, plantation smoothie, sweetcorn and crab fritters and pineapple cheesecake with chilli. A further section features the herbs of Europe and the Mediterranean and spices from the East, with details on how they grow, tips for growing windowsill box herbs, and how to use and combine different flavours to the best effect. Each plant has its...



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