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# LLYFR Y GLUN AND PEN-GLIN, EICH HELPU I YMDOPI GYDAG OSTEOARTHRITIS



TSO. Paperback. Book Condition: new. BRAND NEW, Llyfr Y Glun and Pen-glin, Eich Helpu I Ymdopi Gydag Osteoarthritis, Kim Burton, This booklet is an indispensable resource for anyone that has osteoarthritis affecting their hip or knee. The advice contained in this booklet is based on the latest medical research, and has been developed with the help of people with osteoarthritis. Aimed at the end-user, it is written in an informal, user-friendly manner that provides clear advice on how to cope...

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- Authored by Kim Burton
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#### Reviews

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