



It's OK to Tell: A Story of Hope and Recovery

By Lauren Book

Easton Studio Press. Hardback. Book Condition: new. BRAND NEW, It's OK to Tell: A Story of Hope and Recovery, Lauren Book, Lauren Book, now 25, was 11 years old when her new nanny, Waldina Flores, joined the family. For the next six years Lauren endured daily sexual and physical abuse. "I was a people pleaser," she says. "I was beaten every day. Waldy was very smart, like all predators are. She hit me and bruised me where my parents wouldn't look. When you are 13 and 14 parents never look at their children's stomachs or lower backs or butts or upper thighs." Lauren is the oldest of three children; her father, Ron Book, is a prominent Florida attorney and lobbyist. In 2002, after being encouraged by her boyfriend, Lauren confessed to her therapist, who in turn called her parents. Her father fired Flores. She fled to Oklahoma and was arrested one month later while coaching a 10-year-old girls' soccer team. While in prison, Flores wrote love letters to Lauren asking for money and ultimately was sentenced to another 10 years on top of the initial 15 years. Since then, Lauren and her father have successfully mounted a legislative onslaught against predators;...



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