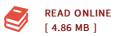




## Integration: The Power of Being Co-Active in Work and Life

By Annette Betz, Karen Kimsey-House

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Integration: The Power of Being Co-Active in Work and Life, Annette Betz, Karen Kimsey-House, We live in a world of both profound separation and deep longing for connection. Betz and Kimsey-House explore not only the historical and spiritual history of our disconnection and its cost to individual and societal wellbeing, but also provide a compelling, neuroscience-based argument for how to make the nextgreat turning- of human development: becoming more integrated human beings. They invite you to accompany them through a road map to integration by exploring in detail the Co-Active model, originally used by coaches, but with practical application to business, parents, teachers, and anyone with a desire to be more effective, connected, and whole. Richly illustrated with true stories of integration in action, as well as current research in neuroscience, this book provides a guide to reaching our full potential within ourselves, with each other, in groups and organizations and with society at large.



## Reviews

Excellent eBook and valuable one. It normally will not price too much. Your daily life span is going to be change once you comprehensive reading this ebook.

-- Ezra Bergstrom

A very amazing publication with perfect and lucid information. We have read through and that i am certain that i will planning to study once more yet again in the future. You will not really feel monotony at anytime of the time (that's what catalogues are for about should you question me).

-- Matilda Hoeger V