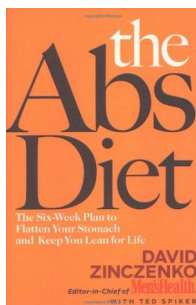


The Abs Diet: The Six-Week Plan to Flatten Your Stomach and Keep You Lean for Life



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