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SAY IT LIKE YOU MEAN IT HOW TO USE AFFIRMATIONS AND DECLARATIONS TO CREATE THE LIFE YOU WANT



Theta Storm Press. Paperback. Book Condition: New. Paperback. 134 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.Affirmations and declarations are powerful tools for personal change. They quite literally rewire the brain, allowing you to move toward that new you. Do you want to be more successful Do you want to wake up every morning feeling happy and excited Do you want to lose weight In this book, Bennett, Bennett, and Wagner explain how to use affirmations and declarations to create a...

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- Authored by David Bennett
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