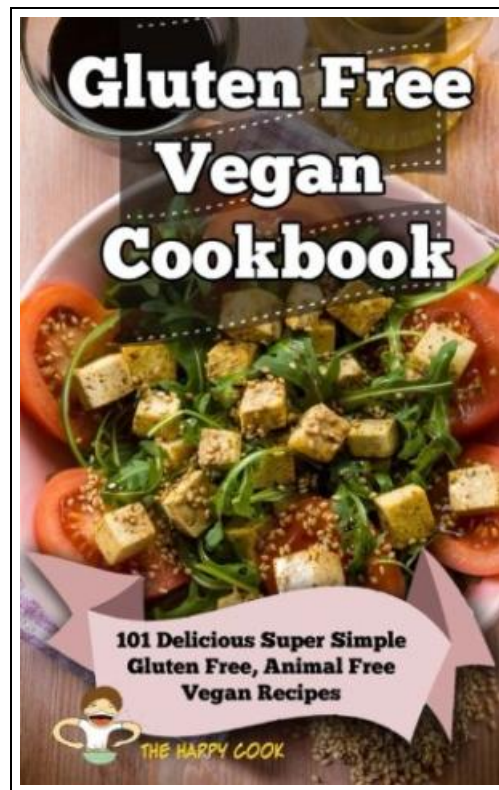


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Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 198 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This superlicious collection of easy recipes is packed with gluten-free goodness for hungry vegan bellies, that can be enjoyed day in and day out. Rich, varied, never-tired ideas that actually translate into real meals on your plate. In the mouthwatering language of The Happy Cook kitchen Vegan does not mean Ve Can Never Eat Nice Food Agan, and Gluten Free does not mean Guten bye to tasty food! No way, in this carefully chosen gathering of gluten free vegan recipes we have brought together 101 of our all time faves for you to savor for yourself. Yum after yum after yums worth of recipes that will satisfy from breakfast and lunch to dinner and tea (plus a few tasty morsels in between!). Just a few of the delicious recipes included in this volume are. Let s begin with BEVERAGES. How about a slurp of Spiced Pumpkin Latte, Green Machine Superfood Latte, Cacao Goji Smoothie or the awesome Blood Builder Juice, to mention a handful of chosen beverage recipes. or our Happy Cook BREAKFASTS such as Pumpkin Spice Waffles, Tropical Pancakes or Tex-Mex Breakfast Scramble. We then have some surprising SUPER SOUPS, salubrious SNACKS (Watch out, the Peppercorn Kale Chips are addictive!), and gorgeous LUNCH menus such as Portabello Veggie Sandwich, Roasted Avocado Halves with Chilli and Lime, and Gluten-Free Grilled Cheese with Mushrooms and Avocado. With some creative SALADS that can be eaten stand alone, or as a side to the other mouth watering recipes, a selection of HELPERS that add and extra whizz to any meal, and talk of the town DINNERS (try Asian Stir Fry with Almonds, wow!), and DESSERTS (shhh, these are...



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