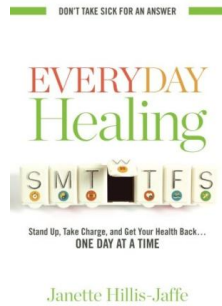


## Read Book

# EVERYDAY HEALING: STAND UP, TAKE CHARGE, AND GET YOUR HEALTH BACK.ONE DAY AT A TIME



Career Press, United States, 2015. Paperback. Book Condition: New. 231 x 152 mm. Language: English . Brand New Book. Almost half of Americans struggle with illness--everything from heart disease, diabetes, and lupus to fibromyalgia, rheumatoid arthritis, cancer or chronic pain. More than a third of our population is obese. As a nation, we are sick--and getting sicker, but it doesn't have to be that way. Janette, who suffered with chronic illness for six years, knows how difficult it can...

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- Authored by Janette Hillis-jaffe
- Released at 2015



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## Reviews

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