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I m Going to Give Myself Some Very Good Advice . and Then I m Going to Take It!

By Joelle Lewis

Balboa Press Australia, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.WARNING: THIS BOOK WILL CHANGE YOUR LIFE FOREVER! If you have wished that life came with an instruction manual; this is it. No matter what hardships you re facing, you ll learn that happiness and fulfillment are well within your reach-it s all about how you process and react to those experiences Joelle calls potholes in the road of life. Joelle Lewis, who has overcome many such potholes including depression, serious accidents, debilitating illness, relationship disasters, financial ruin life as a single working parent; has learned life s lessons the hard way, and she shares how to recognize those potholes, climb out of them, and avoid them in the future. Learn how to: raise your awareness by changing your perception; move beyond limitations to fully live your life; understand how to control your thoughts emotions; keep moving onward and upward. Just as important, you ll learn how to let go of the past so you can fully embrace the future. The key to a more rewarding, fulfilling, successful happier life is in the way you handle...



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