



What is Life To Live A Controlled, Realistic, Happy Life

By M. D. , James C. Lin

BookSurge Publishing. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 8.0in. x 5.2in. x 0.6in. This book has won one first-place award and one recognition of distinction since its release: 1. The winner of Pinnacle Book Achievement Award as Best Book in the Category of HOW TO from North American Bookdealers Exchange (NABE) Spring 2011, 2. As one of the finalists of the da Vinci Eye Award in the Eric Hoffer Award 2011. Concise and to the point, What is Life by James C. Lin, MD calls on his vast medical experience to point readers in the right direction to live their life to the fullest. With the goal to help others rediscover the real power of life, he offers this intelligent self-improvement guide that breaks the mold in empowering readers to apply a number of esoteric teachings to their lives so that they might become healthier, happier humans. In forty-six chapters, plus a proactive conclusion, he teaches the importance of daily self-care initiatives that directly lead to self-preservation and spiritual harmony. Beginning with understanding the need for change and the nature of life and living, the authors facts of life unfold. With chapter titles like Understand the Purpose of Life-to...



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