



Prescription for Health from the TV Docs

By Encouraging Pen Publications

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Keep notes on the educational tips from your favorite doctor television shows. Are you a fan of the one of the doctor shows on television? Do you find yourself taking notes on various scraps of paper or in many different notebooks and then not able to refer back to your notes when you need them? Well, here s your solution - Prescription For Health From The TV Docs! This lined journal gives you a place to record information of importance to you from each show and keep it all in one place. Whether you want to remember a beauty tip, a healthy recipe, or record the supplements you should be taking for better health, this is the place to keep the advice given on the show. At the bottom of the page, there is a space marked My Rx. Here you can record the action item you need to take as a result of watching the show. The back of the book provides spaces for you to create your own index, allowing you to keep track of subject...

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