



Hey! I Can Do This (Paperback)

By Lou Mulligan

1st World Publishing, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.If you find goal setting easy but achieving your goals difficult, then this book is for you. Many people start with big goals and end with little progress to show for it. Hey! I Can Do This! takes up where good intentions get bogged down in the day- to-day world of ever-shifting priorities. Learn and apply tools designed specifically to focus, empower and persistently keep your goal priorities top of mind. - Use the workshop format to develop crystal clear goals with The Strategic Goals Incubator and make them achievable with the tactical 6-Step Goal Achievement Process - Implement The Goal-Setting Blueprint to clarify the stepping stones to your goals with specific progress milestones and timetables - Implement goal-focused daily priority and clarity with The Priority Reset Button . - Design your own explosive goal achievement dynamo by combining The Major Goals Momentum System with The 90-Day Follow-Up Strategy - Bring the balance and harmony of the Whole Person Concept s Pentad into your life. - Download the workshop templates at the companion website! - And much more. Easy to read,...

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