



## The Circles of Life

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By Mary Elizabeth Cole

iUniverse, United States, 2008. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.I came to a point in my life that through the pain and the storms of life it was time for peace and joy. Through a series of events, I learned to overcome many obstacles and believe you can too, by igniting transformation through storytelling. You can be at peace with others maintaining a better mindset. You can discover how to better embrace every aspect of your life, and share it with others. You can approach life with more confidence and become the best you can be. Being true to yourself can and will set you free. Accepting and loving yourself without being selfish. Discover how to develop your gifts, talents, and abilities. Learn to close the doors of the past, and move forward with zeal, and enthusiasm, designing a better life. You can change your life drastically by changing your thoughts and habits.



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