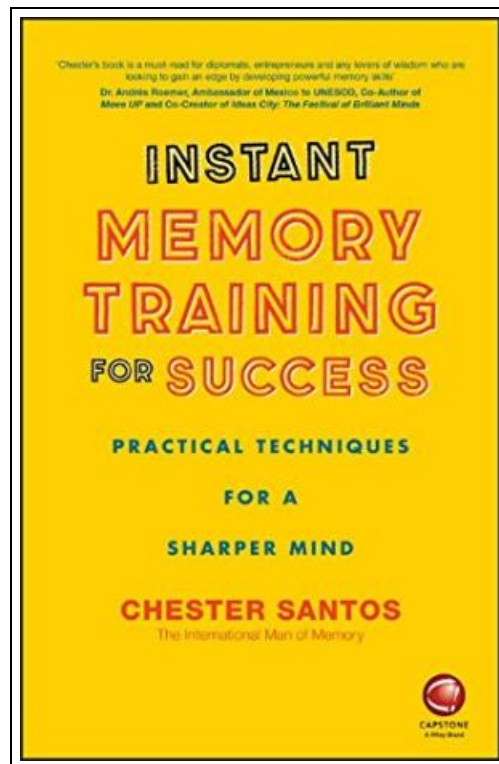


The Instant Memory Training for Success: Practical Techniques for a Sharper Mind



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