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I M HELPING YOU, COACH!: 100+ OFFENSE DRILLS FOR YOUR BASKETBALL PROGRAM



AUTHORHOUSE, United States, 2004. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. As a coach I always find one of the most challenging parts of my job is keeping the players motivated. One of the best ways I have found for doing this is to vary the drills I use in practice. Drills provide a powerful opportunity for coaches because they combine so many important elements of training at once....

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- · Authored by Joao Da Costa
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