



## I Want What Mamma Wants!: Easy Meals for Babies Six Months and Older

By Jozi

iUniverse, United States, 2008. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A wonderful gift you can give your child is healthy eating habits. Once your baby needs solids, you may be tempted to buy prepared baby foods. Resist that urge! With tips from Jozi, you can make healthy and tasty baby food at home in less than three hours. The benefits of homemade baby food are endless. You know exactly what's included, you'll save money, you can go organic if you wish, and you'll be teaching your child to try and enjoy a variety of foods. Also, the convenience is unbeatable; once you make baby's purees, it is simple to transport frozen cubes and finger foods when the family is on the go. Using easy-to-understand techniques, I Want What Mamma Wants! includes recipes for your baby's nutrition through the first year. The book also offers tips for gradually introducing foods, presented in a clear and uncomplicated way, and addresses issues you may encounter, such as allergies and baby's likes and dislikes. There's even a yummy teething cookie that will relieve upset tummy...



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