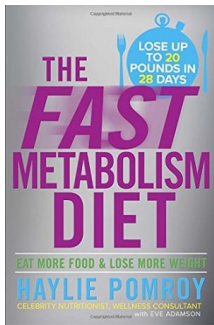


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THE FAST METABOLISM DIET: EAT MORE FOOD AND LOSE MORE WEIGHT (HARDBACK)



Three Rivers Press, United States, 2013. Hardback. Condition: New. Language: English . Brand New Book. Haylie Pomroy has helped countless clients lose up to 20 pounds in just 4 weeks -all through the fat-burning power of food. Hailed as the metabolism whisperer, Haylie reminds us that food is not the enemy, it s the rehab needed to rev-up your sluggish, broken-down metabolism and turn your body into a fat-burning furnace. On this plan you re going to eat a lot....

Read PDF The Fast Metabolism Diet: Eat More Food and Lose More Weight (Hardback)

- Authored by Haylie Pomroy
- Released at 2013



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