



## The 10 Minute Cook: 80 Fabulous Recipes for Preparing Great Food Fast

By Jenni Fleetwood

Anness Publishing, United Kingdom, 2009. Paperback. Book Condition: New. 295 x 224 mm. Language: English . Brand New Book. This is the essential quick cook s guide featuring 80 indispensable recipes that are ready to eat in less than 10 minutes. Dishes include speedy snacks, easy pasta dishes and super-swift salads, plus meat, poultry and fish dishes that you can prepare in next to no time. Expert tips ensure quick and simple cooking at every stage - there are step-by-step instructions for every dish, and 330 colour photographs in total. A handy mix-and-match menu section shows great ways to combine starters, main dishes and desserts. The introduction includes inspirational ideas for fast cooking with suggestions for the quick cook s shopping list and instruction on speedy cooking techniques. The helpful introduction to this practical book includes suggestions for the quick cook s shopping list and speedy cooking techniques. Also, a handy mix-and-match menu section shows great ways to combine starters, main dishes and desserts so that even entertaining becomes manageable once again. Recipes include Chorizo in Oil for a taste of Spain or Pork in Sweet and Sour Sauce for a substantial main meal. With such delicious and quick main...



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