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Nutribullet Recipe Book: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging So Much More!

By Stephanie Shaw

Get Publishing, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The push button way to extract ALL of the nutrients natural food has to offer in tasty and delicious smoothies using cutting edge technology. Why Use the Nutribullet? The Nutribullet is a breakthrough device that enables you to extract all of the nutrients available from natural products. Unlike commonly available smoothie makers and juicers, the Nutribullet has been engineered to enable you to exploit nutrients from the skin and seeds of fruit and veg which often is where the major source of natural goodness is stored. What s So Special About Your Recipes? Using my specially formulated recipes, you re able to: Achieve optimum health Have boundless energy and vitality Achieve and maintain your ideal weight Look radiant Live a long healthy life My recipes all list nutritional information and have all the features you strive for (the odd naughty day exception!): Low fat Low calorie Low sugar High fiber Why Should I Take Notice of You? After many years as a Diabetes Specialist Nurse prescribing and practicing a healthy lifestyle, I m well aware that you...



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