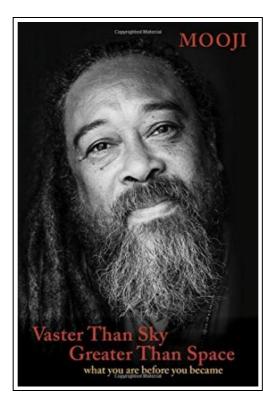
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SOUNDS TRUE INC, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. Brilliant Illuminations for Awakening to the Absolute What if all that you believe yourself to be--your body, mind, emotions, and conditioning--is actually what you are not? What if this is merely a self-portrait shaped by false identification, habit, and assumptions? In ever-growing gatherings worldwide, the revered teacher Mooji has opened the eyes of thousands through his rare ability to shine light on the ineffable with uncommon clarity, humor, and warmth. Now, with Vaster Than Sky, Greater Than Space, Mooji invites and inspires readers everywhere to discover the true essence from which we all arise. The Advaita Vedanta tradition teaches that through simple questioning and introspection, we can awaken to something far greater than the ego self, a nondual Oneness with the ground of Being. In Vaster Than Sky, Greater Than Space, Mooji guides us into the adventure of deep inquiry, sparking direct Self-realization through parables, insights, wisdom teachings, and responses to the common questions of readers, such as: If I ve always been one with the eternal Self, why do I feel so anxious, depressed, or angry? How do I attain a state of peace, joy, and timeless presence? As pure and infinite Being, of what importance are my personal relationships, aspirations, or efforts to help others in need? I ve suffered so much trauma in my life--is psychotherapy helpful on this path? How do I forgive others who have hurt me? Are intimate relationships a help or a hindrance to awakening? I understand these words, but I continue to be filled with the chatter of the mind--what should I do? Through our own engagement and self-exploration, Mooji helps us to arrive at the answers, not from the limited perspective in which we ve been...

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