



## The Approval Fix: How to Break Free From People-Pleasing

By Joyce Meyer

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, The Approval Fix: How to Break Free From People-Pleasing, Joyce Meyer, When we hear the word addiction, we tend to think of unbreakable habits involving drugs or alcohol. But many people struggle each day with a different kind of addiction: a deep need for the approval of others. Their unquenchable thirst for love and acceptance often causes people to suffer in relationships, give up on their dreams, and even forfeit their destinies. The key to breaking free from approval addiction, and the people-pleasing that goes along with it, is to understand and embrace the love of God and others and to be able to love yourself. In The Approval Fix, best-selling author Joyce Meyer offers the practical insights and lessons necessary to find freedom from the need for approval. Anyone who wants to enjoy life and build healthy relationships, but struggles to feel accepted, will benefit immensely from this book, which is full of proven principles from Meyer's years of experience helping people find freedom in many areas of their lives.



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