



## The Power of Certainty: A Simple Guide to Living the Life of Your Dreams (Paperback)

By MR Leonard a Sappleton

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The power Of certainty is centered around the notion that to create one's external reality (live the life of one's dreams) the focus should be on making specified internal changes. It answers such questions as who are you? and why are you here? These questions provides the framework for the individual to first establish self awareness and his connection to the divine. The book is divided into two sections. Part one explores the basic premises for living one's life by choice instead of by chance. Part two presents practical approaches to establishing certainty in living and stems from the authors own applications that have informed his personal growth over the last five years. In this sense, it is a unique work in the personal growth arena as it presents an holistic approach to the very current topic of self improvement, rather than dwelling on specific areas such as self confidence or self esteem. To manifest the life of your dreams you must begin from a position of certainty that it will happen. Without this certainty life becomes a struggle and...

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