



Letting Go: How to Forgive Transform Your Life

By Judene Elizabeth

Balboa Press, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Let go of resentment, hatred, and anger. Be free to participate in the now. This book includes an exercise to start fresh with yourself and others as well as practices designed to clear out negativity and keep you in your bliss. Break out of old patterns, clean up your thoughts, and start living an empowered life all with this one little guide.



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