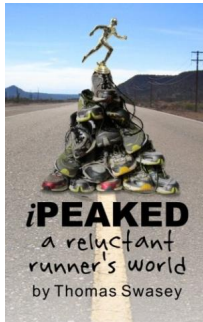


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## IPEAKED: A RELUCTANT RUNNER S WORLD



Createspace, United States, 2012. Paperback. Book Condition: New. 196 x 126 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Ipeaked: A Reluctant Runner s World is about my 30+ years and over 30,000 miles of running. It s not your typical runner s book since my passion is more about quality of life than running. I am truly a reluctant runner who embraces and enjoys the benefits of the world of running rather than the act. So...

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- Authored by Thomas Swasey
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