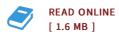




Surviving Bullies Workbook: Skills to Help Protect You from Bullying

By Dickon Pownall-Gray

Lulu.com, United States, 2006. Paperback. Book Condition: New. Workbook. 272 x 204 mm. Language: English . Brand New Book ***** Print on Demand ******.MIDWEST BOOK REVIEW -- June 06 Specifically designed for use with children ages 11 through 16 (grades 6-10), the Surviving Bullies Workbook (SBW): by Dickon Pownall-Gray is an informative, thoroughly researched, step-by-step instruction guide to dealing with and overcoming the painful childhood experience of being bullied by others. Revealing the root causes involved with bullying, the SBW demystifies bullies while offering exercises for escaping from the isolation trap, rebuilding personal confidence, developing an antidote to the effects of bullying, developing the skills and opportunities for making new friends, and building new social networks -- all in a compelling and user-friendly format which is very strongly recommended for all children struggling with the difficult troubles of bullies and their parents who are searching for an inspirational education on the truths of the matter. The SBW should be a part of every community s overall strategy for dealing with bullies and bullying.



Reviews

It becomes an amazing pdf that I actually have ever go through. This is for those who statte that there had not been a worth reading through. You will like how the author create this pdf.

-- Prof. Lonie Roob

Thorough manual! Its this sort of good read through. it absolutely was writtern very flawlessly and helpful. I am just easily will get a delight of studying a created publication.

-- Abdiel Stiedemann Sr.