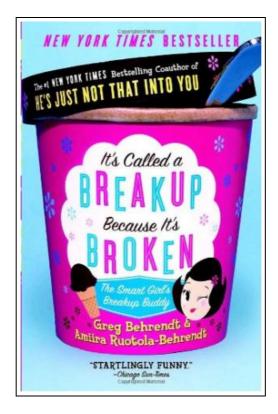
It s Called a Breakup Because It s Broken: The Smart Girl s Break-Up Buddy



Filesize: 4.85 MB

Reviews

The book is great and fantastic. Yes, it really is engage in, still an interesting and amazing literature. You wont feel monotony at at any moment of your respective time (that's what catalogs are for regarding if you request me).

(Daren Raynor II)

IT S CALLED A BREAKUP BECAUSE IT S BROKEN: THE SMART GIRL S BREAK-UP BUDDY



Random House USA Inc, United States, 2006. Paperback. Book Condition: New. Reprint. 196 x 130 mm. Language: English. Brand New Book. There's no doubt about it breakups suck. But in the first few hours or days or weeks that follow, there's one important truth you need to recognize: Some things can t and shouldn't be fixed, especially that loser who dumped you or forced you to dump him. It's called a breakup because it's broken, and starting right here, right now, it's time to dry your tears, put down that pint of ice cream, log out of his e-mail, and open this book to Chapter One and start turning your breakup into a breakover. From Greg Behrendt, the co-author of the smash two-million copy bestseller He's Just Not That Into You, comes It's Called a Breakup Because It's Broken --the ultimate survival guide to getting over Mr. Wrong and reclaiming your inner Superfox. From how to put yourself through he-tox, to how to throw yourself a kick-ass pity party, Greg and his wife, Amiira, share their hilarious and helpful roadmap for getting past the heartache and back into the game. You will learn: Why you shouldn't call him and what he's thinking when you do How to keep your friends and not lose your job How to avoid breakup pitfalls: IMing, stalking, having sex with your ex Reframing reality seeing the relationship for what it was How to transform yourself into a hot, happening Superfox and get a jump on the better, brighter future that awaits Complete with an essential workbook to help you put the crazy down on paper and not take it out into the world, It's Called a Breakup Because It's Broken is...



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