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## Day Walks in the Lake District: 20 Circular Routes on the Lakeland Fells

By Stephen Goodwin

Vertebrate Graphics Ltd. Paperback. Book Condition: new. BRAND NEW, Day Walks in the Lake District: 20 Circular Routes on the Lakeland Fells, Stephen Goodwin, "Day Walks in the Lake District" is the second title in Vertebrate Publishing's series of compact and portable hillwalking guidebooks. This book showcases 20 circular routes in the Lake District, between 5 and 13 miles (8 km and 21 km) in length, suitable for hillwalkers of all abilities. The routes are split into four geographical areas - north, east, south and west - and include walks from the main tourist bases, such as Keswick and Ambleside, as well as sought after peaks, such as Seafell Pike, Great Gable, Blencathra and Helvellyn. Also included for the adventurous are the Lake District's best known scrambles - Striding Edge on Helvellyn and Sharp Edge on Blencathra - together with more accessible alternatives. The author of this guidebook, Stephen Goodwin, is a freelance journalist (former staff writer for "The Independent"), editor of the prestigious "Alpine Journal" and a Lake District local. In his introductions to each route he recalls the tales of Wordsworth, Walpole and the fascinating history of Lakeland and its peaks and fells. Each route in this guide...



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