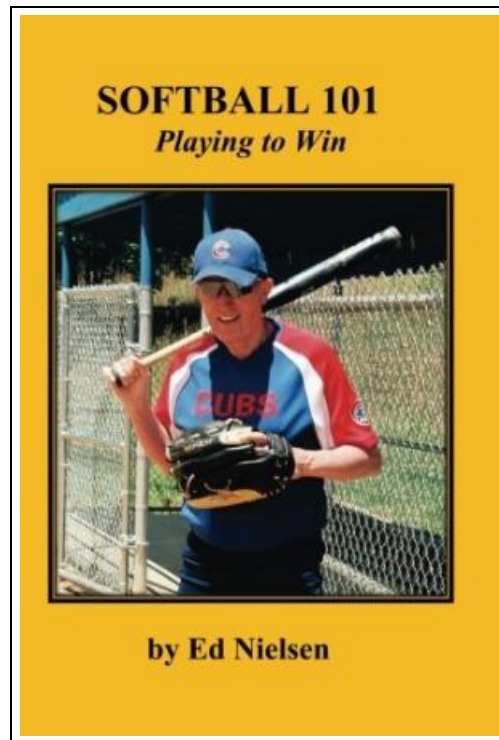


Softball 101: Playing to Win



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SOFTBALL 101: PLAYING TO WIN

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The goal of this book is to serve as a refresher for those who know the fundamentals, and to serve as a primer for those who don't. While intended to show slow-pitch softball players how to improve their game, this book will be helpful to fast-pitch softball and baseball players as well. After all, most of the principles in this book apply to any game played on a diamond, from Little League to high school and adult softball leagues to the Major Leagues. Most of us will encounter opposing players who can run faster, hit harder, and throw further than we can. But that doesn't mean we have to concede victory. Maybe we can run fast longer, hit more consistently, and throw more accurately. If you're willing to learn and invest in some off-field training, you can often overcome superior athletic skills possessed by the opposition. This book is intended to give you the tools needed to amplify your natural skills. I have played organized ball for over 60 years and, fortunately, I got off to a good start, thanks to fundamentals instilled in me from the very beginning. I began playing organized baseball in early grade school and continued playing summer baseball for the next 10 years under the tutelage of legendary Iowa coach George Engebretson. George coached baseball in the ultra-small town of Rembrandt (200 souls). Nearly every team his charges played against came from much larger towns, yet George's teams were nearly always victorious because he had his players so well grounded in fundamentals. Opposing teams were seldom so well taught. Thus, even when an opposing team had superior athletes, as...

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