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Left Hand in the Golf Swing: .a Revised Look at Golf Cross-Training Drills

By R D Hill

Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Golf is Life, and Life can be Hard. Golf is A Game Played Sideways. It s tricky tough to get good at. If you golf, you know, but that s why you like it - For the Grind, the Personal Challenge the Subtle Rewards of Success. Golfing well builds Confidence, and Confidence Is A Changed Life.!! My book is a Design for Your Improvement and A Formula for Your Success.!! CONSIDER: Two hands grip the club - typically a strong Right Hand and a weaker Left. 90 golf right-handed. STRENGTHEN THE LEFT, BALANCE THE POWER PLAY BETTER GOLF.!! That s the theme of the book. It applies to Leftys, too. Leftys just read right-for-left. Readers agree: The principles quickly deliver measurable results - Lower Scores and More Golf Pleasure from striking the ball well.!! THERE S A DRILL FOR EVERY SWING FLAW. The book describes a host of Similar Sports Beneficial Activities to quickly coordinate your Non-Dominant Left Hand to work fluidly in the swing with your Dominant Right one. Practice at your desk, while driving or working...

Reviews

Without doubt, this is the very best function by any writer. It typically will not charge too much. I discovered this publication from my dad and i encouraged this pdf to discover.

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