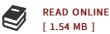




## No Whining: Craig Hospital Spinal Injury Rehab: Reaching New Heights

By Herb Tabak

iUniverse, United States, 2005. Paperback. Book Condition: New. 223 x 152 mm. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. No Whining is one man s gut-wrenching yet humorous account of his eight-week journey through Craig Hospital s Spinal Cord Injury (SCI) rehabilitation program. Paralyzed from the waist down, author Herb Tabak credits Craig s no nonsense rehabilitation philosophy as a major factor in the progress he has made to date towards recovery. Tabak relates the range of adventures he experienced while an SCI patient at Craig Hospital s world-renowned spinal cord injury rehab program in plain, easy to understand language. In pointing out the reasons that make Craig Hospital unique, No Whining covers a diverse spectrum of topics, including: The Reality of Spinal Cord Injury The Craig Philosophy Physical Therapy Occupational Therapy Therapeutic Recreation Facing the Real World Craig Research Craig Graduates Stories Over 30 Photos/Illustrations No Whining is an inspirational resource for anyone with an interest in Spinal Cord Injuries.



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