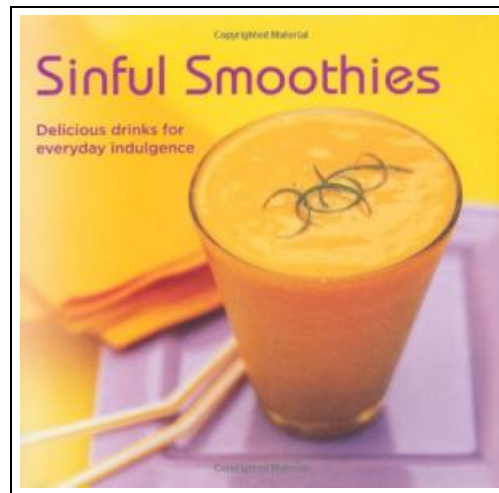


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SINFUL SMOOTHIES: DELICIOUS DRINKS FOR EVERYDAY INDULGENCE



Ryland, Peters & Small Ltd. Hardback. Book Condition: new. BRAND NEW, Sinful Smoothies: Delicious Drinks for Everyday Indulgence, Ben Reed, William Lingwood, Forget any idea you may have of smoothies being made just from fruit, juice, yogurt and maybe a splash of milk. You'll be surprised how easy it is to elevate the humble smoothie from the realm of healthy treat to one of pure self-indulgence. Sinful Smoothies offers up more than 25 recipes for every occasion, whether special or not! Tropical Treats like Orange Sunset and Bondi Rip will transport you to exotic climes. Blissful Berries show how easy it is to turn delicate berries into something decadent; try Cherry Berry Crush or Berry Blitz. Roll up for Happy Hour and choose from Long Island or Strawberry Liqueur Smoothie. Serve up a Dreamy Dessert such as Apricot Ice Cream or Banana and Peanut Butter Smoothie. Sinful Smoothies is packed full of luscious liquid treats, whether you're in need of a creamy concoction, a sumptuous snack, or an indulgent pick-me-up any time of the day, every day of the week.



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