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RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 54 pages. LC Number: KF27 . F64828 2007g OCLC Number: (OCoLC)174967118 Subject: United States -- Officials and employees -- Mental health -- Iraq. Excerpt: . . . 11 motor accidents or violent crimes. Foreign Service employees may develop PTSD as a reaction to criminal or political or terrorist violence like the East Africa bombings in Nairobi and Daur e Salaam in 1998. Some characteristic symptoms of PTSD that emerge are re-expe-riencing of the events through dreams or nightmares or flashbacks, irritability or anger, insomnia, an exaggerated startle response, hyper vigilence, and a general numbing of emotional responsive-ness. In one person these symptoms may appear immediately after the event but go away fairly quickly but in another person they may emerge as much as 3 to 6 months after the event and become chronic, and there are wide variations between those two examples. Mental health support for employees going to Iraq began in No-vember 2003 with the addition of a mental health training to a pre-Iraq orientation course. When the department opened the Foreign Service health unit in Baghdad in July 2004, we made certain that a psychiatrist was...





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