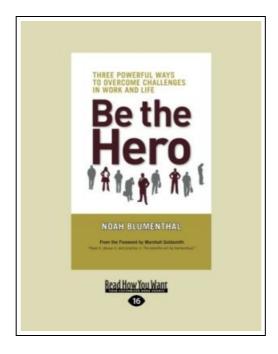
Be the Hero: Three Powerful Ways to Overcome Challenges in Work and Life



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Reviews

A fresh e-book with a brand new point of view. It really is packed with knowledge and wisdom Its been designed in an exceedingly simple way and is particularly simply following i finished reading this publication through which actually modified me, alter the way i really believe.

(Bernhard Russel)

BE THE HERO: THREE POWERFUL WAYS TO OVERCOME CHALLENGES IN WORK AND LIFE



ReadHowYouWant. Paperback. Condition: New. 216 pages. Dimensions: 10.0in. x 7.8in. x 0.5in.A victim mentality is rampant in organizations today. My boss is a jerk. This is a dead-end job. I cant change anything here. The result is lost productivity, lack of creativity, departmental in-fighting - a toxic atmosphere. But nobody has to be a victim. The truth is people make themselves victims. Its just an interpretation of reality, a story they tell themselves. People can choose a different story. They can stop seeing themselves as helpless victims and instead discover how to put themselves in charge. Anyone can choose to Be the Hero. Appropriately enough, executive coach and corporate speaker Noah Blumenthal uses a story - of Jeff, a young executive facing what seem to him insurmountable challenges - to show readers how to gain greater success and satisfaction in their lives by transforming the ways they view others, their own situation, and themselves. And he includes a plethora of practical resources that will teach readers how to consistently shift their perspective from victim to hero. This is not seeing the world through rose-colored glasses - but it is seeing through a new lens. One that helps us look beneath the superficial surface of our unhappiness to discover why people act in ways that frustrate us and do something about it. That finds sources of strength in our lives, even in the toughest circumstances. And that gives us the power to change. Victim stories limit us, sap our energy, stifle and frustrate us. Hero stories open up new possibilities, spur us to action. In Be the Hero, Noah Blumenthal offers a universally accessible technique for overcoming inertia and despair and becoming consistently positive, productive, and happy, at home and on the job. This item ships from multiple locations. Your book...



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