



Something More: Excavating Your Authentic Self

By Sarah Ban Breathnach

Time Warner International, United States, 2000. Paperback. Book Condition: New. 236 x 145 mm. Language: English . Brand New Book. From the author of the bestselling Simple Abundance comes a provocative and powerful life bible for women around the world. In this insightful and eloquent book, Sarah Ban Breathnach explores the nine stages necessary to living authentically: Sensing, Surviving, Settling, Stumbling, Selling Out, Starting Over, Searching, Striving, and finally, Something More.



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