



Be Your Own Shaman: Heal Yourself and Others with 21st-Century Energy Medicine (Paperback)

By Deborah King

Hay House UK Ltd, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This fascinating book takes you on a one-of-a-kind journey into the esoteric world of healing. You might not realise it, but just about everyone is a natural-born healer! In fact, you probably already have some of the paranormal abilities related to this gift. But you can further develop your inner talents and become your own shaman, capable of healing whatever ails you and effecting change in someone else's energy field and body. Now in master healer Deborah King's uniquely informative work, you will learn both Eastern and Western concepts and techniques - from the earliest recorded healing practices of some 5,000 years ago, to King's own powerful cutting-edge approach. You'll find out how to protect yourself from psychic attack, and how to get beyond any limiting beliefs you may hold. Self-knowledge leading to self-mastery is the ultimate quest, the pivotal adventure of a lifetime. Become the person you always knew you could be by taking this magical tour into the heart of healing!.



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