



Finding ME: Your Journey to Discover the Authentic Self

By Elaine Wilkins

Balloon View Ltd. Paperback. Book Condition: new. BRAND NEW, Finding ME: Your Journey to Discover the Authentic Self, Elaine Wilkins, To the outside world it looked as though I had everything. As the number one salesperson in a corporate direct sales environment, I was earning great money, driving expensive cars, enjoying luxury holidays, and seemed to have the perfect family life. Then overnight, my world came crashing down. When I was diagnosed with M.E., or Chronic Fatigue Syndrome, my life as I knew it was over. At first I fought the condition, viewing it as an enemy robbing me of everything I had worked for. Yet after a futile search for an external cure, I finally grasped that the answer lay within. Deeply buried in all of us, way beneath the expectations of others and the impossible pressures we put on ourselves, lays our true identity, our Authentic Self. The good news is that you don't need to suffer stress, burnout or fatigue in order to make the changes in your life that will help you to find it. In this book I will show you how to let go of who you think you have to be and learn...



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Reviews

This is the finest publication we have read through right up until now. Better then never, though i am quite late in start reading this one. Its been written in an remarkably easy way in fact it is only after i finished reading through this book by which basically altered me, affect the way i think.

-- Dr. Gabriella Hayes

Very good e book and helpful one. it was writtern quite properly and helpful. I am quickly could possibly get a enjoyment of looking at a composed book.

-- Connor Lowe IV

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Createspace, United States, 2015. Paperback. Book Condition: New. 258 x 208 mm. Language: English . Brand New Book ***** Print on Demand *****. This isn t porn. Everyone always asks and some of our family thinks it is for sure. but it s not....



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Book Condition: Brand New. Book Condition: Brand New.