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WALK: GOING THE DISTANCE!



Strictly Business Ltd, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.On January 1st 2015 ultra-distance race-walker, Richard McChesney announced that his goal for the year was to break four national long-distance race-walking records ranging from 100 miles to the greatest distance walked within a 48 hour period. This is the personal account of his training and racing during 2015 in his quest to break those records....

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- Authored by MR Richard McChesney
- Released at 2015

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