Signals: when they are loud with their emotions; when they are trying to tell something that seems to be interesting but irrelevant to you or you two or the current situation (they could have digested the thing themselves).

Operatee's bio: expecting your attention. (super learning mode)

Operator condition: When it is something you are not really interested.

Operator:

I: be dismissive, fake supportive. Pause. Induce her to feel unloved and uncared. Especially induce her to say it. (turn her into delta learning mode)

II: Then, (limited usage) use an escalation operator: oh, I didn't know my care actually matters a little to you.

III: Show genuine care

Operation result:

e.g.,

III:

[serious face, put your phone away, full attention, deep breath, locking eye contact] How's it going?

e.g.,

III:

Give her a piece of candy that she likes: "this is for you" then walk away.