

Table 8.4: Questionnaires of the Intrinsic Motivation Inventory (IMI).

Questions (1 = Strongly disagree, 7 = Strongly agree)	1	2	3	4	5	6	7
1. While I was working on the task, I was thinking about how much I enjoyed it.							
2. I really enjoyed doing this task.							
3. This task was interesting.							
4. I found this task very enjoyable.							
5. I thought this was a fun task.							
6. This task captured my attention.							
7. I would describe this task as very enjoyable.							
8. I felt nervous while doing this task.							
9. I felt anxious while doing this task.							
10. I didn't feel very relaxed during this task.							
11. I felt a lot of pressure while doing this task.							
12. I think I would be motivated to use this task again.							
13. I believe I am good at this task.							
14. Compared to others, I think I did quite well at this task.							
15. I am satisfied with my performance on this task.							
16. I feel very skilled at this task.							
17. After working on this task for a while, I felt my competence had improved.							
18. I believe this task was valuable to me.							
19. I think this task helped to increase my interest.							
20. I think this task helped me gain knowledge.							
21. I would be willing to use this task again because I found it valuable.							