

LEVELED BOOK • E

Say “Cheese”



Written by D. G. Chelsea

www.readinga-z.com



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Focus Question

What are the steps for making cheese?

Words to Know	
bubbles	drain
burner	strainer
curds	whey

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Level E Leveled Book
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Correlation	
LEVEL E	
Fountas & Pinnell	E
Reading Recovery	7-8
DRA	12



What You Need to Make Cheese

- 2 cups of milk
- 4 teaspoons of lemon juice or vinegar
- a pinch of salt
- cheesecloth or thin washcloth
- strainer
- wooden spoon
- stainless steel pot
- plastic wrap



Want to make cheese?
Ask an adult for help.
Fill a pot with milk.



Have your helper put the pot
on the burner.
Have your helper turn
on the stove.



Stir the salt into the milk.
Stir until the milk bubbles.



Have your helper turn off
the stove.
Stir the lemon juice
into the pot.



Line a strainer with cloth.
Wait ten minutes.



The curds, or chunks,
in the pot will become cheese.
Empty the pot into the strainer.
Drain the whey, or the liquid.



Press the curds into the cloth.
Make the curds into a ball.



Wrap the ball.
Put it in the fridge.



Yum!

You made cheese.

Say “Cheese”

A Reading A-Z Level E Leveled Book

Word Count: 107

Connections

Writing and Art

What is your favorite food to eat with cheese? Draw a picture and write about it.

Social Studies

What are three safety rules you should follow when cooking?
Share your ideas with a partner.



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