

LEVELED BOOK • F

Hibernation

**Multi
level
F•I•M**

Written by Kira Freed

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Table of Contents

No Food in Winter	4
What Is Hibernating?	5
How Do They Stay Alive?	7
Hibernating Animals	10
Index	12



No Food in Winter

Some animals can't find food in the winter.

Some of these animals hibernate.



What Is Hibernating?

Hibernating is like a deep sleep.
This sleep can last for weeks.



Animals breathe slowly when they hibernate.
Their hearts beat slower.
They do not eat.



How Do They Stay Alive?

Hibernating animals eat lots of food before winter.

The food stays in their bodies as fat.



Animals live off this fat while they sleep.

They also need a safe place to sleep.



They need to be safe from the cold.

They need to be safe from hungry animals.



Hibernating Animals

Snakes and frogs hibernate.

Turtles and mice hibernate.

Squirrels and bats hibernate.



Bears hibernate.

Raccoons and skunks
hibernate, too.

All the hibernating animals
wake up in the spring.

Index

breathe, 6

food, 4

hearts, 6, 7

hibernate, 4, 6, 10, 11

hibernating, 5, 7, 10, 11

sleep, 5, 8

winter, 4



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