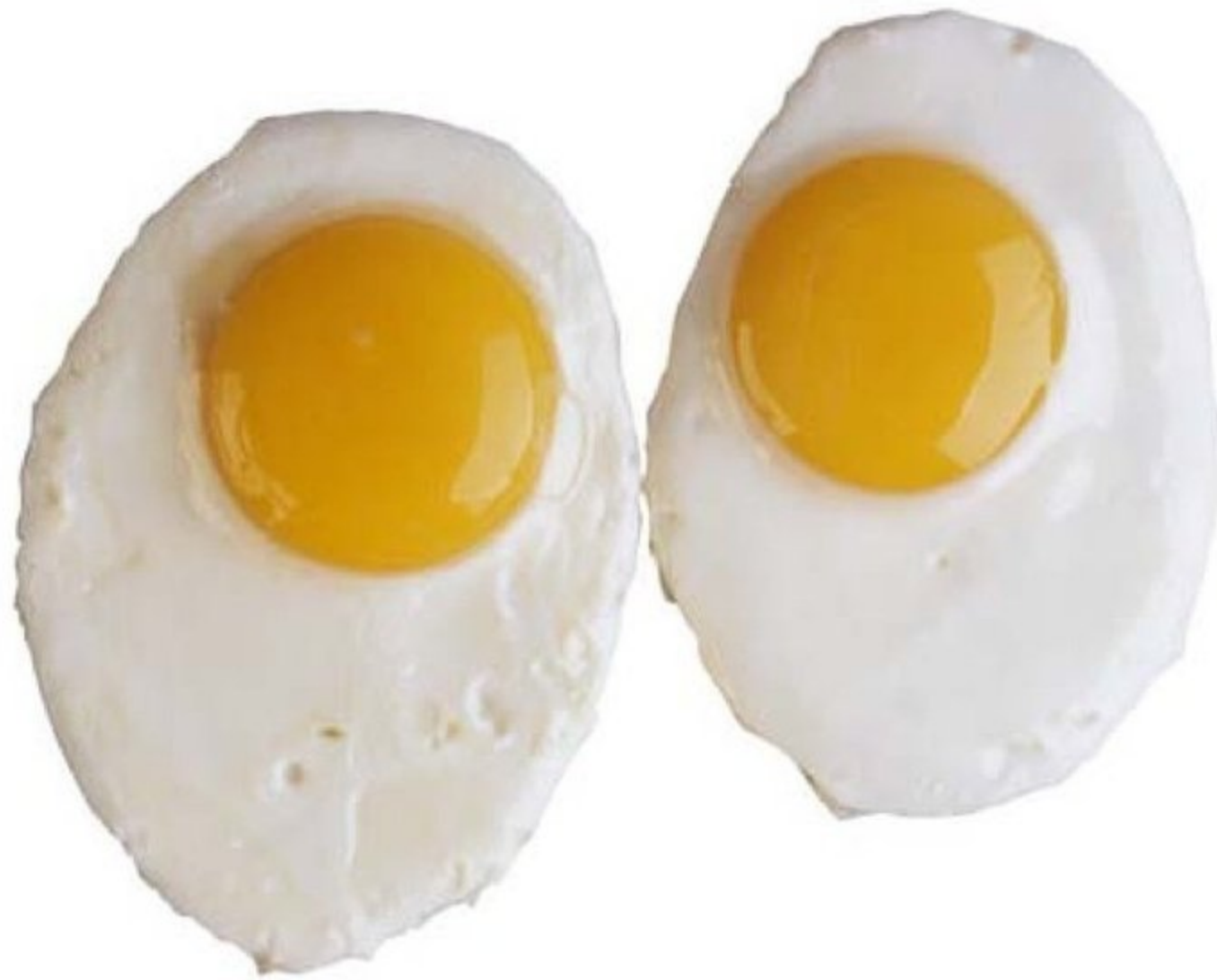


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# The Food We Eat



Written by Kira Freed

[www.readinga-z.com](http://www.readinga-z.com)

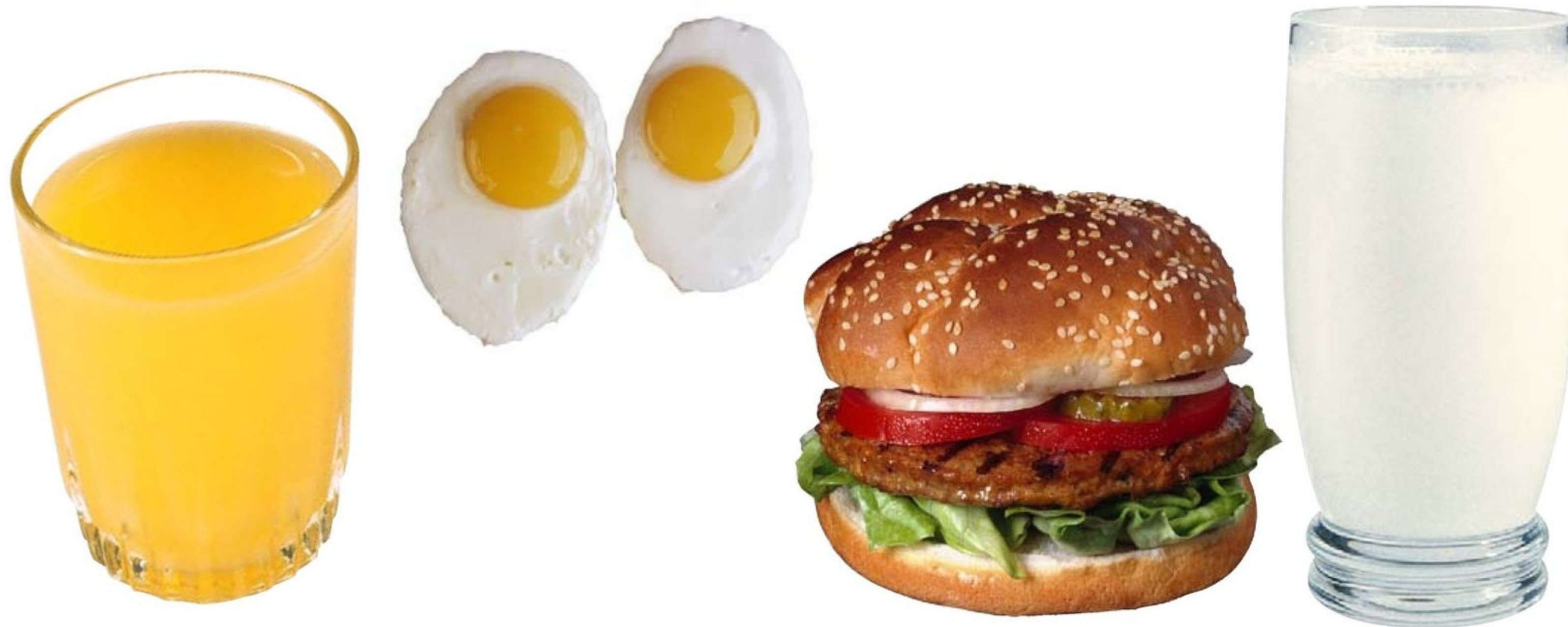
# The Food We Eat



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There are many kinds of food.  
Where does food come from?  
It all comes from plants and animals.

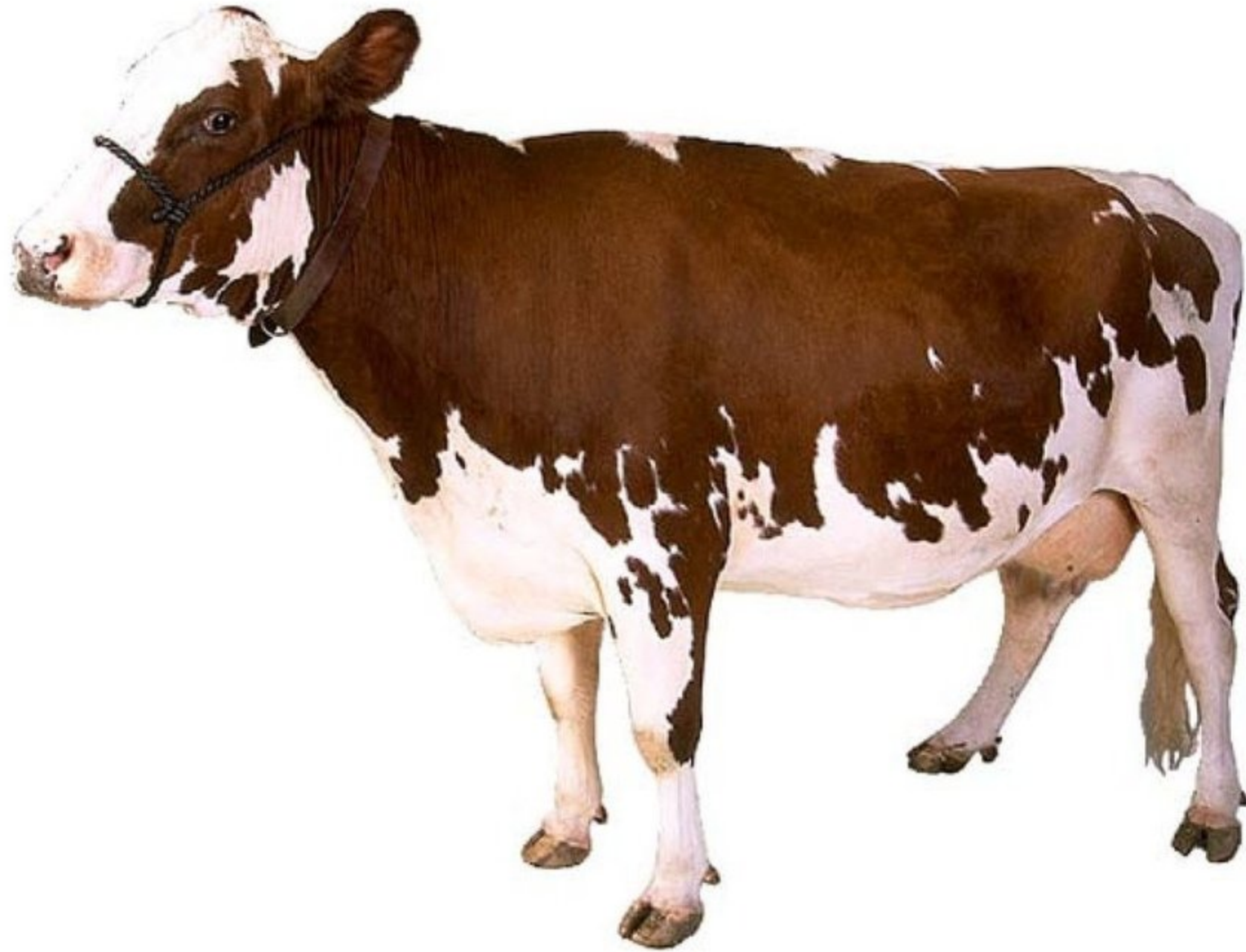


Where does orange juice come from?



Orange juice comes from oranges.  
Oranges grow on orange trees.

# Where does milk come from?



Milk comes from cows.  
Cows are animals.



# Where do bagels come from?



Bagels come from wheat.  
Wheat grows from  
the seeds of a wheat plant.





# Where do omelets come from?



Omelets are made from eggs.  
Eggs come from chickens.



# Where do French fries come from?



French fries are called "chips" in Great Britain and in some other countries around the world.

French fries are made from potatoes. Most people think potatoes are part of the potato plant's root. They are really part of the stem that grows below the ground.





# Where does hamburger meat come from?



Hamburger meat is made from beef.  
Beef comes from cattle.



# Where does popcorn come from?



Popcorn comes from corn.  
Corn is a seed from a corn plant.



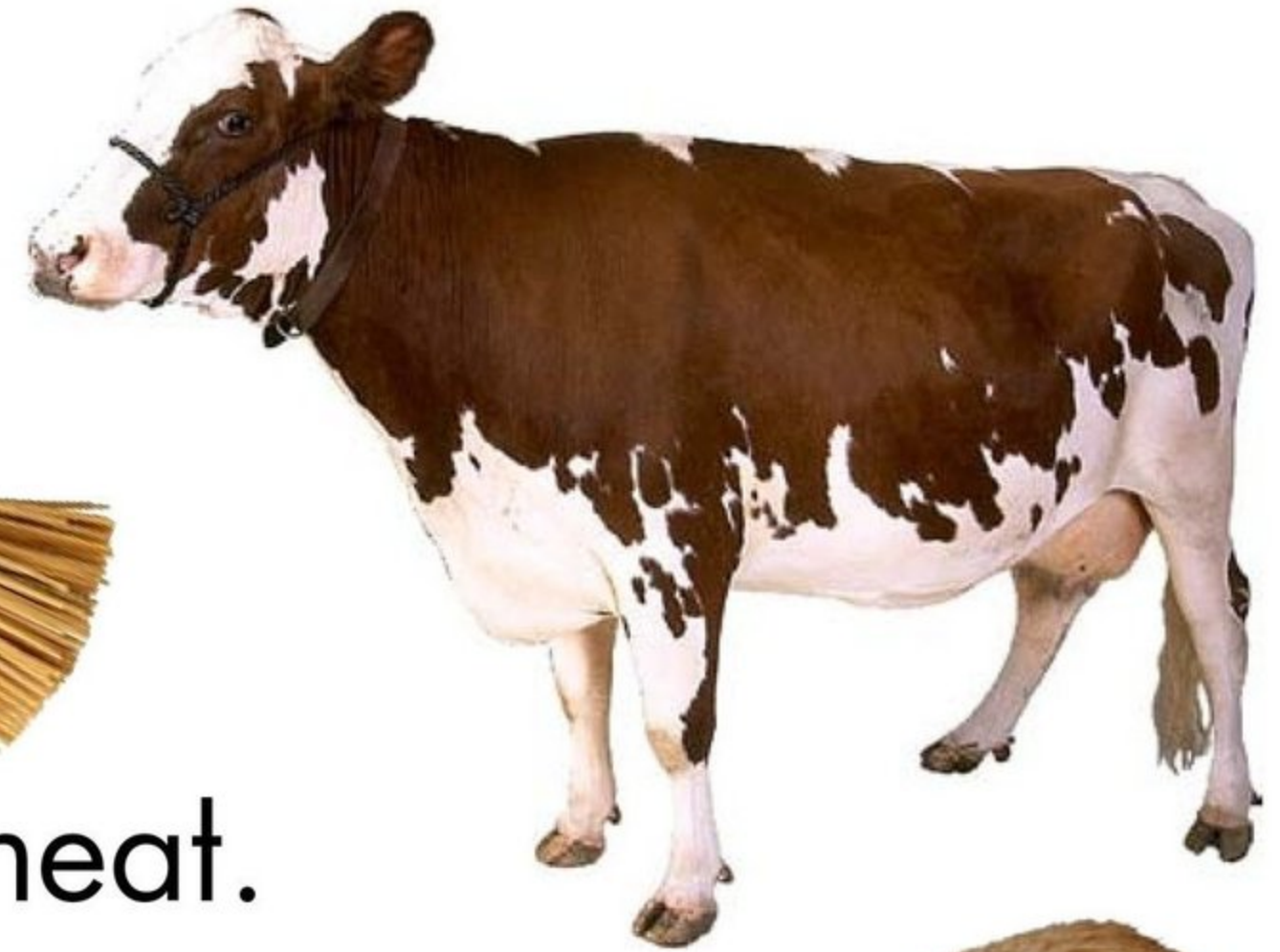
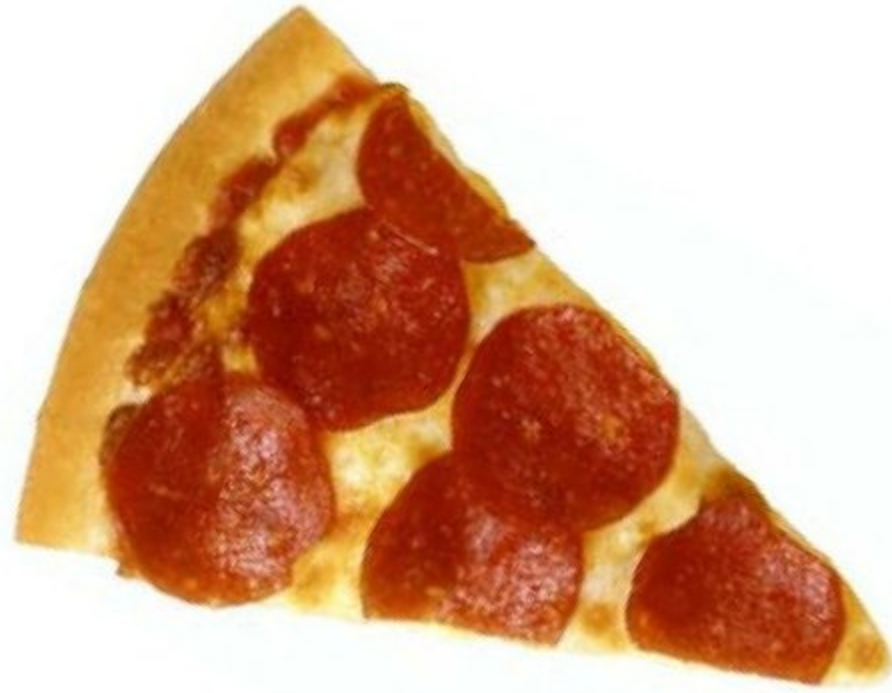
# Where does cheese come from?



Cheese is made from milk.  
Milk comes from cows.



# Where does pizza come from?



The crust is made from wheat.  
The sauce is made from tomatoes.  
The cheese is made from milk.  
The pepperoni comes from a pig.  
Pizza comes from plants and animals.



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Level G Leveled Book  
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