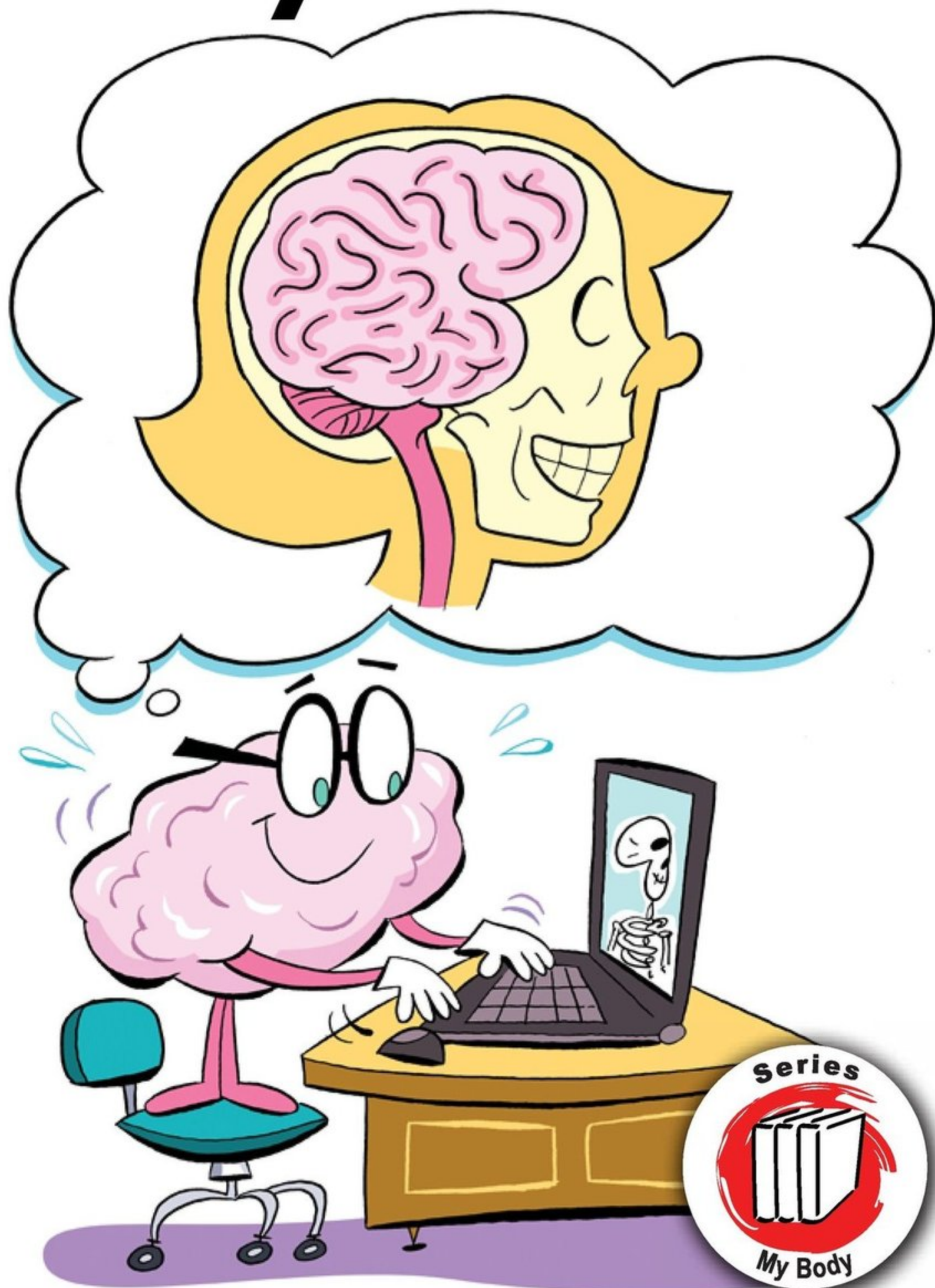


LEVELED BOOK • I

# My Brain

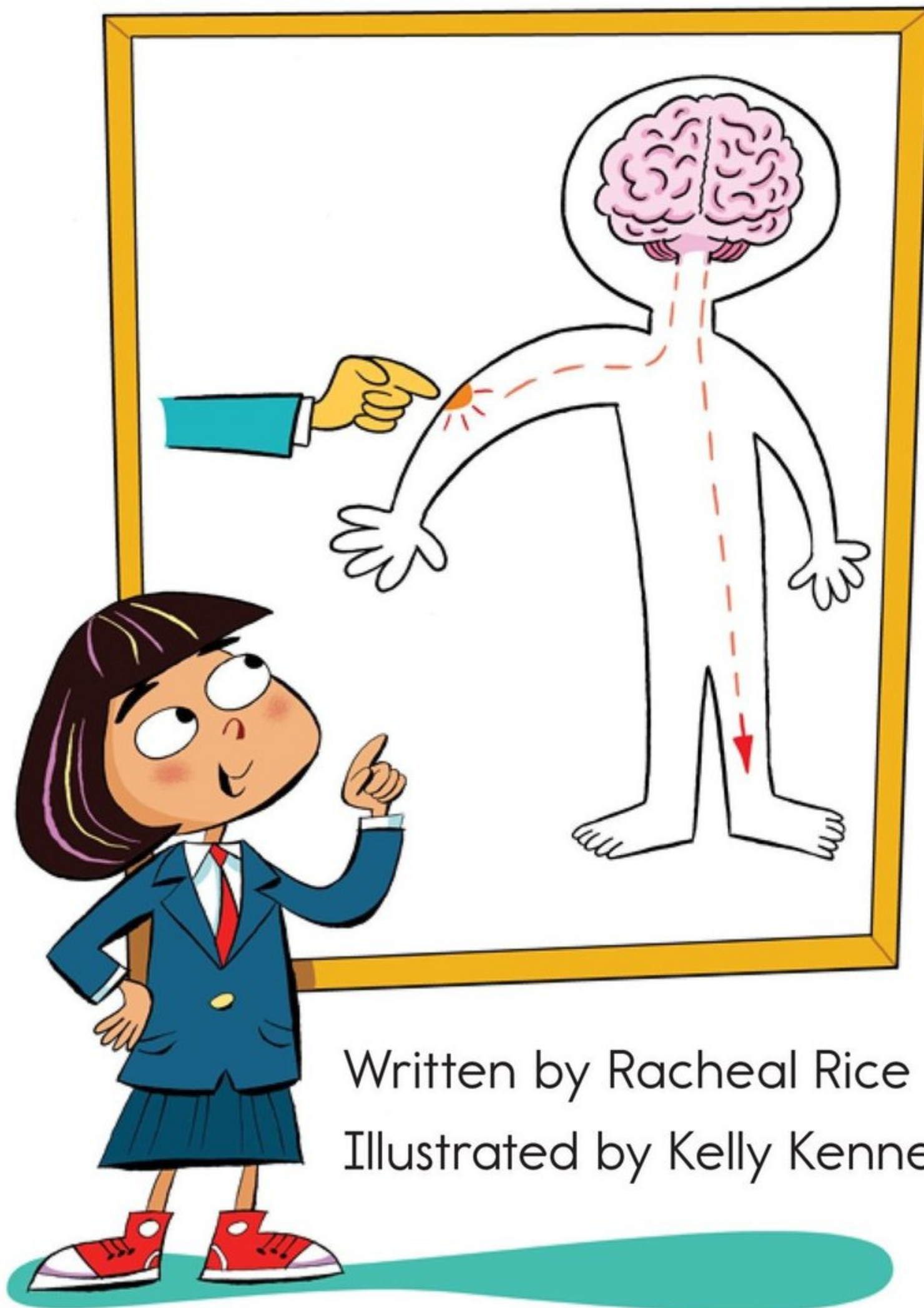


Written by Racheal Rice  
Illustrated by Kelly Kennedy

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# My Brain



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## Focus Question

How does the brain work  
as the boss of your body?

Words to Know	
body systems	nerves
brain	nervous system
messages	skull

My Brain  
 Level I Leveled Book  
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Correlation	
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Fountas & Pinnell	I
Reading Recovery	15–16
DRA	16





My body has many systems that keep it alive.

The boss of all those **body systems** is my **brain**.



My brain helps  
me listen, think,  
and speak.



It helps me see,  
touch, taste,  
and smell.

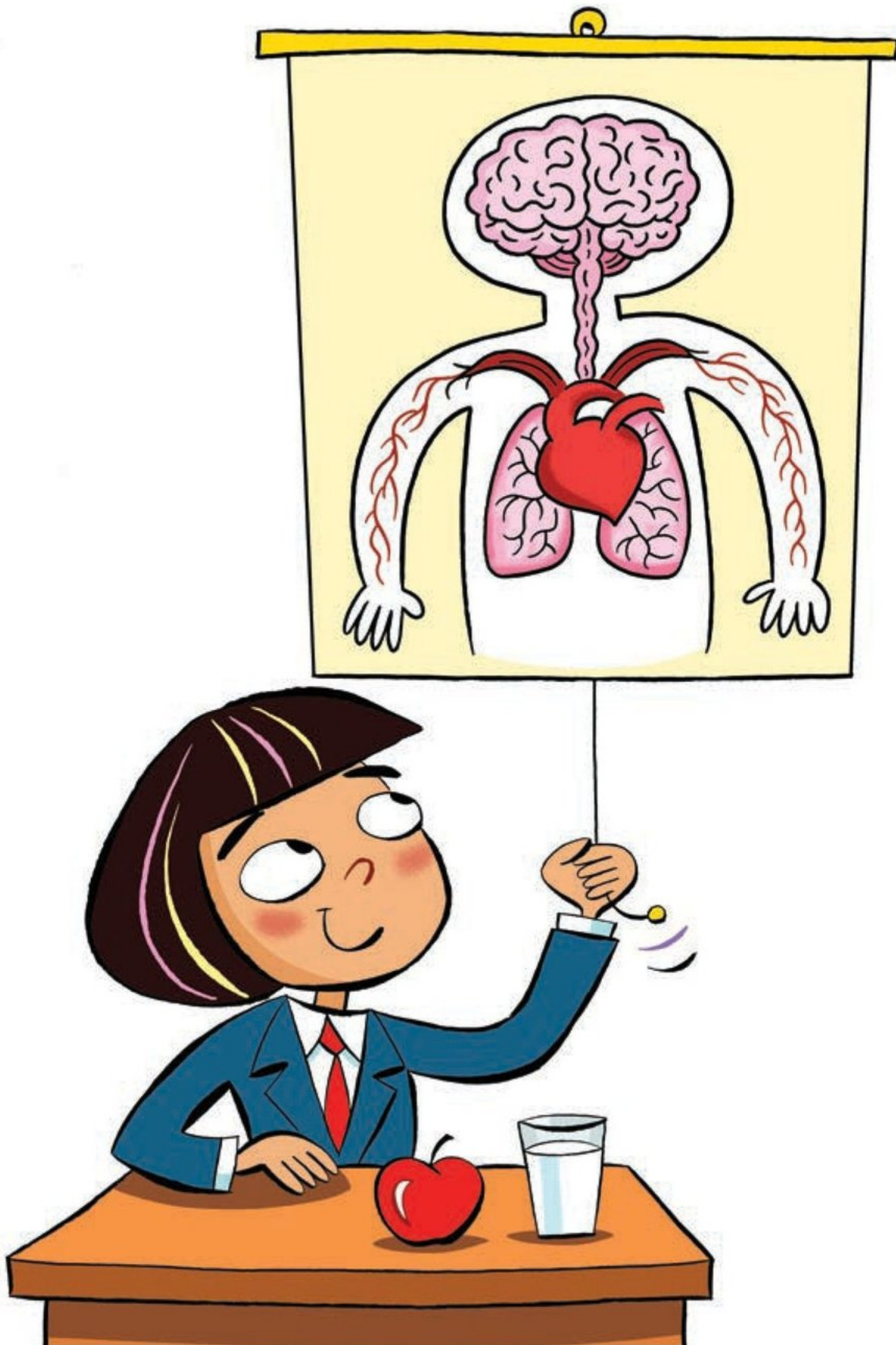


It helps me  
laugh when  
I'm happy  
or cry when  
I'm sad.

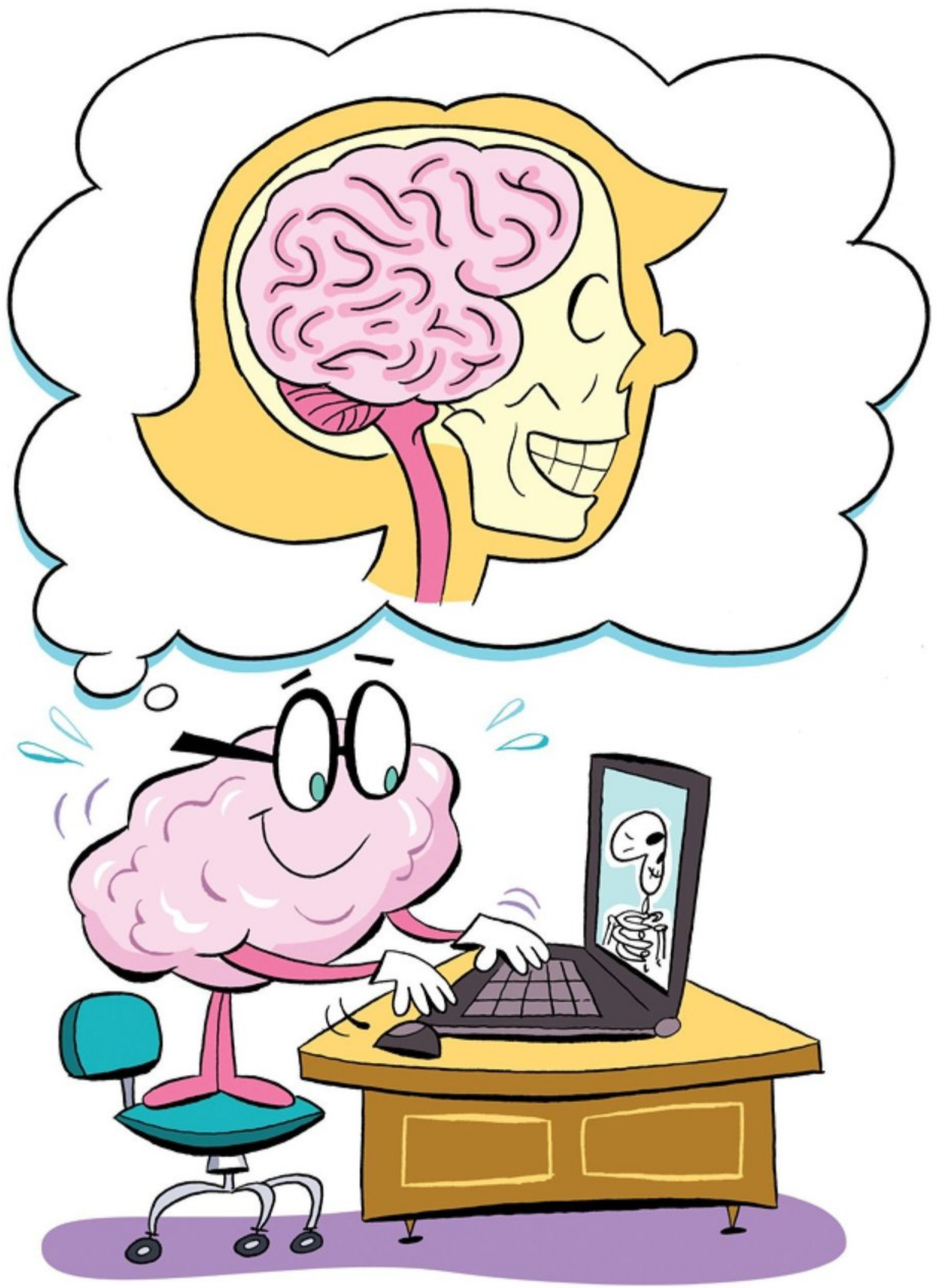




My brain helps me eat.  
It also keeps my heart beating  
and my lungs breathing.

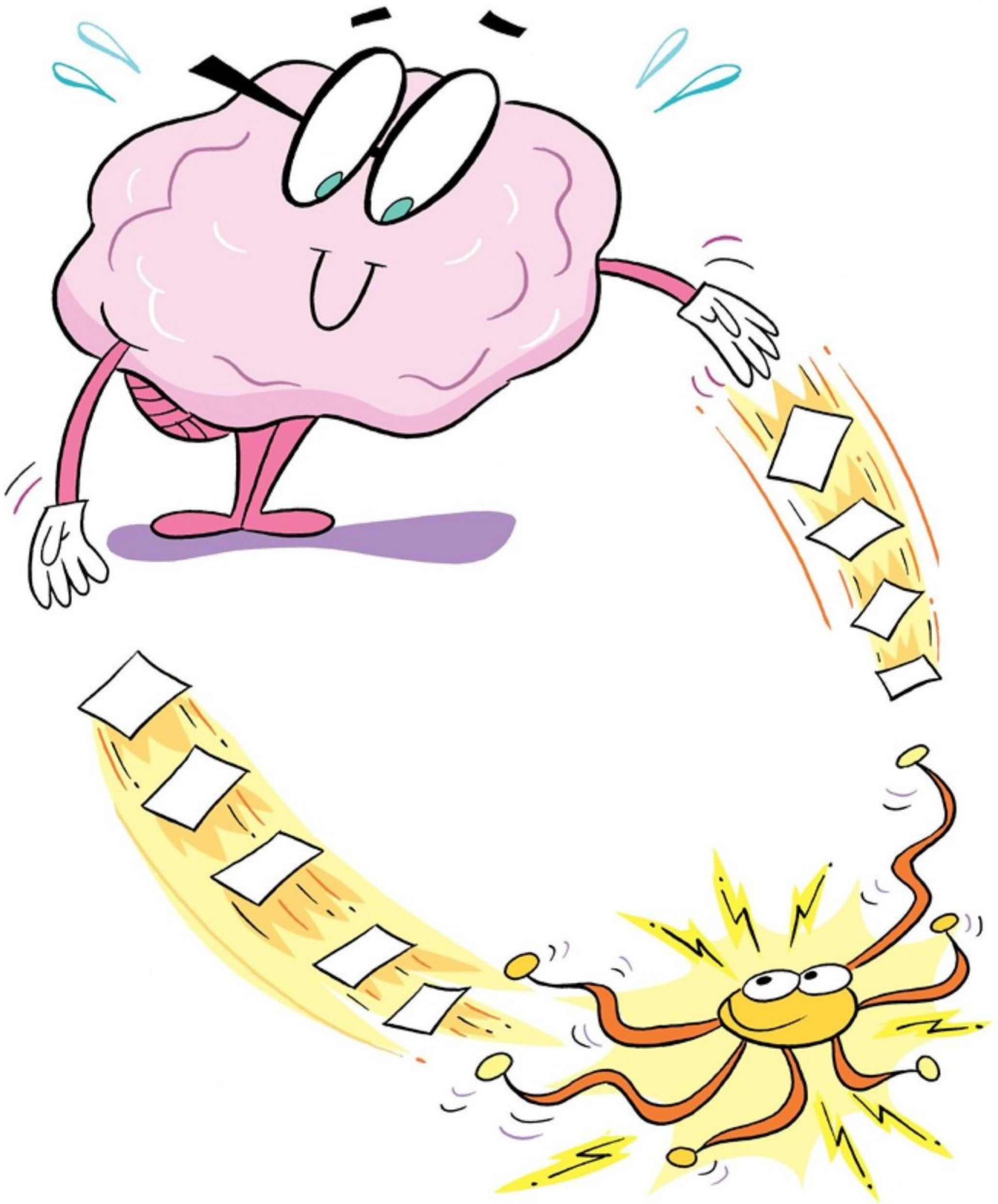






My brain works hard as the boss  
of my body.  
It sits in my **skull** and works  
all the time.

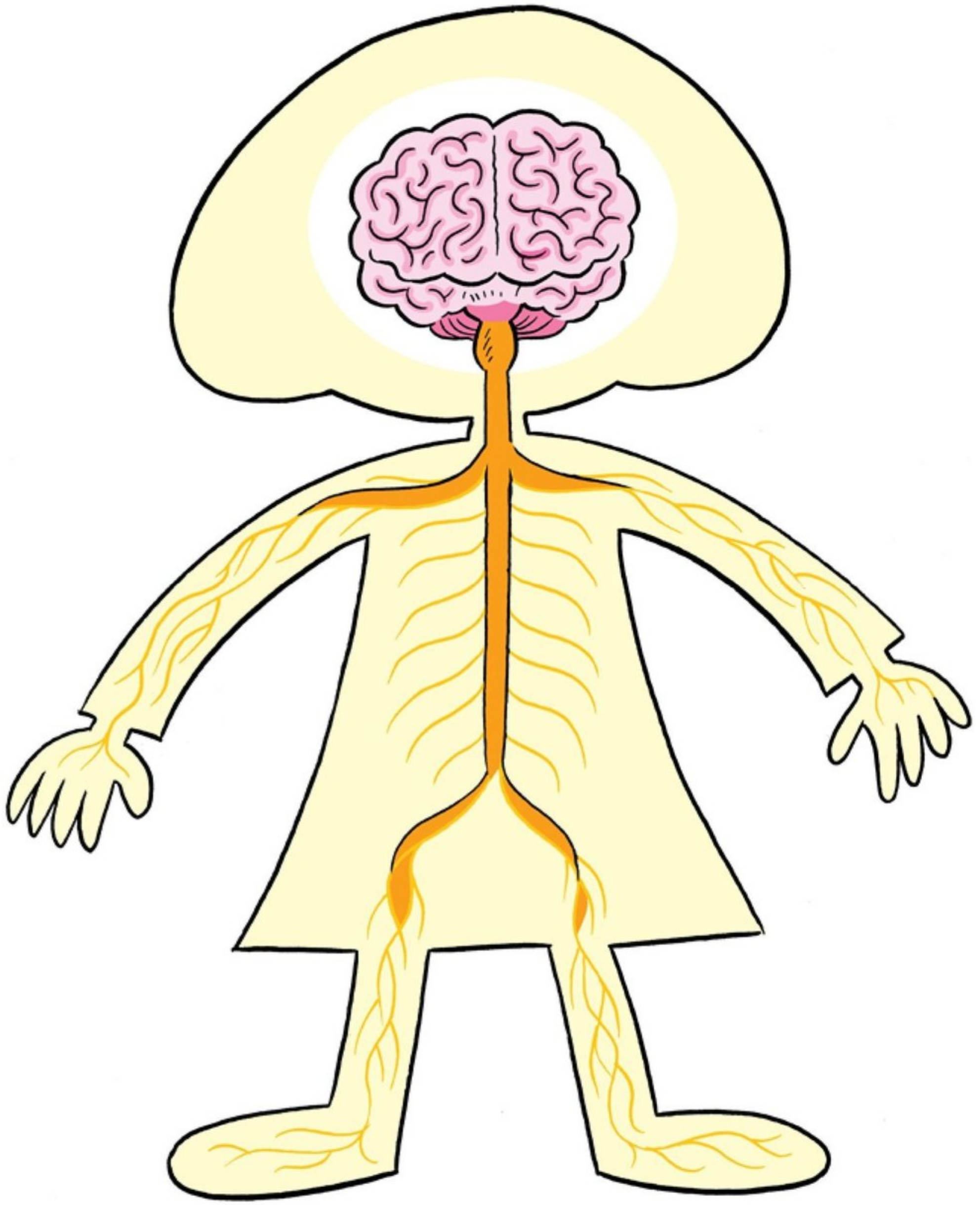




My brain uses my **nervous system** to do much of its job.

My nervous system passes **messages** between my body and my brain.



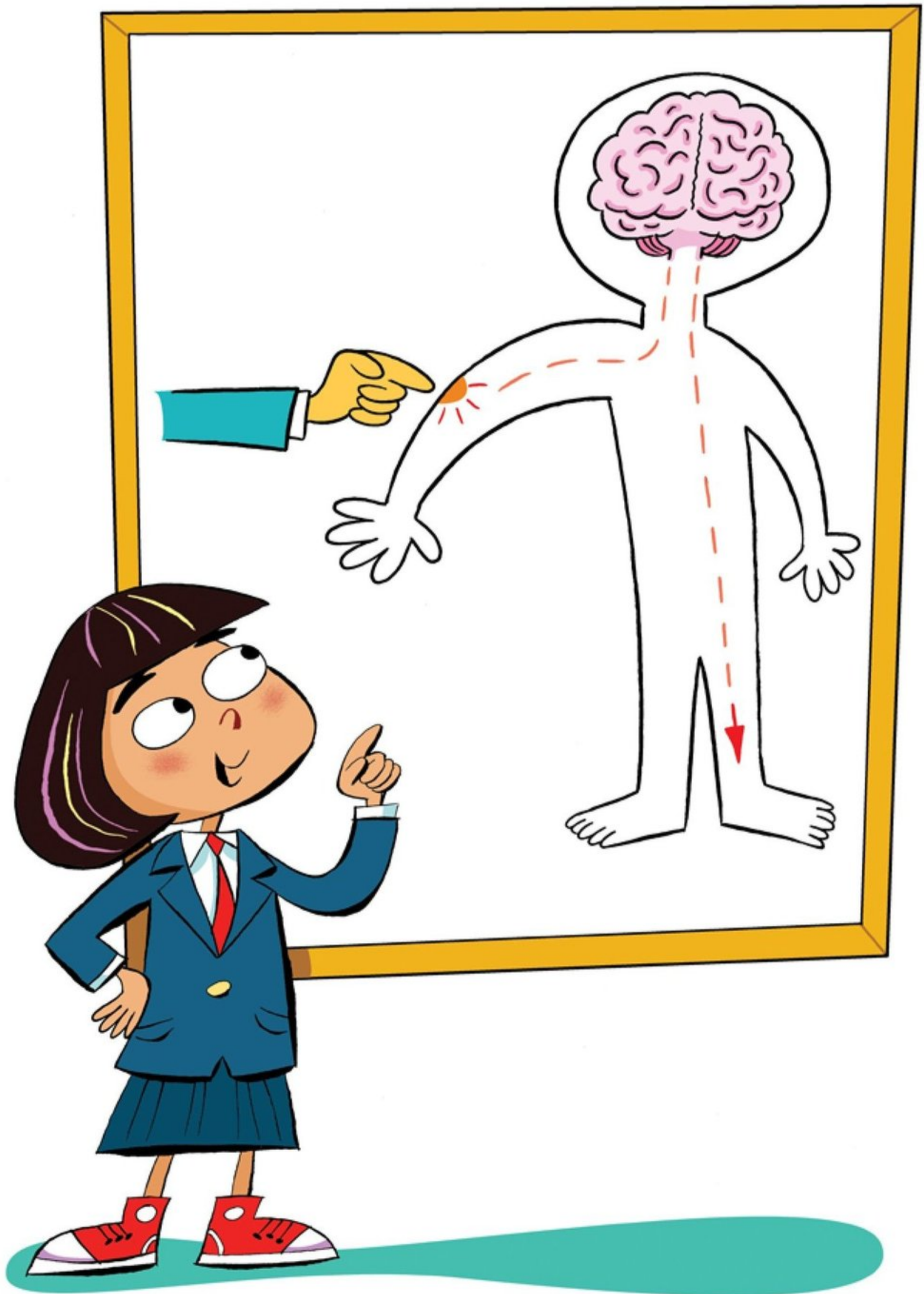


It passes messages using a highway of **nerves**.

Nerves can be found all over my whole body.



Here's how my nerves and brain send messages in a game of tag.







A friend tags my arm  
to make me “it.”  
Nerves in my arm send  
a message to my brain.



My brain sends a message  
to my legs to run.  
I run after my friend  
to tag her back.



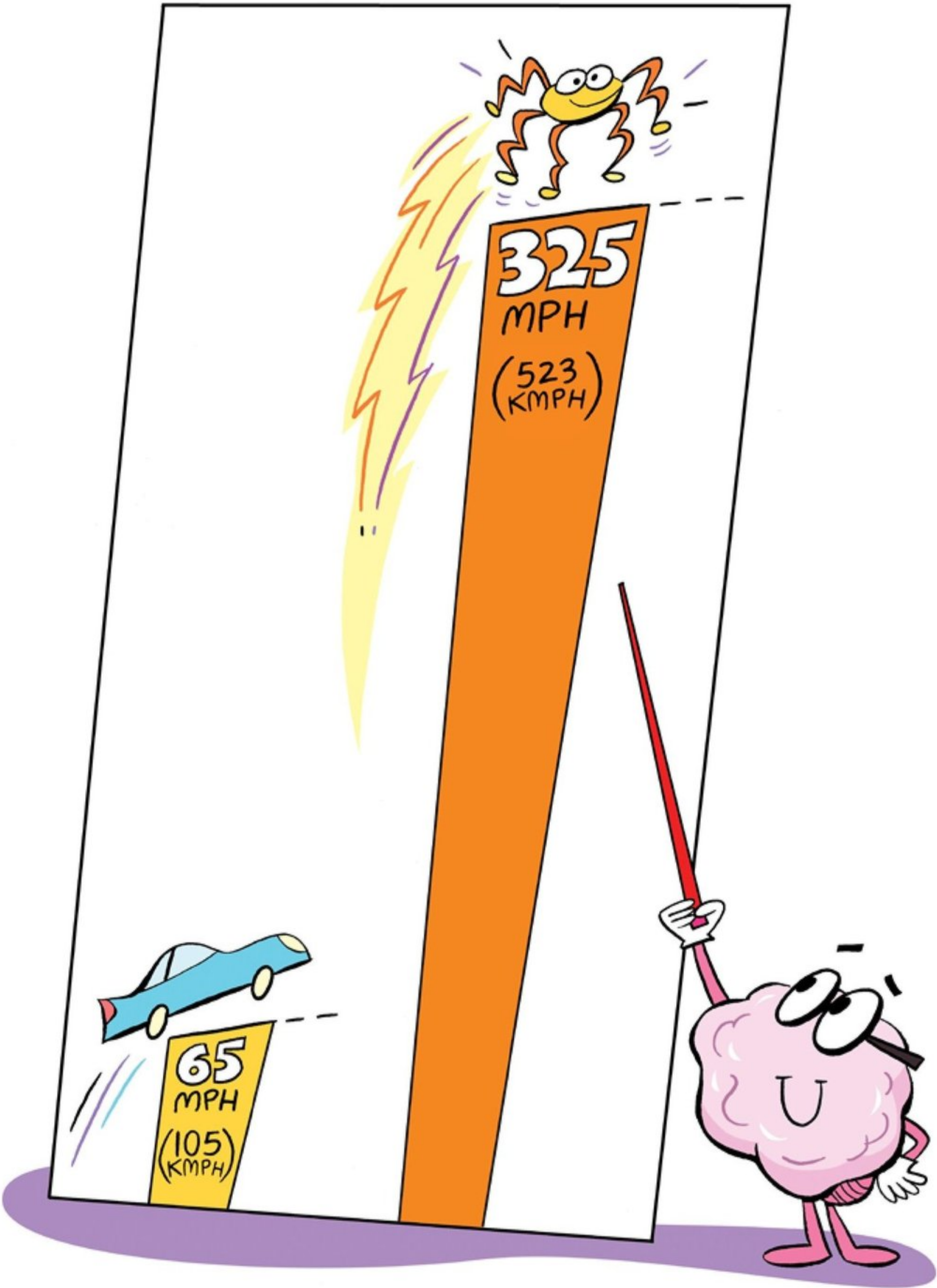


It takes almost no time for me  
to feel the tag and start running.  
My brain and nerves send  
messages to each other very fast.



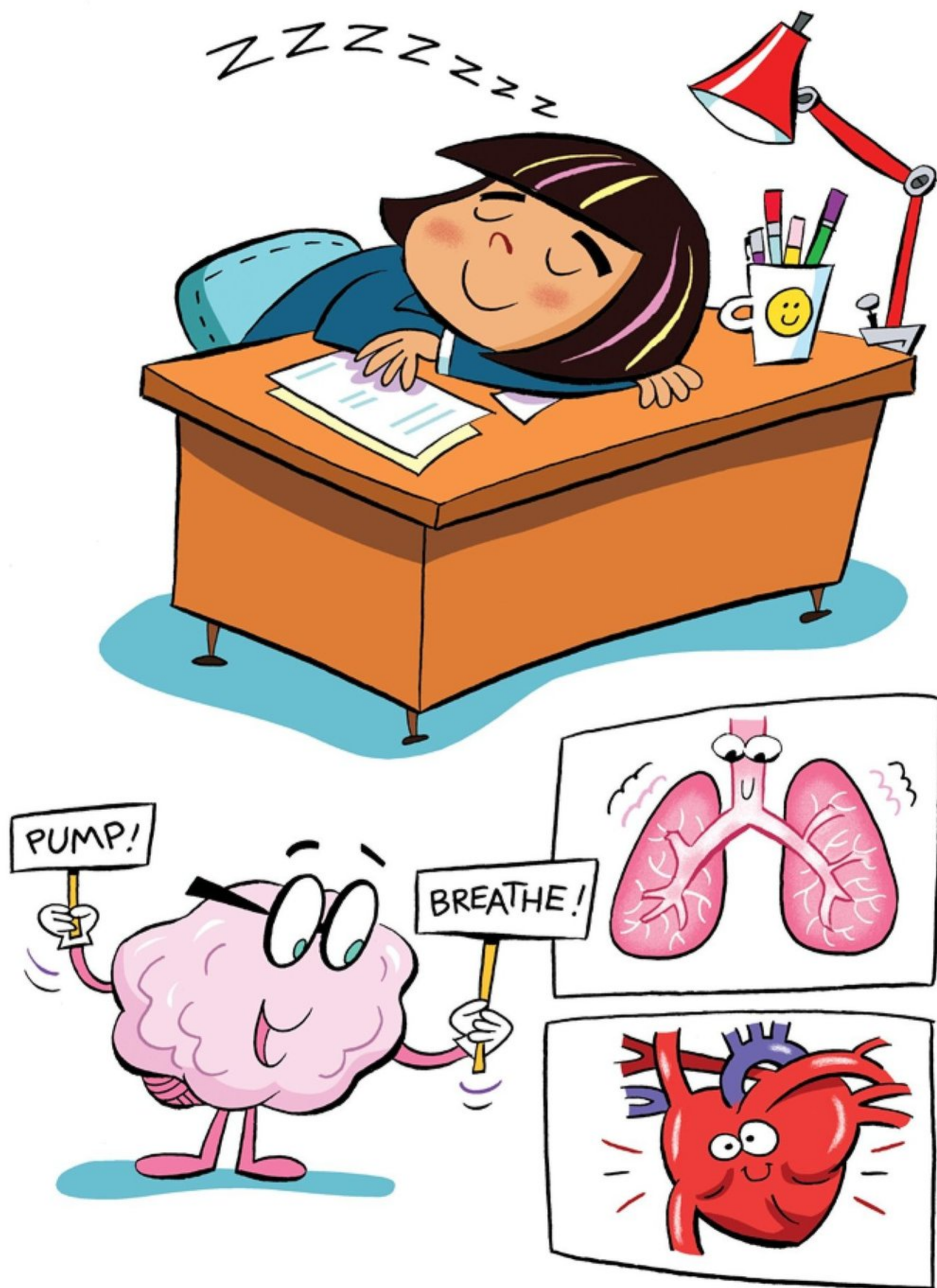


Messages can go up to five times faster than cars on a highway.

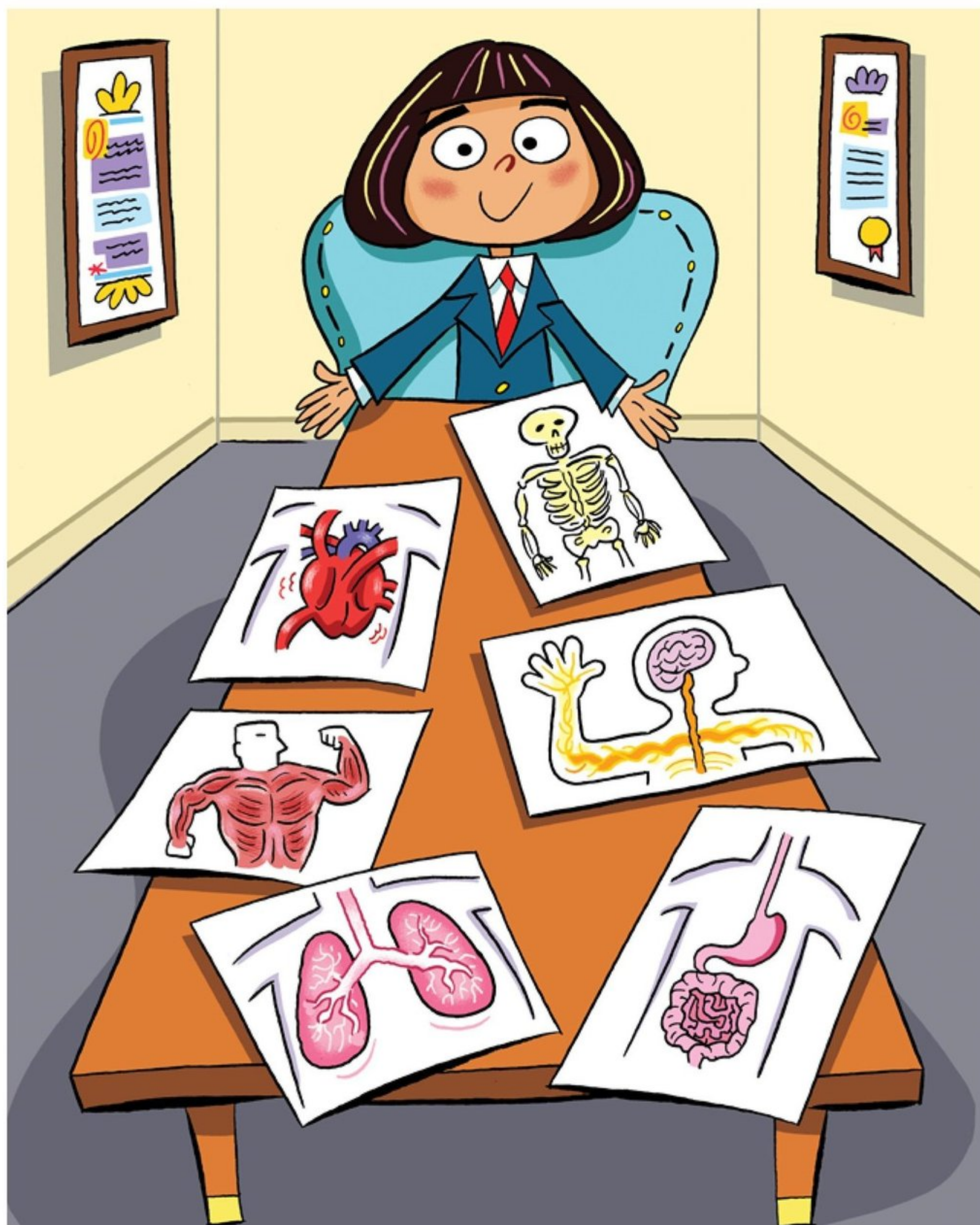




My brain works for me all the time.  
It works even when I sleep.







My brain is the hardworking boss  
of all of my body's systems.  
My body couldn't do anything  
without it!



## Glossary

**body systems**  
(n.)

groups of organs in the body that work together (p. 3)

**brain** (n.)

the organ in a human or other animal's head, used for thinking and controlling the body (p. 3)

**messages** (n.)

information or signals passed from one person or place to another (p. 7)

**nerves** (n.)

fibers in the body that carry messages between the brain and other parts of the body (p. 8)

**nervous system**  
(n.)

the body system that gathers information from and responds to the senses, and affects thinking and behavior (p. 7)

**skull** (n.)

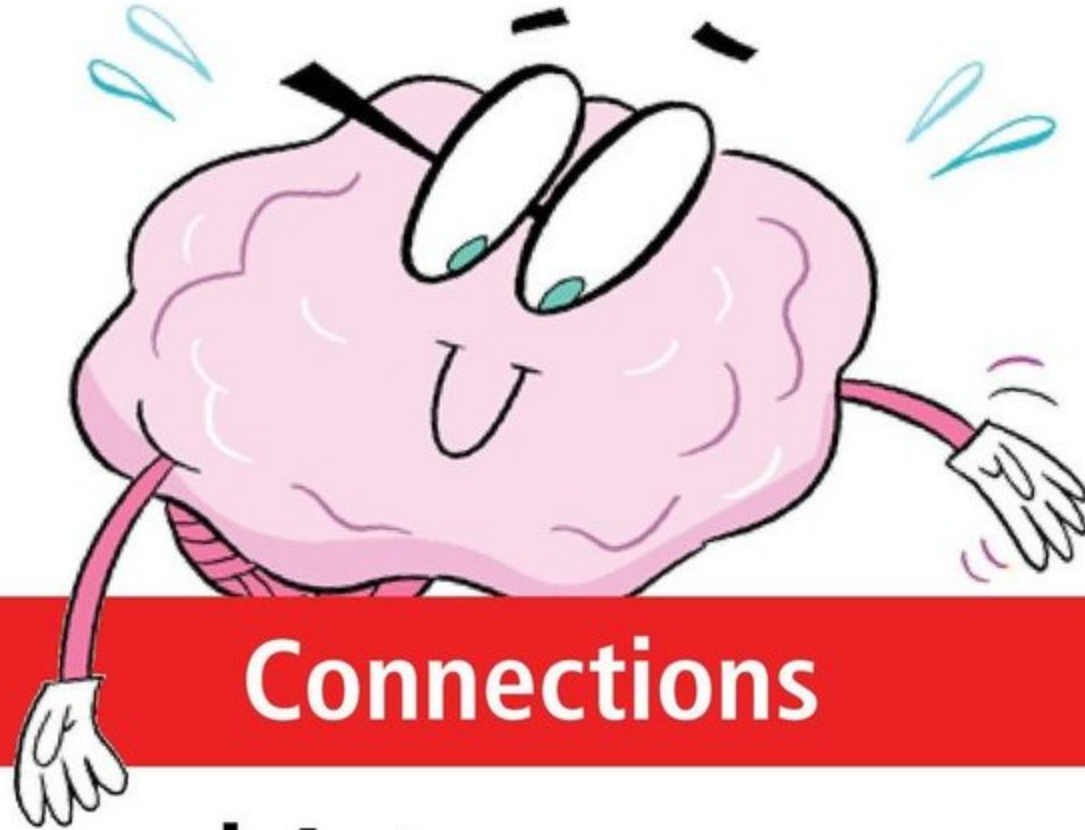
the bones that surround the brain and make up the head and face (p. 6)



# My Brain

*A Reading A-Z Level I Leveled Book*

*Word Count: 244*



## Connections

### Writing and Art

Write an article about the brain for a school newspaper.

Include facts from this book and a picture.

### Science

Choose an activity you like to do. How does the brain help you with this activity?

Share your ideas with a partner.

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