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# Taste This



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#### Introduction

We use our tongue to taste. Foods can taste salty, bitter, sour, or sweet.



Can you guess how these foods can taste?



These are pretzels.

Pretzels can taste salty.

We use salt to give foods a salty flavor.



#### Bitter Taste

This is spinach.

Spinach can taste bitter.

Some people do not like bitter flavors.



### Sour and Sweet Taste

This is a lemon.

Lemons can taste sour.

Some people do not like sour flavors.



This is honey.

Honey can taste sweet.

We use honey to give foods a sweet flavor.



Apples can taste sweet or sour.

Do you like sweet apples?

Or do you like sour apples?





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