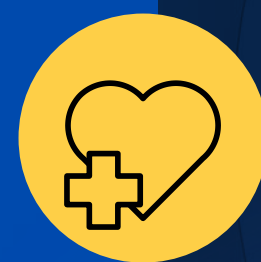




Mellow

A Gentle Space of Your Mind.

Get Started



QR coDE

Group members:

Chan Qi Rou

Ding Ian Loo

Peng Zu Er



Meet The Team: *QR coDE*

Chan Qi Rou

PROJECT LEADER
UI/UX DESIGNER
APP DEVELOPER

Ding Ian Loo

QA TESTER
MARKETING & OUTREACH
APP DEVELOPER

Peng Zu Er

CONTENT CREATOR
RESEARCH & DATA ANALYST
APP DEVELOPER



Problem Statement

Track 1: Student Lifestyle

MENTAL HEALTH SUPPORT FOR STUDENTS

Today, mental health problems are rising, especially among university students. They face challenges like academic pressure, financial struggles, and social issues, which can lead to stress, anxiety, depression, and even suicide.





Why Mental Health Matters?

In 2023, the number of suicide deaths in Malaysia has increased from 641 in 2020 to 1,068 deaths. Meanwhile, the suicide deaths rate increased from 2.0 deaths in 2020 to 3.2 deaths per 100,000 population in 2023.



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why this app?

- Accessible, user-friendly and stigma-free
- Proactive mental health tools for your daily life
 - Self-care and stress management
- Complements existing counseling and campus support services



Our Colour Palette

- **Soft Blue**
- **Pale Green**
- **Lavender**
- **Warm Beige/ Sand**
- **Light Pink**
- **Turquoise**



Our Features

Diary

**Daily Mood
Check-in**

Calm now

Help

**Anonymous
peer support**

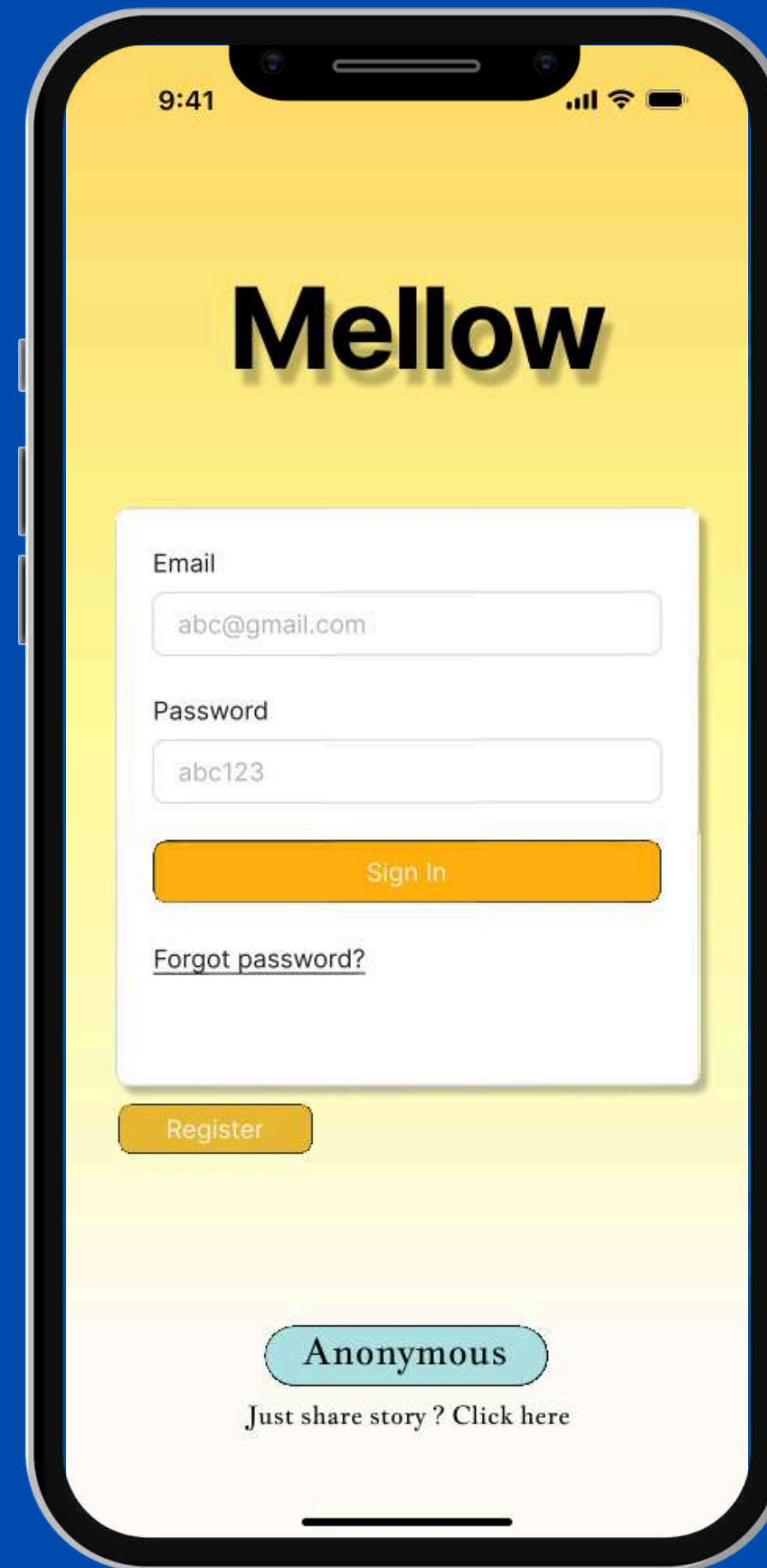
Calendar

Astra Chat

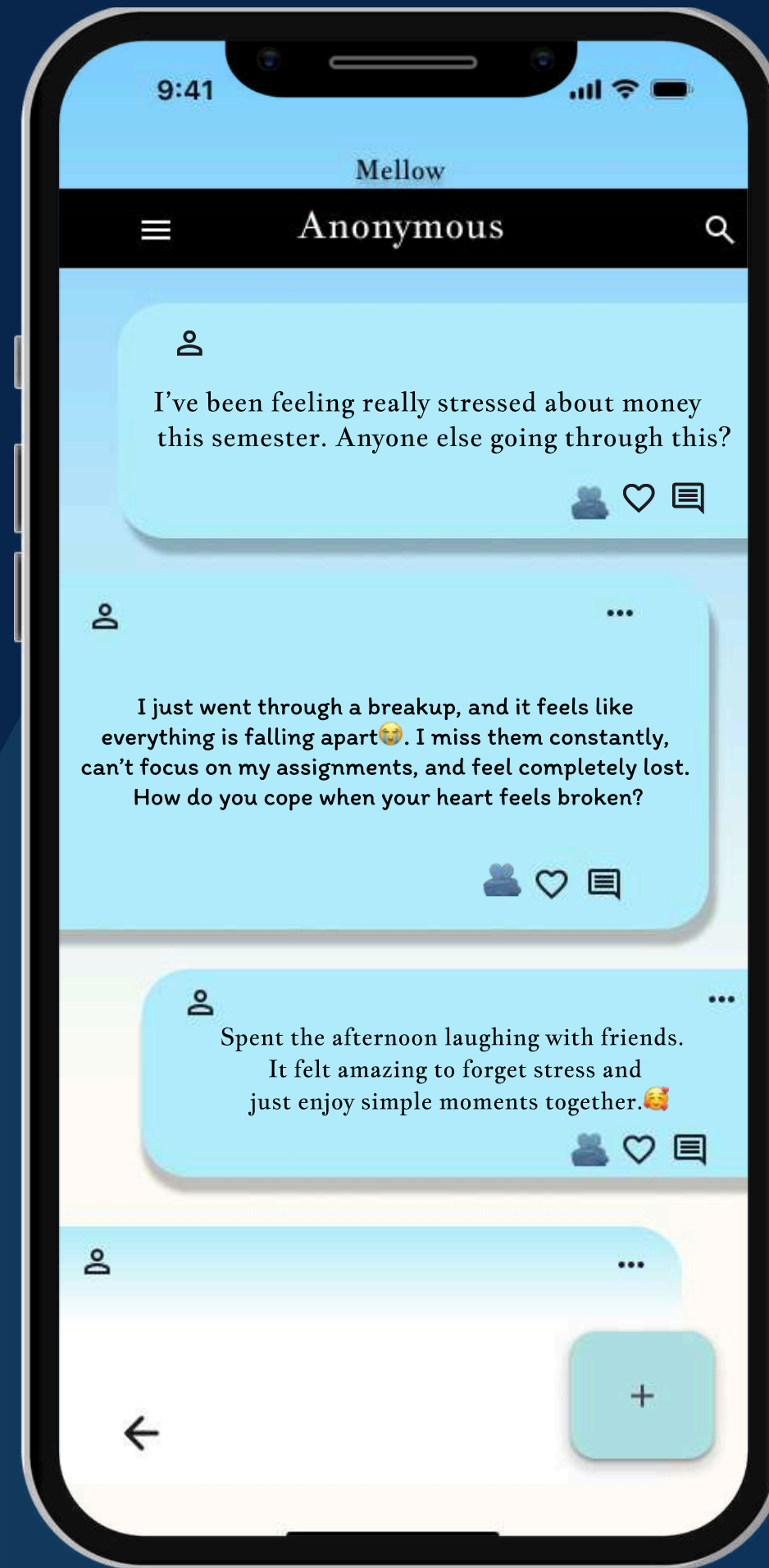


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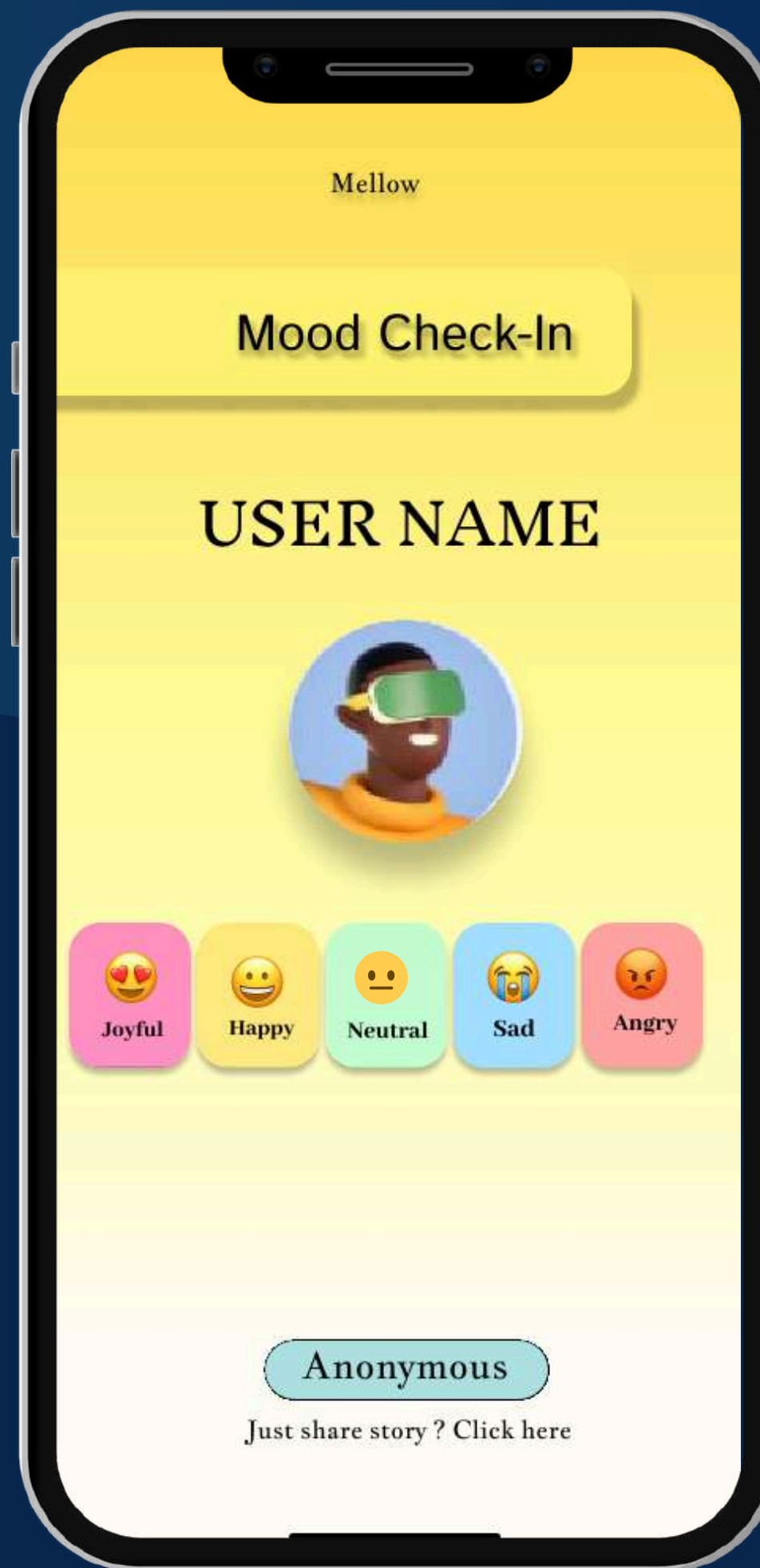
Sign-up Page

A smartphone screen displaying the Mellow app's sign-up page. The background is yellow. At the top, the word "Mellow" is written in a large, bold, black font. Below it, there is a white sign-in/register form. The form has two input fields: "Email" with the text "abc@gmail.com" and "Password" with the text "abc123". Below these fields is an orange button labeled "Sign In". Underneath the button is a link that says "Forgot password?". At the bottom of the form is an orange button labeled "Register". Below the form, there is a light blue button labeled "Anonymous" and a link that says "Just share story ? Click here". The smartphone's status bar at the top shows the time "9:41" and signal/battery icons.

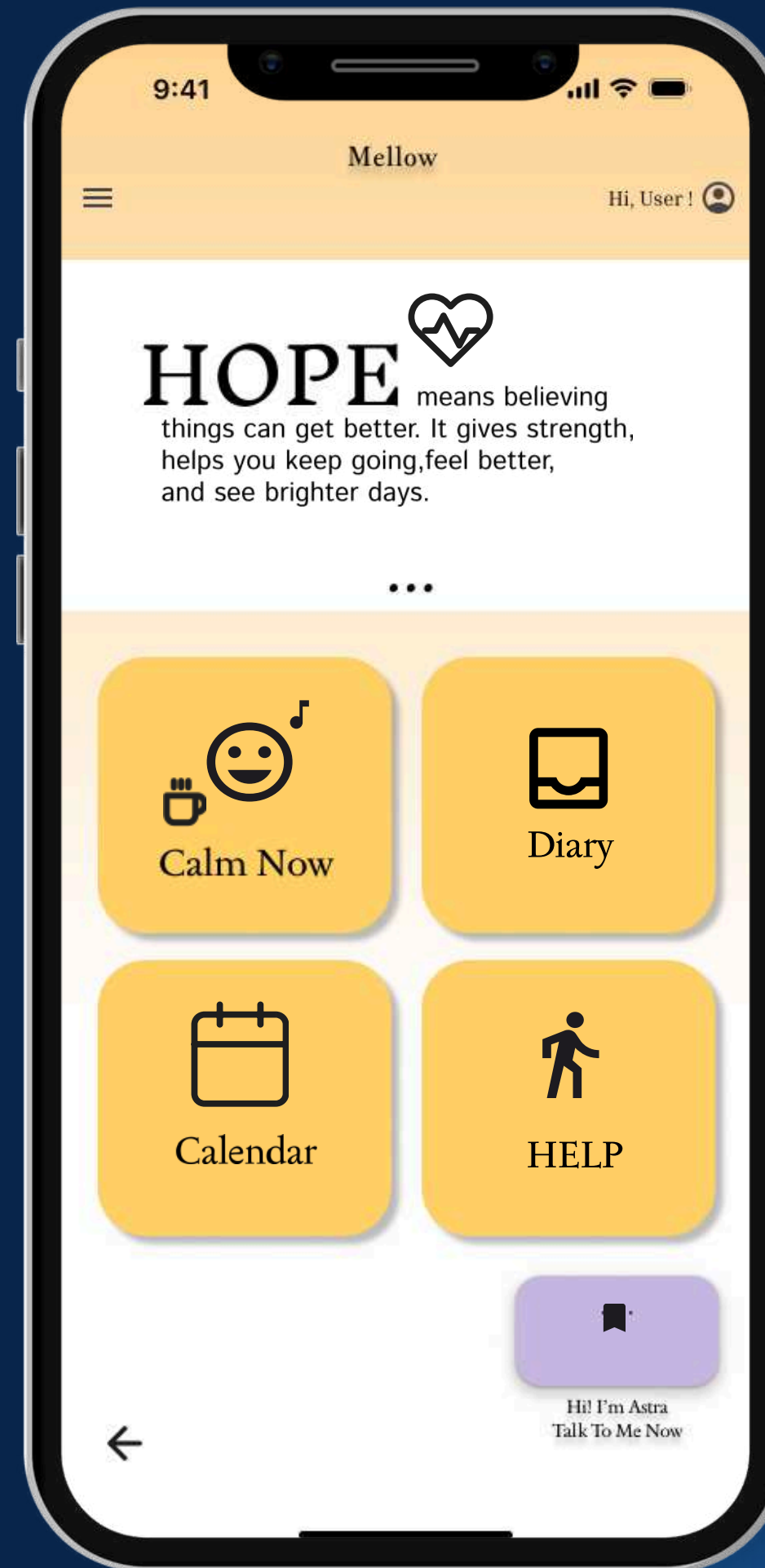
Anonymous Peer support

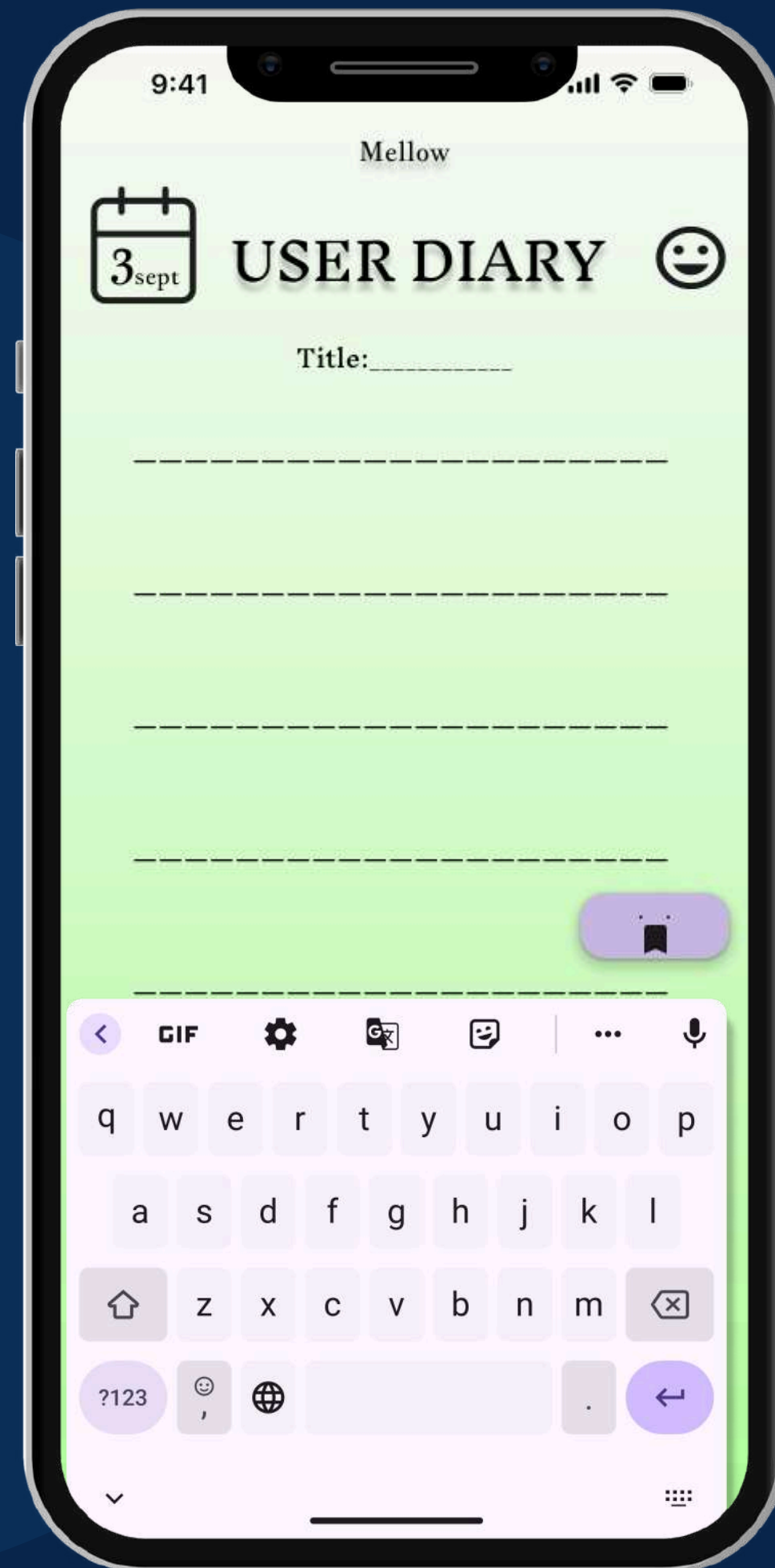


Daily Mood Check-in



Main Menu





Diary



Calm Now



Calendar

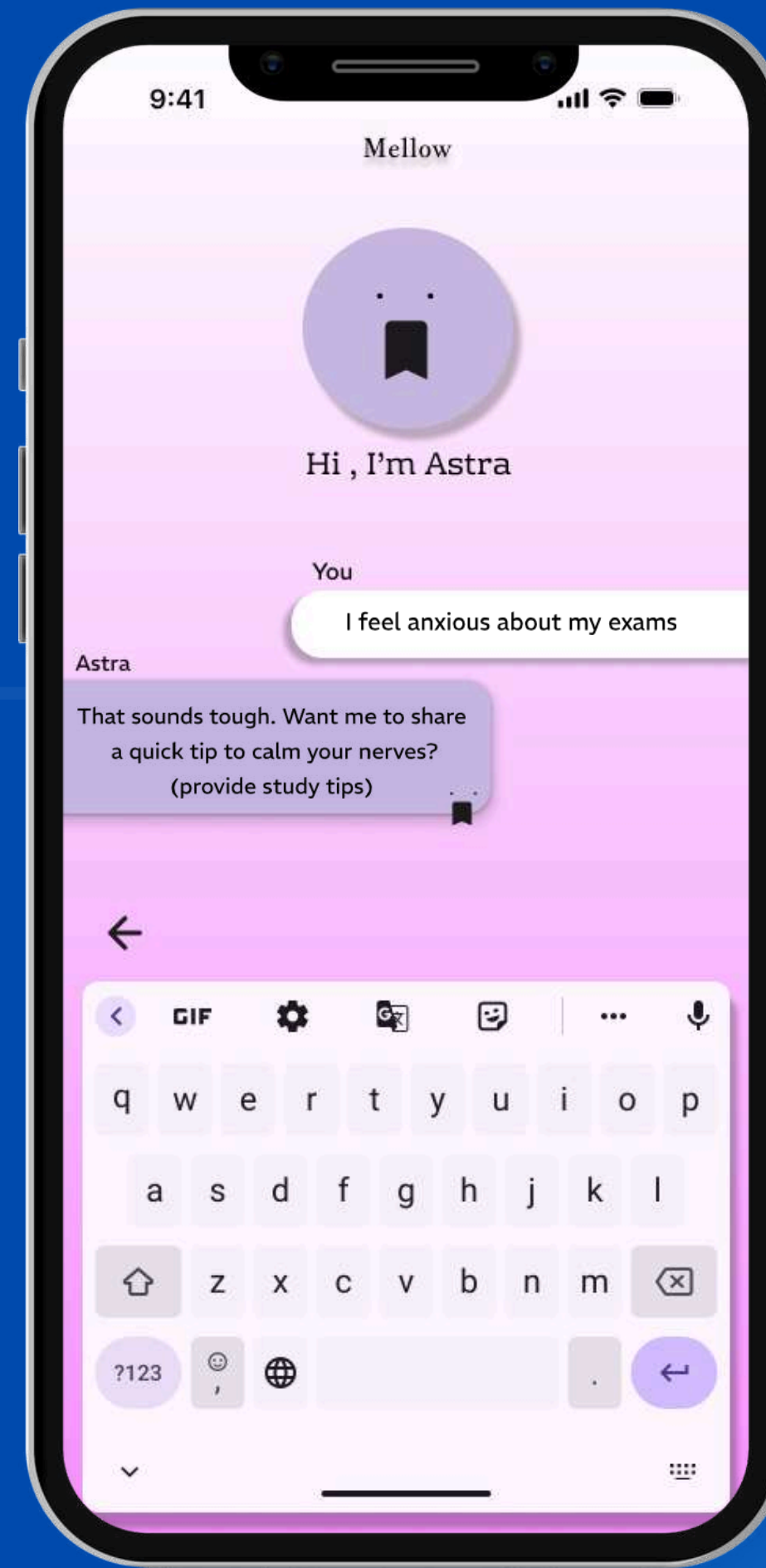




Help



Astra Chat



Future Plans

**Smarter AI
Support**

Partnerships

**Multi-Language
Support**

**Expanded
Calm Tools**



Mellow

Thank You!