

# TCA-TWAS Data Simulation with heritability and genetics correlation

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## 1 TCA model

Let  $Z_h^i$  be the gene expression level of individual  $i \in 1, \dots, n$  in cell type  $h \in 1, \dots, k$  at gene  $j$ , and let  $\mathbf{X} \in \mathbb{R}^{n \times m}$  be a matrix of  $m$  cis-snps, and let  $\mathbf{C}^1 \in \mathbb{R}^{n \times p_1}$  be a matrix of  $p_1$  covariates. We assume:

$$\begin{aligned} Z_h^i &= (x_i)^T \beta_h + c_i^1 \gamma_h + \epsilon_z \\ \epsilon_z &\sim \mathcal{N}(0, \sigma_z^2) \end{aligned} \tag{1}$$

where  $x_i$  is the  $i$ -th row of  $\mathbf{X}$  (corresponding to the  $m$  snps of the  $i$ -th individual),  $\beta_h$  is a  $m$ -th length vector of corresponding effect size for the  $m$  snps in the  $h$ -th cell type, which is also the  $h$ -th column of  $\mathbf{B}$ ,  $c_i^1$  is the  $i$ -th row of  $\mathbf{C}^1$  (corresponding to the  $p_1$  covariates of the  $i$ -th individual),  $\gamma_h$  is a  $p_1$ -th length vector, and  $\epsilon_z$  an i.i.d. component of variation

We assume the observed bulk level gene expression are convolved signals from  $k$  different cell types. We denote  $\mathbf{W} \in \mathbb{R}^{n \times k}$  as a matrix of cell-type proportions of  $k$  cell types for each of the  $n$  individuals, and  $\mathbf{C}^2 \in \mathbb{R}^{n \times p_2}$  as a matrix of  $p_2$  global covariates potentially affecting the observed bulk level gene expression. TCA model for  $G_i$ , the observed bulk level gene expression of the  $i$ -th individual in  $j$ -th gene, is as follows:

$$\begin{aligned} G_i &= c_i^2 \delta + \sum_{h=1}^k w_{hi} z_{hi} + \epsilon_g \\ \epsilon_g &\sim \mathcal{N}(0, \sigma_g^2) \end{aligned} \tag{2}$$

where  $c_i^2$  is the  $i$ -th column of  $\mathbf{C}^2$  (corresponding to the  $p_2$  snps of the  $i$ -th individual),  $\delta$  is a  $p_2$ -th length vector of corresponding effect size for the  $p_2$  global covariates in the  $j$ -th gene, and  $\epsilon_g$  is a component of i.i.d. variation that models measurement noise.

## 2 Data Simulations

### 2.1 SNPs data generation

For each gene  $j$ , the  $d$ -th snps cis-snps data for person  $i$  is sampled with binomial distribution  $x_{id} \sim \text{Binomial}(2, \text{MAF}_d)$ ,  $d \in 1, \dots, m$ . The  $x_d$  is centered and scaled to zero mean and unit variance. The  $p$ -th cell-type specific covariate for person  $i$  is sampled from random normal distribution  $c_{pi}^1 \sim \mathcal{N}(0, 1)$ . The  $p$ -th global covariate for bulk level gene expression for person  $i$  is generated similarly:  $c_{pi}^2 \sim \mathcal{N}(0, 1)$

For  $d$ -th cis-snps, sparsity is enforced on the effect size of this snps on  $k$  cell-type specific gene expression as follow:

$$\begin{aligned}\beta_{dh} &= Y_1^h \times Y_2 \\ Y_1 &\sim \mathcal{N}(\mathbf{0}, \Sigma_\beta) \\ Y_2 &\sim \text{Bernoulli}(1 - \text{pslab})\end{aligned}\tag{3}$$

Where  $\beta_{dh}$  is the  $d$ -th entry in  $\beta_h$  (corresponding to the effect size of  $d$ -th cis-snps on gene expression for  $h$ -th cell type);  $Y_1^h$  is the  $h$ -th entry in a multivariate normal random variable  $Y_1$ , whose covariance matrix is defined by  $\Sigma_\beta \in \mathbf{R}^{k \times k}$  (the effect size of one snps on  $k$  cell types are dependent);  $Y_2$  is drawn from a Bernoulli distribution with  $\text{pslab}$  chance of getting zero.

Covariance of  $\beta_d$  could be expressed as a parametric function of  $\text{pslab}$  and  $\Sigma_\beta$ :

$$\begin{aligned}\text{Var}(\beta_{dh}) &= E[(Y_1^h)^2(Y_2)^2] - E[Y_1^h]^2 E[Y_2]^2 \\ &= E[(Y_1^h)^2] E[(Y_2)^2] \\ &= \Sigma_\beta^{hh} \times (1 - \text{pslab})\end{aligned}\tag{4}$$

$$\begin{aligned}\text{Cov}(\beta_{dh_1}, \beta_{dh_2}) &= E[Y_d^{h_1} Y_d^{h_2} Y_{2h_1} Y_{2h_2}] - E[Y_d^{h_1}] E[Y_d^{h_2}] E[Y_2]^2 \\ &= \Sigma_\beta^{h_1 h_2} \times (1 - \text{pslab})^2 \quad (h_1 \neq h_2)\end{aligned}\tag{5}$$

For  $p$ -th covariate, the effect size on gene expression of cell-type  $k$  is sampled from a normal distribution  $\gamma_{ph} \sim \mathcal{N}(0, \sigma_\gamma^2)$ . Similar to  $\gamma$ ,  $\delta$  is generated in the same way.

Cell type weight for  $i$ -th person, which is a length- $k$  vector, is sampled from Dirichlet distribution:  $w_i \sim \text{Dirichlet}(k, \alpha)$ ,  $\alpha \in \mathbf{R}^k$

### 2.2 Cell Type Specific Heritability

Denoting  $h$ -th cell-type gene expression level as a R.V.  $z_h$ :

$$z_h = \sum_{d=1}^m x_d \beta_h^d + \sum_{p=1}^{p_1} c_p^1 \gamma_h^p + \epsilon_z\tag{6}$$

where  $d$ -th snps being  $x_d$ , effect size of  $d$ -th snps for  $h$ -th cell type being  $\beta_h^d$ ,  $p$ -th covariates being  $c_p^1$ , effect size of  $p$ -th covariate for  $h$ -th cell type being  $\gamma_h^p$ , noise being  $\epsilon_z$ . Then heritability for  $h$ -th cell type is defined as:

$$\begin{aligned} h_{snps}^2 &= \frac{\text{Var}(\sum_{d=1}^m x_d \beta_h^d)}{\text{Var}(z_h)} \\ &= \frac{\text{Var}(\sum_{d=1}^m x_d \beta_h^d)}{\text{Var}(\sum_{d=1}^m x_d \beta_h^d) + \text{Var}(\sum_{p=1}^{p_1} c_p^1 \gamma_h^p) + \text{Var}(\epsilon_z)} \end{aligned} \quad (7)$$

The second line follows as snps, covariates and noise are assumed to be independent. Examining the nominator gives us:

$$\begin{aligned} \text{Var}(\sum_{d=1}^m x_d \beta_h^d) &= E[(\sum_{d=1}^m x_d \beta_h^d)^2] - E[\sum_{d=1}^m x_d \beta_h^d]^2 \\ &= E[\sum_{d=1}^m x_d^2 (\beta_h^d)^2 + 2 \sum_{d_1 \neq d_2} x_{d_1} x_{d_2} \beta_h^{d_1} \beta_h^{d_2}] \\ &= \sum_{d=1}^m E[x_d^2 (\beta_h^d)^2] + 2 \sum_{d_1 \neq d_2} E[x_{d_1} x_{d_2} \beta_h^{d_1} \beta_h^{d_2}] \\ &= \sum_{d=1}^m m(E[x_d^2] - 0)(E[(\beta_h^d)^2] - 0) \\ &= m \text{Var}(\beta_h) \end{aligned} \quad (8)$$

The second line stems from the fact that  $E[x_d \beta_h^d] = 0$ , the fifth line is a result of  $X$  being centered and scaled to unit variance. Similarly, denominator in (7) is calculated as:

$$\text{Var}(\sum_{p=1}^{p_1} c_p^1 \gamma_h^p) = p_1 \text{Var}(\gamma_h) \quad (9)$$

Bringing (8) and (9) into (7) brings:

$$\begin{aligned} h_{snps}^2 &= \frac{m \text{Var}(\beta_h)}{m \text{Var}(\beta_h) + p_1 \text{Var}(\gamma_h) + \text{Var} \epsilon_z} \\ \text{Var}(\beta_h) &= \frac{h_{snps}^2 (p_1 \text{Var}(\gamma_h) + \text{Var} \epsilon_z)}{m(1 - h_{snps}^2)} \end{aligned} \quad (10)$$

Bring (10) into (4) essentially illustrates that we therefore set

$$\Sigma_{\beta}^{hh} = \frac{h_{snps}^2 (p_1 \sigma_{\gamma}^2 + \sigma_z^2)}{(1 - pslab)(1 - h_{snps}^2)m} \quad (11)$$

In summary, to specify cell-type specific heritability, we specify  $h_{snps}^2$ ,  $\sigma_z$ ,  $pslab$ ,  $\sigma_{\gamma_{hj}}$  and calculate diagonal entries in  $\Sigma_{\beta}$ .

### 2.3 Genetics Correlation Simulation

According to Rheenen, et.al [Rhe+19], for gene  $j$ -th expression  $\vec{Z}_{h_1}, \vec{Z}_{h_2}$  for two cell types, we have

$$\begin{aligned} z_{h_1} &= \sum_{d=1}^m x_d \beta_{h_1}^d + \sum_{p=1}^{p_1} c_p^1 \gamma_{h_1}^p + \epsilon_z \\ z_{h_2} &= \sum_{d=1}^m x_d \beta_{h_2}^d + \sum_{p=1}^{p_1} c_p^1 \gamma_{h_2}^p + \epsilon_z \end{aligned}$$

the genetic correlation  $\rho$  of the gene expression in two cell-types is defined as

$$\rho^{h_1 h_2} = \frac{\text{Cov}(\sum_{d=1}^m x_d \beta_{h_1}^d, \sum_{d=1}^m x_d \beta_{h_2}^d)}{\sqrt{\text{Var}(\sum_{d=1}^m x_d \beta_{h_1}^d) \text{Var}(\sum_{d=1}^m x_d \beta_{h_2}^d)}} \quad (12)$$

With (8) we have

$$\begin{aligned} \rho^{h_1 h_2} &= \frac{\text{Cov}(\sum_{d=1}^m x_d \beta_{h_1}^d, \sum_{d=1}^m x_d \beta_{h_2}^d)}{m \sqrt{\text{Var} \beta_{h_1} \text{Var} \beta_{h_2}}} \\ &= \frac{m \text{Cov}(\beta_{h_1}, \beta_{h_2})}{m \sqrt{\text{Var} \beta_{h_1} \text{Var} \beta_{h_2}}} \\ &= \rho_{\beta}^{\beta_{h_1} \beta_{h_2}} \\ \text{Cov}(\beta_{h_1}, \beta_{h_2}) &= \rho^{h_1 h_2} \sqrt{\text{Var} \beta_{h_1} \text{Var} \beta_{h_2}} \end{aligned} \quad (13)$$

where  $\rho_{\beta}$  is the correlation of effect-size for a gene. (13) essentially requires that correlation of  $\beta$  being the same with the genetic correlation. With  $\beta$ 's correlation matrix specified here and the diagonal entries in  $\beta$ 's covariance matrix specified by (10), the  $\Sigma_{\beta}$  in (5) could be calculated as

$$\begin{aligned} \Sigma_{\beta}^{h_1 h_2} \times (1 - pslab)^2 &= \rho^{h_1 h_2} \sqrt{\text{Var} \beta_{h_1} \text{Var} \beta_{h_2}} \\ \Sigma_{\beta}^{h_1 h_2} &= \frac{\rho^{h_1 h_2}}{(1 - pslab)^2} \sqrt{\text{Var} \beta_{h_1} \text{Var} \beta_{h_2}} \quad (h_1 \neq h_2) \end{aligned} \quad (14)$$

Combining (14) with (4) presents

$$\Sigma_{\beta}^{h_1 h_2} = \begin{cases} \frac{\rho^{h_1 h_2}}{(1 - pslab)^2} \sqrt{\text{Var} \beta_{h_1} \text{Var} \beta_{h_2}} & h_1 \neq h_2 \\ \frac{1}{(1 - pslab)} \text{Var}(\beta_{h_1}) & h_1 = h_2 \end{cases} \quad (15)$$

Where  $\text{Var}(\beta_h)$  given by (10). Recall the definition for correlation

$$-1 \leq \rho = \frac{\text{Cov}(X, Y)}{\sqrt{\text{Var} X \text{Var} Y}} \leq 1$$

enforces the following constraint:

$$-\sqrt{\Sigma_{\beta}^{h_1 h_1} \Sigma_{\beta}^{h_2 h_2}} \leq \Sigma_{\beta}^{h_1 h_2} \leq \sqrt{\Sigma_{\beta}^{h_1 h_1} \Sigma_{\beta}^{h_2 h_2}}$$

$$pslab - 1 = \rho^{h_1 h_1} \rho^{h_2 h_2} (pslab - 1) \leq \rho^{h_1 h_2} \leq \rho^{h_1 h_1} \rho^{h_2 h_2} (1 - pslab) = 1 - pslab$$

The constraint makes sense as when  $pslab$  is large, then all entries become zero and correlation disappear. Further notice that this is just a multivariate extension for the cell type specific heritability in section(2.2)

In summary, in order to specify the genetics correlation between effect sizes among different cell types, a correlation matrix  $\rho \in R^{K \times K}$  is to be provided. This  $\rho$  together with  $h_{snps}^2$  (heritability for each cell type) determines the parameter for the distribution of effect size  $\beta$ . Sampling  $\beta$  according to (3), (15) and (10) shall guarantee that both heritability and genetic correlation is as desired.

## 2.4 Bulk Heritability Estimate

Recall equation(1) and equation(2)

$$Z_h^i = (x_i)^T \beta_h + c_i^1 \gamma_h + \epsilon_z$$

$$\epsilon_z \sim \mathcal{N}(0, \sigma_z^2)$$

$$G_i = c_i^2 \delta + \sum_{h=1}^k w_{hi} z_{hi} + \epsilon_g$$

$$\epsilon_g \sim \mathcal{N}(0, \sigma_g^2)$$

Suppose the genetic effects ( $X\beta$ ) have some covariance structure  $\Sigma_{X\beta} \in \mathbb{R}^{k \times k}$ , the covariance effects ( $C^1\gamma$ ) have some covariance structure  $\Sigma_{C^1\gamma} \in \mathbb{R}^{k \times k}$ . Then the covariance of Z across cell types  $\Sigma_Z = \Sigma_{X\beta} + \Sigma_{C^1\gamma} + \text{diag}(\sigma_z^2)$

$$\begin{aligned} \text{Var}(G) &= \text{Var}\left(\sum_{h=1}^k w_h z_h + \sum_{p=1}^{p_2} c_p^2 \delta_p + \epsilon_g\right) \\ &= \text{Var}\left(\sum_{h=1}^k w_h z_h\right) + \text{Var}\left(\sum_{p=1}^{p_2} c_p^2 \delta_p\right) + \sigma_{\epsilon_g}^2 \\ &= \left(\sum_{h=1}^k \sum_{l=1}^k \text{Cov}(w_h z_h, w_l z_l)\right) + p_2 \sigma_{\delta}^2 + \sigma_{\epsilon_g}^2 \\ &= \left(\sum_{h=1}^k \sum_{l=1}^k E[w_h z_h w_l z_l]\right) + p_2 \sigma_{\delta}^2 + \sigma_{\epsilon_g}^2 \quad (\text{assuming each } z \text{ is centered}) \\ &= \left(\sum_{h=1}^k \sum_{l=1}^k E[w_h w_l] E[z_h z_l]\right) + p_2 \sigma_{\delta}^2 + \sigma_{\epsilon_g}^2 \end{aligned} \tag{16}$$

Where

$$E[z_h z_l] = \Sigma_{z\{h,l\}} = \Sigma_{X\beta} + \Sigma_{C^1\gamma} + \text{diag}(\sigma_g^2)$$

$$E[w_h w_l] = \begin{cases} \frac{\tilde{\alpha}_h(1-\tilde{\alpha}_h)}{\alpha_0+1} + \tilde{\alpha}_h^2 & h = l \\ \tilde{\alpha}_h \tilde{\alpha}_l (1 - \frac{1}{\alpha_0+1}) & h \neq l \end{cases}$$

Define each entry  $\{h, l\}$  of  $\Sigma_\alpha \in \mathcal{R}^{k \times k}$  to be  $E[w_h w_l]$ . Then

$$\begin{aligned} \text{var}(G) &= \text{sum}(\Sigma_\alpha \odot \Sigma_Z) + p_2 \sigma_\gamma^2 + \sigma_{\epsilon_g}^2 \\ &= \text{sum}(\Sigma_\alpha \odot \Sigma_{X\beta}) + \text{sum}(\Sigma_\alpha \odot \Sigma_{C^1\gamma}) \\ &\quad + \text{sum}(\Sigma_\alpha \odot \text{diag}(\sigma_g^2)) + p_2 \sigma_\gamma^2 + \sigma_{\epsilon_g}^2 \end{aligned} \quad (17)$$

where the 'sum' operator is the sum of each entry of the argument matrix. Heritability of bulk expression in this model can then be defined as

$$h_{\text{bulk}}^2 = \frac{\text{sum}(\Sigma_\alpha \odot \Sigma_{X\beta})}{\text{var}(G)} \quad (18)$$

Therefore, by varying  $\sigma_\gamma$  and  $\sigma_{\epsilon_g}$ , bulk level heritability could be modified as well.

## References

- [Rhe+19] Wouter van Rheenen et al. "Genetic correlations of polygenic disease traits: from theory to practice". In: *Nature Reviews Genetics* (2019). ISSN: 1471-0064. DOI: 10.1038/s41576-019-0137-z. URL: <https://doi.org/10.1038/s41576-019-0137-z>.