

#### Data

```
Download the data here: https://shorturl.at/ehlX1
```

Or read it directly into R using the above link

```
library(tidyverse)
strain <- read_csv("https://shorturl.at/ehlX1")</pre>
```

### What are the variables in the data?

```
strain |>
  glimpse()
```

```
Rows: 31,391
Columns: 14
$ game_id
                                                    <dbl> 2021090900, 2021090900, 2021090900, 2021090900, 20210~
$ play_id
                                                    <dbl> 97, 97, 97, 137, 137, 137, 137, 187, 187, 187, 282, 2~
$ rusher_id
                                                    <dbl> 42403, 44955, 53441, 35441, 35454, 40074, 46081, 3544~
$ rusher name
                                                    <chr> "Randy Gregory", "Carlos Watkins", "Micah Parsons", "~
$ rusher position
                                                    <chr> "DE", "DE", "OLB", "DE", "DE", "DE", "NT", "DE", "DE"~
                                                    $ defensive team
$ blocker id
                                                    <dbl> 42377, 42404, 46163, 46119, 37082, 42654, 47873, 4787~
$ offensive_team
                                                    <chr> "TB", "TB", "TB", "DAL", "
$ n blockers
                                                    <dbl> 1, 2, 2, 2, 1, 1, 1, 2, 1, 2, 2, 2, 1, 1, 1, 1, 2, 1,~
$ down
                                                    <dbl> 3, 3, 3, 1, 1, 1, 1, 2, 2, 2, 1, 1, 1, 1, 1, 3, 3, 3,~
$ yards first down <dbl> 2, 2, 2, 10, 10, 10, 10, 6, 6, 6, 10, 10, 10, 10, 10, ~
$ vards endzone
                                                    <dbl> 43, 43, 43, 108, 108, 108, 76, 76, 76, 49, 49, 4~
$ avg strain
                                                    <dbl> 2.6411568, -1.8707514, 2.8472365, 2.2436906, 1.168554~
```

## Model specification

Response: average STRAIN for pass rusher at the play-level

Random effects: pass rusher, pass blocker, defensive team, offensive team

#### Fixed effects:

- ▶ rusher position: DE\*, OLB, DT, NT, interior, secondary
- ▶ blocker position: T\*, C, G, other
- number of blockers involved in the play
- play-context (down, yards to go for a first down, yards from end zone)
- [\*] Reference level

## Fitting a mixed effects model

```
# reorder factor levels - reference level
strain <- strain |>
  mutate(rusher position = fct relevel(rusher position, "DE"),
         blocker_position = fct_relevel(blocker_position, "T"),
         down = fct relevel(factor(down), "1"))
library(lme4)
strain lmer <- lmer(avg strain ~ (1 | rusher id) + (1 | blocker id) +
                      (1 | defensive_team) + (1 | offensive_team) +
                      rusher position + blocker position + n blockers +
                      down + vards first down + vards endzone.
                    data = strain)
# strain lmer /> summaru()
```

#### Inference

```
arxiv.org/abs/1412.3565)
broom.mixed: extension for mixed effects models

library(broom.mixed)
strain_lmer |>
    tidy(conf.int = TRUE, conf.level = 0.95)
# 3 broom verbs: tidy, glance, augment
# can also specify conf.method
# there are multiple methods
# help(lme4::confint.merMod)
```

broom makes everything nicer and easier (Who originally created broom?

### Inference

	effect	group			std.error			_	
1	fixed	<na></na>	(Intercept)	1.8004	0.0991	18.1722	1.6062	1.9946	
2	fixed	<na></na>	$rusher\_positionDT$	-0.7166	0.0678	-10.5658	-0.8495	-0.5836	
3	fixed	<na></na>	rusher_positioninteriorLB	0.5611	0.0999	5.6143	0.3653	0.7570	
4	fixed	<na></na>	rusher_positionNT	-0.9426	0.1021	-9.2344	-1.1427	-0.7425	
5	fixed	<na></na>	rusher_positionOLB	0.5574	0.0726	7.6742	0.4151	0.6998	
6	fixed	<na></na>	rusher_positionsecondary	1.4252	0.1114	12.7899	1.2068	1.6436	
7	fixed	<na></na>	blocker_positionC	-0.2983	0.0594	-5.0236	-0.4146	-0.1819	
8	fixed	<na></na>	blocker_positionG	-0.1546	0.0471	-3.2846	-0.2469	-0.0624	
9	fixed	<na></na>	blocker_positionother	-0.1260	0.0646	-1.9507	-0.2526	0.0006	
10	fixed	<na></na>	n_blockers	-0.7366	0.0259	-28.4153	-0.7875	-0.6858	
11	fixed	<na></na>	down0	-0.1384	0.1797	-0.7699	-0.4906	0.2139	
12	fixed	<na></na>	down2	0.5143	0.0290	17.7439	0.4575	0.5711	
13	fixed	<na></na>	down3	0.9176	0.0324	28.3613	0.8542	0.9810	
14	fixed	<na></na>	down4	0.4649	0.0767	6.0637	0.3146	0.6152	
15	fixed	<na></na>	yards_first_down	0.0491	0.0033	14.9013	0.0426	0.0555	
16	fixed	<na></na>	yards_endzone	0.0001	0.0005	0.1844	-0.0009	0.0011	
17	ran_pars	rusher_id	sd(Intercept)	0.4088	NA	NA	NA	NA	
18	ran_pars	blocker_id	sd_(Intercept)	0.2121	NA	NA	NA	NA	
	-1	defensive_team		0.2477	NA	NA	NA	NA	
	-1	offensive_team		0.2555	NA	NA	NA	NA	
	ran_pars	Residual	sd_Observation	2.0594	NA	NA	NA	NA	
	par b	2,0024444			****	****		****	

## If you really want *p*-values. . .

```
# Note: lmerTest masks every function in lme4 which is annoying
library(lmerTest)
# do this to avoid overriding existing models fitted with lme4
strain lmer test <- strain lmer |>
  as("merModLmerTest")
# strain lmer test /> summary()
strain lmer test |>
  tidv()
# by default
# strain lmer test |> tidy(ddf.method = "Satterthwaite")
# there are other methods
# help(summary.lmerModLmerTest)
```

### If you really want p-values...

```
# this matches Table 6 in arxiv.org/pdf/2305.10262.pdf
     effect
                                                   term estimate std.error statistic
                                                                                               df p.value
                      group
      fixed
                       <NA>
                                           (Intercept)
                                                          1.8004
                                                                     0.0991
                                                                              18.1722
                                                                                         233.2409
                                                                                                    0.0000
      fixed
                       <NA>
                                     rusher_positionDT
                                                         -0.7166
                                                                     0.0678
                                                                             -10.5658
                                                                                         319.1122
                                                                                                    0.0000
3
      fixed
                       <NA>
                            rusher positioninteriorLB
                                                          0.5611
                                                                    0.0999
                                                                               5.6143
                                                                                         798.3171
                                                                                                    0.0000
4
      fixed
                       <NA>
                                     rusher positionNT
                                                         -0.9426
                                                                     0.1021
                                                                              -9.2344
                                                                                         317.2813
                                                                                                    0.0000
                       <NA>
                                    rusher positionOLB
                                                          0.5574
                                                                     0.0726
                                                                               7.6742
                                                                                         360.6533
                                                                                                    0.0000
5
      fixed
                                                                              12.7899
6
      fixed
                       <NA>
                             rusher positionsecondary
                                                          1.4252
                                                                    0.1114
                                                                                        2019.3243
                                                                                                    0.0000
      fixed
                       <NA>
                                     blocker positionC
                                                         -0.2983
                                                                     0.0594
                                                                              -5.0236
                                                                                         185,3300
                                                                                                    0.0000
      fixed
                       <NA>
                                     blocker positionG
                                                         -0.1546
                                                                     0.0471
                                                                              -3.2846
                                                                                         169.5715
                                                                                                    0.0012
      fixed
                       <NA>
                                blocker positionother
                                                         -0.1260
                                                                     0.0646
                                                                              -1.9507
                                                                                         955,2276
                                                                                                    0.0514
10
                       <NA>
                                            n blockers
                                                         -0.7366
                                                                     0.0259
                                                                              -28.4153 30950.3242
                                                                                                    0.0000
      fixed
                       <NA>
                                                  down0
                                                                     0.1797
                                                                              -0.7699 30530.5280
                                                                                                    0.4414
11
      fixed
                                                         -0.1384
12
      fixed
                       <NA>
                                                  down2
                                                          0.5143
                                                                    0.0290
                                                                              17.7439 30580.3644
                                                                                                    0.0000
13
                                                                     0.0324
                                                                              28.3613 30828.8115
                                                                                                    0.0000
      fixed
                       <NA>
                                                  down3
                                                          0.9176
14
      fixed
                       <NA>
                                                  down4
                                                          0.4649
                                                                     0.0767
                                                                               6.0637 30736.3364
                                                                                                    0.0000
15
      fixed
                       <NA>
                                      vards_first_down
                                                          0.0491
                                                                    0.0033
                                                                              14.9013 30722.3463
                                                                                                    0.0000
16
      fixed
                       <NA>
                                         vards endzone
                                                          0.0001
                                                                     0.0005
                                                                               0.1844 30687.7872
                                                                                                    0.8537
17 ran_pars
                 rusher_id
                                       sd_(Intercept)
                                                          0.4088
                                                                         NΔ
                                                                                    NΔ
                                                                                               NΔ
                                                                                                        NA
                 blocker id
                                       sd_(Intercept)
                                                          0.2121
                                                                         NA
                                                                                    NA
                                                                                               NA
                                                                                                        NA
18 ran pars
                                                          0.2477
                                                                         NΑ
                                                                                    NΑ
                                                                                               NΑ
                                                                                                        NΑ
19 ran pars defensive team
                                       sd (Intercept)
20 ran pars offensive team
                                       sd (Intercept)
                                                          0.2555
                                                                                    NA
                                                                                               NA
                                                                                                        NA
                                                                         NA
21 ran_pars
                   Residual
                                       sd__Observation
                                                          2.0594
                                                                         NA
                                                                                    NA
                                                                                               NA
                                                                                                        NA
```

#### **ICC**

- ▶ ICC close to 0: responses are more independent, multilevel model structure is not as relevant
- ► ICC close to 1: repeated observations provide no new information, multilevel group structure is important

```
# this matches Table 7 in arxiv.org/pdf/2305.10262.pdf
library(merTools)
strain_lmer |>
   VarCorr() |>
   as_tibble() |>
   mutate(icc = vcov / sum(vcov))
```

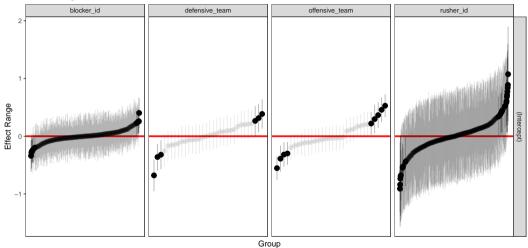
```
# A tibble: 5 \times 6
                var1
                        var2 vcov sdcor
                                                 icc
  grp
  <chr>
                <chr>
                           <chr>
                                  <dbl> <dbl>
                                               <dbl>
1 rusher_id (Intercept) <NA> 0.167 0.409 0.0365
2 blocker id (Intercept) <NA> 0.0450 0.212 0.00982
3 defensive team (Intercept) <NA> 0.0614 0.248 0.0134
4 offensive_team (Intercept) <NA> 0.0653 0.256 0.0143
5 Residual
                <NA>
                           <NA> 4.24
                                       2.06 0.926
```

### Group-level effects

```
# cran.r-project.org/web/packages/merTools/vignettes/Using_predictInterval.html
strain_lmer |>
    REsim() |>
    plotREsim()
```

# Group-level effects

#### Effect Ranges



#### References

Nguyen, Q., Yurko, R., & Matthews, G. J. (2024). Here Comes the STRAIN: Analyzing Defensive Pass Rush in American Football with Player Tracking Data. The American Statistician, 78(2), 199–208. https://doi.org/10.1080/00031305.2023.2242442

Extended edition: https://arxiv.org/pdf/2305.10262.pdf

GitHub: https://github.com/getstrained/intro-strain