## בר שֶל שַבְּת Blessing over the Shabbat Candles

At least two candles should be lit, representing the dual commandments to remember and to keep the sabbath. The candles are lit by the woman of the household. After lighting, she waves her hands over the candles, welcoming in the sabbath. Then she covers her eyes, so as not to see the candles before reciting the blessing, and recites the blessing below. The hands are then removed from the eyes, and she looks at the candles, completing the mitzvah of lighting the candles.

בָּרוּך אַתָּה אַדְנִי אֶלהֵינוּ מֶלֶך הָעוֹלָם אַשֶּׁר קדְשָׁנוּ בְּמִצְוֹתִיו וְצִנְנוּ לְהַדְלִיק נֵר שֶׁל שַבָּת

Baruch ata Adonai, Eloheinu Melech ha-olam, asher kidshanu b'mitzvotav vitzivanu l'hadlik ner shel Shabbat.