



Letter to the Setter

Dear Setter,

Here at e-Grips, we value both the art AND the artist. So we believe it's time that you, as a Setter, should be appreciated as the artist that you are. The work you do may be behind scenes, but Setters need to be recognized as the people who create atmosphere: as climbers, you help us train for our projects, challenge us at competitions, and offer confidence to our kids.

What inspires you as you go into the gym before it opens, flip on the lights, survey the walls with the settled chalk, and listen to the eerie silence that now replaces the cries and cheers of the night before? What inspires you as you study the sea of grips scattered on the ground and the empty wall that is your canvas? That's what marks you as an artist: the ongoing inspiration to create something from nothing.

We hope that we can both inspire you with our art and offer you the tools that every great artist needs. Just as a painter relies on his brush or a sculptor on his clay, you should rely on e-Grips. Not only are our holds designed with you in mind, but we also carry all of the accessories that allow you to concentrate on the art that you create. e-Grips is in business for you, the Setter; no matter what gym you set for. We're here for you because you're there for us.

Thank you!



setters tool kit
or apron only



setters tape



mandril

Please call 800.860.3653
or refer to our website
www.e-grips.com for gym
pricelists and discounts

acESSORIES



fasteners

size	SKU	size	SKU	size	SKU
flat head		socket head		t-nuts	
1.5"	FH1.5	1.5"	SH1.5	3/8"	TN38
2"	FH2	2"	SH2		
2.5"	FH2.5	2.5"	SH2.5	6x2"	DS6x2
3"	FH3	3"	SH3		
3.5"	FH3.5	3.5"	SH3.5		
4"	FH4	4"	SH4		
4.5"	FH4.5	4.5"	SH4.5		
5"	FH5	5"	SH5		
5.5"	FH5.5				

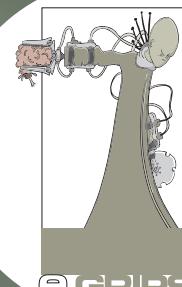


hex keys

short arm		t-handle	
7/32"	HK732SA	7/32"	HK732TH
5/16"	HK516SA	5/16"	HK516TH



Stickers and Magnets



Tshirts -

available in Men's M - L - XL
and Women's s - m - l



ZeRO
5T4



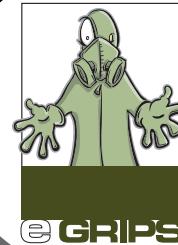
eGRIPS



akuryoku
5T2



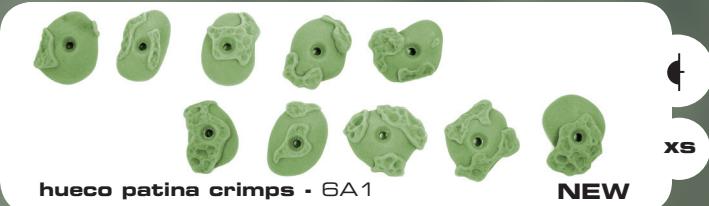
Dje
5T3



QeD
5T1



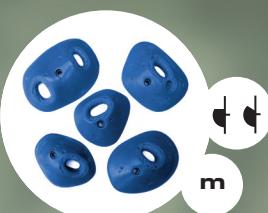
ARTISTIC



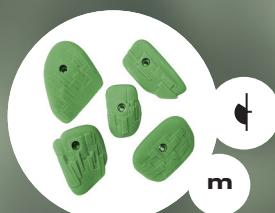
hueco patina crimps - 6A1



solar system - 6ABS5



2TeX pockets
set no. 5A1



wright mini jugs
set no. 5A4



virus jugs
set no. 2A5



hueco patina jugs
set no. 4A0



side dishes
set no. 4A1



mr. bugguy
set no. 4A6



salad dishes
set no. 4A9



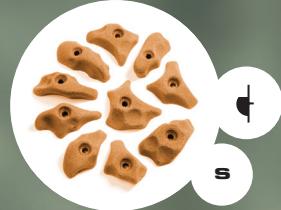
soup dishes
set no. 4A10



happy jax
set no. 5A5

www.e-grips.com

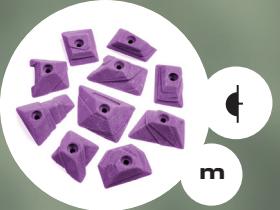
800.860.3653



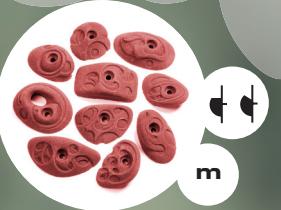
scallops
set no. 2A1



hueco patina flakes
set no. 2A6



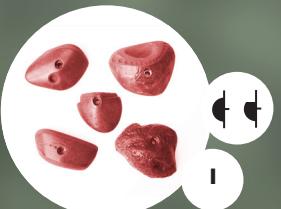
galactic crimps
set no. 2A2



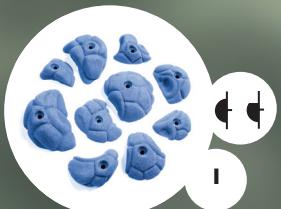
ian's tribal
set no. 2A3



2TeX jugs
set no. 5A2



mixed 2TeX
set no. 5A3



ryan's turtle shells
set no. 2A0



sea food
set no. 4A1



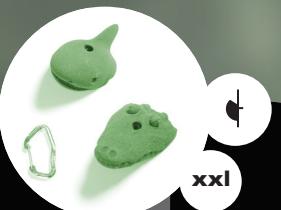
mr. smiles
set no. 4A5



drop art roof jugs
set no. 3A7

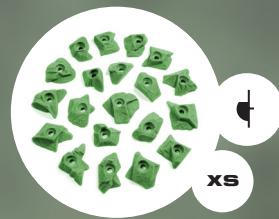


jungle animals
set no. 4A7

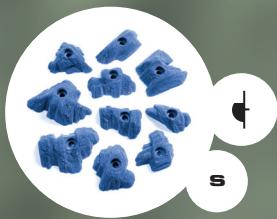


water predators
set no. 4A8

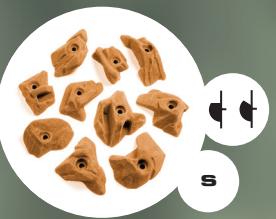
GRANITE



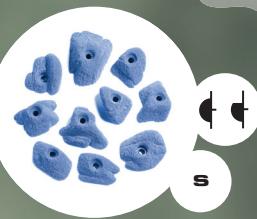
blocky feet
set no. 1G0



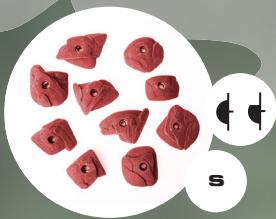
rob's 50th crimps
set no. 2G3



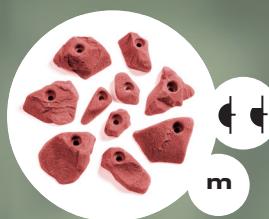
gneiss crimps
set no. 2G4



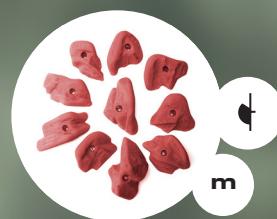
mini-crystals
set no. 3G1



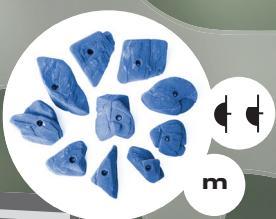
dancing feet
set no. 5G4



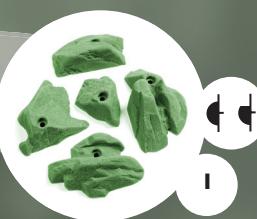
technical granite
set no. 2G0



med. granite mini-jugs
set no. 5G1



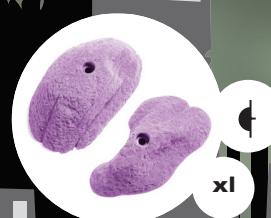
mixed variety granite
set no. 5G2



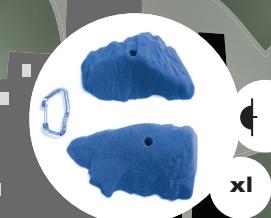
blocky slopers
set no. 2G2



big blocs
set no. 2G9



crystal slopers
set no. 3G2



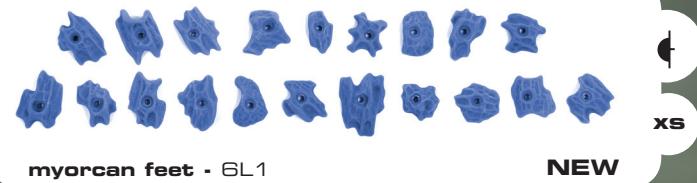
ruffle slopers
set no. 4G1



blocky flakes
set no. 5G3

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LIMESTONE



myorcan feet - 6L1

NEW

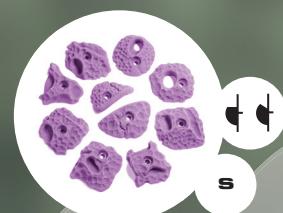


mini myorcan tufas - 6L2

NEW



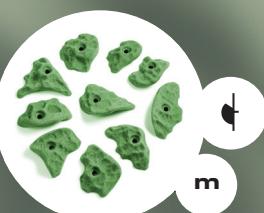
fins
set no. 1L0



original tribal
set no. 1L1



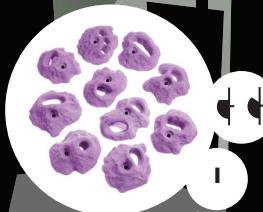
limestone finger buckets
set no. 2L2



quattro incuts
set no. 2L5



limestone semi-huecos
set no. 2L6



limestone pockets
set no. 2L3



elephant jugs
set no. 3L4



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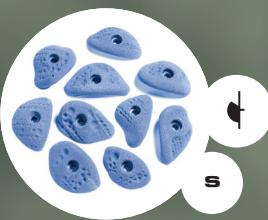
SANDSTONE



NEW



NEW



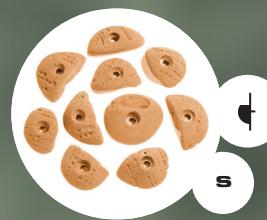
comfortable crimps
set no. 1S0



australian crimps
set no. 1S4



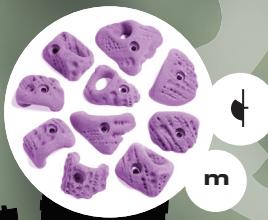
thumbprint crimps
set no. 2S1



midnight desert crimps
set no. 2S2



fossil pockets
set no. 1S2



coastal buckets
set no. 1S3



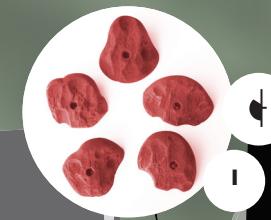
joe's slopes II
set no. 1S9



joe's slopes I
set no. 1S8



jax jugs
set no. 5S1



jax jugs II
set no. 5S2

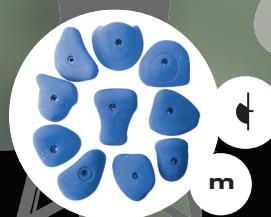
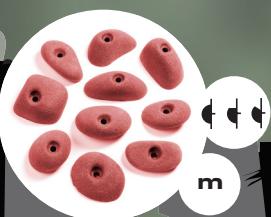
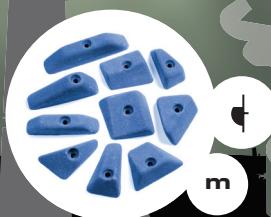
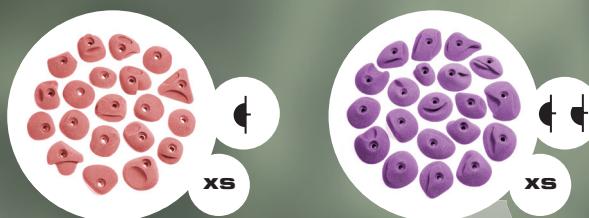
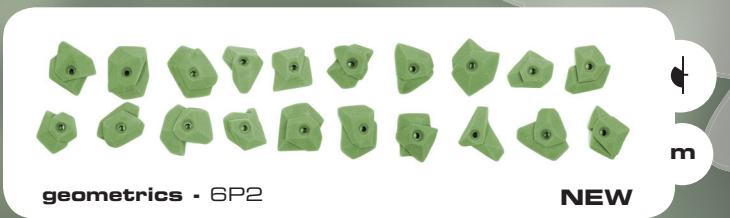


xl

sprag pockets
set no. 3S2

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PURE



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TRAINING

EGRIPS System training

6 basic movements, 6 primary hand positions, and 6 angles of training

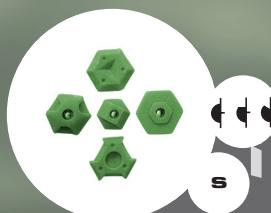
System training is the only complete climbing training system that combines exercise science with strength training. Choose holds and angle based on your weaknesses or needs.

Suggested set-up:

- 20 degree wall. Each vertical half should mirror exactly the other half. Don't favor one side over the other, or the imbalance will haunt you.
- 3 sets of footholds
- 2 matching tiles of each grip desired (suggested minimum of 16 tiles total + foot holds)

Each handhold tile separately. Please call for more information on how to make e-grips system training for you.

* System instructional video and articulating wall coming soon!



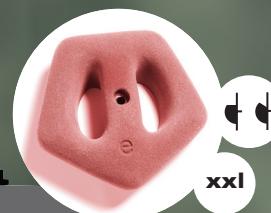
system feet
set no. 5T3



system flower
set no. 1T1



system crimp
set no. 1T2



system large
set no. 1T3



system jug
set no. 5T1



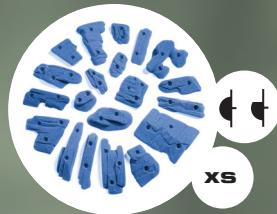
xxl

system sloper/pocket
set no. 5T2

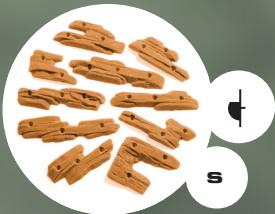
www.e-grips.com

800.860.3653

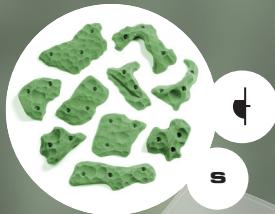
WOODSCREW



sandstone chips
set no. 2W0



sandstone rails
set no. 2W2



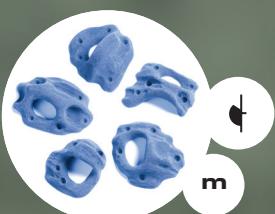
limestone screw-ons
set no. 2W3



crystal crimps
set no. 3W8



artistic mini jugs
set no. 3W4



kidz pockets
set no. 3W5



flat crimps
set no. 3W7



Other ideas for Wood Screw holds

UNIQUE FEATURES



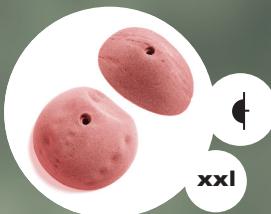
2Tex VORTeX
set no. 6U2



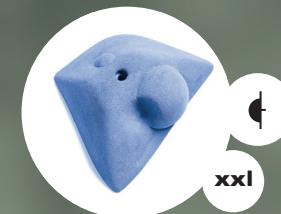
bubble wrap
set no. 6U1



xxl

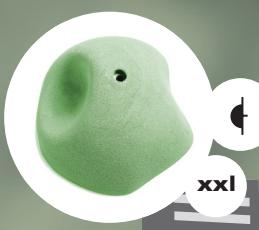


brain buckets
set no. 2U1



xxl

super happy fun ball
set no. 3U1



sunkissed (get juiced)
set no. 3U3



xxl

1000 pv
set no. 3U4



lava skin
set no. 3U5



xxl

hueco wonder hole
set no. 4U4



xxl

papa turtle shell
set no. 4U6



xxl

viral outbreak
set no. 4U10



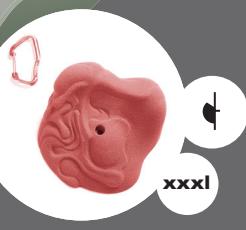
xxxl

ty's big one
set no. 3U2



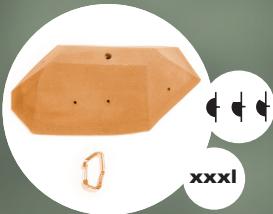
xxxl

butter dish
set no. 4U2



xxxl

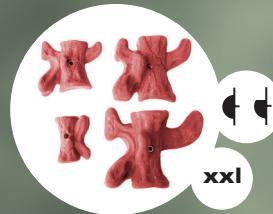
papa elephant
set no. 4U3



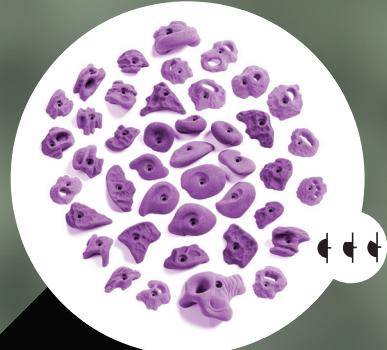
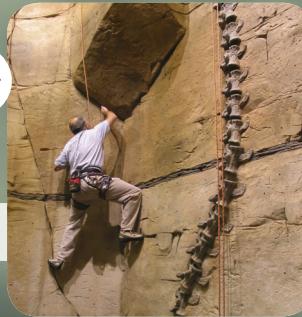
biggy piggy back
set no. 4U8



buddha
set no. 5U2



vertebrae
set no. 5U1



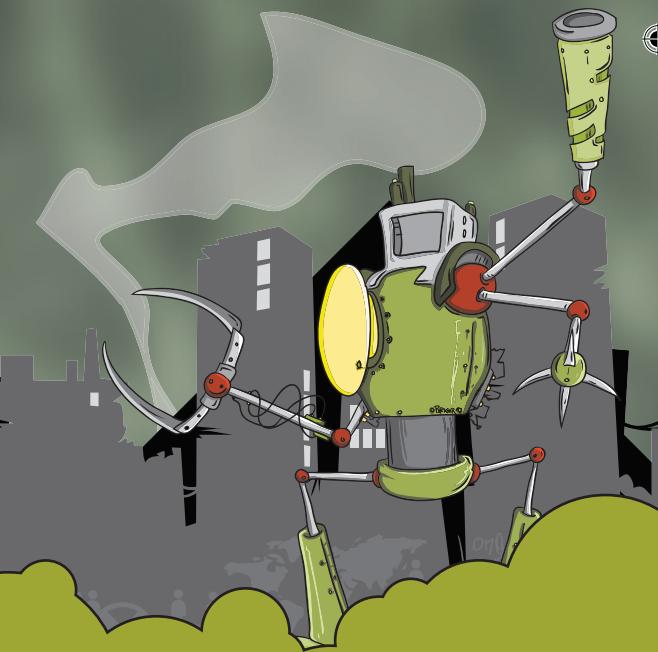
**starter sets
JUST ADD PLYWOOD!**

Do you have a brand new woodie or an older wall that needs a face lift? Starter sets are available upon request. Get a great deal an assortiment of **egrip** holds.

The set photographed above is only an example, we can build a set to suit your needs.

egrips colors

Each set in your order will be in one or more of the following colors! You may request specific colors for a 10% subtotal increase. Please call to verify your request. All orders that include custom colors require 30 day lead time.

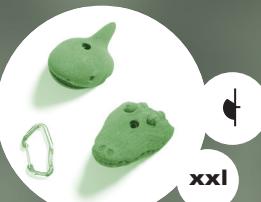


KIDS HOLDS

These sets have been pre-selected for your younger climbers or those just learning to climb! These are just some of the sets in our line that we suggest. Please call customer service (800-860-3653) or your local sales representative so we can assist you in the perfect selection for your customers. Remember-climbing should be fun at any age!



jungle animals
set no. 4A7



water predators
set no. 4A8



mr. smiles
set no. 4A5



sea food
set no. 4A1



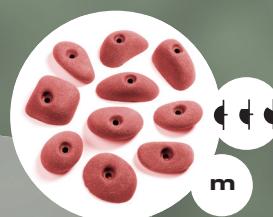
happy jax
set no. 5A5



mr. bugguy
set no. 4A6



jax jugs
set no. 5S1



river rocks
set no. 2P6



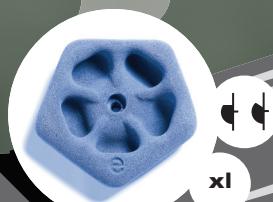
pure lines
set no. 5P1



mini jugs
set no. 5A4



kidz pockets
set no. 3W5



system crimp
set no. 1T2

Sizing Information:

If we were to be exact with our sizing we would have to use the Gauss-Green formula, $\text{area} = 1/2 \int_a^b [x(t)y(t) - y(t)x(t)]dt$, a formula to determine an irregular shape in the x/y plane. Because e-grips don't always exist in the x/y plane, we've gone with the artistic approach. All sizing of e-grips is generally based on circumference of the base, height and weight. Please note that all circumferences of the bolt are the same in each piece (approximately the size of a penny).

In-cut Indicators:

We use the following terms as guidelines to how you might want to use the majority of the holds in the identified set. It's up to you, the setter, the artist, the choreographer, to decide if a sloper should be used on the 90, 45 or 33 degree angle wall.



Slopey: A hold that creates an inclined line, surface or plane to a wall behind the hold. Usually held open-handed.



Flat: A hold with a horizontal surface without a slope. Usually intersecting the all at a 90 degree. Held with a crimp or open-handed.



In-cut: A hold that creates an inclined line or surface of direction to the wall. In-cuts have raised face edge that makes them easier to grip. The addition of a plus sign (+) near the In-cut indicator means that the hold is "very in-cut."

Shipping Information:

- all shipments are F.O.B. Boulder, Colorado.
- a \$1.50 handling charge will be added to each shipment (excepting backorders).
- GTHI will not be responsible for any shipping discrepancy reported more than 14 days after receiving goods.
- all shipments will be insured for the value of the contents and the cost will be added to the freight charges.
- sorry, we cannot be responsible for calling before shipping.

EGRIPS

4699 nautilus ct. south, suite #504
boulder, colorado 80301

Please direct orders, questions, and feedback to 800.860.3653
or write us at e-grips.com.

Index of Holds:

Crimp			Kids	
5A3	Mixed Two Tex	5	4A4	Sea Food
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2A3	Ian's Tribal	5	4A7	Jungle Animals
2G0	Technical Granite	6	4A8	Water Preditors
3W7	Flat Crimps	11	5U2	Buddha
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1S0	Comfortable Crimps	8		
1S4	Australian Crimps	8		
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2G4	Gneiss Crimps	6		
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3W8	Crystal Crimps	11		
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2L5	Limestone Quattro Incuts	7		
2L6	Limestone Semi-Huecos	7		
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2A6	Hueco Patina Flakes	5		
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5G4	dancing feet	6		
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1P0	Disks	9		
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2W0	Sandstone Chips	11		
6A1	Hueco Pantina Chips	4		
6L1	Myorcan Feet	7		
6P3	Stepping Stones	9		
Jugs				
2A5	Virus Jugs	4		
2G9	Big Blocs	6		
5A2	Two Tex Jugs	5		
5S1	Jax jugs	8		
5S2	Jax jugs	8		
3A7	Drop Art Roof Jugs	5		
3L4	Elephant Jugs	7		
3S3	Sprag Pockets	8		
4A10	Soup Dishes	4		
4A9	Salad Dishes	4		
5A5	Happy Jax	4		
5G3	Double Dyno Granite	6		
4U4	Hueco Wonder Hole	12		
5U1	Vertebae	13		
6U2	2TeXVORTEX	12		
4U2	Butter Dish	12		
4U3	Papa Elephant	12		
Specialty				
2U1	Brain Buckets	12		
3U1	Super Happy Fun Ball	12		
3U3	Sunkissed (get juiced)	12		
3U4	1000 PV	12		
3U5	Lava Skin	12		
4U10	Viral Out Break	12		
4U6	Papa Turtle Shell	12		
4U8	Biggy Piggy Back	13		
6U2	Bubble Wrap	12		
3U2	Ty's Big One	12		
Training				
1T3	System Large	10		
5T1	System Jug	10		
5T2	System Pocket	10		
1T1	System Flower	10		
1T2	System Crimp	10		

design and illustration - Marc Russo

