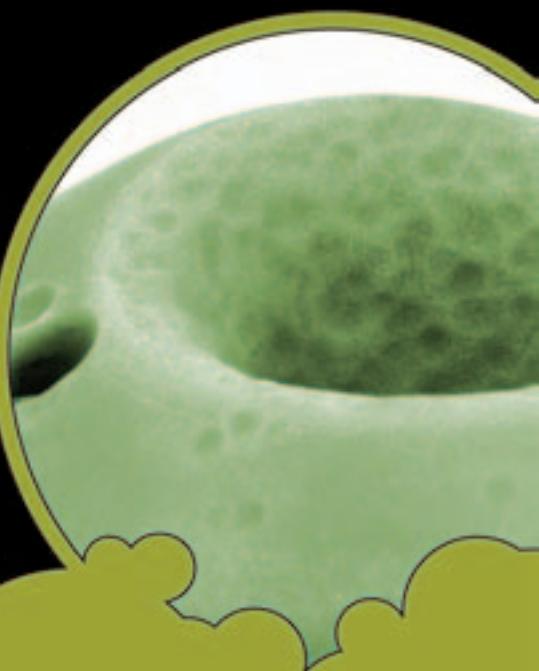


**EGRIPS**

2006





### Letter to the Setter

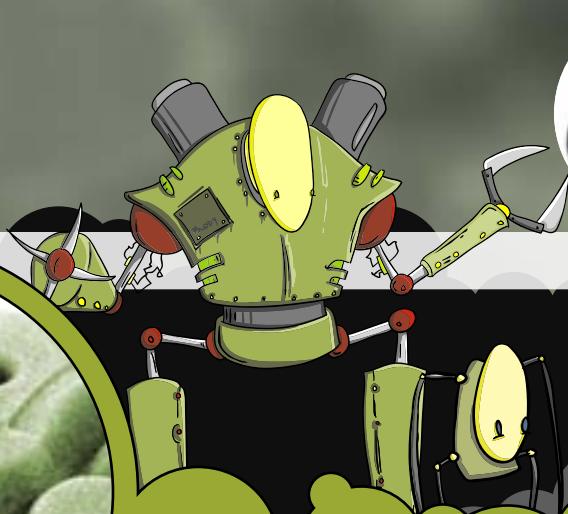
Dear Setter,

Here at e-Grips, we value both the art AND the artist. So we believe it's time that you, as a Setter, should be appreciated as the artist that you are. The work you do may be behind scenes, but Setters need to be and offer confidence to our kids.

What inspires you as you go into the gym before it opens, flip on the lights, survey the walls with the settled chalk, and listen to the eerie silence that now replaces the cries and cheers of the nig  
you as an artist: the ongoing inspiration to create something from nothing.

We hope that we can both inspire you with our art and offer you the tools that every great artist needs. Just as a painter relies on his brush or a sculptor on his clay, you should rely on e-Grips. Not only are our holds designed with you in mind, but we also carry all of the accessories that allow you to concentrate on the art that you create. e-Grips is in business for you, the Setter; no matter what gym you set for. We're here for you because you're there for us.

Thank you!



setters tool kit  
or apon only



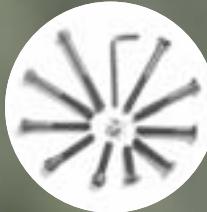
setters tape



mandrel

Please call 800.860.3653  
or refer to our website  
[www.e-grips.com](http://www.e-grips.com) for gym  
pricelists and discounts

# ACCESSORIES



## fasteners

size	SKU	size	SKU	size	SKU
flat head		socket head		t-nuts	
1.5"	FH1.5	1.5"	SH1.5	3/8"	TN38
2"	FH2	2"	SH2	6x2"	DS6x2
2.5"	FH2.5	2.5"	SH2.5		
3"	FH3	3"	SH3		
3.5"	FH3.5	3.5"	SH3.5		
4"	FH4	4"	SH4		
4.5"	FH4.5	4.5"	SH4.5		
5"	FH5	5"	SH5		
5.5"	FH5.5				

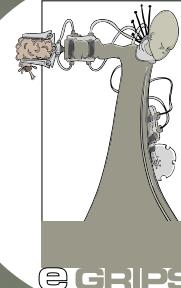


## hex keys

shortarm		t-handle	
7/32"	HK732SA	7/32"	HK732TH
5/16"	HK516SA	5/16"	HK516TH



Stickers and Magnets



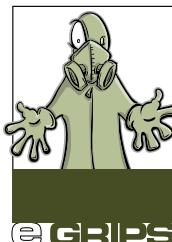
ZeRO  
ST4



Dj e  
ST3

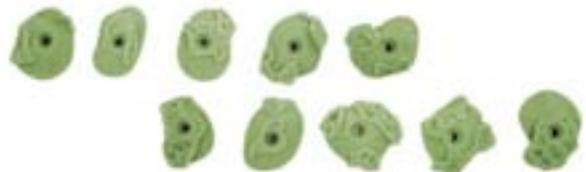


akuryoku  
ST2



QeD  
ST1

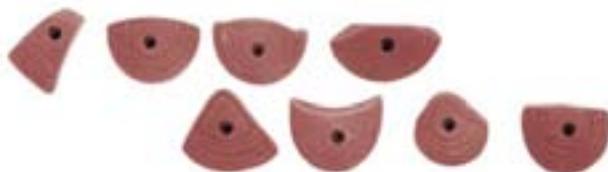
# ARTISTIC



hueco patina crimps - 6A1

NEW

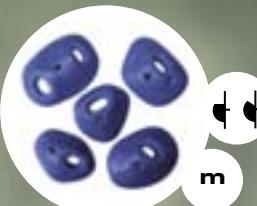
xs



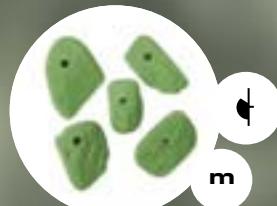
solar system - 6ABS5

NEW

m



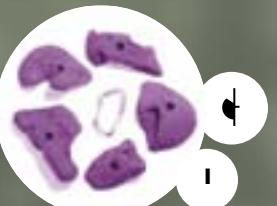
m



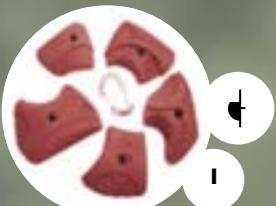
m



l



l



l

2TeX pockets  
set no. 5A1

wright mini jugs  
set no. 5A4

virus jugs  
set no. 2A5

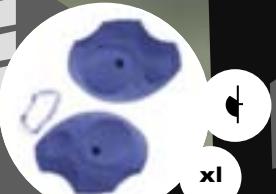
hueco patina jugs  
set no. 4A0

side dishes  
set no. 4A1



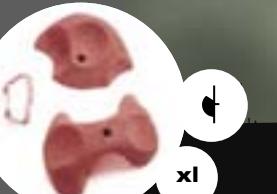
xl

mr. buggy  
set no. 4A6



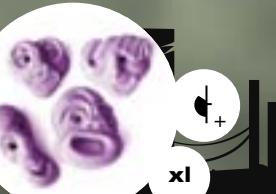
xl

salad dishes  
set no. 4A9



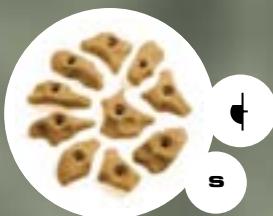
xl

soup dishes  
set no. 4A10

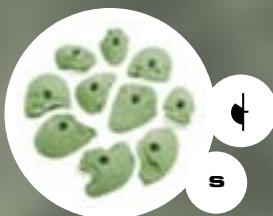


xl

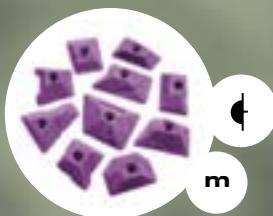
happy jax  
set no. 5A5



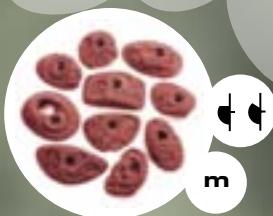
**scallops**  
set no. 2A1



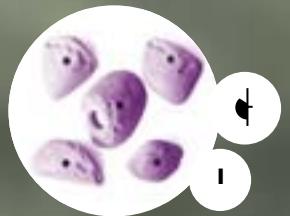
**hueco patina flakes**  
set no. 2A6



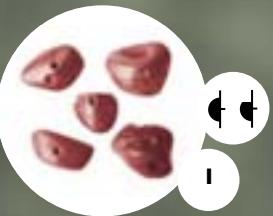
**galactic crimps**  
set no. 2A2



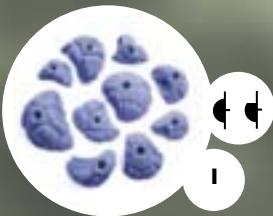
**ian's tribal**  
set no. 2A3



**2TeX jugs**  
set no. 5A2



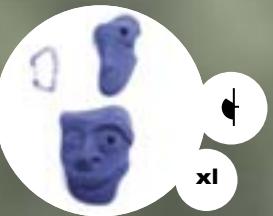
**mixed 2TeX**  
set no. 5A3



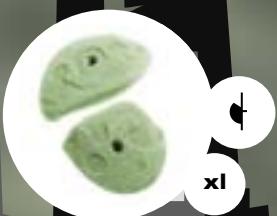
**ryan's turtle shells**  
set no. 2A0



**sea food**  
set no. 4A1



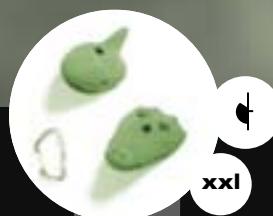
**mr. smiles**  
set no. 4A5



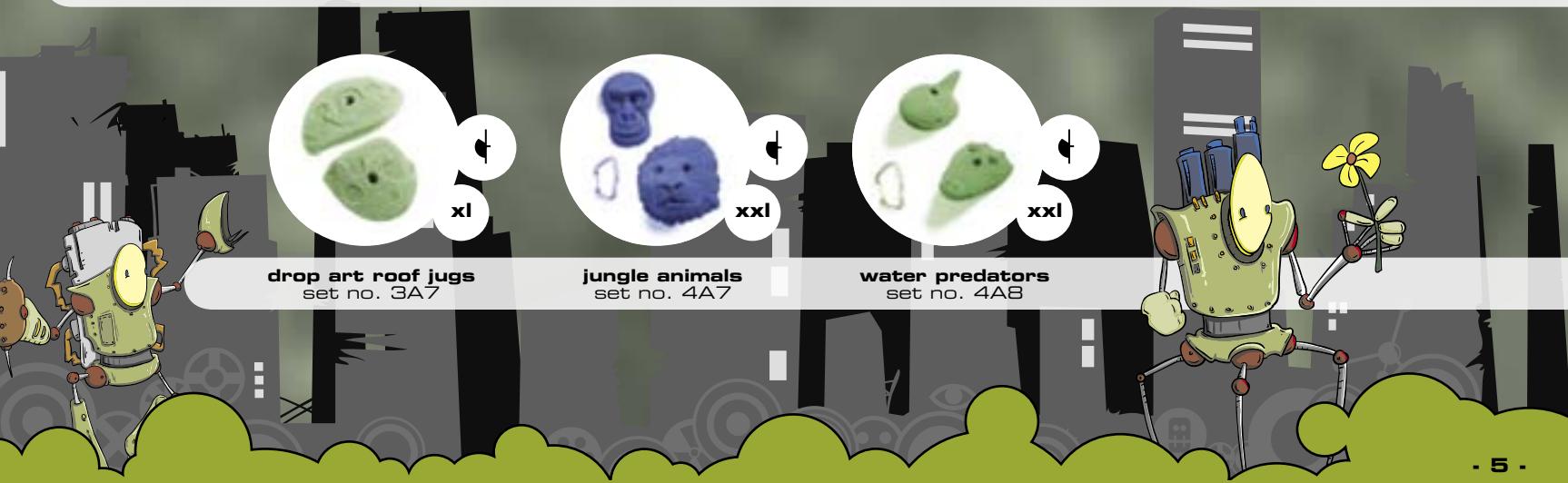
**drop art roof jugs**  
set no. 3A7



**jungle animals**  
set no. 4A7



**water predators**  
set no. 4A8



# GRANITE



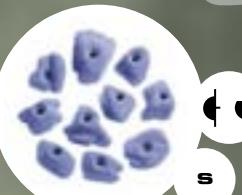
**blocky feet**  
set no. 1G0



**rob's 50th crimps**  
set no. 2G3



**gneiss crimps**  
set no. 2G4



**mini-crystals**  
set no. 3G1



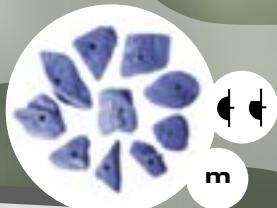
**dancing feet**  
set no. 5G4



**technical granite**  
set no. 2G0



**med. granite mini-jugs**  
set no. 5G1



**mixed variety granite**  
set no. 5G2



**blocky slopers**  
set no. 2G2



**big blocs**  
set no. 2G9



**crystal slopers**  
set no. 3G2



**ruffle slopers**  
set no. 4G1



**blocky flakes**  
set no. 5G3

# LIMESTONE



myorcan feet - 6L1

NEW

xs



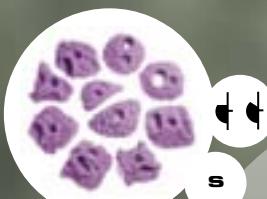
mini myorcan tufas - 6L2

NEW

l



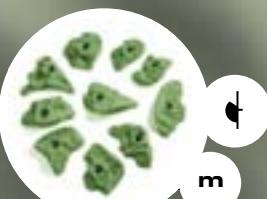
xs



s



m



m



m

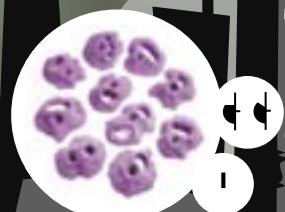
fins  
set no. 1L0

original tribal  
set no. 1L1

limestone finger buckets  
set no. 2L2

quatro incuts  
set no. 2L5

limestone semi-huecos  
set no. 2L6



limestone pockets  
set no. 2L3



elephant jugs  
set no. 3L4

xl



# SANDSTONE



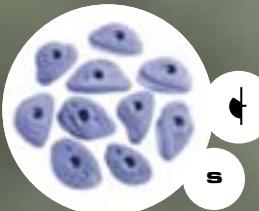
dakota slopes - 6S1

NEW

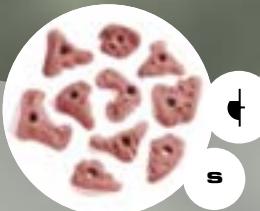


dakota pinches - 6S2

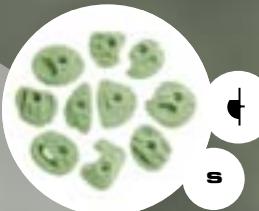
NEW



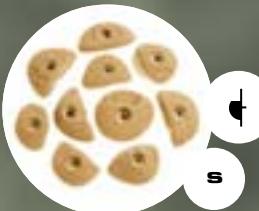
comfortable crimps  
set no. 1S0



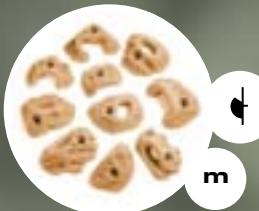
australian crimps  
set no. 1S4



thumbprint crimps  
set no. 2S1



midnight desert crimps  
set no. 2S2



fossil pockets  
set no. 1S2



coastal buckets  
set no. 1S3



joe's slopes II  
set no. 1S9



joe's slopes I  
set no. 1S8



jax jugs  
set no. 5S1



jax jugs II  
set no. 5S2



sprag pockets  
set no. 3S2



stepping stones - 6P3

NEW



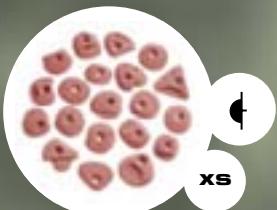
geometrics - 6P2

NEW

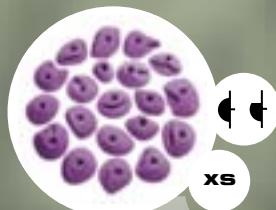


loaves - 6P1

NEW



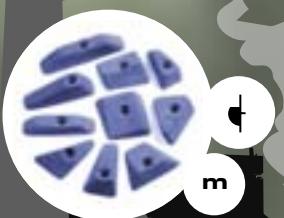
disks  
set no. 1PO



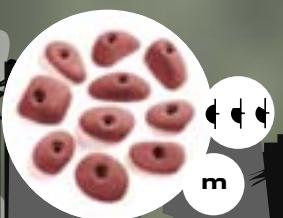
double disks  
set no. 2PO



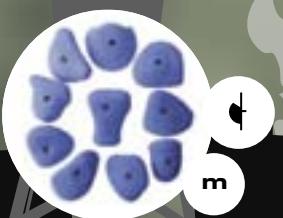
moon crimps  
set no. 2P2



pure pinches  
set no. 2P5



river rocks  
set no. 2P6



pure lines  
set no. 5P1

# TRAINING

## eGRIPS system training

6 basic movements, 6 primary hand positions, and 6 angles of training

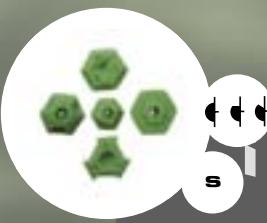
System training is the only complete climbing training system that combines exercise science with strength training. Choose holds and angle based on your weaknesses or needs.

Suggested set-up:

- 20 degree wall. Each vertical half should mirror exactly the other half. Don't favor one side over the other; or the imbalance will haunt you.
- 3 sets of footholds
- 2 matching tiles of each grip desired (suggested minimum of 16 tiles total + foot holds)

Each handhold tile separately. Please call for more information on how to make e-grips system training for you.

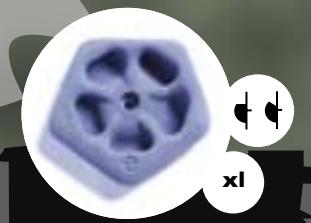
\* System instructional video and articulating wall coming soon!



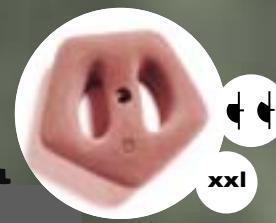
system feet  
set no. 5T3



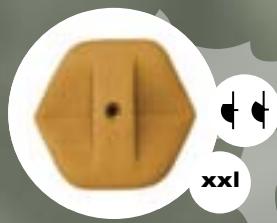
system flower  
set no. 1T1



system crimp  
set no. 1T2



system large  
set no. 1T3

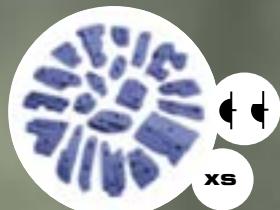


system jug  
set no. 5T1



system sloper/pocket  
set no. 5T2

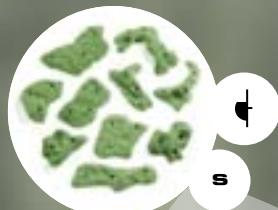
# WOODSCREW



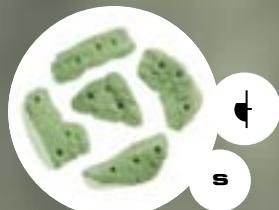
**sandstone chips**  
set no. 2W0



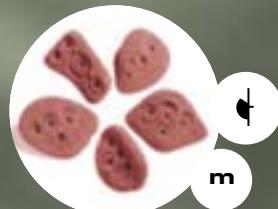
**sandstone rails**  
set no. 2W2



**limestone screw-ons**  
set no. 2W3



**crystal crimps**  
set no. 3W8



**artistic mini jugs**  
set no. 3W4



**kidz pockets**  
set no. 3W5



**flat crimps**  
set no. 3W7



**Other ideas for Wood Screw holds**

# UNIQUE FEATURES



**2Tex VORTeX**  
set no. 6U2



**bubble wrap**  
set no. 6U1



**brain buckets**  
set no. 2U1



**super happy fun ball**  
set no. 3U1



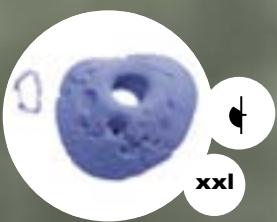
**sunkissed (get juiced)**  
set no. 3U3



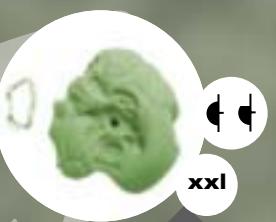
**1000 pv**  
set no. 3U4



**lava skin**  
set no. 3U5



**hueco wonder hole**  
set no. 4U4



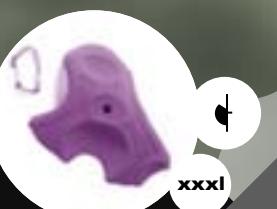
**papa turtle shell**  
set no. 4U6



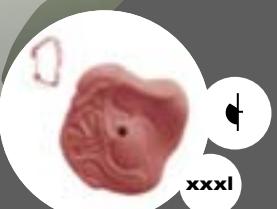
**viral outbreak**  
set no. 4U10



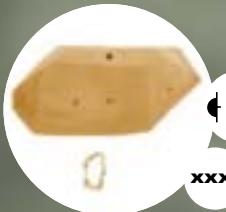
**ty's big one**  
set no. 3U2



**butter dish**  
set no. 4U2



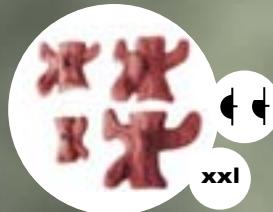
**papa elephant**  
set no. 4U3



xxxl



xxl



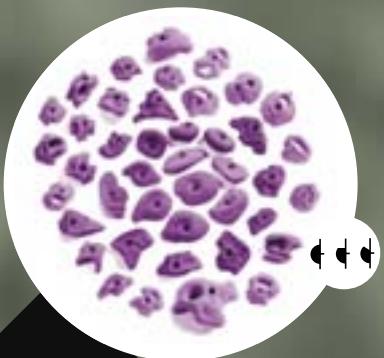
xxl



**biggy piggy back**  
set no. 4U8

**buddha**  
set no. 5U2

**vertebrae**  
set no. 5U1



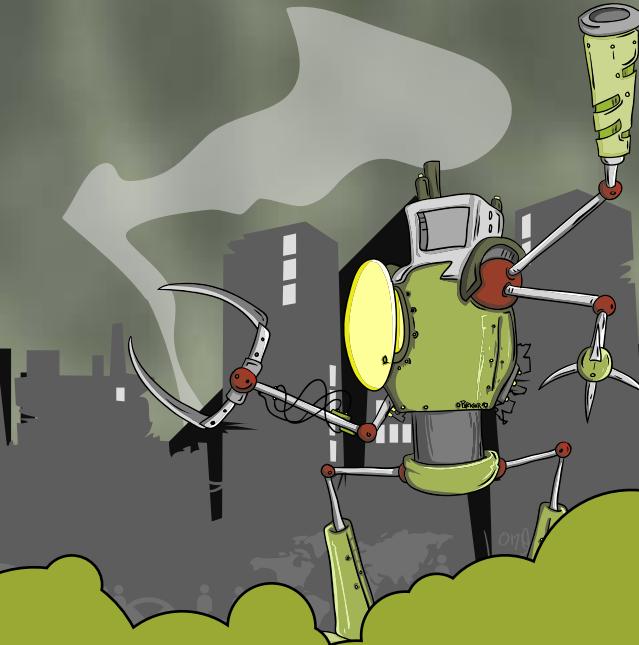
**starter sets  
JUST ADD PLYWOOD!**

Do you have a brand new woodie or an older wall that needs a face lift? Starter sets are available upon request. Get a great deal an assortment of **egrip** holds.

The set photographed above is only an example, we can build a set to suit your needs.

**egrips colors**

Each set in your order will be in one or more of the following colors! You may request specific colors for a 10% subtotal increase. Please call to verify your request. All orders that include custom colors require 30 day lead time.



# KIDS HOLDS

These sets have been pre-selected for your younger climbers or those just learning to climb! These are just some of the sets in our line that we suggest. Please call customer service (800-860-3653) or your local sales representative so we can assist you in the perfect selection for your customers. Remember climbing should be fun at any age!



**jungle animals**  
set no. 4A7



**water predators**  
set no. 4A8



**mr. smiles**  
set no. 4A5



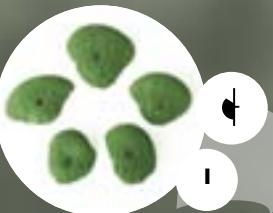
**sea food**  
set no. 4A1



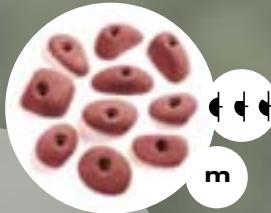
**happy jax**  
set no. 5A5



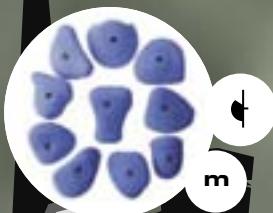
**mr. bugguy**  
set no. 4A6



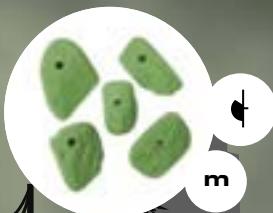
**jax jugs**  
set no. 5S1



**river rocks**  
set no. 2P6



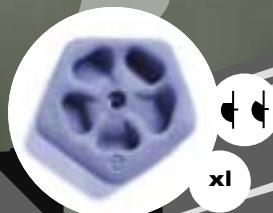
**pure lines**  
set no. 5P1



**mini jugs**  
set no. 5A4



**kidz pockets**  
set no. 3W5



**system crimp**  
set no. 1T2

## Sizing Information:

If we were to be exact with our sizing we would have to use the Gauss-Green formula,  $\text{area} = \frac{1}{2} \int_a^b [x(t)y(t) - y(t)x(t)]dt$ , a formula to determine an irregular shape in the x/y plane. Because **eGrips** don't always exist in the x/y plane, we've gone with the artistic approach. All sizing of **eGrips** is generally based on circumference of the base, height and weight. **Please note that all circumferences of the bolt are the same in each piece (approximately the size of a penny).**

## In-cut Indicators:

We use the following terms as guidelines to how you might want to use the majority of the holds in the identified set. It's up to you, the setter, the artist, the choreographer, to decide if a sloper should be used on the 90, 45 or 33 degree angle wall.



**Slopey:** A hold that creates an inclined line, surface or plane to a wall behind the hold. Usually held open-handed.



**Flat:** A hold with a horizontal surface without a slope. Usually intersecting the all at a 90 degree. Held with a crimp or open-handed.



**In-cut:** A hold that creates an declined line or surface of direction to the wall. In-cuts have raised face edge that makes them easier to grip. The addition of a plus sign (+) near the In-cut indicator means that the hold is "very in-cut."

## Shipping Information:

- all shipments are F.O.B. Boulder, Colorado.
- a \$1.50 handling charge will be added to each shipment (excepting backorders).
- GTHI will not be responsible for any shipping discrepancy reported more than 14 days after receiving goods.
- all shipments will be insured for the value of the contents and the cost will be added to the freight charges.
- sorry, we cannot be responsible for calling before shipping.

# eGRIPS

4699 nautilus ct. south, suite #504  
boulder, colorado 80301

Please direct orders, questions, and feedback to **800.860.3653**  
or write us at [e-grips.com](http://e-grips.com).

## Index of Holds:

### Crimp

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6ABS	SolarSystem	4
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### Feet

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### Jugs

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4A6	Mr Bugguy	14
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3W4	Artistic Mini Jugs	11
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5G1	Medium Granite Mini Jugs	6
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### Pockets

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1S2	Fossil Pockets	8
3W5	Kidz pockets	11
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### Pinches

4A1	Side Dishes	4
6L2	Mini Myrcan Tufas	7
6S2	Dakota Pinches	8
6P1	Loaves	9
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### Slopers

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