# Diabetes Prediction

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## A. Introduction:

## A.1. Describes the dataset and variables:

In this data analysis project, we focus on a healthcare dataset that contains crucial measurements related to diabetes, collected from a sample of 768 individuals. The dataset includes various features such as the number of pregnancies, glucose levels, blood pressure, skin thickness, insulin levels, BMI, diabetes pedigree function, and age, along with an outcome variable indicating the presence or absence of diabetes.

## A.2. Summarizes the goal of the project:

The primary objective of this project is to perform comprehensive data cleaning and preprocessing to prepare the dataset for further analysis. One of the key preprocessing tasks involves handling specific data issues, such as replacing zero values in critical columns with the mean of non-zero values. This approach ensures that the dataset is robust and free from anomalies that could distort subsequent analyses or predictive modeling.

## A.3. Key steps that were performed.

- A.3.1. Install (if needed) and load necessary libraries\
  A.3.2. Load and inspect the data\
  A.3.3. Data cleaning\
  A.3.4. Data statistic and visualization of relationships\
  A.3.5. Predictive Modeling\
- B. Methods/Analysis

## **B.1.** Install If Needed and Load Necessary Libraries

```
if(!require(tidyverse)) install.packages("tidyverse")
## Loading required package: tidyverse
## -- Attaching core tidyverse packages ----- tidyverse 2.0.0 --
## v dplyr
             1.1.4
                       v readr
                                  2.1.5
## v forcats
              1.0.0
                                  1.5.1
                       v stringr
## v ggplot2
             3.5.1
                       v tibble
                                  3.2.1
## v lubridate 1.9.3
                       v tidyr
                                   1.3.1
```

```
## v purrr
               1.0.2
## -- Conflicts ----- tidyverse conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                    masks stats::lag()
## i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become error
if(!require(caret)) install.packages("caret")
## Loading required package: caret
## Loading required package: lattice
## Attaching package: 'caret'
## The following object is masked from 'package:purrr':
##
##
       lift
if(!require(Metrics)) install.packages("Metrics")
## Loading required package: Metrics
## Attaching package: 'Metrics'
## The following objects are masked from 'package:caret':
##
##
       precision, recall
if(!require(knitr)) install.packages("knitr")
## Loading required package: knitr
if(!require(e1071)) install.packages("e1071")
## Loading required package: e1071
if(!require(gridExtra))install.packages("gridExtra")
## Loading required package: gridExtra
## Attaching package: 'gridExtra'
## The following object is masked from 'package:dplyr':
##
##
       combine
if(!require(pheatmap))install.packages("pheatmap")
## Loading required package: pheatmap
```

```
library(tidyverse)
library(caret)
library(Metrics)
library(knitr)
library(e1071)
library(gridExtra)
library(pheatmap)
```

## B.2. Load and Inspect the Data

```
# Controls the number of digits to print when printing numeric values
options(digits = 6)
# Set options to avoid scientific notation
options(scipen = 10)
# Load data
dat <- read_csv("diabetes.csv")</pre>
## Rows: 768 Columns: 9
## -- Column specification -------
## Delimiter: ","
## dbl (9): Pregnancies, Glucose, BloodPressure, SkinThickness, Insulin, BMI, D...
## i Use 'spec()' to retrieve the full column specification for this data.
## i Specify the column types or set 'show col types = FALSE' to quiet this message.
# Data dimension
dim(dat)
## [1] 768
# Inspect the structure of the dataset
str(dat)
## spc_tbl_ [768 x 9] (S3: spec_tbl_df/tbl_df/tbl/data.frame)
## $ Pregnancies
                           : num [1:768] 6 1 8 1 0 5 3 10 2 8 ...
## $ Glucose
                            : num [1:768] 148 85 183 89 137 116 78 115 197 125 ...
## $ BloodPressure
                            : num [1:768] 72 66 64 66 40 74 50 0 70 96 ...
                            : num [1:768] 35 29 0 23 35 0 32 0 45 0 ...
## $ SkinThickness
## $ Insulin
                            : num [1:768] 0 0 0 94 168 0 88 0 543 0 ...
## $ BMI
                             : num [1:768] 33.6 26.6 23.3 28.1 43.1 25.6 31 35.3 30.5 0 ...
## $ DiabetesPedigreeFunction: num [1:768] 0.627 0.351 0.672 0.167 2.288 ...
                            : num [1:768] 50 31 32 21 33 30 26 29 53 54 ...
## $ Age
## $ Outcome
                             : num [1:768] 1 0 1 0 1 0 1 0 1 1 ...
## - attr(*, "spec")=
##
    .. cols(
##
    .. Pregnancies = col_double(),
    .. Glucose = col double(),
##
       BloodPressure = col_double(),
##
```

```
##
        SkinThickness = col_double(),
##
    .. Insulin = col_double(),
    .. BMI = col double(),
##
       DiabetesPedigreeFunction = col_double(),
##
##
       Age = col_double(),
    . .
         Outcome = col_double()
##
    ..)
   - attr(*, "problems")=<externalptr>
##
# View data
View(dat)
# Summary statistics
summary(dat)
    Pregnancies
                     Glucose
                               BloodPressure SkinThickness
                                                               Insulin
## Min. : 0.00
                  Min. : 0
                               Min. : 0.0 Min. : 0.0
                                                            Min. : 0.0
## 1st Qu.: 1.00
                  1st Qu.: 99
                               1st Qu.: 62.0
                                             1st Qu.: 0.0
                                                            1st Qu.: 0.0
## Median : 3.00
                 Median:117
                               Median : 72.0 Median :23.0
                                                            Median: 30.5
## Mean : 3.85
                  Mean :121
                               Mean : 69.1
                                              Mean :20.5
                                                            Mean : 79.8
                  3rd Qu.:140
## 3rd Qu.: 6.00
                               3rd Qu.: 80.0
                                              3rd Qu.:32.0
                                                            3rd Qu.:127.2
## Max. :17.00
                 Max.
                        :199
                               Max.
                                    :122.0
                                              Max. :99.0
                                                            Max.
                                                                 :846.0
       BMI
                                                         Outcome
##
                 DiabetesPedigreeFunction
                                             Age
## Min. : 0.0
                 Min.
                        :0.078
                                               :21.0 Min.
                                                             :0.000
                                       Min.
## 1st Qu.:27.3
                 1st Qu.:0.244
                                        1st Qu.:24.0 1st Qu.:0.000
## Median :32.0
                 Median :0.372
                                        Median:29.0
                                                      Median :0.000
## Mean :32.0
                 Mean :0.472
                                        Mean :33.2 Mean :0.349
## 3rd Qu.:36.6
                 3rd Qu.:0.626
                                        3rd Qu.:41.0
                                                      3rd Qu.:1.000
## Max. :67.1
                 Max. :2.420
                                        Max.
                                               :81.0
                                                      Max. :1.000
# Frequency table of the Outcome
table(dat$Outcome)
##
    0
## 500 268
```

## **B.3 Data Cleaning**

```
# B.3.1. Missing values
# Identify and count any missing values in each column of a data frame dat
missing_values <- colSums(is.na(dat))
print(missing_values) # zero missing values</pre>
```

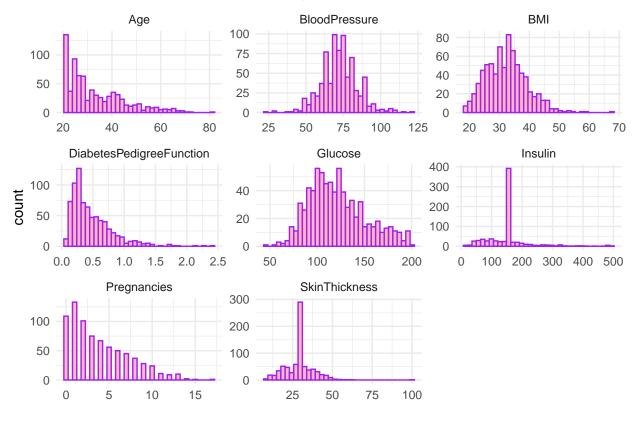
##	Pregnancies	Glucose	BloodPressure
##	0	0	0
##	SkinThickness	Insulin	BMI
##	0	0	0
##	DiabetesPedigreeFunction	Age	Outcome
##	0	0	0

```
# B.3.2. Zero valuses
# Identify and count any zero values that may require attention.
n_zeros <- sapply(dat, function(x) sum(x==0))</pre>
print(n_zeros)
##
                Pregnancies
                                              Glucose
                                                                  BloodPressure
##
                         111
                                                     5
                                                                             35
##
              SkinThickness
                                              Insulin
                                                                            BMI
                         227
                                                  374
                                                                             11
## DiabetesPedigreeFunction
                                                  Age
                                                                        Outcome
                                                                            500
# These non sense zeros in BloodPressure, BMI, Glucose, Insulin, SkinThickness are not actual observati
# They may be due to :
# Measurement error: device and testing
# Severe medical condition of the patients
# Data entry mistake
# Calculation error.
# Replace zeros in columns where they don't make sense (e.g., BloodPressure, BMI, Glucose, Insulin, Ski
# Function to replace zeros with column mean
replace_zeros_with_mean <- function(x) {</pre>
  mean_value <- mean(x[x != 0], na.rm = TRUE) # Calculate mean of non-zero values
  x[x == 0] \leftarrow mean\_value \# Replace zeros with the mean value
  return(x)
}
# Columns with nonsense zeros
columns_with_nonsense_zeros <- c("BloodPressure", "BMI", "Glucose", "Insulin", "SkinThickness")</pre>
# Apply the function to columns with nonsense zeros using lapply
dat[columns with nonsense zeros] <- lapply(dat[columns with nonsense zeros], replace zeros with mean)
# B.3.3. Outlinears
# Identify outlinears
dat %>% select("Insulin") %>% filter(Insulin > 500) %>% nrow()
## [1] 9
# Elevated insulin levels might occur in individuals with type 2 diabetes or a precursor.
# But this significant high insulin may be due to rare insulin-secreting tumor or out linear
# Remove rows where insulin > 500
dat <- dat[dat$Insulin <= 500, ]</pre>
```

## B.4. Exploratory Data Analysis (EDA)

```
\# B.4.1. Data statistic and visualization of relationships
# Data statistics
summary df <- dat %>%
  # diff(range(.)) computes the difference between the maximum and minimum values.
  summarise(across(everything(), list(mean = mean, sd = sd, median = median, range = ~ diff(range(.))))
 pivot_longer(cols = everything(), names_to = c(".value", "feature"), names_sep = "_")
# Print the resulting summary data frame
print(summary_df)
## # A tibble: 4 x 10
   feature Pregnancies Glucose BloodPressure SkinThickness Insulin
                                                               <dbl> <dbl>
##
    <chr>>
                  <dbl>
                          <dbl>
                                         <dbl>
                                                       <dbl>
## 1 mean
                   3.86
                          121.
                                         72.4
                                                       29.1
                                                               150. 32.4
                   3.38
                           30.0
                                         12.1
                                                       8.75
                                                               67.7 6.85
## 2 sd
## 3 median
                   3
                          117
                                         72.4
                                                       29.2
                                                               156. 32.4
## 4 range
                   17
                           155
                                          98
                                                       92
                                                               481
                                                                     48.9
## # i 3 more variables: DiabetesPedigreeFunction <dbl>, Age <dbl>, Outcome <dbl>
# Histograms for numerical variables
dat %>%
  select(-"Outcome") %>%
  gather(key = "feature", value = "value") %>%
  ggplot(aes(value)) +
 geom_histogram(bins = 35, fill = "lightpink", colour = "purple") +
 facet_wrap(~feature, scales = "free") + # Creates separate plots for each feature with free axis scal
 theme_minimal() +
  labs(title = "Features's Distributions after Replace Nonsense Zeros", x = NULL)
```

## Features's Distributions after Replace Nonsense Zeros

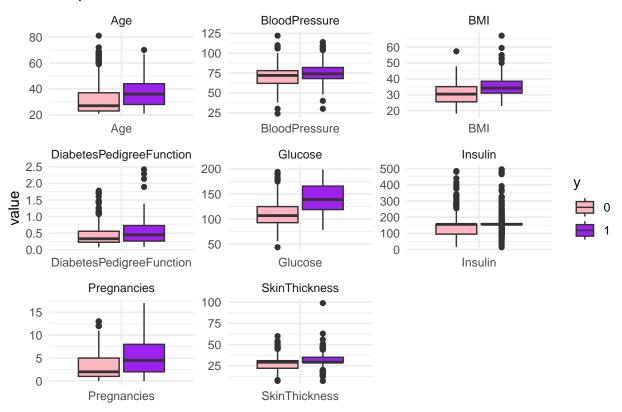


```
# Tall bars due to replacement of nonsense zeros

# Data prepare for creating multiple boxpots
x <- dat %>% select(-"Outcome")
y <- dat %>%
    pull(Outcome) %>% # extract the 'Outcome' column as a vector
    as.factor()

# Reshape data to long format and create boxplots
data.frame(y, x) %>%
    gather(key = "feature", value = "value", -y) %>%
    ggplot(aes(feature, value, fill = y)) +
    geom_boxplot() +
    facet_wrap(~feature, scales = "free") +
    scale_fill_manual(values = c("0" = "lightpink", "1" = "purple")) + # Custom colors
    theme_minimal() +
    labs(title = "Boxplots", x = NULL)
```

# **Boxplots**



# Median values/distribution of each variable are generally higher in patients with diabetes

```
# B.4.2. Correlation analysis
```

# Test the correlation between two continuous variables: SkinThickness and Insulin cor.test(dat\$SkinThickness, dat\$Insulin)

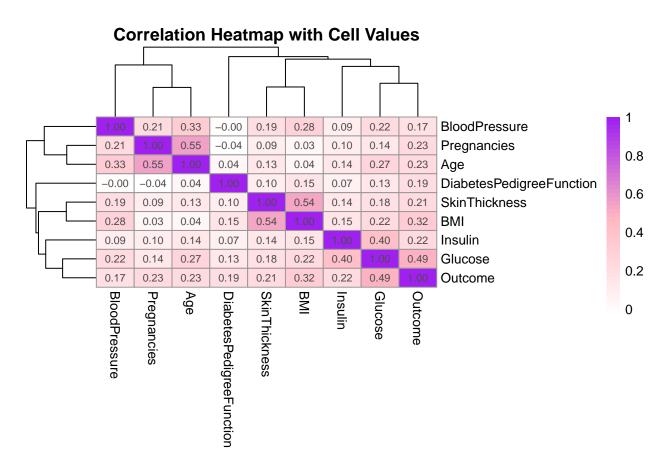
```
##
## Pearson's product-moment correlation
##
## data: dat$SkinThickness and dat$Insulin
## t = 3.981, df = 757, p-value = 0.0000751
## alternative hypothesis: true correlation is not equal to 0
## 95 percent confidence interval:
## 0.0727958 0.2122164
## sample estimates:
## cor
## 0.143217
```

# p-value = 0.0000751 indicates that the correlation is statistically significant at the 0.05 level.

# Test the correlation between two continuous variables: Age and BMI
cor.test(dat\$Age, dat\$BMI)

##

```
## Pearson's product-moment correlation
##
## data: dat$Age and dat$BMI
## t = 0.9676, df = 757, p-value = 0.334
## alternative hypothesis: true correlation is not equal to 0
## 95 percent confidence interval:
## -0.036107 0.106043
## sample estimates:
##
        cor
## 0.035146
\# p-value = 0.334 indicates that the correlation is not statistically significant at the 0.05 level.
# perform t-test on Glucose
t.test(Glucose ~ as.factor(Outcome), dat)
##
## Welch Two Sample t-test
##
## data: Glucose by as.factor(Outcome)
## t = -14.75, df = 452.3, p-value <2e-16
## alternative hypothesis: true difference in means between group 0 and group 1 is not equal to 0
## 95 percent confidence interval:
## -35.3544 -27.0408
## sample estimates:
## mean in group 0 mean in group 1
           110.338
                           141.536
# p-value < 2e-16. There is a significant difference between the mean_glucose of two groups '0' and '1'
# Calculate the correlation matrix
cor_matrix <- round(cor(dat),2)</pre>
# Create the heatmap with cell values
pheatmap(cor_matrix,
        main = "Correlation Heatmap with Cell Values",
         color = colorRampPalette(c("white", "lightpink", "purple"))(50),
         display_numbers = TRUE, # Show numbers in cells
         number_format = "%.2f", # Format of the numbers
         fontsize_number = 8 # Size of the numbers
```



```
# No strong correlations between variables
# Few moderate correlations between variables
# Glucose level has most effective to the outcome
# BloodPressure has least effective to the outcome
```

## **B.5.** Predictive Modeling

```
# Scale date to ensure that data is uniformly prepared for analysis and modeling
x_scaled <- dat %>%
    select(-"Outcome") %>%
    scale()

# Extract the 'Outcome' column as a vector
y <- dat %>%
    pull(Outcome) %>%
    as.factor()

# Seed for reproducibility of data generation
set.seed(1, sample.kind = "Rounding")

# Split data into training and testing sets:

# Ensure that our training and testing sets are representative of the entire dataset
test_index <- createDataPartition(y, times = 1, p = 0.2, list = FALSE)</pre>
```

```
# Split the dataset into training and testing sets
test_x <- x_scaled[test_index,]</pre>
test_y <- y[test_index]</pre>
train_x <- x_scaled[-test_index,]</pre>
train_y <- y[-test_index]</pre>
# Train control used for all methods. Specifies 10-fold cross-validation for model evaluation.
train_control <- trainControl(method = "cv", number = 10)</pre>
#-----
# B.5.1. Generalized Linear Model (GLM)
# Train the GLM model
train_glm <- train(train_x, train_y,</pre>
                   method = "glm",
                   family = binomial,
                   trControl = train_control
# Predict on the testing set
glm_preds <- predict(train_glm, test_x)</pre>
# Create a tibble to store model's accuracy, accuracy
accuracy <- tibble(Model = "Generalized Linear Model (GLM)",</pre>
                   Accuracy = round(mean(glm_preds == test_y), 5) # Compare predictions with the actual
# Print accuracy tibble
accuracy %>% kable()
```

Model	Accuracy
Generalized Linear Model (GLM)	0.73203

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320

```
## Loading required package: gam
## Loading required package: splines
## Loading required package: foreach
##
## Attaching package: 'foreach'
## The following objects are masked from 'package:purrr':
##
##
       accumulate, when
## Loaded gam 1.22-4
# Predict on the testing set
loess_preds <- predict(train_loess, test_x)</pre>
# Calculate the accuracy then add on to the accuracy tibble
accuracy <- rbind(accuracy,</pre>
                  tibble(Model = "Locally weighted scatterplot smoothing (LOESS)",
                         Accuracy = round(mean(loess_preds == test_y), 5)
                  )
# Print accuracy tibble
accuracy %>% kable()
```

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320
Locally weighted scatterplot smoothing (LOESS)	0.78431

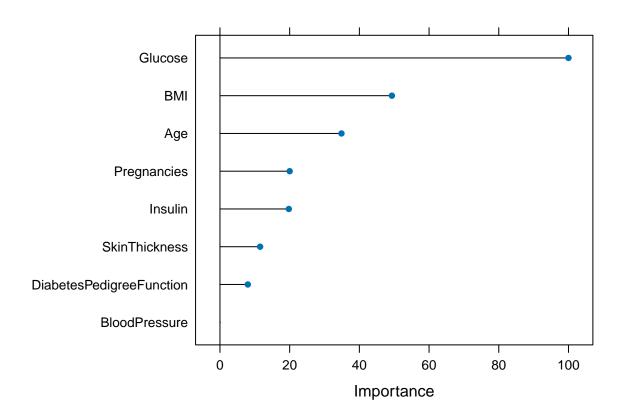
Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320
Locally weighted scatterplot smoothing (LOESS)	0.78431
K-Nearest Neighbors (KNN)	0.77778

```
# B.5.6. Random Forests (RF)
set.seed(1, sample.kind = "Rounding")
# Create a tuning data frame with different values for mtry.
# mtry is the number of features to consider for splitting at each node in a decision tree within the R
tuning \leftarrow data.frame(mtry = c(3, 5, 7, 9))
# Train the RF model.
train_rf <- train(train_x, train_y,</pre>
                  method = "rf",
                  tuneGrid = tuning,
                  trControl = train_control,
                  importance = TRUE
# Predict on the testing set
rf_preds <- predict(train_rf, test_x)</pre>
# Calculate the accuracy then add on to the accuracy tibble
accuracy <- rbind(accuracy,</pre>
                  tibble(Model = "Random Forests (RF)",
                          Accuracy = round(mean(rf_preds == test_y), 5)
                  )
# Print accuracy tibble
accuracy %>% kable()
```

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320
Locally weighted scatterplot smoothing (LOESS)	0.78431
K-Nearest Neighbors (KNN)	0.77778
Random Forests (RF)	0.75817

```
# Compute variable importance
var_imp <- varImp(train_rf)

# Visualize variable importance
plot(var_imp)</pre>
```



```
# Glucose, BMI features are most influential in our model.
# Blood pressure has importance score of zero, suggesting it has zero influence in predicting Diabetes
#------
# B.5.7. Naive Bayes (NB)
#-------
# Train the NB model
train_nb <- train(train_x, y = train_y,</pre>
```

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320
Locally weighted scatterplot smoothing (LOESS)	0.78431
K-Nearest Neighbors (KNN)	0.77778
Random Forests (RF)	0.75817
Naive Bayes (NB)	0.72549

```
#-----
# B.5.8. Decision Trees
#-----
set.seed(1, sample.kind = "Rounding")
# Train the decision tree model
train_dt <- train(x = train_x, y = train_y,</pre>
                 method = "rpart",
                 trControl = train_control
# Predict on the testing set
dt_preds <- predict(train_dt, test_x)</pre>
# Calculate the accuracy then add on to the accuracy tibble
accuracy <- rbind(accuracy,</pre>
                 tibble(Model = "Decision Trees (DT)",
                        Accuracy = round(mean(dt_preds == test_y), 5)
                 )
# Print accuracy tibble
accuracy %>% kable()
```

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320
Locally weighted scatterplot smoothing (LOESS)	0.78431
K-Nearest Neighbors (KNN)	0.77778
Random Forests (RF)	0.75817
Naive Bayes (NB)	0.72549
Decision Trees (DT)	0.73203

```
# B.5.9. Support Vector Machines (SVM)
# Method learned from DataCamp tutorial.
set.seed(1, sample.kind = "Rounding")
# Train an SVM model with Radial Basis Function (RBF) Kernel
train_svm <- train(x = train_x, y = train_y,</pre>
                   method = "svmRadial",
                   trControl = train_control
# Predict on the testing set
svm_preds <- predict(train_svm, test_x)</pre>
# Calculate the accuracy then add on to the accuracy tibble
accuracy <- rbind(accuracy,</pre>
                  tibble(Model = "Support Vector Machines (SVM)",
                         Accuracy = round(mean(svm_preds == test_y), 5)
                  )
# Print accuracy tibble
accuracy %>% kable()
```

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320
Locally weighted scatterplot smoothing (LOESS)	0.78431
K-Nearest Neighbors (KNN)	0.77778
Random Forests (RF)	0.75817
Naive Bayes (NB)	0.72549
Decision Trees (DT)	0.73203
Support Vector Machines (SVM)	0.75817

```
#------
# B.5.10. Creating an ensemble
#-----
```

```
# Create an ensemble
ensemble <- cbind(glm = glm_preds == 0,</pre>
                  lda = lda_preds == 0,
                  qda = qda_preds == 0,
                  loess = loess_preds == 0,
                  rf = rf_preds == 0,
                  knn = knn_preds == 0,
                  nb = nb_preds == 0,
                  dt = dt_preds == 0,
                  svm = svm_preds == 0
# Predict on the testing set. If more models predict "0" then return "0"
ensemble_preds <- ifelse(rowMeans(ensemble) > 0.5, "0", "1")
# Calculate the accuracy then add on to the accuracy tibble
accuracy <- rbind(accuracy,</pre>
                  tibble(Model = "Ensemble",
                         Accuracy = round(mean(ensemble_preds == test_y), 5)
                  )
# Print accuracy tibble
accuracy %>% kable()
```

Model	Accuracy
Generalized Linear Model (GLM)	0.73203
Linear Discriminant Analysis (LDA)	0.72549
Quadratic Discriminant Analysis (QDA)	0.67320
Locally weighted scatterplot smoothing (LOESS)	0.78431
K-Nearest Neighbors (KNN)	0.77778
Random Forests (RF)	0.75817
Naive Bayes (NB)	0.72549
Decision Trees (DT)	0.73203
Support Vector Machines (SVM)	0.75817
Ensemble	0.76471

## C. Result

## D. Conclusion:

## D.1. Brief Summary of the Report:

In this project, we have addressed several critical aspects of the dataset to ensure its suitability for subsequent analysis and modeling. By focusing on the replacement of zero values with the mean of non-zero values in essential columns such as Blood Pressure, BMI, Glucose, Insulin, and Skin Thickness, we have enhanced the integrity of the data.

#### D.2. Potential Impact:

This step mitigates the impact of potentially erroneous or missing values, which could otherwise lead to misleading conclusions or skewed results.

## D.3. Limitations:

The approach of replacing zero values with the mean of non-zero values assumes that zeros are missing or erroneous rather than actual observations. This may not be valid for all features. For instance, zeros in some columns could represent genuine values, and replacing them might distort the data distribution.

#### D.4. Future Work:

Addressing these potential sources of error involves a combination of improved procedures, better training, and robust systems for error detection and correction. By focusing on standardizing measurement protocols, understanding the impact of severe medical conditions, reducing data entry mistakes, and minimizing calculation errors, future work can significantly enhance the quality and reliability of the dataset. Implementing these strategies will contribute to more accurate analyses and better-informed decisions based on the data.

## E. References

https://rafalab.dfci.harvard.edu/dsbook/

https://www.datacamp.com/tutorial/support-vector-machines-r

 $https://translate.google.com/?sl=auto\&tl=en\&op=translate\ to\ translate\ some\ of\ my\ text\ from\ my\ native\ language$